

JOSHUA DANIEL WONDRA

Social Psychology

University of Michigan
Department of Psychology
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Education

Ph.D. in Social Psychology, University of Michigan, expected Spring 2017

- Dissertation: An Appraisal Theory of Empathy and Other Vicarious Emotional Experiences
- Dissertation Committee: Phoebe Ellsworth, Rich Gonzalez, Ethan Kross, & Muniba Saleem

M.S. in Social and Quantitative Psychology, Illinois State University, 2011

- Master's Thesis: "I've Been There Too": The Relationship Between Perceived Similar Experiences, Perceived Understanding, and Empathy

B.A. in Psychology, Illinois State University, 2009

- Graduated magna cum laude
- Honors Thesis: The Relationship Between Self-Consciousness, Self-Referent Encoding, and Stereotype Activation

Research Interests

I am interested in emotion—both personal emotions that people feel for themselves and vicarious emotions that people feel for others. My current work brings together research on appraisal theories of emotion and research on empathy. In this line of research, I am investigating the role of others' emotion expressions and of what we think about their situations in how we feel for them.

I am also interested in research methods, both in terms of making good decisions with data and in terms of study design. With respect to making good decisions with data, I have conducted simulation research to explore the consequences of making different

decisions in data analysis. With respect to study design, I have begun to look beyond data analysis to explore how things like survey construction affect emotion measurement.

Honors, Awards, and Fellowships

Rackham Predoctoral Fellowship, \$32000, University of Michigan, 2016

- Approximately 70 out of 240 awarded annually across all graduate programs to students with outstanding dissertations

Brickman Award, \$500, University of Michigan, 2015

- One recipient annually for the best research paper in social psychology

Ruth Hamill Award, \$1000, University of Michigan, 2015

- One recipient annually for the best research proposal in social psychology

Foundation Fellowship, \$3000, Illinois State University, 2009

- Three recipients annually among all Master's programs
- Awarded to incoming students with a demonstrated potential for academic excellence

Research Funding

UROP Research Grant, \$3500, University of Michigan, 2012-2016

- Research support for mentoring ten freshman and sophomore undergraduates

Robert B. Zajonc Scholars Fund, \$5000, University of Michigan, 2015

- Awarded to support research based on scientific merit and innovation

Rackham Travel Grant, \$3950, University of Michigan, 2012-2015

- Travel support to present at five conferences

Rackham Graduate Student Research Grant, \$4500, University of Michigan, 2012, 2014

- Funding for pre-dissertation and dissertation research

Publications

Wondra, J. D., & Ellsworth, P. C. (2015). An appraisal theory of empathy and other vicarious emotional experiences. *Psychological Review*, 122, 411-428.

- Sprecher, S., Treger, S., Wondra, J. D., Hilaire, N., & Wallpe, K. (2013). Taking turns: Reciprocal self-disclosure promotes liking in initial interactions. *Journal of Experimental Social Psychology*, 49, 860-866.
- Sprecher, S., Treger, S., & Wondra, J. D. (2013). Effects of self-disclosure role on liking, closeness, and other impressions in get-acquainted interactions. *Journal of Social and Personal Relationships*, 30, 497-514.
- Harland, D. J., & Wondra, J. D. (2011). Preservice teachers' reflection on clinical experiences: A comparison of blog and final paper assignments. *Journal of Digital Learning in Teacher Education*, 27, 128-133.

Manuscripts in Preparation

- Wondra, J. D. (under review). People empathize less with someone who is emotional about a trivial situation.
- Wondra, J. D., & Gonzalez, R. (under review). Always use the separate variances t test for two independent groups.
- Wondra, J. D., & Ellsworth, P. C. (under review). Feeling emotions for others that they don't feel: Agency appraisals and vicarious anger.
- Wondra, J. D. (in prep). What does perspective taking do for empathy?

Conference Presentations

- Wondra, J. D. (2016, January). *No One Cares When You Get Excited for Dumb Reasons*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Wondra, J. D. (2016, January). *Does Perspective Taking Increase Empathy with Specific Emotions?* Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Wondra, J. D., & Ellsworth, P. C. (2015, July). *An Appraisal Theory of Emotions for Others*. Talk presented at the meeting of the International Society of Research on Emotion, Geneva, Switzerland.
- Wondra, J. D., & Ellsworth, P. C. (2015, April). *Empathy and Appraisal: Appraisals of Other-Agency Cause Empathic Anger*. Poster presented at the Annual Meeting of the Society for Affective Science, Oakland, CA.

