

= Trish Stratus =

Patricia Anne " Trish " Stratigeas (/ ?stræt?d?i??s / ; born December 18 , 1975) is a Canadian retired professional wrestler , former fitness model , fitness master , actress , and television personality , better known by her former ring name Trish Stratus . She is best known for her tenure with WWE .

After beginning her career as a fitness model , Stratus began working for the World Wrestling Federation (WWF) , which was later renamed World Wrestling Entertainment (WWE) . Early in her career , she was mostly involved in sexually themed storylines , such as managing the team T & A and an affair with Vince McMahon 's Mr. McMahon character . As Stratus spent more time in the ring , her perceived wrestling skills strengthened and her popularity increased . Because of this , she was made a one @-@ time WWE Hardcore Champion , three @-@ time " WWE Babe of the Year " and was proclaimed " Diva of the Decade " . After nearly seven years in the business , Stratus retired from professional wrestling at WWE Unforgiven on September 17 , 2006 after winning her seventh WWE Women 's Championship , the most titles in WWE history . In 2011 , Stratus was a trainer for WWE Tough Enough and she was inducted into the WWE Hall of Fame in 2013 .

Aside from professional wrestling , Stratus appeared on a number of magazine covers and has been involved in charity work . She has also hosted several award and television shows , and owns a yoga studio .

= = Early life and fitness modelling = =

Stratigeas grew up in Richmond Hill , Ontario , Canada where she attended Bayview Secondary School . She enrolled at York University , where she studied biology and kinesiology and played soccer and field hockey . Due to a faculty strike in 1997 , she was forced to change her plans . She was working as a receptionist at a local gym when she was approached by the publisher of MuscleMag International to do a test shoot for the magazine . She later appeared on the cover of the May 1998 issue and was signed to a two @-@ year contract . For the next six months , she worked on her body and appeared on numerous magazine covers . During this time , she joined Big Daddy Donnie & Jeff Marek as the third host of Live Audio Wrestling on Toronto Sports Radio , The FAN 590 .

Stratigeas had been a fan of wrestling since childhood and her modelling work caught the attention of the World Wrestling Federation (WWF) . In November 1999 , she was signed to a multi @-@ year contract with the company , who sent her to Sully 's Gym where she was trained by Ron Hutchinson .

= = Professional wrestling career = =

= = = World Wrestling Federation / Entertainment / WWE = = =

= = = = Managing and T & A (2000 ? 2001) = = = =

Stratigeas made her debut as a villainous character on the March 19 , 2000 episode of Sunday Night Heat , under the ring name Trish Stratus . She appeared on stage to scout Test and Prince Albert . The next night on Raw , Stratus began her first role in the company , managing Test and Albert in the tag team T & A. It was during her stint managing T & A that Stratus took her first major bump in the ring , by being driven through a table by the Dudley Boyz at Backlash , after she had been taunting Bubba Ray Dudley for several weeks . In June , she was on the receiving end of a stink face from Rikishi on Raw .

She also began managing then @-@ heel , Val Venis to win the WWE Intercontinental Championship , but their partnership ended at SummerSlam after Venis lost the title . Stratus made

her in @-@ ring debut at the June 22 taping of SmackDown ! , winning a tag team match with T & A against the Hardy Boyz and Lita . A storyline feud between Stratus and Lita developed after the match with Stratus attacking Lita on episodes of Raw and SmackDown ! . This led to an Indian Strap match between the two women on the July 24 episode of Raw , which Stratus won with help from Stephanie McMahon . She finished the year competing unsuccessfully for the WWF Women 's Championship numerous times , and separating from Test and Albert when the team disbanded .

