

EARLY PREDICTION FOR CHRONIC KIDNEY DISEASE DETECTION: A PROGRESSIVE APPROACH TO HEALTH MANAGEMENT

1.INTRODUCTION

Early Prediction for Chronic Kidney Disease Detection: A Progressive Approach to Health Management Chronic Kidney Disease (CKD) is a major medical problem and can be cured if treated in the early stages. Usually, people are not aware that medical tests we take for different purposes could contain valuable information concerning kidney diseases. Consequently, attributes of various medical tests are investigated to distinguish which attributes may contain helpful information about the disease. The information says that it helps us to measure the severity of the problem, the predicted survival of the patient after the illness, the pattern of the disease and work for curing the disease. In today's world as we know most of the people are facing so many diseases and as this can be cured if we treat people in early stages this project can use a pretrained model to predict the Chronic Kidney Disease which can help in treatments of people who are suffering from this disease.

1.1 Overview

Your kidneys, each just the size of a computer mouse, filter all the blood in your body every 30 minutes. They work hard to remove wastes, toxins, and excess fluid. They also help control blood pressure, stimulate production of red blood cells, keep your bones healthy, and regulate blood chemicals that are essential to life. Kidneys that function properly are critical for maintaining good health, however, more than one in seven American adults are estimated to have chronic kidney disease (CKD).

1.2 PURPOSE

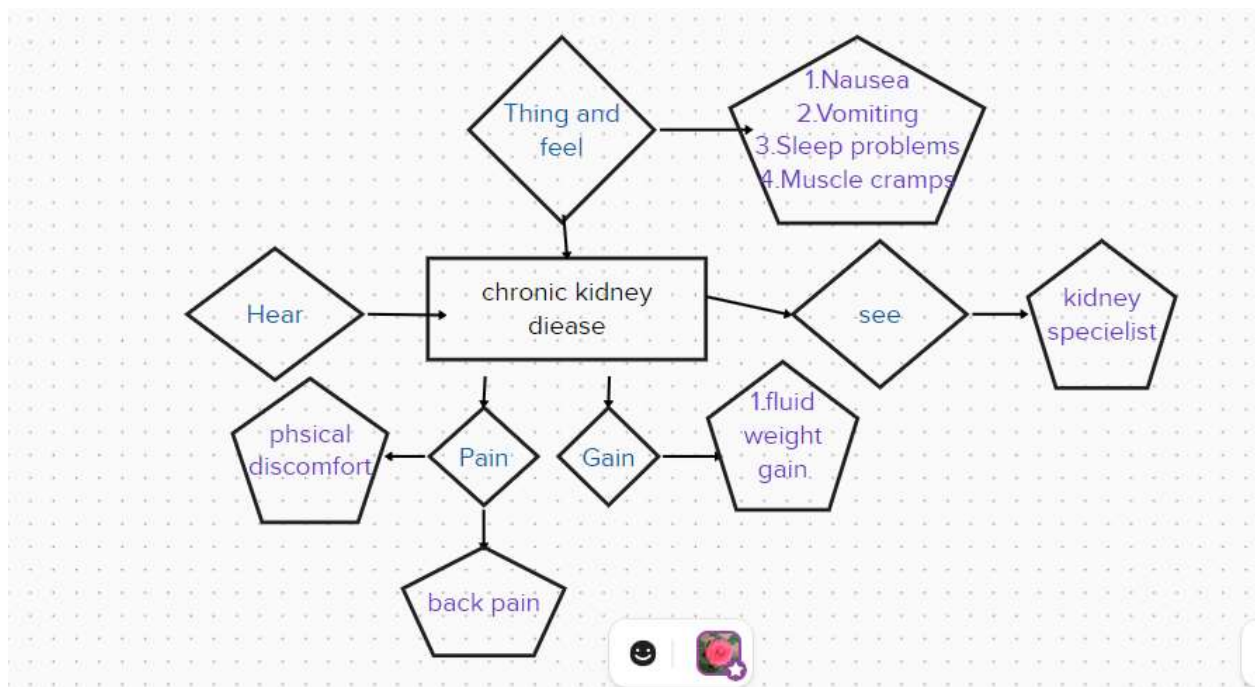
Preventing chronic kidney disease (CKD) and its complications is possible by managing risk factors and treating the disease to slow its progression and reduce the risk of complications. To keep healthy kidneys, it is important to control those risk factors for CKD that can be modified.

