"Born Again" is the twenty @-@ second episode of the first season of the American science fiction television series The X @-@ Files . It premiered on the Fox network on April 22 , 1994 . "Born Again" was written by Howard Gordon and Alex Gansa , and directed by Jerrold Freedman . The episode featured guest appearances by Brian Markinson and Maggie Wheeler . The episode is a "Monster @-@ of @-@ the @-@ Week "story , a stand @-@ alone plot which is unconnected to the series 'wider mythology . "Born Again" earned a Nielsen household rating of 8 @.@ 2 , being watched by 7 @.@ 7 million households in its initial broadcast , and received mixed reviews from critics .

The show centers on FBI special agents Fox Mulder (David Duchovny) and Dana Scully (Gillian Anderson) who work on cases linked to the paranormal , called X @-@ Files . When Mulder and Scully are called to New York to investigate the death of a police officer , they come to believe that a young girl present at the incident may be the reincarnation of another officer murdered years earlier .

Several crew members disliked the episode, most notably writer Howard Gordon and David Duchovny. Gordon felt that the episode was too similar to the other episodes that had been aired, whereas Duchovny bluntly stated that he " detested " the episode.

= = Plot = =

In Buffalo , New York , police detective Sharon Lazard finds a little girl , Michelle Bishop , alone in an alley . Lazard takes the seemingly lost girl into her precinct , and leaves her alone to be interviewed by another detective , Rudolph Barbala . However , moments later , Barbala is jettisoned through a window , falling to his death .

Lazard turns to Fox Mulder and Dana Scully for help . She tells them of Michelle 's claims that a man had attacked Barbala , even though she was the only person in the room when the detective was killed . The agents have Michelle describe the alleged attacker for a computerized facial composite ; the computer seemingly glitches , displaying a face that Michelle identifies as the killer . The composite matches that of a Detective Charlie Morris ? who died nine years previously in an apparent gangland hit . The agents speak to Michelle 's psychiatrist , Dr. Braun , who tells them that she habitually mutilated dolls in a uniform manner during their sessions together , removing the same eye and arm each time ; Mulder realizes that these mutilations match the circumstances of Morris ' death .

The agents interview Barbala 's partner , Tony Fiore , who attributes Morris ' death to a triad gang they had been investigating together . Later that day , Fiore meets with a Leon Felder , and the two discuss claiming a large sum of money from a safety deposit box , but agree that they haven 't waited the ten years they had intended to , ominously discussing that they are the last two claimants left . That night , Felder gets off a bus , but his tie catches in the door as it drives off . The driver tries to brake , but the bus inexplicably continues to accelerate , strangling Felder as Michelle watches from inside the bus .

Investigating further, Mulder and Scully learn that Fiore, Barbala, Felder and Morris had all worked closely together in the past. They also find that Fiore 's wife Anita keeps a collection of origami animals made by her first husband? Charlie Morris. Anita tells the agents that Fiore hasn 't returned home from the previous night; meanwhile, the agents find that pages are missing from the file on Morris' murder, and Fiore was the last one to have checked the file out.

Michelle undergoes a session of regression hypnosis, where she claims to be twenty @-@ four years old. She suddenly starts screaming in panic about someone trying to kill her, and the session is ended. Mulder reviews the video of the session, and is convinced that the girl is the reincarnation of Morris, having been conceived right around the time the detective was murdered. The tape contains a brief section of static noise just before Michelle begins screaming, which Mulder has an expert clean up. The noise is found to contain a grainy image of what appears to be a fish tank ornament of a man in an atmospheric diving suit. Meanwhile, Scully has tracked down Morris

autopsy findings, which show the presence of salt water in his respiratory tract, indicating he died of drowning. The agents realise from these findings that Morris was drowned in the exotic fish tank in Fiore 's house.

Rushing to Fiore 's house , Mulder and Scully find Michelle using telekinetic powers to try to kill Fiore . They prevent her from doing so , and Fiore confesses that he , Felder and Barbala had stolen a large sum of money , intending to keep it safe for ten years before claiming it . Morris learned of their plan and threatened to report on them , and was consequently killed to silence him . However , Fiore maintains that he never wanted to see Morris dead and only wanted to take care of Anita after his death . Michelle uses her powers to destroy the fish @-@ tank , but spares Fiore after hearing pleas from Anita not to hurt him . Later , Fiore pleads guilty to charges of murder and grand larceny , whilst Michelle seemingly recovers and goes on to become a normal little girl .

= = Production = =

Writer Howard Gordon was disappointed with the episode, finding it too similar to other series being aired around the same time. He also believed that the episode seemed " a little too cop show @-@ y " overall, stating that he did not think it " was very well executed on any front ". David Duchovny also reportedly " detested " the episode, despite a guest appearance by his then @-@ girlfriend Maggie Wheeler.

Executive producer R. W. Goodwin recalls being on location for the episode 's opening scene , in which Detective Barbala is thrown from a window . The room used for the scene had two windows side @-@ by @-@ side , and one had been replaced with sugar glass for the stunt . When the false window was blown out to simulate someone being thrown through it , the crew found that the glass window beside the false one had also accidentally been blown out . The episode 's key grip , Al Campbell , suggested that the next shot show Barbala 's dog lying beside his body to explain the second window breaking .

= = Broadcast and reception = =

"Born Again " premiered on the Fox network on April 22 , 1994 , and was first broadcast in the United Kingdom on BBC Two on February 23 , 1995 . This episode earned a Nielsen household rating of 8 @.@ 2 , with a 14 share , meaning that in the US , roughly 8 @.@ 2 percent of all television @-@ equipped households , and 14 percent of households watching television , were tuned in to the episode . It was viewed by 7 @.@ 7 million households .

Writer Howard Gordon has expressed his disappointment with the episode, feeling that it was too similar to his earlier work on the episode " Shadows ", and finding that it was " not done particularly interestingly ". Series creator Chris Carter also felt that " Born Again " was " just not one of [his] favorites ", adding that he " thought the direction was a little sloppy, but it 's one of those episodes that plays a little closer to reality and I like that about it ".

In a retrospective of the first season in Entertainment Weekly , "Born Again "was rated a B?, with the episode being described as "engaging but ultimately just serviceable ", although Andrea Libman 's casting as Michelle was called "inspired". Zack Handlen, writing for The A.V. Club, felt negatively towards the episode, feeling that its plot was too reminiscent of earlier episodes, such as "Eve " or "Shadows ". However, he found the scene in which an image is found in the static of a video recording to have been a highlight, calling it "a cool combination of hard science and the inexplicable ". Matt Haigh, writing for Den of Geek, was favorable towards the episode, again praising the performance of Libman as Michelle. He also drew comparisons to "Shadows", but felt that "Born Again "was the better episode of the two.