= Carmarthenshire =

Carmarthenshire (Welsh: Sir Gaerfyrddin or Sir Gâr) is a unitary authority in the south west of Wales and the largest of the thirteen historic counties. The three largest towns are Llanelli, Carmarthen and Ammanford. Carmarthen is the county town and administrative centre of Carmarthenshire but the most populous settlement is Llanelli.

Carmarthenshire has been inhabited since prehistoric times. The town of Carmarthen was founded by the Romans and the region was part of the Principality of Deheubarth during the High Middle Ages. It saw turbulent times during the invasion by the Normans in the twelfth and thirteenth centuries before it was subjugated, along with other parts of Wales, by Edward I of England. Further unrest occurred in the early fifteenth century when the Welsh rebelled under Owain Glynd?r, and more strife occurred during the English Civil War in the seventeenth century.

Carmarthenshire is mainly an agricultural county , apart from the southeastern part which at one time was heavily @-@ industrialised with coal mining , steel @-@ making and tin @-@ plating . In the north of the county the woollen industry was very important in the eighteenth century . Nowadays the economy of the county depends on agriculture , forestry , fishing and tourism . With the decline in its industrial base and the low profitability of the livestock sector , Carmarthenshire is economically one of the worst @-@ performing regions in the United Kingdom .

As a tourist destination, Carmarthenshire is not as well known as some other parts of Wales, but does offer a wide range of outdoor activities. Much of the coast is fairly flat; it includes the Millennium Coastal Park, which extends for ten miles to the west of Llanelli and the National Wetlands Centre, a championship golf course and the harbours of Burry Port and Pembrey. Further west are the sandy beaches at Llansteffan and Pendine, and Dylan Thomas boathouse at Laugharne. Further inland there are a number of medieval castles located in strategic positions, as well as hillforts and standing stones.

= = History = =

Humans have been living in Carmarthenshire since at least 40 @,@ 000 years ago as evidenced by stone tools found in Coygan Cave , near Laugharne . Before the Romans arrived in Britain , the land now forming the county of Carmarthenshire was part of the kingdom of the Demetae who gave their name to the county of Dyfed ; it contained one of their chief cities called Moridunum , and is now known as Carmarthen . The Romans established two forts in South Wales , one at Caerwent to control the southeast of the country , and one at Carmarthen to control the southwest . The fort at Carmarthen dates from around 75 AD , and there is a Roman amphitheatre nearby , so this probably makes Carmarthen the oldest , continually @-@ occupied town in Wales .

Carmarthenshire has its early roots in the region formerly known as Ystrad Tywi (Vale of [the river] Tywi) and part of the Principality of Deheubarth during the High Middle Ages , with the court at Dinefwr . After the Normans had subjugated England they tried to subdue Wales . Carmarthenshire was disputed between the Normans and the Welsh lords and many of the castles built around this time , first from wood and then stone , changed hands several times during the conflicts that followed . Following the Conquest of Wales by Edward I , the region was reorganized by the Statute of Rhuddlan in 1284 into Carmarthenshire . Edward I made Carmarthen the capital of the new county of Carmarthenshire , establishing his courts of chancery and his exchequer there , and holding the Court of Great Sessions in Wales in the town .

The Normans transformed Carmarthen into an international trading port , the only staple port in Wales . Merchants imported food and French wines and exported wool , pelts , leather , lead and tin . In the late medieval period the county 's fortunes varied as good and bad harvests occurred , increased taxes were levied from England , episodes of plague occurred and recruitment for wars removed the young men . Carmarthen was particularly susceptible to plague because the disease was brought in by flea @-@ infested rats on board ships from southern France .

In 1405, Owain Glynd?r captured Carmarthen Castle and several other strongholds in the neighbourhood. However, when his support dwindled, the principal men of the county returned

their allegiance to King Henry V. During the English Civil War , Parliamentary forces under Colonel Roland Laugharne besieged and captured Carmarthen Castle but later abandoned the cause , and joined the Royalists . In 1648 , Carmarthen Castle was recaptured by the Parliamentarians , and Oliver Cromwell ordered it to be dismantled .

