

= The Miz =

Michael Gregory " Mike " Mizanin ( born October 8 , 1980 ) is an American professional wrestler , reality television star , and actor . He is signed to WWE , where he performs on the SmackDown brand under the ring name The Miz . He is the current WWE Intercontinental Champion in his fifth reign .

Mizanin first gained fame as a cast member on MTV 's The Real World : Back to New York , which first aired in 2001 , and its spinoff series , Real World / Road Rules Challenge . He later entered the fourth season of Tough Enough , a televised competition which awarded the winner a WWE contract , and became the first runner @-@ up . Mizanin trained and wrestled in independent / developmental territories Ultimate Pro Wrestling ( UPW ) , Deep South Wrestling ( DSW ) , and Ohio Valley Wrestling ( OVW ) prior to appearing in WWE .

Mizanin became host of the annual WWE Diva Search competition in 2006 . Following his hosting duties , Mizanin made his wrestling debut in September 2006 , as a villain who went undefeated for three months until he was defeated by The Boogeyman at Armageddon . In 2007 , Miz was drafted from SmackDown ! to the ECW brand , where he formed a partnership with John Morrison , and as a team would go on to win both the WWE Tag Team Championship and World Tag Team Championship .

The Miz was then drafted to the Raw brand as part of the 2009 WWE draft , where he won the United States Championship that year . In 2010 , he won the unified tag team titles with Big Show , had a second reign with the United States title , and won the Raw Money in the Bank ladder match for a guaranteed WWE Championship match . He cashed it in during November 2010 on Randy Orton to win the WWE Championship , which he went on to hold for six months , including a successful defense against John Cena in the main event of 2011 's WrestleMania XXVII . That year , he also won the WWE Tag Team Championship with Cena during their feud , and was ranked number one on Pro Wrestling Illustrated 's annual PWI 500 list . The Miz largely dropped out of world title contention after 2011 , and the period of 2012 to 2016 has been marked by him winning the Intercontinental Championship five times , and the WWE Tag Team Championship once with Damien Mizdow .

In total , The Miz has won 14 championships in WWE , is the 25th Triple Crown Champion in company history , the 14th Grand Slam Champion , and ( along with John Morrison ) won the 2008 Tag Team of the Year Slammy Award . He has main @-@ evented several pay @-@ per @-@ views for WWE , including WrestleMania XXVII .

He married his long @-@ time girlfriend , model , actress and two @-@ time Divas Champion , Maryse Ouellet in 2014 .

= = Early life = =

Miz was born and raised in Parma , Ohio , where he attended Normandy High School and was the captain of its basketball and cross country teams . He also participated in swimming , and was a member of the student government and the editor of his high school yearbook . He then attended Miami University , where he was a member of the Theta Chi Fraternity , and studied business at the Richard T. Farmer School of Business , before he was cast as a member of " The Real World " ( 2001 ) .

= = Television career = =

Mizanin dropped out of college , where he was pursuing a degree in business , in order to appear on the 10th season of MTV 's reality television program The Real World in 2001 . He went on to appear in multiple seasons of its spin @-@ off series , Real World / Road Rules Challenge , along with contestants from both Road Rules and The Real World , including Battle of the Seasons , The Gauntlet , The Inferno , Battle of the Sexes 2 , and The Inferno 2 . Except for Battle of the Sexes 2 , Mizanin made it to the end of all the Challenges on which he competed and won both Battle of the

Seasons and The Inferno 2 .

After a seven @-@ year @-@ long absence from The Real World / Road Rules Challenge , Mizanin returned to the reality show on April 4 , 2012 , as the host of The Battle of the Exes season finale event and Reunion special . It marked the first time The Miz appeared on the series since becoming a main event WWE superstar .

It was during an episode of The Real World that Mizanin first displayed an alter ego known as " The Miz " . In contrast to Mizanin 's usually placid demeanor , The Miz was angry , combative , and headstrong . Mizanin later realized that " The Miz " would make an excellent professional wrestling gimmick .

In 2004 , he appeared on the Bravo reality show Battle of the Network Reality Stars , where his team finished second . Mizanin was also a contestant in the " Reality Stars " episode of Fear Factor . His partner was his former girlfriend and cast mate , Trishelle Cannatella , and the two won the competition . In April 2007 , he appeared on the game show Identity , where he appeared as a stranger , and contestant John Kim correctly identified his identity as a professional wrestler by the odd way he added " Miz- " before most words . In 2008 , Mizanin appeared on the Sci Fi reality series Ghost Hunters Live as a guest investigator . In 2009 , Mizanin appeared on two episodes of Are You Smarter Than a 5th Grader ? , which were both aired on September 29 . He appeared on an episode of Destroy Build Destroy on March 3 , 2010 . On October 5 , 2011 , Miz starred in an episode of H8R . He also appeared as a guest star in a March 2012 episode of Psych . On March 31 , Miz appeared in the first ever Slime Wrestling World Championship at the Nickelodeon Kids ' Choice Awards , losing to the Big Show which resulted in him being thrown into a tub of slime . In 2012 Miz appeared on Disney XD show Pair of Kings as a guest star . In 2013 , Miz along with Francia Raisa were in a movie together called Christmas Bounty .

