

Investigating Differences in the Associations Between Violent Crime Rates and Physical
Inactivity Among Counties Across California.

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Abstract

Background: A large proportion of adults in California are not meeting the recommended amounts of leisure-time physical activity, which is a risk factor for cardiovascular disease and other chronic health conditions. One barrier for these low levels of physical activity is higher violent crime rates. Thus, the aims of this study were 1) to examine if the association between violent crime rates and physical inactivity differs across California counties and 2) to investigate if violent crime rates is associated with more physical inactivity in California.

Method: Violent crime rates and physical inactivity data for all 58 California counties from 2011-2019 from the County Health Rankings and Roadmaps website were included in this study. A multi-level model was conducted while adjusting for county-level median household income, rurality, adult obesity rates, and county population.

Results: The association of violent crime rates on physical inactivity did not differ across California counties ($p = .064$). However, there was some variation among counties physical inactivity levels ($\sigma^2 = .06$). In support of the second aim, state-level violent crime rates were associated with an increase in physical inactivity ($b = .08, p = .01$).

Conclusion: While no differences across violent crime rate and physical inactivity among California counties were found, the significant association between violent crime rate and physical inactivity at the state level suggests that addressing violent crime rates may reduce physical inactivity in California. Implications for this study are further discussed.

Keywords: physical inactivity, crime, California, county level

Word count: X

32 Investigating Differences in the Associations Between Violent Crime Rates and Physical
33 Inactivity Among Counties Across California.

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Methods

We report how we determined our sample size, all data exclusions (if any), all manipulations, and all measures in the study.

Participants

Material

Procedure

Data analysis

We used R (Version 3.5.1; R Core Team, 2018) and the R-packages *dplyr* (Version 0.8.3; Wickham et al., 2019), *forcats* (Version 0.4.0; Wickham, 2019a), *ggplot2* (Version 3.2.1; Wickham, 2016), *inspectdf* (Version 0.0.3; Rushworth, 2019), *lme4* (Version 1.1.21; Bates, Mächler, Bolker, & Walker, 2015), *lmerTest* (Version 3.1.1; Kuznetsova, Brockhoff, & Christensen, 2017), *Matrix* (Version 1.2.14; Bates & Maechler, 2018), *papaja* (Version 0.1.0.9842; Aust & Barth, 2018), *psych* (Version 1.8.12; Revelle, 2018), *purrr* (Version 0.3.3; Henry & Wickham, 2019), *readr* (Version 1.3.1; Wickham, Hester, & Francois, 2018), *stringr* (Version 1.4.0; Wickham, 2019b), *tibble* (Version 2.1.3; Müller & Wickham, 2019), *tidyr* (Version 1.0.2; Wickham & Henry, 2020), and *tidyverse* (Version 1.3.0; Wickham, Averick, et al., 2019) for all our analyses.

Results

##	Variable	Overall	Year_2011	Year_2012	Year_2013	Year_2014
## 1	Obesity Rates	XX	XX	XX	XX	XX
## 2	Percent Rurality	XX	XX	XX	XX	XX
## 3	Median Household Income	XX	XX	XX	XX	XX

70	## 4	Population	XX	XX	XX	XX	XX
71	## 5	Violent Crime Rates	XX	XX	XX	XX	XX
72	## 6	Physical Inactivity	XX	XX	XX	XX	XX
73	##	Year_2015 Year_2016 Year_2017 Year_2018 Year_2019					
74	## 1	XX	XX	XX	XX	XX	
75	## 2	XX	XX	XX	XX	XX	
76	## 3	XX	XX	XX	XX	XX	
77	## 4	XX	XX	XX	XX	XX	
78	## 5	XX	XX	XX	XX	XX	
79	## 6	XX	XX	XX	XX	XX	
80	##	Variable				Model1	
81	## 1					No Predictors	
82	## 2	Fixed effect estimates					
83	## 3	Intercept				value and CI	
84	## 4	Adult Obesity				value and CI	
85	## 5	Percent Rurality				value and CI	
86	## 6	Median Household Income				value and CI	
87	## 7	Population				value and CI	
88	## 8	Release Year				value and CI	
89	## 9	Violent Crime				value and CI	
90	## 10	Random effect estimates					
91	## 11	County				value and CI	
92	## 12	Violent Crime					
93	## 13	Fit statistics					
94	## 14	AIC/BIC				fit values	
95	## 15	Intraclass correlation coefficient					
96	## 16	County				ICC	

97	##	Model2	Model3
98	## 1	County-Level Predictors	Random Slopes
99	## 2		
100	## 3	value and CI	value and CI
101	## 4	value and CI	value and CI
102	## 5	value and CI	value and CI
103	## 6	value and CI	value and CI
104	## 7	value and CI	value and CI
105	## 8	value and CI	value and CI
106	## 9	value and CI	value and CI
107	## 10		
108	## 11	value and CI	value and CI
109	## 12		value and CI
110	## 13		
111	## 14	fit values	fit values
112	## 15		
113	## 16	ICC	
114			Discussion

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