

= Demi Lovato =

Demetria Devonne " Demi " Lovato ( / ˈdɛmi loʊˈvətoʊ / DEM @-@ ee loh @-@ VAH @-@ toh or l? @-@ VAH @-@ toh ; born August 20 , 1992 ) is an American singer , songwriter , and actress who made her debut as a child actress in Barney & Friends . In 2008 , Lovato rose to prominence in the Disney Channel television film Camp Rock and signed a recording contract with Hollywood Records . Musically , Lovato is considered a pop , pop rock , and R & B artist . She released her debut album , Don 't Forget , in September 2008 ; it debuted at No. 2 on the U.S. Billboard 200 and has been certified gold by the Recording Industry Association of America ( RIAA ) for sales of over 530 @, @ 000 copies . In 2009 , Lovato received her own television series , Sonny with a Chance . Her second album , Here We Go Again , was released that July and debuted at number one on the U.S. Billboard 200 , and it has been certified gold by the RIAA for sales of over 496 @, @ 000 copies . Its title track became her first single to reach the top 20 of the Billboard Hot 100 , reaching number 15 , and was certified platinum .

After the release of additional television films and their soundtracks in 2010 , Lovato 's personal issues put her career on hiatus and ended Sonny with a Chance after its second season . Her third album , Unbroken ( 2011 ) , addresses several of her difficulties . Its lead single , " Skyscraper " , became Lovato 's second top ten single as well as first platinum single in the United States ; its second single , " Give Your Heart a Break " , was certified triple platinum . Lovato was a judge and mentor on the American version of The X Factor in 2012 and 2013 . Her fourth album , Demi ( 2013 ) , had first @-@ week sales of 110 @, @ 000 copies ( the best debut week of Lovato 's recording career ) and debuted at number three on the Billboard 200 . Its lead single , " Heart Attack " , became her third top ten on the Billboard Hot 100 . It also peaked at No. 3 in the United Kingdom , becoming her highest charting single and first to reach the top 10 in the UK . Lovato 's fifth album , Confident ( 2015 ) , debuted at number two on the Billboard 200 . Its lead single " Cool for the Summer " peaked at number eleven on the Hot 100 and was certified platinum .

Lovato has won a number of awards , including an MTV Video Music Award , 13 Teen Choice Awards , five People 's Choice Awards , an ALMA Award , and a Billboard Touring Award . In 2013 , Maxim ranked her 26th on its Hot 100 list and Billboard ranked her second on its Social 50 Artists of the Year list . Outside the entertainment industry , Lovato is involved with several social and environmental causes . In May 2013 , she was cited for her dedication as a mentor to teens and young adults with mental health challenges at a National Children 's Mental Health Awareness Day hosted by the Substance Abuse and Mental Health Services Administration in Washington , D.C. She has also become an advocate for the LGBT community . In 2014 , she was announced as the Grand Marshal for LA Pride week , and that same year she became the face for Human Rights Campaign 's Americans for Marriage Equality Campaign .

= = Life and career = =

= = = 1992 ? 2006 : Early life and career beginnings = = =

Lovato was born on August 20 , 1992 in Albuquerque , New Mexico , to engineer and musician Patrick Martin Lovato ( 1960 ? June 22 , 2013 ) and former Dallas Cowboys cheerleader Dianna Lee Hart ( nee Smith ; born August 8 , 1962 ) . Lovato has an older sister , Dallas ( born February 4 , 1988 ) ; a younger maternal half @-@ sister , actress Madison De La Garza ; and an older paternal half @-@ sister , Amber , to whom she first spoke when she was 20 .

Lovato 's parents divorced in the late summer of 1994 , shortly after her second birthday . Lovato 's father was of Mexican descent , while her mother has English and Irish ancestry . Through her father , Lovato is a descendant of Civil War Union veteran Francisco Perea ( 1830 ? 1913 ) and Santa Fe de Nuevo México governor Francisco Xavier Chávez .

