

From

- Mirror of `Into`
- Used as trait function: `From::from(a)`
- Used as constructor function: `Miles::from(a)`
- Implements `Into`: `impl<T, U> Into<U> for T where U: From<T>`

From example

```
6 ▾ impl From<Miles> for Meters {  
7 ▾     fn from(miles: Miles) -> Meters {  
8         Meters(miles.0 * 1609.344)  
9     }  
10 }  
11  
12 ▾ impl From<Meters> for Miles {  
13 ▾     fn from(meters: Meters) -> Miles {  
14         Miles(meters.0 / 1609.344)  
15     }  
16 }
```