

= Rachel McAdams =

Rachel Anne McAdams (born November 17 , 1978) , is a Canadian actress . After graduating from a four @-@ year theatre program at York University in 2001 , she initially worked in Canadian television and film productions such as the drama film Perfect Pie (2002) (for which she received a Genie Award nomination) , the comedy film My Name Is Tanino (2002) , and the comedy miniseries Slings and Arrows (for which she won a Gemini Award) . In 2002 , she made her Hollywood film debut in the comedy The Hot Chick . McAdams found fame in 2004 , with the character of Regina George in the comedy Mean Girls and with her performance in the romantic drama The Notebook . In 2005 , she starred in the romantic comedy Wedding Crashers , the psychological thriller Red Eye , and the family comedy @-@ drama The Family Stone . She was hailed by the media as Hollywood 's new " it girl " , and received a BAFTA nomination for Best Rising Star .

After a two @-@ year career break , McAdams appeared in two limited release films in 2008 ; the film noir Married Life and the road trip comedy @-@ drama The Lucky Ones . She returned to prominence in 2009 by appearing in the political @-@ thriller State of Play , the science @-@ fiction romantic drama The Time Traveler 's Wife and the mystery action @-@ adventure film Sherlock Holmes . In 2010 , McAdams appeared in her first star vehicle , the comedy Morning Glory . In 2015 , her most high @-@ profile roles were in season two of HBO 's crime drama True Detective , and as journalist Sacha Pfeiffer in Spotlight . For her performance in Spotlight , she received several award nominations , including for a Screen Actors Guild Award , and the Academy Award for Best Supporting Actress .

= = Early life = =

Rachel McAdams was born in London , Ontario , to Sandra Kay (née Gale) , a nurse , and Lance Frederick McAdams , a retired truck driver and furniture mover , and grew up in nearby St. Thomas . She is of English , Irish , Scottish , and Welsh descent ; McAdams ' maternal fifth great @-@ grandfather , James Gray , was a Loyalist ranger during the American Revolution and fled to Canada after the Battles of Saratoga . McAdams is the eldest of three children with a sister , Kayleen , a celebrity make @-@ up artist , and a brother , Daniel . She grew up in a Protestant household . When she was four years old , she began figure skating , but turned down an opportunity to move to Toronto when she was nine years old for pair skating training . Then skating became merely " a hobby " . She competed in skating until the age of eighteen , winning regional awards . She has since said that skating prepared her for physical acting , because it trained her to be " in tune " with her body . McAdams was educated at Myrtle Street Public School , and later Central Elgin Collegiate Institute . She did not enjoy academic work and often would pretend to be sick to avoid going to school . Nonetheless , she was active in student life . In addition to playing sports (including volleyball , badminton , and soccer) , McAdams served on the student council , participated in the Crimestoppers program , and was a member of the Peer Helping Team . She worked at a McDonald 's restaurant during the summer holidays for three years .

McAdams first developed an interest in performing when she was seven years old , and while her parents did not discourage her , they did not " go out and find [her] an agent " . She attended both Disney and Shakespeare summer camps as a child . From the age of twelve , McAdams participated in Original Kids Theatre Company , London productions . In her late teens , she directed children 's theatre productions . She also was involved in school stage productions , most notably winning a performance award at the Sears Ontario Drama Festival . She was inspired by two of her teachers , who taught her English and drama , respectively , in the eleventh and twelfth grades . McAdams intended to take Cultural studies at the University of Western Ontario before being persuaded by her drama teacher that a professional acting career was a viable option . She enrolled in York University 's four @-@ year theatre program and graduated with a Bachelor of Fine Arts honours degree in 2001 . While at university , McAdams worked with the Toronto @-@ based Necessary Angel Theatre Company .

