

Mac

1. If Firefox is open, close Firefox and quit.
2. Open the **Terminal** application.
3. In the Terminal application, enter the following:
/Applications/Firefox.app/Contents/MacOS/firefox-bin -P
You can use -P, -p or -ProfileManager (any of them should work).
4. Press Return.

Windows

1. At the top of the Firefox window, click on the **File** menu and then select **Exit**.
2. Press '**+ R**' or click on the Windows Start Menu (bottom left button) and then select **Run**.
3. In the **Run** dialog box, type in: '*firefox.exe -p*' and then Click **OK**.

If the Profile Manager window does not appear, it may be possible that Firefox is opened in the background. It needs to be closed; you can open the Task Manager to kill the process. If it still does not open then you may need to specify the full path of the Firefox program.

32-bit Windows: "C:\Program Files\Mozilla Firefox\firefox.exe" -p

64-bit Windows: "C:\Program Files (x86)\Mozilla Firefox\firefox.exe" -p