= = Professional wrestling career = =

= = = Ultimate Pro Wrestling ( 2003 ) = = =

Pursuing the goal of becoming a professional wrestler , Mizanin joined Ultimate Pro Wrestling ( UPW ) , where he trained in the Ultimate University . He made his in @-@ ring debut in 2003 as The Miz . During his time with UPW , The Miz competed in UPW 's Mat War 's tournament , making it to the finals before losing to Tony Stradlin .

= = = World Wrestling Entertainment / WWE = = =

= = = = Tough Enough ( 2004 ) = = = =

In October 2004 , Mike Mizanin entered the fourth season of Tough Enough , a televised competition which awarded the winner a World Wrestling Entertainment ( WWE ) contract and US \$ 1 @,@ 000 @,@ 000 . Despite coming last in an arm wrestling tournament on November 25 , 2004 , Mizanin outlasted six other wrestlers , and made it to the final round . At the pay @-@ per @-@ view event , Armageddon , Mizanin faced the other remaining entrant , Daniel Puder , in a three round " Dixie Dogfight " ( boxing match ) . Neither man achieved a knockout , and the contest was awarded to Puder on the basis of crowd reaction . On the December 16 , 2004 , episode of SmackDown ! , Puder was announced as the winner of Tough Enough by head trainer Al Snow .

= = = = Deep South Wrestling ( 2004 ? 2006 ) = = = =

Despite losing the Tough Enough contest , Mizanin had piqued the interest of WWE , and he was eventually offered a developmental contract . Mizanin was sent to Deep South Wrestling ( DSW ) to train under Bill DeMott , relocating to McDonough , Georgia in the process . In July 2005 , he

wrestled two dark matches for WWE , teaming with former Tough Enough champion Matt Cappotelli to face The Highlanders ( Robbie and Rory McAllister ) . On December 1 , 2005 , Mizanin defeated Mike Knox in the finals of a tournament to determine the inaugural Deep South Heavyweight Champion . He continued his partnership with Matt Cappotelli throughout the second half of 2005 in WWE dark matches and house shows until Cappotelli , nominally of Ohio Valley Wrestling ( OVW ) , was diagnosed with a brain tumor after an injury at a taping in December 2005 .

= = = Ohio Valley Wrestling ( 2006 ) = = =

On January 3 , 2006 , it was reported that Mizanin had been transferred to OVW . On the January 18 , 2006 , OVW TV show , Mizanin made his debut as " Miz " , with a Miz TV segment , where he was shown talking backstage . On the January 28 , 2006 episode of the OVW television show , The Miz wrestled his first singles match against Rene Dupree , but lost by countout .

At the February 8 , 2006 , TV taping , Miz and Chris Cage captured the OVW Southern Tag Team Championship , defeating Chet the Jett and Seth Skyfire . In what was deemed a " disciplinary move " , WWE released Cage over the weekend of March 18 , 2006 , making it necessary for Miz and Cage to drop the titles . On March 19 , 2006 , Deuce Shade defeated Miz in a singles contest to win the championship for his team The Untouchables ( Deuce Shade and Domino ) .

= = = Main roster debut ( 2006 ? 2007 ) = = =

On March 7 , 2006 , WWE 's official website featured a video of " The Miz " stating that he was headed to SmackDown ! and throughout April , SmackDown ! aired vignettes hyping his debut . When Mizanin actually attempted to make his debut on the April 21 , 2006 episode of SmackDown ! , however , he was , in storyline banned from entering the arena by " network executive " Palmer Cannon who told him that he had been " canceled " before having security escort him from the premises .

The Miz debuted as SmackDown ! ' s " host " on June 2 , 2006 , announcing the planned card at the top of the show and attempting to hype up the crowd . Other " host " duties included backstage interviews and hosting a bikini contest . The hosting duties seemed sporadic at best , with some weeks having little to no involvement of Miz at all . Starting in July , Miz , along with Ashley Massaro , became host of the annual Diva Search competition on both Raw and SmackDown ! .

After the end of the Diva Search competition , The Miz returned exclusively to SmackDown ! and as a heel , starting his in @-@ ring competition with win over Tatanka in September 2006 episode of SmackDown ! . After this win he , along with commentator Michael Cole , began to note whenever possible that he was " undefeated " , though he only wrestled five matches over the next two months , defeating such superstars as Matt Hardy , Funaki , and Scotty 2 Hotty . At the same time he began a feud with Diva Search winner Layla El , who spurned his advances on more than one occasion , leading to Miz helping Kristal defeat her in various competitions . Soon , however , Miz and Kristal found themselves being stalked by The Boogeyman . This began a feud in which the Boogeyman ended The Miz 's winning streak at December 's Armageddon event .

