

= Fool 's Gold Loaf =

Fool 's Gold Loaf is a sandwich made by the Colorado Mine Company , a restaurant in Denver , Colorado . The sandwich consists of a single warmed , hollowed @-@ out loaf of bread filled with the contents of one jar of creamy peanut butter and one jar of grape jelly , and a pound of bacon . The sandwich 's connection to Elvis Presley is the source of its legend and prolonged interest . According to The Life and Cuisine of Elvis Presley , it was the focus of a midnight sandwich run by Elvis Presley and his friends . Taking his private jet from Graceland , Presley and his friends purchased 30 of the sandwiches and spent three hours eating them and drinking Perrier and champagne before flying home . The story became legend and the sandwich became the subject of continued media interest and part of numerous cookbooks , typically focused around Presley 's love of food .

= = Origin = =

There are two accounts on the origin of Fool 's Gold Loaf . According to Graeme Wood , the Fool 's Gold Loaf was created by Cindy and Buck Scott , owners of the Colorado Mine Company restaurant . Wood writes that Elvis obtained the recipe from the Scotts , so his personal chef could make it , but noted that " the Fool 's Gold Loaf never made a recorded encore " .

According to Nick Andurlakis , he helped create the sandwich while he was working at the Colorado Mine Company as a chef and suggested the Fool 's Gold Loaf to Elvis . Andurlakis claims that he personally delivered the sandwiches to Elvis on the famous night .

The sandwich was named to fit the mining motif of the restaurant .

= = Preparation = =

The recipe has been repeated numerous sources and across the internet , including The Life and Cuisine of Elvis Presley and Andurlakis , a chef of the Colorado Mine Company .

The Fool 's Gold Loaf begins with a loaf of French white bread that is covered in two tablespoons of margarine and baked in the oven at 350F / 180C until brown . One pound of sliced bacon is fried in oil until crispy and drained . The loaf is sliced lengthwise , hollowed out , and filled with peanut butter , grape jelly and bacon .

According to Andurlakis , he personally served Elvis the Fool 's Gold Loaf with bacon , peanut butter , and blueberry preserves on a loaf of French bread . The specific type of preserves was allegedly Dickinson 's blueberry preserves .

= = Elvis connection = =

David Adler 's book contains a detailed account of the event that made both Elvis and the Fool 's Gold Loaf sandwich famous . On the night of February 1 , 1976 , Elvis Presley was at his home Graceland in Memphis , entertaining Capt. Jerry Kennedy of the Denver , Colorado police force , and Ron Pietrafeso of Colorado 's Strike Force Against Crime . The three men began discussing the sandwich , and Presley decided he wanted one right then . Presley had been to the restaurant before , while in Denver . Kennedy and Pietrafeso were friends of the owners and hung out there often , so they were driven to the Memphis airport and boarded Presley 's private jet , the Lisa Marie , and flew the two hours to Denver . When they arrived at Stapleton International Airport at 1 : 40 AM , the plane taxied to a special hangar where the passengers were greeted by Buck Scott , the owner of the Colorado Mine Company , and his wife Cindy who had brought 30 fresh Fool 's Gold Loaves for the men . They spent two hours in the hangar eating the sandwiches , washing them down with Perrier and champagne . Presley invited the pilots of the plane , Milo High and Elwood Davis , to join them . When they were done , they flew back to Memphis without ever having left the Denver airport .

= = Coverage = =

The Fool 's Gold Loaf connection to Elvis dominates the media 's coverage of the subject . It was widely reported as " legend " by the media ; including the NBC 's Today , Joplin Globe , and Gloucester Times . Doug Clark , a columnist for The Spokesman Review , recounts the popular story and writes that the Fool 's Gold Recipe is " surprisingly tasty " and notes that it contains around 8 @,@ 000 calories . The popular legend and sandwich were also noted by the Smithsonian Magazine .

The Fool 's Gold Loaf has been included in numerous publications and cookbooks . The Fool 's Gold Loaf was included and generated national interest with David Alder 's book The Life and Cuisine of Elvis Presley . Alder 's work would continue with the television documentary : The Burger and The King . Another publication by Alder , Eating the Elvis Presley Way was later released .

The Fool 's Gold Loaf has been detailed in Ramble Colorado : The Wanderer 's Guide to the Offbeat , Overlooked , and Outrageous . The The Peanut Butter and Co . Cookbook refers to the Fool 's Gold Loaf legend and ties it to the peanut butter , banana and bacon sandwich , also known as the " Elvis sandwich " .

In addition , the sandwich and its connection to Elvis Presley is featured in the 2013 romantic comedy The F Word (What If) , with The Last Leg showing it off as well in order to promote the film .