The first industrial canal in Wales was built in 1768 to convey coal from the Gwendraeth Valley to the coast , and the following year , the earliest tramroad bridge was on the tramroad built alongside the canal . During the Napoleonic Wars (1799 ? 1815) there was increased demand for coal , iron and agricultural goods , and the county prospered . The landscape changed as much woodland was cleared to make way for more food production , and mills , power stations , mines and factories sprang up between Llanelli and Pembrey . Carmarthenshire was at the centre of the Rebecca Riots which took place around 1840 , when local farmers and agricultural workers dressed as women and rebelled against the imposition of higher taxes and tolls .

On 1 April 1974, under the terms of the Local Government Act 1972, Carmarthenshire alongside Cardiganshire and Pembrokeshire, was absorbed into the new county of Dyfed; Carmarthenshire was divided into three districts, District of Carmarthen, District of Llanelli and Dinefwr Borough Council. Twenty @-@ two years later this procedure was reversed when the Local Government (Wales) Act 1994 was enacted and the original county boundaries were replaced.

= = Geography = =

The county is bounded to the north by Ceredigion , to the east by Powys , Neath Port Talbot and Swansea , to the south by the Atlantic Ocean and to the west by Pembrokeshire . The surface generally is upland and mountainous . Fforest Fawr and Black Mountain extend into the east of the county and the Cambrian Mountains into the north . The south coast contains many fishing villages and sandy beaches . The highest point is Fan Brycheiniog , 2 @,@ 631 feet (802 m) (although the main summit is in Powys). Carmarthenshire is the largest historic county by area in Wales .

The county is drained by several important rivers which flow southwards into the Bristol Channel , especially the River Towy , and its several tributaries , such as the River Cothi . The Towy is the longest river flowing entirely within Wales . Other rivers include the Loughor (which forms the eastern boundary with Glamorgan) , the River Gwendraeth and the River Taf . The River Teifi forms much of the border between Carmarthenshire and Ceredigion , and there are a number of towns in the Teifi Valley which have communities living on either side of the river and hence in different counties . Carmarthenshire has a long coastline which is deeply cut by the estuaries of the Loughor in the east and the Gwendraeth , Tywi and Taf , which enter the sea on the east side of Carmarthen Bay . The coastline includes notable beaches such as Pendine Sands and Cefn Sidan sands , and large areas of foreshore are uncovered at low tide along the Loughor and Towy estuaries .

The principal towns in the county are Ammanford , Burry Port , Carmarthen , Kidwelly , Llanelli , Llandeilo , Newcastle Emlyn , Llandovery , St Clears , and Whitland . The principal industries are agriculture , forestry , fishing and tourism . Although Llanelli is by far the largest town in the county , the county town remains Carmarthen , mainly due to its central location .

Carmarthenshire is predominantly an agricultural county , with only the southeastern area having any significant amount of industry . The best agricultural land is in the broad Tywi Valley , especially its lower reaches . With its fertile land and agricultural produce , Carmarthenshire is known as the "Garden of Wales" . The lowest bridge over the river is at Carmarthen , and the Towi Estuary cuts the southwesterly part of the county , including Llansteffan and Laugharne , off from the more urban southeastern region . This area is also bypassed by the main communication routes into Pembrokeshire . A passenger ferry service used to connect Ferryside with Llansteffan until the early part of the twentieth century .

= = Economy = =

Agriculture, and to a lesser extent forestry, are the main sources of income over most of the county of Carmarthenshire. On improved pastures, dairying is important and in the past, the

presence of the railway enabled milk to be transported to the urban areas of England . The creamery at Whitland is now closed but milk processing still takes place at Newcastle Emlyn where mozzarella cheese is made . On upland pastures and marginal land , livestock rearing of cattle and sheep is the main agricultural activity . The estuaries of the Loughor and Towy provide pickings for the cockle industry .