= = Career = =

= = = 2001 ? 05 : Early work and breakthrough = = =

In 2001 , McAdams made her television debut in the MTV pilot Shotgun Love Dolls as Beth Swanson , which was filmed during spring break from York University . She also made her Canadian film debut that year in the comedy My Name is Tanino . The Italian @-@ Canadian co @-@ production was filmed in Sicily and it marked her first time on an airplane when she was 22 years old . McAdams later earned a Genie Award nomination in her native Canada for her role as a teenage version of Wendy Crewson 's character in the drama Perfect Pie . In 2002 , she made her Hollywood film debut in the comedy The Hot Chick with Rob Schneider and Anna Faris which McAdams has described as a " huge milestone " in her career . She played a catty high school student who swaps bodies with Schneider 's character , a small @-@ time criminal . The Los Angeles Times felt she " emerges as a young actress of much promise " while the Daily Mail described McAdams and Faris as " talents to watch , but they are let down by everything around them " . The film grossed \$ 54 million worldwide . Afterwards , McAdams returned to Canada to star as Kate McNab in the comedy mini @-@ series Slings and Arrows about backstage theatre life at the fictional New Burbage Shakespearean Festival . She was written out of the second season of the program following her success in the United States . She received two Gemini Award nominations for her work on the program , with one win .

McAdams ' break @-@ out role came in 2004 , when she starred in the comedy film Mean Girls opposite Lindsay Lohan , Lacey Chabert and Amanda Seyfried . McAdams was 25 years old when she was cast as Regina George , the frenemy of Lohan 's character Cady Heron and the meanest and popular queen bee in the school , and she modelled her character from Alec Baldwin 's performance in the 1992 drama Glengarry Glen Ross . USA Today praised her " comic flair " while The Daily Telegraph found her " delightfully hateful " . The San Francisco Chronicle felt that " McAdams brings glamour and magnetism to Regina , but also the right hint of comic distance . " The film grossed \$ 129 million worldwide and earned McAdams two MTV Movie Awards . Mean Girls later reached No. 12 in an Entertainment Weekly list of the Greatest Ever High School Movies . Tina Fey , who co ? starred in the film and wrote the screenplay , has credited McAdams with teaching her how to act in front of a camera rather than an audience : " She 's a film actor . She 's not pushing . And so I kind of learned that lesson from watching her . "

Afterwards in 2004 , McAdams starred opposite fellow Canadian Ryan Gosling in the romantic drama The Notebook directed by Nick Cassavetes and based on Nicholas Sparks 's novel of the same name . She played Allie Hamilton , a wealthy southern belle who has a forbidden love affair with Gosling 's character Noah Calhoun , a poor labourer . McAdams spent time in Charleston , South Carolina prior to filming to familiarize herself with the southern accent she used , and took ballet and etiquette classes . Filming took place from late 2002 to early 2003 . Although McAdams and Gosling became romantically involved in 2005 , they had a combative relationship on set . " We inspired the worst in each other " , Gosling has said . " It was a strange experience , making a love story and not getting along with your co @-@ star in any way . " At one point , Gosling asked Cassavetes to " bring somebody else in for my off @-@ camera shot " because he felt McAdams was being uncooperative . The New York Times praised the " spontaneous and combustible " performances of the two leads while Roger Ebert of the Chicago Sun @-@ Times was won over by the " beauty and clarity " of McAdams 's performance . The Chicago Tribune declared her " a real discovery " who " infuses young Allie with that radiant , breathlessly winning ingénue grace and charm that breaks hearts " . The film grossed over \$ 115 million worldwide . McAdams won an MTV Movie Award and four Teen Choice Awards . Entertainment Weekly has said that the movie contains the All @-@ Time Best Movie Kiss while the Los Angeles Times has included a scene from the film in a list of the 50 Classic Movie Kisses . The Notebook has appeared on many Most Romantic Movies lists . " I 'm so grateful to have a film that people respond to in that way " ,

McAdams told Elle in 2011 . " It was a big deal " .