Lovato was raised in Dallas , Texas . With Selena Gomez , she began her acting career on the children 's television series Barney & Friends as Angela . She began playing piano at age seven and

guitar at ten , when she also began dancing and acting classes . Lovato told Ellen DeGeneres that she was bullied so badly that she asked for homeschooling , and she received her high @-@ school diploma through homeschooling in April 2009 . She later became a spokesperson for the anti @-@ bullying organization PACER and appeared on America 's Next Top Model to speak out against bullying . In 2006 , Lovato appeared on Prison Break , and on Just Jordan the following year .

As of September 2015 , Lovato 's name appears on the " Unclaimed Coogan " list , which is a fund for child actors whose earnings were partially withheld , but which remain unclaimed by the former child performers .

= = = 2007 ? 08 : Camp Rock and Don 't Forget = = =

In 2007 and 2008 , Lovato played Charlotte Adams on the Disney Channel short series As the Bell Rings . Lovato auditioned for the channel 's television film Camp Rock and series Sonny with a Chance during the summer of 2007 , and got both roles . Lovato played the lead character , aspiring singer Mitchie Torres , in Camp Rock . The film premiered on June 20 , 2008 to 8 @.@ 9 million viewers . Its soundtrack was released three days earlier ; however , the music was considered less current than that of High School Musical . Gillian Flynn of Entertainment Weekly wrote that Lovato 's acting skills were underwhelming and she " has the knee @-@ jerk smile of someone who is often told she has a great smile " . Lovato sang four songs on the soundtrack , including " We Rock " and " This Is Me " . That summer , she began her Demi Live ! Warm Up Tour before the release of her debut album and appeared on the Jonas Brothers ' Burnin ' Up Tour .

Lovato 's debut album , Don 't Forget , was released on September 23 , 2008 and was met with generally positive reviews from critics . Michael Slezak of Entertainment Weekly said , " Demi Lovato might satisfy her ' tween fans but she won 't be winning any rockers over with Don 't Forget " . The album debuted at number two on the Billboard 200 , with first @-@ week sales of 89 @,@ 000 copies . Ten of its songs were co @-@ written with the Jonas Brothers . Don 't Forget was certified gold by the Recording Industry Association of America ( RIAA ) for US sales of over 500 @,@ 000 copies . Its lead single , " Get Back " , was praised for its pop rock style and peaked at number 43 on the US Billboard Hot 100 , selling over 560 @,@ 000 copies in the United States . The album 's second single , " La La Land " , was cited for its strong rock elements and peaked at number 52 in the US , and cracked the top 40 in Ireland and the United Kingdom . The music video was directed by Brendan Malloy and Tim Wheeler The album 's third single , " Don 't Forget " debuted on the Billboard Hot 100 at number sixty @-@ eight on October 11 , 2008 and fell off the chart the following week .

= = = 2009 ? 10 : Sonny With a Chance and Here We Go Again = = =

In 2009 , Lovato recorded " Send It On " , a charity single and the theme song for Disney 's Friends for Change , with friends Selena Gomez , Miley Cyrus and the Jonas Brothers . All proceeds from the song were donated to environmental charities supported by the Disney Worldwide Conservation Fund . Lovato 's Disney Channel sitcom Sonny with a Chance , with her character Sonny Munroe the newest cast member of the show @-@ within @-@ a @-@ show So Random ! , premiered on February 8 . Lovato 's acting ability was described by Robert Lloyd of the Los Angeles Times as " very good " , and he compared her favorably to Hannah Montana star ( and friend ) Miley Cyrus . That June , she co @-@ starred as Princess Rosalinda with Selena Gomez in the Disney Channel film , Princess Protection Program . The film , the third highest @-@ rated Disney Channel original movie , premiered to 8 @.@ 5 million viewers .

Lovato 's second album , Here We Go Again , was released on July 21 , 2009 ; she described its acoustic style as similar to that of John Mayer . The album received favorable reviews from critics who appreciated its enjoyable pop @-@ rock elements , echoing reviews of Don 't Forget . Lovato 's first number @-@ one album , it debuted atop the Billboard 200 with first @-@ week sales of 108 @,@ 000 copies . Before its release , she began her Summer Tour 2009 . The album 's lead single , " Here We Go Again " peaked at number 59 on the Billboard Hot 100 and managed to peak at

number 15 , becoming Lovato 's highest peaking solo single at the time , The song peaked at number 68 on the Canadian Hot 100 and 38 in New Zealand . The album 's second and final single , " Remember December " failed to match the success of its predecessor , but it peaked at number 80 on the UK Singles Chart .