In early 2001 , Stratus became involved in an angle with WWF Chairman Vince McMahon , during a time when Vince 's wife Linda was kayfabe institutionalized following a demand Vince had made for a divorce during an episode of SmackDown ! on December 7 , 2000 . Vince and Stratus ' relationship increasingly angered the boss ' daughter , then @-@ heel , Stephanie McMahon . At No Way Out on February 25 , Stratus and Stephanie squared off , with Stephanie scoring the victory after a run @-@ in by William Regal . In the midst of a tag team match that pitted Vince and Stratus against Regal and Stephanie the next night on Raw , Stratus was the victim of a set @-@ up by Vince , Stephanie and Regal . Regal executed his finisher , the Regal Cutter , on Stratus and Stephanie then dumped sewage over Stratus ' body . Vince stood over Stratus , and he told her she was a " toy " with which he had " grown tired of playing with " . The angle continued the next week on Raw , with Vince forcing Stratus to strip down to her black bra and panties in the ring and bark like a dog . The storyline came to an end at WrestleMania X @-@ Seven , when Stratus slapped Vince during his match against his son Shane , becoming a fan favorite in the process .

= = = = Women 's Champion (2001 ? 2003) = = = =

Following her first face turn , Stratus began wrestling part @-@ time . She teamed up with Lita against then @-@ heels , Stacy Keibler and Torrie Wilson at InVasion . After suffering an ankle injury in the summer , however , she was sidelined for the following three months . This interrupted not only her recent venture into wrestling , but also an on @-@ screen romance with Jeff Hardy and budding storyline with Team Xtreme . As she rehabilitated , she kept herself visible by co @-@ hosting Excess on TNN . After returning in autumn , Stratus appeared at Survivor Series where she won the WWF Women 's Championship for the first time in a six @-@ pack challenge . Stratus was next involved in a feud with Jazz over the Women 's Championship , where she retained the championship at the Royal Rumble , but dropped the championship to Jazz two weeks later on the February 4 , 2002 episode of Raw . Stratus then attempted to regain the title for several months , including competing in a triple threat match at WrestleMania X8 against Lita and Jazz in her hometown of Toronto , Ontario , Canada , but failed to win the match . While chasing after the Women 's Championship , Stratus won the WWE Hardcore Championship on May 6 , pinning Crash Holly after Bubba Ray Dudley hit him over the head with a trash can . She lost the title to Steven Richards soon afterward however , due to the stipulation that the belt was to be defended 24 / 7 as long as there was a referee present . One week later , she regained the Women 's Championship in a tag team match with Bubba Ray Dudley . During this time , Stratus began wrestling solely on the Raw brand after being drafted in the WWF Brand Extension .

Stratus ' second reign as champion came to an end on June 23 , when she was defeated at King of the Ring by Molly Holly . The two Divas continued their storyline feud for the next three months . After a failed attempt to win the title in July , Stratus won the championship back at Unforgiven . While feuding with Holly , Stratus was also involved in an angle with new Diva Victoria , who held a storyline grudge against Stratus , claiming she was betrayed by Stratus when they both worked as fitness models . The two competed in several title matches , with Stratus retaining until Survivor Series , where Victoria won the title in a Hardcore match . On March 17 , 2003 , Victoria and Steven Richards defeated Jazz and Stratus in a tag team match when Jazz walked out on Stratus . After the match , Jeff Hardy saved Stratus from an attack by Victoria and Richards and then kissed her , resulting in Stratus becoming Hardy 's on @-@ screen girlfriend once more . The two would talk and kiss backstage , compete as an intergender tag team , and come to each other 's aid when in danger during singles competition . At no point was their previous relationship acknowledged . The storyline was suddenly dropped when WWE released Hardy in April . This marked the second time

in two years that a romance between Stratus and Hardy was abruptly scrapped due to a setback in one of their personal lives . In neither instance did the angle fully play out or reach a conclusion .

