Fijación Oral , Vol . 1 (English: Oral Fixation, Vol . 1) is the sixth studio album by Colombian recording artist Shakira . It was released on 3 June 2005 by Epic Records . After attaining international success in 2001 with her first English record , Laundry Service , Shakira wanted to release a fifth Spanish @-@ language project as its followup . In the vein of her earlier work , Fijación Oral , Vol . 1 is a Latin pop album . Shakira enlisted Rick Rubin as executive producer , also working with Gustavo Cerati , Lester Mendez , Luis F. Ochoa and Jose " Gocho " Torres .

At its release Fijación Oral , Vol . 1 received generally favorable reviews from music critics , who complimented Shakira 's evolution from her earlier work . The album debuted at number four on the US Billboard 200 , with first @-@ week sales of 157 @,@ 000 copies . It set a record as the highest debut for a full @-@ length Spanish @-@ language album in the country which still stands . Internationally , the album topped the charts in Argentina , Germany , Mexico and Spain . Fijación Oral , Vol . 1 was the Best Latin Rock / Alternative Album at the 2006 Grammy Awards , and the Album of the Year and the Best Female Pop Vocal Album at the Latin Grammy Awards . Fijación Oral , Vol . 1 became the highest selling Latin pop album of the decade in the United States and the second highest selling Latin album overall . As of May 2013 , over four million copies of the album were sold worldwide and it is one of the best @-@ selling Latin albums in the United States .

Four singles were released to promote the album . Although its lead single (" La Tortura ") was the only track to reach the US Billboard Hot 100 , the follow @-@ up singles " No " , " Día de Enero " and " Las de la Intuición " enjoyed moderate success on the Hot Latin Songs , Tropical Songs and Latin Pop Airplay charts . In November 2005 Shakira supplemented the album with her second English @-@ language record , Oral Fixation , Vol . 2 . The two were packaged together as a box set and released as Oral Fixation , Vol . 1 & 2 in January 2007 . The projects were promoted with the Oral Fixation Tour in 2006 and 2007 , which visited the Americas , Africa , Asia and Europe . A performance in Miami , Florida was filmed and released as a live album in November 2007 .

= = Background = =

After achieving international success in 2001 with her first English album , Laundry Service , Shakira released a Spanish @-@ language record as its followup (her first since 1998 's Dónde Están los Ladrones ?) . Having co @-@ written nearly sixty songs for the project , she decided to divide the release into two volumes and put herself " on the mission of selecting [her] favorite ones " to record . Fijación Oral , Vol . 1 contains all Spanish @-@ language songs and Oral Fixation , Vol . 2 features all English @-@ language tracks . Shakira initially said that the second volume would have a " completely new repertory of songs " , although the completed album included two English translations of songs from the first record . It was reissued in 2006 as an expanded version with an additional translated recording and her future international @-@ hit single , " Hips Don 't Lie " . When recording the albums , she worked with previous collaborators Lester Mendez and Luis Fernando Ochoa and new partners Gustavo Cerati and Jose " Gocho " Torres .

For the album , Shakira wrote all the lyrics , and the majority of the music . " To start seeing people 's first reactions , and how people start relating to these songs and appreciating every single piece of work I have done over the past two years , is the best reward an artist can have after so much hard work , " says Shakira . " I will not lie to you ; it was not a path of roses . It was painful at times to come up with two albums , to write more than 60 songs and to fight my own insecurities and doubts . " While speaking about the difference about expressing herself in Spanish and English , Shakira told , " When I express myself in Spanish , I find elements that help me express an idea in perhaps a different way than when I do it in English . There are different aesthetics , but there is a certain style to the way I write my own songs , a particular way of describing feelings and emotions that I have developed over all these years making songs . I have gotten in touch with my own gift - I am sure , 10 years ago , I was not half as good as I can say I am today , and I am still not good enough . There is a long way to go . "

The artwork for both Oral Fixation albums was inspired by Eve , the first woman ; Shakira said she wanted " to attribute to Eve one more reason to bite the forbidden fruit , and that would be her oral fixation " and that " [she always felt] that [she has] been a very oral person . [It is her] biggest source of pleasure " . The first volume 's cover sees Shakira holding a baby girl in her arms ; the artwork for the second album shows a nude Shakira (covered by tree branches) , with the infant sitting in the tree . She stated that both covers alluded to psychoanalyst Sigmund Freud 's theory that infants begin discovering the world through their mouths during the oral stage of psychosexual development .

