= Dara Torres =

Dara Grace Torres (born April 15 , 1967) is an American former competitive swimmer who is a twelve @-@ time Olympic medalist and former world record @-@ holder in three events . Torres is the first swimmer to represent the United States in five Olympic Games (1984 , 1988 , 1992 , 2000 and 2008) , and , at age 41 , was the oldest swimmer ever to earn a place on the U.S. Olympic team . At the 2008 Summer Olympics , she competed in the 50 @-@ meter freestyle , 4×100 @-@ meter medley relay , and 4×100 @-@ meter freestyle relay , and won silver medals in all three events .

Torres has won twelve Olympic medals (four gold , four silver , four bronze) , one of three women with the most Olympic women 's swimming medals . She won five medals at the 2000 Summer Olympics when , at age 33 , she was the oldest member of the 2000 U.S. Olympic Swim Team . She has also won at least one medal in each of the five Olympics in which she has competed , making her one of only a handful of Olympians to earn medals in five different Games .

= = Early years = =

Torres was born in Los Angeles , California , the daughter of Edward Torres and Marylu Kauder . Her father was a real estate developer and casino owner , originally from Cuba ; her mother Marylu was a former American model . Torres grew up in Beverly Hills , California , the fifth of six children and the older of two girls . As a 7 @-@ year @-@ old , she followed in the footsteps of her older brothers by joining their community Y.M.C.A. for swimming practice ; afterward , she signed up for the swimming club in Culver City to train . At 14 , she won the national open championship in the 50 @-@ yard freestyle by defeating the then @-@ current champion , Jill Sterkel , a college junior . She attended the Westlake School for Girls (now Harvard @-@ Westlake School) , and competed for the Westlake swim team under coach Darlene Bible from the seventh grade through her sophomore year in high school . She was also a member of the Westlake basketball , gymnastics and volleyball teams . During her 1983 ? 84 high school junior year , she left home to swim for the Mission Viejo Nadadores in Mission Viejo , California , while training for her first Olympics under coach Mark Schubert . After the 1984 Olympics , Torres returned to the Westlake School to graduate in 1985 .

= = College swimming career = =

Torres accepted an athletic scholarship to attend the University of Florida in Gainesville, Florida, where she swam for the Florida Gators swimming and diving team in National Collegiate Athletic Association (NCAA) competition under coach Randy Reese from 1986 to 1989. In her four years as a Gator swimmer, Torres won nine Southeastern Conference (SEC) individual championships, including the 50 @-@ yard freestyle (1987, 1988, 1989), 100 @-@ yard freestyle (1987, 1988, 1989), 200 @-@ yard freestyle (1987), and 100 @-@ yard butterfly (1988, 1989); she was also a member of twelve of the Gators ' SEC championship relay teams . Torres won three NCAA individual national championships (50 @-@ yard freestyle, 100 @-@ yard freestyle, 100 @-@ yard butterfly) in 1988; and was a member of six of the Gators 'NCAA championship relay teams, including the 400 @-@ yard freestyle relay in 1986; the 200 @-@ yard and 400 @-@ yard medley relays, and the 400 @-@ yard freestyle relay in 1988; and the 200 @-@ yard and 400 @-@ yard medley relays in 1989. She was named the SEC Athlete of the Year in 1988, SEC Female Swimmer of the Year in 1987 and 1989, and earned twenty @-@ eight All @-@ American swimming honors? the maximum number possible during a college career. Torres also lettered in volleyball at Florida, playing the sport in her fifth year after having exhausted her NCAA eligibility in swimming.

Torres graduated from the university with a bachelor 's degree in telecommunications in 1990, and was inducted into the University of Florida Athletic Hall of Fame as a " Gator Great " in 1999. In November 2013, she was named as a recipient of the 2014 NCAA Silver Anniversary Award,

presented annually to six distinguished former student @-@ athletes on the 25th anniversary of their final school year of athletic eligibility.

