

= Indestructible (Disturbed album) =

Indestructible is the fourth studio album by the American heavy metal band Disturbed . A self @-@ produced effort , Indestructible is the first Disturbed album that did not feature Johnny K , the producer of Disturbed 's previous three albums , The Sickness , Believe , and Ten Thousand Fists . Indestructible was recorded at Groovemaster Studios in Chicago , Illinois . The album features two songs , " Perfect Insanity " and " Divide " , that were written by Disturbed prior to their first album , The Sickness , but were never previously released .

The album features significantly darker themes than any of Disturbed 's previous work , according to the band . Some of the lyrical themes involve actual experiences that vocalist David Draiman had endured over the course of the past few years prior to making the album , including " bad relationships " , a motorcycle accident that he was involved with , and an incident of suicide . To match the aggressive attitude and nature of said themes , Draiman told the other band members to create darker , more textural music than they have before . Despite these themes , the title track , " Indestructible " , is meant to encourage those in the military that are fighting in wars and boost their morale .

Indestructible was released on June 3 , 2008 in Compact Disc format , and also as two different limited edition and special edition digipaks , debuting at number @-@ one on the Billboard 200 , making it the third consecutive number @-@ one debut by Disturbed on that chart , which had only been achieved by five other rock bands prior to the album 's release . The album also shipped over 253 @,@ 000 units in its opening week . Indestructible was met with mixed reviews by critics , earning a score of 57 % on review @-@ aggregating website Metacritic , based on six reviews . The album was certified Platinum by the Recording Industry Association of America in April 2009 for shipping over 1 @,@ 000 @,@ 000 copies in the United States . The single " Inside the Fire " was nominated for a 2009 Grammy Award in the " Best Hard Rock Performance " category .

= = Recording and production = =

After touring in support of the band 's previous album , Ten Thousand Fists , the band took a break . During this time , drummer Mike Wengren got married , and guitarist Dan Donegan had a child . In February 2007 , after the break was over , the band went to Groovemaster Studios in Chicago , Illinois and began writing music . Indestructible is Disturbed 's first self @-@ produced effort , without Johnny K acting as producer , as he did on the band 's previous albums , The Sickness , Believe , and Ten Thousand Fists . The band was comfortable with self @-@ producing , despite having Johnny K produce two consecutive number @-@ one albums , and this being their first time without him . As vocalist David Draiman reasoned , " we learned it , and we 'd like to try [self @-@ producing] . "

Early in the writing process , Donegan created guitar riffs . The rest of the band then listened to the riffs , and wrote the rest of the music , with the riffs being the base . As Donegan commented , " The writing process is ... pretty much the same since the beginning ... of this band . It 's always been riffs ; something musically that I 'll come up with [that begins the writing process] . " Wengren commented , " We 're always tossing around riffs and beats , but it isn 't really until we get home and we are able to clear our minds , decompress for a little bit , and then hit it , especially Danny and I , and just start throwing the riffs and the beats out , that the music starts to finally come to life . " Bassist John Moyer left the studio during the recording process , due to his wife being pregnant . Donegan and Wengren sent him demos through e @-@ mail , and he continued to write bass lines for the songs from his home studio . Regarding electronics on the album , Donegan said , " When the basic guitar , bass , [and] drums were being laid down , at first I didn 't really see a whole lot of room for some of the electronics , but as the songs were starting to develop , I was just in that frame of mind to try and toy around with some of the electronics . "

When the instrumentation was completed , Draiman began to write melody lines for each song . Draiman commented , " I 'm a big believer in the vibe of the music and the feel of it , how the song makes you feel musically should dictate what it is to be about and so if you start with something that

has meaning , but the music doesn 't support the meaning , then what good is it ? " The first song completed musically was " The Night " , and Draiman completed the melody line in three days . This caused Draiman to tentatively call the record The Night . As Draiman recalled , " The instrumentation was so cool and so dark and textural that I right away kind of jumped into it . " When the first batch of songs were completed , the band sent them out to their record label , Reprise Records , and waited for their approval to continue writing more songs . After they received approval , they wrote the rest of the songs featured on the album .

