

= Jennifer Lopez : Feelin ' So Good =

Jennifer Lopez : Feelin ' So Good is the first long @-@ form video by American singer Jennifer Lopez . It was released in the United States on DVD and VHS on November 7 , 2000 by SMV Enterprises , the home media division of Sony 's music and entertainment label . With a running time of 60 minutes , the video provides a documentary @-@ style look at the launch of Lopez 's music career , through a mixture of interviews , behind @-@ the @-@ scenes footage , music videos and live performances . The interview segments were conducted by Lopez 's sister Lynda , who interviews not only Lopez , but also their mother , Benny Medina and Marc Anthony .

Beginning her career in musical theater , Lopez re @-@ entered the music scene upon her portrayal of the title role in the Selena biopic of the same name (1997) . The role inspired her to launch a career in music ; critics deemed it risky , noting that if she was unsuccessful in doing so , it would be an embarrassment and could damage her career . During the production of her debut album , On the 6 (1999) , Lopez was aware that she received her recording contract on the premise of having an already established name in the entertainment industry ; her goal for the album was to prove she had musical talent . The success of her debut single " If You Had My Love " and On the 6 came as a surprise to critics ; their release made the " popular actor even more popular " , with both the music industry and the public becoming intrigued by " this woman who seemed to have so many different talents " .

Jennifer Lopez : Feelin ' So Good received generally favorable reviews from critics , although it was noted that it would be of no interest to those who were not fans of Lopez . It was additionally praised for showing the singer 's transition from her acting career to a music career . The interview segments of the video were deemed to be " slick and promotional " . In the United States , Jennifer Lopez : Feelin ' So Good was certified as a Gold Video Longform by the Recording Industry Association of America (RIAA) for shipments of 50 @,@ 000 units .

= = Background = =

From a young age , Lopez 's Puerto Rican parents stressed the importance of work ethic and being able to speak English . They encouraged their three daughters to put on performances at home , singing and dancing in front of each other and their friends so that they would stay " out of trouble " . While attending her final year of high school , Lopez learned about a film casting that was seeking several teenage girls for small roles . She auditioned and was cast in My Little Girl (1986) , an low @-@ budget film co @-@ written and directed by Connie Kaiserman . After she finished filming her role in the film , Lopez knew that she wanted to become a " famous movie star " . She told her parents this , but they insisted that it was a " really stupid " idea and that " no Latinos did that " . Their disagreements led Lopez to move out of their family home and into an apartment in Manhattan . During this period , Lopez performed in regional productions of several musicals , before being hired for the chorus in a musical that toured Europe for five months . She was unhappy with the role , as she was the only member of the chorus not to have a solo . From there , she got a job on the show Synchronicity in Japan , where she acted as a dancer , singer and a choreographer . Lopez then gained her first regular high @-@ profile job as a Fly Girl dancer on the television comedy program In Living Color . She moved to Los Angeles with then @-@ boyfriend David Cruz to film the series and remained a regular cast member until 1993 when she decided to pursue a full @-@ time acting career .

After a series of co @-@ starring film roles , Lopez received her big break came in 1996 , when she was cast to play the title role in Selena , a biopic of the late American singer @-@ songwriter Selena . In the film , Selena 's real voice is used for the musical sequences in Selena , but Lopez would nonetheless sing the lyrics during the scenes instead of lip syncing . When asked in an interview if Selena inspired her to launch a music career , Lopez stated : " I really , really became inspired , because I started my career in musical theater on stage . So doing the movie just reminded me of how much I missed singing , dancing , and the like ... " After filming Selena , Lopez was " really feeling [her] Latin roots " and cut a demo in Spanish . Lopez 's manager then sent the song ,

entitled " Vivir Sin Ti " , to Sony Music Entertainment 's Work Group , who showed an interest in signing Lopez . Tommy Mottola , the head of the label suggested to her that she sing in English instead . She complied and began recording her debut studio album On the 6 . During production of the album , Lopez was aware of the fact that she received her recording contract on the premise of her looks and having an already established name in the entertainment industry , and wanted to prove that she had musical talent . Prior to the debut of her music , critics wondered why she would take the risk of launching a music career . It was noted that : " If the album was a flop , not only would it embarrass Lopez , but it might even damage her career . "

