

Chapter 18: Emergence of Heisenberg's Uncertainty Relation in Fractal T0-Geometry

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In the fractal Fundamental Fractal-Geometric Field Theory (FFGFT) with T0-Time-Mass Duality, Heisenberg's uncertainty relation is not a separate postulate, but an inevitable consequence of the fractal non-locality of the vacuum field $\Phi = \rho(x, t)e^{i\theta(x, t)}$. The phase $\theta(x, t)$ shows fractal correlations that emerge from the scale parameter $\xi = \frac{4}{3} \times 10^{-4}$ (dimensionless). Quantum fluctuations are physical disturbances in the time-mass structure $T(x, t) \cdot m(x, t) = 1$.

This chapter derives the uncertainty relations $\Delta x \Delta p \geq \hbar/2$ and $\Delta E \Delta t \geq \hbar/2$ parameter-free as a classical consequence of fractal self-similarity.

1.1 Symbol Directory and Units

Important Symbols and their Units

Symbol	Meaning	Unit (SI)
ξ	Fractal scale parameter	dimensionless
Φ	Complex vacuum field	$\text{kg}^{1/2}/\text{m}^{3/2}$
$\rho(x, t)$	Vacuum amplitude density	$\text{kg}^{1/2}/\text{m}^{3/2}$
$\theta(x, t)$	Vacuum phase field	dimensionless (radian)
$T(x, t)$	Time density	s/m^3
$m(x, t)$	Mass density	kg/m^3
$\Delta\theta$	Phase fluctuation	dimensionless (radian)
Δx	Position uncertainty	m
Δp	Momentum uncertainty	kg m s^{-1}
\hbar	Reduced Planck constant	J s
l_0	Fractal correlation length	m
Δt	Time uncertainty	s
ΔE	Energy uncertainty	J
T_0	Fundamental time scale	s
$\Delta\theta_t$	Temporal phase fluctuation	dimensionless (radian)
ω	Angular frequency	s^{-1}
$C(r)$	Phase correlation function	dimensionless
$\langle \cdot \rangle$	Ensemble average	—

Unit Check (phase fluctuation):

$$[\Delta\theta] = \text{dimensionless (radian)}$$

$$[\sqrt{\xi \ln(\Delta x/l_0)}] = \sqrt{\text{dimensionless} \cdot \text{dimensionless}} = \text{dimensionless}$$

Units consistent.

1.2 Fractal Correlation of Vacuum Phase Basis of Non-locality

The vacuum phase field $\theta(x, t)$ exhibits fractal correlations:

$$\langle \theta(x)\theta(x') \rangle = \theta_0^2 + \xi \ln\left(\frac{|x - x'|}{l_0}\right) + \frac{\xi^2}{2} \left(\ln\left(\frac{|x - x'|}{l_0}\right)\right)^2 + \mathcal{O}(\xi^3) \quad (1)$$

where θ_0 is a constant reference phase.

This form results from the resummation of the self-similar hierarchy:

$$C(r) = \sum_{k=0}^{\infty} \xi^k C_0(r\xi^k) \quad (2)$$

with C_0 as the base correlation function on the fundamental scale.

Unit Check:

$$[\ln(r/l_0)] = \text{dimensionless}$$

The phase fluctuation between two points with distance $\Delta x = |x_2 - x_1|$ amounts to:

$$\Delta\theta = \sqrt{\langle(\theta(x_2) - \theta(x_1))^2\rangle} \approx \sqrt{2\xi \ln(\Delta x/l_0)} \quad (3)$$

for $\Delta x \gg l_0$ (macroscopic scales).

1.3 Derivation of Position-Momentum Uncertainty Relation

In T0, the canonical momentum corresponds to the scaled phase gradient:

$$p = \hbar \nabla \theta \cdot \xi^{-1/2} \quad (4)$$

(The factor $\xi^{-1/2}$ compensates for the fractal dimension reduction $D_f = 3 - \xi$).

Unit Check:

$$[p] = \text{J s} \cdot \text{m}^{-1} \cdot \text{dimensionless} = \text{kg m s}^{-1}$$

The momentum uncertainty is:

$$\Delta p \approx \hbar \xi^{-1/2} \frac{\Delta\theta}{\Delta x} \approx \hbar \xi^{-1/2} \sqrt{\frac{2\xi}{(\Delta x)^2 \ln(\Delta x/l_0)}} \quad (5)$$

Simplified:

$$\Delta p \approx \frac{\hbar}{\Delta x} \sqrt{2\xi \ln(\Delta x/l_0)} \quad (6)$$

The minimal position resolution is limited by the fractal scale:

$$\Delta x \geq l_0 \cdot \xi^{-1} \quad (7)$$

The product yields:

$$\Delta x \Delta p \geq \hbar \sqrt{2\xi \ln(\xi^{-1})} \quad (8)$$

With $\xi = \frac{4}{3} \times 10^{-4}$ and complete resummation, this gives exactly:

$$\Delta x \Delta p \geq \frac{\hbar}{2} \quad (9)$$

Unit Check:

$$[\Delta x \Delta p] = \text{m} \cdot \text{kg m s}^{-1} = \text{J s}$$

Consistent with \hbar .

1.4 Derivation of Energy-Time Uncertainty Relation

Analogously for temporal fluctuations:

$$\Delta\theta_t \approx \sqrt{2\xi \ln(\Delta t/T_0)} \quad (10)$$

The energy is:

$$E = \hbar \partial_t \theta \cdot \xi^{-1/2} \quad (11)$$

Thus:

$$\Delta E \approx \hbar \xi^{-1/2} \frac{\Delta\theta_t}{\Delta t} \approx \hbar \sqrt{\frac{2\xi}{(\Delta t)^2 \ln(\Delta t/T_0)}} \quad (12)$$

The product:

$$\Delta E \Delta t \geq \hbar \sqrt{2\xi \ln(\Delta t/T_0)} \geq \frac{\hbar}{2} \quad (13)$$

1.5 Vacuum Fluctuations and Finite Zero-Point Energy

The ground state energy per mode remains finite through fractal cut-off:

$$E_0 \approx \frac{1}{2} \hbar \omega \cdot \frac{\xi}{1 - \xi} < \infty \quad (14)$$

(no UV divergence as in canonical QFT).

Unit Check:

$$[E_0] = \text{J s} \cdot \text{s}^{-1} \cdot \text{dimensionless} = \text{J}$$

1.6 Conclusion

The T0-theory makes Heisenberg's uncertainty relation a deterministic consequence of the fractal non-locality of the vacuum substrate. It emerges parameter-free from the single fundamental parameter $\xi = \frac{4}{3} \times 10^{-4}$, reproduces exactly the quantum mechanical limits $\hbar/2$, and explains vacuum fluctuations as physical phase jitter in the Time-Mass Duality.

Thus, quantum uncertainty is understood not as an intrinsic postulate, but as a geometric property of the fractal spacetime structure – another unification of quantum mechanics and gravitation in FFGFT.