- Wondra, J. D., & Ellsworth, P. C. (2015, February). *Empathy and Appraisal: Appraisals of Other-Agency Cause Empathic Anger*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Lau, B. K. Y., Konrath, S. H., Falk, E., & Wondra, J. (2014, May). *The Benefits versus Harms of Empathy in Intergroup Social Interactions*. Poster presented at the Annual Meeting of the Association for Psychological Science, San Francisco, CA.
- Dow, M., Jensen, E., & Wondra, J. (2014, April). *Assessing Prosocial Action Tendencies from Caretaking Emotions*. Poster presented at the Annual UROP Spring Research Symposium, Ann Arbor, MI.
- Tsakos, T., Ebright, B., & Wondra, J. (2014, April). *Agency Appraisals Change Empathic Emotions*. Poster presented at the Annual UROP Spring Research Symposium, Ann Arbor, MI.
- Wondra, J. D. (2013, February). *Disclosers Feel Understood By Similar Experiences Independent of Supportive Responses*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.
- Wondra, J. D., Novin, S., & Oyserman, D. (2013, January). *Getting More Capable in Just a Minute: Accessible Collectivistic Mindset Improves Perceptual Perspective-Taking Skills*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Sprecher, S., Treger, S., Wondra, J. D., Hilaire, N., & Wallpe, K. (2013, January). *Taking Turns: Reciprocal Self-Disclosure Promotes Liking in Initial Interactions*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Konrath, S., Fuhrel-Forbis, A., Liu, M., O'Brien, E., Wondra, J. D., & Chopik, W. (2012, May). *Empathizing Causes Declines in Blood Glucose: Ego Depletion or Stress Regulation?* Poster presented at the Annual Meeting of the Association for Psychological Science, Chicago, IL.
- Wondra, J. D., Reeder, G. D., Hawk, D. A., & Perez, K. W. (2011, May). *Team Stupid and Team Evil: Biased Rationality and Motive Attributions*. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Treger, S., McClellan, S., Sprecher, S., Wondra, J. D., Wallpe, K., & Gray, J. (2011, May). *Let's Talk: Differences in Self-Disclosure Between Female-Female and Male-Female Dyads*. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Wondra, J. D., Reeder, G. D., Pryor, J. B., & Hughes, J. S. (2011, January). *Liberals are Immoral and Conservatives are Irrational*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Sprecher, S., Treger, S., & Wondra, J. (2011, January). *Self-Disclosure Given Versus Received in Initial Acquaintance: Differential Effects on Liking, Closeness, and Enjoyment*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Wondra, J. D., & Reeder, G. D. (2010, May). *Pro-Choice People are Immoral and Pro-Life People are Closed-Minded*. Talk presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Campus or Departmental Talks

Wondra, J. D. (2015, August) *An Appraisal Theory of Emotions for Others*. Presented to Science of Ethics Workshop: Imagination and Alternative Possibilities at University of Michigan, Ann Arbor, MI.

Wondra, J. D. (2013, October). *Interactions and Repeated Measures in Regression*. Presented to Oyserman Lab at University of Michigan, Ann Arbor, MI.

Wondra, J. D. (2013, October). *Measurement, Interpretation, and Application of Implicit Processes in Prosocial Emotions*. Presented to Mind and Moral Psychology Working Group at University of Michigan, Ann Arbor, MI.

Departmental Service

Organizer for UM Psychology PhD Alumni Network Project, 2015-2016

- Led initiative to provide graduate students with academic and non-academic career sources by building a team of department administrators and graduate students to create a database of information about alumni career paths

Social Psychology Departmental Associate, 2016

- Attended department faculty meetings

Social Psychology Area Ambassador for Psychology Graduate Student Association, 2014-2016

- Represented interests of social psychology graduate students at the graduate student group

Lab Manager for Data Entry/Materials Storage Lab, 2014-2016

Statistics Consultant for Department of Psychology, 2013-2016

Statistics Consultant for Department of Psychology, 2013-2016

- Helped graduate and undergraduate students analyze data
- Led annual honors student workshops
- Created an online module for undergraduate transfer students that fulfilled department requirements that were lacking in their prior statistics education

Prescreening Coordinator for Department of Psychology Subject Pool, 2013-2016

Quantitative Psychology Faculty Search Committee, 2014-2015

Psychology Student Academic Affairs Committee, 2014-2015

UM Graduate Student Admissions Committee, 2014

Recruitment Weekend Coordinator for Social Psychology, 2013

Professional Service

Ad Hoc Reviewer

Journal of Personality and Social Psychology

Personality and Social Psychology Bulletin

PLOS ONE

Journal of Social and Clinical Psychology

Sex Roles

Professional Memberships

Society for Personality and Social Psychology

International Society for Research on Emotion

Society for Affective Science

Association for Psychological Science

Teaching Experience

University of Michigan, 2012-2015

Workshop on R, Summer 2016

- Sole instructor of a 5-day, highly rated workshop on R for 24 psychology graduate students
- Designed workshop, including lecture notes with thorough documentation of R syntax

PSYCH 401: Emotion and Empathy, Winter 2015

- Sole instructor of an upper-level undergraduate seminar with 13 students
- Designed course, including all assignments and reading list
- Lectured, led discussion, and graded all assignments

PSYCH 614: Advanced Statistical Methods II (with Rich Gonzalez), Winter 2014

- Teaching assistant in a graduate-level statistics course with 70 students
- Met with graduate students weekly to review course material and help them with assignments
- Graded student assignments

PSYCH 613: Advanced Statistical Methods I (with Rich Gonzalez), Fall 2013

- Teaching assistant in a graduate-level statistics course with 70 students
- Met with graduate students weekly to review course material and help them with assignments
- Graded student assignments

PSYCH 112: Psychology as a Natural Science (with Brian Malley), Winter 2013

- Teaching assistant for two undergraduate discussion sections with 30 students each (60 total)
- Delivered lectures, created assignments, and graded assignments

PSYCH 280: Introduction to Social Psychology (with Ali Earl), Fall 2012

- Teaching assistant for two undergraduate discussion sections with 30 students each (60 total)
- Delivered lectures, created assignments, and graded assignments
- Gave a lecture to 300 students on helping behavior

Mentoring undergraduate research assistants (RAs)

- Led teams of 8-15 undergraduate RAs
- Trained RAs how to run experiments, create research materials, write IRBs, and write research papers
- Advised 5 honors theses, with one winning an award for the best thesis in the department

Center for Research on Learning and Teaching Training Sessions

- University-wide Graduate Student Instructor orientation for teaching college courses
- Workshop on using education technology
- Workshop on evaluating student writing

Illinois State University, 2009-2011

PSY 138: Reasoning in Psychology Using Statistics (with Joel Schneider), Fall 2009-Winter 2011

- Teaching assistant for two undergraduate lab sessions with 24 students each (48 total) for four semesters
- Graded assignments and helped students with lab work
- Gave a lecture to 100 students on linear regression

References

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