

JOSHUA DANIEL WONDRA

Social Psychology

University of Michigan Department of Psychology
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Education

Ph.D. in Social Psychology, University of Michigan, expected Spring 2016

- Dissertation: "An Appraisal Theory of Empathy and Other Vicarious Emotional Experiences"
- Dissertation Committee: Phoebe Ellsworth, Rich Gonzalez, Ethan Kross, & Muniba Saleem

M.S. in Social and Quantitative Psychology, Illinois State University, 2011

- Master's Thesis: "I've Been There Too": The Relationship Between Perceived Similar Experiences, Perceived Understanding, and Empathy

B.A. in Psychology, Illinois State University, 2009

- Graduated magna cum laude
- Honors Thesis: The Relationship Between Self-Consciousness, Self-Referent Encoding, and Stereotype Activation

Honors, Awards, and Fellowships

Ruth Hamill Award, \$1000, University of Michigan, 2015

- one recipient annually for the best research proposal

Foundation Fellowship, \$3000, Illinois State University, 2009

- three recipients annually among all Master's programs
- awarded to incoming students with a demonstrated potential for academic excellence

Research Funding

Rackham Travel Grant, \$3950, University of Michigan, 2012-2015

- travel support for five conferences

Rackham Graduate Student Research Grant, \$4500, University of Michigan, 2012, 2014

- support for proposed research

UROP Research Grant, \$3000, University of Michigan, 2012-2014

- research support for mentoring seven freshman and sophomore undergraduates

Research Interests

I am generally interested in emotion. Recently, I have been investigating the role of others' emotion expressions vs. what we think about their situations in how we feel for them.

I am also interested in research methods, both in terms of making good decisions with data and in terms of study design.

Publications

Wondra, J. D., & Ellsworth, P. C. (2015). An appraisal theory of empathy and other vicarious emotional experiences. *Psychological Review*, 122, 411-428.

Sprecher, S., Treger, S., **Wondra, J. D.**, Hilaire, N., & Wallpe, K. (2013). Taking turns: Reciprocal self-disclosure promotes liking in initial interactions. *Journal of Experimental Social Psychology*, 49, 860-866.

Sprecher, S., Treger, S., & **Wondra, J. D.** (2013). Effects of self-disclosure role on liking, closeness, and other impressions in get-acquainted interactions. *Journal of Social and Personal Relationships*, 30, 497-514.

Harland, D. J., & **Wondra, J. D.** (2011). Preservice teachers' reflection on clinical experiences: A comparison of blog and final paper assignments. *Journal of Digital Learning in Teacher Education*, 27, 128-133.

Manuscripts in Preparation

Wondra, J. D., & Gonzalez, R. (in prep). Always use the separate variances t test for two independent groups.

Wondra, J. D., & Ellsworth, P. C. (in prep). Emotions for others are based on appraisals of their situations.

Wondra, J. D., & Konrath, S. H. (in prep). An indirect measure of sympathy.

Conference Presentations

Wondra, J. D., & Ellsworth, P. C. (2015, July) *An Appraisal Theory of Emotions for Others*. Talk presented at the meeting of the International Society of Research on Emotion, Geneva, Switzerland.

Wondra, J. D., & Ellsworth, P. C. (2015, April). *Empathy and Appraisal: Appraisals of Other-Agency Cause Empathic Anger*. Poster to be presented at the Annual Meeting of the Society for Affective Science, Oakland, CA.

Wondra, J. D., & Ellsworth, P. C. (2015, February). *Empathy and Appraisal: Appraisals of Other-Agency Cause Empathic Anger*. Poster to be presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.

Lau, B. K. Y., Konrath, S. H., Falk, E., & **Wondra, J.** (2014, May). *The Benefits versus Harms of Empathy in Intergroup Social Interactions*. Poster presented at the Annual Meeting of the Association for Psychological Science, San Francisco, CA.

Dow, M., Jensen, E., & **Wondra, J.** (2014, April). *Assessing Prosocial Action Tendencies from Caretaking Emotions*. Poster presented at the Annual UROP Spring Research Symposium, Ann Arbor, MI.

Tsakos, T., Ebright, B., & **Wondra, J.** (2014, April). *Agency Appraisals Change Empathic Emotions*. Poster presented at the Annual UROP Spring Research Symposium, Ann Arbor, MI.

Wondra, J. D. (2013, February). *Disclosers Feel Understood By Similar Experiences Independent of Supportive Responses*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.

Wondra, J. D., Novin, S., & Oyserman, D. (2013, January). *Getting More Capable in Just a Minute: Accessible Collectivistic Mindset Improves Perceptual Perspective-Taking Skills*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Sprecher, S., Treger, S., **Wondra, J. D.**, Hilaire, N., & Wallpe, K. (2013, January). *Taking Turns: Reciprocal Self-Disclosure Promotes Liking in Initial Interactions*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Konrath, S., Fuhrel-Forbis, A., Liu, M., O'Brien, E., **Wondra, J. D.**, & Chopik, W. (2012, May). *Empathizing Causes Declines in Blood Glucose: Ego Depletion or Stress Regulation?* Poster presented at the Annual Meeting of the Association for Psychological Science, Chicago, IL.

