

# The T0-Model: Time-Energy Duality and Geometric Rest Mass (Energy-Based Version)

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# Abstract

The T0-Model describes the physical properties of our observable space in an eternal, infinite, non-expanding universe without beginning or end. It is based on a time-energy duality and a geometric definition of rest mass coupled to spatial geometry. Time could theoretically be absolute, but is set as variable for practical reasons, since measurements are based on frequency changes. Rest mass serves as a practical fixed point, but is theoretically variable in a dynamic space. The cosmic microwave background (CMB) is explained through  $\xi$ -field mechanisms without assuming a Big Bang. Extrapolations to extreme situations such as black holes or the use of dark matter and vacuum energy as energy sources are highly speculative and lie outside the model [1].

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## 0.1 Introduction

The T0-Model is a theoretical framework that describes the physical phenomena of our observable space in an eternal, infinite, non-expanding universe without beginning or end [1]. In contrast to the standard cosmological model, which postulates a Big Bang and an expanding spacetime, the T0-Model assumes a fixed universe in which the geometric constant  $\xi = \frac{4}{3} \times 10^{-4}$  defines

the spatial structure [3]. Mass and energy are different forms of an underlying quantity, and time could theoretically be absolute ( $T = t$ ), but is set as practically variable to interpret frequency changes. This document summarizes the central aspects of the model, with a focus on observable space and a clear warning against speculative extrapolations to black holes or the use of dark matter and vacuum energy as energy sources.

### Note

The T0-Model primarily describes observable space through experiments such as the Casimir effect or spectroscopy. Extrapolations to black holes or speculative energy sources such as dark matter are highly speculative and are not covered by the model.

## 0.2 Universe in the T0-Model

The T0-Model assumes an eternal, infinite, non-expanding universe without beginning or end, in contrast to the standard cosmological model. The spatial structure is defined by the geometric constant  $\xi = \frac{4}{3} \times 10^{-4}$ , which is globally stable but can be locally dynamic [1]. The cosmic microwave background (CMB) is interpreted as a static property of the universe that arises through  $\xi$ -field mechanisms without assuming a Big Bang [2]. In such a universe, time could theoretically be absolute ( $T = t$ ), but is set as locally variable to account for time-energy duality and frequency measurements.

## 0.3 CMB in the T0-Model: Static $\xi$ -Universe

The cosmic microwave background (CMB) in the T0-Model is not explained by decoupling at  $z \approx 1100$ , as in the standard model, but through  $\xi$ -field mechanisms in an infinitely old universe [2].

**Time-energy duality prohibits a Big Bang:** The CMB background radiation has a different origin than in the standard model and is explained by the following mechanisms:

### 0.3.1 $\xi$ -Field Quantum Fluctuations

The omnipresent  $\xi$ -field generates vacuum fluctuations with a characteristic energy scale. The ratio  $\frac{T_{\text{CMB}}}{E_\xi} \approx \xi^2$  connects the CMB temperature with the geometric scale  $\xi$  [2].

### 0.3.2 Stationary Thermalization

In an infinitely old universe, the background radiation reaches thermodynamic equilibrium at a characteristic  $\xi$ -temperature that harmonizes with the geometric scale [2].

## 0.4 Time-Energy Duality

The time-energy duality is the core principle of the T0-Model:

$$T(x, t) \cdot E(x, t) = 1, \quad T(x, t) = \frac{1}{\max(E(x, t), \omega)} \quad (1)$$

Here  $E(x, t)$  is the local energy density,  $T(x, t)$  the intrinsic time, and  $\omega$  a reference energy (e.g., rest frequency or photon frequency). In an eternal, infinite universe, time could be globally absolute ( $T = t$ ), but locally it is set as variable to account for the duality and frequency changes:

$$\Delta\omega = \frac{\Delta E}{\hbar} \quad (2)$$

## 0.5 Geometric Definition of Rest Mass

Rest mass is defined by a geometric resonance:

$$E_{\text{char}, i} = m_i c^2 = \frac{1}{\xi_i}, \quad \xi_i = \xi \cdot r_i, \quad \xi = \frac{4}{3} \times 10^{-4} \quad (3)$$

where  $r_i$  is a suppression factor [1]. For an electron:

$$\xi_e = \frac{4}{3} \times 10^{-4}, \quad m_e c^2 = 0.511 \text{ MeV} \quad (4)$$

### 0.5.1 Practical Fixed Point

For measurements, rest mass is to be taken as a fixed point:

$$m_i = \frac{1}{\xi_i c^2} \quad (5)$$

This enables the interpretation of frequency changes:

$$E(x, t) = \gamma m_i c^2, \quad \omega = \frac{E(x, t)}{\hbar} \quad (6)$$

### 0.5.2 Theoretical Variability

In a dynamic space, rest mass is variable:

$$\xi_i(x, t) = \xi(x, t) \cdot r_i, \quad m_i(x, t) = \frac{1}{\xi_i(x, t)c^2} \quad (7)$$

Frequency changes reflect kinetic energy and mass variations:

$$\omega(x, t) = \frac{\gamma(x, t)m_i(x, t)c^2}{\hbar} \quad (8)$$

## 0.6 Vacuum and Casimir-CMB Ratio

The vacuum is the ground state of the energy field:

$$E(x, t) \approx |\rho_{\text{Casimir}}| = \frac{\pi^2}{240 \times L_\xi^4}, \quad L_\xi = 10^{-4} \text{ m} \quad (9)$$

The Casimir-CMB ratio confirms the geometric scale [3, 4]:

$$\frac{|\rho_{\text{Casimir}}|}{\rho_{\text{CMB}}} = \frac{\pi^2}{240\xi} \approx 308 \quad (10)$$

In a dynamic space,  $L_\xi(x, t)$  becomes variable, making the ratio dynamic.

## 0.7 Dynamic Space

A dynamic space implies:

$$\xi(x, t) \quad (11)$$

This enables variable rest mass and a globally absolute time:

$$m_i(x, t) = \frac{1}{\gamma(x, t)c^2t} \quad (12)$$

Frequency changes are not specific enough to directly confirm mass variations.

## 0.8 Stability of the Overall System

The model remains stable through the field equation:

$$\nabla^2 E(x, t) = 4\pi G \rho(x, t) \cdot E(x, t) \quad (13)$$

Local variations minimally affect the system.

## 0.9 Limits and Speculations

The T0-Model describes observable space. Extrapolations to black holes or cosmological scales are speculative because:

- Spatial geometry in extreme scenarios is not covered.
- Frequency measurements in strong gravitational fields exhibit additional effects.
- Experimental data are lacking.

### Warning to Speculators

Notions of using dark matter or vacuum energy as energy sources are unrealistic. The usable energy is limited to the amount demonstrated through the Casimir effect  $|\rho_{\text{Casimir}}| = \frac{\pi^2}{240 \times L_\xi^4}$ , which has been experimentally confirmed [3]. Larger energy quantities, particularly from dark matter, lack any experimental evidence and lie outside the T0-Model [1].

## 0.10 Conclusion

The T0-Model describes observable space in an eternal, infinite, non-expanding universe. The time-energy duality and geometric rest mass provide a robust description, whereby time could be globally absolute but is set as locally variable. Frequency changes limit the verification of time dilation or mass variations. The CMB is explained through  $\xi$ -field mechanisms without a Big Bang. Extrapolations to black holes or speculative energy sources such as dark matter are unrealistic [1].

# Bibliography

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