How to have Multiple Lines or Lists
in a Single Cell in Excel 2003

Excel 2003 does not have an automatic way for a single cell to include multiple lines, or a list of items, but you can still do it. To do this in **Excel 2003 (Win),** you will need to:

1. Right click on the cell that you want for the multiple lines, or a list of items.
2. Select **Format Cells**.
3. Go to the *Alignment* tab.
4. Under *Text Control*, click **Wrap Text**.
5. Click the **OK** button.
6. Now, within the selected cell, type the text for the multiple lines, or a list of items. For each end-of-line or separate list item, press the **Alt** and **Enter** keys simultaneously. This will begin a new line within the same cell.

NOTE: *This is a little tricky on an Intel Mac running Parallels, as the **Alt** and **Enter** key combination is assigned for Parallels use. The cell increases in size for the end-of-line, but it pops-up a message for the Parallels process that requires you to click a Cancel button. Then you must move your cursor in the Formula Bar to the next line to continue typing. This will happen for each line as you use the **Alt** and **Enter** key combination.*