

# **JOSHUA DANIEL WONDRA**

## **Social Psychology**

University of Michigan Department of Psychology  
530 Church St.  
Ann Arbor, MI 48109  
[jdwondra@umich.edu](mailto:jdwondra@umich.edu)  
[www.joshwondra.com](http://www.joshwondra.com)

## **Education**

---

### **Ph.D. in Social Psychology, University of Michigan, expected Spring 2016**

- Dissertation: An Appraisal Theory of Empathy and Other Vicarious Emotional Experiences
- Dissertation Committee: Phoebe Ellsworth, Rich Gonzalez, Ethan Kross, & Muniba Saleem

### **M.S. in Social and Quantitative Psychology, Illinois State University, 2011**

- Master's Thesis: "I've Been There Too": The Relationship Between Perceived Similar Experiences, Perceived Understanding, and Empathy

### **B.A. in Psychology, Illinois State University, 2009**

- Graduated magna cum laude
- Honors Thesis: The Relationship Between Self-Consciousness, Self-Referent Encoding, and Stereotype Activation

## **Research Interests**

---

I am interested in emotion. Recently, I have been investigating the role of others' emotion expressions vs. what we think about their situations in how we feel for them.

I am also interested in research methods, both in terms of making good decisions with data and in terms of study design.

## **Honors, Awards, and Fellowships**

---

Rackham Predoctoral Fellowship, \$32000, University of Michigan, 2016

Brickman Award, \$500, University of Michigan, 2015

Ruth Hamill Award, \$1000, University of Michigan, 2015

Foundation Fellowship, \$3000, Illinois State University, 2009

## Research Funding

---

Robert B. Zajonc Scholars Fund, \$5000, University of Michigan, 2015

Rackham Travel Grant, \$3950, University of Michigan, 2012-2015

UROP Research Grant, \$4000, University of Michigan, 2012-2015

Rackham Graduate Student Research Grant, \$4500, University of Michigan, 2012, 2014

## Publications

---

Wondra, J. D., & Ellsworth, P. C. (2015). An appraisal theory of empathy and other vicarious emotional experiences. *Psychological Review*, 122, 411-428.

Sprecher, S., Treger, S., Wondra, J. D., Hilaire, N., & Wallpe, K. (2013). Taking turns: Reciprocal self-disclosure promotes liking in initial interactions. *Journal of Experimental Social Psychology*, 49, 860-866.

Sprecher, S., Treger, S., & Wondra, J. D. (2013). Effects of self-disclosure role on liking, closeness, and other impressions in get-acquainted interactions. *Journal of Social and Personal Relationships*, 30, 497-514.

Harland, D. J., & Wondra, J. D. (2011). Preservice teachers' reflection on clinical experiences: A comparison of blog and final paper assignments. *Journal of Digital Learning in Teacher Education*, 27, 128-133.

## Manuscripts in Preparation

---

Wondra, J. D., & Ellsworth, P. C. (under review). Feeling emotions for others that they don't feel: Agency appraisals and vicarious anger.

Wondra, J. D. (under review). People empathize less with someone who is emotional about a trivial situation.

Wondra, J. D. (under review). What does perspective taking do for empathy?

Wondra, J. D., & Gonzalez, R. (in prep). Always use the separate variances t test for two independent groups.