Wengren commented , " We thought it would be pretty cool , especially for the fans , if we brought back maybe a song or two , that were actually written during the same period that The Sickness songs were written . Danny brought in some old demo tapes , I 'm talking twelve years old , back when ' Down With the Sickness ' and ' Stupify ' [sic] , and all that stuff was written , this was actually written before that . " The songs that Wengren was referring to were " Perfect Insanity " , and " Divide " . The band also recorded a version of the song " Midlife Crisis " , which was originally performed by Faith No More . Draiman comments , " We took the song , revamped it and modernized it to our current level , and the version 's killer . " However , the song did not make it into the final track listing of the album , and is instead featured on Covered , A Revolution in Sound . This version of " Midlife Crisis " later appeared on The Lost Children , the band 's first compilation album .

= = = Titling the record = = =

Indestructible took the longest amount of time to title when compared to Disturbed 's previous records , according to Wengren . The band had originally wanted to title the record The Night , because it was the first track to be completed , and it defined the musical direction the band wanted to use with Indestructible . The record had a song whose working title was " Defend " , but it eventually was re @-@ titled " Indestructible " . When the title was changed , the band felt the title had , as Donegan reasoned , " made a bigger statement " . Draiman said they titled the record Indestructible because the title " ... kind of symbolizes the fact that we 're still fucking here , that we haven 't been destroyed , that we withstood the test of time . "

Regarding the choice of the title , Moyer commented , " Usually there 's some name or phrase that sort of sums up , you know , what the vibe of the record 's about , so this one 's Indestructible , and it is an aggressive record , this record 's about kicking ass . " Donegan , commenting on the meaning of the title , stated , " We feel that we 've become indestructible to be able to survive this long in the business , and continuing a success with it . " Draiman concluded , " We have been through a lot . No matter what gets thrown at us , as a band , no matter what happens in the musical environment , we 're still here , we 're still viable , and still standing . "

= = Musical style and lyrical themes = =

Vocalist David Draiman states that , lyrically , the album was inspired by various occurrences of bad luck that happened to him . " I had a motorcycle accident , and I had my garage burn down with most of my vehicles , " Draiman commented . " ... I 've had really bad relationships that I 've been in and out of . They 've left their mark " , he concluded . The song " Indestructible " is " an anthem for soldiers " , Draiman comments . " It 's meant to be something that would make them feel invincible , take away their fear , make them strong and that 's what this whole body of work on this record does . It 's music to help you feel strong , " he concludes . Cuts such as " Deceiver " and " Inside the Fire " are about " really bad relationships " . " Inside the Fire " is about " standing over the body of my girlfriend , who just killed herself , and the Devil is standing over me , whispering in my ear to kill myself , " says Draiman . The song " The Night " is , " just kind of meant to portray the night almost as like a living entity that sets you free . You 're enveloped by it , enmasked by it , " Draiman comments . The band 's vocalist also says the song " Perfect Insanity " is about " toying with the idea of insanity . Coming at you from the perspective from the individual who is [insane] and warning people around him , particularly his love interests , about his psychotic tendencies . "

Draiman says the track " Divide " " is meant to detract from the idea ' oh , let 's all be one , let 's all be united ! ' Fuck that , be yourself , be an individual , stand out , make your mark , make an impact . " Commenting on the meaning of the song " Façade " , Draiman says it is , " ... a song from the perspective of a girl in a relationship where she 's abused ... she 's thinking about killing him , like you see on the news . "