In 2005 , McAdams starred in the romantic comedy *Wedding Crashers* with Owen Wilson , Vince Vaughn and Bradley Cooper . McAdams played the daughter of an influential politician , who is caught in a love triangle with Wilson and Cooper 's characters . McAdams listened repeatedly to Fleetwood Mac 's 1975 song " Landslide " to prepare for emotional scenes and Wilson has said the song made her cry immediately : " It was like turning on a faucet " . She trained for a sailing certification for a boating sequence because her character was said to be an accomplished sailor . Manohla Dargis of The New York Times felt McAdams " makes the most of her underdeveloped character " and " grows more appealing with every new role " . Variety found her " a beguiling presence " who " actually creates a real character ? a rarity for females in one of these lad @-@ mag escapades " . From a production budget of \$ 40 million , the film grossed over \$ 285 million worldwide .

Afterwards , McAdams starred opposite Cillian Murphy in Wes Craven 's thriller *Red Eye* where she played a young hotel manager who is held captive by Murphy 's character while aboard a red @-@ eye flight . Craven has said McAdams was the only actress he considered for the part . She was drawn to the relatable qualities of her character : " She was not some sweaty , tank @-@ top @-@ wearing , Uzi @-@ carrying super woman " . Variety found her " increasingly impressive " while Roger Ebert asserted that " she brings more presence and credibility to her role than is really expected ; she acts without betraying the slightest awareness that she 's inside a genre . Her performance qualifies her for heavy @-@ duty roles . " Upon release , the film , which was made on a budget of \$ 26 million , earned over \$ 95 million at the worldwide box office .

In late @-@ 2005 , McAdams starred in the seasonal family comedy @-@ drama *The Family Stone* alongside Sarah Jessica Parker , Diane Keaton and Paul Schneider , which gave McAdams an opportunity to play a dishevelled and sardonic sister , rather than the usual " obvious " girlfriend or wife roles . She was eager to work with Keaton and remarked , " It 's never about line counts for me . It 's about the people I get to work with . " Variety noted that " a deglammed but still radiant McAdams proves once again that she 's the real deal , delivering a deliciously feisty performance " . The New York Times felt that her " engaging screen presence holds your attention and sympathy despite the handicap presented by her character 's personality . " The film was a commercial success : it cost \$ 18 million to make and grossed over \$ 92 million worldwide .

= = = 2006 ? 10 : Career hiatus and return = = =

At this point in her career , McAdams was hailed as " the next Julia Roberts " and the new " Hollywood it girl " . Vanity Fair invited McAdams , along with actresses Scarlett Johansson and Keira Knightley , to appear on its March 2006 cover , the annual Hollywood issue . Upon arrival on the photo set , McAdams discovered it was a nude session , declined and left . She later parted ways with her publicist at the time , who had not informed her in advance . Knightley later recounted , " Quite early on Rachel just said , ' No , I 'm not into that . ' She 's a lovely girl , and I really respect her for doing that . " When asked about the incident in 2008 , McAdams had " no regrets " .

McAdams took a break from her film career from 2006 to 2007 . " There were a lot of cooks in the kitchen , a lot of voices around me , and I wanted to step away so I could hear my own voice again " , McAdams said in 2013 . " Truthfully , I never really wanted to be a big movie star . I never even wanted to work outside of Canada , or outside of the theatre . " During that period , McAdams turned down roles in the films *The Devil Wears Prada* , *Casino Royale* , *Mission : Impossible III* and *Get Smart* . In February 2006 , she made a one @-@ off stage appearance in *The Vagina Monologues* at St. Lawrence Centre for the Arts , Toronto to raise funds for V @-@ Day . That same year , McAdams received a Rising Star Award nomination from the British Academy of Film and Television Arts and hosted the Academy Awards for Technical Achievement .

McAdams returned to her film career in 2008 and starred in the 1940s film noir *Married Life* with Pierce Brosnan and Chris Cooper where she played Kay Nesbitt , a young widow who wins the affections of Brosnan and Cooper 's older characters . In preparation for the role , McAdams studied old films , particularly those of Kim Novak . She has said the film shoot re @-@ energized and re

@-@ inspired her and made her eager to continue working more often again . Entertainment Weekly found McAdams " a particularly delightful vision after her two @-@ year intermission " . Variety criticized her break from the big screen but felt that , despite a performance of " tender feeling " , " her natural vivaciousness and spontaneity are straightjacketed " by the film noir format . The film had a limited release and was a box @-@ office failure . It grossed just over \$ 2 million worldwide , failing to recoup its production budget of \$ 12 million .