For Jon Pareles of The New York Times , " For obvious reasons , it 's eye @-@ catching , as was the cover of the Spanish @-@ language companion album , " Fijación Oral , Vol . 1 " . In the Middle East version of the album , Shakira was covered up with leaves . Complex magazine selected " Oral Fixation " album cover as the eleventh " sexiest album cover of all time " , writing that it is " the hottest portrayal of Eve in the Garden of Eden we can imagine . " Maxim also listed the album 's cover as one of the " sexiest album covers " , writing that , " A naked girl holding up an apple in a garden is played out , but not when the girl is hip @-@ shaking Shakira . Damn , it could happen all over again , couldn 't it ? . "

On January 23, 2007, Fijación Oral, Vol. 1 and Oral Fixation, Vol. 2 were released as a three @-@ disc box set, titled Oral Fixation, Vol. 1 & 2. Each record was on a separate disc, and was packaged with a DVD featuring music videos and live recordings of album tracks. The compilation peaked at numbers 13 and 27 on the Billboard Latin Pop Albums and Top Latin Albums charts.

= = Composition = =

Fijación Oral , Vol . 1 is a Latin pop album . The introductory track , " En Tus Pupilas " (" In Your Pupils ") , incorporates folk music styles and its opening verse includes French @-@ language lyrics . " La Pared " (" The Wall ") has been compared stylistically to the 1980s duo Eurythmics . " La Tortura " (" The Torture ") features Spanish singer @-@ songwriter Alejandro Sanz , with elements of Colombian cumbia music , dancehall and electronica . " Obtener un Sí " (" Obtain a Yes ") is a bossa nova song with cha @-@ cha elements against an orchestral background . " Día Especial " (" Special Day ") features Argentinean singer @-@ songwriter Gustavo Cerati on guitar .

The sixth track , " Escondite Inglés " , has a new wave feel . " No " also features Cerati on guitar , using a simple melody to emphasize Shakira 's vocals . " Las de la Intuición " (" The Ones with the Intuition ") has synthpop elements , while " Día de Enero " (" January Day ") has been compared to Mexican singer @-@ songwriter Natalia Lafourcade . " Lo Imprescindible " (" Bare Essentials ") has German @-@ language verses in which Shakira lyrically expresses " Come baby come . Don 't ever leave me " . The disc concludes with an acoustic version of " La Pared " and the Shaketon remix of " La Tortura " .

= = Singles = =

"La Tortura " was released as the lead single from Fijación Oral , Vol . 1 on 12 April 2005 . It features Spanish singer @-@ songwriter Alejandro Sanz , and was praised for its production and reggaeton influence . "La Tortura " was the only single from the album to chart on the US Billboard Hot 100 (peaking at number twenty @-@ three) , and reached number one on the Billboard Hot Latin Songs , Tropical Songs , and Latin Pop Airplay charts . The song set a record for the most weeks at number one , and additionally became the best @-@ performing Latin single of the year . The track was eventually certified platinum by the Recording Industry Association of America (RIAA) for shipments of 100 @,@ 000 copies . Internationally , "La Tortura " topped the Hungarian Rádiós Top 40 and the Spanish and Venezuelan singles charts . Its music video was directed by Michael Haussman , depicting a fictionally @-@ romantic Shakira and Sanz .

The follow @-@ up singles were also successful. The second single, "No", features Argentinian singer @-@ songwriter Gustavo Cerati and reached numbers two and eleven, respectively, on the Billboard Latin Pop Songs and Latin Songs charts. The video was filmed in a black @-@ and @-@ white effect, and was directed by Jaume de Laiguana. After the release of "Don't Bother "as the lead single from Oral Fixation, Vol. 2 in late 2005, "Día de Enero "was the third single from Fijación Oral, Vol. 1. It peaked at numbers seven and twenty @-@ nine on the Billboard Latin Pop Songs and Latin Songs charts, respectively. Like "No", its accompanying video was directed by de Laiguana. The clip refers to Shakira 's then @-@ boyfriend Antonio de la Rúa as she writes the letters "SyA" in a heart drawn in the sand.

