

= Here We Go Again (Demi Lovato album) =

Here We Go Again is the second studio album by American singer Demi Lovato . It was released on July 21 , 2009 , through Hollywood Records . Unlike her previous album , Don 't Forget (2008) , Lovato did not collaborate with the Jonas Brothers , as she wanted to work with different people and give the album a personal approach . Lovato collaborated for the album with established songwriters and producers , such as E. Kidd Bogart , Gary Clark , Toby Gad , John Mayer , Jon McLaughlin , Lindy Robbins and John Fields , who produced her previous album Don 't Forget . Lovato also collaborated with The Academy Is ... lead singer William Beckett to write a song about a strained relationship with her father , which was originally set to appear on the album , but was later dropped . The song later appeared on her third album Unbroken (2011) .

Here We Go Again derives mainly from the pop rock genre , mixed with influences of power pop , jazz @-@ pop , soul and pop . Lovato wanted the album 's music to be less rock and more mellow than her previous album , while exploring more mature sounds and lyrics . Critical reception of the album was positive ; critics praised Lovato for not relying on vocal manipulations and instead showing off her natural ability . Although some critics called the album catchy , others felt that it was predictable and at times too much alike Kelly Clarkson . Here We Go Again sold 108 @,@ 000 copies during its first week of release in the United States and debuted at number one on the Billboard 200 . Since its release , the album has sold over 500 @,@ 000 copies in the US , and was certified Gold . Internationally , the album peaked inside the top 40 on charts in Australia , Brazil , Canada , Greece , Mexico , New Zealand and Spain . It was certified Platinum in Brazil . As of 2014 , the album has sold 496 @,@ 000 copies in the United States .

" Here We Go Again " was released as the lead single from the album in June 2009 and was Lovato 's first solo single to reach the top 40 on the Billboard Hot 100 , peaking at number 15 . " Remember December " was the second and final single from the album in January 2010 . To promote the album , Lovato embarked on her first headlining tour , Demi Lovato : Live in Concert .

= = Background = =

Lovato was discovered by Disney Channel during an open call audition in her hometown of Dallas , Texas and made her debut on the short series As the Bell Rings in 2007 . She subsequently auditioned for a role on the television series Jonas , but did not get the part . Instead , she received the main role in the musical film Camp Rock after singing for the network executives . Later , she auditioned for a role on the series Sonny with a Chance , which she also received . Lovato enlisted the Jonas Brothers , her Camp Rock co @-@ stars , to work with her on her debut studio album , Don 't Forget (2008) . The writing began during the filming of Camp Rock in 2007 and continued on the band 's Look Me in the Eyes Tour in 2008 . Lovato wanted to establish herself as a musician with the album , and not being known as just " the girl from Camp Rock . " She said that her goal was to have fun on the album and that she would tackle deeper themes on her sophomore effort .

The album was released in September 2008 and debuted at number two on the Billboard 200 chart . Lovato recalled the experience , " It was like , O.K. , you 've done it . You 're no longer just succeeding because you 're in a movie with the Jonas Brothers . These people bought your music for you . " Later in February 2009 , Lovato 's first headlining sitcom , Sonny with a Chance , premiered on Disney Channel . Don 't Forget was certified gold by the Recording Industry Association of America (RIAA) and spawned two singles , " Get Back " and " La La Land " . In January 2009 , Lovato announced to MTV News that she had already begun writing songs for her second studio album , as well as revealing its approach : " It 's going to take a different sound , so hopefully it goes over well . I sing a lot of rock , but this time I want to do more John Mayer @-@ ish type of songs . Hopefully I can write with people like him . I love their music ? it would be amazing . "

= = Development = =

In February 2009 , Lovato started to work and recorded on her second album , right after filming from the first season of *Sonny with a Chance* . In April 2009 , Lovato explained about the album 's process and collaborating with songwriters from the album including Jon McLaughlin and The Academy Is ... lead singer William Beckett . According to Lovato , the album 's writing process was nearly finished in just two weeks , noting that she " basically went from full time acting mode to full time album mode " . As she wanted to accomplish more " John Mayer @-@ ish type of songs " , she contacted Mayer 's management in order to collaborate him , citing him as one of her biggest musical influences . Mayer accepted the offer , of which Lovato said , " I was completely shocked [that he said yes] . It was more of a pipe dream . I didn 't ever think it would be a reality , but it came true . He was taking a chance on working with a younger artist in the pop realm . " The two wrote three songs together , " World of Chances " , " Love is the Answer " and " Shut Up and Love Me " . Lovato said that it was intimidating to work with him as she was worried that he would not like her lyrics , and she would get " super excited " whenever he complimented her . " World of Chances " , the first song she wrote with Mayer , was the only of these songs to make the album 's final cut . The song was inspired by Lovato 's first experience of love and heartbreak .