Wondra, J. D., Reeder, G. D., Hawk, D. A., & Perez, K. W. (2011, May). *Team Stupid and Team Evil: Biased Rationality and Motive Attributions*. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Treger, S., McClellan, S., Sprecher, S., **Wondra, J. D.**, Wallpe, K., & Gray, J. (2011, May). *Let's Talk: Differences in Self-Disclosure Between Female-Female and Male-Female Dyads*. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Wondra, J. D., Reeder, G. D., Pryor, J. B., & Hughes, J. S. (2011, January). *Liberals are Immoral and Conservatives are Irrational*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Sprecher, S., Treger, S., & **Wondra, J.** (2011, January). *Self-Disclosure Given Versus Received in Initial Acquaintance: Differential Effects on Liking, Closeness, and Enjoyment*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Wondra, J. D., & Reeder, G. D. (2010, May). *Pro-Choice People are Immoral and Pro-Life People are Closed-Minded*. Talk presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Invited Talks

Wondra, J. D. (2015, August) *An Appraisal Theory of Emotions for Others*. Presented to Science of Ethics Workshop: Imagination and Alternative Possibilities at University of Michigan, Ann Arbor, MI.

Wondra, J. D. (2013, October). *Interactions and Repeated Measures in Regression*. Presented to Oyserman Lab at University of Michigan, Ann Arbor, MI.

Wondra, J. D. (2013, October). *Measurement, Interpretation, and Application of Implicit Processes in Prosocial Emotions*. Presented to Mind and Moral Psychology Working Group at University of Michigan, Ann Arbor, MI.

Professional Service

Social Psychology Area Ambassador for Psychology Graduate Student Association, 2014-present

Lab Manager for Data Entry/Materials Storage Lab, 2014-present

Statistics Consultant for Department of Psychology, 2013-present

Prescreening Coordinator for Department of Psychology Subject Pool, 2013-present

Quantitative Psychology Faculty Search Committee, 2014-2015

Psychology Student Academic Affairs Committee, 2014-2015

UM Graduate Student Admissions Committee, 2014

Recruitment Weekend Coordinator for Social Psychology, 2013

Manuscript Reviews

Reviewer for *Journal of Personality and Social Psychology*, *Personality and Social Psychology Bulletin*, *PLOS ONE*, *Journal of Social and Clinical Psychology*, and *Sex Roles*

Professional Memberships

Society for Personality and Social Psychology
International Society for Research on Emotion

Teaching Experience

University of Michigan, 2012-2015

PSYCH 401: Emotion and Empathy, Winter 2015

- sole instructor of an upper-level undergraduate seminar with 13 students
- designed course, including all assignments and reading list
- created assignments with a theme of applying the psychology of emotion and empathy to solving a real-world problem
- lectured, led discussion, and graded all assignments

PSYCH 614: Advanced Statistical Methods II (with Rich Gonzalez), Winter 2014

- teaching assistant in a graduate-level statistics course with 70 students
- met with graduate students weekly to review course material and help them with assignments
- graded student assignments

PSYCH 613: Advanced Statistical Methods I (with Rich Gonzalez), Fall 2013

- teaching assistant in a graduate-level statistics course with 70 students
- met with graduate students weekly to review course material and help them with assignments
- graded student assignments

PSYCH 112: Psychology as a Natural Science (with Brian Malley), Winter 2013

- teaching assistant for two undergraduate discussion sections with 30 students each (60 total)
- delivered lectures, created assignments, and graded assignments

PSYCH 280: Introduction to Social Psychology (with Ali Earl), Fall 2012

- teaching assistant for two undergraduate discussion sections with 30 students each (60 total)
- delivered lectures, created assignments, and graded assignments
- gave a lecture to 300 students on helping behavior

Mentoring undergraduate research assistants (RAs)

- led teams of 8-15 undergraduate RAs
- trained RAs how to run experiments, create research materials, write IRBs, and write research papers
- advised 5 honors theses, with one winning an award for the best thesis in the department

Center for Research on Learning and Teaching Training Sessions

- University-wide Graduate Student Instructor orientation for teaching college courses
- Workshop on using education technology
- Workshop on evaluating student writing

Illinois State University, 2009-2011

PSY 138: Reasoning in Psychology Using Statistics (with Joel Schneider), Fall 2009-Winter 2011

- teaching assistant for two undergraduate lab sessions with 24 students each (48 total) for four semesters
- graded assignments and helped students with lab work
- gave a lecture to 100 students on linear regression

References

Phoebe C. Ellsworth

Frank Murphy Distinguished Professor of Law and Psychology

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Rich Gonzalez

Professor of Psychology, Statistics, and Marketing

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