

= Who We Are ( Lifehouse album ) =

Who We Are is the fourth studio album by American alternative rock band Lifehouse . It was first released via compact disc in the United States on June 18 , 2007 by Geffen Records . It was released via digital download the next day on June 19 , 2007 . The band entered the studio without any demos recorded and only had lyrics from Lifehouse lead singer Jason Wade . The songs on the album were mostly inspired by different emotions of love , bliss , struggles , and pain . Musically , the album is a combination of rock , alternative , and adult alternative .

The album received positive reviews from critics , and peaked at number fourteen on the Billboard 200 , selling 49 @, @ 000 copies in its first week . It also managed to chart in the top twenty of Billboard 's Alternative Albums , Digital Albums , and Rock Albums charts the first week it was released . It was certified Gold in the United States by the RIAA on October 22 , 2008 .

The album 's lead single , " First Time " , was released May 7 , 2007 , and charted in several countries . The second single , " Whatever It Takes " , was released on November 13 , 2007 , and charted on several Billboard charts . The third single , " Broken " was released July 8 , 2008 , and had commercial success in the United States and Canada , and eventually other countries .

= = Background = =

The album was produced by American record producer Jude Cole , Lifehouse , and John Fields . Lifehouse started recording Who We Are without any demos , and only had lyrics from Jason Wade when they entered the studio . When asked about creating a song for the album , Lifehouse lead percussionist Rick Woolstenhulme , Jr. said , " Nobody really knew what they would be playing . We just cut it , listened to it and realized it was pretty electric ? the kind of song where you just turn up the radio . " The album focused on the different emotions of love , bliss , struggles , and pain . Musically , the album was a combination of rock , alternative , and adult alternative . After being asked about the title of the album , Wade stated , " We established camaraderie on the road and gelled as a unit . This record defines ' Who We Are , ' which is why that ? s the title . The sound fits where we ? re at right now . "

Lifehouse lead singer Jason Wade had many inspirations when writing songs for Who We Are . When asked about the background of lead single " First Time " , Wade said , " It just felt urgent , like a first kiss , a first love . Like the first time you realize there 's more to that relationship than you thought . I had to dig a little for that one , but I find myself at a place where I can write stuff that 's a little deeper than your average love song in terms of emotion . " Wade was inspired to write " The Joke " after he read a newspaper article that detailed the story of a British boy who hung himself as a result of being bullied by his fellow schoolmates . The song " Broken " was written by Wade after he visited a friend in Nashville that needed a kidney transplant .

" Make Me Over " was inspired by the band 's love of British rock , while strains of " Learn You Inside Out " were inspired by the Plastic Ono Band . When asked about the song " Learn You Inside Out " , Wade said , " I wrote it really quick . We decided just to freestyle . It was one of those moments when we really grew as a band , being able to reach each other and know where we 're going . " The song " Disarray " was inspired by Wade 's strict and religious family . When asked about the song , he said , " Angels , demons . We all fight them both , and anyone who pretends they don 't is not someone I want to hang out with . " " Storm " was originally written by Wade at the age of sixteen , when he was going through difficult times . When asked about the song in an interview , Wade said , " That was fun to record because of its starkness . We love the idea of the title , surrounded by negative space , like the a cappella beginning . Because when you ? re lost in confusion , no matter how much is going on around you , you ? re still alone . "

= = = Singles = = =

" First Time " was released as the album 's lead single on May 7 , 2007 and was solicited to mainstream radio on May 15 , 2007 . The song peaked at number twenty @-@ six on the Billboard

Hot 100 and at number forty @-@ seven on the Canadian Hot 100 . It also appeared on the Billboard Pop Songs , Radio Songs , Digital Songs , and Adult Contemporary charts . In 2007 , the song was nominated for the " Choice Music : Love Song " award at the Teen Choice Awards . " Whatever It Takes " was released as the album 's second single on November 13 , 2007 . The song peaked at number thirty @-@ three on the Billboard Hot 100 during its twenty weeks on the chart . It also placed on the Billboard Pop Songs , Radio Songs , Digital Songs , Adult Contemporary , and Christian Songs charts . " Broken " was released as the album 's third and final single on July 8 , 2008 . It appeared on the Billboard Hot 100 , Canadian Hot 100 , and Digital Songs charts . On October 10 , 2007 , " Broken " was played in the Criminal Minds episode " Scared to Death " . Several months later , the song appeared in the Grey 's Anatomy episode " Lay Your Hands On Me " on January 10 , 2008 . It featured in the One Tree Hill episode " For Tonight You 're Only Here to Know " on February 26 , 2008 .

= = Reception = =

= = = Critical reception = = =

Stephen Thomas Erlewine of Allmusic described the album as " post @-@ alternative guitar rock preserved in amber , all shallow angst and earnestness , communicated through music that surges without hooks . " However , he further commented that " Lifehouse [ is ] pleasant enough , but hardly memorable , and hardly [ answers ] the question of who they are no matter how they try . " Alex Lai of Contact Music called " the ballads on this record amongst the best the band has produced " and further commented that " [ the album ] is very well balanced and though far from groundbreaking , show that Lifehouse have returned to their consistent best . " John DiBiase of Jesus Freak Hideout said that the album " isn 't much different from their previous chapters . " However , DiBiase said that " there [ are ] plenty of accented new flavors among the tracks to keep things fresh and interesting . "

= = = Chart performance = = =

In the United States , Who We Are debuted and peaked at number fourteen on the Billboard Hot 200 , selling 49 @,@ 000 copies in its first week . It stayed on the chart for seventy @-@ six non @-@ consecutive weeks . The album debuted and peaked on the Billboard Rock Albums chart at number five . On the Billboard Digital Albums chart , the album debuted and peaked at number four and stayed on the chart for five consecutive weeks . It debuted and peaked at number eighteen on the Billboard Alternative Albums chart and stayed there for ten non @-@ consecutive weeks . It was certified Gold in the United States by the RIAA on October 22 , 2008 . As of June 28 , 2010 , the album 's singles have garnered over three million digital downloads .

= = Promotion = =

In support of Who We Are , Lifehouse went on the " Disarray Tour " , which was highlighted by dates in Los Angeles , Chicago , New York City , and Atlanta . American singer @-@ songwriter Matt Nathanson and HoneyHoney joined Lifehouse on select dates throughout the tour . Lifehouse continued to promote the album on Last Call with Carson Daly on July 9 , 2007 where they played " First Time " . They also performed the song on The Late Late Show with Craig Ferguson on August 15 , 2007 . The band made an appearance at the 2008 NFL Pro Bowl on February 10 , 2008 . On February 15 , 2008 , the band performed on The Tonight Show with Jay Leno . They performed on Live with Regis and Kelly playing " First Time " and " Whatever It Takes " on April 1 , 2008 .

= = Track listing = =

All songs produced by Jude Cole and Lifehouse , except " Broken " produced by John Fields .

= = Credits and personnel = =

Adapted from Allmusic .

= = Charts = =

= = Release history = =