

The Ignite Discovery Today

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STAGE A COMEBACK!



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GREETINGS FRIENDS,

Life issues come with life lessons! These lessons are overwhelming most of the time – sometimes discouraging and most cases disappointing. Few individuals transform these ugly life lessons to their advantage thereby stepping up and staging a comeback, whereas many others lose tracks of their plans, place and position due to their inability to see far.

As long as we are living, we cannot run away from societal challenge, spiritual contest and moral trial. I once said *life will ordinarily never give you what you want but what it can offers*. We want a sickness-free life; yet sometimes we feel weak. You want to have the best cars, good house, get married, but there are delays. You want to be a graduate and get job, yet you are still stock in the labour market. This are a few challenges bedeviling real life.

You hope for the best always; instead, you see strange stagnation, pathetic experience on every side in business, marriage and career. Several times people you have helped and raised from dust may be the ones plotting for your downfall causing distraction on every side. *Lesson of life can be so traumatic in many cases that you need to shave off*. Don't be hard on yourself negatively because *one minute distraction can wreck an entire life*.

I told some young persons in a summit at Mauritius about my discovery in airplane turbulence. I was travelling from South Africa to the United States of America for a conference. After few hours of take-off, the captain announced that we were experiencing some "Extreme Turbulence" and would come back to address us. I began to analyse the two words used by the pilot: *Extreme* and *Turbulence*. The word turbulence is not a comfortable one naturally much more extreme. When turbulence is

extreme, it means the situation is really dangerous. Travelers on the airplane were already frightened and nauseated. Prayers were muttered from different points of the cabin to different gods; there was crying supplication on every side, yet the turbulence persisted. The white lady sitting beside me asked whether I was married, because, according to her, I looked unbothered. I replied her: 'it is turbulence'. 'But the turbulence is extreme', she enthused further. I replied her again, 'it is turbulence'. No doubt, as a mechanical engineer and lecturer who teaches a course on Fluid and aerodynamics, I knew that extreme turbulence was dangerous.

I learnt two vital lessons in the midst of the turbulence experience: firstly, the captains were calm, never distracted and kept doing their best. Secondly, all travelers were waiting for the captain to arrest the situation and address us. Lastly, the extreme turbulence finally stopped.

In life, we experience four types of setback turbulence just as they were in aviation and they will surely stop.

- a) **The light turbulence setback:** This type of turbulence is common to every flight. It is the lowest form of turbulence that you might not noticed if you are frequent flyers.
- b) **The moderate turbulence setback:** This type of life turbulence challenge of life occurs when you feel some strain around in the form of pressure. In airplane sometimes, your drink might spill due to altitudinal change.
- c) **The severe turbulence setback:** This turbulence gets to toss people around and sometimes people get injuries. The pilot in this case loses control of plane, regaining it quickly. The implication in real life is that when setback comes, it tossed

us up with several loss; in many cases, we lose control of the challenge but we can quickly regain things back.

- d) **The extreme turbulence setback:** This is rare type of turbulence, and when it happens, pilots are capable of losing; which in turn causes significant damages.

Folks, setbacks are like turbulence, you face it in levels. Setback is a distraction that will keep occurring. You cannot afford to be distracted when you are driving people's lives. You cannot afford to be distracted when you know what you want and where you are going to. You cannot afford to close that business down because you lost the major capital. You cannot afford to let go of marriage because you have nasty experiences in the relationship. In the midst of every struggle there is a way out.

Condemnation can result in unpleasant situations, in which one begins to ask oneself how one lands in such a mess. It is time you woke up and stage a comeback. It is time to conquer what is confronting you. *The secret law of life is that you do not give up when you are challenged*. These are just little emotional experiences that most people find themselves in. I have been able to picture in my little experience on earth that 50% of what we see from the two sides of life are the negatives; the other 50% strive to obtain the positives. Negatives vibes will always come even if you are running away, especially when people have seen your star.

Great achievers have the grace to see setbacks, horrible failing moment, undeserved disappointing; but in all, they vigorously stage a comeback spirit to cross every valley that life presents.

Folks there are lesson that you can't exonerate yourself from, please learn

them and stage a comeback. There are disappointing moments you can't control, calm down and look at the other way out of it. To be candid, life operation is between "desire and despair".

Every of your desire will always be despair! There will be contention on every side. It is your duty to actually see that life is teaching you lesson to be wiser and stronger, to be better and best.

