

= Michael Bostwick =

Michael Paul Trevor Bostwick (born 17 May 1988) is an English professional footballer who plays as a midfielder for League One club Peterborough United .

Bostwick started his career at Millwall , and played regularly for the club 's Under @-@ 18 side and reserve team . At the age of 17 , he joined Conference National side Crawley Town on work experience during the latter stages of 2005 ? 06 season . On return to Millwall , Bostwick signed a new one @-@ year contract with the club , but was sent back to Crawley Town on loan in August 2006 . Bostwick played regularly for Crawley until he was recalled by Millwall in January 2007 , and was told he was surplus to requirements at the club . He subsequently signed for Rushden & Diamonds on an 18 @-@ month contract , but only played eight games before falling out of favour at Nene Park , and was released by Rushden at the end of the 2006 ? 07 campaign .

He joined Ebbsfleet United in August 2007 ahead of the 2007 ? 08 season , playing regularly throughout the campaign , helping Ebbsfleet win the FA Trophy at Wembley Stadium in May 2008 . Bostwick rejected a contract offer from Ebbsfleet , and signed for Stevenage just ten days after the FA Trophy success . He was a regular fixture in the club 's defence and midfield throughout the season , winning the FA Trophy once more in May 2009 . His second season at the club was a successful one , scoring eight goals in all competitions , as well as helping the Hertfordshire side earn promotion to the Football League for the first time in the club 's history . The following season , Bostwick played an instrumental part in Stevenage earning back @-@ to @-@ back promotions following their sixth @-@ place finish and subsequent League Two play @-@ off victory in May 2011 . After four years at Stevenage , Bostwick signed for Peterborough United in July 2012 .

= = Club career = =

= = = Early career = = =

Bostwick began his career as a trainee with Millwall , and was a regular in the club 's Under @-@ 18 team , as well as playing several times for the reserve team . During the latter stages of the 2005 ? 06 season , Bostwick joined Conference National side Crawley Town on work experience . The move counted as work experience , as opposed to a loan , because of Bostwick 's age ? subsequently he could not appear for the first @-@ team of another Football League side , but was eligible to play for the first @-@ team of a non @-@ league club . He made his debut for Crawley a week after joining the club , coming on as an 89th minute substitute in a 1 ? 0 victory against Forest Green Rovers . He came on in the 83rd minute in the following game against Southport at Haig Avenue , as well as playing for 25 minutes against Burton Albion , setting up Tony Scully 's 89th @-@ minute equaliser . He subsequently started his first game in April 2006 , playing the whole match in a 2 ? 0 win against Aldershot Town , scoring Crawley 's second . A week later , Bostwick scored both of Crawley 's goals in the club 's 2 ? 2 draw against Halifax Town , netting in quick succession to give Crawley a two @-@ goal lead . He played a total of eight games for Crawley during his two @-@ month work experience , scoring three times . On return to his parent club in May 2006 , Bostwick signed a one @-@ year contract with Millwall . Shortly before the start of the 2006 ? 07 season , Bostwick was loaned out to Crawley Town for a second spell at the club . He played in the club 's first five games of the season , scoring twice from midfield in a 3 ? 2 away win at Stevenage . In late August 2006 , Crawley Town extended the loan deal until the end of the season , although Millwall were able to recall him in the January transfer window if they deemed it necessary . Bostwick played a total of 25 times during the first half of the season , scoring twice , before Millwall recalled him in January 2007 .

Bostwick returned to Millwall , but failed to make any first @-@ team appearances . In late January 2007 , he was allowed to leave the club on a free transfer to sign for Rushden & Diamonds on an 18 @-@ month contract . Rushden were managed by Graham Westley , who had previously written about Bostwick 's credentials in his weekly column in The Non @-@ League Paper when Westley

was out of work . Bostwick made his Rushden debut in the club 's 2 ? 1 away win at league leaders Dagenham & Redbridge , and came off the bench in the following match against St Albans City . He was sent @-@ off for the first time in his career in Rushden 's 2 ? 2 draw with Aldershot Town , receiving a red card for two bookable offences . Bostwick played eight matches for Rushden , but fell out of favour at the club in March 2007 after Westley was fired . As a result , Bostwick did not play for Rushden again , and was released by the club at the end of the 2006 ? 07 season .