= = International swimming career = =

= = = 1984 , 1988 and 1992 Olympics = = =

At the 1984 Summer Olympics in Los Angeles , Torres was a member of the winning U.S. women 's 4×100 @-@ meter freestyle relay team , swimming in the first @-@ round qualifying heat and earning a gold medal in the event final . Her winning teammates in that final included Nancy Hogshead , Jenna Johnson and Carrie Steinseifer ; Jill Sterkel and Mary Wayte also swam in the event 's second @-@ round qualifying heat .

For the 1988 Summer Olympics in Seoul , South Korea , Torres qualified for the U.S. Olympic women 's team in one individual event and two relay events . Torres earned a bronze medal for swimming for the third @-@ place U.S. women 's team in the 4×100 @-@ meter freestyle relay final , together with teammates Mitzi Kremer , Laura Walker and Mary Wayte . She also earned a silver medal for swimming the freestyle leg of the 4×100 @-@ meter medley relay for the second @-@ place U.S. team in the preliminary heats , but not the final . Individually , Torres also placed seventh in the final of the 100 @-@ meter freestyle event .

Torres qualified for the U.S. Olympic women 's team in a single event for the 1992 Summer Olympics in Barcelona . She swam the second leg of the 4×100 @-@ meter freestyle relay for the winning U.S. team that included Nicole Haislett , Angel Martino and Jenny Thompson , and earned a gold medal for her efforts in the event final and first @-@ round qualifying heat .

= = = First comeback : 2000 Olympics = = =

After seven years out of competitive swimming , Torres began to train for an Olympic comeback in 1999 under the guidance of coach Richard Quick . She won five medals at the 2000 Summer Olympics in Sydney , but saved her best for two of the major relay events of the U.S. Olympic women 's team . She swam the second leg for the winning U.S. women 's team in final of the 4 \times 100 @-@ meter freestyle relay that included Amy Van Dyken , Courtney Shealy and Jenny Thompson . Torres won a second gold medal for anchoring the winning U.S. team in the 4 \times 100 @-@ meter medley relay , together with teammates B.J. Bedford , Megan Quann and Jenny Thompson in the final . Individually , Torres also earned bronze medals ? her first Olympic medals in individual events ? in each of the 50 @-@ meter freestyle , the 100 @-@ meter butterfly and the 100 @-@ meter freestyle , tying teammate and rival Jenny Thompson for third place in the last event . At 33 years old , Torres became the oldest woman to win an Olympic medal in swimming . She was the oldest member of the U.S. Olympic swim team , but won more medals (5) than any other U.S. team member .

= = = Second comeback : 2008 Olympics = = =

On August 1 , 2007 , at age 40 and just 16 months after giving birth to her first child , Torres won the 100 @-@ meter freestyle at the U.S. Nationals in Indianapolis . On August 4 , she set a new American record in the 50 @-@ meter freestyle of 24 @.@ 53 seconds , breaking her own record of 24 @.@ 63 seconds set at the 2000 Summer Olympics . She lowered her initial American record by 1 @.@ 62 seconds . Torres has broken or lowered her own American record in the 50 @-@ meter freestyle ten times , which is the most by any American swimmer in any event .

At the 2008 U.S. Olympic Trials, Torres returned to the pool and qualified for a spot in her fifth Olympic Games at the age of 41, a first for an American female swimmer. She became the oldest U.S. Olympic swimmer in history and the first American swimmer to appear in five Olympic Games. At the trials, she qualified for the event finals in the 50 @-@ meter freestyle and broke the

American record with a time of 24 @.@ 38 seconds in the semifinal . In the 50 @-@ meter finals , she broke that record for the ninth time , setting it at 24 @.@ 25 seconds and winning the top American women 's spot in the event . Torres also qualified in the 100 @-@ meter freestyle , but later withdrew from the individual 100 @-@ meter freestyle event to focus her efforts on the 50 @-@ meter freestyle and 4 \times 100 @-@ meter relay events . On July 30 , at the U.S. swim team 's final training in Singapore , Torres , Amanda Beard and Natalie Coughlin were elected captains of the U.S. Olympic women 's swimming team .

