

= Ben May =

Ben Steven May ( born 10 March 1984 ) is an English semi @-@ professional footballer who plays as a striker for National League club Bromley .

May began his career at Southampton 's youth academy in 1998 , before playing at Fulham 's centre of excellence for a year . In 2000 , he re @-@ moved , this time joining Millwall 's youth set @-@ up . Ahead of the 2002 ? 03 season , May signed his first professional contract with the club , making his debut in August 2002 . He was loaned out to Brentford , and then Colchester United , during his six @-@ year tenure at Millwall . In September 2007 , May joined Scunthorpe United on a three @-@ month loan deal , which was made permanent in January 2008 . However , his time at Scunthorpe was plagued with injuries , and he was subsequently released in May 2010 . May signed for Stevenage on a free transfer in October 2010 , and was part of the squad that earned promotion to League One during the 2010 ? 11 season . After struggling for first @-@ team appearances the following season , May joined League Two side Barnet on loan . He was released by Stevenage in May 2012 , and subsequently signed for Dover Athletic ahead of the 2012 ? 13 season . After a successful season at Dover , May then joined Ebbsfleet United in June 2013 .

= = Career = =

= = = Millwall = = =

May started his career at Southampton 's youth academy in 1998 , and went on to play at Fulham 's centre of excellence for one season . In 2000 , at the age of 16 , May moved to Millwall , progressing through the youth system and onto the periphery of the first @-@ team . In November 2001 , May was an unused substitute in Millwall 's 2 ? 1 home defeat to Gillingham . He made his debut for Millwall at the start of the 2002 ? 03 season , coming on as a 62nd @-@ minute substitute in Millwall 's 0 ? 0 draw away at Watford on 13 August 2002 . Four days later , May started his first match for Millwall , playing 68 minutes in Millwall 's 1 ? 0 away loss at Gillingham . He scored his first goal in the club 's following match against Ipswich Town , scoring after four minutes to give Millwall the lead in a game that ended 1 ? 1 ? the club 's website reported that " May was perfectly placed to stab home from close @-@ range after Neil Harris worked well to carve out an opening " . May featured periodically as a substitute in the opening months of the 2002 ? 03 season , although he did not play a first @-@ team game for three months after being substituted after 59 minutes in a 1 ? 0 loss at Crystal Palace on 7 December 2002 . He made a late substitute appearance in Millwall 's 2 ? 0 home loss against Norwich City in March 2003 , before 27 March , when he joined Colchester United on loan until the end of the season . He made his Colchester debut two days after signing for the club , playing the whole match as Colchester secured a 1 ? 0 victory over Swindon Town . May made five further appearances for Colchester , hitting the crossbar with a header in his final game against Queens Park Rangers after coming on as a late substitute . He made six appearances for Colchester , before returning to Millwall in May 2003 .

May did not play for Millwall at the start of the 2003 ? 04 season , and was consequently loaned out once more , this time to Brentford on 25 August 2003 . He joined the club on an initial three @-@ month loan deal . He made his debut in Brentford 's 2 ? 1 home win against Oldham Athletic , playing the whole match . May scored his first goal for Brentford two weeks later , on 6 September 2003 , in a 3 ? 1 loss against Plymouth Argyle , scoring the goal that briefly tied the game at 1 ? 1 . He received the first red card of his career when he was sent @-@ off for violent conduct in a Football League Trophy match against Barnet on 14 October 2003 . Four days later , he scored Brentford 's fourth goal in the 87th minute in a 4 ? 2 victory against Luton Town , turning in Jay Tabb 's cross . In Brentford 's next league fixture , May scored his third goal of the season , " bundling home Brentford 's third " in a 4 ? 0 win against Brighton & Hove Albion at Griffin Park . In November 2007 , May 's loan deal was extended until the end of the 2003 ? 04 season . Millwall manager Dennis Wise stated " He will do very well under Brentford manager Wally Downes and will learn a lot

under him . I didn 't feel he was quite ready for our first @-@ team just yet " . A month later , he scored the opening goal of the game in a 2 ? 1 home defeat against Bristol City on 26 December 2003 , scoring with a header from Stephen Hunt 's corner . May scored two goals in the space of a week in January 2004 , scoring the equaliser in games against Oldham and Tranmere Rovers respectively . He scored his seventh goal of the 2003 ? 04 campaign in a 2 ? 1 loss at Swindon Town ? " confidently firing home a left @-@ footed shot from ten yards " , although Brentford went on to lose their fourth consecutive match . It was May 's last goal of the season , in all he scored seven goals in 43 appearances as Brentford finished the season in 17th place . He returned to his parent club in May 2004 .

