

the buzz



Get Your Beauty Sleep

These glow boosters work while you snooze, so you'll feel—and look—more refreshed by morning

PHOTOGRAPHED BY JONG HYUP



1. Soften skin with Neutrogena Hydro Boost Whipped Body Balm, \$6; neutrogena.com. 2. Get a restorative slumber with the vitamin-infused Dr. Barbara Sturm Sleep Food, \$95/60 capsules; molecular-cosmetics.com. 3. Moisturize with the rich Sisley-Paris Velvet Nourishing Cream with Saffron Flowers, \$220; sisley-paris.com. 4. Spritz yourself (and your sheets) with Kora Organics Calming Lavender Mist, \$34; koraorganics.com. 5. For extra hydration, layer on Laneige Water Sleeping Mask, \$25; laneige.com. 6. Coat lips with Tatcha The Kissu Lip Mask, \$30; tatcha.com. 7. Treat fine lines with Elizabeth Arden Retinol Ceramide Capsules Line Erasing Night Serum, \$84/60 capsules; elizabetharden.com. 8. Soothe tired eyes with Estée Lauder Advanced Night Repair Eye Supercharged Complex Synchronized Recovery, \$62; esteelauder.com. Kitsch Silk Eye Mask in Blush, \$34; mykitsch.com. **Set design:** Judith Trezza.