Following a brief absence from television , The Miz returned to SmackDown ! to host an interview segment called Miz TV . After the unsuccessful segment , The Miz returned to in @-@ ring competition with a more intense style and began to pick up wins once again . On the June 11 , 2007 episode of Raw , Mizanin faced off against Snitsky in a match to determine a draft pick for SmackDown ! . Snitsky easily defeated The Miz to give ECW the draft pick , but after constantly assaulting The Miz after the match , the referee reversed the decision and awarded the match to Miz , thus allowing SmackDown ! a draft pick . SmackDown ! ' s pick was then revealed to be Chris Masters .

Miz was drafted from SmackDown ! to ECW on June 17 , 2007 , as part of the 2007 Supplemental Draft . He was absent from the first few weeks of ECW , though he was the subject of backstage mentions between matches and had several short Miz TV Crashes ECW video segments . He made his debut on the July 10 episode of ECW in a match against Nunzio , which he won .

Following this match , Extreme Exposé began expressing admiration in him and gave him a lap @-@ dance , starting a new gimmick for him of a self @-@ proclaimed " chick magnet " . Extreme Exposé then became managers for The Miz . He then began a feud with Balls Mahoney , after Kelly Kelly began to fall in love with Mahoney on screen . On the October 2 episode of ECW , it was revealed that Miz owned the contracts of Kelly Kelly , Layla , and Brooke Adams , and used this excuse to stop Kelly from going out with Mahoney . He was voted at Cyber Sunday to face CM Punk , for the ECW Championship but lost the match .

=== Teaming with John Morrison ( 2007 ? 2009 ) ===

On the November 16 episode of SmackDown , he became one half of the WWE Tag Team Champions with John Morrison when they defeated Matt Hardy and Montel Vontavious Porter ( MVP ) in a title match , which gave The Miz his first title within the company .

In February 2008 , Miz and Morrison were given a streaming segment on the WWE website named The Dirt Sheet in which they mocked other wrestlers and facets of pop culture , showing off their promo skills . Morrison and The Miz co @-@ wrote each episode of The Dirt Sheet each week . As the duo continued to hold the titles , WWE downplayed the angle of Miz and Morrison disliking each other , and portrayed them as friends . The team had many successful title defenses over the next few months , before dropping the championship to Curt Hawkins and Zack Ryder at the Great American Bash in a Fatal Four @-@ Way match which also featured Jesse and Festus and Finlay and Hornswoggle . Neither Miz nor Morrison were pinned , as Hawkins pinned Jesse to win the titles . Miz and Morrison soon followed a feud with Cryme Tyme ( Shad Gaspard and JTG ) as a battle of their webshows , " Word Up " and " The Dirt Sheet " . They were voted into a match with , and defeated , Cryme Tyme at Cyber Sunday . On December 13 , 2008 , Miz and Morrison defeated Kofi Kingston and CM Punk to win the World Tag Team Championship during a WWE house show in Hamilton , Ontario , Canada . The team then engaged themselves in a feud with The Colóns ( Carlito and Primo ) . In a dark match at WrestleMania XXV , they lost the World Tag Team Championship to The Colóns in a Lumberjack match to unify the World Tag Team and the WWE Tag Team titles . On the April 13 episode of Raw , The Miz lost a match to Kofi Kingston due to Morrison 's inadvertent interference , which gave Raw a draft pick in the 2009 WWE Draft . The pick was then revealed to be The Miz , and retaliated by subsequently attacking Morrison , ending their partnership and thus turning John Morrison face .

=== Championship reigns and ShoMiz ( 2009 ? 2010 ) ===

Miz challenged John Cena to a match on the April 27 episode of Raw , but as Cena was out due to injury , Miz claimed an unofficial win via forfeit and continued to do this over the following weeks , until Cena defeated him in a singles match at The Bash . On the August 3 episode of Raw , The Miz lost a match to Cena , which meant that , in storyline , he was banned from the Staples Center , Raw and SummerSlam . The following week , on August 10 , Miz competed under a mask as " The Calgary Kid " , and won a Contract on Pole match against Eugene , earning a contract in storyline , and revealing himself by removing his mask afterwards . He then created the Skull @-@ Crushing Finale and used it on Eugene . After removing the mask to reveal himself , he cut a promo and debuted his catchphrase " Because I 'm The Miz and I 'm Awesome . "