At the start of the 2007 ? 08 season , Bostwick signed for Ebbsfleet United on an initial three @-@ month contract , with a view to a contract extension after the three @-@ month period . He was signed to add " depth to the squad " , as well as to " provide cover at the back and midfield areas " . He made his Ebbsfleet debut a day after signing for the club , starting the match in central defence in a 1 ? 0 victory at Nene Park against his former employers , Rushden . He scored his first goal for the club in a 1 ? 1 draw against Exeter City in September 2007 , turning in Stacy Long 's corner to give Ebbsfleet the lead . A month later , he was sent @-@ off in the club 's 3 ? 1 away win against Altrincham for picking up two yellow cards . He returned to the first @-@ team in November 2007 , assisting Stacy Long 's goal in the club 's 2 ? 1 win against Stafford Rangers . Shortly before the match , Bostwick signed a new contract at Ebbsfleet , keeping him at the club until the end of the season . In January 2008 , Bostwick netted Ebbsfleet 's third goal in a 4 ? 1 victory against Grays Athletic at Stonebridge Road , and scored again just four days later in another 4 ? 1 win , this time in the 90th minute against Weymouth . He scored his fourth league goal of the season against Stevenage at Broadhall Way in March 2008 , scoring with a close @-@ range header in a 3 ? 1 defeat . Bostwick also came off the bench on the hour mark against Farsley Celtic to assist two of Ebbsfleet 's goals in a 3 ? 1 victory ? with Liam Daish saying Bostwick " changed the game " . He made another assist in the club 's next home fixture , a 2 ? 0 win against Altrincham . Bostwick was also instrumental in the club 's FA Trophy campaign during the season , playing in seven of the club 's eight FA Trophy games , and scoring in a 1 ? 1 draw against Aldershot Town in the semi @-@ final second leg . He also played the whole match in the Final as Ebbsfleet ran out 1 ? 0 winners against Torquay United at Wembley Stadium . He made 51 appearances for Ebbsfleet in all competitions during the season , scoring five times .

= = = Stevenage = = =

Bostwick was offered a new deal by Ebbsfleet ahead of the 2008 ? 09 season , but rejected the offer and instead opted to join Stevenage on a two @-@ year deal , playing under the management of Graham Westley once more . He made his debut for Stevenage in the club 's opening game of the season , a 5 ? 0 defeat to Wrexham at the Racecourse Ground . Bostwick was used in both the centre of defence and the centre of midfield during the first half of the 2008 ? 09 season , as well as playing at full back in the club 's 1 ? 0 defeat to Kettering Town in September 2008 . Bostwick provided the assist for Lee Boylan 's second @-@ minute goal against Forest Green Rovers in a 3 ? 0 victory . A month later , he scored his first goal for the club , scoring in the 80th minute against Mansfield Town to give Stevenage a 3 ? 2 lead . He scored his second goal of the season against Weymouth in February 2009 , latching onto a long pass and sliding the ball past the goalkeeper to secure a 3 ? 0 away win . Bostwick also scored Stevenage 's first in a 2 ? 0 away win at Crawley Town , scoring with a strike from just outside the area as Stevenage finished in the final play @-@ off spot . He subsequently played in both of Stevenage 's Conference Premier play @-@ off games against Cambridge United in April 2009 , as the club lost 4 ? 3 on aggregate . Bostwick played in all seven of the club 's successful FA Trophy campaign , as well as playing the whole match in Stevenage 's 2 ? 0 win against York City in the Final at Wembley Stadium . The FA Trophy win meant that Bostwick had won the competition in consecutive years . Bostwick made a total of 49 appearances in his first season at Stevenage , scoring three times .