Afterwards , McAdams starred in the road trip comedy @-@ drama *The Lucky Ones* with Tim Robbins and Michael Peña , a story about three Iraq War soldiers on a brief road trip back in the United States . She trained at a real boot camp , at Fort Campbell , Kentucky , prior to filming . In 2011 , McAdams said that Colee Dunn was " probably one of my favorite characters I 've ever played " . The film also had a limited release and *The New York Times* found her " luminous as always " while Roger Ebert of the *Chicago Sun @-@ Times* hailed the performance as " her coming of age as an actress " . " Previously she has been seen mostly as a hot chick or an idealized sweetheart " , he wrote . " Here she is feisty , vulnerable , plucky , warm , funny ... Watch the poignancy of the scene when she meets her boyfriend 's family . " *Entertainment Weekly* found her " feisty , gorgeous , and as mercurial as a mood ring " . *The Lucky Ones* is the least commercially successful film of McAdams 's career as of 2012 , having grossed just \$ 266 @,@ 967 worldwide .

In 2009 , McAdams starred with Russell Crowe , Helen Mirren , and Ben Affleck in the political thriller *State of Play* , based on the BBC drama television series of the same name . McAdams played Della Frye , an online reporter who investigates a possible conspiracy with Crowe 's character , a veteran print journalist . McAdams visited *The Washington Post* 's offices and met with politicians on Capitol Hill for her research . *Entertainment Weekly* felt she was " perfectly cast as an ambitious wonkette " while *The Daily Telegraph* noted that " McAdams , with her lively eyes and large , expressive forehead , holds her own against Crowe . Mercifully , she avoids any temptation to play girly and demure to his grizzled alpha male . " The film grossed over \$ 87 million worldwide .

Also in 2009 , McAdams starred opposite Eric Bana in the science fiction romantic drama *The Time Traveler 's Wife* , based on Audrey Niffenegger 's best @-@ selling novel of the same name . McAdams fell " madly in love " with the novel but was initially slightly hesitant to accept the role because Clare Abshire , the long @-@ suffering wife is a " character that people have already cast in their heads " . Peter Travers of *Rolling Stone* said , " I 'd watch the vibrant Rachel McAdams and Eric Bana in anything , but *The Time Traveler 's Wife* is pushing it . " *The Los Angeles Times* found her " luminous [yet] , sadly , her facility as an actress is mostly wasted . " Writing in *The Chicago Tribune* , Michael Phillips , in an otherwise tepid review , said of her performance : " Every scene she 's in , even the silly ones , becomes better ? truer , often against long odds ? because she 's in it . Her work feels emotionally spontaneous yet technically precise . She has an unusually easy touch with both comedy and drama , and she never holds a melodramatic moment hostage . " The film was a commercial success , earning over \$ 101 million worldwide .

In late 2009 , McAdams starred in the mystery / action @-@ adventure film *Sherlock Holmes* with Robert Downey , Jr. and Jude Law . She played Irene Adler , an antagonist and love interest of Downey 's title character Sherlock Holmes , and welcomed the opportunity to play a character who is " her own boss and a real free spirit " . *Variety* felt her character was " not very well integrated into the rest of the story , a shortcoming the normally resourceful McAdams is unable to do much about " . *The New York Times* stated , " Ms. McAdams is a perfectly charming actress and performs gamely as the third wheel of this action @-@ bromance tricycle . But Irene feels in this movie more like a somewhat cynical commercial contrivance . She offers a little something for the ladies and also something for the lads , who , much as they may dig fights and explosions and guns and chases , also like girls . " The film was a major commercial success , earning over \$ 524 million at the worldwide box office .

