

= Jamie Stuart =

Jamie Christopher Stuart ( born 15 October 1976 ) is an English footballer who is player / manager of Isthmian League Premier Division club Grays Athletic , and plays as a defender . He started his career in The Football League with Charlton Athletic , Millwall , Bury and Southend United , before dropping into non @-@ League football with Hornchurch , Grays Athletic and Rushden & Diamonds . Stuart went on to gain promotion back into The Football League with AFC Wimbledon , before dropping back into non @-@ League with Sutton United and Margate - where he went on to become player / assistant manager .

He has also once acted as manager for Grays in the Essex Senior Cup in 2006 and later captained the side , before returning in May 2016 as permanent manager .

In 1997 , Stuart was sacked by Charlton and served a six @-@ month ban from football for failing a doping test . He was also charged with grievous bodily harm following an incident with Chris Beardsley , in a match with York City in September 2007 . He was acquitted of the charges in September 2008 .

= = Club career = =

= = = Charlton Athletic = = =

Stuart started his career at Charlton Athletic , where he rose through the youth system and signed his first professional contract in January 1995 . He made his first team debut for Charlton in the 2 ? 0 defeat against Huddersfield Town in the First Division on 17 August 1996 . He went on to make 50 appearances in the Football League , scoring three goals for the " Addicks " .

During his time with Charlton Athletic , he earned four international caps playing for the England under @-@ 21 team in the Toulon Tournament against France , Brazil , Nigeria and Italy 's under @-@ 21 teams .

He was sacked by Charlton and banned for six months by The Football Association in November 1997 for testing positive for cocaine and cannabis . He denied the charge , claiming that a cigarette he smoked had been laced with the cocaine .

= = = Millwall = = =

After serving his suspension , he signed for Millwall and made his debut on 8 August 1998 , in the 1 ? 0 away win at Wigan Athletic . Stuart picked up seven yellow cards and two reds in his first season with Millwall . The following season , 1999 ? 2000 , Stuart turned out a further seven times for Millwall before being released .

= = = Bury = = =

At the start of the 2001 ? 02 season , he had an unsuccessful trial with Cambridge United . He was then set to sign for Northampton Town , however , Kevin Wilson was sacked and the club 's plans to sign the defender were halted . Stuart eventually joined Bury in October 2001 on a short @-@ term contract , which was later extended to a two @-@ and @-@ a @-@ half @-@ year deal in February 2002 . He made his debut for the club in the 1 ? 0 away win at Hartlepool United in the Football League Trophy on 16 October 2001 . He was sent @-@ off in his third game for Bury in the 5 ? 1 defeat to Brentford . Stuart scored his only goal for Bury on 22 December 2001 , in the 1 ? 1 draw at home to Blackpool . Bury went 1 ? 0 down in the first @-@ half , before Stuart equalised in the 53rd minute , with a shot that went in off the post . During his 18 @-@ month spell with Bury , Stuart was a first @-@ team regular , making 61 appearances in the Third Division , scoring once . Bury finished seventh in the league during the 2002 ? 03 season , qualifying for the play @-@ offs . He also gained a total of four red cards and four yellows in the 18 @-@ months he was with Bury ,

including a red card in the 2002 ? 03 play @-@ off semi @-@ final first leg against Bournemouth . Stuart was allegedly elbowed in the face by Wade Elliott , which resulted in his nose being broken and Stuart reacting by grabbing Elliott 's shirt . Referee , Jeff Winter , adjudged Stuart had thrown a punch , whilst Andy Preece criticised Stuart for raising his arms to another player , defended him saying " I can 't see why he thinks Jamie has punched him in the face ... the explanation from the ref doesn 't add up with what you see on the video . "

= = = Southend United = = =

In June 2003 , Stuart then joined fellow Third Division side Southend United for the upcoming 2003 ? 04 season , saying he wanted to move nearer his family in London . He made his debut in the 3 ? 0 home defeat against Mansfield Town in League Two on 23 August 2003 . He was released from Southend United in May 2004 at the end of the season by manager Steve Tilson , having made 26 appearances in the Third Division for Southend United , collecting five yellow cards and failing to score .

= = = Non @-@ League career = = =

= = = Hornchurch & Grays Athletic = = =

Stuart dropped down into non @-@ League football with now defunct Hornchurch of the Conference South . He made fourteen appearances in the Conference South and seventeen in all competitions for Hornchurch , before a financial crisis at the club in November 2004 forced a number of players , including Stuart , to leave . He joined Grays Athletic , alongside Steve West and Lee Matthews , later being joined by former Hornchurch team mates Ashley Bayes , and John Martin . Stuart went on to win the Conference South and FA Trophy double with Grays that season , making 23 appearances in the league . The follow season , 2005 ? 06 season , he made 34 appearances in the Conference National , reaching the play @-@ offs finishing 3rd place , to be knocked out by Halifax Town 5 ? 4 on aggregate . He also helped Grays Athletic retain the FA Trophy , defeating Woking 2 ? 0 at Upton Park in the final . During the season he received two red cards , the first against Exeter City on 19 November 2005 following a fight in the tunnel at half time with Exeter 's Lee Phillips . The second red card came against Canvey Island on 2 January 2006 , when Stuart was sent off in the 60th minute for punching team @-@ mate John Nutter .