If you are at risk, get tested for CKD regularly. Ask your doctor to test your blood or urine. Find it early. Treat it early. If you have diabetes, get tested yearly.

Lose weight if you are overweight Get active Physical activity helps control blood sugar levels, Quit smoking. Getting a checkup? Make sure to get your kidneys checked too. Take medications as directed. Keep your blood pressure below 140/90, or ask your doctor what the best blood pressure target is for you.

2. PROBLEM DEFINITION & DESIGN THINKING

2.1 EMPATHY MAP



2.2 IDEAS & BRAINSTORMING MAP

Define your problem statement

Untitled mural

5 minutes

As a first step towards diagnosis of kidney your doctor discusses your personal and family history with you. Among other things your doctor might ask question about whether you've been diagnosed with high blood pressure, if you've taken a medication that might affect kidney function, if you've noticed changes in your urinary habits and whether you have family members who have kidney disease.

PROBLEM: How might we [your problem statement]?

Key rules of brainstorming

To run a smooth and productive session

- Stay in topic
- Defer judgement
- Go for volume
- Listen to others
- If possible, be visual

Brainstorm

Write down any ideas that come to mind that address your problem statement.

10 minutes

Deebika R.

- control your blood pressure
- make physical activity part of your routine
- Take medicines as prescribed
- Get enough sleep

Jothika S.

- Meet your blood glucose goal if your diabetes
- work with a dietitian to develop a meal plan
- work with a dietitian to develop a meal plan
- Aim for a healthy weight

Kaviya K.

- Make healthy food choices
- Explore stress reducing activities
- Be careful about the over the counter medicines you take
- Make Physical activities as part of your routine

Kirahmventi k.

- stop smoking, Drink alcohol in moderation
- Eat a Healthy, balanced diet
- Do Regular exercise
- maintain blood glucose control

make sure you're sleeping well

Kidney disease experience some set of sleep disorder

Do something fun

- Trying to distract each other from what dialysis can bring monetary
- They play with him Remotely
- They are Playing Games

Get moving

- A Group exercise class
- Walking around the block
- Creating a exercise plan is easy, but sticking with it isn't always as simple

Prioritize

build all be on the same page about what's important. Place your ideas on this grid to determine which are most important and which are feasible.

20 minutes

Importance

How important is this idea? (1-5)

Feasibility

How feasible is this idea? (1-5)