Ahead of the 2004 ? 05 campaign , May re @-@ joined Colchester United on a two @-@ month loan deal . He impressed in a friendly match against Premier League side Charlton Athletic , scoring in a 2 ? 2 draw , and this resulted in Phil Parkinson bringing May back to Layer Road for a second time . May started the season making four late substitute appearances as Colchester started the campaign by winning three of their four opening fixtures . He started his first game in a 4 ? 1 home victory over Doncaster Rovers on 28 August 2004 . He scored his first goal for Colchester in September 2004 , scoring the club 's third goal in a 3 ? 1 away victory at Bournemouth . Ten days later , May scored again in Colchester 's 2 ? 1 victory over Premier League side West Bromwich Albion , coming on as a substitute in the 73rd minute and scoring from a " goalmouth scramble deep into extra time " . In October 2004 , May 's loan deal was extended for a further month . Colchester manager Phil Parkinson stated ? " We 've extended the deal because he has done well and scored one or two vital goals for us . He is still developing but he has the potential to keep improving and he is an excellent lad to have around " . After Colchester 's 1 ? 1 draw at Blackpool on 16 October 2004 , May and Colchester team @-@ mate Craig Fagan were charged by the Football Association after " a brawl broke out late in the game following an off @-@ the @-@ ball incident " ? with May being charged with violent conduct . Two days later , it was announced that May would serve a three @-@ match suspension , with Colchester being fined £ 6 @, @ 000 after failing to control their players . As a result of his three @-@ game ban , May made his last appearance for Colchester as a 74th @-@ minute substitute in a 2 ? 1 home defeat to Wrexham on 19 October 2004 . He made 15 appearances during his three @-@ month loan spell at Colchester , scoring twice . In December 2004 , May signed for Brentford on a one month 's loan deal , having previously spent the 2003 ? 04 season with the club . After playing in the club 's FA Cup draw with Hinckley United , he scored in a 2 ? 0 win over Luton Town two days later when he " touched home Kevin O 'Connor 's near post cross " . His loan spell was subsequently extended for a further month in January 2005 . May provided assists in away victories at Luton Town and Port Vale respectively , and his loan was again extended for another month in February 2005 ? with Brentford manager Martin Allen " delighted " with May 's development . May returned to Millwall in March 2005 , having scored one goal in 16 appearances during his loan spell at Brentford . He made eight appearances for Millwall towards the latter stages of the 2004 ? 05 season , scoring one goal ? a penalty in a 4 ? 3 home win against Crewe Alexandra on 9 April 2005 ? in a game that Millwall had thrown away a three @-@ goal lead before May 's goal proved to be the winner .

In May 2005 , Millwall took up the option to extend May 's contract for a further year , meaning he was contracted to the club throughout the 2005 ? 06 season . He made his first appearance of the season in Millwall 's opening match of the campaign away at Leeds United on 7 August 2005 , coming on as a 79th @-@ minute substitute for Jay Simpson in a 2 ? 1 defeat . May made his first starting appearance of the season in a 5 ? 0 defeat at Reading , before scoring his first goal in late August 2005 , " levelling with a spectacular strike " in a 2 ? 1 home loss against Ipswich Town . He scored again two days later , " firing a shot into the bottom corner " to restore parity in a game against Luton Town that Millwall went on to lose 2 ? 1 . May 's third goal of the campaign came in a 3 ? 2 away win at Mansfield Town in the League Cup in October 2005 . His fourth goal of the season came in a 1 ? 1 away draw with Crystal Palace , heading in Jody Morris ' free @-@ kick to give Millwall the lead . May scored three goals in three games in February 2006 , the first of which came in another 1 ? 1 stalemate with Crystal Palace , with May scoring an equaliser from eight yards in the 89th minute to salvage a point for Millwall . His other goals came in the following two

