

= Beth Phoenix =

Elizabeth " Beth " Kocianski (born November 24 , 1980) is an American retired professional wrestler , better known by her ring name Beth Phoenix . She is best known for her time with World Wrestling Entertainment (WWE) , where she is a former WWE Divas Champion and a three @-@ time WWE Women 's Champion .

Kocianski had a successful amateur wrestling career in high school , before being trained by the All Knights . After her debut in May 2001 , she wrestled for numerous independent promotions , and was the inaugural GLORY Champion . She also appeared at the inaugural Shimmer Women Athletes shows . In 2004 , she began working for Ohio Valley Wrestling (OVW) , and signed a developmental contract with WWE in October 2005 . She debuted on WWE 's Raw brand in May 2006 , but suffered a legitimate broken jaw the following month . As a result , she had numerous surgeries and returned to OVW for further training . While there , she won the OVW Women 's Championship twice , although her second reign is not officially recognized by OVW .

She returned to the Raw brand in July 2007 , and was heavily pushed , dominating the other WWE Divas and gaining the nickname , " The Glamazon " . She won her first WWE Women 's Championship at the No Mercy pay @-@ per @-@ view in October , and held it for six months . She then developed an on @-@ screen relationship with Santino Marella , dubbed " Glamarella " , and won the Women 's Championship for a second time in August 2008 , although she lost it in January 2009 . In January 2010 , at the Royal Rumble she became the second woman in the history to enter the Royal Rumble match , and went on to win the Women 's Championship for the third time in April , holding it for a month . In October 2011 , Phoenix won the WWE Divas Championship for the first time and lost it in April 2012 .

= = Early life = =

Kocianski was born in Elmira , New York and raised by Polish parents . When she was eleven years old , she won a coloring contest with a prize of tickets to a television taping for the World Wrestling Federation . Kocianski credits this as when she fell in love with professional wrestling . She cites Owen Hart and Ted DiBiase as her favorite wrestlers . Kocianski attended Notre Dame High School in Elmira , where she played tennis and ran track . She was voted prom queen in her senior year . Kocianski is a graduate from Canisius College in Buffalo , New York with a bachelor 's degree in criminal justice and Public Relations . While wrestling in OVW , Kocianski also worked as a waitress at a local restaurant .

= = Amateur wrestling career = =

Kocianski began wrestling on the Notre Dame High School scholastic wrestling team . She was the first female varsity wrestler in the school 's history . She became the North @-@ East freestyle women 's champion in 1999 , and also won at the New York State Fair Tournament the same year . At the time , she was also a member of USA Wrestling , a freestyle wrestling association . Her life goal was , according to her , to become a professional wrestler , and she believed that having a solid amateur background would help her reach it .

= = Professional wrestling career = =

= = Training and independent circuit (2001 ? 2005) = =

After graduating from high school in 1998 , she enrolled in both a professional wrestling school and Canisius College in Buffalo , New York . Her first choice for wrestling school was Stu Hart 's Dungeon , but because of the location , she decided on a more local school . At the school , she was trained by the All Knights (Joey Knight and Robin Knightwing) , who themselves had trained

in the Hart Dungeon . She later stated that Nora Greenwald , who was known in the World Wrestling Federation (WWF) as Molly Holly , had paid for her to attend wrestling school after Carolan had given her a demo tape of her work . Her professional wrestling debut match was against Alexis Laree . She then worked for various independent promotions , including Cleveland All Pro Wrestling and Apocalypse Wrestling , against both male and female wrestlers , using the name " Phoenix " . In 2002 , she was one of the first wrestlers in GLORY , an independent organization for women , and was the inaugural champion . She then joined Far North Wrestling (FNW) , and was the only female wrestler in the promotion . She defeated Joey Knight and Kevin Grace in 2003 to become the FNW Cruiserweight Champion . Later in 2003 she took part in World Xtreme Wrestling 's annual Women 's Elite 8 tournament where she made it to the final , before losing to April Hunter . She returned two years later and defeated Nikki Roxx , but was bested in the second round by eventual winner Alicia . The following month , Phoenix appeared at the inaugural taping for the Ring of Honor sister promotion Shimmer Women Athletes ; during Volume 1 she was pinned by Shimmer founder Allison Danger but scored an upset victory in a non @-@ title match against NWA Midwest Women 's Champion MsChif .