Making Healthy food choices

Fresh Fruits and vegetables

Whole grains

fat-free dairy products

Follow Physical activities

Follow the regular exercise properly

Maintain a balanced diet

Eat Healthy food and healthy diet

Aim for Healthy weight

Do exercise Regularly

Aim for an Healthy Diet

Stop smoking

Get enough sleep

Limit alcohol intake

Take medicine regularly

Make Healthy food choices

Share and collaborate

Quick add-ons

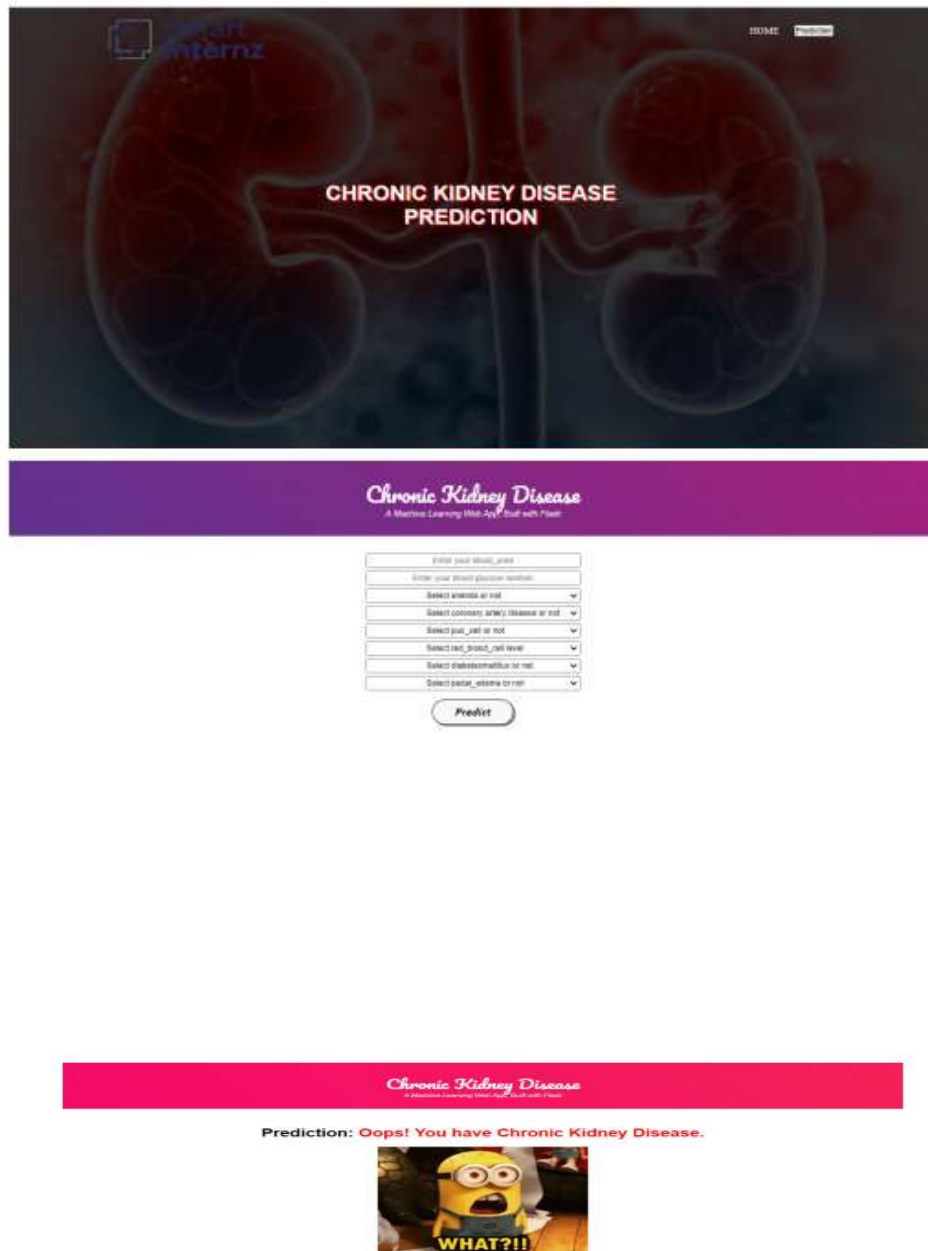
- Share the mural: Share a view link to this mural with collaborators, to keep them in the loop about the outcomes of the session.
- Export the mural: Export a copy of the mural as a PNG or PDF to attach to emails, include in slides, or save in your drive.