games against Stoke City and Luton Town respectively . May 's fine form continued when he scored in Millwall 's surprise victory at promotion @-@ chasing Watford ? the BBC reported that the goal came " in injury @-@ time , as Watford hunted for an equaliser ... Ben May drilled in a low shot after a swift counter @-@ attack " . He took his 2005 ? 06 goal tally to eleven goals when he scored twice on the final day of the season in a 4 ? 2 defeat at Crewe Alexandra . May finished as Millwall 's top goalscorer for the season with 11 goals in 44 games , although Millwall were relegated to League One as a result of finishing in 23rd place . In April 2006 , May was offered a new two @-@ year contract with the club , which he signed after speaking to new Millwall manager Nigel Spackman in May 2006 ? " I spoke with the new manager briefly and I cannot wait to start working with him now " .

During pre @-@ season , ahead of the 2006 ? 07 campaign , May injured his shoulder in training , resulting in him missing the club 's pre @-@ season tour of Iceland . Millwall manager Nigel Spackman revealed that May 's injury would rule him out of the first two months of the season ? " He fell over during the close season , and it looks like he is going to be out for a couple of months " . He made his first appearance of the season in October 2006 , coming on as a second @-@ half substitute in Millwall 's 2 ? 0 home win against Bournemouth in the Football League Trophy , scoring Millwall 's second goal with his first touch of the game . In his first start of the season , he scored after six minutes in the club 's 2 ? 1 FA Cup win against Havant & Waterlooville in a game played at Fratton Park , netting from close range after good work from Chris Hackett . Five days later , he provided the assist for Darren Byfield 's goal in a 2 ? 2 home draw with Doncaster Rovers . May scored his third goal in five appearances when he scored in Millwall 's 3 ? 1 loss at Nottingham Forest on 24 November 2006 . After Millwall 's 2 ? 0 home win against Bradford City , a game in which May assisted Filipe Morais in scoring Millwall 's first goal , Millwall manager Willie Donachie stated ? " There 's more to come from this team , especially Darren Byfield and Ben May , who are as good as anyone in this league . They 're committed , honest players who want to work for each other " . Three days later , on 12 December 2006 , May 's pacey cross resulted in Nathan Doyle putting the ball into his own net , giving Millwall a 1 ? 0 win against Bradford City after extra @-@ time in the FA Cup . May scored the only goal of the game in a 1 ? 0 victory at Yeovil Town on 3 February 2007 , converting Darren Byfield 's cross to give Millwall the three points . However , he was substituted after 53 minutes in the same game with an ankle injury , and in March 2007 , he was ruled out of first @-@ team action for the rest of the 2006 ? 07 season . Despite this , he made a second @-@ half substitute appearance on the last day of the season in a 2 ? 2 draw at Bradford City , assisting Darren Byfield 's goal just after coming on . May scored four times in 19 appearances in a season disrupted by injuries .

May started the first four of Millwall 's games at the start of the 2007 ? 08 season , before scoring his first goal of the campaign in a 3 ? 2 away loss at Swansea City in the Football League Trophy on 4 September 2007 . After making a spate of substitute appearances for Millwall at the start of the campaign , May joined Championship side Scunthorpe United on a three @-@ month loan deal . He made his debut in Scunthorpe 's 1 ? 0 win at Colchester United on 29 September 2007 . May made a total of five appearances for Scunthorpe , but was recalled by Millwall in November 2007 due to a number of injuries in their squad . On his return to Millwall , May played in four games for the club , scoring one goal and setting up another in a 2 ? 1 FA Cup home win against Walsall on 15 January 2008 . It was to be May 's last game for the club . During his seven years at Millwall , May scored 19 goals in 95 appearances .