In order to pre @-@ empt any speculation that she might be taking performance @-@ enhancing drugs, Torres volunteered for a new enhanced drug @-@ testing program by the U.S. Anti @-@ Doping Agency (USADA) . " I want to be an open book ", she said . " I want people to know that I 'm 41, and I 'm doing this right . I 'm clean . " In addition to employing her training team of coach Michael Lohberg, a sprint coach, a chiropractor and two masseuses, Torres used resistance stretching trainers, calling it her " secret weapon " for continued success . Her \$ 100 @,@ 000 @-@ per @-@ year training costs were partially subsidized by her corporate sponsors Speedo, Toyota and Bloomberg L.P.

At the 2008 Summer Olympics in Beijing , Torres won a silver medal as the anchor swimmer of the second @-@ place U.S. team in the 4×100 @-@ meter freestyle relay . It was the fifth time in five tries she earned an Olympic medal in the 4×100 @-@ meter freestyle relay . With the American relay team 's second @-@ place finish , she became the oldest swimmer to win a medal in Olympic history , surpassing British swimmer William Robinson , who was 38 at the time of the 1908 Summer Olympics .

On August 17 , 2008 , she won the silver medal in the 50 @-@ meter freestyle , finishing in a new American record time of 24 @.@ 07 seconds , one one @-@ hundredth (0 @.@ 01) of a second behind the winner , Britta Steffen . Her second @-@ place time was a new American record , and 0 @.@ 18 of a second faster than she swam at the U.S. Olympic Trials . Thirty @-@ five minutes later , she won another silver medal swimming the freestyle anchor leg for the second @-@ place U.S. team in the 4 \times 100 @-@ meter medley relay . Her split on the 4 \times 100 medley relay (52 @.@ 27 seconds) was the fastest 100 @-@ meter freestyle split in relay history . The American record for the women 's 100 @-@ meter freestyle as an individual event was 53 @.@ 39 seconds as of August 2008 , making Torres ' time more than a full second faster .

Torres 'twelve Olympic medals tied the all @-@ time medal record for a female Olympic swimmer set by fellow American Jenny Thompson in 2004; American Natalie Coughlin subsequently equaled the record in 2012.

= = = Aftermath and retirement = = =

At the U.S. National Championships in 2009 , Torres won the 50 @-@ meter freestyle with the fourth @-@ best time in the world for the year (24 @.@ 42) , and she also placed in the 50 @-@ meter butterfly , qualifying her to compete in those events at the 2009 World Championships . This was the first time since 1986 that Torres competed in the World Championships ; she placed eighth in the 50 @-@ meter freestyle and she did not advance beyond the qualifying heats in the 50 @-@ meter butterfly .

Following reconstructive surgery of one of her knees , she began training with the goal of competing in the 2012 Summer Olympics . At the 2012 United States Olympic Trials , she placed fourth in the finals of the 50 @-@ meter freestyle , 0 @.@ 32 of a second behind the winner , Jessica Hardy , and 0 @.@ 09 of a second behind the second qualifier , Kara Lynn Joyce . Only the top two finishers in each trials event qualified for the 2012 U.S. Olympic Team , and as a result , Torres concluded her Olympic career . After the 2012 Trials , Torres announced her retirement from competitive swimming , concluding her career with 12 Olympic medals . Her Olympic career spanned twenty @-@ four years from 1984 to 2008 and five Olympic Games (1984 , 1988 , 1992 , 2000 , 2008) .

= = Life outside swimming = =

Torres has worked in television as a reporter and announcer for American networks NBC , ESPN , TNT , OLN and Fox News Channel , and hosted the golf show The Clubhouse on the Resort Sports Network . She has also worked as a model , and was the first elite swimmer to model swimwear in the Sports Illustrated Swimsuit Issue , appearing in the 1994 edition . She was elected to the International Jewish Sports Hall of Fame in 2005 .