Lopez 's debut single , " If You Had My Love " , was released in May 1999 . The song reached the top spot on the Billboard Hot 100 on the issue dated June 12 , 1999 , dethroning Ricky Martin 's " Livin ' La Vida Loca " as the number @-@ one song in the country . The song stayed atop the Billboard Hot 100 for a period of a month and remained in the top ten until September 1999 . " If You Had My Love " was also a success internationally ; topping the charts in countries including New Zealand , Australia , and Canada . The song also peaked at number four on the UK Singles Chart and reached the top ten of seven other countries . " No Me Ames " , a duet with American recording artist Marc Anthony was released as a B @-@ side to " If You Had My Love " and as the album 's second single . The song was promoted by Sony Discos , who released a salsa and a ballad version of the song on their respective radio formats . The success of " If You Had My Love " and On the 6 came as a surprise to critics ; their release made the " popular actor even more popular " . Both the music industry and the public became intrigued by " this woman who seemed to have so many different talents " . Following the release of " If You Had My Love " and " No Me Ames " , three additional singles were released from the album . By the end of 1999 , Lopez had successfully converted herself from a film star to a pop star .

= = Synopsis = =

Jennifer Lopez : Feelin ' So Good opens with an intertitle that features a behind @-@ the @-@ scenes look at Lopez during the artwork shoot for On the 6 , artist 's proof of said photoshoot and brief clips of the music videos to the album 's five singles . In the second chapter , " Why Risk a Music Career ? " , Lopez is interviewed by her sister Lynda Lopez , who oversees each interview segment , about the risks of starting a music career after having an already thriving movie career . Critics believed that she was only launching a music career with an intent to expand her brand , while Lopez felt as if it was simply the " next natural step " in her career . Lopez 's manager Benny Medina further discusses this , labeling her as the " ultimate " triple threat ? " the actor , singer and dancer " . Lopez then confers , in the chapter " Press Tours / Promotions " , about the extensive promotional schedule she was on to promote the album . She examines the differences in promoting an album and a film , stating that promoting an album is more " personal " as it is something that is " closer to your heart " and something she " really believes in " . According to Lopez , by the end of the promotional tour for the album she " lost " her voice from the amount of interviews she had . Following this , Lopez 's performance of the Darkchild remix of " If You Had My Love " at the 1999 VH1 Fashion Awards is shown .

In the fifth chapter , " Beginning of the Year " , Lopez discusses her hectic schedule at the beginning of 1999 ; balancing film events and choosing the album 's first single and shooting its music video . Lopez then goes into detail about the concept behind the music video for " If You Had My Love " . Lopez 's sister Lynda makes a formal introduction to the music video , as having a " special place " in her heart , and it is shown . Lopez then explains how her duet with Marc Anthony on " No Me Ames " came about and the concept of the video . Video footage is shown , as Lopez discusses her first ever live performance , with " No Me Ames " , in April 1999 at Madison Square Garden alongside Anthony . Following this , the official music video to " No Me Ames " is shown . In the eleventh chapter of Jennifer Lopez : Feelin ' So Good , appropriately entitled " First Number One Single " , Lopez reveals the moment she found out that " If You Had My Love " went number one in the United States . She went on to discuss the events that occurred during the release week of On the 6 in " Record Release Week " . Lopez then reveals how she came to record " Let 's Get Loud "

and her performance of the song at the 1999 FIFA Women 's World Cup is shown .