= = = Scunthorpe United = = =

In January 2008 , he signed a two @-@ and @-@ a @-@ half @-@ year contract with Scunthorpe United for an undisclosed fee . A day after signing for Scunthorpe , May made his debut for the club , coming on as a substitute in the 58th minute in a 2 ? 0 defeat against Wolverhampton Wanderers . He scored his first goal for the club in a 2 ? 1 defeat to Ipswich Town on 22 March 2008 , scoring a consolation goal in injury @-@ time . May made a total of 21 appearances for Scunthorpe during the second half of the 2007 ? 08 season , of which six were starting appearances , scoring one goal .

May featured predominantly as a substitute during the first half of Scunthorpe's 2008 ? 09 season , scoring his first goal of the season in a 4 ? 0 FA Cup victory against Alfreton Town in November 2008 . Two weeks later , he scored twice in Scunthorpe's 4 ? 4 draw with Northampton Town , before scoring his fourth goal in as many games three days later in a 2 ? 1 victory over Tranmere Rovers in the Football League Trophy . He suffered an ankle ligament injury in January 2009 , ruling him out of first @-@ team action for two months . On his return , May made four late substitute appearances , although he was not involved in Scunthorpe's successful play @-@ off campaign as the club were promoted back to the Championship after a 3 ? 2 victory over May's former employers , Millwall , in May 2009 . May made 29 appearances during the 2008 ? 09 season , scoring four goals .

Ahead of the club's 2009 ? 10 campaign , May scored five second @-@ half goals in Scunthorpe's 12 ? 0 pre @-@ season victory against Brigg Town . He also scored in friendlies against Jersey and Lincoln City . Despite his impressive pre @-@ season form , he was an unused substitute in the club's first three fixtures of the 2009 ? 10 season , before suffering an ankle injury that ruled him out for a month . Having returned to training in October 2009 , May suffered another setback after injuring his other ankle ? ruling him out of first @-@ team action for six weeks . He made his first appearance of the 2009 ? 10 season as a late substitute in a 3 ? 1 home defeat against West Bromwich Albion on 28 December 2009 . It was to be May's only appearance of the season , and he was released by Scunthorpe in May 2010 . May made 51 appearances during his two and a half @-@ year tenure at Scunthorpe , scoring five times .

= = = Stevenage = = =

In October 2010 , May went on trial with League Two club Stevenage , and featured in a " behind closed doors " friendly against Dagenham & Redbridge , scoring in a 4 ? 3 win . Shortly after , May signed for Stevenage on a permanent basis , and was assigned the number 12 shirt on his arrival . Due to May's past history in terms of injuries , he signed a contract that was largely appearance based . Stevenage manager Graham Westley said " it's fantastic to see a player putting their football before pound notes " . May made his debut for Stevenage three days after signing for the club , coming on as an 80th @-@ minute substitute in a 0 ? 0 draw with Morecambe . May scored his first goal for Stevenage on 7 May 2011 , in the club's 3 ? 3 draw with Bury , a result that meant Stevenage reached the play @-@ offs in their first ever Football League season . However , he was injured after he scored the goal , and was substituted immediately after for Chris Beardsley . As a result , May missed Stevenage's three play @-@ off fixtures as the club was promoted to League One following a 1 ? 0 victory over Torquay United . May's season was disrupted by injuries , making a total of 22 appearances for the club , of which seven were starting appearances .

In March 2012 , May joined League Two side Barnet on loan until the end of the 2011 ? 12 season . He made a scoring debut for the club , scoring from close range as Barnet came from a goal down to win 2 ? 1 at Port Vale . May was ever @-@ present during his time at Barnet , making eleven appearances , as the club narrowly avoided relegation on the last day of the season . During his two @-@ months with Barnet , he scored four times . He was released by Stevenage in May 2012 .

