

# $E=mc^2$ Revisited

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## **Abstract**

This document is part of the T0 Theory Collection.

$E=mc^2 = E=m$ : The Constants Illusion Exposed  
Why Einstein's  $c$ -constant conceals the fundamental error  
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## **Abstract**

This work reveals the central point of Einstein's relativity theory:  $E=mc^2$  is mathematically identical to  $E=m$ . The only difference lies in Einstein's treatment of  $c$  as a "constant" instead of a dynamic ratio. By fixing  $c = 299,792,458$  m/s, the natural time-mass duality  $T \cdot m = 1$  is artificially "frozen," leading to apparent complexity. The T0 theory shows:  $c$  is not a fundamental law of nature, but only a ratio that must be variable if time is variable. Einstein's error was not  $E=mc^2$  itself, but the constant-setting of  $c$ .

# 1 The Central Thesis: $E=mc^2 = E=m$

## The Fundamental Recognition

**$E=mc^2$  and  $E=m$  are mathematically identical!**

The only difference: Einstein treats  $c$  as a "constant," although  $c$  is a dynamic ratio.

**Einstein's error:**  $c = 299,792,458 \text{ m/s} = \text{constant}$

**T0 truth:**  $c = L/T = \text{variable ratio}$

## 1.1 The Mathematical Identity

In natural units:

$$E = mc^2 = m \times c^2 = m \times 1^2 = m \quad (1)$$

This is not an approximation - this is exactly the same equation!

## 1.2 What is $c$ really?

$$c = \frac{\text{Length}}{\text{Time}} = \frac{L}{T} \quad (2)$$

$c$  is a ratio, not a natural constant!

# 2 Einstein's Fundamental Error: The Constant-Setting

## 2.1 The Act of Constant-Setting

Einstein set:  $c = 299,792,458 \text{ m/s} = \text{constant}$

What does this mean?

$$c = \frac{L}{T} = \text{constant} \quad \Rightarrow \quad \frac{L}{T} = \text{fixed} \quad (3)$$

**Implication:** If  $L$  and  $T$  can vary, their **ratio** must remain constant.

## 2.2 The Problem of Time Variability

Einstein recognized himself: Time dilates!

$$t' = \gamma t \quad (\text{time is variable}) \quad (4)$$

But simultaneously he claimed:

$$c = \frac{L}{T} = \text{constant} \quad (5)$$

This is a logical contradiction!

## 2.3 The T0 Resolution

**T0 insight:**  $\cdot m = 1$

This means:

- Time **must** be variable (coupled to mass)
- Therefore  $c = L/T$  **cannot** be constant
- $c$  is a **dynamic ratio**, not a constant

## 3 The Constants Illusion: How it Works

### 3.1 The Mechanism of the Illusion

**Step 1:** Einstein sets  $c = \text{constant}$

$$c = 299,792,458 \text{ m/s} = \text{fixed} \quad (6)$$

**Step 2:** Time becomes "frozen" by this

$$T = \frac{L}{c} = \frac{L}{\text{constant}} = \text{apparently determined} \quad (7)$$

**Step 3:** Time dilation becomes "mysterious effect"

$$t' = \gamma t \quad (\text{why?} \rightarrow \text{complicated relativity theory}) \quad (8)$$

### 3.2 What Really Happens (T0 View)

**Reality:** Time is naturally variable through  $\cdot m = 1$

**Einstein's constant-setting** "freezes" this natural variability artificially

**Result:** One needs complicated theory to repair the "frozen" dynamics

## 4 c as Ratio vs. c as Constant

### 4.1 c as Natural Ratio (T0)

$$c(x, t) = \frac{L(x, t)}{T(x, t)} \quad (9)$$

**Properties:**

- $c$  varies with location and time
- $c$  follows the time-mass duality
- No artificial constants
- Natural simplicity:  $E = m$

## 4.2 $c$ as Artificial Constant (Einstein)

$$c = 299,792,458 \text{ m/s} = \text{constant everywhere} \quad (10)$$

**Problems:**

- Contradiction to time dilation
- Artificial "freezing" of time dynamics
- Complicated repair mathematics needed
- Inflated formula:  $E = mc^2$

## 5 The Time Dilation Paradox

### 5.1 Einstein's Contradiction Exposed

Einstein claims simultaneously:

$$c = \text{constant} \quad (11)$$

$$t' = \gamma t \quad (\text{time varies}) \quad (12)$$

**But:**

$$c = \frac{L}{T} \quad \text{and} \quad T \text{ varies} \quad \Rightarrow \quad c \text{ cannot be constant!} \quad (13)$$

### 5.2 Einstein's Hidden Solution

Einstein "solves" the contradiction through:

- Complicated Lorentz transformations
- Mathematical formalisms
- Space-time constructions
- But the logical contradiction remains!

