

= One Minute =

" One Minute " is a song recorded by American recording artist Kelly Clarkson taken from her third studio album , My December (2007) . The song served as the album 's second single in Australia on September 18 , 2007 through 19 Recordings and RCA Records . Clarkson originally wrote it for her second studio album , Breakaway (2004) , with songwriters Kara DioGuardi , Chantal Kreviazuk and Raine Maida ; however , it did not make the final track listing . It was then reworked for My December , being produced by David Kahne , and co @-@ produced by Jason Halbert and Jimmy Messer . " One Minute " is an alternative rock song with electropop influences , and consists of " rapid @-@ fire give @-@ and @-@ take verses . "

Upon its release , " One Minute " was met with positive reviews from music critics , with one considering it to be the musical highlight of My December , along with " Never Again " and " Don 't Waste Your Time " . Following strong radio airplay , the song debuted at number 41 in Australia , reaching its peak of number 36 a week later . No accompanying music video was recorded for the song ; however , Clarkson promoted it through few live appearances , including at Daytona 500 on February 2007 , and on Take 40 's Live Lounge .

= = Release and composition = =

In 2004 , Clarkson teamed up with songwriters Kara DioGuardi and Chantal Kreviazuk to work on songs for her second studio album , Breakaway (2004) . Together they wrote " Where Is Your Heart " , while musician Raine Maida , Kreviazuk 's husband , co @-@ wrote " Walk Away " and " One Minute " with the trio . However , only the first two songs were included on the album . " One Minute " was then reworked for My December , being produced by David Kahne , and co @-@ produced by Jason Halbert and Jimmy Messer . After receiving strong radio airplay in Australia , it was released as the second single from the album in the country , on September 18 , 2007 through 19 Recordings and RCA Records .

" One Minute " is an alternative rock song with electropop influences , and begins with Clarkson singing , " You 're going crazy , running on empty / You can 't make up your mind / You try to hide it , but you had to say it / Restless all this time . " It is composed in the key of A major and is set in time signature of common time , with a tempo of 124 beats per minute . Clarkson 's vocal range spans over an octave , from A3 to D5 . Critics have observed the influence of 1980s music on the song , while Talia Kraines of BBC Music compared it to pop rock songs released by singers Ashlee Simpson and Lindsay Lohan . A reviewer for Billboard commented on the song 's structure , writing that " One Minute " consists of " rapid @-@ fire give @-@ and @-@ take verses " .

= = Critical response = =

" One Minute " received generally positive reviews from music critics . On his review for My December , Josh Love of Stylus Magazine wrote that the song , along with " Don 't Waste Your Time " , " as lyrically sour as they may be , [...] are both fantastically layered pop @-@ rockers . " Chris Willman of Entertainment Weekly considered the album to be Clarkson 's " darker , more personal , riskier " release until that point . Willman added that " One Minute " was a " lighter [pleasure] that (take note , Team Clive !) would make [a] dandy warm @-@ weather [single] . " Michael Endelman of Spin considered it a " snarling disco rock " song , while Nick Levine of Digital Spy deemed it " pounding [and] insistent . " Penn Live blogger Ashley Z. said that " the anger on this record can be overwhelming at times , " which could be an argument for the " existence " of " One Minute " . Allmusic long @-@ time contributor Stephen Thomas Erlewine considered it the highlight of My December , along with " Never Again " and " Irvine " , writing that the song " give this album some much needed spark . "

= = Live performances = =

Clarkson first performed " One Minute " at Daytona 500 on February 18 , 2007 , where she premiered the song prior to the album 's release . Later that year , she performed the song during a special titled Nissan Live Sets on Yahoo ! Music , and on Take 40 's Live Lounge . The latter was released as a promotional live video in Australia , as no accompanying music video for the single was filmed . " One Minute " was included on the set list of the album 's supporting concert tour , titled My December Tour (2008) .

== Formats and track listings ==

CD single

" One Minute " ? 3 : 05

" Never Again " (live at AOL Sessions) ? 3 : 40

Digital download

" One Minute " ? 3 : 05

" Never Again " ? 3 : 40

== Charts ==

On the week of October 7 , 2007 , " One Minute " debuted at number 41 in Australia , following strong radio airplay . The following week , it peaked at number 36 , before falling out of the top 50 two weeks later .

== Release history ==