On the August 17 episode of Raw , The Miz announced his intention to challenge for the WWE United States Championship , and also debuted new ring attire and defeated Evan Bourne . He challenged for the United States Championship at the Night of Champions , Breaking Point and Hell in a Cell pay @-@ per @-@ views , but was unsuccessful . On the October 5 episode of Raw , the night after Hell in a Cell , The Miz received a rematch for the championship , and defeated Kofi Kingston to win the United States Championship and his first singles championship in WWE . The following pay @-@ per @-@ view event , Bragging Rights , was themed with interpromotional matches and now that The Miz was the second @-@ tier champion on Raw he was booked against SmackDown 's Intercontinental Champion , his erstwhile tag team partner John Morrison . In the

buildup to their first match since splitting , the two hosted a one @-@ off edition of The Dirt Sheet on the October 16 episode of SmackDown where the two compared themselves to ' 80s tag team The Rockers , debating over which is more comparable to the successful Shawn Michaels and which was the less successful Marty Jannetty . At Bragging Rights , Miz pinned Morrison to become the only member of the Raw roster to win an interpromotional match . The following month at Survivor Series , Miz captained a team of five wrestlers against Team Morrison in a five @-@ on @-@ five Survivor Series elimination match and once again bested his former partner surviving with Sheamus and Drew McIntyre .

In 2010 , The Miz began a rivalry with MVP that began with a critically well @-@ received verbal exchange between the two . The two met in an unadvertised match for the United States Championship at the Royal Rumble event with Miz retaining his title , but in the Royal Rumble match itself MVP eliminated both himself and The Miz . During the rivalry with MVP , Miz began showing signs of an allegiance with The Big Show and on the February 8 episode of Raw , the two defeated champions D @-@ Generation X ( Triple H and Shawn Michaels ) and The Straight Edge Society ( CM Punk and Luke Gallows ) to become the Unified WWE Tag Team Champions , making Miz the first wrestler in WWE history to hold three three championships at the same time ( U.S. , World Tag Team , and WWE Tag Team Champion ) .

Miz appeared on the NXT show as the storyline mentor of Daniel Bryan . At WrestleMania XXVI , Show and Miz defeated John Morrison and R @-@ Truth to retain the title again . During the 2010 WWE Draft on the April 26 episode of Raw , ShoMiz lost the Unified WWE Tag Team Championship to The Hart Dynasty when Tyson Kidd made The Miz submit to the Sharpshooter . After the match , The Big Show knocked out The Miz , and was later drafted to the SmackDown brand , leaving The Miz on Raw .

On the May 10 episode of Raw , Kidd defeated The Miz in a match , which earned any member of The Hart Dynasty a match for the United States Championship , and The Miz , who was allowed to choose his opponent , elected to face Bret Hart . On the following episode of Raw on May 17 , Hart defeated The Miz to win the United States Championship , despite Chris Jericho , William Regal , and Vladimir Kozlov attempting to interfere on The Miz 's behalf . The Miz had a tumultuous relationship with Bryan , who was eliminated from NXT on May 11 , although he returned the following week to attack The Miz .

The Miz returned as a Pro for the second season of NXT , to mentor Alex Riley , the only Pro to return . On the June 14 episode of Raw , The Miz defeated R @-@ Truth , John Morrison , and Zack Ryder in a fatal four @-@ way match to win the United States Championship for the second time , and successfully retained the championship against R @-@ Truth at the Fatal 4 @-@ Way pay @-@ per @-@ view .

=== WWE Champion ( 2010 ? 2011 ) ===

On July 18 , at the Money in the Bank pay @-@ per @-@ view , The Miz won a Money in the Bank ladder match to win a contract for a WWE Championship match that he could utilize at any time over the next year and became the first superstar to win Money in the Bank while being a champion and the second superstar after Rob Van Dam to hold a MITB contract and a title at the same time . Over the next few weeks , The Miz attempted to cash in his Money in the Bank contract on the WWE Champion Sheamus , but was continually interrupted by other wrestlers before the matches could occur , which meant that he retained the contract for future use . Daniel Bryan returned to WWE at SummerSlam , taking The Miz 's place on Team WWE , causing The Miz to attack him . This began a rivalry between the two , with The Miz losing the United States Championship to Bryan at the Night of Champions event in September . The following month , Miz defeated John Cena to become the captain of Team Raw , but at the Bragging Rights pay @-@ per @-@ view Team Raw ? The Miz ( with Alex Riley ) , R @-@ Truth , John Morrison , Santino Marella , Sheamus , CM Punk , and Ezekiel Jackson ? were unsuccessful in defeating Team SmackDown .