The entertainer made her first 40 @-@ city national concert tour , Live in Concert , in support of Here We Go Again . The tour , from June 21 to August 21 , 2009 , had David Archuleta , KSM and Jordan Pruitt as opening acts and Lovato and Archuleta received the Choice Music Tour award at the 2009 Teen Choice Awards . In March 2010 , Lovato and Joe Jonas recorded " Make a Wave " as the second charity single for Disney 's Friends for Change . In May Lovato guest @-@ starred as a teenage schizophrenic in the sixth @-@ season Grey 's Anatomy episode , " Shiny Happy People " . Although critics praised her versatility , they were underwhelmed by her acting and felt that her appearance was designed primarily to attract viewers . Later that year , she headlined her first international tour , the South American Tour , and joined the Jonas Brothers Live in Concert tour as a guest .

Camp Rock 2 : The Final Jam , with Lovato reprising her role as Mitchie Torres , premiered on September 3 , 2010 . Critics were ambivalent about the film 's plot , and it has a 40 @-@ percent approval rating on Rotten Tomatoes . However , Lovato 's performance was called " dependably appealing " by Jennifer Armstrong of Entertainment Weekly . The film premiered to eight million viewers , the number @-@ one cable @-@ television movie of the year by the number of viewers . Its accompanying soundtrack was released on August 10 with Lovato singing nine songs , including " Can 't Back Down " and " Wouldn't Change a Thing " . The soundtrack debuted at number three on the Billboard 200 , with first @-@ week sales of 41 @,@ 000 copies . The Jonas Brothers ' 2012 World Tour was reworked to incorporate Lovato and the rest of the film 's cast ; it began on August 7 , two weeks later than planned . The Sonny with a Chance soundtrack was released on October 5 ; Lovato sang on four tracks , including " Me , Myself and Time " . It debuted ( and peaked ) at number 163 on the Billboard 200 , her lowest @-@ selling soundtrack .

= = = 2010 ? 12 : Unbroken and The X Factor = = =

That month , Lovato also announced her departure from Sonny with a Chance , putting her acting career on hiatus and ending the series ; she later said that she would return to acting when she felt confident doing so . Her departure led to the spin @-@ off series So Random ! with the Sonny cast , featuring sketches from the former show @-@ within @-@ a @-@ show . The series was cancelled after one season . Lovato released her third album , Unbroken , on September 20 , 2011 . Begun in July 2010 , the album experimented with R & B and featured less pop rock . The album and the stylistic change received mixed to positive reviews from critics , who saw a growth in musicianship because of her struggles and have praised Lovato 's vocals but found the music more generic than her previous efforts . The record was a commercial success , peaking at number four on the Billboard 200 , with sales exceeding 97 @,@ 000 copies in its first week of release , and going on to sell over 500 @,@ 000 copies in the United States , being certified Gold .

The album 's lead single , " Skyscraper " , was acclaimed for its messages of self @-@ worth and confidence , peaked at number 10 on the Billboard Hot 100 , selling 176 @,@ 000 downloads during the first week of release , becoming Lovato 's highest first week sales , until the release of " Heart Attack " by Lovato in 2013 . The song also Lovato 's highest @-@ peaked single since " This Is Me " reached number nine in August 2008 . The song also debuted at number two on the Hot Digital Songs chart . " Skyscraper " received the Best Video With a Message award at the September 2012 MTV Video Music Awards . The album 's second and final single , " Give Your Heart a Break " , peaked Billboard Hot 100 at number 16 , making Lovato 's fourth highest peaking song . Also , it has peaked at number 12 on the US Adult Top 40 chart , number 1 on the US Pop Songs chart and became the longest climb by a female artist to No. 1 in the Pop Songs chart history . In April 2014 , the song was certified three @-@ times platinum by the RIAA ; as of October 2014 , it has sold 2 @.@ 1 million digital copies .