Llanelli , Ammanford and the upper parts of the Gwendraeth Valley are situated on the South Wales Coalfield . The opencast mining activities in this region have now ceased but the old mining settlements with terraced housing remain , often centred on their nonconformist chapels . Kidwelly had a tin @-@ plating industry in the eighteenth century , with Llanelli following not long after , so that by the end of the nineteenth century , Llanelli was the world @-@ centre of the industry . There is little trace of these industrial activities today . Llanelli and Burry Port served at one time for the export of coal , but trade declined , as it did from the ports of Kidwelly and Carmarthen as their estuaries silted up . Country towns in the more agricultural part of the county still hold regular markets where livestock is traded .

In the north of the county , in and around the Teifi Valley , there was a thriving woollen industry in the nineteenth and early twentieth centuries . Here water @-@ power provided the energy to drive the looms and other machinery at the mills . The village of Dre @-@ fach Felindre at one time contained twenty @-@ four mills and was known as the " Huddersfield of Wales " . The demand for woollen cloth declined in the twentieth century and so did the industry .

In 2014 , West Wales was identified as the worst @-@ performing region in the United Kingdom along with the South Wales Valleys . The gross value added economic indicator showed a figure of £ 14 @,@ 763 per head in these regions , as compared with a GVA of £ 22 @,@ 986 for Cardiff and the Vale of Glamorgan . The Welsh Assembly Government is aware of this , and helped by government initiatives and local actions , opportunities for farmers to diversify have emerged . These include farm tourism , rural crafts , specialist food shops , farmers ' markets and added @-@ value food products .

In 2015, in an attempt to boost the local economy, Carmarthenshire County Council produced a fifteen @-@ year plan that highlighted six projects which it hoped would create five thousand new jobs. The sectors involved would be in the "creative industries, tourism, agri @-@ food, advanced manufacturing, energy and environment, and financial and professional services".

= = Local government = =

Carmarthenshire became an administrative county with a county council taking over functions from the Quarter Sessions under the Local Government Act 1888. Under the Local Government Act 1972, the administrative county of Carmarthenshire was abolished on 1 April 1974 and the area of Carmarthenshire became three districts within the new county of Dyfed: Carmarthen, Dinefwr and Llanelli. Under the Local Government (Wales) Act 1994, Dyfed was abolished on 1 April 1996 and Carmarthenshire was re @-@ established as a county. The three districts united to form a unitary authority which had the same boundaries as the traditional county of Carmarthenshire. In 2003, the Clynderwen community council area was transferred to the administrative county of Pembrokeshire.

= = Demography and the Welsh language = =

Before the Industrial Revolution , Carmarthen used to be the most populous town in Wales . In 1931 , the county 's population was 171 @,@ 445 and in 1951 , 164 @,@ 800 . At the census in 2011 , Carmarthenshire had a population of 183 @,@ 777 . Population levels have thus dipped and then increased again over the course of eighty years . The population density in Carmarthenshire is 0 @.@ 8 persons per hectare , as compared to 1 @.@ 5 persons for Wales and 3 @.@ 7 for England and Wales as a whole .

In terms of language however, the county has undergone a language shift in these decades from Welsh to English, Carmarthenshire having been the most populous of the five historic counties of

Wales to remain majority Welsh speaking throughout the twentieth century . According to the 1911 Census , 84 @.@ 9 % of the county 's population were Welsh speaking with 20 @.@ 5 % of the overall population being monoglot Welsh Speakers . Meanwhile , only 43 @.@ 5 % of the population of Wales as a whole could speak Welsh In 1931 , 82 @.@ 3 % could speak Welsh and in 1951 , 75 @.@ 2 % . By the time of the 2001 census , only 50 @.@ 3 % of people living in Carmarthenshire could speak Welsh , with 39 % being able to read and write the language as well . The 2011 census showed only further decline , with only 43 @.@ 9 % speaking Welsh , making it a minority language in the county for the first time .

= = Landmarks = =

With its strategic location and history , the county is rich in archaeological remains such as forts , earthworks and standing stones . Carn Goch is one of the most impressive Iron Age forts and stands on a hilltop near Llandeilo . The Bronze Age is represented by chambered cairns and standing stones on Mynydd Llangyndeyrn , near Llangyndeyrn . Castles that can be easily accessed include Carreg Cennen , Dinefwr , Kidwelly , Laugharne , Llansteffan and Newcastle Emlyn Castle . There are the ruinous remains of Talley Abbey , and the coastal village of Laugharne is for ever associated with Dylan Thomas . Stately homes in the county include Aberglasney House and Gardens , Golden Grove and Newton House .

