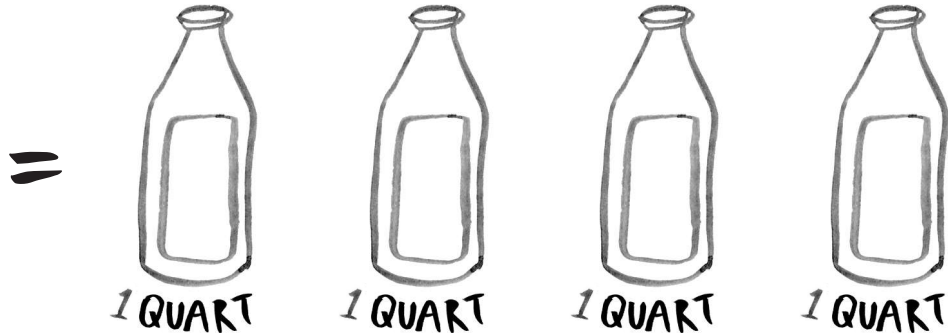


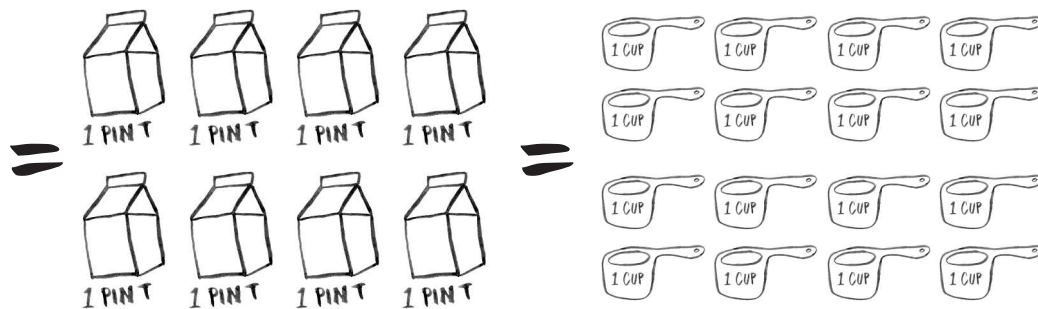
LIQUID MEASUREMENT Equivalents Chart



1 Gallon = 2 Half Gallons = 4 Quarts



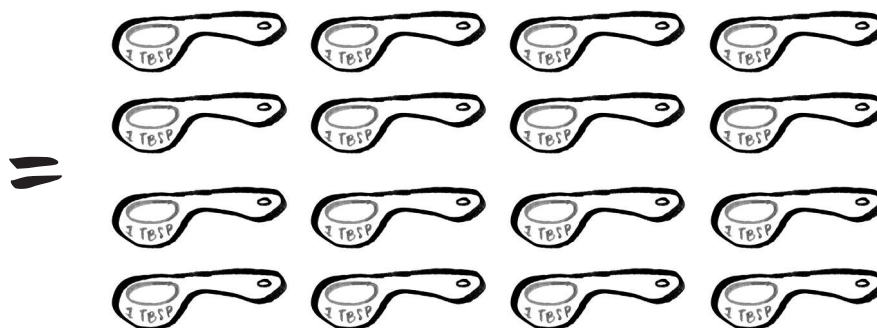
4 Quarts = 8 Pints = 16 Cups



DRY MEASUREMENT Equivalents Chart



1 Cup = 16 Tablespoons



1 Tablespoon = 3 Teaspoons

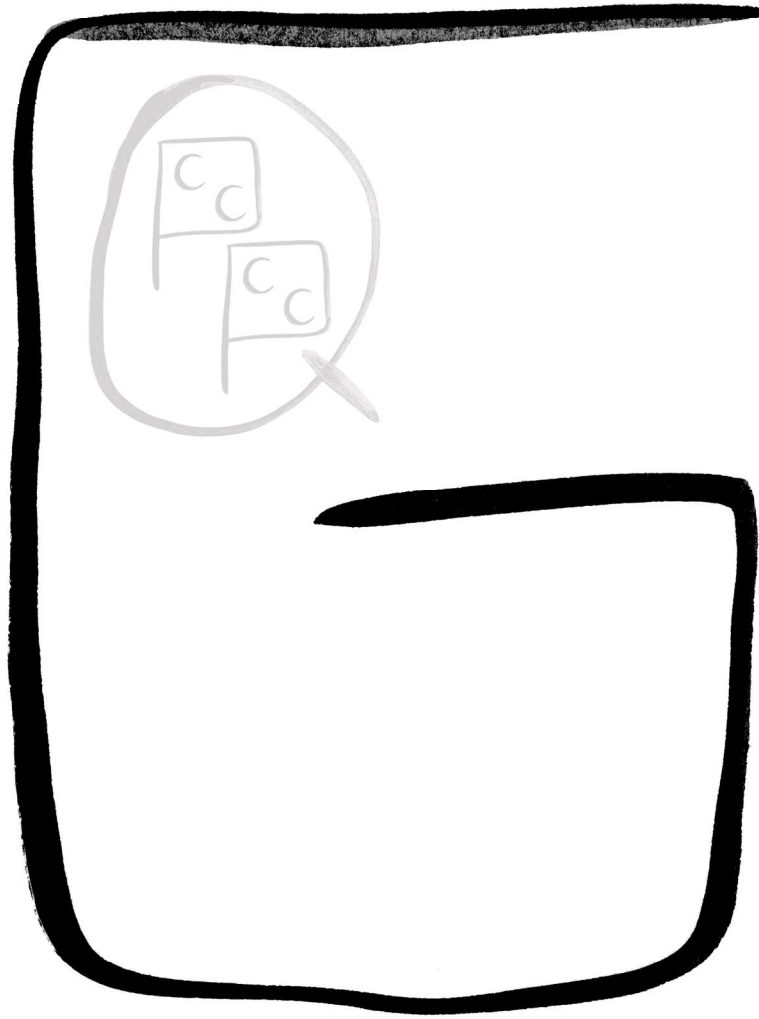


COMMON ABBREVIATIONS

t.	= Teaspoon	qt.	= Quart
tsp.	= Teaspoon	gal.	= Gallon
T.	= Tablespoon	lb.	= Pound
Tbsp.	= Tablespoon	in.	= Inch
c.	= Cup	"	= Inch
oz.	= Ounce	pkg.	= Package
pt.	= Pint	doz.	= Dozen
		°	= Degree

MEASUREMENT ORGANIZER

Fill-in This Graphic Organizer to match the Liquid Measurements chart!



Practice Your Kitchen Math

3 c. chopped onion

How many tablespoons? _____

1 gal. water

How many cups? _____

2 qts. of 2% milk

How many pints? _____

32 Tbsp. cinnamon

How many cups? _____

2 qt. Vegetable broth

How many gallons? _____

KITCHEN EQUIPMENT



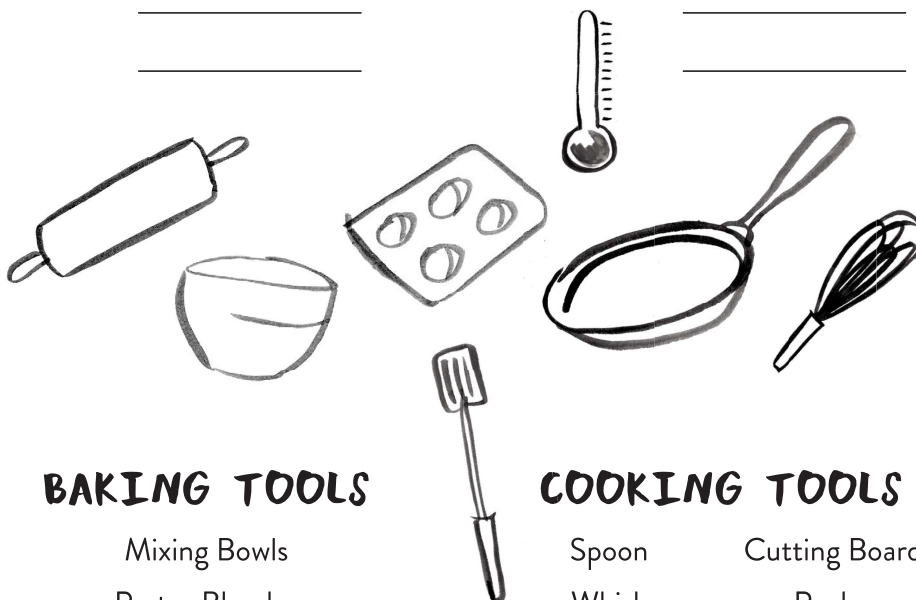
MEASURING TOOLS

Dry measure
Liquid Measure
Measuring Spoons



APPLIANCES

Blender
Food Processor
Stand Mixer



BAKING TOOLS

Mixing Bowls
Pastry Blender
Rolling Pan
Muffin Pan
Pot Holder
Sheet Pan

COOKING TOOLS

Spoon
Whisk
Spatula
Can opener
Colander
Tongs
Cutting Board
Peeler
Juicer
Thermometer
Frying Pan
Saucepan

KNIVES AND KITCHEN SAFETY

Chef's Knife



Used for: _____

Serrated Knife



Used for: _____

Paring Knife



Used for: _____

SAFETY

- Always use a _____ , make sure it's placed securely on a flat surface.
- Only use knives for their intended purpose, never to open _____ or tighten screws.
- Wash knives after use, but never place a knife in a _____ of soapy water where it cannot be seen.
- Always use, wash, and store knives according to your teacher's instructions.

SKILLS

- Practice gripping the knife handle firmly, pinching the blade where it meets the handle between your thumb and first finger, and wrapping the rest of your fingers around the handle.
- Always cut downward and away from your body, keeping the point of the knife on the cutting board as you chop.
- If you are cutting a round or wobbly object, slice it in half and place it on the flattened side to cut.