After 1992, she married and subsequently divorced sports producer Jeff Gowen. After 2000, she converted to Judaism before marrying the Israeli surgeon Itzhak Shasha (her own father had been Jewish). Torres and Shasha later divorced. Torres and reproductive endocrinologist David Hoffman began dating after her break @-@ up with Shasha, and they became the parents of Tessa Grace Torres @-@ Hoffman, born in 2006. After the birth of their daughter, Hoffman, a masters swimmer, persuaded her to begin training again.

Torres is a veteran celebrity swimmer for Swim Across America, a charitable organization that raises funds for cancer research in which she has participated for several years. She is the author of two books: Age is Just a Number: Achieve Your Dreams at Any Stage in Your Life (with Elizabeth Weil), and Gold Medal Fitness: A Revolutionary 5 @-@ Week Program (with Billie Fitzpatrick).

= = World records = =

Women 's 50 @-@ meter freestyle Women 's 4 x 100 @-@ meter freestyle relay Women 's 4 x 100 @-@ meter medley relay

= École L 'Odyssée =

École L 'Odyssée (French pronunciation : ? [ek?l l?di?se], English : "Odyssey School") is a public francophone high school in Moncton, New Brunswick, Canada. It is part of the province 's Francophone Sud School District, offering education to students from grade nine to twelve. The school opened on September 30, 2005 as part of a \$ 24 @.@ 2 million project, alongside the adjoining middle school, École Le Mascaret. École L 'Odyssée was conceived as a way to alleviate the overcrowding problem at École Mathieu @-@ Martin in nearby Dieppe, a problem the district has had in the past. The Odyssée @-@ Mascaret project, as well as the future Carrefour de l 'Acadie middle school, replaced the former École Beauséjour and École Vanier complexes. This move allowed the Moncton Hospital to expand, while the Vanier establishment made way for medical offices. On September 9, 2009, the school was given permission to begin an \$ 884 @,@ 000 expansion for its far side, allowing for a larger space to be reserved for its infirmary and orientation center.

As of September 2010, the school holds 767 students out of its capacity of 850, compared to 971 students at École Mathieu @-@ Martin. It is the only French high school in Moncton.

= = History = =

As Moncton 's population grew over the years , overcrowding in high schools soon became a problem : in the 2004 ? 05 school year , École Mathieu @-@ Martin ? the sole francophone high school in the area ? had an enrolment of 1 @,@ 609 students , well above the 2009 ? 2010 enrolment of 1 @,@ 025 . When the city 's growth rate climbed from 5 % in the years 1991 ? 96 to 6 @.@ 5 % in the years 2001 ? 06 , the problem became even more apparent . In fact , prior to construction , the idea of a second francophone complex had been in the minds of the New Brunswick Department of Education since as early as December 20 , 2002 . This idea was later confirmed in New Brunswick 's record @-@ breaking \$ 809 million budget for the 2003 ? 04 fiscal year , where \$ 100 @,@ 000 was allocated to " develop the educational specifications " of the

complex . Originally , the project was code named " Moncton School Complex " (French : Complexe Scolaire de Moncton) .

On January 12 , 2004 , the two schools were revealed to be attached side @-@ to @-@ side , occupying a combined area of 16 @,@ 000 square meters (170 @,@ 000 square feet) about 2 @.@ 5 kilometres (1 @.@ 6 miles) from the nearby Université de Moncton . When commenting on the new facility , New Brunswick Premier Bernard Lord said that " [this] project offers numerous advantages , from several points of view " , and that " it reflects [the government 's] commitment to equipping New Brunswick with a high @-@ calibre education system . " The names for the two schools were picked from submissions sent by the education councils of District 01 and District 03 on March 14 , 2005 . Both schools were announced to be replacing École Beauséjour and École Vanier , two francophone middle schools , which made way for the expansion of the Moncton Hospital and for medical offices , respectively .

