

= Falling Down ( Selena Gomez & the Scene song ) =

" Falling Down " is a song recorded by American pop @-@ rock band Selena Gomez & the Scene for their debut studio album , Kiss & Tell ( 2009 ) . It was released on August 25 , 2009 through Hollywood Records as the lead single from the album . The song was written by Ted Bruner and Trey Vittetoe , both of whom produced the track ; Gina Schock of The Go @-@ Go 's also receives writing credit . Musically , " Falling Down " is an uptempo track that features elements of pop , rock , and electro rock music , and contains heavy usage of synths . Its lyrics see Gomez ridiculing life in Hollywood and fame , though can also be interpreted to speak of a romantic relationship . The song was released in select territories , receiving no official release in European territories .

Upon its release , " Falling Down " received mixed to positive reviews from critics , receiving praise for being " catchy " and for Gomez 's " sassy " vocal delivery . The song became the band 's first chart entry on the Billboard Hot 100 chart , where it peaked at number 82 . It became a top twenty hit in Japan , becoming the group 's highest charting effort to date in the country . " Falling Down " went on to sell over 500 @,@ 000 copies in the United States alone . The accompanying music video premiered on August 28 , 2009 through Disney Channel . The video featured Gomez and her band performing the song on a round black stage , and features various shots of Gomez in a photo shoot and singing the song without the band .

" Falling Down " was promoted through a number of live performances , including the ninth season of Dancing with the Stars . The performance received a mixed reaction , with Gomez receiving criticism for her vocal ability . It was featured on the set list of all three of the band 's tours , including Selena Gomez & the Scene : Live in Concert ( 2009 @-@ 10 ) , the A Year Without Rain Tour ( 2010 @-@ 11 ) , and the We Own the Night Tour ( 2011 @-@ 12 ) . It appears on Gomez 's solo compilation album , For You ( 2014 ) , along with other songs performed by the band .

= = Background = =

Following a string of soundtrack appearances and original recordings for the Disney Channel , Selena Gomez signed a five album contract with Hollywood Records on her sixteenth birthday . Inspired by acts such as Paramore and Forever the Sickest Kids , Gomez opted to form a band rather than release music as a solo artist . Work on the album began in 2008 , with Gomez reportedly considering up to one @-@ hundred songs for the album . Having previously worked with Hollywood Records artist Miley Cyrus , Ted Bruner was enlisted to work on the project . Gina Schock , who rose to fame as a member of The Go @-@ Go 's , served as an inspiration for Gomez , and worked on numerous songs for the record . Bruner and Schock , alongside Trey Vittetoe , co @-@ wrote " Falling Down " for Gomez and her band . Bruner and Vittetoe produced the song together . Gomez personally confirmed on August 13 via her official Twitter account that the lyrics to " Falling Down " would premiere through Radio Disney on August 21 , 2009 . The single was released for digital download in the United States and Canada on August 25 , 2009 . It received a digital release in Australia on September 25 , 2009 . The song received no official release in European territories .

= = Composition and critical reception = =

" Falling Down " is a rock song which derives into the electro rock genre that features " aggressive " guitar and drum lines powered by " blooppy " synths . Bill Lamb of About.com noted that the song seemed to be influenced by Avril Lavigne . Robert Copsey of Digital Spy said the song sounded " suspiciously similar to Pink 's ' U + Ur Hand ' " . The song is set in common time , and has a tempo of 140 beats per minute . It is written in the key of D minor , and Gomez 's vocals span from the low note of A3 to high note of D5 . It follows the chord progression Dm ? C ? Dm @-@ C . Bill Lamb of About.com gave the single 4 out of 5 stars , calling the song " catchy " and commending Gomez 's " sassy " vocals and its lyrics . Lamb also noted that " The mix leaves in Gomez ' [ sic ] occasional breathless delivery that only conveys more immediacy for the song . " A CBBC reviewer

complimented the song 's " catchy lyrics " , stating " you will have them in your head for days ! " Rob Perez of NocheLatina called the track one of the best on the album . Robert Copsey of Digital Spy said the song and its lyrics sounded " uninspired . "

Lyrically , " Falling Down " is said to be in regards to accusations of wrongdoing and has a sense of longing for a non @-@ benefiting relationship . However in an interview , Gomez stated , during an interview that the song ultimately is a ridicule of the Hollywood life and fame , that was the meaning behind " Smile for the camera , ' cause they 're all about to trash ya . " Gomez further elaborated on the concept of the song on an interview with Just Jared Jr . , saying ,

It 's basically about Hollywood and what people think about it and essentially how plastic it is sometimes . It 's fun and I think girls can relate to it somewhat , for me it was because of Hollywood but it can really relate to a mean girl , an ex @-@ boyfriend , to whoever .

= = Chart performance = =

The song debuted on the 12 September 2009 edition of the US Billboard Hot 100 at number 93 . It later peaked at number 82 . It became the band 's first charting single in the United States . In the same week , " Falling Down " also appeared on the Canadian Hot 100 , debuting at number 69 . It spent two weeks on the chart , falling to 82 in its second week . It re @-@ entered the Billboard Hot 100 at number 92 for the week ending 9 January 2010 . The song managed to peak at number 11 on the Australian Hitseekers Singles Chart . On the Japan Hot 100 " Falling Down " debuted at number 24 on the week dated 6 March 2010 . A week later , it peaked at 15 on the chart . As of July 2015 , the song has sold 576 @,@ 000 copies in the United States .

= = Music video = =

The music video to " Falling Down " , directed by Chris Dooley , was first seen on Disney Channel , succeeding Wizards of Waverly Place : The Movie on 28 August 2009 . It became available for purchase on iTunes the next day .

The music video commences with shots of Gomez singing the first lines , " whoa , whoa " , and bright lights shining upon her ; she is wearing a gray shirt , black tights and boots and has long brown hair . Then , the rest of the band , composed of four male members , is seen as Gomez dances and nods her head . The background in the music video is a large projection of patterned geometrical figures that constantly alter to divergent colors . Gomez is then seen in a " photo shoot @-@ like " set wearing a white shirt and a zebra @-@ patterned skirt . As the video progresses Gomez and the rest of the band are seen singing , dancing , playing instruments and using props . Gomez holds a mirror and plastic roses , which she then throws away , in conjunction to the song 's lines . The video ends with Gomez taking a quick bow while still holding her microphone .

= = Live performances = =

Gomez & the Scene first performed the song live on the ninth season of Dancing with the Stars . During the performance , professional dancers Derek Hough and Karina Smirnoff danced to the song . Tamara Brooks of Zap2it commented " The song 's catchy but Selena doesn 't look entirely comfortable on stage to me . It 's very ... rehearsed . But the dancing was faboo . " Additionally , they performed the song at numerous concerts in 2009 and 2010 , including their House of Blues Tour , the Kiss & Tell Tour and their Fairs & Festivals tour .

= = Track listing = =

Digital download

" Falling Down " ? 3 : 05

= = Credits and personnel = =

Lead vocals : Selena Gomez  
Songwriters : Ted Bruner , Trey Vittetoe , Gina Schock  
Production : Ted Bruner , Trey Vittetoe  
Mixing : Clif Norrell  
Source

= = Charts = =

= = = Sales = = =

= = Release history = =