On the November 22 episode of Raw , following a successful WWE Championship defense by Randy Orton against Wade Barrett , he cashed in his Money in the Bank contract to become the

new WWE Champion making him the first person from Tough Enough to win the WWE Championship . He successfully defended the championship against Jerry Lawler in a Tables , Ladders , and Chairs match on the following episode of Raw , due to help from Michael Cole and Riley , and again at the TLC : Tables , Ladders & Chairs pay @-@ per @-@ view in December by defeating Orton in a Tables match following interference from Alex Riley . The Miz defeated Morrison to retain the championship in a Falls Count Anywhere match on the first Raw of 2011 . He defeated Orton again at the Royal Rumble , after interference from CM Punk , in January 2011 and Lawler the following month at the Elimination Chamber pay @-@ per @-@ view to retain the championship . The night after Elimination Chamber , The Miz and John Cena were paired together by the Raw general manager to challenge The Corre ( Justin Gabriel and Heath Slater ) for the WWE Tag Team Championship . The Miz and Cena were successful in winning the titles , but lost them back to Corre immediately afterward in a rematch , after The Miz turned on Cena . This made their reign the shortest in the championship 's history . The following week , The Miz lost Riley as his apprentice after Cena defeated Riley in a steel cage match with the stipulation that if Cena won , Riley was fired from his job , but The Miz hired Riley back , this time as his VP of Corporate Communications , in mid @-@ March . On April 3 in the main event of WrestleMania XXVII , The Miz successfully defended the WWE Championship against Cena , following interference from The Rock . At the Extreme Rules pay @-@ per @-@ view on May 1 , The Miz lost the WWE Championship to Cena , in a triple threat steel cage match , also involving John Morrison . The following night on Raw , The Miz failed to regain the championship from Cena in a singles match when he lost by disqualification , and failed to regain the championship again in an " I Quit " match at Over the Limit .

The following night on the May 23 episode of Raw , the anonymous Raw general manager 's announcement said that The Miz 's request for another WWE Championship match was denied , and ended the feud with John Cena . The Miz blamed Riley for not being able to regain the WWE Championship because of Riley not being at ringside at Extreme Rules when Miz lost the championship . The following night on Raw , Riley raised the hand of Miz with the WWE Championship with leading to his disqualification and at the Over the Limit . Riley left his phone behind that he used to trick the referee into thinking that Cena said " I Quit " . Riley attacked him , sending him crashing into a barricade at ringside and then head first over the announce table and which turned Riley a fan favorite for the first time in WWE . On the May 30 episode of Raw , The Miz assaulted Riley after an interview from Michael Cole , but Riley gained the upper hand and Miz escaped through the crowd . At Capitol Punishment , Riley defeated Miz in a singles @-@ match . He went on to lose to Riley in various singles and tag team matches . It was later announced that Miz lost Raw 's Money in the Bank ladder match at Money in the Bank after leaving with a knee injury kayfabe , then returning but being stopped from claiming the briefcase by Rey Mysterio . The next night on Raw , Miz made it to the final of the WWE Championship tournament , defeating his former NXT rookie , Alex Riley , in the first round . The next week on Raw , Miz lost to Rey Mysterio . At Summerslam , The Miz teamed with R @-@ Truth and Alberto Del Rio to lose to Rey Mysterio , Kofi Kingston and John Morrison .

== = = = Awesome Truth ( 2011 ? 2012 ) = = = =

On the August 22 episode of Raw , Miz and R @-@ Truth attacked Santino Marella before his match . They then cut a promo agreeing there was a conspiracy in the WWE keeping both of them out of the main event picture , and declared they would , together , seize any future opportunity . They began referring to themselves as " The Awesome Truth " . On the August 29 episode of Raw , Truth interfered in Miz 's match and the duo attacked CM Punk . At Night of Champions , after the referee was distracted while The Miz attempted a pin , Miz assaulted him , causing Awesome Truth to lose a WWE Tag Team Championship match to Air Boom ( Kofi Kingston and Evan Bourne ) by disqualification . Seeking retribution , Miz and Truth later attacked both Triple H and CM Punk during their No Disqualification match in the main event . Because of their actions from the previous night , R @-@ Truth and The Miz were fired by Triple H on the September 19 episode of Raw . At the

conclusion of the main event match at Hell in a Cell , R @-@ Truth and The Miz jumped the barricade wearing black hooded sweatshirts and entered the cell as it was being raised . They then used weapons to attack Alberto Del Rio , CM Punk , John Cena , the Referee and camera men while the cell was again lowered . After this , the entire WWE roster led by Triple H came out to find a way into the cell , before New Orleans Police Department officers were able to get the door open and arrest them . The two later posted a video on YouTube apologizing to the WWE Universe for their actions . The Miz and R @-@ Truth were reinstated by John Laurinaitis on the October 10 episode of Raw . At Vengeance , Miz and R @-@ Truth defeated CM Punk and Triple H in a tag team match , after interference from Triple H 's long time friend Kevin Nash . Later that night they assaulted John Cena during his WWE Championship match with Alberto Del Rio . On the October 24 episode of Raw , Awesome Truth attacked John Cena and Zack Ryder . On the November 7 episode of Raw , Miz and R @-@ Truth defeated Cena and Ryder . At Survivor Series , The Awesome Truth were defeated by John Cena and The Rock . On the November 21 episode of Raw , Cena instigated an argument between R @-@ Truth and Miz , which resulted in Miz hitting his finisher on Truth as they were heading up the steel ramp , signaling the end of their alliance . This was a pretext to explain R @-@ Truth 's absence during his suspension as a result of his violating of the Wellness Policy .