In 2010 , McAdams starred with her *The Family Stone* co @-@ star Diane Keaton and Harrison Ford in the comedy *Morning Glory* directed by Roger Michell , where she played a television producer attempting to improve the poor ratings of a morning television program . The film was billed as a starring vehicle for McAdams . She initially felt she was unsuited to the role saying , " I 'm not funny . So I said , ' if you need me to be funny , you might want to look somewhere else ' " . Michell

had a number of dinners with McAdams and persuaded her to join the cast . Since working with Keaton , McAdams has described her as a mentor figure . Kenneth Turan of the Los Angeles Times said McAdams " gives the kind of performance we go to the movies for " while Roger Ebert of the Chicago Sun @-@ Times felt she played " as lovable a lead as anyone since Amy Adams in Junebug " in an otherwise " routine " movie . The New York Post was impressed by " her gift for physical comedy " , as was Variety . While the New York Times felt she " plays her role exceptionally well " and is " effortlessly likable " , it called on Hollywood to give her parts " worthy " of her talent . " Ms. McAdams has to rely on her dimples to get by . She does , but she could do better . " The film was a modest commercial success , grossing \$ 58 million worldwide from a production budget of \$ 40 million . McAdams was disappointed that the film failed to find a larger audience , remarking that " I only hear these businesspeople : ' Well , no one was sure who it was for . ' "

= = = 2011 ? 14 : Big @-@ name auteur projects = = =

In 2011 , McAdams starred in Woody Allen 's fantasy romantic comedy *Midnight in Paris* with her *Wedding Crashers* co @-@ star Owen Wilson and Michael Sheen . The film opened the 2011 Cannes Film Festival . McAdams played Inez , the shrewish fiancée of Wilson 's character Gil . Allen wrote McAdams ' part for her , after hearing " glowing reports " from his friend and her former co @-@ star Diane Keaton . He said that he was " crazy about Rachel " and wanted to give her the opportunity to play something other than " beautiful girls " . The film was shot on location in Paris and McAdams has said that the experience " will always have a great place in my heart " . The Guardian criticized that she " has morphed from the sweet thing in *Wedding Crashers* to the dream @-@ crushing bitch that , according to American comedies , women become once they ensnare their man " . Richard Corliss of *Time* " felt sorry for McAdams , whose usually winning presence is ground into hostile cliché " . However , the Los Angeles Times felt she " deftly handles a part that is less amiable than usual for her " and The New York Times found her " superbly speeded @-@ up " . It became Allen 's highest grossing film ever in North America and was the most commercially successful independent film of 2011 . With a production budget of \$ 17 million , the film has grossed over \$ 151 million worldwide . McAdams , along with six other members of the cast , received a Screen Actors Guild Award for Outstanding Performance by a Cast in a Motion Picture nomination . Allen won the Academy Award for Best Original Screenplay and the film itself was nominated for three other Academy Awards , including Best Picture .

McAdams reprised her role as Irene Adler in the mystery / action @-@ adventure sequel *Sherlock Holmes : A Game of Shadows* , but the female lead role was played by Noomi Rapace . Joel Silver , the film 's producer , has said that " we always intended to have a different kind of girl for each movie " in the vein of Bond girls . He found it " complicated " to persuade McAdams to return in a smaller role : " She loved being with us , but she hoped to have a bigger role . " The Wall Street Journal felt " she vanishes all too soon in this overproduced , self @-@ enchanted sequel , and so does the spirit of bright invention that made the previous film such a pleasant surprise . " The Huffington Post remarked that she " exhibits far more personality and roguish charm in her few moments here than she did in all of the previous film . Freed from the constraints of being the de @-@ facto love interest , McAdams relishes the chance to go full @-@ villain . " The film has grossed over \$ 543 million worldwide .

