"The Beginning" is the first episode of the sixth season of the science fiction television series The X @-@ Files . It premiered on the Fox network in the United States on November 8 , 1998 in the United States . The episode was written by Chris Carter , and directed by Kim Manners . The episode helps explore the series ' overarching mythology . " The Beginning " earned a Nielsen household rating of 11 @.@ 9 , being watched by 20 @.@ 34 million people in its initial broadcast . The episode received mixed reviews from television critics .

The show centers on FBI special agents Fox Mulder (David Duchovny) and Dana Scully (Gillian Anderson) who work on cases linked to the paranormal , called X @-@ Files . Mulder is a believer in the paranormal , while the skeptical Scully has been assigned to debunk his work . In the episode , Mulder and Scully eagerly hunt for a deadly creature in the Arizona desert . What they find seems to support Mulder ? s revived belief in aliens , but is discredited when the agents are not reassigned to the now re @-@ opened X @-@ Files , with Jeffrey Spender (Chris Owens) and Diana Fowley (Mimi Rogers) taking over instead .

" The Beginning " was the first episode of the series to not be filmed in Vancouver , Canada , after production was moved to Los Angeles at the behest of lead actor David Duchovny . The episode follows directly from The X @-@ Files feature film (1998) . The writers sought to bring back characters , such as Spender , Fowley , and Gibson Praise (Jeff Gulka) who had not been featured in the movie , but had played a pivotal role in the show 's fifth season .

= = Plot = =

In Phoenix, Arizona, a scientist working for Roush Industries is exposed to the black oil alien @-@ virus and an alien gestates and bursts from his body the next morning. A few hours after his death, a co @-@ worker who arrives at his house is attacked and killed by the newborn alien.

In Washington , D.C. , Agent Fox Mulder appears before an FBI panel regarding his experiences in Antarctica . Meanwhile , The Smoking Man (William B. Davis) reports to the Syndicate on the alien in Phoenix , confident that he 'll be able to kill it . Assistant Director Walter Skinner tells Mulder , who is working on restoring the burned X @-@ Files , that Mulder and Scully have been denied reassignment on the X @-@ Files , but that Mulder should seek out a folder left on the desk in his old office . Mulder goes there , only to discover that Jeffrey Spender and Diana Fowley have been assigned to the X @-@ Files . Feeling betrayed by Fowley , Mulder leaves , but not before stealthily taking the folder with him .

The Smoking Man seeks Gibson Praise , who is undergoing brain surgery at that very moment . Mulder and Scully head to the home where the alien gestated , finding an alien 's nail in the wall . The Smoking Man arrives soon after with Gibson , who tells him that the alien is no longer there . At the nuclear power plant , the alien kills another person , but Mulder and Scully are denied access by Spender and Fowley . Upon returning to their car they find Gibson inside , who has escaped from The Smoking Man . Later that night , Fowley tells Mulder she was offered the X @-@ Files and is protecting his interest . Mulder leaves Gibson with Scully and heads off with her . Mulder and Fowley believe the alien is seeking heat , which is why it is in the nuclear power plant . Inside they find organic material on the ground and cooling pipes .

Scully brings Gibson to the hospital , where it is determined that he has the alien virus in his blood . The Black @-@ Haired Man (Scott Eberlein) kidnaps him soon after , and brings him to the power plant . They find the alien , who attacks the Black @-@ Haired Man but not Gibson , as witnessed by Mulder from outside the locked door . Mulder and Scully are ordered to not associate with the X @-@ Files and are reassigned under Assistant Director Kersh . Spender is visited by The Smoking Man in his office . Mulder continues to work on restoring the X @-@ Files , and is told by Scully that Fowley 's report does not reflect what really happened . Scully tells Mulder that the alien virus DNA is also part of all human DNA , but in Gibson the DNA is active . In the power plant , Gibson is trapped inside with the alien , who sheds its skin , revealing the traditional grey alien form .

= = = Pre @-@ production = = =

"The Beginning" was the first episode to be filmed in Los Angeles, California. The move was instigated by David Duchovny, who portrayed Mulder, in order to ease his opportunity to find movie work as well as to give him a chance to be nearer to his wife, Téa Leoni. Series creator Chris Carter opposed the move, but Fox network officials eventually made the decision to film in California. Indeed, the very first shot of the episode? a long look into the sun? was intended by Carter to "boldly announce the show 's arrival in Southern California". As a result of the move, the episode featured a largely new group of crew members, hired by Carter, Frank Spotnitz and new co @-@ executive producer Michael Watkins. The show 's crew had to spend five weeks unpacking and cataloging material from the Vancouver film crew. Although the move was unpopular with some members of the cast and crew, both series director Kim Manners and Gillian Anderson supported the move, although less vocally than Duchovny.