In May , she became a judge for the second season of the American version of The X Factor , with

a reported salary of one million dollars . Joining Britney Spears , Simon Cowell and L.A. Reid , it was speculated that she was chosen to attract a younger audience . Mentoring the Young Adults category , her final act ( CeCe Frey ) finished sixth . At the Minnesota State Fair in August , Lovato announced that after a pre @-@ show performance at the 2012 MTV Video Music Awards she would release a single by December . On December 24 , she released a video on her YouTube account of herself singing " Angels Among Us " dedicated to the victims of the Sandy Hook Elementary School shooting . In March , she was confirmed as returning for the The X Factor 's third season , with her salary reportedly doubling .

= = = 2013 ? 14 : Demi and Glee = = =

Demi was released on May 10 , 2013 , the album features influences of synthpop and bubblegum pop and was met with positive reviews who have praised Lovato 's vocals , although Jon Carmichael of The New York Times found Lovato 's transition fun , according to Entertainment Weekly it signified a less @-@ mature image . The album debuted at number three on the Billboard 200 with first @-@ week sales of 110 @,@ 000 copies , the best @-@ selling debut week of Lovato 's career . It was also successful internationally , charting in the top ten in New Zealand , Spain and the UK. and has been certified Gold in the US .

On June 11 , Lovato released an e @-@ book , Demi , on iBooks . Her lead single , " Heart Attack , " debuted at number 12 on the US Billboard Hot 100 , with first @-@ week sales of 215 @,@ 000 copies . " Heart Attack " had the third @-@ highest opening @-@ week sales of 2013 , behind Justin Timberlake 's " Suit & Tie " and Ariana Grande 's " The Way " . The song peaked at number 10 ( Lovato 's third showing in the US top ten ) , and was also successful in Australia and Spain . The second single , " Made in the USA " peaked at number 80 on Billboard Hot 100 chart . The third single from Demi , " Neon Lights " , peaked in the US Billboard Hot 100 at number 36 and in the US Hot Dance Club Songs at number one . The fourth single ; " Really Don 't Care " featuring English recording artist Cher Lloyd , became Lovato 's third number one hit on the US Dance chart and debuted on the Billboard Hot 100 at number 98 before rising to peak position number 26 .

Lovato later released a deluxe version of her fourth studio album , which was to include 7 new tracks , consisting of 4 live performances and 3 studio recordings . One of these songs included a collaboration with Olly Murs on a song for his fourth studio album , entitled " Up " . Lovato contributed to the The Mortal Instruments : City of Bones soundtrack album with " Heart by Heart " .

Lovato planned to appear in at least six episodes of the fifth season of Glee . She played Dani , a struggling New York @-@ based artist who befriends Rachel Berry ( Lea Michele ) and Santana Lopez ( Naya Rivera ) and interacts with fellow newcomer Adam Lambert 's character . Lovato debuted in the season 's second episode , which aired on October 3 . On November 19 , she released a book , Staying Strong : 365 Days a Year , which topped The New York Times bestseller list . The entertainer has agreed to write a memoir , which is expected to be published in 2014 .

She announced her upcoming Neon Lights Tour ( including a Canadian leg ) on 29 September 2013 , which began February 9 , 2014 and ended May 17 . On October 21 , she released " Let It Go " for the Disney film Frozen , which was released in theaters on November 27 , and the song was promoted as the single for the film 's soundtrack . The song peaked in the US Billboard Hot 100 chart at number 38 , spending twenty weeks on the chart . On December 18 , 2013 , Lovato confirmed that she would not return to the The X Factor for a fourth season . On May 18 , 2014 , " Somebody to You " featuring Lovato was released as the fourth single from The Vamps ' debut album , Meet the Vamps . On May 29 , she announced her fourth concert tour ( and first world tour , covering 25 cities ) , the Demi World Tour , and its first North American dates . In November 2014 , Lovato opened the UK shows on Enrique Iglesias 's Sex and Love Tour . She also worked with her longtime friend Nick Jonas on a song for his self @-@ titled album called " Avalanche , " released November 2014 . Lovato was featured on " Up " , the second single from Olly Murs ' fourth studio album , Never Been Better .

Lovato announced her skincare line called Devonne by Demi to be available in December 2014 . She released a music video for her song " Nightingale " on December 24 , 2014 as an early

Christmas present for her fans .