At WrestleMania XIX , Stratus ended her feud with Victoria by defeating her and Jazz to capture her fourth Women 's Championship , only to lose the title to Jazz at the following pay @-@ per @-@ view , Backlash . The Raw after Backlash , Eric Bischoff ordered a No Disqualification match between him and Stratus . If Stratus won , she would get a championship rematch the next week ; if Bischoff won , he would get to spend a night with her . Bischoff would go on to win the match , though the stipulation was nullified when Linda McMahon confronted him after the match . In the following months , Stratus was placed into an alliance with Gail Kim . It was short @-@ lived , however , as Kim turned on Stratus and teamed with Molly Holly , putting the women in a storyline feud . The duo defeated Stratus and several tag team partners until Stratus allied herself with a returning Lita . The team defeated Kim and Holly in several matches , including a match at Unforgiven .

= = = Teaming and feuding with Lita (2003 ? 2005) = = =

Stratus began an on @-@ screen romance with Chris Jericho during the November 10 episode of Raw when she agreed to go on a date with him . Subsequently , they participated in an intergender tag team match as partners on December 1 . After the match , Stratus overheard Jericho talking to then @-@ heel , Christian , who was involved in an on @-@ screen romance with Lita at the time , about who could sleep with their respective woman first . One week later , Stratus and Lita confronted the men about their actions , leading to a feud between the two men and women which resulted in a " Battle of the Sexes " tag team match at Armageddon , which the women lost . A rematch the next night ended in a no contest . Her relationship with Jericho continued into the next year with a new angle of Stratus developing feelings for Jericho . Christian would also briefly turn face once again , but only revealed to be a hoax as he would attack and defeat her in a match ordered by Eric Bischoff . This would start a feud between Christian and Jericho , who was defending Stratus . During their match at WrestleMania XX , however , Stratus became a villainess for the first time since her debut by betraying Jericho and siding with Christian . Stratus claimed her reasons for siding with Christian were that he was a " real man " , and Jericho was a " love sick puppy " . The duo feuded with Jericho for several months and competed in a 2 @-@ on @-@ 1 Handicap match at Backlash . The team of Stratus and Christian were joined by " problem solver " Tyson Tomko the next night on Raw .

Stratus won the WWE Women 's Championship for a fifth time at Bad Blood on June 13 . She defended the title until she suffered a legitimate broken hand in July that caused her to be out of action for approximately a month . Upon her return , she continued to defend the title against numerous challengers before losing the championship to Lita on December 6 , when both women wrestled in the main event of Raw for the championship . Stratus recaptured the title a month later at New Year 's Revolution , after Lita suffered a legitimate knee injury during the match . Stratus was originally booked to lose the championship back to Lita at WrestleMania 21 , but due to Lita 's injury , she wasn 't cleared to wrestle . A new angle was then developed between Stratus and 2004 Raw Diva Search winner Christy Hemme over jealousy of Hemme 's Playboy magazine exposure , with Stratus attacking Hemme and spray painting the word " slut " across her back . Stratus was challenged by Hemme , who later revealed she was being trained by Lita , for a championship match at WrestleMania 21 , where Stratus successfully retained her championship . Stratus would then demand a rematch against Hemme the next night on Raw ; before the match started , Stratus hit Hemme with the Chick Kick , and re @-@ injured Lita 's knee . The next week , after losing a tag team match , Stratus was chased around the arena by Lita 's storyline husband , Kane , narrowly escaping . The week after , Stratus almost got chokeslammed onto the stage , but Viscera saved her . Stratus would then form a short @-@ lived alliance with Viscera , who was ordered to protect her .