On the November 28 episode of Raw , Miz defeated John Morrison in a Falls Count Anywhere match after he , once again , hit his finisher on their steel ramp . On the December 5 , episode of Raw , Miz qualified for a Triple Threat Tables , Ladders , and Chairs match against Alberto Del Rio and CM Punk at the TLC pay @-@ per @-@ view for the WWE Championship after a win over Randy Orton via count out , but was unsuccessful . Throughout January and February 2012 Miz feuded with R @-@ Truth , which included a WWE Championship match at Elimination Chamber , which was won by CM Punk . During this time Miz lost to R @-@ Truth in a singles match with a stipulation that the loser would enter the Royal Rumble match first ; in the Rumble match , Miz lasted longest , over 45 minutes , before he was eliminated by Big Show .

Desperate for a spot on the card for the upcoming WrestleMania XXVIII event , Miz later joined John Laurinaitis ' team for the 12 @-@ man tag team match after saving Laurinaitis from Santino Marella . Miz picked up the win for Team Johnny after pinning Zack Ryder with the help of Eve , which ended his 20 match losing streak dating back to 2011 . He followed this up by losing a battle royal and a singles match against Brodus Clay at Over the Limit .

= = = = Intercontinental Champion ( 2012 ? present ) = = = =

After a two @-@ month absence , The Miz returned at Money in the Bank , as a last @-@ minute participant in the WWE Championship Money in the Bank contract match , won by John Cena . At Raw 1000 , Miz defeated Christian to win his first Intercontinental Championship , becoming the 25th Triple Crown Champion and a Grand Slam Champion in the process . Miz successfully defended his championship against Christian four days later on SmackDown , against Rey Mysterio at SummerSlam , and in a Fatal Four Way match against Cody Rhodes , Rey Mysterio , and Sin Cara at Night of Champions , before losing the championship to Kofi Kingston on the premiere episode of Main Event . Miz failed to regain the title from Kingston in two rematches , at Hell in a Cell and on the November 6 SmackDown .

After his loss to Kofi Kingston , The Miz turned face for the first time in his career when he joined Mick Foley 's team at Survivor Series after confronting Paul Heyman on the November 18 Raw . At Survivor Series , The Miz eliminated Wade Barrett before being eliminated by Alberto Del Rio . In the months to come , Miz 's turn was not well received by critics , who commented that Miz as a babyface was too similar to his heel character because he was " still cocky , arrogant , and egotistical " while " pivoted toward calling out established heels " . Other criticisms were that Miz was " juvenile " , lacking of depth , " grating and not endearing to the audience " and that " there was not that moment when he officially turned and aligned his values with the audience 's " .

The Miz then began a feud with United States Champion Antonio Cesaro , after Cesaro insulted America . During this feud Ric Flair became Miz 's mentor , and he subsequently adopted the figure

@-@ four leglock from Flair as a new finisher . The Miz challenged for Cesaro 's United States Championship at the Royal Rumble pre @-@ show , at the Elimination Chamber pay @-@ per @-@ view , and on the March 3 episode of SmackDown , but was unsuccessful each time .

The Miz next sought Wade Barrett 's Intercontinental Championship . He lost a triple threat match also featuring Chris Jericho on the March 18 episode of Raw , but defeated Barrett in a non @-@ title match to earn another shot at the title . He captured the title by defeating Barret at the WrestleMania 29 pre @-@ show , only to lose the title back to him the following night on Raw . Miz failed to recapture the title at Payback and Money in the Bank .

On August 18 , The Miz was the host of SummerSlam , during which he had a run @-@ in with Fandango , beginning a feud between the two . Miz went on to defeat Fandango both on the September 2 episode of Raw and on September 15 at Night of Champions . The following night on Raw , Miz was assaulted by Randy Orton in front of his parents , resulting in a storyline injury . When Miz returned in October , he lost to Orton and then started a feud with Kingston , defeating him on the Survivor Series pre @-@ show , but losing a no disqualification match at TLC to end their feud . In February , Miz stormed out during matches to complain about his lack of screen time and claiming that he should be in matches . Miz participated in the André the Giant Memorial Battle Royal at WrestleMania XXX , but was eliminated by Santino Marella .

