

= Lost and Running =

" Lost and Running " is a song by Australian rock group Powderfinger . It was released as the first single from the group 's sixth studio album Dream Days at the Hotel Existence . It is the band 's twenty @-@ second single and peaked at No. 5 on the Australian chart , the group 's second highest charting single after " My Happiness " . It made its radio debut on 13 April on Triple J and was released to wide radio play and the band 's MySpace on 16 April 2007 . The single was officially released on 12 May 2007 .

= = Recording and production = =

" Lost and Running " was the first song recorded at Sunset Sound , Los Angeles , as part of Powderfinger 's Dream Days at the Hotel Existence recording sessions . The song was also one of the first to be written during the group 's two @-@ year hiatus . The band worked with Rob Schnapf for the sessions . Lead singer Bernard Fanning said in April 2007 that the song was more positive than many other Powderfinger works , stating " the music is quite up and hopeful sounding and has a breezy feel to it " .

= = Musical structure and style = =

The song 's time goes through a pattern throughout its entirety of one 4 : 4 bar , one 2 : 4 bar and then two 4 : 4 bars . In writing " Lost and Running " , the band was influenced by bands that they have cited as being influences on their music from early on , including David Bowie , The Rolling Stones and Neil Young . In an interview with The Courier Mail , Fanning noted that the song was a very simple one , stating " the actual style of song is quite different as it has very little movement . There are literally only three chords in the song . " " He notes that the song 's premise is reflective on how the group approached the recording of Dream Days at the Hotel Existence , in that they were unsure of what they wanted to do with the album .

= = Music video = =

The music video for " Lost and Running " was directed by Damon Escott and Stephen Lance of Head Pictures . The video clip premiered in Australia on 21 April 2007 .

The video features Bernard Fanning , the band 's lead vocalist , walking around dressed as a hotel porter , pushing a hotel luggage trolley as he walks through a hotel (actually Brisbane City Hall) singing . As he walks through , he passes the other members of Powderfinger . He eventually walks out of the hotel and finds himself on a country road which was filmed halfway between Toowoomba and Dalby . In this scene a large chandelier can be seen , continuing the theme from the cover art of the single . There are also a few shots of the band playing the song as a group intercut with the " dramatic " scenes .

= = Release = =

Having reunited after a two and a half year hiatus , new releases from Powderfinger was highly anticipated . The group announced their intention to release the single in April 2007 in a blog on their MySpace . Following this , the single was released to radio on 13 April and on the band 's MySpace music player on 16 April . The CD single was then released on 12 May . In its week of release , the single reached its peak position of No. 5 on Australia 's ARIA Singles Chart . It also became one of the most popular songs on Australian radio .

In support of its release as a single , the music video for " Lost and Running " was included on a special edition DVD of its album Dream Days at the Hotel Existence and was the twelfth track on the DVD , dubbed the " Twelfth Man " , a cricketing term . All other tracks on the DVD were music videos from throughout the band 's career .

The song was performed on television on Australian variety show Rove on 17 June 2007 . Powderfinger also performed the song with the Sydney Gospel Choir on 28 October 2007 at the ARIA Music Awards of 2007 , as it was nominated for Single of the Year .

= = Reception = =

" Lost and Running " was earned a mixed response from reviewers . Kathy McCabe of The Daily Telegraph noted that it 's " an instant singalong anthem which should prove a crowd favourite " . McCabe also comments on the band 's application of their influences stating that they have " taken a vial of sonic essence from their favourite artists and skilfully distilled the parts into a Powderfinger whole . " The song was rated 3 @. @ 5 stars out of 5 .

Meanwhile , Matthias Scherer of NoiseMakesEnemies.co.uk described the song as boring and inoffensive , questioning " Who knew the music scene down under was in this serious a state . "

Sputnikmusic contributor James Bishop stated that the song was an example of Powderfinger trading the " youthful " songs of their past albums for " more mature , earthly cuts " . He also noted the Rolling Stones influence , and said the song contained a " laidback approach and simple acoustic charm " . Bishop noted that the song divided many long @- @ time fans , who in his opinion " mostly didn ' t get it " , and summarised by calling the song catchy .

= = = Charts = = =

" Lost and Running " is Powderfinger 's second highest charting single , second only to their 2000 release " My Happiness " , which gained international attention . " Lost and Running " reached its peak position of No. 5 on the ARIA Singles Chart on 27 May 2007 , its week of release , however failed to chart internationally . It remained in the charts for thirteen consecutive weeks , but re @- @ entered the charts at No. 46 on 11 November following the group performing the song at the 2007 ARIA Music Awards . The song failed to chart in New Zealand .

= = = Awards = = =

" Lost and Running " was nominated for two ARIA Music Awards in 2007 ; Single of the Year and Best Video , however both awards were won by Silverchair for their song " Straight Lines " . " Lost and Running " was the 27th most played song on Australian radio in 2007 , and reached No. 15 on the Triple J Hottest 100 , 2007 .

= = Track listing = =

= = Personnel = =