= = = 2015 ? present : Confident = = =

Lovato 's fifth album , Confident , was released on October 16 , 2015 , and received generally positive reviews from music critics . The album debuted at number two on the Billboard 200 with first @-@ week sales of 98 @,@ 000 copies . During the album 's production , Lovato commented : " I 've already started recording for my new album , and I have plans to record during the tour . The sound just evolves into everything that I 've been and everything that I want to become . " She further stated , " I 've never been so sure of myself as an artist when it comes down to confidence , but not only personal things , but exactly what I want my sound to be and what I know I 'm capable of and this album will give me the opportunity to show people what I can really do . " In May 2015 , Billboard revealed Lovato was in the process of starting an " artist @-@ centric " new record label , Safehouse Records , of which she will be co @-@ owner . The label will be a partnership between her , Nick Jonas , and Lovato 's manager Phil McIntyre , and will form part of a new collaborative arrangement with record label Island . Confident was released through the new venture deal . This will be Lovato 's second multi @-@ label venture of her career ; she was formerly part of Jonas Records , a UMG / Hollywood / Jonas Brothers partnership , which is now defunct .

Lovato released the lead single from Confident titled " Cool for the Summer " on July 1 , 2015 . On September 18 , 2015 , the title track " Confident " was released as the album 's second single . On October 17 , 2015 , she performed a " Cool for the Summer " and " Confident " medley , and " Stone Cold " on Saturday Night Live during the series ' forty @-@ first season . Lovato was also featured on the re @-@ release of " Irresistible " , the fourth single from Fall Out Boy 's sixth studio album American Beauty / American Psycho . The same month , she signed with the major modeling agency , Wilhelmina Models . Lovato released the music video for her R & B @-@ influenced song " Waitin for You " featuring American rapper Sirah on October 22 , 2015 . On October 26 , 2015 , Lovato and Nick Jonas announced that they would tour together on the Future Now Tour . She was honored with the first @-@ ever Rulebreaker Award on December 11 , 2015 at the 2015 Billboard Women in Music event . On April 2 , 2016 , Lovato received GLAAD Vanguard Award for making a significant difference in promoting equal rights for LGBT people at the 27th GLAAD Media Awards ceremony .

In June 2016 , Lovato was among the artists that signed an open letter to stop gun violence , created by Billboard . That month , the Human Rights Campaign also released a video in tribute to the victims of the 2016 Orlando gay nightclub shooting ; in the video , Lovato and others told the stories of the people killed there . On July 1 , 2016 , Lovato released a new single titled " Body Say " .

= = Philanthropy = =

In May 2009 , Lovato was named an Honorary Ambassador of Education by the American Partnership For Eosinophilic Disorders . As part of her involvement with Disney 's Friends for Change , Lovato , Selena Gomez , Miley Cyrus and the Jonas Brothers recorded the initiative 's theme song ( " Send It On " ) in 2009 . The song debuted on the Billboard Hot 100 at number 20 , and its proceeds were directed to environmental charities through the Disney Worldwide Conservation Fund . Lovato and Joe Jonas recorded another song , " Make a Wave " , for the charity in March 2010 . She is also spokesperson for the Join the Surge Campaign ! , DoSomething.Org and Joining the Surge by Clean & Clear ; the latter is a national campaign encouraging teenagers to take action in their communities .

Lovato was featured in a January 2010 public @-@ service announcement for Voto Latino to promote the organization 's " Be Counted " campaign preparing for the 2010 United States Census . In October 2010 she was the spokeswoman for the anti @-@ bullying organization , PACER . Lovato participated in the " A Day Made Better " school @-@ advocacy campaign and has supported DonateMyDress.org , Kids Wish Network , Love Our Children USA , St. Jude Children 's

Research Hospital and City of Hope . In April 2012 she became a contributing editor of Seventeen magazine , describing her personal struggles to its female teenage audience . In October Lovato was named the ambassador of Mean Stinks , a campaign focused on eliminating bullying by girls . In May 2013 she was cited for her dedication as a mentor to teens and young adults with mental @-@ health problems at a National Children 's Mental Health Awareness Day hosted by the Substance Abuse and Mental Health Services Administration in Washington . In late June 2013 Lovato announced the creation of the Lovato Treatment Scholarship Program , named for her late father , to pay treatment costs for mentally @-@ ill patients . In August 2013 , she traveled to Kenya for her 21st birthday to participate in a program of the international charity organization Free the Children .