There are plenty of opportunities in the county for hiking , observing wildlife and admiring the scenery . These include Brechfa Forest , the Pembrey Country Park , the Millennium Coastal Park at Llanelli , the WWT Llanelli Wetlands Centre and the Carmel National Nature Reserve . There are large stretches of golden sands and the Wales Coast Path now provides a continuous walking route around the whole of Wales .

The National Botanic Garden of Wales displays plants from Wales and from all around the world, and the Carmarthenshire County Museum, the Kidwelly Industrial Museum, the National Wool Museum, the Parc Howard Museum, the Pendine Museum of Speed and the West Wales Museum of Childhood all provide opportunities to delve into the past. Dylan Thomas Boathouse where the author wrote many of his works can be visited, as can the Roman @-@ worked Dolaucothi Gold Mines.

There are two heritage railways, the Gwili Railway and the Teifi Valley Railway, both using the track of the Carmarthen and Cardigan Railway that at one time ran from Carmarthen to Newcastle Emlyn, but never reached Cardigan.

= = Sports and leisure = =

Activities available in the county include rambling , cycling , fishing , kayaking , canoeing , sailing , horse riding , caving , abseiling and coasteering . Carmarthen Town A.F.C. plays in the Welsh Premier League . They won the Welsh Football League Cup in the 1995 ? 96 season , and since then have won the Welsh Cup once and the Welsh League Cup twice . Llanelli Town A.F.C. play in the Welsh Football League Division Two . The club won the Welsh premier league and Loosemores challenge cup in 2008 and won the Welsh Cup in 2011 , but after experiencing financial difficulties , were wound up and reformed under the present title in 2013 . Scarlets is the regional professional rugby union team that plays in the Pro12 , they play their home matches at their ground , Parc y Scarlets . Honours include winning the 2003 / 04 Pro12 . Llanelli RFC is a semi @-@ professional rugby union team that play in the Welsh Premier Division , also playing home matches at Parc y Scarlets . Among many honours , they have been WRU Challenge Cup winners on fourteen occasions and frequently taken part in the Heineken Cup .

Some sporting venues utilise disused industrial sites. Ffos Las racecourse was built on the site of an open cast coal mine after mining operations ceased. Opened in 2009, it was the first racecourse built in the United Kingdom for eighty years and has regular race @-@ days. Machynys is a championship golf course opened in 2005 and built as part of the Llanelli Waterside regeneration plan. Pembrey Circuit is a motor racing circuit near Pembrey village, considered the home of Welsh

motorsport , providing racing for cars , motorcycles , karts and trucks . It was opened in 1989 on a former airfield , is popular for testing and has hosted many events including the British Touring Car Championship twice .

= = Transport = =

Carmarthenshire is served by a main line railway service operated by Arriva Trains Wales which links London Paddington , Cardiff Central and Swansea to the county . The main hub is Carmarthen railway station where some services from the east terminate . The line continues westwards with several branches which serve Pembroke Dock , Milford Haven and Fishguard Harbour . The Heart of Wales Line takes a scenic route through mid @-@ Wales and links Llanelli with Craven Arms , from where passengers can travel on the Welsh Marches Line to Shrewsbury .

The only motorway in the county is the M4 motorway from London and South Wales , which extends as far west as the Pont Abraham services before continuing northwest as the A48 to Carmarthen . Llanelli is linked to the motorway by the A4138 . The A40 links Carmarthen to Llandeilo , Llandovery and Brecon to the east , and with St Clears , Whitland and Haverfordwest to the west . The A484 links Llanelli with Carmarthen by a coastal route and continues northwards to Cardigan , and via the A486 and A487 to Aberystwyth , and the A485 links Carmarthen to Lampeter . There are local bus services between the main centres of population , and long distance services between Cardiff , Swansea , Carmarthen and beyond . A bus service known as " Bwcabus " operates in the north of the county , offering customised transport to rural dwellers .