

## Can I Get Botox Between My Eyes?

Botox around the eyes has become a popular treatment for those who want to smooth out wrinkles but don't want to undergo cosmetic surgery. Botox treatment works by blocking one's nerve impulses that cause facial muscles to contract. When muscles beneath the skin don't contract, wrinkles are minimized or eliminated entirely. Botox near or around the eyes is used to soften the appearance of crow's feet and the "11" lines on the forehead.

So can you get Botox between your eyes? You most definitely can. You can get rid of glabellar lines and frown lines with Botox. It's a trusted cosmetic procedure that has made a name for itself in the industry for being safe, effective, and minimally invasive.

### Is It Possible to Get Botox Between Eyes?

Dynamic wrinkles and static wrinkles can get pretty annoying, and there are times when we just want to solve the problem with Botox. But can we get Botox between our eyes? The simple answer is yes. Botox cosmetic relaxes and smooths the appearance of facial wrinkles. It temporarily paralyzes the muscles in your face through an active ingredient called botulinum toxin type A, and yes, Botox can be injected into the forehead between the eyes.

A Botox injection into the forehead can help smooth horizontal forehead lines and vertical wrinkles between your eyes. These injections work by relaxing the muscles that cause wrinkles to form. They essentially minimize the appearance of vertical frown lines and that annoying horizontal forehead wrinkle.

To be clear, though, when you talk about wrinkles between the eyes, you could actually be talking about two things: glabellar lines and frown lines — both of which can be treated with Botox.

Glabellar lines are simply defined as the lines on your forehead. While they only appear when you make a certain facial expression, as you age, they can become permanent facial lines on your forehead.

Frown lines are lines between the eyes and adjacent to the eyebrows. They're vertical lines that usually stretch from above the side of your nose to above your eyebrows.

Many people prefer Botox as a cosmetic treatment over surgery when dealing with forehead lines because of its proven track record when it comes to safety. A Botox cosmetic treatment is one of the oldest non-surgical cosmetic treatments out there. A lot of people have tried it and vouched for its effectiveness.

Another reason why Botox is the easier choice is that it's minimally invasive. With Botox, patients won't have to prepare for surgery or be under anesthesia for hours. And as much as we love our trusted plastic surgeon, we just don't want to go through that inconvenience. There are also very few side effects from the Botox cosmetic injection process.

## What Are Glabellar Lines and Frown Lines?

### Glabellar Lines vs. Frown Lines

Glabellar lines and frown lines are frequently used interchangeably when talking about the lines above the nose and around the forehead. While they both refer to similar lines in the same area, they have different meanings.

Glabellar lines appear in the skin over your forehead — between and above the eyebrows and right above the nose — also called the glabella. When you talk, yawn, or make a facial expression, the glabella is the skin that becomes affected by the muscle movement beneath the surface. These lines are located above the eyebrows on the forehead and run horizontally from one eyebrow to the other. On the other hand, frown lines can be found adjacent to the eyebrows. They're vertical lines that go from above the side of the nose to right above the eyebrows.

These two kinds of wrinkles are commonly called emotional wrinkles because one of their most common causes is how our faces wrinkle when we show emotions. Our skin becomes looser as we age because the collagen bonds in the face become weaker. When one reaches a certain age, facial movements around the face can begin to permanently affect the shape of the skin.

### Botox for Glabellar Lines

Botox treatment is made from Clostridium Botulinum. Botox suppresses the muscles together, thus smoothing the wrinkles and preventing future lines from forming. It temporarily paralyzes the facial muscles and the muscles around the eyebrows with botulinum toxin A. It's then injected into the injection site, thus freezing the muscles in place. A dermatologist or Botox injector would typically use 20 units of Botox when treating glabellar lines.

### Botox for Frown Lines

Botox for frown lines is an awesome way to lessen the look of tension. Botox treatments are used to relax the muscles in the face that cause fine lines and wrinkles, thus preventing the further deepening of such lines. Botox for frown lines is a simple 10-minute cosmetic injection procedure with some injections into the muscles you want to treat.

### How Much Botox Is Allowed on the Forehead?

A Botox unit is defined as the measurement of the amount of Botox that's injected into the face or body. The number of Botox units will vary, but it essentially comes in dosages between 50 and 100 units per vial. According to some practitioners, they inject an average of 10 to 30 units into the forehead. The manufacturer of Botox Cosmetic (Allergan) suggests 4 units each in 5 sites on the forehead (totaling 20).

You can expect the practitioner to start with a low-unit dosage in each injection in the beginning. They'll give you 1 to 2 weeks to see how it works for you, then you may receive a few additional units. Your practitioner will then be able to decipher how many units you need for future visits.

