



Details of States in Nigeria

S/N	State	Capital	Governor	Motto	Population
1	Abia	Umuahia	Victor Okezie Ikpeazu	God's Own State	3727347
2	Adamawa	Yola	Umaru Fintiri	Highest Peak of the Nation	4248436
3	Akwa Ibom	Uyo	Emmanuel Udom	Land of Promise	5482177
4	Anambra	Akwa	Willie Obiano	Light of the Nation	5527809
5	Bauchi	Bauchi	Bala Mohammed	Pearl of Tourism	6537314
6	Bayelsa	Yenegoa	Duoye Diri	Glory of all Lands	2277961
7	Benue	Makurdi	Samuel Ortom	Food Basket of the Nation	5741815
8	Borno	Maiduguri	BabaGana Umara	Home of Peace	5860183
9	Cross River	Calabar	Ben Ayade	The People's Paradise	3866269
10	Delta	Asaba	Ifeanyi Okowa	The Big Heart of the Nation	5663362
11	Ebonyi	Abakaliki	Dave Umahi	Salt of the Nation	2880383
12	Edo	Benin City	Godwin Obaseki	Heartbeat of The Nation	4235595
13	Ekiti	Ado-Ekiti	Kayode Fayemi	Land of Honour and Integrity	3270798
14	Enugu	Enugu	Ifeanyi Ugwuanyi	Coal City State	4411119
15	Gombe	Gombe	Muhammad Inuwa Yahaya	Jewel of the Savannah	3256962
16	Imo	Owerri	Hope Uzodinma	Eastern Heartland	5408756
17	Jigawa	Dutse	Badaru Abubakar	The New World	5828163
18	Kaduna	Kaduna	Nasir El-Rufai	Centre of Learning	8252366
19	Kano	Kano	Umar Ganguje	Centre of Commerce	10076892
20	Katsina	Katsina	Aminu Masari	Home of Hospitality	7831319
21	Kebbi	Birnin Kebbi	Atiku Bagudu	Land of Equity	4440050
22	Kogi	Lokoja	Yahaya Bello	The Confluence State	4473490
23	Kwara	Ilorin	AbdulRahman AbdulRasaq	State of Harmony	3192893
24	Lagos	Ikeja	Babajide Sanwo-Olu	Centre of Excellence	15550598
25	Nasarawa	Lafia	Abdullahi Sule	Home of Solid Minerals	2523395
26	Niger	Minna	Abubakar Sani-Lulu Bello	The Power State	5556247
27	Ogun	Abeokuta	Dapo Abiodun	Gateway State	5217716

28	Ondo	Akure	Oluwarotimi Akeredolu	Sunshine State	4671695
29	Osun	Osogbo	Gboyega Oyetola	Land of Virtue	4705589
30	Oyo	Ibadan	Seyi Makinde	Pace Setter State	7840864
31	Plateau	Jos	Simon Lalong	Home of Peace and Tourism	4200442
32	Rivers	Port Harcourt	Nyesom Wike	Treasure Base of the Nation	7303924
33	Sokoto	Sokoto	Aminu Waziri Tambuwal	Seat of the Caliphate	4998090
34	Taraba	Jalingo	Darius Ishaku	Nature's Gift to the Nation	3066834
35	Yobe	Damaturu	Mai Mala Buni	Pride of the Sahel	3294137
36	Zamfara	Gusau	Bello Matawalle	Farming is Our Pride	4515427
37	FCT	Abuja	Mohammed Musa Bello	Centre of Unity	3564126