To match the themes Draiman had in mind , he told his bandmates , " give me your darkest , nastiest , [most] aggressive tribal rhythmic shit you can throw at me " . Prior to the release of the album , guitarist Dan Donegan supported this , stating , " musically , it 's a lot ballsier than we 've written [before] . " He continued , saying , " [We 're] trying to get a good blend of the elements of the past three CDs to try to evolve into something fresh and new for us as well . " Dan Marsicano of 411mania commented on the song " Perfect Insanity " , claiming it has " ... a short but sweet shredding solo , double bass drum work , and fast picked riffing ... " . He goes on to propose the same for the song " Divide " , saying it " follows the same pattern [as " Perfect Insanity "] , with aggressive guitar work followed through by Draiman 's vocals ... " Marsicano also proposes that " Inside the Fire " has " ... a memorable solo and a dark theme surrounding it , " and says that " The Night " is an " epic @-@ sounding track that has one of the best solos that Donegan has ever done and a catchy chorus . " Chris Akin of Metaleater proposes that the album is full of hooks , and that guitarist Donegan takes a " much more 80s approach " , due to his guitar solos . Christian Hoard of Rolling Stone proposes that the album contains " meticulously constructed guitar skronk , serrated verses and cathartic refrains " .

= = Promotion = =

The marketing campaign for Indestructible began in late 2007 , with a strategy of releasing content for fans early and often . Promotion began with distributing stickers at live events . Reprise Records also partnered with Hot Topic retailers , who thereafter put an Indestructible album teaser on all Disturbed merchandise , and eventually began selling a limited edition 7 " vinyl record with two songs from the album on it . In March 2008 , Disturbed performed a concert in Kuwait for United States military stationed there . The concert was streamed live on MySpace , and more than three million people viewed it . In February 2008 , an audio sample was posted on Disturbed 's MySpace profile to promote Indestructible . The sample , titled " Perfect Insanity " , is actually a song written early in the band 's career that never previously appeared on an album , but was expected to appear on the album . The track was later made available for download , in its entirety , on Disturbed 's website for promotional purposes . Another sample , titled " Inside the Fire " , appeared on Rock on the Range 's MySpace profile in March 2008 . The track was anticipated to be the first single released from the album , with a music video directed by Nathan Cox . On March 24 , 2008 " Inside the Fire " debuted on more than sixty radio stations . It was released for digital download the next day . On May 2 , 2008 the music video for " Inside the Fire " debuted on Disturbed 's website .

In April 2008 , a limited edition pre @-@ order digipak of Indestructible was made available for order exclusively through Disturbed 's website . The limited edition package featured the entire album , a B @-@ side track entitled " Run " , a DVD featuring a documentary about the making of the album and some instructional videos , a " wrap @-@ around " poster , a special VIP laminate which grants access to special Disturbed events through 2009 , and a special code which grants access to the " Inside the Fire " special website add @-@ on . Another special edition pre @-@ order of the album was on iTunes Music Store , and featured three live bonus tracks , as well as the entire album . Yet another pre @-@ order of the album allowed customers who pre @-@ ordered the album through Best Buy retailers to download the two songs , " Inside the Fire " , and " Indestructible " as playable content on the video game Rock Band . Three songs from Disturbed 's first online concert performance at DeepRockDrive were mastered and featured on the EP Live & Indestructible . On August 20 , 2008 a music video directed by Noble Jones for the album 's third single and title track , " Indestructible " , was posted on Disturbed 's website . The single was released digitally on September 29 , 2008 , and the music video was officially available for purchase the next day , packaged with the EP Live & Indestructible . Jones also directed the music video for

the fourth single from Indestructible , " The Night " , in January 2009 , and it was released in late March 2009 .