A final \$ 11 @.@ 2 million was allocated on January 6 , 2005 , which was 23 @.@ 3 % of the \$ 48 million Department of Education budget for that fiscal year . On July 15 , 2005 , the school was awarded a \$ 60 @,@ 000 federal fund for energy efficiency 39 % below the national energy threshold ; this would save the New Brunswick government \$ 115 @,@ 193 per year , or an eventual \$ 2 million over 20 years . The province 's educational minister , Madelaine Dubé , said : " It is good to know that our schools can also contribute to protecting our environment . " The school held its inauguration ceremony with Bernard Lord present on September 30 , 2005 , despite its delayed opening a few days after the beginning of the 2005 ? 06 school year . Lord spoke of his government 's intention to add schools to the growing number of Francophone institutions in New Brunswick , as well as advancing the state of the province 's education . " Today 's inauguration represents an historic moment for Moncton 's Francophone community , " he said in his speech . " Parents , students and teaching staff now have modern , state of the art facilities . I feel very proud about this project and I am delighted that it is now a reality . " On September 9 , 2009 , a new , \$ 884 @,@ 100 permit was awarded to extend L 'Odyssée 's total area by 390 m2 (4 @,@ 200 sq ft) for the expansion of its new infirmary and orientation center .

The city went under scrutiny after the death on November 30 of Erika Frenette, a student at L 'Odyssée, who was struck by a car after crossing an intersection near the school in poor weather conditions. Parents began petitions to install street lights near what they deemed to be a "dangerous [street corner]", and on May 4, the request was approved.

= = Academics = =

= = = Curriculum = = =

The school 's curriculum is based on a 30 @-@ credit system, requiring a student to receive all 17 mandatory credits and seven optional credits to graduate. Examples of notable courses are law, Esperanto, German, Auto mechanics, carpentry, entrepreneurship, world religions, cooperative education, and leadership. L 'Odyssée also offers exclusive courses in work @-@ life development and speaking Acadian.

A partnership with the Université de Moncton and CCNB Dieppe allows students to take and be credited for select courses off @-@ campus one period per semester at no cost during their senior year . Additionally , Cisco offers a course in server and information sustainment , and the school offers access to ten online courses , including astronomy and world geography . Sports programs are available and credited , including hockey and soccer .

There are two curricular programs , called " Volets " , for students wishing to graduate with honours in science and engineering or art and social sciences . The main differences between the standard curriculum and the two " Volet " programs are the addition of mandatory courses in the domain of the chosen program , and the requirement to complete thirty hours of volunteer duty . A student must gain an average of 80 % in the additional mandatory courses to graduate with honours .

École L 'Odyssée operates on a modified version of the controversial concept of block scheduling . Instead of the traditional seven- or eight @-@ period school day , every day students attend four out of the five classes for that semester . The following semester , students attend their remaining five courses in the same fashion , totalling ten courses per year . School days are labelled 1 to 5 , instead of Monday to Friday , with each " day " having a predetermined layout . This type of scheduling prevents courses being cancelled for holidays and school vacations , since in such a case , the schedule resumes with the days shifted forward by the length of the school break . For example , if Monday was designated as Day 1 , and Tuesday was a holiday , Wednesday would be Day 2 , and Thursday would be Day 3 . This type of scheduling , however , does not cover unexpected school cancellations (for example , school closure due to poor weather) , due to problems it would cause with the predetermined calendar .

Wednesdays , regardless of the " day " , are cut by one hour throughout the district to compensate for Community of Practice (French : Communauté d 'apprentissage professionnelles , or " CAP ") meetings between teachers at the end of the day , to " direct [the district 's efforts] towards the educational success of students . " Study hall (known as the " PAAQ " period , which stands for " Preoccupation de I 'Affectif et de I 'Apprentissage de Qualité ") is reserved between the first and second period of the day , except for Wednesdays , where the period is removed to compensate for the CAP meetings .

Another difference between L 'Odyssée and other schools is the amount of time allotted between classes . Instead of the usual five @-@ minute intermission , students are given 14 minutes between every period ? except for the intermission between the first period and PAAQ , and between lunch and the third period , where students are given five minutes . They receive 57 minutes for their lunch every day , except for Wednesdays , when they get a 55 @-@ minute lunch (both excluding the five @-@ minute intermission) .