Following the release of " Hips Don 't Lie " and " Illegal " as the second and third singles from Oral Fixation , Vol . 2 , the fourth and final single from Fijación Oral , Vol . 1 , " Las De La Intuición " , reached numbers eleven and thirty @-@ one , respectively , on the Billboard Latin Pop Songs and Latin Songs charts and number 1 in Spain . Its video shows Shakira in a purple wig . Shakira later recorded an English @-@ language version of the song , titled " Pure Intuition " .

= = Promotion = =

To promote Fijación Oral , Vol . 1 and Oral Fixation , Vol . 2 , Shakira began her Oral Fixation Tour on 14 June 2006 at the Feria De Muestras in Zaragoza , Spain . With assistance from the Creative Artists Agency , she visited twenty @-@ seven cities and performed forty @-@ one shows across five continents . The tour was additionally sponsored by Spanish automobile manufacturer SEAT , with whom Shakira also collaborated to support her Pies Descalzos Foundation . The tour concluded on 9 July 2007 at the Turkcell Kuruçe?me Arena in Istanbul , Turkey . It grossed over \$ 42 million in North and Latin America , and \$ 100 million worldwide . The set list consisted primarily of Spanish @-@ language songs , and included singles from her earlier career .

In November 2007 Epic Records released the Oral Fixation Tour live album on Blu @-@ ray Disc, which was filmed during a December 2006 show in Miami, Florida. William Ruhlmann of AllMusic gave it a positive review, complimenting Shakira 's vocals and dancing talent.

= = Critical reception = =

At Metacritic (which assigns a normalized rating out of 100 to reviews from mainstream critics) Fijación Oral , Vol . 1 received an average score of 79 based on 13 reviews , indicating " generally favorable reviews " . Stephen Thomas Erlewine of AllMusic said that " it 's hard to wait for Oral Fixation , Vol . 2 to arrive " , given the strength of the " commercial savvy and smart writing " displayed in the first volume . Matt Cibula of PopMatters shared a similar sentiment , adding that his excitement about Oral Fixation , Vol . 2 is a " massive understatement " . Entertainment Weekly 's Ernesto Lechner felt that Shakira " has found herself again " by " placing her operatic vocalizing at the service of Spanish poetry " , adding that this was her strongest album to date .

The Guardian 's Dave Simpson noted that " the songs are catchy , with melodies good enough to tempt non @-@ Spanish speakers to sing along " . Jon Pareles of The New York Times described the album as " blissfully pan @-@ American " , elaborating that " for Shakira it 's all pop , taut structures for volatile passion " . Barry Walters of Rolling Stone said that executive producer Rick Rubin helped " restore Shakira 's artistic integrity by keeping the industry at bay " . Yahoo ! Music 's Tom Townsend praised Shakira for being " wide awake and , as they used to say in Smash Hits , back , back , BACK ! " Paste 's Mark Kemp gave it a mixed review , saying that the record was " stronger overall than Laundry Service but not as warm as Dónde Están los Ladrones ? "

= = Commercial performance = =

In North America, Fijación Oral, Vol. 1 debuted at number four on the US Billboard 200, with first @-@ week sales of 157 @,@ 000 copies. It set a record for the highest debut of a full @-@ length Spanish @-@ language album in the country (which it still holds), and topped the Billboard Top

Latin Albums chart . According to Nielsen SoundScan , the album sold over 1 @,@ 012 @,@ 000 copies as of 2014 in the US . It was later certified platinum times eleven by Latin standards , with shipments of over 1 @,@ 100 @,@ 000 copies . In 2009 , Billboard named Fijación Oral , Vol . 1 as the best @-@ selling Latin pop album of the 2000s . In Mexico , the album debuted at number one , and was later certified triple platinum for shipments of 300 @,@ 000 copies . It was certified gold in Central America .

In South America , Fijación Oral , Vol . 1 peaked at number one in Argentina , and was eventually recognized with triple @-@ platinum certification . The album enjoyed similar success in Venezuela , selling over 34 @,@ 613 copies . Consequently , it was certified platinum in the country . Furthermore , the record sold over 100 @,@ 000 copies in Shakira 's native Colombia , and was later recognized with triple @-@ platinum certification . In Chile , it was certified platinum for shipping 15 @,@ 000 copies .