### 5.3 T0's Natural Solution

No contradiction in T0:

$$\cdot m = 1 \quad \Rightarrow \quad \text{time is naturally variable} \quad (14)$$

$$c = \frac{L}{T} \quad \Rightarrow \quad c \text{ is naturally variable} \quad (15)$$

No constant-setting  $\rightarrow$  No contradictions  $\rightarrow$  No complicated repair mathematics

## 6 The Mathematical Demonstration

### 6.1 From $E=mc^2$ to $E=m$

Starting equation:  $E = mc^2$

c in natural units:  $c = 1$

Substitution:

$$E = mc^2 = m \times 1^2 = m \quad (16)$$

Result:  $E = m$

### 6.2 The Reverse Direction: From $E=m$ to $E=mc^2$

Starting equation:  $E = m$

Artificial constant introduction:  $c = 299,792,458 \text{ m/s}$

Inflating the equation:

$$E = m = m \times 1 = m \times \frac{c^2}{c^2} = m \times c^2 \times \frac{1}{c^2} \quad (17)$$

If one defines  $c^2$  as "conversion factor":

$$E = mc^2 \quad (18)$$

This shows:  $E = mc^2$  is only  $E = m$  with artificial inflation factor  $c^2$ !

## 7 The Arbitrariness of Constant Choice: c or Time?

### 7.1 Einstein's Arbitrary Decision

#### The Fundamental Choice Option

One can choose what should be "constant"!

Option 1 (Einstein's choice):  $c = \text{constant} \rightarrow \text{time becomes variable}$

Option 2 (alternative):  $\text{time} = \text{constant} \rightarrow c \text{ becomes variable}$

Both describe the same physics!

### 7.2 Option 1: Einstein's c-constant

Einstein chose:

$$c = 299,792,458 \text{ m/s} = \text{constant (defined)} \quad (19)$$

$$t' = \gamma t \quad (\text{time becomes automatically variable}) \quad (20)$$

Language convention:

- "Speed of light is universally constant"
- "Time dilates in strong gravitational fields"
- "Clocks run slower at high velocities"

### 7.3 Option 2: Time-constant (Einstein could have chosen)

Alternative choice:

$$t = \text{constant (defined)} \quad (21)$$

$$c(x, t) = \frac{L(x, t)}{t} = \text{variable} \quad (22)$$

Alternative language convention:

- "Time flows equally everywhere"
- "Speed of light varies with location"
- "Light becomes slower in strong gravitational fields"

### 7.4 Mathematical Equivalence of Both Options

Both descriptions are mathematically identical:

Phenomenon	Einstein view	Time-constant view
Gravitation	Time slows down	Light slows down
Velocity	Time dilation	c-variation
GPS correction	"Clocks run differently"	"c is different"
Measurements	Same numbers	Same numbers

Table 1: Two views, identical physics

### 7.5 Why Einstein Chose Option 1

Historical reasons for Einstein's decision:

- **Michelson-Morley:** c seemed locally constant
- **Aesthetics:** "Universal constant" sounded elegant
- **Tradition:** Newtonian constant physics
- **Conceivability:** c-constancy easier to imagine than time constancy
- **Authority effect:** Einstein's prestige fixed this choice

But it was only a convention, not a natural law!

### 7.6 T0's Overcoming of Both Options

T0 shows: Both choices are arbitrary!

$$\cdot m = 1 \quad (\text{natural duality without constant constraint}) \quad (23)$$

T0 insight:

- **Neither** c nor time are "really" constant

- **Both** are aspects of the same  $T \cdot m$  dynamics
- **Constancy** is only definition convention
- **$E = m$**  is the constant-free truth

## 7.7 Liberation from Constant Constraint

Instead of choosing between:

- $c$  constant, time variable (Einstein)
- Time constant,  $c$  variable (alternative)

**T0** chooses:

- **Both dynamically coupled** via  $T \cdot m = 1$
- **No arbitrary fixations**
- **Natural ratios** instead of artificial constants

## 8 The Reference Point Revolution: Earth $\rightarrow$ Sun $\rightarrow$ Nature

### 8.1 The Reference Point Analogy: Geocentric $\rightarrow$ Heliocentric $\rightarrow$ T0

The Reference Point Revolution: From Earth  $\rightarrow$  Sun  $\rightarrow$  Nature

