

= Daymond Langkow =

Daymond Randolph Langkow (born September 27 , 1976) is a Canadian former professional ice hockey centre He was the fifth overall selection of the Tampa Bay Lightning at the 1995 NHL Entry Draft . He played junior hockey with the Tri @-@ City Americans in the Western Hockey League (WHL) and is their franchise record holder for career goals at 159 . He won the Bob Clarke Trophy in 1995 as the WHL scoring leader with 140 points , and competed with the Canadian junior team at the 1996 World Junior Ice Hockey Championships where he won a gold medal .

Langkow made his NHL debut in 1995 with the Lightning , and also played for the Philadelphia Flyers , Phoenix Coyotes and Calgary Flames . He has scored 30 goals twice in his career , both with the Flames , and scored more than 50 points in eight consecutive seasons between 1999 and 2008 . He was a nominee for the Bill Masterton Memorial Trophy in 1997 and has played over 1 @, @ 000 games in the NHL . His older brother , Scott , was also a professional hockey player .

= = Playing career = =

= = = Junior = = =

Langkow was selected by the Tri @-@ City Americans in the second round of the 1991 Western Hockey League (WHL) Bantam Draft . He completed the 1991 ? 92 season with the Edmonton Pats of the Alberta Midget Hockey League , scoring 81 points in 35 games while appearing in one game with the Americans as a 15 @-@ year @-@ old . He joined Tri @-@ City full @-@ time in 1992 ? 93 , scoring 22 goals and 64 points in 64 games and improved to 40 goals and 83 points in 1993 ? 94 . Langkow averaged nearly two points per game in 1994 ? 95 , scoring 140 points in 72 games . He was named the recipient of the Bob Clarke Trophy as the top scorer in the WHL , and was named to the WHL West and Canadian Hockey League First All @-@ Star Teams . He finished as the runner @-@ up to Marty Murray for the Four Broncos Memorial Trophy as the WHL 's most valuable player .

The Tampa Bay Lightning selected Langkow fifth overall in the 1995 NHL Entry Draft . On the eve of the 1995 ? 96 season , the Lightning signed him to a three @-@ year , \$ 2 @. @ 4 million contract . He made his National Hockey League (NHL) debut on October 7 , 1995 against the Calgary Flames . Langkow appeared in four games with the Lightning before he was returned to Tri @-@ City . He scored 91 points in 48 games with the Americans and was named to the WHL 's West Second All @-@ Star Team . As of 2012 , he remains the Americans ' franchise record holder for most career goals with 159 . Langkow represented Canada at the 1996 World Junior Ice Hockey Championships where he won a gold medal .

= = = Tampa , Philadelphia and Phoenix = = =

Langkow rejoined the Lightning for the 1996 ? 97 NHL season and scored 15 goals and 28 points in his rookie season . He scored his first NHL goal on November 19 , 1996 against the Los Angeles Kings , and was named the NHL 's rookie of the month for February 1997 . He fell to 22 points in 1997 ? 98 and ended the season in a dispute with the Lightning when he refused a demotion to the Adirondack Red Wings of the American Hockey League . The Lightning suspended him indefinitely , but told the media they were not interested in trading him . He missed seven games and lost \$ 63 @, @ 000 in salary before the Lightning relented and recalled him to finish the season in Tampa . Langkow was assigned to the Cleveland Lumberjacks of the International Hockey League to begin the 1998 ? 99 season amidst trade rumours but was recalled after four games . He was traded to the Philadelphia Flyers along with Mikael Renberg on December 12 , 1998 in exchange for Chris Gratton and Mike Sillinger .

While he was considered a throw @-@ in for the Flyers who made the trade to re @-@ acquire Renberg , Langkow flourished in Philadelphia . He finished the season with 14 goals combined

between Tampa and Philadelphia , and his development as a playmaking centre earned him the Pelle Lindbergh Memorial from his teammates as the Flyers ' most improved player . They re @-@ signed Langkow to a two @-@ year contract extension following the season . He set new personal highs in goals and assists in 1999 ? 2000 , finishing with 50 points and helping the Flyers reach the Eastern Conference Final in the 2000 Stanley Cup Playoffs . Despite missing 11 @-@ games with two broken feet , Langkow improved to 54 points in the 2000 ? 01 season .