In Europe , Fijación Oral , Vol . 1 achieved similar success . It debuted at number two on the Austrian albums chart , where it was certified platinum for shipments of 30 @,@ 000 copies . The record peaked at numbers seven and fifteen , respectively , on the Belgian Walloon and Flanders album charts ; it was certified gold for shipments of 25 @,@ 000 copies . On the French albums chart the album reached number six , and was certified gold for shipments of 100 @,@ 000 copies . It topped the German Media Control Charts , receiving a platinum certification for shipments of 200 @,@ 000 copies . The record was certified gold in Greece for shipments of 10 @,@ 000 copies . On the Hungarian albums chart it reached number six , receiving a platinum certification for shipments of 20 @,@ 000 copies . The album peaked at number seven on the Dutch Top 40 . The record topped the Spanish albums chart , receiving triple @-@ platinum certification for shipments of 240 @,@ 000 copies . After peaking at number two on the Swiss Hitparade , the album was certified platinum for shipments of 40 @,@ 000 copies . As of May 2013 , the record has sold over four million copies worldwide .

= = Legacy = =

Stephen Thomas Erlewine of AllMusic said that releasing the Spanish @-@ language Fijación Oral , Vol . 1 after the success of the English @-@ language Laundry Service was a " sharp move " , complimenting the album for demonstrating that Shakira " can not only return to her roots , but expand upon them " . He described " La Tortura " as a " natural for American radio " , and felt that the parent album generated anticipation for the upcoming Oral Fixation , Vol . 2 . Writing for PopMatters , Matt Cibula praised the album for its musical departure from Laundry Service , applauding the integration of subtle samples across several songs as " great nods to the sounds of the 1980s " . Dave Simpson of The Guardian compared Shakira to a " Latin American Madonna " , describing her vocals as reminiscent of " Cher and Hazel O 'Connor , produced by Julio Iglesias " .

Jon Pareles of The New York Times found Shakira 's " smart or ambitious " image to be uncharacteristic of a sex symbol . He praised the versatility of her multilingual lyrics and her experimentation in a number of genres , citing the " multiplicity " in " the arrangements , in the mixed emotions of the lyrics , [and] in Shakira 's mercurial voice " . Writing for Paste , Mark Kemp complimented Shakira for dispelling notions she is " the Latin Britney , the female Ricky Martin [and] the pretty pop tart who sings in Spanish and sounds like Alanis " ; he compared the mix of musical elements in Fijación Oral , Vol . 1 to a Pop @-@ Tart with a " rich and nutritious filling " . Tom Townsend of Yahoo ! Music called her " the greatest pop star we have " , comparing her " consuming artistry " to that of Madonna and Prince . He credited the album for inspiring a revival of pop music , saying that the release proved that the genre " wasn 't dead , just sleeping " .

Shakira 's international success was solidified with Fijación Oral , Vol . 1 's strong commercial performance . After it debuted at number 4 on the US Billboard 200 and became the highest @-@ debuting full @-@ length Spanish album in the country , her label Epic Records called her " the biggest female crossover artist in the world " . The album remains her second @-@ highest @-@ charting release in the nation , behind Laundry Service 's peak position at number 3 . According to Billboard , it was the second best @-@ selling Latin album of the decade in the US after Barrio Fino

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by Daddy Yankee.
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= = = Accolades = = =
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At the 2005 Billboard Music Awards , Fijación Oral , Vol . 1 was the Latin Pop Album of the Year . At the 2005 Mexican Oye ! Awards , the album was the Pop Album of the Year by a Female Artist . At the 2005 Premios Shock awards ceremony , it received an award for " Album of the Year " . The album was the Best Latin Rock or Alternative Album at the 2006 Grammy Awards , and was Album of the Year , Best Engineered Album and the Best Female Pop Vocal Album at the Latin Grammy Awards of 2006 . That year , at the 13th Billboard Latin Music Awards , the album was the best Latin Pop Album by a Female . It was the Pop Album of the Year at the 18th Lo Nuestro Awards . Fijación Oral , Vol . 1 received an ALMA Award as Spanish Album of the Year . At the 2006 Groovevolt Music Awards , it was named Best Latin Album . At the Colombian Nuestra Tierra award ceremony , it was nominated Best Album of the Year which went to Fonseca for Corazón .

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= = Track listing = =
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Credits are adapted from the liner notes of Fijación Oral , Vol . 1 . Notes

^ a signifies a co @-@ producer

^ b signifies an additional producer

= = Personnel = =

Credits are adapted from Allmusic.

= = Charts = =

= = Certifications = =