### **PSY 3307**

One Sample t-test

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# Agenda

- Review Questions From the Exam
- Discuss Problem Sets
- Problem Set 4
- Understanding the One-Sample t-test
- Performing a One-Sample t-test
- Interpreting a One-Sample t-test
- Estimating Mu by Computing Confidence Intervals
- Reporting a One-Sample t-test

# Review Questions From the Exam

- What questions do you have?
- Extra credit opportunities
  - Feedback on class
  - o participation in research studies

## Problem Set 4 Walkthrough

- breakout groups
- everyone is expected to contribute

#### **Discuss Problem Sets**

- try your hardest
- put in an effort to try and figure out problems
- any problem without an answer will be a deduction from now on
- You have until Monday at 11:59pm to complete any problem sets that you have as incomplete

# What is a One-Sample t-test

- It's pretty similar to a z-test
  - t-test used more often in behavioral research
- z-test requires we know population standard deviation
  - o often not possible in behavioral research
- uses unbiased estimators (N 1 formulas)
- computes something like the z-score for our sample mean
  - t-score

# One-Sample t-test

- parametric test for when the population standard deviation is unknown
- still compares the sample mean to the population mean

# Steps to One-Sample t-test

#### 1. Statistical Hypotheses

- what is the population mean and is your sample mean different from that population mean
- H0: sample mean equals the population mean
- H1: sample mean is different from the population mean
- 2. Select an alpha
- 3. Check assumptions
  - Outcome needs to be continuous (interval or ratio scale)
  - Population score forms a normal distribution
  - variability of raw score population is estimated from the sample

# Steps to One-Sample t-test

 All we need to know is the t critical value and if the t obtained value is within the regions of rejection

# Steps to a z-test/One-Sample t-test

- get population standard deviation (z-test)
- get estimated standard deviation (t-test)
- get the standard error (SE) of the mean (z-test)
- get the estimated SE (t-test)
- calculate the score by subtracting the population mean from the sample mean and dividing by the SE
  - either obtained z or t value

# Changes between the z-test and t-test

$$s_x = \sqrt{rac{\Sigma X^2 - rac{(\Sigma X)^2}{N}}{N-1}}$$

$$\sigma_{\overline{X}} = \frac{\sigma_X}{\sqrt{N}}$$

\$\$

$$z_{obt} = rac{\overline{X} - \mu}{\sigma_{\overline{X}}}$$

$$s_{\overline{X}} = rac{s_X}{\sqrt{N}}$$

$$t_{obt} = rac{\overline{X} - \mu}{s_{\overline{X}}}$$

# Small Change in Formulas

- SE calculation will start to look slightly different as it will use the variance squared
- Due to future formulas using slightly different notation, we will adopt that for our SE

$$s_{\overline{X}} = rac{\sqrt{s_X^2}}{\sqrt{N}}$$
  $s_{\overline{X}} = \sqrt{rac{s_X^2}{N}}$ 

## Example

```
set.seed(092221)
numbers = rnorm(10, mean = 5, sd = 1.2)
numbers
```

```
## [1] 4.770670 5.271329 6.899812 5.598090 4.219022 6.828034 6.046497 2.92124 ## [9] 4.993870 5.948126
```

- 1. Calculate the Variance
- 2. Calculate the SE
- 3. Compute t

```
# population mean is 10
4.770670 + 5.271329 + 6.899812 + 5.598090 + 4.219022 + 6.828034 + 6.0464
## [1] 53.4967
# 53.50
53.50/10
## [1] 5.35
# 5.35
4.770670^2 + 5.271329^2 + 6.899812^2 + 5.598090^2 + 4.219022^2 + 6.82803
## [1] 299.3272
# 299.33
53.50^2
## [1] 2862.25
# 2862.25
```

15 / 35

```
2862.25/10
## [1] 286.225
# 286.23
299.33 - 286.23
## [1] 13.1
# 13.1
13.1/9
## [1] 1.455556
# 1.46 variance
```

```
# se is...
1.46/10
## [1] 0.146
sqrt(1.46/10)
## [1] 0.3820995
sqrt(.146)
## [1] 0.3820995
# compute t
(5.35 - 10)/.38
## [1] -12.23684
# t value of -12.24
```

- we will now be working with the t-distribution
  - this also means we'll be working with a t-table
- t-distribution is the sampling distribution of all values of t when samples of a particular size (differing N size) are selected from the raw score population in the null hypothesis

- higher values on the t-distribution are to the right of the population mean,
   lower values to the left of the population mean
- t-tests also have regions of rejection
- doesn't always represent a perfectly normal distribution
  - dependent on N value
  - larger the sample the more normal the distribution looks
- the different shapes are important because our regions of rejection will look different dependent on the sample size

- the distribution changes based on the sample size, which then means that the
   5% of the regions of rejection and critical value change
- remember to be conservative about estimating variance and SD, we have been using N 1
- the name of that is the **degrees of freedom** or df
  - number of scores in a sample that reflect the variability in the population
  - determines shape of sampling distribution when estimating standard deviation for the population

