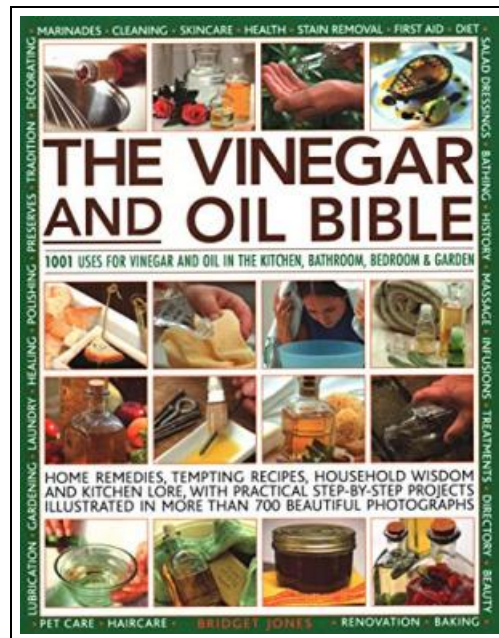


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Anness Publishing, United Kingdom, 2018. Paperback. Condition: New. Illustrated. Language: English. Brand new Book. Explore Nature's wonder ingredients: 1001 amazing and unexpected uses for vinegar and oil, from natural healing to household cleaning. Learn how to utilize the astonishing properties of vinegar and oil in your medicine chest, bedroom, bathroom, kitchen and garden. This practical book describes hundreds of natural remedies, treatments and preparations for every kind of usage, including luxurious massage oils, natural antiseptics, and delicious recipes Includes a fascinating history of vinegar and oil, and a comprehensive visual directory of the many types - together with descriptions of each kind, its flavours and uses, as well as details of how to make your own blends. From ancient Greece to the Victorian era and into modern times, vinegar and oil have been used for an infinite variety of purposes. This book explores the many varied applications of these wondrous substances, looking at their distinct properties, the range of types available and their uses as valued ingredients in medicinal treatments, household cleaners, beauty treatments, aromatherapy, as well as 130 irresistible culinary recipes for sauces, marinades, soups and desserts and everything in between. Illustrated with more than 700 beautiful photographs, this wonderful compendium explores the amazing versatility and health and household benefits of these magical everyday ingredients.



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