## Conference Presentations

---

- Wondra, J. D. (2016, January). *No One Cares When You Get Excited for Dumb Reasons*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Wondra, J. D. (2016, January). *Does Perspective Taking Increase Empathy with Specific Emotions?* Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Wondra, J. D., & Ellsworth, P. C. (2015, July). *An Appraisal Theory of Emotions for Others*. Talk presented at the meeting of the International Society of Research on Emotion, Geneva, Switzerland.
- Wondra, J. D., & Ellsworth, P. C. (2015, April). *Empathy and Appraisal: Appraisals of Other-Agency Cause Empathic Anger*. Poster presented at the Annual Meeting of the Society for Affective Science, Oakland, CA.
- Wondra, J. D., & Ellsworth, P. C. (2015, February). *Empathy and Appraisal: Appraisals of Other-Agency Cause Empathic Anger*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Lau, B. K. Y., Konrath, S. H., Falk, E., & Wondra, J. (2014, May). *The Benefits versus Harms of Empathy in Intergroup Social Interactions*. Poster presented at the Annual Meeting of the Association for Psychological Science, San Francisco, CA.
- Dow, M., Jensen, E., & Wondra, J. (2014, April). *Assessing Prosocial Action Tendencies from Caretaking Emotions*. Poster presented at the Annual UROP Spring Research Symposium, Ann Arbor, MI.
- Tsakos, T., Ebright, B., & Wondra, J. (2014, April). *Agency Appraisals Change Empathic Emotions*. Poster presented at the Annual UROP Spring Research Symposium, Ann Arbor, MI.
- Wondra, J. D. (2013, February). *Disclosers Feel Understood By Similar Experiences Independent of Supportive Responses*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.
- Wondra, J. D., Novin, S., & Oyserman, D. (2013, January). *Getting More Capable in Just a Minute: Accessible Collectivistic Mindset Improves Perceptual Perspective-Taking Skills*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Sprecher, S., Treger, S., Wondra, J. D., Hilaire, N., & Wallpe, K. (2013, January). *Taking Turns: Reciprocal Self-Disclosure Promotes Liking in Initial*

*Interactions*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Konrath, S., Fuhrel-Forbis, A., Liu, M., O'Brien, E., Wondra, J. D., & Chopik, W. (2012, May). *Empathizing Causes Declines in Blood Glucose: Ego Depletion or Stress Regulation?* Poster presented at the Annual Meeting of the Association for Psychological Science, Chicago, IL.

Wondra, J. D., Reeder, G. D., Hawk, D. A., & Perez, K. W. (2011, May). *Team Stupid and Team Evil: Biased Rationality and Motive Attributions*. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Treger, S., McClellan, S., Sprecher, S., Wondra, J. D., Wallpe, K., & Gray, J. (2011, May). *Let's Talk: Differences in Self-Disclosure Between Female-Female and Male-Female Dyads*. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Wondra, J. D., Reeder, G. D., Pryor, J. B., & Hughes, J. S. (2011, January). *Liberals are Immoral and Conservatives are Irrational*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Sprecher, S., Treger, S., & Wondra, J. (2011, January). *Self-Disclosure Given Versus Received in Initial Acquaintance: Differential Effects on Liking, Closeness, and Enjoyment*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Wondra, J. D., & Reeder, G. D. (2010, May). *Pro-Choice People are Immoral and Pro-Life People are Closed-Minded*. Talk presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

## Campus or Departmental Talks

---

Wondra, J. D. (2015, August) *An Appraisal Theory of Emotions for Others*. Presented to Science of Ethics Workshop: Imagination and Alternative Possibilities at University of Michigan, Ann Arbor, MI.

Wondra, J. D. (2013, October). *Interactions and Repeated Measures in Regression*. Presented to Oyserman Lab at University of Michigan, Ann Arbor, MI.

Wondra, J. D. (2013, October). *Measurement, Interpretation, and Application of Implicit Processes in Prosocial Emotions*. Presented to Mind and Moral Psychology Working Group at University of Michigan, Ann Arbor, MI.

## Departmental Service

---

Organizer for UM Psychology PhD Alumni Network Project, 2015-present  
Developer and Instructor of an Introductory Workshop on R, 2016  
Departmental Associate for Department of Psychology, 2016  
Social Psychology Area Ambassador for Psychology Graduate Student Association, 2014-2016  
Lab Manager for Data Entry/Materials Storage Lab, 2014-2016  
Statistics Consultant for Department of Psychology, 2013-2016  
Prescreening Coordinator for Department of Psychology Subject Pool, 2013-2016  
Quantitative Psychology Faculty Search Committee, 2014-2015  
Psychology Student Academic Affairs Committee, 2014-2015  
UM Graduate Student Admissions Committee, 2014  
Recruitment Weekend Coordinator for Social Psychology, 2013

## Professional Service

---

### Ad Hoc Reviewer

Journal of Personality and Social Psychology  
Personality and Social Psychology Bulletin  
PLOS ONE  
Motivation and Emotion  
Cognition and Emotion  
Journal of Social and Clinical Psychology  
Sex Roles

## Professional Memberships

---

Society for Personality and Social Psychology  
International Society for Research on Emotion  
Society for Affective Science