After a two @-@ month hiatus filming The Marine 4 : Moving Target , The Miz returned on the June 30 episode of Raw , once again as a heel , and immediately began to insult the crowd , and taking on the gimmick of an arrogant movie star , before being interrupted by the returning Chris Jericho . A week later , Miz was defeated by Chris Jericho in his return match . At Battleground , Miz won a battle royal by lastly eliminating Dolph Ziggler to win the Intercontinental Championship for a third time . Ziggler defeated Miz to recapture the title at SummerSlam . Later that month , Damien Sandow began appearing with Miz as his ' stunt double ' ( mimicking all of Miz 's moves and mannerisms ) , and was subsequently billed as " Damien Mizdow " . At Night of Champions , Miz defeated Ziggler to regain the Intercontinental Championship , only to lose the title to Ziggler in a rematch the following night . On the September 29 episode of Raw , Miz once again unsuccessfully challenged Ziggler for the Intercontinental title in a triple @-@ threat match also involving Cesaro . After defeating Sheamus several times with the help of Mizdow , Miz challenged him for the United States Championship at Hell in a Cell , but was unsuccessful .

At Survivor Series , Miz and Mizdow won the WWE Tag Team Championship by winning a Fatal @-@ 4 @-@ Way match against defending champions Gold and Stardust , The Usos and Los Matadores . The following night on Raw , Miz and Mizdow retained the titles against Gold and Stardust . Miz and Mizdow then entered into a feud with The Usos ; Miz interacted with Jimmy Uso 's wife Naomi , offering to connect her with a Hollywood producer to distribute her music video . At TLC , The Usos defeated Miz and Mizdow by disqualification after Miz hit Jimmy Uso with a Slammy Award . On the December 29 episode of Raw , Miz and Mizdow lost the titles to The Usos . Miz and Mizdow were unsuccessful in regaining the championship in rematches on the January 9 episode of SmackDown and at the Royal Rumble . Miz was the first entrant to the Rumble match , and was eliminated by Bubba Ray Dudley . Mizdow entered at number 21 , where Miz tried to take Mizdow 's spot , only for Roman Reigns to push him off the apron , allowing Mizdow to enter before quickly being eliminated by Rusev . On the February 9 episode of Raw , Miz fired Mizdow as his stunt double after Mizdow began to gain more attention from fans , though he quickly rehired Mizdow as his personal assistant . Mizdow then ceased being his assistant during WrestleMania 31 . The Miz 's film The Marine 4 : Moving Target was released in April but he disrespected co @-@ star Summer Rae , who sided with Mizdow . On the April 20 episode of Raw , Miz defeated Mizdow in a match where the winner retained the Miz brand , with help from Rae , whom Miz was planning with from the start .

After Big Show and Miz interfered in each other 's Intercontinental Championship matches against Ryback , all three wrestled for the title at SummerSlam , where Miz was defeated . At the 2016 Royal Rumble , Miz competed in the Royal Rumble Match , also providing commentary before being eliminated .

Miz wrestled in a six @-@ man ladder match for the Intercontinental Championship at



WrestleMania 32 , which was won by Zack Ryder . On the post @-@ WrestleMania Raw , Miz won the championship for a fifth time , after his wife Maryse made her return and distracted Ryder . Three days later on SmackDown , Miz retained his championship by defeating Ryder in a rematch , with Maryse interfering once more . Miz and Maryse then began to cut various promos during the " Miz TV " segments , while calling themselves the " It " Couple . On May 1 , Payback pay @-@ per @-@ view , Miz defeated Cesaro to retain his championship . On May 22 at the Extreme Rules pay @-@ per @-@ view , Miz successfully retained the championship against Cesaro , Sami Zayn and Kevin Owens in a highly acclaimed fatal @-@ 4 way match , when Miz pinned Cesaro . The following night on Raw , Miz failed to qualify for the 2016 Money in the Bank ladder match when he was defeated by Cesaro , setting up another championship bout between the pair set for the week 's Smackdown , which Miz won . Following this , he and Maryse began filming The Marine 5 : Battleground , taking them out of action . Both returned on the 27 June episode of Raw , where he lost to Kane in a championship match via count out . On July 11th on Raw , Darren Young won a no.1 contenders battle royal for the Intercontinental Championship at Battleground . At the event , the match ended in a no contest after The Miz pushed Bob Backlund ( Darren Young 's mentor ) and Darren Young attacked him . On July 19 , at the 2016 WWE Draft , Miz , along with Maryse , was drafted to SmackDown with the Intercontinental Championship becoming exclusive to that brand .

= = Other media = =

Mizanin played a small role in the film The Campaign . On April 30 , 2012 , it was announced that The Miz would star in WWE Studios film The Marine 3 : Homefront . Mizanin replaced fellow wrestler Randy Orton who was dropped from the role due to his past with the USMC . That day , it was also announced that Mizanin will be featured in the WWE Studios and Kare Prod project Les reines du ring ( Queens of the Ring ) alongside Eve Torres and CM Punk . In 2012 , he was on MDA Show of Strength with Maryse and other celebrities . In March 2013 he hosted the Kids Choice Awards with Maryse and The Rock .