In 2012 , McAdams starred opposite Channing Tatum in the romantic drama *The Vow* , based on a true story . McAdams and Tatum played a newlywed couple who try to rebuild their relationship after a car crash leaves the wife with no recollections of who he is or their marriage . McAdams was drawn to the " roller coaster " faced by her character and found it interesting that the story was told " through the guy 's eyes " . The New York Times stated that " the dimply and adorable Rachel McAdams " brings " enough physical charm and emotional warmth to distract from the threadbare setting and the paper @-@ thin plot " . Newsday felt that McAdams , " exuding her usual uncanny warmth on @-@ screen " , " is the real draw " . However , the Los Angeles Times felt she was " wasted " in the role : " She is such an appealing actress that it 's hard not to wish someone could make better use " of her . *Time* found the film an example of McAdams " coasting " in " unabashedly

romantic " movies and asserted that " she 's a much more versatile and clever actress " than such projects would suggest . The film , financed for \$ 30 million , was a major commercial success and became her biggest box office hit in a leading role . It topped the U.S. box office and has grossed over \$ 196 million worldwide .

In 2013 , McAdams appeared opposite Ben Affleck in Terrence Malick 's romantic drama *To the Wonder* . McAdams played a horse ranch worker in Oklahoma and the love interest of Affleck 's character . She found Malick to be an " incredibly helpful " director ; they discussed her character in detail and he took her on a tour of the local town , pointing out which house she would have grown up in and where she would have attended school . Upon its U.S. limited theatrical release , the film polarized film critics , some of whom found McAdams ' role to be " fairly small " ; IndieWire noted that " McAdams has the least to do of the principals , but is wonderfully haunted and sad in her brief appearances " .

Afterwards , McAdams starred in Brian De Palma 's erotic thriller *Passion* opposite Noomi Rapace ; they played two business executives in a power struggle . De Palma saw McAdams ' performance in *Mean Girls* and decided to cast her as Christine . The movie was released in selected theaters in the US , receiving average reviews from critics ; Entertainment Weekly noted that McAdams " uses her sexy billboard smile and emphatic delivery to nail a certain type of troublemaker boss who embeds her aggression in pert ' sincerity ' " while the Los Angeles Times remarked : " McAdams and Rapace are gesturally awkward and wildly miscast ? more sorority sisters in a spat than cross generational power antagonists . " She was honoured a plaque dedicated to her on the St. Thomas Wall of Fame in her hometown of St. Thomas , Ontario .

In late 2013 , McAdams starred in Richard Curtis ' romantic comedy @-@ drama *About Time* with Domhnall Gleeson , where she played the love interest of Gleeson 's character . The story 's time @-@ travel element illustrates the importance of living in the moment . Zooey Deschanel was originally slated to play McAdams 's role but dropped out shortly before filming began . A fan of Curtis for years , McAdams wanted to have the chance to work with him it was supposedly Curtis ' last project as a director . The film was a commercial success at the international box office , and McAdams had a positive reception among critics , with Variety praising her and Gleeson for their " radiant , believable chemistry " which " keeps the film aloft . "

In 2014 , McAdams starred opposite Philip Seymour Hoffman in an adaptation of John le Carré 's espionage thriller *A Most Wanted Man* , directed by Anton Corbijn . Despite learning to speak with German accent as a preparation for her role , reviewers criticized her for it . Vanity Fair noted that McAdams had a " little less success with her accent " than her co @-@ star Hoffman but , nonetheless , she " proves as intelligent , soulful , and magnetic a presence as ever " . In late 2014 , McAdams received a star on Canada 's Walk of Fame .

= = = 2015 ? present : Critical achievements = = =

In 2015 , McAdams appeared as journalist Sacha Pfeiffer in Thomas McCarthy 's ensemble drama *Spotlight* , about the child @-@ abuse scandal in Boston 's Catholic Church . To prepare for her role , McAdams tried to find out from Pfeiffer herself every detail about her character and her work covering the child molestation allegations , persistently calling and sending her texts . " I bugged Sacha a lot and she was very gracious about it , " McAdams once stated during an interview . The movie garnered universal critical acclaim , mainly for its detailed story and the cast performances . David Sims of *The Atlantic* wrote that she " exudes a warmth that gets strangers to spill their darkest stories to her " while Kenneth Turan of the Los Angeles Times stated that Pfeiffer was " empathetically played by the protean McAdams " . For her role , McAdams has received nominations for the Academy Award for Best Supporting Actress , Critics ' Choice Movie Award for Best Supporting Actress and Screen Actors Guild Award nominations in the categories of Outstanding Performance by a Female Actor in a Supporting Role and Outstanding Performance by a Cast in a Motion Picture .