Lovato collaborated with Beckett on a song titled " For the Love of a Daughter " . Although not planning to write a personal song , a " really long talk " with Beckett resulted in the song being written . The song chronicles Lovato 's relationship with her estranged birth father , who left the family when she was two years old . In the song , she pleads with her father to " put the bottle down " and questions him : " How could you put your hands on the ones that you swore you loved ? " The song was set to appear on the album , but Lovato and her management felt of the song 's subject would be too much for her young audience and later was removed from the album . In an interview with *Women 's Wear Daily* , she explained : " When I took a step back , I realized I wouldn 't like those subjects being talked about in somebody else 's home , with a seven @-@ year @-@ old and their mom . " Several other " emotional " songs were also put on hold . The song was later selected and included on her third studio album *Unbroken* released in September 2011 , when Lovato had left Disney Channel .

Unlike her first studio album , *Don 't Forget* , Lovato did not collaborate with the Jonas Brothers on *Here We Go Again* as she wanted to see what her sound would be like without their input . But , Demi did work with Nick Jonas on one song on the album which is " Stop The World " . Although she did not collaborate with the Jonas Brothers , she did still work with Nick Jonas . " They were the only people I 'd ever written with . Once I wrote with different people , I wanted to go with that " , she told the *New York Daily News* . She said that her first album was " very Jonas " and that *Here We Go Again* is " a little bit more like what 's coming from my heart . It 's more me . " However , Lovato did work with Nick Jonas on the song " Stop the World " . The majority of the album was produced by John Fields , who also handled production on *Don 't Forget* . Other tracks were produced by SuperSpy , Gary Clark , Andy Dodd and Adam Watts . " Catch Me " is the only song on the album for which Lovato received sole writing credit . In an interview with *The New York Times* , she revealed that she wrote it in her room and that it means more to her than the rest of the album .

= = Composition = =

Here We Go Again explores more mature sounds than *Don 't Forget* , with Lovato describing the project as " more relaxed and more mature " with a " soulful edge " . The lyrics are more personal than on her debut album as most of it was inspired by her experiences of love and heartbreak . She stated that the album does not hold a particular theme as she wanted the songs to be " just more mature , more of me " . The album derives mainly from the genre of pop rock . Speaking to *New York Daily News* , Lovato said that the album 's musical style includes " less rock and more mellow stuff " , with a twist of R & B . " Here We Go Again " is the first track of the album was written and produced by SuperSpy . The lyrics of the song chronicle Lovato 's on @-@ off relationship with an indecisive boy , singing that " Something about you is so addictive " . " Solo " , the second track , was co @-@ written by Lovato and produced by John Fields . The track is a breakup song with lyrics about self @-@ respect . " U Got Nothin ' on Me " , another SuperSpy production , includes

influences of 1980s glam metal , in this song she reminisces a summer romance that took a tumble which caused drama to their relationship and that she has nothing on herself to blame .

" Falling Over Me " was co -@-@ written by Lovato and Jon McLaughlin and produced by Fields . The song features a " hypnotic " bassline and lyrics about Lovato praying that her crush will notice her affection : " I 'm hoping , I 'm waiting , I 'm praying you are the one " . According to Margaret Wappler of Los Angeles Times , Lovato 's vocals in the song balance " delicacy and force " . On the fifth track , " Quiet " , Lovato longs for a " communication breakthrough " in an awkward relationship , complaining that " It 's too quiet in here " . " Catch Me " is an acoustic ballad with a stripped @-@ down production , written by Lovato herself . The song speaks of an unhealthy love connection , with Lovato going on even though she knows " how badly this will hurt me " . The seventh track , " Every Time You Lie " , is a song with jazz influences and a " jaunty ' 70s vibe " . Kerri Mason of Billboard commented that the song " swings like Maroon 5 's brand of radio soul " . The song tells about self @-@ respect and not putting up with lies in a relationship . " Got Dynamite " was written by Gary Clark , E. Kidd Bogart and Victoria Horn and produced by Clark . The song features " ricocheting " synthesizers and a scattering pop punk riff . The lyrics use " violent metaphors " as invitations for a boy to " blow up " Lovato 's defenses , with lines such as " Log in and try to hack me " and " Kick senseless , my defenses " .