Bostwick started in Stevenage 's first game of the 2009 ? 10 season , in a 1 ? 1 draw against Tamworth , and also provided the assist for Joel Byrom 's goal in Stevenage 's next home fixture against Ebbsfleet United . His first goal of the season came in the club 's 2 ? 1 home win against Rushden & Diamonds , scoring from the edge of the area to give Stevenage the lead . He also

provided an assist in the club 's 3 ? 2 away fixture against Mansfield Town at Field Mill , as Stevenage came from two goals down to win the match . A week later , Bostwick scored a volley away at Chester City , although due to Chester City being expelled from the league , Bostwick 's goal , and subsequently Stevenage 's 1 ? 0 win , were removed from the records . Bostwick continued his goalscoring form , scoring from 25 @-@ yards after a well @-@ worked corner in injury time , in a 4 ? 0 win against Hayes & Yeading . He scored a similar goal against Gateshead in November 2009 , his fifth of the season . His next goal came in March 2010 , scoring the opener from 30 @-@ yards against Crawley Town as Stevenage won 2 ? 0 , and he scored another goal two weeks later , heading in an Andy Drury corner as Stevenage came from behind to win 2 ? 1 at Grays Athletic . Bostwick also played in the club 's 2 ? 0 win against Kidderminster Harriers at Aggborough in April 2010 ? the game that secured Stevenage 's place in the Football League for the first time in the club 's history . He played in five of the club 's FA Trophy fixtures during the 2009 ? 10 season , scoring once in a game against Dover Athletic in January 2010 . He also played in the Final at Wembley Stadium , but was unable to record a third Wembley victory as Stevenage lost 2 ? 1 to Barrow after extra @-@ time . In total , Bostwick played 52 matches in all competitions , scoring eight times . At the end of the season , Bostwick was out of contract and Westley announced that he expected him to leave , saying it would be " very difficult " to keep hold of him . However , in June 2010 , Bostwick signed a new two @-@ year deal with Stevenage , despite attracting interest from several League One clubs .

Ahead of the 2010 ? 11 season , Bostwick scored in a pre @-@ season friendly against Hitchin Town , and made his first league appearance in the club 's 2 ? 2 draw with Macclesfield Town , playing the whole game . He scored his first goal of the season in the club 's first ever Football League victory , in a 3 ? 1 win against Stockport County , scoring with a shot from 30 @-@ yards to double Stevenage 's lead just before the interval . In November 2010 , Bostwick provided two assists for Stevenage 's goals in the club 's 3 ? 0 win away at local rivals Barnet . Bostwick scored his second goal of the 2010 ? 11 season in Stevenage 's 3 ? 1 FA Cup win over Newcastle United in January 2011 . Bostwick picked up a loose pass and rifled a shot that went in off the post from 25 yards out to give Stevenage a two @-@ goal lead . A month later , he scored his third goal of the season in a 4 ? 0 win against Cheltenham Town , cutting in from the right and drilling a low shot across the face of goal and past the goalkeeper . Bostwick played a total of 51 games during the 2010 ? 11 season , scoring three goals . This included three appearances in the 2010 ? 11 League Two play @-@ offs following Stevenage 's sixth @-@ placed finish . Following a 3 ? 0 aggregate victory over Accrington Stanley , Stevenage earned promotion to League One after a 1 ? 0 win against Torquay United at Old Trafford on 28 May 2011 , with Bostwick playing the whole game .