= = = Storyline with Mickie James and retirement (2005 ? 2006) = = =

In May 2005 , Stratus was sidelined with the Women 's Championship after suffering a herniated disc , with the storyline explanation that Viscera had injured her at Backlash after she insulted him for losing to Kane . She returned to Raw on September 12 , 2005 as a face by siding with Ashley Massaro against Vince 's Devils (Candice Michelle , Victoria and Torrie Wilson) . The feud also involved the debuting Mickie James , who introduced herself as Stratus ' biggest fan . In November , during the Eddie Guerrero Tribute Show , Stratus took part in an inter @-@ promotional Divas battle royal that was won by SmackDown ! Diva Melina . The next week , MNM (Joey Mercury and Johnny Nitro) kidnapped Stratus for Melina , who challenged a tied up and gagged Stratus to a match for the Women 's Championship . The two fought at Survivor Series , with Stratus defeating Melina . Stratus and Mickie James continued teaming together in late 2005 , while James became increasingly obsessed with Stratus . On the December 26 episode of Raw , the storyline between Stratus and James developed into a lesbian one , when James initiated an intimate kiss with Stratus under a sprig of mistletoe , causing a surprised Stratus to flee the locker room .

The odd relationship between Stratus and James continued into 2006 , with the two Divas competing against each other in a title match at New Year 's Revolution , where Stratus emerged victorious . Despite the defeat , James continued to be enamored of Stratus which made her feel uncomfortable , and on March 6 , Stratus confronted James , telling her that she needed space . The duo briefly reconciled on the March 18 episode of Saturday Night 's Main Event , teaming together to defeat Candice Michelle and Victoria ; however , after the match , James turned on Stratus and attacked her . A match at WrestleMania 22 saw Stratus lose the Women 's Championship to James , ending her 448 @-@ day reign . The match is widely recognized as one of the best women 's matches in the company . During a rematch at Backlash , Stratus suffered a legitimate dislocated shoulder after taking a bump to the outside of the ring . While she was rehabilitating for six weeks , she continued to appear on @-@ screen .

Stratus returned to the ring on June 26 , where she had a Women 's Championship match with Mickie James . Stratus would go on to lose the match , thus finally ending their nine @-@ month long storyline . On the same night , she started a romantic angle with Carlito after he saved her from a double team attack by Melina and Johnny Nitro . They competed as a team , and won a mixed tag team match against Melina and Nitro at Saturday Night 's Main Event on July 15 . As a couple , Stratus and Carlito briefly feuded with WWE Champion Edge and Lita after the pair interrupted Stratus ' title match with Mickie James . The two couples competed in several tag team matches , including a six @-@ person tag team match where Edge , Lita and Randy Orton defeated Stratus , Carlito and John Cena after Orton RKO 'd Stratus and Lita followed up with the pin . Stratus ' last match on Raw occurred on September 11 , 2006 where she defeated former rival Mickie James . In late August , Lita stated that Stratus would retire following the Unforgiven pay @-@ per @-@ view , which was later confirmed by Stratus . At Unforgiven on September 17 , in her hometown of Toronto , Stratus won against Lita with fellow Canadian Bret Hart 's signature submission maneuver , the Sharpshooter . Her victory earned her a seventh Women 's Championship , the most in WWE history , and she retired as the champion .

== = Post @-@ retirement appearances and WWE Hall of Famer (2007 ? 2014) == = =

Stratus and Lita made a special appearance on December 10 , 2007 during Raw 's 15th Anniversary special , attacking Jillian Hall . The following year , Stratus appeared on Raw in Toronto on May 5 , in a backstage segment involving Ron Simmons and Trevor Murdoch .

Stratus wrestled her first match in over two years on the December 22 , 2008 episode of Raw , when she and John Cena defeated Santino Marella and her former on @-@ screen protégé Beth Phoenix in a mixed tag team match .

On September 14 , 2009 , Stratus served as the guest hostess of Raw , and participated in a six @-@ person tag team match , teaming with Montel Vontavious Porter and Mark Henry to defeat Phoenix , Chris Jericho , and Big Show .