The acquisition of Jeremy Roenick and Jiri Dopita by the Flyers in the summer of 2001 left Langkow , a restricted free agent , as the odd man out in Philadelphia . He was dealt to the Phoenix Coyotes in exchange for a second round draft pick in the 2002 NHL Entry Draft (Dan Sprang) and a first round pick in 2003 (Jeff Carter) . Unable to agree on a contract , Langkow and the Coyotes went to arbitration where he was awarded a two @-@ year contract worth \$ 4 @. @ 2 million . He made an immediate impact with Phoenix , scoring his first career hat trick in a 5 ? 2 victory over the Washington Capitals in the Coyotes ' home opener . He finished the 2001 ? 02 season as the team leader with 62 points . He fell back to 52 points in 2002 ? 03 , but scored his 100th career goal in his 500th career game on December 30 , 2002 , a 4 ? 3 overtime victory against the Edmonton Oilers . He finished second in team scoring with 52 points , and served as an alternate captain for the Coyotes during the 2003 ? 04 season .

= = = Calgary = = =

The Coyotes signed Langkow to a one @-@ year , \$ 2 @. @ 95 million contract in August 2004 , but dealt him to the Calgary Flames less than two weeks later for Oleg Saprykin and Denis Gauthier . The season , and the contract , were wiped out by the 2004 ? 05 NHL lockout ; Langkow did not play anywhere during the lost season . The Flames signed Langkow to a new contract prior to the 2005 ? 06 season amidst high expectations as he was placed on the top line with Jarome Iginla . He finished the season second on the Flames in both goals (25) and points (59) and recorded his sixth consecutive season with 50 + points .

Langkow emerged as a top scorer for the Flames in 2006 ? 07 , becoming the team 's offensive leader while Iginla was sidelined for several weeks by a mid @-@ season knee injury . He reached the 30 @-@ goal mark (33) for the first time in his career , finished with a career high 77 points and was the Flames nominee for the Bill Masterton Memorial Trophy for dedication and sportsmanship . His teammates and coaches also praised his defensive ability , suggesting that he deserved a nomination for the Frank J. Selke Trophy as the NHL 's top defensive forward . Langkow remained a top two @-@ way forward for the Flames in 2007 ? 08 , recording his second consecutive 30 @-@ goal season and finishing third on the team with 65 points . The Flames re @-@ signed him to a four @-@ year , \$ 18 @-@ million contract extension though the 2011 ? 12 NHL season .

Langkow scored only 49 points in 2008 ? 09 and missed ten games as result of a hand injury . It was the first time in nine seasons that he failed to reach the 50 @-@ point mark . He suffered another hand injury in the 2009 Stanley Cup Playoffs , though he still played all six games against the Chicago Blackhawks . He played his 1,000th game , against the Lightning , on February 6 , 2010 , one night after teammate Jarome Iginla reached the same mark . His offensive numbers continued to decline , as he finished the year with 14 goals and 37 points , his lowest totals in a decade .

He missed the final ten games of the season after he was struck in the back of the neck by a slapshot during a game in Minnesota . The injury resulted in spinal cord damage that kept Langkow out of the lineup for the first 78 games of the 2010 ? 11 NHL season . His efforts to return to the Flames lineup suffered a setback in late October , after which a Flames official stated it was a " 50 / 50 proposition " on whether he would ever play another NHL game .

Following several months of rehabilitation , Langkow was cleared for light skating by a neck specialist , allowing him to begin practicing with his Flames teammates at the end of February 2011 , though he was still considered 2 ? 3 months away from being able to continue his career . He joined the Flames for full practices a couple weeks later , and by mid March ? nearly one year to the day of his injury ? Langkow expressed hope that he would be able to return to action prior to the end of the season . That hope became reality late in the year as he was activated off injured reserve by the

Flames , who announced he would return to the lineup for an April 1 game against the St. Louis Blues , 376 days and 88 games after he suffered the injury .

For his efforts at coming back from injury , Langkow was a finalist for the 2011 Bill Masterton Memorial Trophy that was ultimately won by Ian Laperriere .

= = = Phoenix = = =

The Phoenix Coyotes re @-@ acquired Langkow on August 29 , 2011 , in exchange for forward Lee Stempniak During the 2011 ? 12 season , Langkow missed seven games in November after his mother died suddenly at the age of 54 . On July 7 , 2013 , Langkow announced his retirement .

= = Personal = =

Langkow is the second child of Randy and Vivian Langkow and grew up in Vegreville , Alberta . His parents divorced when he was ten years old . His father is a plumber in Edmonton , while his mother managed a restaurant in British Columbia prior to her November 2011 death .

Langkow and his wife Stephanie have four children , and expressed a desire to put down roots in the city of Calgary as a reason for his decision to sign a long @-@ term contract extension with the Flames in 2008 rather than test free agency .

Langkow 's older brother , Scott was a goaltender who played 20 NHL games for the Winnipeg Jets , Phoenix Coyotes and Atlanta Thrashers .

He also has a younger cousin , Chris Langkow , who is a former ECHL All @-@ Star and a Kelly Cup champion with the Alaska Aces , whom he frequently mentors and often gives advice .

= = Career statistics = =

= = = Regular season and playoffs = = =

= = = International = = =

= = Awards and honours = =