**Geocentric (Ptolemy):** Earth at center

- Complicated epicycles needed
- Works, but artificially complicated

**Heliocentric (Copernicus):** Sun at center

- Simple ellipses
- Much more elegant and simple

**T0-centric:** Natural ratios at center

- $\cdot m = 1$  (natural reference point)
- Even more elegant:  $E = m$

**Einstein's  $c$ -constant corresponds to the geocentric system:**

- **Human** reference point at center (like Earth at center)
- **Complicated** mathematics needed (like epicycles)
- **Works** locally, but artificially inflated

**T0's natural ratios correspond to the heliocentric system:**

- **Natural** reference point at center (like Sun at center)
- **Simple** mathematics (like ellipses)
- **Universally** valid and elegant

## 8.2 Why We Need Reference Points

Reference points are necessary and natural:

- **For measurements:** We need standards for comparison
- **For communication:** Common basis for exchange
- **For technology:** Practical applications require units
- **For science:** Reproducible experiments need standards

The question is not **WHETHER**, but **WHICH** reference point:

System	Reference Point	Complexity	Elegance
Geocentric	Earth	Epicycles	Low
Heliocentric	Sun	Ellipses	High
Einstein	c-constant	Relativity theory	Medium
T0	$\cdot m = 1$	$E = m$	Maximum

Table 2: Reference point systems comparison

## 8.3 The Right vs. Wrong Reference Point

Einstein's error was not to choose a reference point:

- But to choose the wrong reference point!

**Wrong reference point (Einstein):**  $c = 299,792,458 \text{ m/s} = \text{constant}$

- Based on human definition
- Leads to complicated mathematics
- Creates logical contradictions

**Right reference point (T0):**  $\cdot m = 1$

- Based on natural ratio
- Leads to simple mathematics:  $E = m$
- No contradictions, pure elegance



## 9 When Something Becomes "Constant"

### 9.1 The Fundamental Reference Point Problem

#### The Reference Point Illusion

**Something only becomes "constant" when we define a reference point!**

**Without reference point:** All ratios are relative and dynamic

**With reference point:** One ratio becomes artificially "fixed"

**Einstein's error:** He defined an absolute reference point for  $c$

### 9.2 The Natural Stage: Everything is Relative

Before any reference point definition:

$$c_1 = \frac{L_1}{T_1} \quad (24)$$

$$c_2 = \frac{L_2}{T_2} \quad (25)$$

$$c_3 = \frac{L_3}{T_3} \quad (26)$$

$$\vdots \quad (27)$$

All  $c$ -values are relative to each other. None is "constant".

### 9.3 The Moment of Reference Point Setting

Einstein's fatal step:

$$\text{"I define: } c = 299,792,458 \text{ m/s} = \text{reference point"} \quad (28)$$

What happens at this moment:

- An **arbitrary reference point** is set
- All other  $c$ -values are measured relative to this
- The **dynamic ratio** becomes a "constant"
- The **natural relativity** is artificially "frozen"

### 9.4 The Reference Point Problematic

Every reference point is arbitrary:

- Why 299,792,458 m/s and not 300,000,000 m/s?
- Why in m/s and not in other units?
- Why measured on Earth and not in space?
- Why at this time and not at another?

## 9.5 T0's Reference Point-Free Physics

T0 eliminates all reference points:

$$m = 1 \quad (\text{universal relation without reference point}) \quad (29)$$

- No arbitrary fixations
- All ratios remain dynamic
- Natural relativity is preserved
- Fundamental simplicity:  $E = m$

## 9.6 Example: The Meter Definition

Historical development of meter definition:

1. **1793**: 1 meter = 1/10,000,000 of Earth meridian (Earth reference point)
2. **1889**: 1 meter = prototype meter in Paris (object reference point)
3. **1960**: 1 meter = 1,650,763.73 wavelengths of krypton-86 (atom reference point)
4. **1983**: 1 meter = distance light travels in 1/299,792,458 s (c reference point)

What does this show?

- Each definition is **human arbitrariness**
- The **reference point** changes with human technology
- There is **no "natural" length unit** - only human agreements
- **Humans make c "constant" by definition** - not nature!

