

= Hella Good =

" Hella Good " is a song by the American rock band No Doubt , taken from their fifth studio album Rock Steady (2001) . The song is influenced by electro , rock , punk , and funk music . It received positive reviews from contemporary music critics , who made comparisons to the work of a diverse range of artists such as Afrika Bambaataa and Madonna .

" Hella Good " was released as the album 's second single in April 2002 (see 2002 in music) . It was successful , and Roger Sanchez 's remix of the song topped the Billboard Hot Dance Music / Club Play . At the 45th Grammy Awards , " Hella Good " was nominated for Best Dance Recording , and Sanchez 's remix won for Best Remixed Recording , Non @-@ Classical . A black @-@ and @-@ white music video was produced , featuring the band squatting in an abandoned ship .

= = Background and writing = =

No Doubt decided to work with hip hop production duo The Neptunes as a sort of " cultural collision " . Lead singer Gwen Stefani wanted to write a high @-@ spirited and celebratory song about the positive things in her life , so they wrote an optimistic club song . The word hella was a slang term used mostly in the San Francisco Bay Area and other parts of California to mean " very " . Having toured in the Bay Area , Stefani borrowed the term to describe her mood . Stefani wanted to use the word dance in a chorus , so she decided to end each line of " Hella Good " ' s chorus with the phrase " keep on dancing " . The song 's funk sound is based on songs such as Queen 's 1980 single " Another One Bites the Dust " and The Commodores ' 1977 single " Brick House " .

" Hella Good " is a rock song composed in the key of G minor . It is written in common time and moves at a moderately fast 115 beats per minute . The song 's beat drew several comparisons to that of Michael Jackson 's 1983 single " Billie Jean " . Its hook comes from a simple progression of power chords alternating between G and A flat , suggesting Phrygian mode . " Hella Good " follows a verse @-@ chorus form with a chorus following each of the two verses . Following the bridge , the chorus is repeated and the song closes with an outro .

= = Critical reception = =

About.com ranked the song number one in a list of the top five singles from Stefani 's career , with the band as well as solo , reasoning by saying that the song 's " bumping contemporary beat pushes along 80 's style keyboards making it nearly impossible to keep from moving your body . " Blender described it as a " blazing start " to Rock Steady and compared it to the work of pop group Was (Not Was) , rapper and producer Timbaland , ska punk band Fishbone , and electro DJ Afrika Bambaataa . The NME also compared the song to Bambaataa 's music as well as that of Britney Spears and Duran Duran . PlayLouder called the track outstanding and compared Nellee Hooper 's production to the electroclash style of Chicago house DJ Felix da Housecat .

Entertainment Weekly characterized the song as a sequel to Madonna 's 1985 synthpop single " Into the Groove " . The publication listed " Hella Good " seventh on its list of the top singles of 2002 . It went on to include the song in its list of the top five No Doubt songs , in which it described the song as " a dance @-@ pop delight irresistible enough to make you forget that ' ' hella ' ' is one of history 's most irritating slang terms . " Stylus Magazine was pleased with the use of overdubbing in the song 's " anthemic rock chorus " , but referred to its lyrics as stupid . Billboard referred to the group as the B @-@ 52 's of the 2000s and praised " Hella Good " ' s combination of a strong bassline ; " fairly aggressive electric guitar accents " ; Kraftwerk @-@ style electronics ; and Stefani 's " loose , playful " vocals . The song was listed at number twenty @-@ six on the 2002 Pazz & Jop list , a survey of several hundred music critics conducted by Robert Christgau .

= = Chart performance = =

In the United States , " Hella Good " reached number thirteen on the Billboard Hot 100 . The song

was more successful in mainstream markets , reaching number three on the Top 40 Mainstream and number nine on the Top 40 Tracks , and in clubs , topping the Hot Dance Music / Club Play chart . It had success on adult contemporary stations , peaking at number nine on the Adult Top 40 and later appearing at number three on the Top 40 Adult Recurrents . It had some crossover success in urban contemporary markets and reached number twenty @-@ nine on the Rhythmic Top 40 chart . Interscope Records approached house DJ Roger Sanchez to produce a remix of the song , which went on to top the Hot Dance Music / Club Play chart . The song was less successful on the Canadian Singles Chart , where it peaked at number twenty @-@ six for three non @-@ consecutive weeks .

For the 2003 Grammy Awards , the National Academy of Recording Arts and Sciences introduced new categories for Best Dance Recording and Best Remixed Recording , Non @-@ Classical . " Hella Good " was nominated for Best Dance Recording at but lost to Dirty Vegas ' " Days Go By " , and Sanchez 's remix won for Best Remixed Recording , Non @-@ Classical . No Doubt performed a medley of " Underneath It All " and " Hella Good " at the show .

On the UK Singles Chart , " Hella Good " debuted at number twelve but was unable to reach a higher position . The song peaked at number eight on the ARIA Singles Chart in June 2002 and remained on the chart for three months . It was listed at number sixty @-@ four on the 2002 end of year chart , and it was certified gold by the Australian Recording Industry Association . " Hella Good " was successful in South America and reached the top five in Argentina and Chile . In New Zealand , It peaked at # 17 and spent 15 weeks in the chart .

The song was featured in the opening sequence of the 2005 film The Longest Yard . The song was covered by Rita Ora at Radio 1 's Big Weekend in Derry , Northern Ireland . " Hella Good " was also used in 2003 for the second season Alias episode " The Getaway " and in 2007 for the pilot episode of The Black Donnellys .

= = Music video = =

The song 's music video was directed by Mark Romanek . Not following any plot , the video depicts the band as a group of punk rockers squatting in an abandoned ship while the rest are chasing Stefani throughout the ship . During the course of the video , the band members perform the song , using bodyboards to float electronic equipment , and they and their friends explore and dance throughout the ship . There are also sequences of people riding on personal water crafts , Stefani performing on a coiled rope , people playing Jet Set Radio Future , and Stefani broadcasting on a pirate radio station .

Romanek came up with the video 's concept it and e @-@ mailed it to the band . He based it on a black @-@ and @-@ white Italian Vogue fashion shoot from the mid @-@ 1990s which featured models on waverunners . The video was then filmed over three days in March 2002 in Long Beach , California . The scenes inside the ship were filmed from man @-@ made sets at South Bay Studios .

The music video was moderately successful . Following a premiere on an episode of MTV 's Making the Video , it reached number four on the network 's video countdown Total Request Live . The video debuted on MuchMusic 's Countdown in April 2002 and peaked at number six , spending over four months on the program .

= = Track listing = =

" Hella Good " (album version) ? 4 : 02

" Hey Baby " - " Stank Remix " featuring Outkast and Killer Mike (dirty version) ? 4 : 06

" Hey Baby " - " Kelly G 's Bumpin ' Baby Club Mix " ? 8 : 14

" Hella Good " video ? 4 : 02

= = Charts and certifications = =

== Weekly charts ==

== Certifications ==