= = = Dover Athletic = = =

Ahead of the 2012 ? 13 season , May went on trial with League Two club Gillingham , training with the club for a number of weeks and playing in several pre @-@ season friendlies . However , no move materialised , and May signed for Conference South side Dover Athletic on a free transfer on 8 August 2012 . May made his competitive debut for Dover in a 2 ? 2 away draw against Sutton United on 21 August 2012 , coming on as an 86th @-@ minute substitute . He made his first start four days later as Dover defeated AFC Hornchurch 1 ? 0 at Hornchurch Stadium , before scoring his first goal for the club in a 3 ? 1 away win at Eastleigh on 1 September . May went on to score in seven consecutive games running from September to November , five of which in the league and a further two in the FA Cup , subsequently taking his goal tally for the season to eight . Goals in

convincing victories over Weston @-@ super @-@ Mare and Truro City took May 's goal count into double figures . He ended the year with a run of five goals in three matches , scoring braces in wins against Eastleigh and Hayes & Yeading United , as well as scoring a late consolation strike in a 2 ? 1 defeat to Tonbridge Angels on 26 December 2012 . It took May a month to get off the mark at the start of the new year , controlling the ball and scoring on the turn in a 3 ? 2 win over Welling United at the Crabble Athletic Ground on 9 February 2013 . He scored four times in March 2013 , subsequently taking his tally for the season to over 20 goals ? the first time May had reached this milestone in his career . He scored two further times during the regular season , in away victories against Chelmsford City and Staines Town . Dover finished the season in third place , meaning they would play fourth placed Eastleigh in the two legged play @-@ off semi @-@ finals . May scored a dipping volley as Dover took a 3 ? 1 lead in the first leg , controlling the ball on his chest with his back to goal , turning and hitting the ball from 25 @-@ yards past Ross Flitney in the Eastleigh goal . Dover progressed to the final , but lost 3 ? 2 to Salisbury City after extra @-@ time , with May playing in all three play @-@ off matches . During his one season at Dover , May finished the season as the club 's top goalscorer , scoring 24 times in 45 matches .

= = = Ebbsfleet United = = =

In June 2013 , May signed for Conference South side Ebbsfleet United . On joining Ebbsfleet , May said ? " It 's all exciting stuff ; Steve Brown showed an interest in signing me as soon as he knew he would be manager of Ebbsfleet . I ? m currently enjoying a nice little break from football but I ? m itching to lace my boots up and get back on the pitch " . He eventually left the club in January 2015 .

= = = Bromley = = =

Following his departure from Ebbsfleet , May signed for league rivals Bromley , the team for which his brother , Jay , had played for the previous season .

= = Personal life = =

May was born in Gravesend , Kent . May states that his favourite footballers when growing up were Alan Shearer and Ian Wright as he believed they were " great goalscorers and always entertaining " . He enjoys watching the television sitcom Only Fools and Horses . May is good friends with England international footballer Glen Johnson , as well as Celtic striker Gary Hooper . He attended Leigh CTC School in Dartford alongside Johnson .

In January 2007 , it was reported that May and England defender Glen Johnson were caught at a B & Q store in Dartford , Kent , attempting to steal bathroom fittings . They both received £ 80 fines . Johnson described the incident as " comical " because it was a misunderstanding ? " Ben was doing up his bathroom so we went to B & Q and found one of those sets where you get everything in one box . But he wanted a seat with a slow @-@ close lid , so we took out the seat and put in another one . What we didn 't know was that the new seat was £ 2 @. @ 35 more expensive . We went through the till , paid for it and then the security guard stopped us and said he had been watching on CCTV . We just burst out laughing . Where 's Jeremy Beadle then ? But he said , ' No , this is serious , the police are on their way . ' The police turned up and they were laughing . I said to the security guard , ' Can we not just pay the £ 2 @. @ 35 ? ' " He said , ' No , this is a serious offence . ' So the police gave us two options : go to court and fight it out , or pay an on @-@ the @-@ spot fine . We couldn 't be bothered going to court so we paid the fine but doing that made us look guilty " .

His older brother , Jay ( engaged to Gina Riley ) and younger cousin , Alfie are also footballers . Alfie currently plays for Erith & Belvedere , while Jay is with Maidstone United .

= = Honours = =

Scunthorpe United

League One play @-@ offs ( 1 ) : 2008 ? 09

Stevenage

League Two play @-@ offs ( 1 ) : 2010 ? 11

= = Career statistics = =

As of 26th March 2016