Keep moving forward

- Strategy blueprint: Define the components of a new idea or strategy. [Open the template](#)
- Customer experience journey map: Understand customer needs, motivations, and obstacles for an experience. [Open the template](#)
- Strengths, weaknesses, opportunities & threats: Identify strengths, weaknesses, opportunities, and threats (SWOT) to develop a plan. [Open the template](#)

[Share template feedback](#)

3.RESULT



The screenshot displays the web application interface for Chronic Kidney Disease Prediction. The header features the 'Hapt Internz' logo and navigation links for 'HOME' and 'ABOUT'. The main title 'CHRONIC KIDNEY DISEASE PREDICTION' is centered over a background image of kidneys. Below this, a purple banner contains the text 'Chronic Kidney Disease' and 'A Machine Learning Web-App Built with Flask'. The input section consists of several text and dropdown fields: 'Enter your blood_sugar', 'Enter your blood_glucose_level', 'Select whether or not', 'Select whether or not', 'Select whether or not', 'Select whether or not', 'Select whether or not', 'Select whether or not', and 'Select whether or not'. A 'Predict' button is located at the bottom of the input section. The prediction result is shown in a red banner with the text 'Prediction: Oops! You have Chronic Kidney Disease.' and an image of a Minion character with a surprised expression and the text 'WHAT?!!'.

CHRONIC KIDNEY DISEASE PREDICTION

Chronic Kidney Disease
A Machine Learning Web-App Built with Flask

Enter your blood_sugar
Enter your blood_glucose_level
Select whether or not
Select whether or not
Select whether or not
Select whether or not
Select whether or not
Select whether or not
Select whether or not

Predict

Chronic Kidney Disease
A Machine Learning Web-App Built with Flask

Prediction: Oops! You have Chronic Kidney Disease.

WHAT?!!

Input - Now, the user will give inputs to get the predicted result after clicking onto the submit button.

Chronic Kidney Disease
A Machine Learning Web App Built with Flask

Chronic Kidney Disease
A Machine Learning Web App Built with Flask

Prediction: Great! You DON'T have Chronic Kidney Disease



4.ADVANTAGES & DISADVANTAGE

The early detection of CKD allows patients to receive timely treatment, slowing the disease's progression. Due to its rapid recognition performance and accuracy, machine learning models can effectively assist physicians in achieving this goal.

The early detection of CKD allows patients to receive timely treatment, slowing the disease's progression. Due to its rapid recognition performance and accuracy, machine learning models can effectively assist physicians in achieving this goal.

Advantages of preventing chronic kidney disease

- ❖ Make healthy food choices.
- ❖ Make physical activity part of your routine.
- ❖ Aim for a healthy weight.
- ❖ Get enough sleep.
- ❖ Stop smoking.
- ❖ Limit alcohol intake link.
- ❖ Explore stress-reducing activities.
- ❖ Manage diabetes, high blood pressure, and heart disease.

Disadvantages

Factors that can increase your risk of chronic kidney disease include:

- Diabetes
- High blood pressure
- Heart (cardiovascular) disease
- Smoking
- Obesity
- Being Black, Native American or Asian American
- Family history of kidney disease

- Abnormal kidney structure
- Older age
- Frequent use of medications that can damage the kidneys

Chronic kidney disease can affect almost every part of your body.

- Fluid retention, which could lead to swelling in your arms and legs, high blood pressure, or fluid in your lungs (pulmonary edema)
- A sudden rise in potassium levels in your blood (hyperkalemia), which could impair your heart's function and can be life-threatening
- Anemia
- Heart disease
- Weak bones and an increased risk of bone fractures
- Decreased sex drive, erectile dysfunction or reduced fertility
- Damage to your central nervous system, which can cause difficulty concentrating, personality changes or seizures
- Decreased immune response, which makes you more vulnerable to infection
- Pericarditis, an inflammation of the saclike membrane that envelops your heart (pericardium)
- Pregnancy complications that carry risks for the mother and the developing fetus
- Irreversible damage to your kidneys (end-stage kidney disease), eventually requiring either dialysis or a kidney transplant for survival

5. APPLICATIONS

As a first step toward diagnosis of kidney disease, your doctor discusses your personal and family history with you. Among other things, your doctor might ask questions about whether you've been diagnosed with high blood pressure, if you've taken a medication that might affect kidney function, if you've noticed changes in your urinary habits and whether you have family members who have kidney disease.