Stratus made a surprise appearance at the 2011 Elimination Chamber pay @-@ per @-@ view to

announce that she would be a trainer on the revival of WWE Tough Enough , and stopped LayCool from attacking Kelly Kelly . The following month , on March 14 , she lost a match to Vickie Guerrero due to interference from LayCool and Dolph Ziggler . After the match , John Morrison and Raw guest star Nicole " Snooki " Polizzi came to her aid . At WrestleMania XXVII , Stratus , Snooki , and Morrison defeated the team of Ziggler and LayCool . The night after WrestleMania , on Raw , Stratus and Morrison defeated Guerrero and Ziggler . She also appeared on Raw on June 6 and SmackDown on September 16 .

The following year , on July 23 , 2012 , she made a guest appearance on Raw 's 1000th episode .

On the January 28 , 2013 , episode of Raw , Stratus was announced as a WWE Hall of Fame inductee as part of the 2013 class , making her the youngest inductee in WWE history . Stratus chose Stephanie McMahon to induct her into the Hall of Fame in April .

The following year , Stratus inducted Lita into the WWE Hall of Fame .

= = Other media = =

On June 3 , 2006 , she hosted the Canada 's Walk of Fame induction ceremony and performed a song and dance number inspired by the soundtrack from the film Chicago at the event . During the show , Stratus ad libbed a kiss with fellow Canadian actress Pamela Anderson .

From late November 2006 to mid @-@ January 2007 , Stratus temporarily moved to Muncie , Indiana for the CBS reality show Armed & Famous . She was given a spot in the series after Paul Heyman had mentioned her name to CBS . The concept was that she was one of five celebrities who trained as volunteer officers with the Muncie Police Department . After finishing her training , Stratus and her real life officer partner were followed around by a camera crew while going on legitimate police calls . Although the show was scheduled to broadcast seven episodes starting on January 10 , 2007 , CBS canceled the series after just four of the episodes were aired . After the cancellation of Armed & Famous , Stratus hosted The Second City 's Next Comedy Legend . The contest was similar to the style of America 's Next Top Model , with Stratus portraying the " Tyra Banks " role as contact between the contestants and judges .

Stratus is the host and subject of the show Stratusphere , which debuted in 2008 on the Travel + Escape television channel . The show follows Stratus as she visits different locations around the world to participate in local sports and adventure . Bill Harris wrote that , " Every week , Stratus embarks on a trip in search of exotic locations and daring physical challenges . In the first episode , for example , Stratus is in Kochi , India , where she learns the ancient martial art of kalarippayattu , progressing from fighting with sticks to fighting with metal swords . Through the 10 @-@ episode run of Stratusphere , Stratus does everything from reindeer racing in Norway to bungee jumping in Bali . Her athleticism obviously sets Stratusphere apart from most travel shows . " Stratus also guest @-@ starred in the Canadian show Da Kink in My Hair new season , which started on February 12 , 2009 . In 2009 , Stratus became a spokesperson for sports betting website , Sports Interaction .

Stratus starred in the Canadian independent movie , Bail Enforcers , which marked her acting debut . She played a bounty hunter named Jules Taylor , which released on April 19 , 2011 , premiering at ActionFest 2011 . The movie was then released on DVD as " Bounty Hunters " .

Stratus co @-@ starred in the 2015 film , Gridlocked , as the villainous Gina .

= = = Video games = = =

Stratus has appeared in nineteen WWE video games . She made her in @-@ game debut at WWF SmackDown ! 2 : Know Your Role and appears in WWF No Mercy , WWF SmackDown ! Just Bring It , WWE Raw , WWE WrestleMania X8 , WWE SmackDown ! Shut Your Mouth , WWE WrestleMania XIX , WWE Raw 2 , WWE SmackDown Here Comes the Pain , WWE Day of Reckoning , WWE SmackDown ! vs. Raw , WWE WrestleMania 21 , WWE Day of Reckoning 2 , WWE SmackDown ! vs. Raw 2006 , WWE SmackDown vs. Raw 2007 , WWE SmackDown vs. Raw 2010 , WWE 12 (DLC) , WWE 13 and WWE 2K16 (DLC) .