Botox injections are usually spaced approximately 3 to 4 months apart. You may also find that you need to come back to your practitioner 2 to 3 months after the first treatment.

Read more: [How Many Units of Botox For Eyes Are Needed?](#)

#### How Much Does It Cost?

Just like the number of Botox units, the Botox cost will vary. The cost of forehead Botox essentially varies by practice and location. Since the number of injections or units also depends on the patient, it can affect the final price. For Botox injections that cover your forehead, you can expect to pay a range of \$350 to \$500.

Other sources say that each Botox unit costs around \$10 to \$15, so if you receive up to 20 units in your forehead, you could be paying around \$200 to \$300 to treat horizontal forehead lines. Forehead injections and glabellar line injections usually go hand in hand, so you may expect your treatment to reach around \$800 for both areas.

#### How Long Does It Last?

After you receive the injections, you may notice that your muscles gradually freeze up in a day or two. After a week, full results can already appear. The Botox treatment's line-smoothing effects can last 3 to 4 months before they slowly wear off. These 3 to 4 months are also when your forehead wrinkles have fully relaxed. This is the same duration for other treated areas as well.

If you're loving the results of your Botox treatment, remember that the only way to maintain its appearance is to keep getting the injections.

#### What Other Areas on My Face Can Get Botox?

By now, you probably already know that many other parts of your face can get Botox. While an experienced practitioner can work their magic on your glabellar and frown lines, they can do the same for other areas as well.

##### 1. Eyebrows or Hooded Eyes

As we age, our eyebrows tend to drop and give the eyelid a hooded look, causing horizontal folds in the surrounding skin. The treatment used to correct hooded eyes is called a chemical brow lift or Botox facelift. This Botox brow lift technique is done through injections in certain areas on the upper face to open up the eye area and lift your droopy eyelid.

##### 2. Crow's Feet

Crow's feet are the wrinkles seen at the outer corners of the eyes. These wrinkles often come as we age.

##### 3. Surprise Lines

Surprise lines or forehead lines are those that appear on your forehead when you raise your eyebrows. They become more evident as you age. If you have deeper wrinkles, your practitioner may recommend a combination of Botox and filler injections.

#### 4. Bunny Lines

Bunny lines are the creases that you see when your nose wrinkles up. Botox injections at either side of the nose can help reduce the appearance of these lines.

#### 5. Under the Eyes

Botox can smooth fine creases underneath the eyes, but this must be done very carefully. The injected muscle is the same one that partially controls the lower eyelid, so it may lead to eye problems, specifically an eyelid droop, when done incorrectly. Always make sure that you're in the hands of an experienced practitioner.

Read more: [Should You Use Botox Under Eyes?](#)

#### 6. Gummy Smile

A gummy smile can be defined as an excessive gingival display. While a lot of dentists offer procedures to treat this, many of which are surgical. Botox can relax the muscles on the face that cause the gummy smile, and the lips can cover up the gums.

#### 7. Smoker's Lines

Smoker's lines are fine lines around the mouth that are more evident either with aging or smoking — hence the name. Botox can help turn the corners of the mouth up.

#### 8. Marionette Lines

Marionette lines are the lines that run vertically between the mouth and chin. They can also cause sagging skin in the lower half of your face. Botox treatment for these lines works best when you're just beginning to develop them. A dermal filler, which helps plump your skin with either poly-L-lactic or hyaluronic acid, can also help treat marionette lines in their earlier stages.

#### What Should I Know Before Getting a Botox Treatment?

More often than not, Botox patients don't regret their treatment — but they still wish they knew these quick tips before getting Botox.

Botox is temporary — Sure Botox is a great and effective solution, but keep in mind that it's not a permanent thing. The usual duration of Botox for glabella lines and the forehead, as we've mentioned, is around 3 to 4 months.

It's not 100% painless — Don't expect your Botox treatment to be totally painless. Prepare yourself with the mindset that multiple injections are a little more intense than a quick mosquito bite pinch.

Some activities are forbidden right after treatment — Certain activities aren't recommended right after a Botox treatment. For the next few hours or so, don't exercise, lie down, or take any blood-thinning medications.

### Getting the Best Botox Treatment From Ethos Spa

Aside from reducing the appearance of wrinkles in areas of your face like near the forehead muscle, Botox can also help with medical conditions such as excessive sweating and eyelid muscle spasm. But regardless of whether you're getting Botox for cosmetic or medical reasons, you always have to make sure that you're getting it from a trusted provider.

At Ethos Spa Skin and Laser Center, we're committed to providing our clients with the safest and most effective aesthetic procedures. We use the latest advances in non-invasive cosmetic treatments and technologies to give you the best treatments that allow you to feel your best.

For more information on our skincare treatments, give us a call today.