

Hip-Hop

Our Hip-hop class teaches intricate choreography to help refine performance skills and musicality. With the emphasis on technique and fundamentals, students will gain a better understanding of the evolution of hip- hop.

When:

Monday-Saturday 8:00 am - 8:45 am (Instructor-Sydney)

5:00 pm- 5:45 pm (Instructor-John)

7:00 pm - 7:45 pm (Instructor-Brooke)

Bring:

It's suggested that you bring comfortable shoes and a good attitude.

Duration:

45 mins - 1 hour 350-500 calories