

**HOW DEEP  
WILL YOU GO?**

*for dating*

**Whether it's your first date or weekly night  
with your wife, this is the game of questions  
and challenges to really connect on dates  
beyond small talk.**

**Level 1 is our spin on “small talk” without the usual cookie-cutter date questions.**

**Level 2 is all about discovering your connection with each other in ways you normally wouldn't.**

**Level 3 invites vulnerability with you and your date to share parts of you most people don't see.**

**Challenge Cards make the date extra special.**

**how to play**

**Start by splitting each level and the challenge cards into their own piles.**

**The most nervous goes first (Player A). Player A picks a question, player B answers the question, and then player A answers the same question.**

**Once both players have picked a card from the same level, move to the next one. After picking from all levels, a challenge card can be drawn. You both do the same challenge card.**

**If there's a question that doesn't apply to you and your date, reframe it so it does.**

**Play until deep connection arises.**

# **the rules**

**Dig deep.**

**Be present.**

# **how to win**

**First one to blush loses.  
(basically no one wins)**

**Play with someone you  
are attracted to.**



## **LEVEL 1: ICE BREAKERS**

**INTRODUCE YOURSELF TO ME  
WITHOUT YOUR NAME, WHERE YOU  
ARE FROM, OR WHAT YOU DO.**

**HDWYG?**

**WHAT ARE SMALL THINGS YOU  
NOTICE WHEN ON A DATE?**

**HDWYG?**

**WHAT WAS YOUR FIRST  
IMPRESSION OF ME? HOW DOES IT  
COMPARE TO NOW?**

**HDWYG?**

**FILL IN THE BLANK.**  
**I LOVE IT WHEN \_\_\_\_.**  
**I HATE IT WHEN \_\_\_\_**

**HDWYG?**

**WHAT IS YOUR LOVE LANGUAGE  
AND HOW DO YOU LIKE TO RECEIVE  
IT?**

**HDWYG?**

**WHAT IS SOMETHING SIMPLE THAT  
MAKES YOU FEEL SEEN?**

**HDWYG?**

**WHAT IS AN UNSPOKEN  
OBSERVATION YOU'VE HAD OF ME?**

**HDWYG?**



**WHAT COLOR DO YOU THINK I  
WOULD LOOK BEST IN?**

**HDWYG?**

**FILL IN THE BLANK.**

**I AM \_\_\_\_\_**

**I AM NOT \_\_\_\_\_**

**HDWYG?**

**TELL ME AN INFAMOUS  
FAMILY STORY.**

**HDWYG?**

**CREATE A LOVE STORY  
TOGETHER BY TAKING TURNS,  
ADDING ONE SENTENCE AT A  
TIME.**

*challenge card*

## **LEVEL 2: CONFESSIONS**

**WHAT ARE YOUR CORE VALUES  
IN A RELATIONSHIP?**

**HDWYG?**

**WHAT'S A FEAR YOU NEVER TALK  
ABOUT BUT THINK ABOUT  
OFTEN?**

**HDWYG?**

**WHAT IS A UNIQUE TRAIT ABOUT  
YOU THAT NOT EVERYONE HAS?**

**HDWYG?**



**WHAT HAVE YOU REALIZED  
ABOUT ME SINCE WE FIRST MET?**

**HDWYG?**

**WHAT MAKES YOU FEEL  
CONFIDENT?**

**HDWYG?**

**BEING COMPLETELY HONEST,  
WHAT ARE YOUR RED AND GREEN  
FLAGS?**

**HDWYG?**

**IF YOUR YOUNGER SELF MET YOU  
TODAY, WHAT WOULD SURPRISE  
THEM THE MOST?**

**HDWYG?**

**WERE YOU CLOSER WITH YOUR  
MOM OR DAD GROWING UP?  
WHY?**

**HDWYG?**

**WHAT IS SOMETHING I DO THAT  
YOU ARE NOT USED TO?**

**HDWYG?**

**WHAT IS YOUR IDEA OF  
A PERFECT KISS?**

**HDWYG?**

**TAKE TURNS SAYING THE  
UNSPOKEN THOUGHTS YOU  
HAVE HAD ON THIS DATE.**

*challenge card*



## **LEVEL 3: GETTING DEEP**

**WHAT ARE YOU ACTIVELY  
WORKING TO HEAL?**

**HDWYG?**

**WHAT DID YOU LEARN ABOUT  
LOVE FROM YOUR PARENTS?**

**HDWYG?**

**HOW WOULD YOU DESCRIBE  
FEELING EMOTIONALLY SAFE  
WITH SOMEONE?**

**HDWYG?**

**WHAT DO YOU THINK I  
NEED TO HEAR?**

**HDWYG?**

**WHAT HAVE YOU LEARNED  
FROM HEARTBREAK?**

**HDWYG?**

**WHAT WOULD YOU REMEMBER  
ABOUT ME IF THIS WAS YOUR  
LAST TIME SEEING ME?**

**HDWYG?**

**WHAT IS A PERSONAL  
BOUNDARY YOU STRUGGLE  
TO SET?**

**HDWYG?**



**IF WE WERE STILL DATING A  
YEAR FROM NOW, WHAT WOULD  
I HAVE DONE RIGHT?**

**HDWYG?**

**WRITE A SHORT NOTE TO EACH  
OTHER THAT YOU CAN ONLY  
READ ONCE THE DATE IS OVER.**

*challenge card*