## 9.7 The Circular Error: Humans Define Their Own "Constants"

In 1983 humans defined:

$$1 \text{ meter} = \frac{1}{299,792,458} \times c \times 1 \text{ second} \quad (30)$$

This makes c automatically "constant" - through human definition, not through natural law:

$$c = \frac{299,792,458 \text{ meters}}{1 \text{ second}} = 299,792,458 \text{ m/s} \quad (31)$$

**Circular reasoning:** Humans define c as constant and then "measure" a constant!  
**Nature is not asked in this process!**

## 9.8 T0's Resolution of the Reference Point Illusion

T0 recognizes:

- Definition  $\neq$  natural law
- Measurement reference point  $\neq$  physical constant
- Practical agreement  $\neq$  fundamental truth

T0 solution:

For measurements: Use practical reference points (32)

For natural laws: Use reference point-free relations (33)

## 10 Why c-Constancy is Not Provable

### 10.1 The Fundamental Measurement Problem

To measure  $c$ , we need:

$$c = \frac{L}{T} \quad (34)$$

**But:** We measure  $L$  and  $T$  with the same physical processes that depend on  $c$ !

**Circular problem:**

- Light measures distances  $\rightarrow c$  determines  $L$
- Atomic clocks use EM transitions  $\rightarrow c$  influences  $T$
- Then we measure  $c = L/T \rightarrow$  **We measure  $c$  with  $c$ !**

### 10.2 The Gauge Definition Problem

Since 1983: 1 meter = distance light travels in  $1/299,792,458$  s

$$c = 299,792,458 \text{ m/s} \quad (\text{not measured, but defined!}) \quad (35)$$

One cannot "prove" what one has defined!

### 10.3 The Systematic Compensation Problem

If  $c$  varies, ALL measuring devices vary equally:

- **Laser interferometers:** use light ( $c$ -dependent)
- **Atomic clocks:** use EM transitions ( $c$ -dependent)
- **Electronics:** uses EM signals ( $c$ -dependent)

**Result:** All devices **automatically compensate** the  $c$ -variation!

## 10.4 The Burden of Proof Problem

Scientifically correct:

- One **cannot prove** that something is constant
  - One can only show that it **appears constant within measurement precision**
  - **Each new precision level** could show variation
- Einstein's "c-constancy" was belief, not proof!

## 10.5 T0 Prediction for Precise Measurements

T0 predicts: At highest precision one will find:

$$c(x, t) = c_0 \left( 1 + \xi \times \frac{(x, t) - 0}{0} \right) \quad (36)$$

with  $\xi = 1.33 \times 10^{-4}$  (T0 parameter)

c varies tiny ( $\sim 10^{-15}$ ), but measurable in principle!

# 11 Ontological Consideration: Calculations as Constructs

## 11.1 The Fundamental Epistemological Limit

### Ontological Truth

All calculations are human constructs!

They can at best give a certain idea of reality.

That calculations are internally consistent proves little about actual reality.

Mathematical consistency  $\neq$  ontological truth

## 11.2 Einstein's Construct vs. T0's Construct

Both are human thought structures:

Einstein's construct:

- $E = mc^2$  (mathematically consistent)
- Relativity theory (internally coherent)
- 10 field equations (work computationally)
- **But:** Based on arbitrary c-constant setting

T0's construct:

- $E = m$  (mathematically simpler)
- $T \cdot m = 1$  (internally coherent)
- $\partial^2 E = 0$  (works computationally)
- **But:** Also only a human thought model

### 11.3 The Ontological Relativity

What is "really" real?

- Einstein's space-time? (construct)
- T0's energy field? (construct)
- Newton's absolute time? (construct)
- Quantum mechanics' probabilities? (construct)

All are human interpretive frameworks of the inaccessible reality!

### 11.4 Why T0 is Still "Better"

Not because of "absolute truth," but because of:

**1. Simplicity (Occam's Razor):**

- $E = m$  is simpler than  $E = mc^2$
- One equation is simpler than 10 equations
- Fewer arbitrary assumptions

**2. Consistency:**

- No logical contradictions (like Einstein's)
- No constant arbitrariness
- Unified thought structure

**3. Predictive power:**

- Testable predictions
- Fewer free parameters
- Clearer experimental distinction

**4. Aesthetics:**

- Mathematical elegance
- Conceptual clarity
- Unity

### 11.5 The Epistemological Humility

T0 does NOT claim to be "absolute truth."

T0 only says:

- "Here is a **simpler** construct"
- "With **fewer** arbitrary assumptions"
- "That is **more consistent** than Einstein's construct"
- "And makes **more testable** predictions"

But ultimately T0 also remains a human thought structure!