= = Release = =

= = = Reception = = =

On the review @-@ aggregating website Metacritic , Indestructible received a score of 57 % , based on six reviews . Being the first self @-@ produced effort by the band , they had more leeway to create music without any outside interference , suggests 411mania writer Dan Marsicano . He concludes that the self @-@ production also led to a lack of guidance , though , which ultimately works against the album , rather than helping it . Guitarist Dan Donegan 's guitar work was praised , and About.com writer Chad Bowar notes many songs on the album are guitar @-@ driven . Metaleater writer Chris Akin also praises Donegan , saying , " If there is growth in the band , it 's in the guitars . Dan Donegan takes a much more 80s approach than he has on past recordings . " Allmusic writer James Monger praised Indestructible , suggesting that rather than taking melodic elements from acts like Pantera , like Disturbed 's previous records are suggested to , the album takes musical elements from acts such as Metallica or AC / DC .

Indestructible did , however , receive criticism . IGN writer Jim Kaz proposes that vocalist David Draiman has an " overly @-@ forced " vocal delivery . Kaz also finds , " The tunes are largely similar in style and structure ... In essence , there 's very little that stands out . " He goes on to say that the album already seems obsolete , " There 's just too much of the very recent past on Indestructible to move away from it . So in effect , it sounds a bit dated ... already . " It is also suggested that , although possessing a reliably solid foundation , the album lacks a meaning behind its drive : " They wind up sounding a little lost on Indestructible , stabbing their weapons without any reasons behind each parry , " says PopMatters writer Andrew Blackie .

= = = Sales and impact = = =

Indestructible shipped over 253 @,@ 000 units in its opening week . It is also Disturbed 's third consecutive studio album to debut at number @-@ one on the Billboard 200 , and remain in the top ten for five weeks , making Disturbed one of six bands to ever achieve three consecutive number @-@ one debuts . It also peaked at number @-@ one in Canada , Australia , and New Zealand . Indestructible was certified gold by the Recording Industry Association of America in July 2008 , for shipping over 500 @,@ 000 copies in the United States , and was certified platinum in April 2009 , shipping over 1 @,@ 000 @,@ 000 copies in United States . The album has also sold over one million copies worldwide . The album 's lead single , " Inside the Fire " , received significant radio airplay . The single remained at number one on Mediabase 's Active Rock chart for fourteen weeks , setting a record as the longest running number @-@ one single on that specific chart . " Inside the Fire " was also nominated for a 2009 Grammy award in the " Best Hard Rock Performance " category . The title track , " Indestructible " , also reached number @-@ one on Mediabase 's Active Rock chart , making it Disturbed 's second number @-@ one song on that chart in 2008 .

= = Track listing = =

All songs written and composed by Disturbed .

The two bonus tracks , " Run " and " Parasite " , are both included on the band 's b @-@ side compilation , titled The Lost Children .

= = Chart positions = =

== Chart procession and succession ==

== Certifications ==

== Personnel ==

=== Line @-@ up (Band members) ===

David Draiman : Lead Vocals

Dan Donegan : Lead / Rhythm Guitars

John Moyer : Bass Guitars , Backing Vocals

Mike Wengren : Drums , Percussion

=== Production staff (Additional lineup) ===

Produced by Dan Donegan ; co @-@ produced by David Draiman and Mike Wengren

Engineered and additional production by Tadpole , assisted by Justin Wilks

Pro Tools by Tadpole and Cameron Webb

Mixed by Neal Avron , assisted by Nick Fournier

Mastered by Ted Jensen

Photography ? Joey Lawrence

Cover illustration ? David Finch

Art direction and design ? Matt Taylor

A & R ? Jeff Aldrich

Management ? JBM

Legal ? Jeffrey Light for Myman , Abell , Fineman , Greenspan & Light , LLP

Business ? David Weiss & Associates

North American booking ? Daryl Eaton & Rick Roskin for CAA

International booking ? Emma Banks for CAA

Merchandise ? Bravado

=== " The Making (Indestructible) " ===

Directed by Rafa Alcantara

Produced by Adam Cook and TWENTYFOURCORE Productions

Production assistant ? Dan Fusselman

Edited by JT Smith and Rafa Alcantara

DVD post producer ? David May

DVD associate producer ? Raena Winscott

DVD Authoring ? Jim Atkins for Media Services