

= Monk McDonald =

Angus Morris " Monk " McDonald (February 21 , 1901 ? September 2 , 1977) was an American college athlete , a head coach for the North Carolina Tar Heels men 's basketball team (the White Phantoms until 1950) , and a urologist . He is best known for his time as a college athlete playing football , basketball , and baseball for the University of North Carolina at Chapel Hill , and is generally considered the best all @-@ around college athlete to attend the University of North Carolina . For his collegiate and coaching career , he was inducted in the North Carolina Sports Hall of Fame .

= = Early years = =

Monk McDonald was born as Angus Morris McDonald on February 21 , 1901 , in Charlotte , North Carolina to Angus Morris , Sr. and Ann Howard McDonald . Monk McDonald 's father , Angus Morris Sr. , was the founder of the Southern Real Estate Company and was a chairman on the Mecklenburg County Board of Commissioners . McDonald attended Charlotte High School and Fishburne Military School before attending the University of North Carolina at Chapel Hill .

= = College = =

While at North Carolina , McDonald , who was 5 feet , 7 inches , played quarterback on the football team , guard on the men 's basketball team , and shortstop on the baseball team . McDonald lettered in all three sports for all four years . He is generally considered the best all @-@ around athlete in North Carolina sports history .

McDonald also won the first Patterson Medal , the most prestigious award for student @-@ athletes at the University of North Carolina , for his collegiate career in 1924 .

= = = Football and baseball = = =

McDonald lettered in football for the four years that he attended North Carolina . McDonald most successful season in football came in 1922 when , as quarterback , he led North Carolina to a 9 ? 1 record and led North Carolina to a first place standing in the Southern Conference . During one game that season , McDonald had a kickoff return of 95 yards against in @-@ state rival NC State , which is the ninth longest kickoff return in North Carolina football history .

During his baseball career , McDonald batted over .300 and helped his team to 19 wins and only two losses during the 1922 season . McDonald was good enough to be considered a prospective professional baseball player .

= = = Basketball = = =

McDonald first played for North Carolina under head coach Fred Boye for the 1920 ? 21 season , and during this season North Carolina earned a 12 ? 8 record . After the 1920 ? 21 season , North Carolina was without a head coach for two years after Boye left the team .

During the 1921 ? 22 season , North Carolina played its first season in the Southern Conference , gained a 15 ? 6 record , and won the first Southern Conference Tournament . McDonald was named all @-@ Southern Conference ? an award given annually to the best basketball players during the regular season in the Southern Conference division ? at the end of this season . McDonald was captain of North Carolina during the 1922 ? 23 season , and he led the coachless team to a 15 ? 1 record , which tied North Carolina for first place in the Southern Conference regular season standings .

Before the start of the 1923 ? 24 season , Norman Shepard became the head coach of North Carolina . Beside McDonald , there were several other talented players on the 1923 ? 24 team , including senior Cartwright Carmichael , who was the first North Carolina All @-@ American in any

sport , and Jack Cobb , who would later be named to the All @-@ American team and would later have his number retired at North Carolina . This team earned the nickname the " White Phantoms " because of their fast playmaking and defense . McDonald was named all @-@ Southern Conference and all @-@ Southern Conference Tournament team ? an award given annually to the best players in the Southern Conference basketball tournament ? for his play during the 1923 ? 24 season . The 1923 ? 24 North Carolina team managed to win all 26 games they played that year . Because there was no national post @-@ season tournament , the final game for North Carolina was in the Southern Conference tournament against the University of Alabama Crimson Tide . North Carolina managed to win the game 26 ? 18 . The local news reported that hundreds of students at North Carolina " waited in the streets in front of telegraph offices and cafes " for news about the game and after the victory students " went wild " and set a bonfire on the athletic field . In 1936 , the Helms Athletic Foundation retroactively awarded a national championship to the 1923 ? 24 North Carolina men 's basketball team since there had been no organization to award national championships at the time . This was the first national championship given to a North Carolina men 's basketball team .

= = Coaching at North Carolina = =

After coaching North Carolina for one season , Norman Shepard went to the Far East to work as a sales manager for Liggett and Meyer tobacco company , which left the position of head coach open . Even though McDonald has just graduated from North Carolina and had started to attend medical school full @-@ time , he became the next head coach after Shepard 's departure . McDonald was the first former player to become head coach of the North Carolina men 's basketball team ; Matt Doherty would be the second .

When McDonald took over , there were still many seasoned veterans on the team including Jack Cobb . McDonald continued the team 's winning streak from the previous season for the first eight games , but North Carolina eventually lost to the Harvard Crimson basketball team , ending their 34 @-@ game winning streak . Although the team would lose another four games , North Carolina went through the regular season unbeaten when playing at its home arena , the Tin Can . That season McDonald 's team also managed to win the Southern Conference regular season for the second year in a row and win the Southern Conference Tournament beating Tulane University in the finals , which McDonald did not attend due to his medical studies . North Carolina would end the 1924 ? 25 season with a 20 ? 5 record .

= = = Head coaching record = = =

= = Later years = =

McDonald gave up coaching after one year and instead focused on attending medical school . In 1926 , McDonald transferred to the University of Pennsylvania School of Medicine and graduated with a medical degree in 1928 .

After graduating from medical school , McDonald practiced as both a urologist and a surgeon . He later worked at a variety of hospitals and clinics including the Protestant Episcopal Hospital in Philadelphia , the Mayo Clinic in Rochester , Minnesota , NewYork ? Presbyterian Hospital , and the Vanderbilt Clinic in New York . In 1935 , McDonald moved back to North Carolina and joined the practice of Dr. Fred Patterson . McDonald left this practice in 1939 to help the Crowell Clinic . In 1942 he became lieutenant commander in United States Naval Medical Corps . He transferred to San Francisco in 1944 to work in naval hospital there . He was discharged from the United States Navy after World War II . After the war , McDonald resumed a urology practice in Charlotte and worked with the Crowell Clinic until his retirement in 1969 .

McDonald was inducted into the North Carolina Sports Hall of Fame on February 17 , 1977 . McDonald died seven months after being inducted on September 2 , 1977 .

= = Personal life = =

McDonald married Mary Letitia Mebane in 1939 and had three children : Letitia , Ann , and Angus . All of his children graduated from the University of North Carolina . He is buried in Elmwood Cemetery .