

= You 're Whole =

You 're Whole is an American satirical television series created by Michael Ian Black for Adult Swim . The show parodies self @-@ help infomercials and stars Black as the host , Randall Tyree Mandersohn . In it , Mandersohn advertises his systems of objects and actions designed to help people with their issues . It was the production of Abominable Pictures , with which Black originally consulted with the premise of the show in mind . Meanwhile , Michael Showalter , longtime collaborator of Black , served as the director .

The show originally ran from November 5 , 2012 to December 2 , 2013 , airing two seasons and totaling eight episodes . Both seasons were broadcast at 4 : 00 a.m. as part of DVR Theater on Adult Swim . On air , it was promoted as a series of genuine infomercials . Critical reception was positive , with many praising Black 's performance . A live performance was held at the 2014 SF Sketchfest , also positively received .

= = Synopsis and production = =

You 're Whole is presented as a parody of self @-@ help infomercials . Each episode is advertised as part of a larger DVD set , consisting of 27 discs . The show features Michael Ian Black as the host , Randall Tyree Mandersohn : a " totally blind " , volleyball @-@ obsessed , self @-@ help guru . Along with his wife , Pam (Cathy Shim) , Mandersohn aims to help people using his bizarre , convoluted systems of objects and actions . The show was directed by Michael Showalter , a longtime collaborator of Black . Actor Crista Flanagan indicated that the second season was filmed as recently as August 2013 .

In a June 2014 interview with the Detroit Metro Times , Black stated that no further seasons would be produced . Writing retrospectively the amount of research put into the show , Black stated that he " didn 't spend a lot of time thinking about it " , as it would have spoiled " some of the stupidity " , joking that " I 'm nothing if not stupid " . Abominable Pictures producer David Soldinger later wrote that Black had come to the company with the idea in mind , and that , with their other parody infomercial Swords , Knives , Very Sharp Objects and Cutlery , " it was a happy marriage " between their company and Adult Swim .

= = = Live performance = = =

A live performance of the show was given at the 2014 SF Sketchfest on January 31 . In addition to acting , Black and Showalter interlaced it with clips from the show . Art Siri watt of The Daily Californian observed Showalter to be the " straight man " to Black 's antics , with both frequently breaking character . He gave the performance a positive review , writing that " the result was a concise , lighthearted performance that was faithful to the show . "

= = Broadcast and reception = =

The show premiered on November 5 , 2012 on Adult Swim ; two seasons have been broadcast , totaling eight episodes . Advertised as a series of genuine infomercials , both seasons were broadcast at 4 a.m. , as part of the network 's DVR Theater block . The early @-@ morning timeslot was chosen since infomercials usually air during such hours . The first episode was published on YouTube the day after its premiere . One critic ? Eliot Glazer of Vulture ? called the early morning time slot " terrible " , directing readers toward online distribution . Although the show premiered during a graveyard slot in U.S. dayparting , nearly one million viewers (993 @,@ 000) saw it on air . The second season premiere marked a slight increase in viewers (996 @,@ 000) , while both maintained a Nielsen rating of 0 @.@ 7 .

Critical reception was positive , with many reviewers praising Black 's performance and the satirizing of American self @-@ help gurus , as conveyed through his casual racism and cultural appropriation of foreign rituals . Erik Adams of The A.V. Club found that the show conveys itself " in

a manner familiar to anyone who 's ever killed time before daylight by flipping through their cable package . " Britt Hayes of ScreenCrush called the show " absolutely fantastic " and Black 's portrayal " spot @-@ on " . Similarly , Aisha Harris of Slate wrote that Black 's performance was " wonderfully committed " , while the show " has pretty much every common trope of the self @-@ help craze covered " , citing the appropriation of foreign customs for Western audiences as " perhaps the most scathing treatment " .

Meanwhile , Kelly West of Television Blend highlighted some of the more surreal systems , calling the diet in the premiere episode " a winner " . For Splitsider , Bradford Evans dubbed the show " a more mainstream version " of Paid Programming , an unsuccessful pilot that was also pitched as a mock @-@ infomercial . He found that starring Black , " recognizable as a comedic actor , " would lead to its success , whereas the former preferred to use unknown actors instead .

= = Episodes = =

= = = Season 1 (2012) = = =

= = = Season 2 (2013) = = =