

= Luke Cain =

Luke Cain (born 3 February 1980) is an SH2 @-@ classified Australian shooter who became a paraplegic after an accident while playing Australian rules football . He started competing in 2007 , as the sport suited his disability , and has been a Victorian Institute of Sport scholarship holder since 2008 . He first represented Australia internationally in 2009 at a World Cup event in South Korea. He has been selected to represent Australia at the 2016 Rio Paralympics . These will be his second Games .

= = Personal = =

Cain was born on 3 February 1980 in Rosebud , Victoria . He started playing Australian rules football when he was seven years old for the Rye Football Club . He played senior football for Rosebud Football Club as a full @-@ forward . In August 1999 , at the age of nineteen , he was playing for Rosebud in a game against Hastings Football Club when he broke his neck after being sandwiched between a teammate and an opposing player . He is a paraplegic , and requires use of a wheelchair because of paralysis that affects him from the chest down . He has limited use of his fingers and no use of his hands . Before his accident , he participated in a range of sports , including basketball , athletics , waterskiing , kneeboarding and wakeboarding . After his accident , he continued in some sports , including angling . As of 2012 , he resides in Boneo , Victoria .

His cousin is Travis Cloke , an AFL All @-@ Australian full @-@ forward . Cain has been an inspiration to his cousin on the football field . At the same time , Cloke has supported Cain . Other cousins include AFL players Jason Cloke and Cameron Cloke .

= = Shooting = =

Cain is an SH2 @-@ classified shooter competing in 10m air rifle prone and 10m air rifle standing events . He has been a Victorian Institute of Sport scholarship holder since 2008 , and is a member of the Springvale Range Club . He is coached by Miro Sipek as an individual and when on the national team .

As a youngster , Cain hunted with his father and cousin . He took up the sport of shooting because it was one of the few available to people with his physical limitations . As of 2012 , he was sponsored by Miall 's Gun Shop of Frankston , Victoria , who provided him with competition gear including cleaning supplies , a rifle case and a rifle . He holds two world records , one in the individual 600 ? 600 R4 prone event , and another in the R4 10 @-@ metre standing event .

Cain started competing in 2007 , and made the Australian national team the same year . During Australia 's 2009 domestic series , the Australia Cup , an invitation @-@ only series for the top shooters in the country , he earned a bronze , silver and gold medal . That year , he made his national team debut at an international event when he represented Australia at the 2009 ISSF World Cup in South Korea . By early 2010 , he was looking for a sponsor to assist with costs for his international competitions . He set a personal best of 598 out of 600 in the SH @-@ 2 prone air event at the 2010 World Cup in Germany , and not long after , set a new personal best when he shot 599 at the same event at the 2010 World Cup in France . He came in first at the 2010 Oceania Shooting Federation Continental Championship . At the 2010 IPC World Shooting Championships in Zagreb , he came in first in the SH @-@ 2 prone air event by setting a world record of 600 points , a perfect score . At the 2011 Great Britain International , he finished second in the 10m air rifle prone event . He competed in the United States @-@ hosted International Paralympic Committee World Cup in 2011 , finishing fourth in the R5 Air Rifle Prone event with a score of 599 . He earned a gold medal in the team event with teammates Jason Maroney and Bradley Mark . In 2012 , he trained up to six days a week . At the Australian nationals , he finished second in the prone event behind New Zealander Michael Johnson , and third in the standing event behind fellow Australian Bradley Marks and Johnson .

Cain was selected to represent Australia at the 2012 Summer Paralympics in Mixed R5 @-@ 10m

Air Rifle Prone @-@ SH2 and Mixed R4 @-@ 10m Air Rifle Standing @-@ SH2 shooting events .
Competing on 3 September , he did not medal , finishing 27th in the standing event and 28th in the prone event .

= = = Performance = = =