= = = World Wrestling Entertainment / WWE = = =

= = = Ohio Valley Wrestling (2004 ? 2007) = = =

Kocianski was invited to a tryout with World Wrestling Entertainment (WWE) in May 2004 , and then relocated to Louisville , Kentucky to work for their then @-@ developmental territory , Ohio Valley Wrestling (OVW) . She debuted on OVW television in July 2004 , having changed her ring name to " Beth Phoenix " , and became the on @-@ screen girlfriend and valet of Chris Masters . The storyline was short lived , and the following month Phoenix was repackaged as the manager of Aaron " The Idol " Stevens . She signed a developmental contract with WWE on October 20 , 2005 , the same month that she broke her hand . The duo was then joined by Shelly Martinez , who Phoenix soon feuded with in early 2006 . Phoenix then stopped appearing regularly on OVW after debuting on WWE 's Raw television show .

After sustaining an injury , Phoenix returned to action in OVW on August 16 , 2006 , defeating Serena . Phoenix began regularly competing for the OVW Women 's Championship , unsuccessfully challenging the champion ODB in a battle royal and a four @-@ way match , which was won by Serena . At the October 4 OVW television tapings , however , Phoenix defeated Serena to win the championship . She lost the championship to Victoria Crawford in a gauntlet match on October 20 , and won it back the next day ; however , Crawford 's title reign is not officially recognised , and as a result , neither is Phoenix 's second reign . Phoenix officially dropped the championship in a gauntlet match at the November 1 television taping , after she was eliminated by Katie Lea , who eventually won the match .

On the November 6 episode of OVW , Phoenix came out with her own championship , and claimed to still be the women 's champion . As a result , a ladder match was set up , where the winner would become the undisputed OVW Women 's Champion . Lea won the match and was presented with the title belt on the first show of 2007 . Throughout 2007 , Phoenix continued to wrestle in numerous women 's matches in OVW . Phoenix made her last appearance in OVW at their August 15 television tapings where she lost to Lea in a number one contenders match .

= = = Trish Stratus ' ally (2006) = = =

Phoenix debuted on WWE 's main roster on the May 8 , 2006 , episode of Raw as a fan favorite by attacking Mickie James while James was assaulting Trish Stratus . After this incident , James berated Phoenix for " ruining everything " and questioned why she showed up in the first place . A week later , Phoenix was formally introduced by Stratus and then attacked a distracted James on Stratus 's behalf . When James finally escaped , Phoenix claimed that James had " ruined her life " ,

and would not let her get away with it , before calling her a " psycho " . On the following episode of Raw , Phoenix attacked James after her match with Torrie Wilson . Then , on the May 29 episode of Raw , Phoenix and Wilson , with Stratus in their corner , teamed together to defeat Candice Michelle and Victoria , who had James in their corner . During the June 5 episode of Raw , Phoenix suffered a legitimately fractured mandible during a match with Victoria , but was able to continue the match , and emerged victorious despite the injury . She spent a year having surgeries and recovering , including getting a titanium plate and nine screws placed in her jaw , but she was only out of action for two months , as she returned to action in OVW instead of on the main roster .

== == The Glamazon (2007 ? 2008) == ==

On the July 9 , 2007 , episode of Raw , Phoenix returned as a villain , when Melina claimed to be injured . Phoenix replaced Melina in a tag team match as Jillian Hall 's partner , and the two lost to Candice Michelle and Mickie James . At the SummerSlam pay @-@ per @-@ view , Phoenix won the Interpromotional Divas battle royal to become the number one contender for Michelle 's WWE Women 's Championship . Phoenix was then pushed as a dominating Diva , dubbing herself a " Glamazon " and attacking Mickie James , Jillian Hall , and Michelle on the September 10 episode of Raw . At Unforgiven , however , she failed to capture the Women 's Championship from Michelle . Their storyline rivalry continued when Phoenix pinned Michelle during a non @-@ title mixed tag team match on Raw on September 24 .

