

JOSHUA DANIEL WONDRA

Social Psychology

University of Michigan Department of Psychology
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Education

Ph.D. in Social Psychology, University of Michigan, expected Spring 2016

- Dissertation: An Appraisal Theory of Empathy and Other Vicarious Emotional Experiences
- Dissertation Committee: Phoebe Ellsworth, Rich Gonzalez, Ethan Kross, & Muniba Saleem

M.S. in Social and Quantitative Psychology, Illinois State University, 2011

- Master's Thesis: "I've Been There Too": The Relationship Between Perceived Similar Experiences, Perceived Understanding, and Empathy

B.A. in Psychology, Illinois State University, 2009

- Graduated magna cum laude
- Honors Thesis: The Relationship Between Self-Consciousness, Self-Referent Encoding, and Stereotype Activation

Research Interests

I am interested in emotion. Recently, I have been investigating the role of others' emotion expressions vs. what we think about their situations in how we feel for them.

I am also interested in research methods, both in terms of making good decisions with data and in terms of study design.

Honors, Awards, and Fellowships

Brickman Award, \$500, University of Michigan, 2015

Ruth Hamill Award, \$1000, University of Michigan, 2015

Foundation Fellowship, \$3000, Illinois State University, 2009

Research Funding

Robert B. Zajonc Scholars Fund, \$5000, University of Michigan, 2015

Rackham Travel Grant, \$3950, University of Michigan, 2012-2015

UROP Research Grant, \$4000, University of Michigan, 2012-2015

Rackham Graduate Student Research Grant, \$4500, University of Michigan, 2012, 2014

Publications

Wondra, J. D., & Ellsworth, P. C. (2015). An appraisal theory of empathy and other vicarious emotional experiences. *Psychological Review*, 122, 411-428.

Sprecher, S., Treger, S., Wondra, J. D., Hilaire, N., & Wallpe, K. (2013). Taking turns: Reciprocal self-disclosure promotes liking in initial interactions. *Journal of Experimental Social Psychology*, 49, 860-866.

Sprecher, S., Treger, S., & Wondra, J. D. (2013). Effects of self-disclosure role on liking, closeness, and other impressions in get-acquainted interactions. *Journal of Social and Personal Relationships*, 30, 497-514.

Harland, D. J., & Wondra, J. D. (2011). Preservice teachers' reflection on clinical experiences: A comparison of blog and final paper assignments. *Journal of Digital Learning in Teacher Education*, 27, 128-133.

Manuscripts in Preparation

Wondra, J. D., & Ellsworth, P. C. (in prep). Emotions for others are based on appraisals of their situations.

Wondra, J. D., & Gonzalez, R. (in prep). Always use the separate variances t test for two independent groups.

Wondra, J. D. (in prep). No one cares when you get emotional for dumb reasons.

Wondra, J. D. (in prep). Does perspective taking increase empathy for specific emotions?

Conference Presentations

- Wondra, J. D. (2016, January). *No One Cares When You Get Excited for Dumb Reasons*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Wondra, J. D. (2016, January). *Does Perspective Taking Increase Empathy with Specific Emotions?* Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Wondra, J. D., & Ellsworth, P. C. (2015, July). *An Appraisal Theory of Emotions for Others*. Talk presented at the meeting of the International Society of Research on Emotion, Geneva, Switzerland.
- Wondra, J. D., & Ellsworth, P. C. (2015, April). *Empathy and Appraisal: Appraisals of Other-Agency Cause Empathic Anger*. Poster presented at the Annual Meeting of the Society for Affective Science, Oakland, CA.
- Wondra, J. D., & Ellsworth, P. C. (2015, February). *Empathy and Appraisal: Appraisals of Other-Agency Cause Empathic Anger*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Lau, B. K. Y., Konrath, S. H., Falk, E., & Wondra, J. (2014, May). *The Benefits versus Harms of Empathy in Intergroup Social Interactions*. Poster presented at the Annual Meeting of the Association for Psychological Science, San Francisco, CA.
- Dow, M., Jensen, E., & Wondra, J. (2014, April). *Assessing Prosocial Action Tendencies from Caretaking Emotions*. Poster presented at the Annual UROP Spring Research Symposium, Ann Arbor, MI.
- Tsakos, T., Ebright, B., & Wondra, J. (2014, April). *Agency Appraisals Change Empathic Emotions*. Poster presented at the Annual UROP Spring Research Symposium, Ann Arbor, MI.
- Wondra, J. D. (2013, February). *Disclosers Feel Understood By Similar Experiences Independent of Supportive Responses*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.
- Wondra, J. D., Novin, S., & Oyserman, D. (2013, January). *Getting More Capable in Just a Minute: Accessible Collectivistic Mindset Improves Perceptual Perspective-Taking Skills*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Sprecher, S., Treger, S., Wondra, J. D., Hilaire, N., & Wallpe, K. (2013, January). *Taking Turns: Reciprocal Self-Disclosure Promotes Liking in Initial Interactions*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.