= = Yoga studio = =

In 2008 , Stratus opened a yoga studio named Stratusphere in the suburbs of Toronto , Ontario . The studio is billed as " Canada 's largest eco @-@ friendly yoga studio " . In 2009 , Stratusphere was awarded Top Choice Awards ' Best New Business award , and the following year , Stratus won the award for Business Woman of the Year . The studio won Top Choice Awards ' Best Yoga Studio award in 2013 .

= = Personal life = =

Stratigeas is of Greek and Polish descent and is the eldest daughter of John and Alice Stratigeas . Her sisters are named Christie and Melissa . Stratigeas married her high school sweetheart and boyfriend of fourteen years , Ron Fisico , on September 30 , 2006 . Several WWE Divas were in attendance at the wedding , and her bridal gown was featured on a cover of Today 's Bride magazine . Shortly after the wedding , Stratus got the call to be a part of Armed & Famous , so she filmed the show instead of going on her honeymoon . In 2013 , Stratigeas announced her pregnancy at the WWE Hall of Fame ceremony , and her first child , a son named Maximus , was born on September 30 , 2013 . Stratigeas is best friends with former wrestler Amy Dumas , a.k.a. " Lita " , even naming Dumas as the godmother to her son .

Stratigeas has also been involved with numerous charities such as Ronald McDonald House , Dreams Take Flight and the Special Olympics . From 2001 , she was a spokesperson for the World Natural Sports Association . On March 29 , 2008 , she participated in the Island Triathlon Series as part of a celebrity relay team to help raise money for Dignitas International .

= = Filmography = =

Bail Enforcers (2011)

Gridlocked (2015)

= = In wrestling = =

Finishing moves

Chick Kick (Roundhouse kick , sometimes to an oncoming opponent) 2003 ? 2006

Multiple bulldog variations

Diving - 2005

Running - 2000 @-@ 2002

Stratusfaction (Springboard , with theatrics) 2001 ? 2006

Wheelbarrow - 2002

Sharpshooter ? 2006 ; adopted from Bret Hart

Signature moves

Air Canada (Thesz press followed by multiple punches , sometimes to an oncoming opponent)

Backhand chop , with theatrics

Diving clothesline

Diving crossbody

Hangman 's choke

Headscissors takedown

MaTrish (Matrix evasion)

MaTrish Revolutions (Handstand tilt @-@ a @-@ whirl headscissors takedown)

Multiple pin variations

Backslide

Jumping roll @-@ up , sometimes while bridging

Springboard sunset flip

Victory roll

One @-@ armed neckbreaker slam , to an oncoming opponent
Spear
Spinebuster
Stratusphere (Turnbuckle handstand transitioned into a frankensteiner)
Stratus Splash (Stinger splash)
Super frankensteiner
Wrestlers managed
Albert
Kurt Angle
Carlito
Christian
Bubba Ray Dudley
Chris Jericho
Test
Tyson Tomko
Viscera
Val Venis
Jeff Hardy
Triple H
Nicknames
" The Quintessential WWE Diva "
" The Queen of Queens "
" Canada 's Greatest Export "
Entrance themes
" Time To Rock ' N Roll " by Lil ' Kim

= = Championships and accomplishments = =

Cauliflower Alley Club
Iron Mike Mazurki Award (2016)
Fighting Spirit Magazine
Double X Award (2006)
Three Degrees Award (2006)
Pro Wrestling Illustrated
Woman of the Year (2002 , 2003 , 2005 , 2006)
Woman of the Decade (2000 ? 2009)
World Wrestling Federation / World Wrestling Entertainment / WWE
WWE Hardcore Championship (1 time)
WWF / E Women 's Championship (7 times)
WWE Hall of Fame (Class of 2013)
Babe of the Year (2001 ? 2003)
Diva of the Decade (2000s)
Wrestling Observer Newsletter
Worst Worked Match of the Year (2002) with Bradshaw vs. Christopher Nowinski and Jackie Gayda on Raw , July 7