In " Jennifer 's Energy " , Medina discusses Lopez 's ability to work at late hours of the night . Her 1999 Billboard Music Awards performance of the Hex Hector remix of " Waiting for Tonight " is then shown . Lopez then speaks of filming the music video for " Waiting for Tonight " and behind the scenes footage on set of the video is shown . She also explains how the Hex Hector remix of the song came about and the alternative music video that was created for it . A megamix video of the original and Hex Hector remix follows . The twentieth chapter , " Jennifer 's Mom " , is an interview with Lopez 's mother , discussing what was like to see Lopez on television for the first time . Lopez then discusses her surprise to the amount of fans she had and their dedication in " Fan Support " . In " Working on Record " , the twenty @-@ second chapter of Jennifer Lopez : Feelin ' So Good , Lopez discusses the process of writing and recording the album . Lopez 's sister Lynda interviews her choreographer Tina Landon on what it is like to work with her , before her 1999 Blockbuster Awards performance of " If You Had My Love " is shown . Footage is then shown of Lopez " goofing around " during a photoshoot , before the music video to her song " Baila " is debuted . In " Film Energy vs. Music Energy " Lopez compares the difference between the fans of her movies and of her music . In the final interview footage of Jennifer Lopez : Feelin ' So Good , Lopez explains the concept behind the music video of " Feelin ' So Good " and why Big Pun and Fat Joe were chosen to be featured on the song . The music video is then shown and is faded out into the end credits .

= = Release = =

Jennifer Lopez : Feelin ' So Good was released on DVD and VHS formats in the United States on November 7 , 2000 by SMV Enterprises , the home media division of Sony Corporation 's music and entertainment label Sony Music Entertainment . It was released in Canada the following week by CBS Video on DVD and VHS . In the United Kingdom , the video received a DVD release on January 30 , 2001 and a VHS release on April 30 , 2001 by SMV Enterprises . Jennifer Lopez : Feelin ' So Good was released on DVD in Japan on June 20 , 2001 by Sony Music Records , and on DVD and VHS in France on April 8 , 2002 by Sony BMG . The Region 1 cover features a black and white photo of Lopez during the photoshoot of On the 6 , while the Region 2 edition features a golden hue image also taken during the same photoshoot . Jennifer Lopez : Feelin ' So Good and Let 's Get Loud were released as a two disc DVD set in France on October 20 , 2003 . Jennifer Lopez : Feelin ' So Good was re @-@ released on DVD in Japan on November 21 , 2007 . Cory Rooney and Lopez acted as album executive producers of the DVD , while Lopez acted as a video executive producer , alongside Medina . Jeffrey Norskog acted as a video associate producer .

Digitally remastered with Dolby Digital 5 @.@ 1 Surround Sound , the DVD edition of Jennifer Lopez : Feelin ' So Good contains interactive menus and chapter access to songs . It contains song lyrics and a biography of Lopez in English and Spanish , as well as an exclusive photo gallery . Additionally , the video contains the music videos to Lopez 's songs : " If You Had My Love " , " Waiting for Tonight " , " No Me Ames " , " Feelin ' So Good " and " Baila " . It contains four live televised performances by Lopez in 1999 . First is her Blockbuster Movie Awards performance of " If You Had My Love " , followed by her VH1 Fashion Awards performance of the Darkchild remix of the same song . Then , her performance at the Billboard Music Awards of the Hex Hector remix of " Waiting for Tonight " and lastly her Woman 's World Cup Finale performance of " Let 's Get Loud " .

= = Critical response = =

Jennifer Lopez : Feelin ' So Good received generally favorable reviews from critics . Perry Seibert of Allmusic awarded the DVD three out of five stars , commenting that fans of Lopez will " greatly enjoy this disc " , but it carries little interest to the average DVD consumer . Aaron Beierle of DVD Talk stated that : " It 's interesting to watch this disc after watching Lopez in The Cell . I think it 's been impressive to watch her mature as an actress ; although much has been made of her supposedly demanding attitude , I think she 's talented as not only a singer / dancer but as a dramatic actress ? I 'm sure a comedic role is right around the corner " . The reviewer additionally

stated that the most interesting segment of the release was the " Waiting for Tonight " music video . He concluded by stating that : " Although I 'm not really a big fan of her music , I do appreciate it and found it enjoyable and entertaining to listen to throughout . " Beierle compared Jennifer Lopez : Feelin ' So Good to the video releases of Mariah Carey . The interview footage in @-@ between the performance segments has been described as " very slick and promotional " . It was also noted that in the interview footage Lopez " comes through energetically " and without " much star @-@ ego " . In the United States , Jennifer Lopez : Feelin ' So Good was certified as a Gold Video Longform by the Recording Industry Association of America (RIAA) for shipments of 50 @,@ 000 units .