McAdams appeared in three other 2015 films . She starred opposite Emma Stone , Bradley Cooper , and Bill Murray in the Cameron Crowe @-@ directed romantic comedy *Aloha* , playing Cooper 's

former girlfriend who is now married and has two children . The movie received a May 29 release , to a negative reaction from critics and audiences alike . She had a supporting role as the wife of Jake Gyllenhaal 's character in the boxing drama Southpaw (2015) . The film received mixed reviews but A.O. Scott of The New York Times conceded : " It features some pretty appealing players . There are worse things to see at the multiplex than Ms. McAdams playing a tough cookie standing by her man . " Her next movie , Wim Wenders 's drama Every Thing Will Be Fine , received an U.S. limited release in December 2015 .

In 2015 television work , McAdams starred as Ani Bezzerides in the second season of HBO 's anthology crime drama True Detective , alongside Taylor Kitsch , Vince Vaughn and Colin Farrell . While the season received mixed reviews , McAdams 's work was praised . The Guardian remarked : " If there 's anyone with any chance of enjoying a McConaughaissance here it 's probably McAdams ? an actor whose characters are more usually associated with the death of the romcom than murders involving people with eyes burned out by acid . Here , her Ani is a convincing mess . " She received a nomination for the Critics ' Choice Television Award for Best Actress in a Movie / Miniseries for her role . Also in 2015 , McAdams played Buttercup in a one @-@ off , staged LACMA Live Read of The Princess Bride .

Upcoming projects include an animated version of The Little Prince and the superhero film Doctor Strange .

= = Philanthropy = =

= = = Environmental activism = = =

McAdams is an environmentalist . She ran an eco @-@ friendly lifestyle website GreenIsSexy.org with two of her friends for five years , from 2007 to 2011 . Her house is powered by Bullfrog renewable energy . She travels around Toronto by bicycle and does not own a car , but drives when in Los Angeles because it is " a harder town to cycle in " . She volunteered in Biloxi , Mississippi and Louisiana in fall of 2005 , as part of the clean @-@ up effort following Hurricane Katrina . McAdams sat on a TreeHugger / Live Earth judging panel in 2007 . She appealed for donations during the Canada for Haiti telethon in 2010 . She was involved in Matter of Trust 's " hair boom " efforts following the 2010 Gulf of Mexico oil spill . In 2011 , McAdams supported Foodstock , a protest against a proposed limestone mega quarry in Melancthon , Ontario . In 2013 , she filmed two promotional videos for the Food & Water First Movement , aiming to preserve prime farmland and source water in Ontario , Canada . In 2014 , she narrated the feature documentary Take Me To The River , which investigates what is being done to try to save iconic rivers .

= = = Other causes = = =

In 2006 , McAdams took part in the " Day Without Immigrants " demonstration in Los Angeles , protesting the federal government 's attempts to further criminalize illegal immigrants living in the United States . In 2011 , she attended the Occupy Toronto demonstration . In 2013 , McAdams volunteered with Habitat for Humanity in her hometown of St. Thomas . She has also worked with charities including the Sunshine Foundation of Canada , the Alzheimer 's Association , the READ Campaign , and United Way of Canada .

= = Personal life = =

McAdams resides in the Harbord Village neighbourhood of Toronto , Ontario , Canada . She holds a U.S. green card but has remarked , " The world has become so small these days , and most films aren't shot in Hollywood anymore , so there 's no point living there . " She practices kundalini yoga daily .

McAdams dated Canadian actor Ryan Gosling from mid ? 2005 to mid ? 2007 , and they briefly

reunited in 2008 . She dated Welsh actor Michael Sheen from mid @-@ 2010 to early 2013 .

= = Filmography = =

= = = Film = = =

= = = Television = = =

= = Awards and nominations = =

McAdams has been given many awards and nominations , including winning one Screen Actors Guild Award , out of three nominations , and a nomination for the Academy Award for Best Supporting Actress for Spotlight .