At No Mercy in October , Phoenix defeated Michelle to win her first WWE Women 's Championship . She retained the title on the October 22 episode of Raw in a two out of three falls match , in which Candice Michelle was injured by Phoenix shaking the rope , causing her to fall off the top turnbuckle and legitimately break her clavicle .

During a 10 @-@ Diva tag team match at Survivor Series , Phoenix 's team lost after Melina was pinned by Mickie James . On the November 26 episode of Raw , James defeated Melina in a number one contenders match for Phoenix 's Women 's Championship , setting up a title match between the two at Armageddon , a match in which Phoenix successfully defended her Women 's title . On New Year 's Eve 2007 , Phoenix successfully defended her title in a Triple Threat match against Melina and James , after pinning Melina .

Phoenix , along with then @-@ ally Melina , took part in the Playboy BunnyMania Lumberjack match at WrestleMania XXIV , where she defeated the team of Ashley and Maria . On April 14 , 2008 Phoenix faced Mickie James with her Women 's Championship on the line and lost , ending her reign as champion . Phoenix received a rematch on the May 5 episode of Raw , but lost after Melina unintentionally hit her in the face with her boot . On the May 12 episode of Raw , Melina and Phoenix partnered to face Maria and James . Phoenix and Melina partnered up to face James and Maria . During the match , Melina unintentionally knocked Phoenix off of the ring apron , resulting in Phoenix abandoning Melina , which allowed James and Maria to pick up the win . Later that night , Melina and Phoenix brawled in a backstage segment , ending their alliance . At Judgment Day , Phoenix failed to regain the Women 's Championship in a Triple Threat match after James pinned Melina to retain the title . At One Night Stand , Phoenix defeated Melina in the first women 's " I Quit " match in WWE history . The next night on Raw , Phoenix teamed with Katie Lea Burchill to defeat Melina and James in a tag team match . She was pinned by James one week later in a non @-@ title match , and was once again attacked by Melina post @-@ match .

== == Glamarella (2008 ? 2009) == ==

After a month absence from television , Phoenix returned on the July 14 episode of Raw , where she defeated Santino Marella after he issued an open challenge to any WWE wrestler backstage . The storyline continued the following week after Marella lost to the returning D @-@ Lo Brown . Phoenix confronted Marella after the match , and they briefly grappled with each other before unexpectedly sharing a kiss , to which both expressed considerable confusion .

The two then became an on @-@ screen power couple , and the pairing of Phoenix and Marella

later became known by the portmanteau Glamarella . Within the team , she acted as the " straight @-@ woman " of sorts , berating Marella or reacting in disbelief to his over @-@ the @-@ top , embarrassing antics . At SummerSlam , they defeated Kofi Kingston and Mickie James in an intergender tag team match . Phoenix pinned James , winning the Women 's Championship , while Marella won Kingston 's Intercontinental Championship . She successfully defended the Women 's Championship against Candice Michelle at No Mercy .

On December 8 , 2008 , Phoenix received the " Slammy Award " for Diva of the Year . Phoenix then began feuding with Melina , who had returned from injury in November . This storyline included the debut of Rosa Mendes , who was introduced as Phoenix 's " superfan " . At the Royal Rumble in January 2009 , Phoenix lost the Women 's Championship to Melina . At WrestleMania XXV , Phoenix competed in the 25 @-@ Diva battle royal , but was eliminated by Marella , who competed in drag , claiming to be his twin sister " Santina " . After WrestleMania , Glamarella separated , as Phoenix was unhappy with Santino pretending to be " Santina " . Phoenix had a brief scripted rivalry with both " Santina " and Marella , and challenged " Santina " for the " Miss WrestleMania " title , but was unsuccessful .

