

# SHANTARA PINTAK



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## EDUCATION



### NOHA ERASMUS MUNDUS JOINT DEGREE

2026

Master's of Science in  
International Humanitarian Action



### UNIVERSITY COLLEGE DUBLIN

Home university



### UPPSALA UNIVERSITET

Host university: January-May 2025  
Thematic specialty: Conflict,  
Peace-building, and Religion



### UPPSALA UNIVERSITET

2026

Master's of Arts in Theology



### WASHINGTON STATE UNIVERSITY

B.A. Philosophy: Comparative Religious  
Studies



### UNIVERSITY OF VIRGINIA

Tibetan Language Summer Intensive



### AMERICAN UNIVERSITY

## VOLUNTEER EXPERIENCE

- Doney Coe Pet Clinic
- Sahayogi Samaj Orphanage
- Himalayan Society for Youth & Women Empowerment
- Tamang Lungtog Choekhorling Gompa

## WORK EXPERIENCE



### PLANNING, MONITORING, EVALUATION, REPORTING INTERN

Red Cross of Timor-Leste *Timor-Leste*  
(Cruz Vermelha de Timor-Leste) *Internship*



### CONTENT WRITER

One Ummah Foundation *Remote*  
*Freelance*



### STAFF WRITER

Rebuilding Alliance *Remote*  
*Freelance*



### MARKET RESEARCHER

Zumiez, Inc. *Remote*  
*Freelance*



### DATA ENTRY TECH

Doney Coe Pet Clinic *Remote*  
*Freelance*



### CONTENT WRITER

Ten Capitol *Remote*  
*Freelance*



### WAITRESS

The Black Cypress *U.S.A.*  
*Part-time*



### PUBLIC POLICY INTERN

The Thomas S. Foley Institute *U.S.A.*  
*Internship*



### VIDEO EDITING INTERN

Al Jazeera Arabic *U.S.A.*  
*Internship*



### VIDEO EDITOR

Women's Campaign Intl. *Remote*  
*Freelance*



### NEW MEDIA CORRESPONDENT

Arabic Knowledge@Wharton *Remote*  
*Freelance*



### ISLAMIC FINANCE REPORTING INTERN

Thomson Reuters *U.A.E.*  
*Internship*