The ninth track , " Stop the World " , was co @-@ written by Lovato and Nick Jonas about falling in love with someone , but " people don 't want you to " . The song includes a reference to the infamous criminal couple Bonnie and Clyde : " Like Bonnie and Clyde , let 's find a ride . " Lovato wrote the album 's tenth track , " World of Chances " , with John Mayer . According to Allison Stewart of The Washington Post , the ballad showcases the " rough grain " of Lovato 's voice. The song tells about a girl giving a boy she loves chances to fix their relationship but keeps messing up . " Remember December " diverges from Lovato 's usual pop rock sound into more prominent power pop and synthpop with " a bit of techno " . In the song , she reminisces a winter romance : " I remember us together / With a promise of forever . " The twelfth and final track " Everything You 're Not " was co @-@ written by Toby Gad , Lindy Robbins and Lovato . The lyrics chronicle self @-@ respect as Lovato sings " I want a gentleman who treats me like a queen / I need respect , I need love / Nothing in between . " The first bonus track of the album , " Gift of a Friend " , was co @-@ written and produced by Adam Watts and Andy Dodd . The song is about not being able to " pursue our aspirations or deal with disappointments " without friends . The second bonus track , " So Far , So Great " , was written and produced by Aris Archontis , Jeannie Lurie and Chen Neeman and served as the theme song of Sonny with a Chance . The " stomping " power pop song is about chasing your dreams .

= = Critical reception = =

According to Metacritic , which averages professional reviews into a numerical score , Here We Go Again received a 65 / 100 , indicating " generally favorable reviews . " Margaret Wappler of Los Angeles Times rated the album three stars out of five and noted the Kelly Clarkson influences , writing that " For the bulk of the album , Lovato channels a witty , pouty ingenue in high heels who 's not afraid to call the shots , especially after a good cry . " Rating the album three and a half stars , Stephen Thomas Erlewine of Allmusic noted the album 's " mature veneer " and the " subtle shift buried underneath the relentlessly cheerful Radio Disney production and Lovato 's irrepressible spunk " , writing that " Both sonic characteristics tend to camouflage Demi 's biggest moves away from teen pop . " Erlewine called the album " Not quite as much fun [as Don 't Forget] , but still fun " . The Arizona Republic critic Ed Masley gave the album three and a half stars and recommended it for power pop fans .

Entertainment Weekly 's Simon Vozick @-@ Levinson graded the album B ? and praised the " hard @-@ edged " tracks such as " Got Dynamite " , calling them suggestions of " a direction that might set her apart in years to come " . Houston Chronicle critic Joey Guerra rated the album three stars and wrote : " Despite the Disney machine 's presence , Here We Go Again doesn 't rely too heavily on ' tween trends , instead relying on Lovato 's penchant for rock @-@ drama and teaming her with

a slew of older , established acts . " Kerri Mason of Billboard praised the album for not relying heavily on production and Auto @-@ Tune , calling Lovato " a natural talent who could really take flight after outgrowing Disney " . Mason wrote that the album includes " quiet surprises " and potential hits , particularly praising the title track and " Catch Me " . Jeff Miers from The Buffalo News rated Here We Go Again two and a half stars out of four , writing : " Unlike so many of her Disney @-@ fied peers , Lovato can really sing , and part of what makes her sophomore effort appealing is the lack of in @-@ studio vocal manipulation . " Miers wrote that it is " refreshing " that Lovato does not need Auto @-@ Tune " to mask any lack of natural ability " . He concluded by calling the album " safe and pretty predictable , but also incredibly catchy " .

Allison Stewart of The Washington Post referred the album to as a " smart , bristly , busy sophomore disc " , writing that " Too much of it apes Avril Lavigne , with the standard shouted choruses and hiccupped verses that are beginning to sound very ' 03 . " Stewart named " Every Time You Lie " and " World of Chances " as " direction signs pointing to a much more interesting career " . Awarding the album five out of ten points , Cody Miller of PopMatters was mixed in his review and said that Lovato " desperately wants to be Kelly Clarkson " , writing " Lovato can 't work miracles with mediocre pop songs like Clarkson , but the young singer @-@ actress has a bigger range than any of her contemporaries , and a better sense of on @-@ record charisma . " Miller was mixed regarding album 's content , saying that " there 's nothing that really separates the tracks from each other . Most of the album 's up @-@ tempo numbers just blend together . " He concluded his review : " Here We Go Again isn 't perfect by any means , and when compared to someone like Clarkson or Pink , it 's obvious the young singer has lots of work ahead of her if she wants to truly cement herself as a serious , viable pop / rock artist outside of the Disney mold . But given the context , Here We Go Again is certainly enjoyable to some scale . " Rolling Stone gave the album 3 stars out of five , saying " Lovato has chops and spunk akin to a fellow Texas pop singer , though her voice doesn 't churn with Kelly Clarkson 's gutsy heart yet . "

= = Commercial performance = =

In the United States , Here We Go Again debuted at number one on the Billboard 200 chart with 108 @,@ 000 copies sold in its first week . The figure was an improvement over the first @-@ week sales of Don 't Forget , which moved 89 @,@ 000 copies . The feat made Here We Go Again the fourth album of 2009 under the Disney Music Group to peak at number one . In its second week , the album fell to number eight with 39 @,@ 000 copies sold . At the end of 2009 , the album ranked at number 109 on Billboard 's year @-@ end chart . As of July 2014 , the album has sold 496 @,@ 000 copies in the US according to Billboard .