In May 2014 , Lovato was named the LA Pride Parade Grand Marshal and the lead performer for NYC Pride Week for her contribution to the LGBT community . NYC Pride spokesperson Patti Diluigi said , " Demi Lovato is an amazing role model for today 's youth , both LGBT and non @-@ LGBT , for her activism in the area of equality , positive messaging on body image , and level of openness with her struggles . As a community , we 're fortunate to have an ally like Demi . " Lovato has also become the face of Human Rights Campaign 's America 's for Marriage Equality . For the announcement of the campaign , Lovato stated " Whether you 're LGBT or straight , your love is valid , beautiful and an incredible love . So let 's protect love and strengthen the institution of marriage by allowing loving , caring and committed same @-@ sex couples to legally marry . Please join me and the majority of American citizens who support marriage equality . "

= = Artistry = =

= = = Influences = = =

Lovato has listed Christina Aguilera and Kelly Clarkson as her biggest influences . Her other influences include Aretha Franklin , Gladys Knight , Mariah Carey , Whitney Houston , Billie Holiday , and Billy Gilman . About Gilman she said , " We had the same voice range when I was young . I would practice to his songs all the time . " Lovato listened to metal music in her teens , and has said that John Mayer 's songwriting has been a " huge influence " on her . She has said that after the release of Unbroken , her musical styles shifted towards hip hop and R & B. Lovato says , " I had a lot of respect for Whitney Houston , and Christina Aguilera , on some songs where she was really amazing and wasn 't trying to be sexy or anything like that . " About her admiration for Clarkson , Lovato says , " I just thought she was a great role model . She was never publicly seen drinking and driving or wearing really scandalous clothes or anything like that . I feel like she set a really great example and she was extremely talented . " Lovato 's Neon Lights Tour was " inspired by Beyoncé . "

= = = Voice = = =

Lovato is a Mezzo @-@ soprano . She has a vocal range of four octaves , 1 note and a semitone , including the whistle register . Nick Levine , of Digital Spy , commenting on her vocals for her album , Don 't Forget , stated , " she 's certainly a stronger singer than the Jonases . In fact , her full @-@ bodied vocal performances are consistently impressive . " Becky Brain of Idolator wrote that Lovato has a " killer voice and the A @-@ list material to put it to good use . " According to Sophie Schillaci of the The Hollywood Reporter , the entertainer " has a voice that can silence even the harshest of critics . Something not often found in her peers . " For Lovato 's second studio album , Here We Go Again , Jeff Miers from The Buffalo News wrote , " Unlike so many of her Disney @-@ fied peers , Lovato can really sing ... [ and it 's ] refreshing [ she doesn 't need Auto @-@ Tune ] to mask any lack of natural ability . "

Upon working with Lovato on her third studio album , Unbroken , Ryan Tedder stated , " Demi blew me out of the water vocally ! I had no idea how good her voice is . She 's one of the best singers I

I've ever worked with . Literally , that good ... I mean , she 's a Kelly Clarkson @-@ level vocalist . And Kelly has a set of pipes . " He also commented on their work together on the song " Neon Lights " from Lovato 's fourth studio album , saying , " She , in pop music , has one of the biggest ranges , possibly the highest full voice singer I 've ever worked with . " Tamsyn Wilce from Alter The Press commented on her vocals on Demi , stating " it shows just how strong her vocal chords are and the variation of styles that she can completely work to make her own . " In a review for the ' Neon Lights Tour , ' Mike Wass from Idolator commented " you don 't need shiny distractions when you can belt out songs like Demi and connect with the crowd on such an emotional level . " In a review for the ' Demi World tour , ' Marielle Wakim from Los Angeles Magazine commented on Lovato 's vocals , stating " For those who haven't bothered to follow Lovato 's career , let 's get something out of the way : the girl can sing . Get over your fear of being judged by your Facebook friends and Spotify her discography , because you 're going to have the last laugh five years down the road ( probably sooner ) when she wins a Grammy . At 22 years old , her vocal range is astounding . " She went on to further describe her vocals as " spectacular . "

Her vocal ability has been praised by Rihanna , Justin Timberlake , Lionel Richie , Katy Perry , Kelly Clarkson , and Patti LaBelle .

