

## = Applesauce cake =

Applesauce cake is a dessert cake prepared using apple sauce , flour and sugar as primary ingredients . Various spices are typically used , and it tends to be a moist cake . Applesauce cake prepared with chunky @-@ style apple sauce may be less moist . Several additional ingredients may also be used in its preparation , and it is sometimes prepared and served as a coffee cake . The cake dates back to early colonial times in the United States . National Applesauce Cake Day occurs annually on June 6 in the U.S.

## = = History = =

The preparation of applesauce cake dates back to early colonial times in the New England Colonies of the northeastern United States . From 1900 to the 1950s , recipes for applesauce cake frequently appeared in American cookbooks . In the United States , National Applesauce Cake Day occurs annually on June 6 .

## = = Ingredients and preparation = =

Applesauce cake is a dessert cake prepared using apple sauce , flour and sugar as main ingredients . Store @-@ bought or homemade applesauce may be used in its preparation . Additional ingredients may include eggs , butter , margarine or oil , raisins and plumped raisins , dates , chopped apple , chopped nuts ( such as walnuts and pecans ) , cocoa powder , and spices such as cinnamon , clove , nutmeg and allspice . Some versions include dried or fresh , finely grated ginger . After baking , applesauce cake is sometimes topped with an icing , frosting or glaze , such as a caramel glaze . It also may be served topped with a dusting of confectioner 's sugar or whipped cream . Gluten @-@ free applesauce cake may be prepared using rice flour .

Applesauce cake tends to be moist because of the liquid content present in the apple sauce . The use of a chunky @-@ style apple sauce can result in a cake with less moisture , compared to using standard apple sauce . Letting it sit for one or two days before serving can increase its flavor , as this allows time for the ingredients to intermingle within the cake .

It may be prepared using various types of cake pans , such as a ring @-@ shaped bundt cake using a bundt pan , in loaf form using a loaf pan , or as a sheet cake with a sheet cake pan . Applesauce cake is sometimes prepared in the form of cupcakes .

## = = Variations = =

Applesauce cake may be prepared and served as a type of coffee cake , which may include a sweet crumb topping . Simple versions may be prepared using prepared coffee cake mix , apple sauce , and other various ingredients . Fruits such as blueberries , cranberries and raisins may also be used in applesauce coffee cake .