## 11.6 The Pragmatic Consequence

Since all theories are constructs:

Evaluation criteria are:

1. **Simplicity** (fewer assumptions)
2. **Consistency** (no contradictions)
3. **Predictive power** (testable consequences)
4. **Elegance** (aesthetic criteria)
5. **Unity** (fewer separate domains)

By all these criteria T0 is "better" than Einstein - but not "absolutely true".

## 11.7 The Ontological Humility

The deepest insight:

- **Reality itself** is inaccessible
- **All theories** are human constructs
- **Mathematical consistency** proves no ontological truth
- The best we have: **Simpler, more consistent constructs**

Einstein's error was not only the c-constant setting, but also the claim to absolute truth of his mathematical constructs.

T0's advantage is not absolute truth, but relative superiority as a thought model.

# 12 The Practical Consequences

## 12.1 Why $E=mc^2$ "Works"

$E=mc^2$  works because:

- It is mathematically identical to  $E = m$
- $c^2$  compensates the "frozen" time dynamics
- The T0 truth is unconsciously contained
- Local approximations usually suffice

## 12.2 When $E=mc^2$ Fails

The constants illusion breaks down at:

- Very precise measurements
- Extreme conditions (high energies/masses)
- Cosmological scales
- Quantum gravity

## 12.3 T0's Universal Validity

$E = m$  is valid everywhere and always:

- No approximations needed
- No constant assumptions
- Universal applicability
- Fundamental simplicity

# 13 The Correction of Physics History

## 13.1 Einstein's True Achievement

Einstein's actual discovery was:

$$E = m \quad (\text{in natural form}) \quad (37)$$

His error was:

$$E = mc^2 \quad (\text{with artificial constant inflation}) \quad (38)$$

## 13.2 The Historical Irony

### The Great Irony

Einstein discovered the fundamental simplicity  $E = m$ ,  
but **hid it behind the constants illusion**  $E = mc^2$ !  
The physics world celebrated the complicated form and overlooked the simple truth.

# 14 The T0 Perspective: c as Living Ratio

## 14.1 c as Expression of Time-Mass Duality

In T0 theory:

$$c(x, t) = f\left(\frac{L(x, t)}{(x, t)}\right) = f\left(\frac{L(x, t) \cdot m(x, t)}{1}\right) \quad (39)$$

since  $\cdot m = 1$ .

**c becomes an expression of the fundamental time-mass duality!**

## 14.2 The Dynamic Speed of Light

T0 prediction:

$$c(x, t) = c_0 \sqrt{1 + \xi \frac{m(x, t) - m_0}{m_0}} \quad (40)$$

**Light moves faster in more massive regions!**

(Tiny effect, but measurable in principle)

## 15 Experimental Tests of c-Variability

### 15.1 Proposed Experiments

**Test 1 - Gravitational dependence:**

- Measure  $c$  in different gravitational fields
- T0 prediction:  $c$  varies with  $\sim \xi \times \Delta\Phi_{\text{grav}}$

**Test 2 - Cosmological variation:**

- Measure  $c$  over cosmological time periods
- T0 prediction:  $c$  changes with universe expansion

**Test 3 - High-energy physics:**

- Measure  $c$  in particle accelerators at highest energies
- T0 prediction: Tiny deviations at  $E \sim \text{TeV}$

### 15.2 Expected Results

Experiment	Einstein (c constant)	T0 (c variable)
Gravitational field	$c = 299792458 \text{ m/s}$	$c(1 \pm 10^{-15})$
Cosmological time	$c = \text{constant}$	$c(1 + 10^{-12} \times t)$
High energy	$c = \text{constant}$	$c(1 + 10^{-16})$

Table 3: Predicted c-variations

## 16 Conclusions

### 16.1 The Central Recognition

The Fundamental Truth

**$E=mc^2 = E=m$**

Einstein's "constant"  $c$  is in truth a variable ratio.

The constant-setting was Einstein's fundamental error.

T0 corrects this error by returning to natural variability.



## 16.2 Physics After the Constants Illusion

The future of physics:

- No artificial constants
- Dynamic ratios everywhere
- Living, variable natural laws
- Fundamental simplicity:  $E = m$

## 16.3 Einstein's Corrected Legacy

Einstein's true discovery:  $E = m$  (energy-mass identity)

Einstein's error: Constant-setting of  $c$

T0's correction: Return to natural form  $E = m$

Einstein was brilliant - he just stopped one step too early!

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