Staging a comeback is the key to winning your way to the other side of life where you enjoy total victory on the labour of your hand. *No one is ever lucky in the adventure of life; it is one tireless commitment that will make a comeback.* The weeping may endure for a night, but joy comes in the morning. Keep trying, keep pushing, and keep knocking

Someone once said, 'Dr, it seems everything just work for you at a touch'. I laughed and I replied 'yes', because I do not allow anything that has worked against others to get to me. I pray you will not pass through the rough road I have passed and that is why I am showing you through Ignite world what I saw.

Folks don't expect to win without challenge, don't expect through win without condemnation and abuse of your person. There are various types of challenges which you have to contend with. There are moral challengers, social challenges, spiritual challenges and emotional challenges. Poverty will challenge you; storms will confront you; and many will be grieved at your rising but remember there is always a way of escape.

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

1 Corinthians 10:13

The preparation of our mindset toward the unexpected adventure will always provide the opportunity for living again. Friends, be resolute, focused and steadfast in staging your comeback. It is time you learn a lesson and move on than being pitied.

Turn on your hope button to launch a comeback when everyone is looking for your downfall, or expecting you to cry.

Even youths grow tired and weary, and able-body young men stumble and fall; but those who **hope** in the LORD will

renew their strength. They will soar high like the eagle; they will run and not grow weary, they will walk without fainting.

Isaiah 40:30-31

Friends, people that suffer set backs are not only the old, young men and women go weary as well. Issues of life are not a function of age, colour or race. *You can't run away from life contest and want to remain relevant.* Nothing you do that will ever satisfy others, that is why we are human.

HOW TO STAGE A COMEBACK

1. Trace the lessons learnt:

The beautiful thing about life is that we can actually trace back our experiences and how we have missed opportunities in our assignments. Winning setback has to be that you look for the lesson in the drawbacks and make positive changes. There are times you need to un-follow some friends, disconnect some relationship, and built a new pattern. This is a stage where you need to hit yourself with hard truth. There is no way you could satisfy everyone trying to succeed.

2. Focus on what you can control:

One of the greatest ways to eliminate loss naturally is to have a control system. Don't be perturbed about your past experiences just stay focused on new ideology. It is not bad experiencing challenging failure; it is only bad when you feel being defeated.

3. Patience is a powerful tool for comeback:

Life is challenging and no doubt being patient allows you to overcome challenging moments. One of the ways I have practically dealt with situations that people count serious is to be flexible to myself. Keep doing yourself good, work on your emotion, and don't let it rule your comeback.

4. Be grateful in the midst of setback:

Nothing kills growth like groaning! Joy and rejoicing are real spices to long time rediscovery of oneself. People face different kind of challenges but they won't tell you. When you tell them yours they enlarge it for you as the *end of discussion*. Always note that people challenges are not written on their forehead; but people face it. Don't try to manage it, make yourself truly happy. Letting things ground you make 90% of your thinking thin.

5. Have a new blue print and take action:

It shouldn't take you a century to stage a comeback if not you will be hedged out. I see some woman pack out of

their matrimonial homes when challenges come, students drop out of school due to little opposition, career failure causing serious frustration. Don't give space for loopholes; return to action to keep yourself relevant after defining your new blue print and you will see yourself coming back majestically.

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ABOUT THE AUTHOR

Dr. Isaac O. Fayomi is a renowned international motivational speaker, author, lecturer, and teacher. He is a life coach and leadership mentor. He is a passionate, purpose-driven, self-motivated and result-oriented natural leader.

Dr. Isaac obtained his Master's and Doctoral degree in Metallurgical Engineering from Tshwane University of Technology, Pretoria, South Africa. He is a senior and rated researcher and the President of **IGNITE and DISCOVERY TODAY** which has a network of vibrant conference and inspiration presentations. Dr. Fayomi had published over 300 publications in rated scientific journals apart from many weekly motivational and transformational materials by dint of hard work, commitment and dedication to vision such as: *Breaking New Grounds; It Begins from Insight; Cutting into God's Covenant; Blessedness of the Blessed; Matching to be Mighty; Turning into a Wonder; Steps for Surplus*; and many others.

His uniqueness covers total life issues with reference to scriptural concepts and life experiences to address the real challenges of life. He is a well-travelled inspirational/motivational speaker, a life worshipper and has shared podiums with many great leaders on issues of exploits in life and marriage. Isaac with dogged commitment to excellence has won several honors and awards both locally and internationally. He is married to Gloria, and they are blessed with two children, Isaac Jnr and Triumph.