AI and machine learning hold promise for more accurately predicting, preventing, and treating a variety of health problems, including chronic kidney disease (CKD), which **affects** 37 million Americans. CKD involves the gradual loss of function in the kidneys over time. The disease can lead to high blood pressure, low blood count, weak bones, and it can increase the risk for heart disease.

Patients with early stages of CKD often have no symptoms, but the disease can progress to end-stage kidney failure, which is deadly without routine dialysis or a kidney transplant. Millions of Americans are at higher risk for CKD, including people who have diabetes, high blood pressure, and family history of kidney failure.

6.CONCLUSION

A reliable tool to assess public knowledge and awareness about CKD was developed and validated. The overall knowledge was good, however, important gaps in CKD awareness were detected in some areas and subpopulations. Therefore, public health stakeholders need to implement targeted CKD educational activities to minimize the disease burden.

The current study constructed and validated the CKD knowledge scale as a reliable tool to assess public knowledge about CKD, and promote public health awareness and research. It also assessed the level of knowledge on CKD and determined predictors of better knowledge among the Lebanese population.

We found a good overall knowledge about CKD, with a significant better knowledge associated with age, area of residence, level of education, occupation, and a recent assessment of kidney function.

7.FUTURE SCOPE

You can protect your kidneys by preventing or managing health conditions that cause kidney damage, such as diabetes and high blood pressure. The steps described below may help keep your whole body healthy, including your kidneys.

During your next medical visit, you may want to ask your health care provider about your kidney health. Early kidney disease may not have any symptoms, so [getting tested](#) may be the only way to know your kidneys are healthy. Your health care provider will help decide how often you should be tested.

See a provider right away if you develop a [urinary tract infection](#) (UTI), which can cause kidney damage if left untreated.

8.APPENDIX

```
import pandas as pd
```

```
import numpy as np
```

```
from collections import Counter as c
```

```
import matplotlib.pyplot as plt
```

```
import seaborn as sns
```

```
import missingno as msno
```

```
from sklearn.metrics import accuracy_score, confusion_matrix
```

```
from sklearn.model_selection import train_test_split
```

```
from sklearn.preprocessing import LabelEncoder
```

```
from sklearn.linear_model import LogisticRegression
```

```
import pickle
```

```
data=pd.read_csv("/content/kidney_disease.csv")#loading the csv data
```

```
data.head()#return you the first 5 rows values
```

data.columns

data.columns=['age','blood_pressure','specific_gravity','albumin',

'sugar','red_blood_cells','pus_cell','pus_cell_clumps','bacteria',

'blood **glucose**

random','blood_urea','serum_creatinine','sodium',

'pottassium','hemoglobin','packed_cell_volume',

'white_blood_cell_count','red_blood_cell_count','hypertension',

'diabetesmellitus','coronary_artery_disease','appetite',

'pedal_edema','anemia','claas']

data.columns

data.info()

