

## Learning Styles

After watching the video, reading the article, and doing additional research, I concluded that my learning style is most similar to kinesthetic. I find it extremely difficult to read instructions and be able to understand them right away. I do much better when I have someone walk me through the procedures and tell me step by step what to do. Unfortunately, this is why I often have troubles with online classes. I struggle without having someone with me to describe to me exactly what I should be doing. However, though I am a slower learner, once I finally master a skill I will have it forever. At first, chemistry was extremely difficult for me because when I took my first chemistry class, I was quarantined at home for 2 weeks. I had to try to teach myself to balance equations from notes my fellow classmates had sent me. I had no idea what I was doing and was sure that I would fail the class. Luckily, I met up with my old babysitter who sat me down and taught me step by step until it clicked. I haven't taken a chemistry class in three years, but if you asked me to balance an equation right now I wouldn't have a second thought. This is just one example of how the kinesthetic learning style works best for me.

Though the article said quite the opposite, I do think learning styles affect how we learn, or at least how I learn, to some extent. I know that after my friend who understands coding slowed down the process and helped me learn by showing me, I understood the "Dance Party" and "Artist Lab" made much more sense to me, and was even, dare I say, fun. I think understanding your learning style and what works best for you can be extremely helpful as long as you utilize that information to help you succeed.