= = = = Feuding with LayCool (2009 ? 2011) = = = =

After a brief hiatus , Phoenix returned on the July 27 episode of Raw , teaming with Alicia Fox and Rosa Mendes in a losing effort to Mickie James , Gail Kim , and Kelly Kelly . Phoenix had her first opportunity for the WWE Divas Championship , being narrowly defeated by the defending champion , Mickie James , on the August 31 episode of Raw , after winning a number one contender 's battle royal that same night .

On the October 12 episode of Raw , it was announced that Phoenix had been traded to the SmackDown brand . Phoenix made her in @-@ ring debut for the brand on the October 30 episode of SmackDown , defeating Jenny Brooks , an " enhancement talent " . In January 2010 , at the Royal Rumble , she entered the Royal Rumble match and eliminated The Great Khali , before she was eliminated by CM Punk . With her entry , she became the second woman in history to enter the Royal Rumble match , with the first being Chyna .

After being told by Vickie Guerrero , the SmackDown consultant , that she would not be receiving a Women 's Championship opportunity , Phoenix turned face after she saved Tiffany from an attack by Guerrero and LayCool (Michelle McCool and Layla) on the March 12 episode of SmackDown . She then went on to defeat McCool and Layla in a tag team match involving Tiffany . The feud with McCool continued at WrestleMania XXVI , where they were on opposing teams in a 10 @-@ Diva tag team match , which Phoenix 's team lost , although they won a rematch the following night on Raw . Phoenix received a match for the Women 's Championship against McCool at Extreme Rules in April , where she defeated McCool in an " Extreme Makeover " match to win her third Women 's Championship . On the May 6 episode of Superstars , Phoenix tore her ACL in a match against Rosa Mendes , and as a result , one week later on SmackDown , McCool invoked her rematch clause to face Phoenix in a two @-@ on @-@ one handicap match along with Layla , where Layla pinned Phoenix to become the new Women 's Champion .

Phoenix returned from her injury at November 's Survivor Series pay @-@ per @-@ view , and attacked the former co @-@ Champions Michelle McCool and Layla , after they lost the WWE Divas Championship to Natalya . Phoenix and Natalya then formed an alliance , and at TLC : Tables , Ladders & Chairs in December , Phoenix and Natalya defeated LayCool in the first Divas Tag Team Tables match in WWE history .

= = = = Divas Champion / Divas Of Doom (2011 ? 2012) = = = =

As part of the 2011 Supplemental Draft on April 26 , 2011 , Phoenix returned to the Raw brand . On the August 1 episode of Raw , Phoenix won a battle royal to become the number one contender to the WWE Divas Championship , and afterward attacked champion Kelly Kelly to provoke a feud . Phoenix later declared that she was tired of the " perky bimbos " that comprised the rest of the Divas

division , and was on a mission to make a mockery of the other Divas , and was joined by Natalya to form The Divas of Doom . Phoenix went on to unsuccessfully challenged Kelly for the championship at SummerSlam . Throughout September , The Divas of Doom feuded with Kelly and Eve Torres on Raw and The Chickbusters (AJ and Kaitlyn) on SmackDown . Phoenix challenged Kelly for the Divas Championship again at Night of Champions , but was unsuccessful . At Hell in a Cell in October , Phoenix defeated Kelly to win the Divas Championship for the first time , with help from Natalya . In a rematch on the October 14 episode of SmackDown , Phoenix successfully retained the championship . At Vengeance , Phoenix successfully defended the championship against Eve Torres , with both Natalya and Kelly banned from ringside . Phoenix successfully retained her championship against Torres again at Survivor Series on November 20 in a Lumberjill match , and against Kelly at TLC : Tables , Ladders & Chairs on December 18 .

Further successful defenses followed against Torres on the January 30 , 2012 , episode of Raw and Tamina Snuka at Elimination Chamber on February 19 . After this , Phoenix competed only sporadically for a few months , including a tag team match at WrestleMania XXVIII , where she and Eve Torres were defeated by Kelly Kelly and Maria Menounos . On the April 6 episode of SmackDown , Phoenix lost to Nikki Bella in a non @-@ title match , following Kelly 's interference . On the April 23 episode of Raw , Phoenix lost her Divas Championship to Nikki Bella in a Lumberjill match , after suffering a storyline ankle injury . At Extreme Rules , Phoenix was scheduled to face Nikki in a rematch for the Divas Championship , however she was not medically cleared to compete and was replaced by the returning Layla , who ended up winning the title . Phoenix made two unsuccessful attempts at regaining the Divas Championship from Layla at Over the Limit in May and at No Way Out in June , respectively .

