"Footprints in the Sand " is a song recorded by British singer Leona Lewis for her debut studio album Spirit (2007) . It was written by Simon Cowell , David Kreuger , Per Magnusson , Richard Page , and produced by Steve Mac . The song was digitally released as Lewis 's third single on 9 March 2008 in the United Kingdom . Sony BMG and Syco Music launched it as a double A @-@ side with "Better in Time " , and " You Bring Me Down " as the B @-@ side .

It is a R & B and pop song composed with a tempo of sixty beats per minute . It was written in a period of one day at Page 's home in Malibu , California , with Cowell giving the idea to base it on the Christian poem "Footprints" . The single 's music video was filmed by British director Sophie Muller in Johannesburg , South Africa . The video describes social problems within the city , but ends with a message of hope . "Footprints in the Sand "became the official theme of the 2008 version of biennial charity programme Sport Relief , by BBC .

The song received positive reviews from music critics , some of them noting its gospel sounds and Lewis 's vocals being compared to American R & B singer Mariah Carey . " Footprints in the Sand " charted as a separate single in Ireland , the United Kingdom and the European Hot 100 Singles , whilst the double A @-@ side appeared in Germany and Switzerland , and was certified silver in the UK by the British Phonographic Industry (BPI) , in 2008 . In the same year , Lewis performed the song for the first time in the UK live on the television programme Dancing on Ice . In 2009 , the song was covered by Lucie Jones , a contestant of The X Factor , and by Julia Star from Swiss programme Die grössten Schweizer Talente .

= = Production and composition = =

"Footprints in the Sand " was written by Simon Cowell , David Kreuger , Per Magnusson and Richard Page , whilst the production was helmed by Steve Mac . It was recorded in 2007 at Rokstone Studios in London , England . Cowell originally came up with the idea to base a song around the Christian poem " Footprints " , and asked Kreuger and Magnusson whether they could write something dealing with this subject . They accepted the idea for co @-@ writing and had scheduled session in Page 's home in Malibu , California , succeeding to finish the full song for one day . Cowell secured a songwriting credit for coming up with the idea . In an interview with HitQuarters , Magnusson said they had thought the song would be a good idea for Irish boy band Westlife , but it was offered to British singer Leona Lewis instead . When Cowell mentioned the song concept to Lewis , she agreed that it could be " really quite interesting " . Regarding the song , Lewis commented : " Originally it was a poem ; it 's very inspirational so we put it into a song . I think it is very moving , with a very emotional lyric and I really love to sing this song " ; and added that the poem " [is] about standing by someone and being there for people who need your help . "

"Footprints in the Sand" was included on Lewis 's debut studio album Spirit , which was released in 2007 by Syco and J Records . The song has a duration of 4 : 09 and was composed using common time in the key of A ? major with a larghetto tempo of sixty beats per minute ; Lewis 's vocals spanned from the low note of E ? 3 to the high note of G ? 5 . The song follows the sequence of A ? 5 ? A ? 5 / B ? ? Fm7 ? E ? in the verses and A ? ? B ? ? B ? m ? Fm ? G ? ? D ? in the chorus as its chord progression . It incorporates four instruments : keyboard instruments (a piano , an organ and synthesizers) , guitar , bass and drums , and includes a choir performance made by The Tuff Session Singers . It incorporates elements of R & B and pop musical genres , and , according to music critics , contains a gospel production performed by a choir and features " crashing drums" .

= = Release and promotion = =

On 29 January 2008, Lewis announced on her website that "Footprints in the Sand , along with "Better in Time , would be released as a double A @-@ side. The single was launched with the song You Bring Me Down as the B @-@ side, and was released in the United Kingdom as a

digital download on 9 March 2008 , and a physical release on the following day , with proceeds going to the charity . The song was remixed for the single release (" Single Mix ") , which , unlike the original version , begins with Lewis 's voice only , and music starts after she performs the first verse ? the album version of " Footprints in the Sand " starts with a piano tune before she starts to sing the lyrics ? , and lasts at 3:58.

"Footprints in the Sand " became the official song of the charity Sport Relief , a biennial charity organised by Comic Relief and BBC Sport , for their 2008 broadcast . In her performance , Lewis sang the song to the Sports Relief event . Also , there were musicians that played violas , violins , and a piano , and The Tuff Session Singers performed the chorus . Whilst she sang , images of " sadness and desperation " were shown to the public . But , as the Tuff Session Singers began , the third chorus , those images became pictures of " happiness " . As part of promotion , Lewis performed the song live on the British television programme Dancing on Ice on 9 March 2008 ; her song accompanied Torvill and Dean 's ice dance routine . In 2013 , Lewis added the song to the setlist of her Glassheart Tour .

