

= Nick Mitchell =

Nicholas Cole " Nick " Mitchell (born November 9 , 1982) is an American retired professional wrestler who is best known for his work in World Wrestling Entertainment (WWE) as Mitch of the Spirit Squad on the Raw brand . Before starting a wrestling career , Mitchell played football for the Beaumont Drillers while at Blinn College . After not being accepted for a National Football League combine , Mitchell focused on a career in wrestling .

Mitchell took part of the fourth season of the reality series Tough Enough , a televised competition that would award the winner a WWE contract . Despite not winning , he signed a developmental contract with WWE , and was assigned to their developmental territory , Deep South Wrestling , where he wrestled as " Big Time " Nick Mitchell . He was later moved Ohio Valley Wrestling (OVW) where he joined the Spirit Squad faction .

After the Spirit Squad were called up to the Raw roster , they debuted in January 2006 , and won the World Tag Team Championship three months later . Following the split of the team , Mitchell was released from his WWE contract in May 2007 . Following his release , Mitchell began a career in mixed martial arts .

= American football career =

In high school , Mitchell played four years of varsity football , on both sides of the ball . He received a full scholarship to Northwestern State University of the Southland Conference , but was expelled for fighting during his freshman season . After attending Blinn College in Bryan , Texas for two semesters , Mitchell joined the Beaumont Drillers of the National Indoor Football League in 2003 . After a season with them , he attended a National Football League combine , but was told to go home after officials found out he had been expelled from college for fighting .

= Professional wrestling career =

= World Wrestling Entertainment =

= Tough Enough and developmental territories (2004 ? 2006) =

Mitchell took part in the fourth season of World Wrestling Entertainment 's reality series Tough Enough in 2004 . He was the first to be eliminated . Despite not winning , he was still signed to a WWE developmental contract and assigned to the company 's developmental territory , Deep South Wrestling . Several other competitors from Tough Enough were also signed , including Daniel Puder , Mike Mizanin , and Marty Wright , but near the end of 2006 , Mitchell and Mizanin were the only two left on the main WWE roster . He began wrestling under the name " Big Time " Nick Mitchell , and competed against wrestlers including Kid Kash and Johnny Parisi . He later suffered a knee injury , and although it was feared that he had torn his ACL , he was moved to Ohio Valley Wrestling (OVW) where he joined The Spirit Squad . Within days of his debut , the Squad was called up to the main WWE roster .

= The Spirit Squad (2006) =

As part of The Spirit Squad , a group consisting of five wrestlers who used the in @-@ ring personas of male cheerleaders , he adopted the name Mitch . As a result of his ACL injury , his ability to wrestle was curtailed and Mitch spent the first few months of his time in the Spirit Squad in a non @-@ wrestling role . On January 23 , 2006 , they had their WWE television debut as a group , appearing on Raw and helping Jonathan Coachman win a Royal Rumble qualifying match against Jerry " The King " Lawler by performing cheers for Coachman and distracting Lawler . They later

became a part of the ongoing scripted feud between WWE chairman Vince McMahon and Shawn Michaels . The villainous McMahon brought in the Squad to attack Michaels on numerous occasions , including placing them in multiple handicap matches .

They also wrestled in the tag team division , and on April 3 , on Raw , won the World Tag Team Championship when Kenny and Mikey defeated Big Show and Kane , with outside help from the other three Squad members as they attacked The Big Show in order to gain the advantage . After winning the championship , all five members of the team were recognized as the champions , allowing any combination of them to defend the championship .

Three weeks later , McMahon scheduled another handicap match , with The Spirit Squad facing Michaels . The match never started , however ; instead The Spirit Squad attacked Michaels , ripping apart his ring attire and , as part of the storyline , shattering his knee with a steel chair . McMahon then called Triple H to the ring to attack Michaels with a sledgehammer ; however , Kenny snatched the sledgehammer away , disrespecting Triple H , which led to him attacking the group . Triple H and Michaels revived D @-@ Generation X (DX) , since their teased reunion in 2002 , and as a team began a feud with the Spirit Squad . DX played various sophomoric pranks on the team and the McMahons (Vince and Shane) , as well as defeating The Spirit Squad in handicap matches at Vengeance and a clean sweep in an elimination handicap match at Saturday Night 's Main Event .

During their feud with DX and their alignment with McMahon , the team also wrestled other teams in Raw 's tag division over their World Tag Team Championship . The group successfully defended the tag team championship against the teams of Jim Duggan and Eugene , Charlie Haas and Viscera , and Snitsky and Val Venis . They then entered a lengthy feud with The Highlanders , whom they eventually defeated to retain the title at Unforgiven .

The Squad as a whole later began a losing streak with separate members losing singles matches to Ric Flair on consecutive episodes of Raw . After two consecutive losses to the debuting Cryme Tyme , Kenny attacked Mikey on the October 23 episode of Raw and announced that he was going to defeat Flair . Kenny was successful , despite Flair attempting to even the odds by bringing other WWE Legends , Dusty Rhodes , Sgt. Slaughter , and " Rowdy " Roddy Piper , to the ring with him . It was then announced that Flair and a legend , selected by interactive voting , would wrestle the team for the World Tag Team Championship at the Cyber Sunday pay @-@ per @-@ view in early November . The fans chose Piper , and he and Flair defeated Kenny and Mikey to win the championship .

The group was " killed off " on the November 27 Raw after they were defeated in a five @-@ on @-@ three match by Flair and DX . Later that night , in a backstage segment , DX placed all members into a crate stamped " OVW , Louisville , Kentucky " , a reference to the developmental territory from which the Squad had come .

Mitchell was released from his WWE contract on May 15 , 2007 .

= = Mixed martial arts = =

After being released by WWE , Mitchell began training for a career in mixed martial arts (MMA) under Rocky Long , a former mixed martial artist . He made his MMA debut on April 9 , 2010 , losing to Derek Lewis via second round technical knockout . Mitchell was set to fight again on December 11 , 2010 , but pulled out at the last minute due to an injury .

= = Personal life = =

He graduated from The Woodlands High School in 2001 . Mitchell played four years of varsity American football in high school , and received a full scholarship to Northwestern State University . During his freshman season , however , he was expelled for getting into a fight . Mitchell then spent two semesters at Blinn College in Bryan , Texas .

In 2007 he and his girlfriend , Torrie Wilson , started a business together , called " Officially Jaded " , a fashion boutique . The couple began dating in mid @-@ 2006 . Mitchell has since said that he feels that he was prevented from becoming successful in WWE when he began dating Wilson , as

he " was a young , fresh meat WWE guy who ' didn 't deserve ' the most beautiful diva " . The couple separated in 2011 .

As a professional wrestler , Mitchell suffered numerous injuries , including damaging a disc in his neck and injuring his knee , as well as breaking his nose three times within one month .

= = In wrestling = =

Nicknames

" Big Time "

= = Mixed martial arts record = =

= = Championships and accomplishments = =

World Wrestling Entertainment

World Tag Team Championship (1 time) ? with The Spirit Squad