In September , Kaitlyn was attacked by an unknown assailant prior to her championship match at Night of Champions . Upon her return , she announced her assailant had blonde hair , and Assistant SmackDown General Manager Eve Torres accused Phoenix before attacking her . On the September 28 episode of SmackDown , Phoenix was suspended by Torres , but the suspension was later reversed by SmackDown General manager Booker T. On the October 1 episode of Raw , Phoenix lost to Torres . Phoenix reverted to her villainous persona on the October 18 episode of Superstars , when she berated Kaitlyn for thinking that Phoenix attacked her and demanded respect from Kaitlyn , before losing to her in a singles match . On the October 29 episode of Raw , Phoenix was defeated by AJ Lee in a singles match , but the match was restarted by Raw Managing Supervisor Vickie Guerrero , allowing Phoenix to win . After the match , in storyline , Guerrero fired Phoenix for her poor performance . In reality , Phoenix had given her notice to WWE in September and left the company for family reasons .

= = Other media = =

Phoenix , along with Candice Michelle and Layla El , appeared in the February 2009 issue of FLEX Magazine .

= = Personal life = =

Kocianski is a Christian . Kocianski was married to Joey Carolan , known by the ring name Joey Knight , but they have since divorced . In early February 2014 , Adam Copeland , who was known in WWE as Edge , announced the birth of their daughter , named Lyric Rose Copeland , born six weeks earlier on December 12 , 2013 . On June 4 , 2016 , it was announced that Kocianski and Copeland had welcomed their second child , a girl named Ruby Ever Copeland , born on May 31 , 2016 .

= = In wrestling = =

Finishing moves

Beth Valley Driver (Death Valley driver , sometimes from the second rope)

Chokebomb
Delayed fisherman suplex
Down in Flames (Michinoku driver II)
Glam Slam (Elevated double chickenwing transitioned to a wheelbarrow facebuster)
Signature moves
Atomic drop , sometimes followed by a running double axe handle
Bearhug
Body scissors
Canadian backbreaker rack
Cloverleaf
Dragon sleeper
Military press transitioned into either a drop or a slam
Modified full nelson
Pendulum backbreaker
Reverse chinlock
Running hip attack to an opponent seated at the corner
Running turnbuckle thrust
Slingshot suplex
Sidewalk slam
Turnbuckle powerbomb
Wrestlers managed
Aaron Stevens
Brent Albright
Chris Masters
Santino Marella
Nicknames
" The Fabulous Firebird "
" The Glamazon "
" The Total Package of Women 's Wrestling "
" The Über Diva "
Entrance themes
" Count On It " by Jim Johnston (June 5 , 2006 ? September 24 , 2007)
" Glamazon " by Jim Johnston (October 7 , 2007 ? October 29 , 2012)

= = Championships and accomplishments = =

= = = Amateur wrestling = = =

North @-@ East Wrestling
Women 's Champion (1999)
New York State Fair
Women 's Champion (1999)

= = = Professional wrestling = = =

Far North Wrestling
FNW Cruiserweight Championship (1 time)
George Tragos / Lou Thesz International Wrestling Institute
Frank Gotch Award (2015)
GLORY Wrestling
GLORY Championship (1 time)
Ohio Valley Wrestling

OVW Women 's Championship (2 times)

Pro Wrestling Illustrated

PWI ranked her 2 of the top 50 female singles wrestlers in the PWI Female 50 in 2008 and 2012

World Wrestling Entertainment / WWE

WWE Divas Championship (1 time)

WWE Women 's Championship (3 times)

Slammy Award (1 time)

Diva of the Year (2008)