

= Breakout ( Miley Cyrus song ) =

" Breakout " is a pop song by American recording artist Miley Cyrus . It was released to Radio Disney as promotion for Cyrus ' second album of the same name . It was originally recorded by American pop singer Katy Perry as a demo track for her debut album One of the Boys but due to not being included in the album , the song was passed on to Cyrus . " Breakout " is a dance @-@ pop whose instrumentation includes keyboard , guitar , and drums while lyrics discuss growing up and being carefree .

Contemporary critics received " Breakout " very well , appreciating its lyrical content . Digital downloads began immediately after the Breakout 's release on July 22 , 2008 , and led to commercial success in Australia , Canada , and the United States ; its highest international peak was at number forty @-@ five on the Canadian Hot 100 . Cyrus performed the song in several venues ; her first , in the 2008 Disney Channel Games was used as a promotional music video and on her first world tour , the Wonder World Tour , it was the opening number .

= = Development = =

" Breakout " was written by Ted Bruner , Trey Vittetoe and Gina Schock of the Go @-@ Go 's . It was first recorded by American pop singer Katy Perry , recording the track as a demo for her debut album One of the Boys , though it was never fully executed for the album and was passed to Cyrus , on whose version Perry sings backing vocals , soon after a leaked version of Katy Perry on the Internet . Perry discussed her role with Bliss magazine : " My vocals are actually on Breakout . I thought , ' Yes , I 'm singing on a Miley single ' . " Cyrus said naming the album Breakout was influenced by the song as it was " one of [ her ] favorite songs " on the album ; this was because the song is feminine but has appeals to different age groups : " Moms , dads , sisters , brothers can , you know , relate to it . And it 's basically because you just want to go out and have fun with your friends and sometimes , you know , go out dancing and let loose once in a while . "

= = Composition = =

" Breakout " is a dance @-@ pop song with a strong use of pop rock elements , lasting three minutes and twenty @-@ six seconds . Written in the key of E major , it follows the chord progression G5 ? Dsus ? Csus2 ? Dsus , beginning with a fast beat , composed of chiming electric guitar and drums and later progressing to " the snares skip and the keyboards shimmer " . In the view of Chris William of Entertainment Weekly , " Breakout " ' s lyrics are " a harangue against life 's cruelest inequities " , drawing attention to the opening verse , " Every week 's the same / Stuck in school 's so lame / My parents say that I 'm lazy / Getting up at 8 a.m. ' s crazy / Tired of bein ' told what to do / So unfair , so uncool , " though adding that the song was a sign that the " little girl isn 't growing up " . However , Mikael Wood of The Los Angeles Times said the song was indeed about growing up fast , referencing the lines " It feels so good to let go " and " Wish it would never end " and Jodi Rosen of Rolling Stone also believed " she 's venting the frustrations of a teen who 's too grown @-@ up to submit to her parents , teachers or anyone else " with the lines " tired of bein ' told what to do " .

= = Critical reception = =

" Breakout " received positive responses from contemporary critics , with Chris William , writing for Entertainment Weekly stating that Gina Schock left influences from The Go @-@ Go 's ' 1982 hit single " Vacation " with " just the right amount of maturing " . Mikael Wood of The Los Angeles Times called the song " a slightly tougher , more guitar @-@ based sound than last year 's Meet Miley Cyrus " , while Bill Lamb of About.com said the song was one of the " top tracks on Breakout " and Heather Phares of Allmusic said the song 's " school girl rebellion " was " designed to present the feisty , carefree Miley " .

According to Sarah Rodman of The Boston Globe , " Breakout " is " pure pop realm with the Go @-@ Go 's @-@ style fizz " and Jody Rosen of Rolling Stone called the song " a more self @-@ possessed [ ... ] sophisticated pop record under her own name " . Ash Dosanjh of Yahoo ! Music said , " You can forgive Cyrus 's lack of poetic profundity because this is a dancefloor smash complete with ecstatic beats pummelling throughout . " Along with " 7 Things " , Robert Christgau called the song " one of the best of Breakout " . Ben Ratliff wrote for The New York Times that " Breakout " " appeals to both age groups " , adding , " it ? s a girls @-@ only call to fun , but it hints at a decadent , school @-@ free future . " However , Sal Cinquemani of Slant Magazine described " Breakout " as a " noxious Avril Lavigne knockoff ? an anti @-@ education screed filled with declarations " .

= = Chart performance = =

As it was not released as a single , " Breakout " received exclusive airplay on Radio Disney , thus its chart appearances consisted mainly of digital downloads . On the week ending August 9 , 2008 , " Breakout " debuted and peaked at number fifty @-@ six in the Billboard Hot 100 where it spent seven consecutive weeks . In the same week , " Breakout " was placed at number twenty @-@ seven on Hot Digital Songs and entered the Canadian Hot 100 at number forty @-@ five , where it peaked , spending three consecutive weeks on that chart . " Breakout " also debuted and peaked at number ninety @-@ four in the Australian Singles Chart .

= = Live performances = =

Cyrus premiered " Breakout " at the opening of the 2008 Disney Channel Games , held on May 4 , 2008 at Walt Disney World in Orlando , Florida , as part of Disney Channel 's summer @-@ season activities . During performance , a recording of which was aired as a promotional music video on the Disney Channel , Cyrus was dressed in a short , sequined black dress with a red tee shirt and black leggings underneath . On May 17 , she performed the song at the 2008 Zootopia and , on July 25 , in New York City , at the Rockefeller Center , which was broadcast by The Today Show . On June 7 , 2009 , Cyrus performed the song at twentieth annual A Time for Heroes Celebrity Carnival , an outdoor carnival supporting the Elizabeth Glaser Pediatric AIDS Foundation .

" Breakout " was on the set list of Cyrus 's 2009 Wonder World Tour , her first world tour . Cyrus performed the song as the opening number at each venue while wearing a black leather tank top and hot pants and a white fur vest . The performances began with Cyrus trapped in a huge , crystal @-@ like ice dome which emerged from the bottom of the stage . As she breaks out of the cocoon , Cyrus begins to sing " Breakout " , gradually switching from slow to upbeat tempo and , towards the end of the performances , she and the backup dancers perform on movable scaffolding . Melinda M. Thompson of The Oregonian reported that , in the September 14 concert in Portland , Oregon , at the Rose Garden Arena , drew a large response , bringing " screaming teens to their feet as she hit the stage ready to party " . Lael Loewenstein of Variety stated that the performance in the September 22 concert in Los Angeles , California , at the Staples Center , touched " on the theme of self @-@ reinvention " , a theme which Loewenstein thought was to " announce her image reboot " . She later performed the song at the Rock in Rio concerts in Lisbon , Portugal and Madrid , Spain .

= = Charts = =