= = Personal life = =

= = = Residence = = =

On her 18th birthday , Lovato bought a Mediterranean @-@ style house in Los Angeles , California ; however , she decided to live in a " sober house " in Los Angeles after leaving rehab in January 2011 .

= = = Relationships = = =

From early to May 2010 , Lovato dated her Camp Rock co @-@ star and musician Joe Jonas . They remain good friends . In 2010 , Lovato began dating actor Wilmer Valderrama . They announced the end of their relationship on social media on June 3 , 2016 .

Lovato had no interest in forging a relationship with her late father , Patrick , after his divorce from her mother . Patrick died of cancer on June 22 , 2013 , at age 53 . After his death , Lovato said that he had been mentally ill , and in his honor she created the Lovato Treatment Scholarship Program .

= = = Personal struggles = = =

Lovato had suffered from depression , an eating disorder , self @-@ harm and being bullied before she went into rehab at the age of 18 in November 2010 . On October 30 , 2010 , Lovato withdrew from the Jonas Brothers Live in Concert tour , entering a treatment facility for " physical and emotional issues " . It was reported that she decided to enter treatment after punching female dancer Alex Welch ; her management and family conducted a formal intervention after this incident to convince her she needed help . Lovato said she took " 100 percent , full responsibility " for the incident . On January 28 , 2011 , Lovato completed inpatient treatment at Timberline Knolls and returned home . She acknowledged that she had had bulimia , had harmed herself , and had been " self @-@ medicating " with drugs and alcohol " like a lot of teens do to numb their pain " . She added that she " basically had a nervous breakdown " and was diagnosed with bipolar disorder during her treatment . Lovato later said that she had used cocaine several times a day and smuggled cocaine onto airplanes .

In April 2011 , Lovato became a contributing editor for Seventeen magazine , writing an article that described her struggles . In March 2012 , MTV aired a documentary ( Demi Lovato : Stay Strong ) about Lovato 's rehab and recovery . She began work on her fourth album the following month . In January 2013 , it was reported that Lovato had been living in a sober @-@ living facility in Los

Angeles for more than a year because she felt it was the best way to avoid returning to her addictions and eating disorder .

= = = Beliefs = = =

Lovato is a Christian and she prays with her band before they perform . She is an active supporter of gay rights . When the Defense of Marriage Act was struck down in June 2013 , she tweeted : " Gay , straight , lesbian , bi . ... No one is better than any one else . What an incredible day for California AND for equality . " Lovato later said : " I believe in gay marriage , I believe in equality . I think there 's a lot of hypocrisy with religion . But I just found that you can have your own relationship with God , and I still have a lot of faith . " In an early November 2013 interview with Latina magazine , she said that she finds spirituality to be an important part of maintaining balance in life . She said : " I 'm the closest I 've ever been with God . I have my own relationship with God and that 's all that matters " .

On December 23 , 2011 , Lovato posted a message on Twitter criticizing her former network for airing episodes of Shake It Up and So Random ! in which characters joked about eating disorders . Disney Channel publicity officials quickly took action , apologizing to Lovato and removing the episodes from the network 's broadcast and video on demand sources after additional criticism ( following Lovato 's post ) on the network 's public @-@ relations account .

Lovato identifies as a feminist . She spoke at the 2016 Democratic National Convention in Philadelphia , July 25 .

= = Filmography = =

= = Discography = =

Don 't Forget ( 2008 )  
Here We Go Again ( 2009 )  
Unbroken ( 2011 )  
Demi ( 2013 )  
Confident ( 2015 )

= = Concert tours = =

= = Publications = =

Staying Strong : 365 Days a Year , Feiwei & Friends ( November 19 , 2013 ) , ISBN 978 @-@ 1 @-@ 250 @-@ 05144 @-@ 8

Staying Strong : A Journal , Feiwei & Friends ( October 7 , 2014 ) , ISBN 978 @-@ 1 @-@ 250 @-@ 06352 @-@ 6