John Michael Lewis Mousinho (born 30 April 1986) is an English professional footballer who plays for Burton Albion as a midfielder.

Mousinho began his professional football career at Brentford , having previously been on the books at Chesham United and Notre Dame Fighting Irish , the latter whilst studying at the University of Notre Dame . He spent two and a half years at Brentford , before joining Wycombe Wanderers in June 2008 on a free transfer . Mousinho played regularly for Wycombe for two seasons ; witnessing both a promotion and relegation during his tenure at the Buckinghamshire club . He rejected a contract extension from Wycombe in June 2010 , and instead opted to join Stevenage on a two ? year contract . In his first season at Stevenage , Mousinho helped guide the club to back @-@ to @-@ back promotions , scoring the winner in the 2010 ? 11 League Two play @-@ off final , as well as finishing as the club 's joint top goalscorer for the season . Following an injury @-@ hit season during the 2011 ? 12 campaign , Mousinho left Stevenage and joined Preston North End . In his final season at the club , he was loaned to Gillingham and back to Stevenage before being released and joining Burton in June 2014 .

= = Career = =

= = = Brentford = = =

Born in Isleworth , Greater London , Mousinho was signed by then Brentford manager Martin Allen during the 2005 ? 06 season , after returning from the United States where he was studying and playing at the University of Notre Dame . He was recommended to Brentford by Martin Allen 's son , having previously been on the books at Chesham United . He made his Brentford debut in October 2005 in a 1 ? 1 against Oxford United in the Football League Trophy ; playing the whole match . He made his league debut for the club two months later in a 4 ? 1 away win over Tranmere Rovers , coming on as a 76th @-@ minute substitute . Initially he acted as cover for regular right @-@ back Kevin O 'Connor , but was then played in a central midfield role . He was also the outfield player chosen to play as goalkeeper against Gillingham in 2006 , when Clark Masters was sent @-@ off , and there was not a substitute goalkeeper available ; the game ended 2 ? 2 with Mousinho playing 75 minutes in goal .

Mousinho was then sent on loan to several non? league clubs in the form of Woking, Slough Town, and Yeading respectively mid? way through the 2005? 06 season. He failed to make any first? team appearances for Woking, with his loan spell lasting just two weeks. He was loaned to Slough Town just days later, and made his debut for the club in a 2? 1 away win over Fisher Athletic, before scoring his first goal for the club in a 3? 2 win over Bromley? Mousinho scoring a goal in the 58th minute as Slough came from two goals down to win the match. In April 2006, he was loaned out to Conference South side Yeading, where he played a total of six times, making his debut in the club 's 4? 0 defeat to Basingstoke Town. Martin Allen stated that Mousinho 's loan moves were "positive" and "definitely not the end of his time at Brentford".

On return to his parent club , Mousinho played a lot more frequently during the 2006 ? 07 season , a total of 39 times , and was subsequently rewarded with an extended contract which was due to run until June 2009 . The following campaign , he scored his first goal for the club in a 2 ? 1 win against Barnet ? tapping in the rebound from Kevin O 'Connor 's missed penalty , and also scored Brentford 's first against Dagenham & Redbridge shortly after . However , he only played a total of 24 times in all competitions , 15 times less than during the club 's previous campaign . At the end of the 2007 ? 08 season , Mousinho was transfer ? listed by manager Andy Scott because he did not feature in the club 's future plans and , as a result , his first ? team chances would be limited .

His contract was terminated by mutual consent with a year to run on 16 June 2008 and he joined Wycombe later that day . On joining Wycombe , Mousinho said " It 's been my local club since I was quite young so I 've been down here a few times and it was the lure of that , plus the chance to work with Peter Taylor , that made me jump at the chance " . He made his debut for Wycombe in a 1 ? 1 draw against Morecambe , and scored his first goal for the club shortly after in a 2 ? 0 away victory over Chester City . Shortly after this , Wycombe triggered a one ? year extension clause in his contract , subsequently keeping him at the club until 2010 . Mousinho scored his second goal of the season in Wycombe 's 3 ? 3 draw against his former employers , Brentford , netting in the first ? half of the game with a volley . Two weeks later , he provided the assist for John Akinde 's goal in the club 's 1 ? 1 draw with Barnet . He played a total of 38 times in all competitions during his first season with the club , scoring twice as Wycombe earned promotion to League One after finishing in the third and final automatic promotion place . The following season , he played a further 41 games for the club , scoring once in a 5 ? 2 home defeat to Brighton & Hove Albion , but Wycombe were relegated at the end of the season . During his two years at Wycombe , he played a total of 79 times for the club , scoring three goals .

