

Toxic Foods Checklist

Introduction: Some human foods are dangerous—or even deadly—for pets. Knowing what to avoid is key to pet safety.

Toxic Foods for Pets:

Food	Effect on Pets
Chocolate	Vomiting, seizures, death
Grapes/Raisins	Kidney failure
Onions/Garlic	Anemia
Xylitol (in gum)	Liver failure, hypoglycemia
Alcohol	Vomiting, difficulty breathing
Avocados	Stomach upset, heart damage
Caffeine	Restlessness, tremors

Symptoms of Poisoning:

- Vomiting
- Diarrhea
- Lethargy
- Seizures
- Loss of coordination

Emergency Actions:

- Call your vet immediately
- Contact poison helpline
- Do not induce vomiting unless instructed

Tip: Keep this list on your fridge or near your pet's feeding area as a quick reference.