"The Walk" is the seventh episode of the third season of the American science fiction television series The X @-@ Files. It was written by John Shiban and directed by Rob Bowman. The episode aired in the United States on November 10, 1995 on the Fox network. The episode is a "Monster @-@ of @-@ the @-@ Week" story, a stand @-@ alone plot which is unconnected to the series wider mythology. "The Walk" earned a Nielsen household rating of 10 @.@ 4, being watched by 15 @.@ 91 million people in its initial broadcast. Critical reception was mixed.

The show centers on FBI special agents Fox Mulder (David Duchovny) and Dana Scully (Gillian Anderson) who work on cases linked to the paranormal , called X @-@ Files . Mulder is a believer in the paranormal , while the skeptical Scully has been assigned to debunk his work . In this episode , a failed suicide attempt by a patient in a U.S. Army hospital interests Mulder with the talk of a " phantom soldier " who has prevented the man 's death . The U.S. Army General in charge of the hospital is initially opposed to the FBI 's involvement until the invisible killer begins stalking him . Everyone involved in the case is shocked to learn that the primary suspect could in fact , be a quadruple amputee .

" The Walk " is the first X @-@ Files script by John Shiban , who commented that it was a challenge for him . He was inspired by the film The Men , which features a character who has lost his legs in war and wishes to be able to walk again . The episode required several visual effects which were almost not completed in time .

= = Plot = =

At a VA hospital in Fort Evanston , Maryland , Lieutenant Colonel Victor Stans makes his third suicide attempt ; he claims that a mysterious figure will not let him die . Stans attempts to drown in a tub of scalding water , but is rescued by the hospital staff and subsequently is disfigured due to the hot water .

When Fox Mulder (David Duchovny) and Dana Scully (Gillian Anderson) question Stans , they learn that his wife and children died in a house fire he claims was started by the mysterious soldier he says will not allow him to die himself . Captain Janet Draper stops the questioning , as Mulder and Scully were not granted permission to see Stans by his superior officer , General Thomas Callahan . After meeting with the agents , Callahan glimpses the phantom soldier Stans described . He also finds his answering machine replaying an unintelligible message . Later , while using the base 's swimming pool , Draper is killed by an invisible force .

Callahan tells the agents about the soldier and the voicemail , which was received twice before at his home . When they visit his house , his young son , Trevor , believes he saw someone go inside ; Scully herself glimpses someone in the backyard . Fingerprints are found on the property which belong to the hospital mailman , Quinton " Roach " Freely . As Mulder and Scully take Roach into custody , Trevor is attacked and killed by the invisible force in his sandbox . Under the agent 's questioning , Roach admits to his role in the deaths and states he is " Rappo 's mailman " .

"Rappo" turns out to be Leonard Trimble (Ian Tracey) , a Gulf War veteran and quadruple amputee . Scully doesn 't believe Roach , even though he insists that Rappo will kill him next . Scully later finds Roach dead in his cell with a bedsheet shoved down his throat . Scully assumes that he committed suicide , but Mulder shows her X @-@ ray dental plates he had carried in the rehab room , the pool , Callahan 's office , and Callahan 's house ; all show signs of radiation . Mulder thinks that Rappo is leaving his body through astral projection , doing so with a psychic connection forged through Roach 's letters . He also plays the voicemail backwards ; it is actually a warning from the phantom soldier .

Under questioning, an embittered Rappo states his belief that the Gulf War took his life away. Meanwhile, Callahan finds his wife 's dead body. He goes to the hospital to talk to Stans, who reveals that Rappo? whom he doesn 't know? is responsible for the deaths. When Callahan confronts Rappo, he openly admits his crimes. Rappo tries to goad Callahan to killing him, but Callahan decides to "stand down, "shooting over Rappo 's head. The agents arrive and find

Rappo in a trance; Mulder realizes what is happening and tries to find Callahan. Rappo 's apparition attacks Callahan with steam from the pipes in the hospital 's basement. Stans enters Rappo 's room, locks the door, and smothers Rappo with a pillow. With Rappo dead, his apparition disappears before it attacks Mulder. Callahan remains unharmed.

Since there is no physical evidence to prove that Rappo killed Callahan 's wife and son, the case remains unsolved. Mulder 's narration states that Rappo 's family tries to have him buried at Arlington National Cemetery; he is instead buried in a civilian cemetery in Pennsylvania.

= = Production = =

" The Walk" is the first X @-@ Files script by John Shiban . He found it challenging to write , particularly Mulder and Scully 's first scene where " they have to come together on a case , yet they have to be at odds " . Shiban was inspired by the film The Men and realizing that the main character , who had been injured in war and lost his legs , wanted to walk more than anything . He stated that the paranormal concept of astral projection " just sort of fit " . Some members of the writing staff were concerned about killing Callahan 's young son , Trevor , but Shiban was not bothered by it and felt that Rappo wanted to take everything from Callahan , and the worst blow would be to kill his son

Director Rob Bowman felt that Ian Tracey , who played Rappo , was " an incredibly strong actor " and fit the role . Deryl Hayes , who played an army psychiatrist in this episode , previously appeared as a CIA operative in the first season episode " Shadows " . Draper 's drowning was achieved by pulling actress Nancy Sorel down with a cable that was attached to the bottom of the pool . The image of the wave launching over Draper in the pool was accomplished by the teamwork of special effects department members Mat Beck and David Gauthier . One of the crew members was also buried in sand in the scene where Trevor is killed . The effect in the climax when Rappo 's apparition throws Callahan and Mulder across the room was accomplished with a device called the " Air @-@ Ram " that uses compressed air . The visual effects were almost not completed in time .

= = Reception = =

"The Walk " was first broadcast on the Fox network on November 10 , 1995 . It earned a Nielsen rating of 10 @.@ 4 , with an 18 share , meaning that roughly 10 @.@ 4 percent of all television @-@ equipped households , and 18 percent of households watching television , were tuned in to the episode . It was watched by a total of 15 @.@ 91 million viewers .

In a retrospective of the third season by Entertainment Weekly , " The Walk " was given a grade of C , noting its similarities to other episodes and being critical of the characters . Todd VanDerWerff of The A.V. Club gave it a grade of B , describing it as " straightforward " , with a " well @-@ realized " military hospital and " terrific " directing . However , he felt that Ian Tracey was not a good enough actor to make Rappo 's motives seem believable . Paula Vitaris from Cinefantastique gave the episode two and a half stars out of four , calling it a " solid episode " with a good supporting cast and effects . However , she felt the characterization of Mulder and Scully was " off @-@ balance " and noted that some of the military detail was wrong . Robert Shearman and Lars Pearson , in their book Wanting to Believe : A Critical Guide to The X @-@ Files , Millennium & The Lone Gunmen , rated the episode three and a half stars out of five , noting its similarities to other episodes such as the previous " 2Shy " , but felt that Shiban " has put real blood and passion into it which raises it high above the trappings of its clichés " . They criticized the plot for being too predictable and formulaic , but said it succeeded in emotion and was " well @-@ written " and " well @-@ directed " .