# = = = Stevenage = = =

In late June 2010, Mousinho rejected a contract extension at Wycombe, which led to Wycombe manager Gary Waddock saying " we wanted to keep John , but he 's decided to go elsewhere . It 's an open secret where he 's going " . Two days later Mousinho joined newly promoted League Two outfit Stevenage on a two? year deal, officially signing for the club on 1 July. A day later, he was assigned the number 21 shirt ahead of the 2010? 11 season. Mousinho made his Stevenage debut in the club 's 1? 0 loss to Bradford City in the club 's second game of the season, playing the whole game in the centre of midfield. He scored his first goal for Stevenage in October 2010, scoring the equaliser in the club 's 1 ? 1 draw with Rotherham United . A month later , Mousinho scored twice in Stevenage 's 3 ? 0 victory away at local rivals Barnet. Mousinho scored his fourth goal of the season in a 1 ? 0 away win at his former employers, Wycombe Wanderers, at Adams Park, scoring with a low drilled shot from 30 yards out. Ten days later, Mousinho scored both of Stevenage 's goals in their 2 ? 0 away win against Burton Albion at the Pirelli Stadium . This subsequently meant that all six of Mousinho 's goals were scored away from Broadhall Way, although this record ended when he scored a penalty in Stevenage 's 2 ? 1 home win against Bradford City on 2 April 2011. Mousinho was sent @-@ off for the first time in his Stevenage career on 30 April 2011, receiving a straight red card in Stevenage 's 2 ? 0 defeat at Northampton Town. The red card meant that Mousinho served a three @-@ game suspension . Stevenage appealed against the sending off, but were unsuccessful. He subsequently missed the club 's 3 ? 3 draw against Bury, as well as Stevenage 's 3 ? 0 aggregate play @-@ off win against Accrington Stanley . Mousinho returned to the first @-@ team for the 2010 ? 11 play @-@ off final against Torquay United at Old Trafford on 28 May 2011, a game in which he scored the only goal with a strike from 20 yards out in a 1 ? 0 Stevenage victory. During his first season with the club, Mousinho finished as the club's joint top goalscorer with eight goals in 44 appearances.

Mousinho missed the start of the 2011 ? 12 season due to suffering a calf injury during pre @-@ season , subsequently missing Stevenage 's first three games of the campaign . He returned to first @-@ team action on 16 August 2011 , starting in a 3 ? 1 away victory against Bournemouth , scoring Stevenage 's second goal of the game from the penalty spot . Mousinho 's second goal of the season came in Stevenage 's 5 ? 1 win against Sheffield Wednesday at Broadhall Way , beating defender Rob Jones for pace before driving a shot from 20 yards past goalkeeper Richard O 'Donnell . He injured a metatarsal bone in his right foot in Stevenage 's 1 ? 0 away victory against Hartlepool United in the FA Cup on 12 November 2011 , and was subsequently ruled out of first @-@ team action for six weeks . Mousinho suffered another setback in January , when scans revealed further damage to the metatarsal bone . After a brief substitute appearance in Stevenage 's reserve game against Southend United in early April 2012 , Mousinho returned to first @-@ team action on 14 April 2012 , coming on as a late substitute in the club 's 6 ? 0 away victory at Yeovil

Town . In the club 's next match , a " vital " game against fellow play @-@ off contenders Carlisle United , Mousinho came on as a substitute in the 73rd minute and scored the winning goal three minutes later as Stevenage ran out 1 ? 0 winners . He made 23 appearances during an injury @-@ hit season , scoring three goals . Just three days after Stevenage 's play @-@ off semi @-@ final defeat , on 17 May 2012 , Stevenage announced that Mousinho had turned down an improved contract and was leaving the club after two years .

## = = = Preston North End = = =

Mousinho joined League One side Preston North End on a free transfer on 29 May 2012, signing a two @-@ year deal with the club. The move reunited him with former Stevenage manager Graham Westley. He was named as club captain for the 2012? 13 season. Mousinho made his Preston debut in the club 's opening game of the season, playing the whole match as a new @-@ look Preston side beat Championship team Huddersfield Town 2? 0 at Deepdale. He scored his first goal for the club on 1 January 2013, netting the only goal of the game courtesy of a first @-@ half header in a 1? 0 away win against Hartlepool United.

On 7 November 2013, Mousinho signed for Gillingham on loan until 2 January 2014. On 31 January, he returned to Stevenage on loan for the remainder of the season.

Mousinho was one of six players released by Preston manager Simon Grayson on 20 May 2014, following their failure to win promotion to the Championship.

## = = = Burton Albion = = =

Following his release by Preston, Mousinho was signed by League Two club Burton Albion on a two @-@ year deal on 6 June 2014. Manager Gary Rowett revealed that Mousinho had been the club 's primary transfer target that summer.

### = = Personal life = =

Mousinho is of Portuguese descent, with his father 's side of the family hailing from Lisbon.

He grew up supporting Tottenham Hotspur , and states his footballing heroes were Darren Anderton and Teddy Sheringham after watching the attacking football Tottenham played during the early 1990s . He plays the guitar , and mostly likes listening to indie music . Amongst his favourite television programmes are Fonejacker and Facejacker , with Mousinho impersonating many of the show 's characters in his Stevenage ' Two Minutes to Win It ' challenge prior to the club 's play @-@ off game with Accrington Stanley during the 2010 ? 11 season .

#### = = Honours = =

Wycombe Wanderers
League two promotion winners 2008 @-@ 09
Stevenage
League two playoffs winners 2010 @-@ 11
Burton Albion
League two champions 2014 @-@ 15
League one promotion winners 2015 @-@ 16

#### = = Career statistics = =

As of 27 April 2013.