Prior to the start of the 2011 ? 12 season , Bostwick scored in Stevenage 's 2 ? 1 pre @-@ season victory at Dagenham & Redbridge on 30 July 2011 . A week later , he started in Stevenage 's first ever League One fixture , a 0 ? 0 draw against Exeter City . Three days after the draw , on 9 August , Bostwick scored his first goal of the campaign in a 4 ? 3 extra @-@ time defeat to Championship side Peterborough United , scoring with a 25 @-@ yard shot that took the game to extra @-@ time . In Stevenage 's next league fixture , a 1 ? 1 draw away at Chesterfield , he was sent @-@ off after receiving two yellow cards , resulting in a one @-@ match suspension . Bostwick signed a two @-@ year contract extension with the club on 26 August 2011 . He scored his second goal of the 2011 ? 12 season in Stevenage 's 5 ? 1 home win over Sheffield Wednesday , with his 25 @-@ yard half @-@ volley rebounding off of the post and into the net to give Stevenage a three @-@ goal lead in the first @-@ half . Bostwick was also instrumental in the club 's 6 ? 1 away victory at Colchester United on 26 December , scoring one goal and assisting another . His goal restored Stevenage 's two @-@ goal cushion in the match on the hour mark , before he assisted Scott Laird from a well @-@ worked free @-@ kick routine ten minutes later . He beat his goal tally from the previous season when he scored his fourth goal of the campaign in Stevenage 's 4 ? 2 victory against Milton Keynes Dons at Broadhall Way on 24 January 2012 , with Bostwick restoring parity in the first @-@ half with a long @-@ range strike . Bostwick also scored in a 2 ? 2 draw against Huddersfield Town on 28 February 2012 , heading in Joel Byrom 's cross to half the deficit as Stevenage fought back to earn a point after being two goals down . He scored two goals in as many games in late March 2012

, both of which were long @-@ range strikes that drew Stevenage level in games against Walsall and Bournemouth respectively . Four days after the goal against Bournemouth , Bostwick was on the scoresheet once again , his third goal within the space of a week , scoring late @-@ on to give Stevenage a brief lead in an eventual draw against Wycombe Wanderers . He was almost ever @-@ present during the campaign , playing 53 times and scoring eight goals , as Stevenage narrowly lost over two legs in the play @-@ off semi @-@ final . During his successful four seasons with the club , Bostwick made 207 appearances , scoring 22 goals .

= = Peterborough United = =

In July 2012 , Bostwick signed for Championship side Peterborough United on a three @-@ year contract , for an undisclosed fee . Peterborough chairman Darragh MacAnthony stated that Bostwick was manager Darren Ferguson 's " number one transfer target for the summer " . He made his Peterborough debut in the club 's first game of the 2012 ? 13 season , playing the whole match in a 4 ? 0 home win over Southend United in the League Cup . Bostwick scored his first goal for the club in his fourth appearance , halving the deficit with a " stunning volley from the edge of the area " as Peterborough lost 2 ? 1 at home to Leeds United on 25 August 2012 . He was made captain ahead of Peterborough 's home game against Derby County in October 2012 , and opened the scoring in the match with a volley , his second goal of the season , in a 3 ? 0 victory . Bostwick 's third goal of the campaign came in Peterborough 's surprise victory over table @-@ topping Cardiff City , scoring a powerful 30 @-@ yard free @-@ kick in a 2 ? 1 win . He added another goal to his tally in the club 's important 2 ? 1 win over Barnsley at London Road on 1 January 2013 , again scoring courtesy of a free @-@ kick .

= = International career = =

Bostwick was called up to play for the England C team , who represent England at non @-@ league level , in a game against Italy C in Benevento in November 2008 . He came on as a 56th @-@ minute substitute in a game that ended 2 ? 2 . He was called up again to represent England C in a game against Belgium U23 at the Kassam Stadium in May 2009 . However , he was forced to withdraw due to injury , and was subsequently replaced by fellow Stevenage midfielder Joel Byrom . Bostwick was called up once more to play against Poland U23 in Grodzisk Wielkopolski , but again had to withdraw due to injury .

= = Personal life = =

Bostwick grew up in South East London . He supports West Ham United , and states that his footballing hero when growing up was Rio Ferdinand . He has one daughter , whom his partner gave birth to in 2007 .

= = Career statistics = =

As of match played 26 December 2015 .

= = Honours = =

Ebbsfleet United

FA Trophy : 2007 ? 08

Stevenage

FA Trophy : 2008 ? 09

Conference Premier : 2009 ? 10

Football League Two play @-@ offs : 2010 ? 11

Individual