The 2006 ? 07 season saw Stuart compete in all Grays ' 46 Conference National matches , scoring two goals . On 31 October 2006 , Stuart managed Grays Athletic in the Essex Senior Cup , defeating Concord Rangers 1 ? 0 . In May 2007 , Stuart was called up to the England National Game XI by Paul Fairclough for the Four Nations Tournament . He won the Players ' , Supporters ' and Manager 's player of the year awards for the 2006 ? 07 season .

In October 2007 , Stuart was held in custody by Essex Police on suspicion of assault , in relation to an incident involving Chris Beardsley which resulted in Beardsley 's jaw being broken in two places . The incident occurred during a match with York City on 22 September 2007 . He was charged with grievous bodily harm in December 2007 . He made a further 43 appearances for Grays during the season , failing to score . Following the departure of Stuart Thurgood to Gillingham in November 2007 , Stuart was handed the captaincy for the remainder of the season , having previous served as vice @-@ captain . At the end of the 2007 ? 08 season , Stuart was named as the Management player of the year . Stuart carried on his captain duties for the 2008 ? 09 season . In February 2008 , he pleaded not guilty to the charges of grievous bodily harm to Chris Beardsley . He went on trial on 2 September 2008 , denying the allegations of intent and insisted it was an accident , trying to release himself of Beardsley 's hold . On 5 September 2008 , the jury acquitted Stuart of the charges causing Beardsley grievous bodily harm .

Stuart scored his first goal of the 2008 ? 09 season in the 2 ? 1 home defeat to Stevenage Borough on 25 September . Stevenage 's goalkeeper , Chris Day , parried a header from Barry Cogan which

dropped at Stuart 's feet who hit a low hard shot from ten yards out . Grays faced League One outfit Carlisle United away in the FA Cup first round on 8 November . In the 1 ? 1 stalemate , Stuart scored Grays ' only goal in the 52nd minute , with a ten @-@ yard volley . In the New Year 's Day fixture of 2009 , Stuart scored with a header from a free @-@ kick taken by Sam Sloma , to hand Grays a 3 ? 1 victory over Ebbsfleet United . Following the departure of manager Wayne Burnett , Stuart took the role of assistant manager at Grays , alongside Stuart Elliott in late January 2009 .

= = = Rushden & Diamonds = = =

He signed for Rushden & Diamonds in June 2009 , reuniting with former Grays manager Justin Edinburgh , who described him as " a great leader " . Stuart was named as captain for the upcoming 2009 ? 10 season . He won the 2009 ? 10 fans ' player of the season award , and was included in the Conference National team of the year 2009 ? 10 .

= = = AFC Wimbledon = = =

In January 2011 , Stuart signed for AFC Wimbledon for an undisclosed nominal fee . He made 21 appearances , scoring once for Wimbledon in the 2010 ? 11 Football Conference season . The team finished second , qualifying for the play @-@ offs for promotion to League Two , which they eventually won with Stuart playing in all three games . In July 2011 Stuart was named as the captain of the newly promoted team ; on 6 August he scored AFC Wimbledon 's first @-@ ever Football League goal in the first game of the season . Stuart played his last game for AFC Wimbledon on 5 May 2012 , in the 3 ? 1 win over Shrewsbury Town . In May 2012 , Stuart was released from the club due to the expiry of his contract .

= = = Sutton United and Margate = = =

After being named club captain Stuart scored his first competitive goal for the club on 5 March 2013 against Bromley in a 4 ? 3 win for Sutton United . In 2014 , he moved to Margate earning promotion into the Conference South . Following Terry Brown 's departure from the club , Nikki Bull was appointed as player / manager with Stuart named as his assistant .

= = Management career = =

= = = Return to Grays Athletic = = =

On 10 May 2016 , Stuart returned to Grays Athletic as player / manager of the Isthmian League Premier Division club .

= = Personal life = =

Born in Southwark , London , Stuart is a father of two children and lives in Sidcup , Greater London .

= = Managerial record = =

= = Honours = =

Grays Athletic

Conference South : 2004 ? 05

FA Trophy : 2004 ? 05 , 2005 ? 06

AFC Wimbledon  
Conference National play @-@ offs : 2010 ? 11