data.isnull().any()

```
data['blood      glucose      random'].fillna(data['blood      glucose  
random'].mean(),inplace=True)
```

```
data['blood_pressure'].fillna(data['blood_pressure'].mean(),inplace  
=True)
```

```
data['blood_urea'].fillna(data['blood_urea'].mean(),inplace=True)
```

```
data['hemoglobin'].fillna(data['hemoglobin'].mean(),inplace=True)
```

```
data['packed_cell_volume'].fillna(data['packed_cell_volume'].mean(  
) ,inplace=True)
```

```
data['potassium'].fillna(data['potassium'].mean(),inplace=True)
```

```
data['red_blood_cell_count'].fillna(data['red_blood_cell_count'].me  
an(),inplace=True)
```

```
data['serum_creatinine'].fillna(data['serum_creatinine'].mean(),inpl  
ace=True)
```

```
data['sodium'].fillna(data['sodium'].mean(),inplace=True)
```

```
data['white_blood_cell_count'].fillna(data['white_blood_cell_count']  
.mean(),inplace=True)
```

```
data['age'].fillna(data['age'].mode()[0],inplace=True)
```

```
data['hypertension'].fillna(data['hypertension'].mode()[0],inplace=True)
```

```
data['pus_cell_clumps'].fillna(data['pus_cell_clumps'].mode()[0],inplace=True)
```

```
data['apptite'].fillna(data['appetite'].mode()[0],inplace=True)
```

```
data['albumin'].fillna(data['albumin'].mode()[0],inplace=True)
```

```
data['pus_cell'].fillna(data['pus_cell'].mode()[0],inplace=True)
```

```
data['red_blood_cells'].fillna(data['red_blood_cells'].mode()[0],inplace=True)
```

```
data['coronary_artery_disease'].fillna(data['coronary_artery_disease'].mode()[0],inplace=True)
```

```
data['bacteria'].fillna(data['bacteria'].mode()[0],inplace=True)
```

```
data['anemia'].fillna(data['anemia'].mode()[0],inplace=True)
```

```
data['sugar'].fillna(data['sugar'].mode()[0],inplace=True)
```

```
data['diabetesmellitus'].fillna(data['diabetesmellitus'].mode()[0],inplace=True)
```

```
data['pedal_edema'].fillna(data['pedal_edema'].mode()[0],inplace=True)
```

```
data['specific_gravity'].fillna(data['specific_gravity'].mode()[0],inplace=True)
```

```
catcols=set(data.dtypes[data.dtypes=='O'].index.values)
```

```
print(catcols)
```

```
for i in catcols:
```

```
    print("Columns :",i)
```

```
    print(c(data[i]))
```

```
    print('*'*120+'\n')
```

```
catcols.remove('red_blood_cell_count')#remove is used for removing a particular column
```

```
catcols.remove('packed_cell_volume')
```

```
catcols.remove('white_blood_cell_count')
```

```
print(catcols)
```

```
catcols=['anemia','pedel_edema','appetite','bacteria','class','coronary_artery_disease','diabetesmellit','hypertension','pus_cell_clupms','red_blood_cells']
```

```
from sklearn.preprocessing import LabelEncoder
```

```
for i in catcols:
```

```
    print("LABEL ENCODING OF:",i)
```

```
    LEi = LabelEncoder()
```

```
    print(c(data[i]))
```

```
    data[i] = LEi.fit_transform(data[i])
```

```
    print(c(data[i]))
```

```
    print("*"*100)
```



```
contcols=set(data.dtypes[data.dtypes!='0'].index.values)
```

```
print(contcols)
```

```
for i in contcols:
```

```
    print("Continous Columns :",i)
```

```
    print(c(data[i]))
```

```
    print('*'*120+'\n')
```

```
contcols.remove('specific_gravity')
```

```
contcols.remove('albumin')
```

```
contcols.remove('sugar')
```

```
print(contcols)
```

```
contcols.add('red_blood_cell_count')
```

```
contcols.add('packed_cell_volume')
