

Table 2: Cross-validated regression model

predictor	<i>b</i>	95% CI	<i>t</i> (931)	<i>p</i>
Intercept	-0.09	[-0.15, -0.03]	-2.80	.005
Alexithymia	0.08	[0.03, 0.13]	2.93	.004
Anxiety	0.49	[0.44, 0.55]	17.75	< .001
Interpersonal (IRQ)	0.10	[0.05, 0.15]	4.14	< .001
Extraversion	0.03	[-0.02, 0.08]	1.05	.294
IUS	0.09	[0.03, 0.14]	3.09	.002
Liberalism	0.09	[0.04, 0.13]	3.73	< .001
Age	-0.06	[-0.11, -0.01]	-2.42	.016
Covid Knowledge	0.06	[0.01, 0.10]	2.41	.016
Covid Behavior	0.07	[0.02, 0.11]	2.95	.003
Covid Media: Facebook	0.07	[0.02, 0.11]	2.83	.005
Covid Media: Twitter	0.06	[0.02, 0.11]	2.70	.007
Covid Media: TV	0.11	[0.06, 0.16]	4.61	< .001
Covid Media: USA	0.13	[0.08, 0.18]	4.98	< .001
Covid Media: International	0.05	[0.00, 0.10]	2.11	.035
Gender	0.17	[0.08, 0.27]	3.77	< .001
Social Events	-0.02	[-0.07, 0.03]	-0.80	.425