" Elastic Heart " is a song by Australian singer Sia featuring Canadian singer The Weeknd and American producer Diplo , taken from the soundtrack for the 2013 American film The Hunger Games : Catching Fire . Andrew Swanson assisted the artists in writing the song , with production handled by Diplo and American producer Greg Kurstin . It was released on 1 October 2013 as a single from Catching Fire by RCA , Republic and Lionsgate .

"Elastic Heart " was well received by music critics and peaked at number 7 on the singles chart of New Zealand and was certified gold by the Recorded Music NZ . It also appeared on the charts of Australia , Belgium , Switzerland and the United Kingdom . In 2014 , Sia re @-@ recorded a solo version of " Elastic Heart " for her sixth studio album 1000 Forms of Fear . The solo version was released in 2015 as a single from the album and was accompanied by a controversial music video that features actor Shia LaBeouf and dancer Maddie Ziegler . The video was the 8th most viewed YouTube music video in 2015 .

= = Release and composition = =

" Elastic Heart " was released as the second single from the soundtrack for The Hunger Games : Catching Fire (2013) . The song was made available for digital download on 1 October 2013 . It was sent to US rhythmic contemporary radio by RCA Records , Republic Records and Lionsgate Films on 8 October 2013 .

A power ballad , Hilary Hughes of The Village Voice named " Elastic Heart " a " grand , full electropop production , " while Aimee Cliff from Fact characterised the song as " a pop song that bounces like rubber . " Meanwhile , Rolling Stone reviewer Julianne Shepherd called it a trap song . Its lyrics address " the overwhelming strength [Sia] needed to convince herself that life was worth living after coming out of a crushing relationship . " Having the chord progression of D ? A ? E ? F ? m , the song is composed in the key of F # minor .

In the deluxe version of 1000 Forms of Fear, this song was released as Elastic Heart (piano version) as a piano ballad.

= = Reception = =

Blue Sullivan of Slant Magazine wrote that " ' Elastic Heart ' is a seamless and highly successful team @-@ up that reads like a grimier after @-@ market version of Lady Gaga 's ' Do What U Want ' . " Spin magazine 's Chris Martins stated that " Sia soared " and it was a " bubbling ballad , " and Bradley Stern of MuuMuse claimed it was " a perfectly chaotic combination . " " Elastic Heart " debuted at number 67 on the Australian ARIA Singles Charts on the chart issue dated 14 October 2013 . The single also charted at number 27 on the Walloon Ultratip , and number 36 in Switzerland . The song fared better in New Zealand , peaking at number 7 on the national singles chart and was certified gold by the Recorded Music NZ (RMNZ) . In the United Kingdom , " Elastic Heart " debuted at number 79 on the UK Singles Chart on 12 October 2013 . On 17 January 2015 , the single re @-@ entered the chart at number 61 .

= = Credits and personnel = =

Credits for " Elastic Heart " are adapted from The Hunger Games : Catching Fire soundtrack digital inlay cover .

- = = Charts and certifications = =
- = = Release history = =

In 2014, Sia recorded a solo version of "Elastic Heart " for her sixth studio album, 1000 Forms of Fear. It was released on 9 January 2015 by RCA as the fourth single from the album. Annie Zaleski from The AV Club labelled "Elastic Heart " a " striking power ballad, " while AllMusic 's Heather Phares picked the song as one of the three standouts from the album, alongside "Chandelier" and "Eye of the Needle ". Aimee Cliff from Fact named it a " great example of how only Sia can truly rock a song written for (rather than by) Sia."

In Italy , " Elastic Heart " impacted contemporary hit radio on 9 January 2015 . " Elastic Heart " debuted at number 8 on the ARIA Singles Chart on the chart issue dated 19 January 2015 . The following week , the song rose to number 5 . The Australian Recording Industry Association certified it 3 × Platinum , which denotes shipments exceeding 210 @,@ 000 copies in Australia . In the United States , " Elastic Heart " debuted at number 17 on the Billboard Hot 100 on the issue chart dated 24 January 2015 , becoming the week 's " Hot Shot Debut " . The song was later certified double platinum for digital sales of two million copies in the United States . In the United Kingdom , the single peaked at number 10 on the UK Singles Chart on 5 April 2015 and has since been certified Platinum by the British Phonographic Industry .

= = = Music video = = =

On 7 January 2015, the music video for the song was released. Directed by Sia and Daniel Askill and choreographed by Ryan Heffington, the video features Maddie Ziegler, who previously appeared in the video for Sia 's single " Chandelier ", and actor Shia LaBeouf. In the video, Ziegler and LaBeouf wear nude and dirt @-@ smeared outfits. Justine Harman from Elle likened the concept of the video to the plot of Titanic. Jason Lipshutz from Billboard summarised: " The entirety of the video features the surprising pair interpreting the song through various body contortions: they dance @-@ fight, collapse in the middle of the cage, crawl toward and away from each other, and make some wildly fantastic facial expressions."

The video was nominated for the 2015 VMA Award for Best Female Video . Billboard selected the video as one " of the 10 best music videos of 2015 (so far) " , as did PopCrush , commenting that the video 's " lopsided choreography and filthy warfare yields a raw , junkyard beauty that doesn ? t ask who will make it out alive , but whether escape is ever really on the table . " New York magazine 's Vulture.com ranked it # 6 on its list of 2015 's top 10 music videos . As of July 2016 , the video had received more than 650 million views on YouTube . It was the 8th most viewed YouTube video in 2015 .

= = = = Controversy = = =

Upon its release, the video faced criticism due to the depiction of an adult and child dancing together, clad only in beige dancewear. Some commentators perceived the piece as pedophilic, and Sia later apologized on Twitter: " All I can say is Maddie and Shia are two of the only actors I felt could play these two warring ' Sia ' self states. I apologize to those who feel triggered by ' Elastic Heart'. My intention was to create some emotional content, not to upset anybody."

= = = Live performances = = =

On 17 January 2015, Sia performed "Elastic Heart " on Saturday Night Live. For the performance, Sia sang the song with a short black veil covering the top half of her face, while Ziegler recreated the dance routine in the music video wearing a nude leotard and blonde wig. Later that month, Sia made a live rendition of the song on The Ellen DeGeneres Show. She also performed the song on The Voice UK on 28 March and The Voice US on 7 April 2015.

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= = = Charts = = =
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