However , because of the shift , many fans of the series were alienated , due to the different tone taken by the show after its move to Los Angeles . Many fans accused the show of " Hollywood @-@ izing " by adding notable guests stars as well as making the plots simpler and more enjoyable for mass audiences . In addition , Space.com reported that many fans of the show loved " the moody ambiance filming around Vancouver lent the series [during seasons 1 ? 5] " , which the sixth season reportedly lacked .

= = = Writing and filming = = =

Spotnitz found that the main problem with developing the episode was segueing from a movie that some? but not necessarily all? viewers had seen. The writers sought to bring back characters like Gibson Praise, Diana Fowley and Jeffrey Spender who were not in the movie. In addition, the writers also wanted to bring back elements that were also seen in the movie, like the alien. Carter claims to have been thinking about what the episode would entail almost two years prior, when he was working on developing The X @-@ Files movie. The character Sandy, who is killed in the teaser sequence, was played by the show 's casting director Rick Millikan on the request of Carter. Millikan later joked that he spent most of the shoot on his cell phone casting other individuals for other X @-@ Files episodes. One of the nuclear power plant workers is named Homer, a reference to Homer Simpson, one of the main characters from the animated Fox television series The Simpsons.

The nuclear power plant in the episode was filmed at a facility run by Southern California Edison in Long Beach , California . Due to a heat wave , many of the scenes ended up being filmed in temperatures over 100 degrees and many lines had to be later re @-@ recorded by the actors . The scenes in an Arizona suburb were filmed in Valencia , California , because the producers wanted "something really Edward Scissorhands . "The underwater scenes with the alien were filmed in a Marina Del Rey Water tank used frequently by the show Baywatch . Filming the scenes in and around the power plant proved to be troublesome . Most of the sequences with the alien had to be shot multiple times due to the skin @-@ molting effects on the creature and problems with the nuclear power plant set . Certain scenes were not finished until late October ? nearly two months after principal filming ended .

= = Broadcast and reception = =

" The Beginning " first aired in the United States on November 8, 1998. This episode earned a Nielsen rating of $11\ @.@$ 9, with a 17 share, meaning that roughly $11\ @.@$ 9 percent of all television @-@ equipped households, and 17 percent of households watching television, were tuned in to the episode. It was viewed by $20\ @.@$ 34 million viewers and was the second highest

rated episode of the sixth season . The episode aired in the United Kingdom and Ireland on Sky1 on March 7 , 1999 and received 1 @.@ 08 million viewers , making it the second most watched episode that week . Fox promoted the episode with the tagline " The new beginning . " The episode was later included on The X @-@ Files Mythology , Volume 3 ? Colonization , a DVD collection that contains episodes involved with the alien Colonist 's plans to take over the earth .

Critical reception to the episode was divided , as reviews ranged from largely positive to negative . In the book The End and the Beginning : The Official Guide to The X @-@ Files , Vol . 5 , author Andy Meisler noted that some fans and critics responded positively to " The Beginning , " most notably because the episode functioned as " a particularly artful and effective way to launch the series 's new season ? and era . " Tom Kessenich , in his book Examination : An Unauthorized Look at Seasons 6 ? 9 of the X @-@ Files wrote positively of the episode , saying " ' The Beginning ' was a pretty good premiere episode . I was quite pleased to see how Chris Carter took last season 's finale and the movie and tied things together to get Season 6 off to a fresh start . " Todd VanDerWerff from The A.V. Club gave it a B. He praised the performance of Chris Owens , noting that he was " acting the shit out of Spender " . Despite this , however he called the episode " lackluster " and noted that it " isn ? t a great episode of the show , but it works well enough " . VanDerWerff 's main issue with the entry was that it chose to close off the events of the fifth season finale , but did little to expand upon the revelations of the series ' feature film . VanDerWerff also criticized the fact that Scully was , once again , a skeptic in the paranormal after all she saw .

Not all reviews were positive , however . Robert Shearman and Lars Pearson , in their book Wanting to Believe : A Critical Guide to The X @-@ Files , Millennium & The Lone Gunmen , rated the episode one star out of five , writing that " ' The Beginning ' opens witty enough [?] and then offers the viewer no substance . It 's a better season opener than ' Redux ' [?] but it 's still very poor . " Paula Vitaris from Cinefantastique gave the episode a largely negative review and awarded it one @-@ and @-@ a @-@ half stars out of four . She derided the episode 's plot , noting that the episode was " another mile down the X @-@ Files Road of Mythology . Monster aliens ? This is something out of a schlocky pulp novel with the science of the show dissolved into complete technobabble " .