

= Britney Spears : In the Zone =

Britney Spears : In the Zone (stylized as BRITNEY SPEARS : IN THE ZONE) is the fifth video release by American recording artist Britney Spears . Released by Jive Records on April 6 , 2004 , it accompanied the album of the same name . The DVD contains her ABC concert special Britney Spears : In the Zone , as well as footage from live performances to promote the album . It also includes the music videos for " Me Against the Music " and " Toxic " and their respective episodes of Making the Video , as well as unreleased material , such as several new tracks .

The DVD received positive reviews from critics , with one describing it as " recommended for fans " . Britney Spears : In the Zone was certified two @-@ times platinum by the Recording Industry Association of America (RIAA) for shipment of 200 @,@ 000 copies across United States . It was also certified platinum in Argentina and France , and gold in Australia and Brazil .

= = Background = =

In November 2003 , it was announced through Billboard that Spears planned to release a DVD in mid @-@ March 2004 , with previously unreleased footage . On February 26 , 2004 , it was reported by MTV that the release would concentrate on the live performances to promote In the Zone , such as her performances of " Me Against the Music " and " (I Got That) Boom Boom " from TRL and the half @-@ hour surprise appearance at Rain Nightclub at the Palms Casino Resort . The DVD also includes Britney Spears : In the Zone , her concert special in ABC that aired on November 17 , 2003 . Shot in New York 's Gotham Hall in October , the show featured stage settings evoking Cabaret . The release also contains the music videos of " Me Against the Music " and " Toxic " with their respective episodes of Making the Video . The North American edition includes two bonus tracks , " Don 't Hang Up " and " The Answer " , whereas other editions contain the songs " I 've Just Begun (Having My Fun) " and " Girls and Boys " .

Also included are a photo gallery and an additional interview . The total running time is 88 minutes . The presentation is offered in the aspect ratio of 1 @.@ 33 : 1 , aside from the " Me Against the Music " video , which is letterboxed . The DVD was set to be released on March 23 , 2004 , but was later moved to April 6 , 2004 .

" Sippin ' On " , under its original title " Tell Me What You 're Sippin ' On " was initially to be included on select versions of the " In the Zone " DVD but was omitted . Spears later considered including a new version of the song featuring vocals from rapper AC on her fifth studio album " Blackout " , with a review of the song from DJ Booth saying " On a possible inclusion to her yet @-@ to @-@ be @-@ titled comeback album (dropping this November) , Spears has hooked up with producer Tricky Stewart for the song Sippin ' On . The mid @-@ tempo track has the same familiar drum pattern as Nas ' I Can ; except here lyricism has been replaced by sexiness . After all , come the end of the song Britney does a ' soul clap ' . " Other reviews noted an influence from Janet Jackson on " Sippin ' On " . This version leaked from a " Blackout " demo CD , while the original intended for " In the Zone " surfaced in September 2011 . The song , a mid @-@ tempo R & B track , was produced by Tricky Stewart and co @-@ written by Spears .

= = Reception = =

Aaron Beierle of DVD Talk highlighted the concert special , but said that the interviews and behind @-@ the @-@ scenes footage " are geared clearly towards promoting the album and , while they achieve that goal , they break up the momentum of the concert terribly . " He summarized his review by saying that , " In the Zone does disappoint somewhat with the audio , but the video quality is good . Recommended for fans . " Allmusic gave the compilation three stars out of five .

Britney Spears : In the Zone debuted at the number one on the Billboard Top Music Videos on April 24 , 2004 . On May 11 , the DVD was certified two @-@ times platinum in the United States by the Recording Industry Association of America (RIAA) for shipments of 200 @,@ 000 copies . It was also certified gold by the Australian Recording Industry Association (ARIA) for shipments of 7 @,@

500 units . In the Zone was certified platinum by the Argentine Chamber of Phonograms and Videograms Producers (CAPIF) for shipments of 30 @,@ 000 copies in total , as well as gold in Brazil by the Associação Brasileira dos Produtores de Discos (ABPD) for shipment of 25 @,@ 000 copies . On June 1 , 2005 , it was certified gold by the Asociación Mexicana de Productores de Fonogramas y Videogramas (AMPROFON) for shipments of 10 @,@ 000 copies . In the Zone also received a platinum certification in France , for shipments of 15 @,@ 000 copies of the video . In Japan , In the Zone peaked at number seven on the Oricon DVD chart , staying on the chart for 29 weeks .

= = Track listing = =

= = = Disc 1 = = =

Source :

= = = Disc 2 = = =

= = Certifications = =