He has featured in WWE video games WWE Smackdown vs. Raw 2009 , WWE Smackdown vs. Raw 2010 , WWE Smackdown vs. Raw 2011 , WWE All Stars , WWE ' 12 , WWE ' 13 , WWE 2K14 , WWE 2K15 and WWE 2K16 .

Mizanin starred in the ABC Family TV movie Christmas Bounty , which premiered in December 2013 . In 2015 he starred in a WWE studios film Christmas movie Santa 's Little Helper .

In 2016 , Mizanin guest starred in Supernatural as a wrestler named Shawn Harley in an organization targeted by a demon .

= = Filmography = =

= = = Film = = =

= = = Television = = =

= = = Web = = =

= = Personal life = =

Mizanin 's parents are divorced . He has a step @-@ father named Donnie and two half @-@ siblings , Jimmy and Tonia .

Mizanin passionately roots for his hometown 's Cleveland Browns , Cleveland Cavaliers , and Cleveland Indians . Prior to the Cleveland Indians vs. Los Angeles Angels game on July 26 , 2011 ,

he fulfilled one of his lifelong goals when he threw out the first pitch .

Mizanin married his longtime girlfriend and fellow WWE wrestler Maryse Ouellet on February 20 , 2014 , in the Bahamas .

= = In wrestling = =

Finishing moves

Figure @-@ four leglock ? 2013 ? present ? adopted from Ric Flair

Mizard of Oz ( Swinging Reverse DDT ) ? 2005 ? 2007

Reality Check ( Running knee lift followed by a neckbreaker slam ) ? 2007 ? 2009 used as a signature thereafter

Skull @-@ Crushing Finale ( Full nelson facebuster ) ? 2009 ? present

Signature moves

Awesome Clothesline ( Running corner clothesline )

Big boot , sometimes to a seated opponent

Discus punch ? late 2005 ? early 2006

Diving double axe handle

Dropkick , sometimes to an opponent 's knees

Half nelson facebuster

Flapjack

Inverted facelock backbreaker followed by a neckbreaker slam

Running knee lift

Slides through the opponent 's legs and performs a roll @-@ up

Snap DDT to a kneeling opponent

Snapmare driver

Springboard bulldog ? late 2005 ? early 2006

Managers

Alex Riley

Ric Flair

Roni Jonah

Damien Mizdow

Layla

Nikki Bella

Kelly Kelly

Brooke

Maryse

Nicknames

" The A @-@ Lister "

" The Awesome One "

" The Chick Magnet "

" The Demon of Desire "

" The Grand Mizard of Lust "

" The Most Must @-@ See WWE Superstar of All Time "

" Mr. Money in the Bank "

" The Soldier of Seduction "

Entrance themes

" Reality " by Jim Johnston ( 2006 ? 2009 ; used in singles competition )

" Ain 't No Make Believe " by Stonefree Experience ( November 16 , 2007 ? April 13 , 2009 ; used while teaming with John Morrison )

" Rock Activator " by Jim Johnston ( used once as the Calgary Kid in August 2009 )

" I Came to Play " by Downstait ( January 4 , 2010 ? present ; w / Hollywood Intro , June 30 , 2014 ? present )

" The Awesome Truth " by Jim Johnston ( August 22 , 2011 ? November 21 , 2011 ; used while

teaming with R @-@ Truth )

" I Came To Crank It Up " by Downstait and Brand New Sin ( used while teaming with Big Show )

= = Championships and accomplishments = =

Deep South Wrestling

DSW Heavyweight Championship ( 1 time )

Ohio Valley Wrestling

OVW Southern Tag Team Championship ( 1 time ) ? with Chris Cage

Pro Wrestling Illustrated

Most Hated Wrestler of the Year ( 2011 )

Ranked # 1 of the top 500 singles wrestlers in the PWI 500 in 2011

World Wrestling Entertainment / WWE

WWE Championship ( 1 time )

WWE United States Championship ( 2 times )

WWE Intercontinental Championship ( 5 times , current )

WWE Tag Team Championship ( 4 times ) ? with John Morrison ( 1 ) , Big Show ( 1 ) , John Cena ( 1 ) , and Damien Mizdow ( 1 )

World Tag Team Championship ( 2 times ) ? with John Morrison ( 1 ) and Big Show ( 1 )

Money in the Bank ( Raw 2010 )

25th Triple Crown Champion

14th Grand Slam Champion

Slammy Awards ( 2 times )

Tag Team of the Year ( 2008 ) ? with John Morrison

Best WWE.com Exclusive ( 2008 ) " The Dirt @-@ Sheet " ? with John Morrison

Wrestling Observer Newsletter

Most Improved Wrestler ( 2008 , 2009 )

Tag Team of the Year ( 2008 ) ? with John Morrison