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COURSE : GENDER AND SOCIETY

REFLECTION TIME!

Assessment Task | Reflection Paper

- Q1. How can you describe your discovery of your sexuality, your sense of being male or female?
Q2. How does your being female or male influence your family's and peer's expectations from you?

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Growing up as the eldest of my brothers, I learned over time about my sexuality and what it meant to be a male. Gender inequalities were more visible in my childhood, with boys and girls separated. As adolescence started, I struggled with a greater understanding of my own masculinity. The expectations of society about what it meant to be a man occasionally contrasted with my true personality, resulting in periods of difficulty and thought. The urge to live up to established norms of masculine behaviour seemed like a puzzle that needed to be carefully assembled. Conversations with friends, family, and academic research were critical in figuring out these complications. Discovering my sexuality wasn't a quick process, it was more like a bunch of moments where I learned more about myself.

Navigating the expectations that come with being the eldest guy in my family, as well as complying with social norms, has helped me grow more resilient. While the pressure to fill traditional positions was at times challenging, it gave me the opportunity to build leadership abilities and a feeling of responsibility. Over time, I discovered that the support and advice I was supposed to provide within the family helped to create stronger links and a better understanding of familial dynamics.

Furthermore, the impact of cultural expectations on peers has motivated me to fight assumptions and promote a broader view of masculinity. I've realized that embracing vulnerability and sincerity not only improves personal relationships but also encourages helpful change in social circles. The experience of managing these expectations has resulted in more self-awareness, allowing me to redefine what it means to be a guy in a way that is consistent with my beliefs and creates a more inclusive and supportive atmosphere. Finally, the ability to transform societal expectations into opportunities for personal development, resilience, and the promotion of positive change within family and social spheres is the key to success.