

InM - Weekly Questionnaire

During the previous week, how has your health been?

	Very good
	Fairly good
	Neutral
	Fairly bad
	Very bad

During the previous one week, how would you rate your stress level?

	5 (highest stress level)
	4
	3
	2
	1 (lowest stress level)

How was your experience with InMind this week?

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What did you feel about the status sharing capability of InMind? When was it useful/not useful, confusing, or frustrating?

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What did you feel about the story telling capability of InMind? When was it useful/not useful, confusing, or frustrating?

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Is there anything you wish you could do through InMind but could not?

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If you have any further comments or questions, please call or email me!

On the following pages you will be asked questions about your experiences regarding communication with your group using InMind.

There are no right or wrong answers; we are interested in your personal opinions and experiences. Do not think about questions for a long time, but try to rely on your first reaction.

Some questions ask you about the experiences of the other members in your group. We are interested in your view on their feelings and experiences, so it is no problem if you are not sure about this. Just try to give the answer that you think is most suitable.

ABC-questionnaire 60-item

Let “the medium” be the InMind application, “contact” be any interaction through InM, and “other” be any/all members of your group.

On a scale of 1 (Strongly Disagree) to 7 (Strongly Agree), please rate the following statements.

If there are potentially different values for different members of your group, feel free to use the extra columns. Otherwise, we will assume the first value applies to the group as a whole. Please inform the questionnaire administrator if you need more columns.

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|---|-------|-------|-------|
| 1. I feel obliged to contact the other.                                       | _____ | _____ | _____ |
| 2. After a contact the other keeps thinking about me for a long time.         | _____ | _____ | _____ |
| 3. I find it difficult to infer from a contact how the other is doing.        | _____ | _____ | _____ |
| 4. I feel that the contacts with the other take a lot of time.                | _____ | _____ | _____ |
| 5. The contacts keep the other informed about important events in my life.    | _____ | _____ | _____ |
| 7. The other finds it difficult to stay in touch with me through this medium. | _____ | _____ | _____ |
| 9. If I contact the other, I expect him/her to respond.                       | _____ | _____ | _____ |
| 10. The other experiences the contacts as an invasion of his/her privacy.     | _____ | _____ | _____ |
| 11. The other knows what I feel during a contact.                             | _____ | _____ | _____ |
| 12. The other can easily avoid a contact if s/he wants to.                    | _____ | _____ | _____ |

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|--|-------|-------|-------|
| 13. The contacts keep me informed about important events in the other's life.                    | _____ | _____ | _____ |
| 14. I find it easy to keep to myself those things that I don't want to share.                    | _____ | _____ | _____ |
| 15. I expect the other to contact me regularly.  | _____ | _____ | _____ |
| 16. The other hardly invests energy in the contacts.   | _____ | _____ | _____ |
| 17. During the day I regularly think back to a contact with the other.                           | _____ | _____ | _____ |
| 20. This medium helps me to keep contact with the other.   | _____ | _____ | _____ |
| 21. The other is disappointed if I don't contact him/her for a long time.                        | _____ | _____ | _____ |
| 22. I find it difficult to share experiences with the other through this medium.                 | _____ | _____ | _____ |
| 24. Through our contacts, the other learns more about me than I would like him/her to know.      | _____ | _____ | _____ |
| 26. The contacts make me feel involved in the other's life.                                      | _____ | _____ | _____ |
| 27. The other could do some more effort to contact me.   | _____ | _____ | _____ |
| 28. Because of the contacts the other can identify with me.                                      | _____ | _____ | _____ |
| 29. If the other contacts me, I feel that I should respond.                                      | _____ | _____ | _____ |
| 30. Aside from our contacts, the other hardly thinks about me.                                   | _____ | _____ | _____ |
| 32. The other expects me to contact him/her regularly.   | _____ | _____ | _____ |
| 34. Aside from our contacts, I hardly think about the other                                      | _____ | _____ | _____ |
| 35. The other finds it easy to keep to him/herself those things that s/he doesn't want to share. | _____ | _____ | _____ |

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|---|-------|-------|-------|
| 36. I know what the other feels during a contact.                                       | _____ | _____ | _____ |
| 37. Because of the contacts the other knows how I am doing.                             | _____ | _____ | _____ |
| 38. I hardly invest energy in the contacts.   | _____ | _____ | _____ |
| 39. The contacts make the other feel involved in my life.                               | _____ | _____ | _____ |
| 40. The other feels obliged to contact me.  | _____ | _____ | _____ |
| 41. I am disappointed if the other doesn't contact me for a long time.                  | _____ | _____ | _____ |
| 43. The other finds it difficult to share experiences with me through this medium.      | _____ | _____ | _____ |
| 45. After a contact I keep thinking about the other for a long time.                    | _____ | _____ | _____ |
| 46. The other feels that the contacts with me take a lot of time.                       | _____ | _____ | _____ |
| 47. I find it difficult to stay in touch with the other through this medium.            | _____ | _____ | _____ |
| 48. Through our contacts, I learn more about the other than s/he would like me to know. | _____ | _____ | _____ |
| 49. Because of the contacts I can identify with the other.                              | _____ | _____ | _____ |
| 50. If I contact the other, s/he feels that s/he should respond.                        | _____ | _____ | _____ |
| 51. If the other contacts me, s/he expects me to respond.                               | _____ | _____ | _____ |
| 53. I experience the contacts as an invasion of my privacy.                             | _____ | _____ | _____ |
| 54. The other finds it difficult to infer from a contact how I am doing.                | _____ | _____ | _____ |
| 56. During the day the other regularly thinks back to a contact with me.                | _____ | _____ | _____ |

57. I could do some more effort to contact the other. \_\_\_\_\_
58. I can easily avoid a contact if I want to. \_\_\_\_\_
59. Because of the contacts I know how the other is doing. \_\_\_\_\_
60. This medium helps the other to keep contact with me. \_\_\_\_\_