```

```
contcols.add('white_blood_cell_count')
```

```
print(contcols)
```

```
contcols.add('specific_gravity')
```

```
contcols.add('albumin')
```

```
contcols.add('sugar')
```

```
print(catcols)
```

```
data['coronary_artery_disease']=data.cornary_artery_diease.replac  
e('\tno',no)
```

```
c(data['cornary_artery_disease'])
```

```
data['diabetesmellitus']=data.diabetesmellitus.replace{'\tno':'no',\ty  
pes':'yes':}
```

```
c(data['diabetesmellitus'])
```

```
data.describe()
```

```
sns.displot(data.age)
```

```
import matplotlib.pyplot as plt
```

```
fig=plt.figure(figsize=(5,5))
```

```
plt.scatter(data['age'],data['blood_pressure'],color='blue')
```

```
plt.xlabel('age')
```

```
plt.ylabel('blood pressure')
```

```
plt.title("age vs blood scatter plot")
```

```
plt.figure(figsize=(20,15),facecolor='white')
```

```
plotnumber = 1
```

```
for column in cotncols:
```

```
    if plotnumber<=11 :
```

```
ax=plt.subplot(3,4,plotnumber)
```

```
plt.scatter(data['age'],data[column])
```

```
plt.xlabel(column,fontsize=20)
```

```
plotnumber+=1
```

```
plt.show()
```

```
f,ax=plt.subplot(figsize=(18,10))
```

```
sns.heatmap(data.corr(),annot=True,fmt="2f",ax=ax,linewidths=0.5  
,linecolor="orange")
```

```
plt.xticks(rotation=45)
```

```
plt.yticks(rotation=45)
```

```
plt.show()
```

```
sns.countplot(data['class'])
```

```
from sklearn.preprocessing import StandardScaler
```

```
sc=StandarScaler()
```

```
x_bal=sc.fit_transform(x)
```

```
selcols=['red_blood_cells','pus_cell','blood_urea','glucose',  
random','blood_urea','pedal_edema','anemia','diabetesmellitus','cor  
nary_artery_diease']
```

```
x=pd.DataFrame(data,columns=selcols)
```

```
y=pd.DataFrame(data,columns=['class'])
```

```
print(x.shape)
```

```
print(y.shape)
```

```
from sklearn.model_selection import train_test_split
```

```
x_train,x_test,y_train,y_test=train_test_split(x,y,test_size=0.2,rando  
m_state=2)
```

```
import tensorflow

from tensorflow.keras.models import Sequential

from tensorflow.keras.layers import Dense


classification=Sequential()

classification.add(Dense(30,activation='relu'))

classification.add(Dense(128,activation='relu'))

classification.add(Dense(64,activation='relu'))

classification.add(Dense(32,activation='relu'))

classification.add(Dense(1,activation='sigmoid'))


classification.compile(optimizer='adam',loss='binary_crossentropy',
metrics=['accuracy'])


classification.fit(x_train,y_train,batch_size=10,validation_split=0.2,e
pochs=100)
```

```
from sklearn.ensemble import RandomForestClassifier  
  
rfc=RandomForestClassifier(n_estimators=10,criterion='entropy')  
  
rfc.fit(x_train,y_train)  
  
y_predict=rfc.predict(x_test)  
  
y_predict_train=rfc.predict(x_train)  
  
from sklearn.tree import DecisionTreeClassifier  
  
dtc=DecisionTreeClassifier(max_depth=4,splitter='best',criterion='entropy')  
  
dtc.fit(x_train,y_train)
```

```
y_predict= dtc.predict(x_test)
```

```
y_predict
```

```
y_predict_train=dtc.predict(x_train)
```

```
from sklearn.linear_model import LogisticRegression
```

```
lgr = LogisticRegression()
```

```
lgr.fit(x_train,y_train)
```

```
from sklearn.metrics import accuracy_score,classification_report
```

```
y_predict = lgr.predict(x_test)
```

```
y_pred = lgr.predict([[1,1,121.000000,36.0,0,0,1,0]])
```

```
print(y_pred)
```