= = = Music video = = =

The accompanying music video was filmed in Johannesburg , South Africa , and was directed by British director Sophie Muller back @-@ to @-@ back with the video for " Better in Time " . It premiered on Lewis official website and BBC Radio 1 's website on 27 February 2008 . The video begins with the message " Working to change lives across the world , in support of Sport Relief " . Then , it intercuts a performance of Lewis in front of a wall and greyscale scenes : an image of a child walking on a landfill site , a funeral , a child lying in the street , and a kid sat in a traffic island . As the first chorus begins , the video continues showing scenes of poverty and AIDS issues in the country . Whilst the second verse goes , pictures of malnourished people appears . As the second chorus and the bridge elapse people crying still coming on the scene . But whereas The Tuff Session Singers start to sing the third chorus , the video begins to show images of kids playing association football and cricket . The video ends with children smiling as Lewis sings the outro of the song . It was released on the US iTunes Store on 3 February 2009 .

= = Reception = =

= = = Critical response = = =

Upon the release of Spirit , "Footprints in the Sand "received generally positive reviews by music critics , with some of them comparing Lewis 's performance to other singers such as Mariah Carey and Christina Aguilera . In his review of the album , Chris Elwell @-@ Sutton of the Evening Standard commented that the song would be perfect as a "theme to a Disney movie ". Whilst reviewing Spirit , Chad Grischow of IGN Music described "Footprints in the Sand ", along with "Here I Am ", as a "sleeper ballad ". Lyndsey Winship , a reviewer from BBC Music , noted that the song " is a piano warbler that brings Leona 's voice to the forefront ".

Sarah @-@ Louise James of Daily Star commented that it contains some Westlife elements , and it would be perfect for a chick flick soundtrack . A reviewer for South African news site iafrica.com described the song as a " show @-@ stopping [...] lush Mariah @-@ style ballad [...] that utilises Lewis ' [s] full vocal range and sounds uncannily like Carey at her best . Sal Cinquemani of Slant Magazine called it " drippy " , and added that with " Footprints " Lewis would receive comparisons to Carey . Digital Spy 's reviewers gave similar opinions about " Footprints in the Sand " . Nick Levine in his review of the album called the song an " histrionic finale " of Spirit , and added that it " seems hellbent on revisiting Mariah Carey 's schlock @-@ pop masterwork ' Anytime You Need a Friend ' " . After it was released as a single Alex Fletcher claimed it has " the sort of ludicrous outro even Mariah Carey might consider over @-@ the @-@ top " and that its lyrics " will have your granny in tears " .

"Footprints in the Sand " charted in Europe , reaching position seventy @-@ three on the European Hot 100 Singles . In November 2007 , the song debuted on the UK Singles Chart at number sixty @-@ five , staying on the chart for another week . On 15 March 2008 , the single re @-@ entered it at number sixty @-@ three . " Footprints in the Sand " claimed its peak position next week at number twenty @-@ five , staying on the chart for eleven weeks . On the Irish Singles Chart the song debuted and peaked at number fifty ; whilst on the Swiss Singles Chart , it debuted on 15 November 2009 at thirty @-@ five , and it stayed there three weeks .

The double A @-@ side "Better in Time " and " Footprints in the Sand " debuted at number seventy @-@ four on the UK Singles Chart on 1 March 2008 . After selling 40 @,@ 476 copies it peaked at number two on 22 March 2008 , the same week "Footprints in the Sand " debuted in the top forty . It was Lewis 's third single to reach the top five in the UK . It was certified as silver by the British Phonographic Industry (BPI) on 16 January 2009 . The single debuted on the German Singles Chart on 16 June 2008 at number five , and reached its peak position , at number two , on 28 July 2008 . It also peaked on the European Hot 100 at number eight .

= = Covers and use in popular culture = =

Welsh singer Lucie Jones sang "Footprints in the Sand "on the British singing competition programme The X Factor. She performed it on the first show of its sixth edition (2009) Jones received generally positive reviews by her performance, but Cowell criticised her voice for not reach her highest pitch at the end of the song. Swiss singer Julia Star, a Die grössten Schweizer Talente programme participant, which is part of the global British Got Talent franchise, covered the song in 2009. In 2011, British easy listening group FourNurses included the song on their album Guiding You. On 1 June 2013, Hungarian shadow theatre group Attraction used "Footprints in the Sand" during their live semi @-@ final performance on Britain 's Got Talent.

On the final signing off on August 8, 2008, Associated Broadcasting Company (ABC 5) was featured the tribute for the ABC 5 programs of the 1990s and 2000s including Tropang Trumpo , Wow Mali Sing Galing , Totoo TV and others and including PBA on ABC (it was Game 2 of the Fiesta Conference Finals then continued to renamed as TV5 starting Game 3 until Game 7) . This was before merged into TV5 on August 9, 2008 along with the final signing off of Q on February 27, 2011 before the re @-@ launch of GMA News TV , GMA Network 's another secondary sister channel .

In 2015 wildlife expert Bindi Irwin danced a contemporary freestyle to the song in the finals of season 21 of Dancing with the Stars .

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= = Track listings and formats = =

= = Credits and personnel = =

= = Charts = =

= = Release history = =
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