- since the df is the sample size 1, the larger the df, the closer to resembling a normal distribution our data becomes
  - df of 120+ is the same as a z-distribution

# Using the t-table

- the t-table is different from the z-table
- has df, \alpha = .05 and \alpha = .01
  - o this is dependent on our sample size 1, and what our alpha is a priori

### t-table

- we need to figure out our t critical value
- we need our sample size, and a decision on what alpha we want to use (.05 or .01)
- since not all df are listed, if your df is between two values, a statistically significant finding is a t-value larger than the larger df and smaller than the smaller df

# Examples

- sample size = 200
  - ∘ alpha = .05
- sample size = 90
  - ∘ alpha = .05
- sample size = 37
  - ∘ alpha = .01

### t-test Interpretation

- If a statistically significant finding is found
  - your sample is significantly different from the population in whatever the outcome was

### One-tailed test

- if you know if your sample will do better or worse than the population, you'd use a one-tailed test
- Example: you know that your sample will get higher grades than the population

### **Confidence Intervals**

- **point estimation** is a way to estimate a point where you think the population's outcome value will be
  - this is why we can't say we're certain mu is a specific number and have to say around that number
- interval estimation is when we state that mu will fall within a range of values
  - margin of error, such as getting an exam and stating that the average test score was 84 plus or minus 3 points
  - due to sampling error
- confidence intervals are a range of values which we are certain our value falls within
  - when we say around a value, we are saying that we got one value but we are certain it is within a range of values
  - around 84 points on an exam, but we are certain the correct value is between 80 and 87

### **Confidence Intervals**

- We're choosing a range of values that are not significantly different from our sample mean
- we compute confidence intervals after we have a statistically significant finding
- It is often stated as:
  - We got a statistically significant finding where our sample scored *points compared to the population's score*; *t*(df) = t-value, p-value
  - $\circ$  Example: t(31) = 4.7, p = .037

```
## -- Column specification ---
## cols(
##
     .default = col_character(),
     total_cup_points = col_double(),
##
     number_of_bags = col_double(),
##
     aroma = col_double(),
##
##
     flavor = col_double(),
     aftertaste = col_double(),
##
     acidity = col_double(),
##
##
     body = col_double(),
     balance = col_double(),
##
     uniformity = col_double(),
##
```

##

```
psych::describe(coffee$total_cup_points, na.rm = TRUE)

## vars n mean sd median trimmed mad min max range skew kurtosi
## X1     1 1071 82.03 2.67 82.42 82.3 1.85 59.83 90.58 30.75 -2.11 10.5
## se
## X1 0.08

# mean is 82.03
# SE is .08
# sample size is 1071
```

#### t.test(coffee\$total\_cup\_points, mu = 85) #conf int only works for two ta

```
##
## One Sample t-test
##
## data: coffee$total_cup_points
## t = -36.39, df = 1070, p-value < 2.2e-16
## alternative hypothesis: true mean is not equal to 85
## 95 percent confidence interval:
## 81.87385 82.19373
## sample estimates:
## mean of x
## 82.03379</pre>
```

#### t.test(coffee\$total\_cup\_points, mu = 85, alternative = "less")

```
##
## One Sample t-test
##
## data: coffee$total_cup_points
## t = -36.39, df = 1070, p-value < 2.2e-16
## alternative hypothesis: true mean is less than 85
## 95 percent confidence interval:
## -Inf 82.16798
## sample estimates:
## mean of x
## 82.03379</pre>
```

#### t.test(coffee\$total\_cup\_points, mu = 85, alternative = "greater")

### **Confidence Interval Calculations**

\$ (s{x})(-t{crit}) + \overline{X} \; \leq \; \mu \; \leq \; (s{x})(t{crit}) + \overline{X} \$\$

```
# t critical value is 1.96 since we have such a large sample and df

# mu = 85
# sample mean = 82.03
# SE = .08
# df = 1070

# lower
.08*-1.96 + 82.03
```

## [1] 81.8732

```
# 81.8732
# higher
.08*1.96 + 82.03
```

## [1] 82.1868

#### t.test(coffee\$total\_cup\_points, mu = 85)

```
##
## One Sample t-test
##
## data: coffee$total_cup_points
## t = -36.39, df = 1070, p-value < 2.2e-16
## alternative hypothesis: true mean is not equal to 85
## 95 percent confidence interval:
## 81.87385 82.19373
## sample estimates:
## mean of x
## 82.03379

t(1070) = -36.39, p < .05, 95% CI [81.87, 82.19]</pre>
```

Our one-sample t-test comparing a sample of coffee ratings (M = 82.03, SD = 2.67) to the population of coffee ratings (M = 85) showed evidence of a statistically significant difference. Specifically, the sample's average coffee rating was significantly lower than the population's average coffee rating; t(1070) = -36.39, p < .05, 95% CI [81.87, 82.19]. We are 95% certain that the actual sample mean is between 81.87 and 82.19.