(y_pred)

y_pred = dtc.predict([[1,1,121.000000,36.0,0,0,1,0]])

print(y_pred)

(y_pred)

y_pred = rfc.predict([[1,1,121.000000,36.0,0,0,1,0]])

print(y_pred)

(y_pred)

classification.save("ckd.h5")

y_pred = classification.predict(x_test)

y_pred

```
y_pred=(y_pred>0.5)
```

```
y_pred
```

```
def predict_exit(sample_value):
```

```
    sample_value = np.array(sample_value)
```

```
    sample_value = sample_value.reshape(1,-1)
```

```
    sample_value=sc.transform(sample_value)
```

```
    return classifier.predict(sample_value)
```

```
test=classification.predict([[1,1,121,000000,36.0,0,0,1,0]])
```

```
if test==1;
```

```
    print('prediction:high chance of CKDI')
```

```
else:
```

```
    print('prediction: low chance of CKD.')
```

```
from sklearn import model_selection
```

```

dfs = []

models =[

    ('LogReg, LogisticRegistaion()),

    ('RF',RandomForestClassifier()),

    ('DecisionTree',DesitionTreeCladssifier()),

]

result= []

names=[]


scoring=['accuracy','precision_weighted','recall_weighted',f1_weighted', 'roc_auc']

target_names=['NO CKD','CKD']

for name,model in models:

    kflod=model_selection.KFold(n_splits=5,
suffle=True,random_atate=90210)

```

```
cv_results=model_selection.cross_validate(model,x_train,y_train,cv  
=kfold,scoring=scoring)
```

```
clf = model.fit(x_train,y_train)
```

```
y_pred==clf.predict(x_test)
```

```
print(name)
```

```
print(classification_report(y_test,y_pred,target_names=target_names))
```

```
results.append(name)
```

```
this_df=pd.DataFrame(cv_results)
```

```
this_df=pd.DataFrame(cv_results)
```

```
this_df['model']=name
```

```
dfs.append(this_df)
```

```
final=pd.concat(dfs,ignore_index=True)
```

```
return final
```

```

from sklearn.metrics import confusion_matrix

cm=confusion_matrix(y_test,y_predict)

cm

plt.figure(figsize=(8,6))

sns.heatmap(cm,cmap'Blues',annot=True,          xticklabels=['no
ckd','ckd'],yticklabels=['no ckd','ckd'])

plt.xlabel('predicted values')

plt.ylabel('Actual values')

plt.titel('Confusion matrix for logistic Regression model')

plt.show()

```

```

from sklearn.metrics import confusion_matrix

cm=confusion_matrix(y_test,y_predict)

cm

```

```
plt.figure(figsize=(8,6))
```

```
sns.heatmap(cm,cmap'Blues',annot=True,          xticklabels=['no  
ckd','ckd'],yticklabels=['no ckd','ckd'])
```

```
plt.xlabel('predicted values')
```

```
plt.ylabel('Actual values')
```

```
plt.titel('Confusion matrix for RandomForestClassifier')
```

```
plt.show()
```

```
from sklearn.metrics import confusion_matrix
```

```
cm = confusion_matrix(y_test,y_pred)
```

```
cm
```

```
plt.figure(figsize=(8,6))
```

```
sns.heatmap(cm,cmap'Blues',annot=True,          xticklabels=['no  
ckd','ckd'],yticklabels=['no ckd','ckd'])
```

```
plt.xlabel('predicted values')
```

```
plt.ylabel('Actual values')
```

```
plt.title('Confusion matrix for DecisionTreeClassifier')
```

```
plt.show()
```

```
bootstraps=[]
```

```
for model in list(set(final.model.values)):
```

```
    model_df=final.loc[final.model1==model]
```

```
    bootstrap=model_df.sample(n=30,replace=true)
```

```
    bootstraps.append(bootstrap)
```

```
    bootstrap_df=pd.concat(bootstrap,ignore_index=true)
```

```
results_long=pd.melt(bootstrap_df,id_vars=['metrics'].isin(time_me  
etrics)))))
```

```
    time_metrics =['fit_time','score_time']
```

```
results_long_nofit=results_long.loc[~results_long['metrics'].isin(tim  
e_metrics)]
```

```
results_long_nofit=results_long_nofit.sort_values(by='values')
```

```
results_long_nofit=results_long.loc[results_long['metrics'].isin(time_  
metrics)]
```

```
results_long_nofit=results_long_fit.sort_values(by='values')
```

```
import matplotlib.pyplot as plt
```

```
import seaborn as sns
```

```
plt.figure(figsize=(20,12))
```

```
sns.set(font_scale=2.5)
```

```
g=sns.boxplot(x="model",y="values",hue="metrics",data=results_l  
ong_nofit,palette="srt3")
```