In Canada , the album entered the Canadian Albums Chart at number five , and stayed on the chart for five weeks .

In Australia , the album spent one week at number 40 on the ARIA Albums Chart . In New Zealand , it debuted at number ten and spent a total of nine weeks on the chart . In Mexico , Here We Go Again debuted at number 45 on the Top 100 Mexico chart and reached its peak position of 25 in its second week . Across Europe , the album debuted at number 36 in Greece and later reached number five . In Spain , the album spent thirteen weeks on the chart and peaked at number 35 . In early 2010 , Here We Go Again made its debut at number 199 on the UK Albums Chart , and number 141 on the Oricon albums chart in Japan . In October 2011 , the album debuted and peaked at number 88 on the Ultratop chart in the Flanders region of Belgium .

= = Promotion = =

Radio Disney presented the world premiere of Here We Go Again on July 18 , 2009 during the programming Planet Premiere , where Lovato was interviewed by host Ernest " Ernie D " Martinez . The album was replayed on the station the next day , and available for streaming on Radio Disney 's website from July 18 through July 24 , 2009 . On July 17 , 2009 , Lovato appeared on The Tonight Show with Conan O 'Brien to perform the album 's title track . On July 23 , she performed the single

alongside the album cut " Catch Me " on Good Morning America , while performing the single only on Late Night with Jimmy Fallon and The View later the same day . To promote the album 's UK release , Lovato appeared on radio BBC Switch and logged into Habbo Hotel to chat with her British fans in January 2010 . She later performed " Remember December " on The Alan Titchmarsh Show on January 29 , 2010 . She was also interviewed on British television programs such as Blue Peter , Daily Fix Chart Show , Live from Studio Five , Freshly Squeezed and T4 .

To promote Don 't Forget and Here We Go Again , Lovato embarked on her first headlining concert tour , Demi Lovato : Live in Concert . The tour began on June 21 , 2009 in Hartford , Connecticut and previewed new songs from Here We Go Again , including " Remember December " , " Stop the World " and " U Got Nothin ' on Me " . It was confirmed on April 15 , 2009 that David Archuleta would serve as the tour 's opening act , with songstress Jordan Pruitt and girl group KSM joining on select dates . Lovato announced the collaboration with Archuleta on her Myspace blog , where she also wrote , " I 'm so excited about headlining my own tour . I love life on the road . I 'm in a different city every night , and it never gets old . " Tickets for the tour went on sale on April 25 , 2009 , but a special pre @-@ sale offer was made available through Lovato 's newly launched official fan club on April 15 . The tour was produced by AEG Live and sponsored by AT & T and Choice Hotels .

= = Singles = =

" Here We Go Again " was released as the album 's lead single on June 23 , 2009 via digital download . The song made its debut at number 59 on the Billboard Hot 100 and managed to peak at number 15 , becoming Lovato 's highest peaking solo single at the time . Elsewhere , the song peaked at number 68 on the Canadian Hot 100 and 38 in New Zealand . Critical reception of the song was generally positive , with critics comparing it to Kelly Clarkson . The music video was directed by Brendan Malloy and Tim Wheeler . The song has sold over 820 @,@ 000 copies and was certified Platinum in the United States .

" Remember December " was released on January 18 , 2010 (international only) , as the second and final single from the album . The single failed to match the success of its predecessor , but it did peaked at number 80 on the UK Singles Chart . The song received generally positive reviews from critics , who praised its hook and chorus . " Remember December " was directed by Tim Wheeler and features guest appearances from Lovato 's female co @-@ stars in Camp Rock 2 : The Final Jam . Instead of having a love interest in the video , Lovato chose to give it a girl empowerment theme , saying that it is about " being fierce " and " taking control as a girl " .

= = Track listing = =

Sampling credits

" Got Dynamite " contains acoustic drum samples from Geoff Dugmore 's " Brutal Beats " from Zero @-@ G.

= = Credits and personnel = =

Credits for Here We Go Again are adapted from the album 's liner notes .

= = Awards and nominations = =

= = Charts and certifications = =

= = Release history = =