= Brian Hill (swimmer) =

Brian David Hill (born 29 December 1982) is a S13 Canadian para @-@ swimmer who has competed in the 2000 , 2004 , 2008 , 2012 Summer Paralympics and the 2007 Parapan American Games . He had won five gold medals , three silver medals and 3 bronze medals in his international career . Hill started swimming as a child and competitive swimming at the age of nine . He has won the Blind Sports Award and also the Athlete of the Year Award .

= = Personal life = =

Hill was born on 29 December 1982 in Duncan , British Columbia with a genetic retinal disorder which results in only ten percent vision . Since the 2004 Summer Paralympics , he has resided in Montreal , Quebec . During his childhood , Hill 's parents dug a 17 @-@ metre pool for him to swim in . " It was the first sport where I was able to train and compete with other kids at an equal level , ? he says . He started competitive swimming at the age of nine . Hill 's girlfriend Karine Thomas is a member in Canada 's Olympic synchronized swimming team . After he retires , he wants to have a culinary career .

= = Career = =

At the age of 17 , Hill participated in six events at the 2000 Summer Paralympics in Sydney , Australia . He won silver in the men 's 100 metre butterfly in 1 : 02 @.@ 79 , finished fourth in the 100 metre backstroke in 1 : 10 @.@ 39 , sixth in the 50 metre freestyle in 27 @.@ 11 , eighth in the 100 metre freestyle in 59 @.@ 23 , eighth in the 400 metre freestyle in 4 : 54 @.@ 96 and tenth in the 200 metre individual medley in 2 : 35 @.@ 39 . Looking back in 2008 on his results , Brian said , " Sydney Games were special because it was my first Paralympic Games and everything . The atmosphere , crowds and facilities were amazing . "
At the 2004 Summer Paralympics , Hill won bronze in the 100 metre backstroke in 1 : 06 @.@ 97 , bronze in the 400 metre freestyle in 4 : 39 @.@ 52 , finished equal fourth in the 100 metre butterfly in 1 : 03 @.@ 90 , fifth in the 100 metre freestyle in 59 @.@ 32 , fifth in the 200 metre individual medley in 2 : 31 @.@ 07 and 14th in the 50 metre freestyle in 28 @.@ 09 . About the 2004 Paralympics in Greece , Brian said in 2008 that he " was really able to feel the history of the Olympics " .
At the 2006 Commonwealth Games in Melbourne , Hill finished ninth in the 50 metre EAD freestyle in 26 @.@ 68 and ninth in the 100 metre EAD freestyle in 59 @.@ 58 .
Hill won five medals at the 2007 Parapan American Games including three golds and two silvers . He won gold in 100 metre butterfly where he got a time of 1 : 00 @.@ 52 . He had tied the world record time with Canadian para @-@ swimmer Walter Wu . He had also won another two golds and two silvers . He says " I 'm pretty happy with the result overall . Technically it was very good . "
Before going to Beijing for his third Paralympic Games , Hill 's preparation involved swimming about 120 kilometres in two weeks . Hill said , " I completed about eight to nine workouts a week and spent around 18 to 20 hours per week in the pool , " .
At the 2008 Summer Paralympics , Hill finished fifth in the 100 metre backstroke in 1 : 05 @.@ 52 , 12th in the 100 metre butterfly in 1 : 03 @.@ 25 , 15th in the 100 metre freestyle in 59 @.@ 80 and 17th in the 50 metre freestyle in 26 @.@ 84 .
At the 2009 IPC Swimming World Championships 25 m in Rio , Hill won gold in the 100 metre backstroke in a new record time of 59 @.@ 30 , gold in the 100 metre butterfly in a new record time of 57 @.@ 04 and bronze in the 100 metre freestyle in 54 @.@ 66 . At the 2010 IPC Swimming World Championships , Hill finished fifth in the 100 metre backstroke in 1 : 04 @.@ 65 .
At the 2012 Summer Paralympics , Hill finished seventh in the 100 metre backstroke in 1 : 04 @.@ 97 and equal eighth in the heats 100 metre butterfly with Australia 's Sean Russo in 1 : 01 @.@ 61 . In the swim @-@ off , Russo defeated Hill with each posting times of 1 : 01 @.@ 24 and 1 : 02 @.@ 72 respectively .

Achievements

In 2002 , Hill won the Athlete of the Year award in the athletes with a disability category . He won again in the next year . In 2003 , Hill was awarded the Blind Sports award from the British Columbia Blind Sports and Recreation Association (BCBSRA) .