- Konrath, S., Fuhrel-Forbis, A., Liu, M., O'Brien, E., Wondra, J. D., & Chopik, W. (2012, May). *Empathizing Causes Declines in Blood Glucose: Ego Depletion or Stress Regulation?* Poster presented at the Annual Meeting of the Association for Psychological Science, Chicago, IL.
- Wondra, J. D., Reeder, G. D., Hawk, D. A., & Perez, K. W. (2011, May). *Team Stupid and Team Evil: Biased Rationality and Motive Attributions*. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Treger, S., McClellan, S., Sprecher, S., Wondra, J. D., Wallpe, K., & Gray, J. (2011, May). *Let's Talk: Differences in Self-Disclosure Between Female-Female and Male-Female Dyads*. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Wondra, J. D., Reeder, G. D., Pryor, J. B., & Hughes, J. S. (2011, January). *Liberals are Immoral and Conservatives are Irrational*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Sprecher, S., Treger, S., & Wondra, J. (2011, January). *Self-Disclosure Given Versus Received in Initial Acquaintance: Differential Effects on Liking, Closeness, and Enjoyment*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Wondra, J. D., & Reeder, G. D. (2010, May). *Pro-Choice People are Immoral and Pro-Life People are Closed-Minded*. Talk presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Campus or Departmental Talks

- Wondra, J. D. (2015, August) *An Appraisal Theory of Emotions for Others*. Presented to Science of Ethics Workshop: Imagination and Alternative Possibilities at University of Michigan, Ann Arbor, MI.
- Wondra, J. D. (2013, October). *Interactions and Repeated Measures in Regression*. Presented to Oyserman Lab at University of Michigan, Ann Arbor, MI.
- Wondra, J. D. (2013, October). *Measurement, Interpretation, and Application of Implicit Processes in Prosocial Emotions*. Presented to Mind and Moral Psychology Working Group at University of Michigan, Ann Arbor, MI.

Departmental Service

Organizer for UM Psychology PhD Alumni Network Project, 2015-present

Departmental Associate for Department of Psychology, 2016-present

Social Psychology Area Ambassador for Psychology Graduate Student Association, 2014-present

Lab Manager for Data Entry/Materials Storage Lab, 2014-present

Statistics Consultant for Department of Psychology, 2013-present

Prescreening Coordinator for Department of Psychology Subject Pool, 2013-present

Quantitative Psychology Faculty Search Committee, 2014-2015

Psychology Student Academic Affairs Committee, 2014-2015

UM Graduate Student Admissions Committee, 2014

Recruitment Weekend Coordinator for Social Psychology, 2013

Professional Service

Ad Hoc Reviewer

Journal of Personality and Social Psychology

Personality and Social Psychology Bulletin

PLOS ONE

Journal of Social and Clinical Psychology

Sex Roles

Professional Memberships

Society for Personality and Social Psychology

International Society for Research on Emotion

Society for Affective Science