Although the schedule is identical throughout the school , students must fill in their courses ? A through E ? as defined by their schedule :

= = = Rankings = = =

Outside rankings for the school have been low compared to the district 's average . In 2010 , a report published by the Atlantic Institute for Market Studies put L 'Odyssée at the bottom of the district 's 22 @-@ school list overall (one school being unranked), based on data from 2005 to 2008.

In 2005 , the province began including the school in their reports on student dropout rates . At the time , its rates were the highest in the province , with a total of six dropouts for every 100 students enrolled . In contrast , the district average was 0 @.@ 9 dropouts per 100 enrolments , and the provincial average was 2 @.@ 4 dropouts . The following year , the school 's rate dropped to 5 @.@ 4 , remaining three percentage points above the provincial average . In 2007 , it fell 2 @.@ 2 points , down to 3 @.@ 2 dropouts per 100 students , and finally settled at 2 % , 0 @.@ 2 percentage points below the provincial average of 2 @.@ 2 % .

In terms of academic performance , the province releases report cards based on yearly exams to track the progress toward a goal set for 2013 . The exams are held for English classes in the tenth grade , for French classes in the eleventh grade , and for mathematics in the eleventh grade . The report card rates schools based on how many students pass each exam , instead of rating on the average mark on the exam . L 'Odyssée , according to the report , is below both the district and the provincial success rate :

= = Athletics = =

L 'Odyssée offers spots in nearly every NBIAA @-@ organized sport . Players participating under the school 's name are given the nickname " Olympien " (English : Olympian) .

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= = = Hockey = = =
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The hockey teams, male and female, are required to practice every first period of the first semester in a credited course. Students participate in up to three tournaments before the provincials and over 30 games in total. The 2009? 10 female team finished second in the provincial finals versus the Riverview Blackhawks.

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= = = Soccer = = =
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The school has four soccer teams: two juniors and two seniors. The male junior team placed first in the 2009 provincial championships.

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= = = Track and field = = =
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The track and field team at L 'Odyssée has been the recipient of several provincial titles since 2006 . Team members have included Geneviève Lalonde (7 @-@ time champion with six provincial records in the 800 m , 1 @,@ 500 m , and 3 @,@ 000 m from 2006 to 2009 and represented Canada at the 2010 World Junior Championships in Athletics) , Jessica Chamberland (6 @-@ time champion with one provincial record in the shot put from 2006 to 2009) , and Alexandre Coholan (2 @-@ time champion in the 100 m and 200 m , as well as a silver medal in the triple jump) . Asterisk (*) denotes NBIAA record holding score as of 2012 .

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= = = Other sports = = =
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L 'Odyssée is home to a cross @-@ country team , a softball and baseball team , two Basketball teams , a golf team , a football team , a swimming team , three curling teams , a badminton team , and a rugby union team . In 2010 , the school 's wrestling team featured a provincial winner in the girls ' 60 kg class . The senior female volleyball team took the silver medal in the 2010 provincial tournament .

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= = Activities = =
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= = = Jazz / Harmony = = =
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The Jazz and Harmony teams , led by instructor Charles Arseneau , act as a side project for the school 's existing music course and has participated in every yearly Heritage Festival since 2005 . The team won a competition in New York in 2009 and six Maestro awards , including the "Outstanding Band Award " , and " Best Solo " . The following year , the team placed second and garnered one Maestro award in Washington .

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= = = Improvisation = = =
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L 'Odyssée participated in the regional Improvisation competitions in the 2009 ? 10 season . The team also participated in the " Gougoune Dorée 2010 " competition , a provincial tournament , and took first place . Sebastien Richard earned the " Most Starred Player " award , while captain Julie Frigault won MVP .

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= = = Debate club = = =
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The school was among the first to participate in the debut of the provincial debate championship in Caraquet . The team of three received the gold prize on March 22, 2010 against École Mathieu

