

= Let Yourself Go (Green Day song) =

" Let Yourself Go " is a song by American punk rock band Green Day . Written by Billie Joe Armstrong and produced by Rob Cavallo and the band for their ninth studio album , *¡ Uno !* , the song was released as the third single from the album on September 5 , 2012 . However , the " official live video " of the song was revealed on August 1 , 2012 .

The song was described to be " more punk " than that of the band 's previous two singles " Oh Love " and " Kill the DJ " , and was compared to their 1990 's material , such as *Dookie* and *Insomniac* . Its theme was described as " the kind of pop @-@ smart here 's @-@ my @-@ fucking @-@ problem miniatures " . It received positive critical reception and charted at # 2 at UK Rock Chart and # 19 at US Alternative Rock . " Let Yourself Go " was played at secret shows of the band and at the 2012 MTV Video Music Awards .

= = Recording and release = =

After " Let Yourself Go " was played at a ' secret New York Halloween show ' of the band on October 27 , 2011 , Green Day began recording new material for *¡ Uno !* on February 14 , 2012 , and the song was confirmed with the revelation of the track listing of *¡ Uno !* on June 26 , 2012 .

Followed by the release of the " official live video " for " Let Yourself Go " on August 1 , 2012 , recorded during their performance at Austin , Texas. it was released as a single on September 5 , 2012 . The song was written by Billie Joe Armstrong and produced by the band along with their long time collaborator Rob Cavallo .

The song debuted on the US Rock Songs and US Alternative Songs at # 36 and # 34 respectively , peaking # 29 at the US Rock and # 17 at US Alternative Songs . " Let Yourself Go " reached # 2 at UK Rock Charts , and peaked # 99 at Netherlands Single Top 100 and # 49 at South Korea Gaon Chart .

= = Theme and composition = =

" Let Yourself Go " was described as a return to punk rock and pop punk in contrast to the band 's previous two singles " Oh Love " and " Kill the DJ " by VH1 's Zara Golden . The song was stylistically compared to their 1990 's roots with a tone and style that imitates the band 's work from *Dookie* and *Insomniac* . *Slant Magazine* had said that it also reflects the style of Van Halen from the 1980s .

David Fricke of the *Rolling Stone* in a review of *¡ Uno !* compared the theme of the song with " Stay the Night " , another song on the album , stating ; " ' Stay the Night ' and ' Let Yourself Go ' are the kind of pop @-@ smart here 's @-@ my @-@ fucking @-@ problem miniatures Armstrong was writing like second nature when he , Dirnt and Cool were too young to drink (legally) where they gigged . But Armstrong is 40 now , married and a dad , and a lot of this ruckus sounds designed to drown out the time bombs ticking in his head and the maddening static outside " .

= = Critical reception = =

The song received positive reception from the critics , mainly focusing on the song 's references to Green Day 's stylistic origins . Erica Futterman of *Rolling Stone* praised the song , describing it as a " blistering [and] Ramones @-@ tinged [song] " . Katie Hasty of *HitFix* added to the song 's familiarity , stating " It 's back to the melodic , snotty sound of early Green Day , with some spit shine and a few f @-@ bombs . " At *The Reporter* , Stephen Moore described that the song was a " rant and snarl encouragingly " in which " [Cool 's] rapid @-@ fire drumming [was] conjuring up some of the *Dookie* magic " .

Greg Kot of *Chicago Tribune* stated that the song was " undeniably sharp , [and] catchy " which was " hurtling on a wave of harmony vocals " . Yorgo Douramacos at *Slant Magazine* noted it as an " occasional guitar solo " and further added that the song " steers a straightforward punk anthem

toward early- ' 80s Van Halen territory . " Randall Roberts from Los Angeles Times described the song to be an " obvious chart @-@ buster " and added that it would " no doubt be used to back NFL highlight reels for years to come . " Scott Heisel from Alternative Press cited the song to be the fastest on the album by observing with " breaking 200 bpm and creating an instant sing @-@ along with perfectly placed profanity . It 's destined to become a live staple . "

= = Live performances = =

Green Day played a secret @-@ show in Costa Mesa , California on August 11 , 2011 , where they performed various songs from the upcoming album , including " Let Yourself Go " . Later on , the song was also played at few other secret shows of the band . A recording of the band performing the song live at Red 7 in Austin , Texas on November 17 , 2011 was released online on July 30 , 2012 as the " official live video " for the song .

The band was touring in Italy five days prior to their performance at the 2012 MTV Video Music Awards . Lead singer Billie Joe Armstrong was hospitalized due to dehydration and influenza . This caused the band to cancel their show at Bologna which was scheduled three days before their performance at the VMAs . However , Armstrong recovered and the band performed " Let Yourself Go " at the VMAs .

= = Chart positions = =