= Líf and Lífþrasir =

In Norse mythology , Lif (identical with the Old Norse feminine noun meaning " life , the life of the body ") and Lifbrasir (Old Norse masculine name from lif and brasir . Lexicon Poëticum defines this name as " Livæ amator , vitæ amans , vitæ cupidus " , " Lif 's lover , lover of life , zest for life ") , sometimes anglicized as Lift and Lifthrasir , ? female and male respectively ? are two humans who are foretold to survive the events of Ragnarök by hiding in a wood called Hoddmímis holt , and after the flames have abated , to repopulate the newly risen and fertile world . Lif and Lifbrasir are mentioned in the Poetic Edda , compiled in the thirteenth century from earlier traditional sources , and the Prose Edda , written in the 13th century by Snorri Sturluson . Scholarly theories have been proposed about the underlying meaning and origins of the two names .

= = Attestations = =

In the poem Vafþrúðnismál , collected in the Poetic Edda , the god Odin poses a question to the jötunn Vafþrúðnir , asking who among mankind will survive when the winter at the end of the world Fimbulvetr occurs . Vafþrúðnir responds that they will be Líf and Lífþrasir , that the two will have hidden in the wood of Hoddmímis Holt , they will consume the morning dew as food , and " from them generations will spring " .

In chapter 53 of the Prose Edda book Gylfaginning , High tells Gangleri (king Gylfi in disguise) that two people , Líf and Lífbrasir , will lie hid in Hoddmímis Holt during " Surt 's fire " , and that " from these people there will be descended such a great progeny that the world will be inhabited . " The above mentioned stanza of Vafþrúðnismál is then quoted .

= = Theories = =

Carolyne Larrington notes that it is nowhere expressly stated what will happen to the world tree Yggdrasil at Ragnarök, points to a connection between Mímir and Yggdrasil in the poem Völuspá, and theorizes that " it is possible that Hoddmimir is another name for Mimir, and that the two survivors hide in Yggdrasill."

Rudolf Simek theorizes that the survival of Líf and Lífbrasir is " a case of reduplication of the anthropogeny , understandable from the cyclic nature of the Eddic eschatology . " Simek says that Hoddmímis holt " should not be understood literally as a wood or even a forest in which the two keep themselves hidden , but rather as an alternative name for the world @-@ tree Yggdrasill . Thus , the creation of mankind from tree trunks (Askr , Embla) is repeated after the Ragnar?k as well . " Simek says that in Germanic regions , the concept of mankind originating from trees is ancient . Simek additionally points out legendary parallels in a Bavarian legend of a shepherd who lives inside a tree , whose descendants repopulate the land after life there has been wiped out by plague (citing a retelling by F. R. Schröder) . In addition , Simek points to an Old Norse parallel in the figure of Örvar @-@ Oddr , " who is rejuvenated after living as a tree @-@ man (?rvar @-@ Odds saga 24 ? 27) " .

= Ås Station =

Ås Station (Norwegian: Ås stasjon) is a railway station in Ås, Norway on the Østfold Line. The station was opened on 2 January 1879 and designed by Peter A. Blix in Swiss chalet style. The station was modernized in 1992, when the section between Ski and Moss was upgraded to double track and speeds up to 160 kilometres per hour (99 mph). In 2006, a cultural meeting place comprising a café, concert hall and an art exhibition was established inside the station 's building, initiated by the local organization "Galleri Texas" and to the governmental corporation Follo Futura. Galleri Texas and Follo Futura had been arguing a while over how the operating of the café should be, and in 2010, all the maintenance and operation of the meeting place were transferred entirely

from Galleri Texas to Follo Futura , since Galleri Texas no longer were satisfied with Follo Futuras work . The station is served by commuter trains on the Line L21 of the Oslo Commuter Rail , running from Stabekk over Oslo to Moss . Ski Station and Vestby Station are the preceding and the following stations , respectively .

= = History = =

The station opened on 2 January 1879, and was designed by the Norwegian architect Peter Andreas Blix in Swiss chalet style. The Norwegian author Knut Hamsun wrote several letters at the station between 1897 and 1906. When the section between Ski and Moss Station was upgraded to double tracks in 1992, Ås Station received a major renovation. In 2000, a 16 @-@ year @-@ old boy had huffed lighter gas at the station, and was found dead on the platform the next morning. On 25 October 2006, a cultural meeting place was established inside the station building, initiated by the association " Galleri Texas " . The building is located in Brekkeveien 4 , and houses a tiny café known as " Kafé Åsheim ", an art gallery, and a small gift shop. The café serves local commuters riding to Oslo in the morning, as well as dining and lunch guests residing in the area around the station. In the weekends, there are sometimes arranged concerts with local bands and musicians. In 2008, controversy between the local organisation Galleri Texas and the state @-@ owned corporation Follo Futura arose, regarding the hiring contract of the station building, and which of them were to operate the cultural meeting place. Follo Futura, which together with the Norwegian National Rail Administration and Rom Eiendom officially owned the station building wanted to take over the café business. They argued that they were better fit to operate it, since Galleri Texas did not have the economical capacity to run the café with the art exhibition and gift shop the whole week . The local community wanted Galleri Texas to operate the café, arguing that replacing a local company for a governmental one would weaken the local and patriotic spirit of the café. On 1 January 2010, the operation of the café and the cultural meeting place was transferred from Galleri Texas to Follo Futura, since Galleri Texas no longer could pay the rental costs. In 2010, smoke was tumbling out of the station, but it turned out that it was only a cigarette that had not been quenched, and had been laying overnight in a flower basket.

= = Facilities = =

The station 's facilities are designed similarly to most of the other stations on the Østfold Line , apart from the station building , which dates back to 1877 . There is step @-@ free access to the platforms . There is a glulam walkway over the rail tracks in the south end of the station , which shapes together with the stairways one minimalistic construction down to the platforms . At the north end of the station , there is a second walkway which runs under the tracks . There are sheds and ticket machines on the platforms . The station 's parking area has room for 200 cars and 8 bicycles . Akershus Kollektivterminaler operates a bus terminal a few metres away from the station . Ås Station is located north of Vestby Station and south of Ski Station on the Østfold Line , 31 @ .@ 15 kilometres (19 @ .@ 36 mi) from Oslo Central Station .

= = Service = =

Ås Station is served by the line L21 of the Oslo Commuter Rail , operated by the Norwegian State Railways . The line runs from Stabekk through Oslo to Moss . The travel time from Ås to Oslo Central Station is 28 minutes and to Moss Station 21 minutes . The public transport authority Ruter operates feeder bus services to the station from Drøbak , Ski , Vinterbro and other conurbations around Ås .