

Nutrition Guide by Age

Introduction: A pet's dietary needs change as they grow. Feeding them the right food at each stage promotes long-term health.

Puppy/Kitten:

- Feed 3-4 times a day
- Use specially formulated puppy/kitten food
- Include DHA for brain development

Adult (1-7 years):

- Feed twice a day
- Ensure balance of protein, fat, fiber
- Avoid fillers and excess treats

Senior (7+ years):

- Adjust calories to prevent obesity
- Look for joint support nutrients (glucosamine)
- Soft foods if dental issues exist

Supplements to Consider:

- Omega-3 for skin and coat
- Probiotics for digestion
- Joint health support for seniors

Tips:

- Always provide fresh water
- Transition between foods gradually
- Monitor weight and energy levels