

## CONTROL DESCRIPTIONS

The Start post is in the south west corner of the car park of The Drive

1 Shallow small gully	6 Path junction
2 Vegetation boundary	7 North east side of fence
3 Northern vegetation boundary	8 Upper part of earthbank
4 West side of crossing point	9 Vegetation boundary
5 Path junction	10 North east side of ruin

You can design your own course using the controls in any order.  
Visiting all the controls in numerical order is around 2km.

Please be mindful of your own safety and those around you when orienteering in the Park. Neither Mole Valley Orienteering Club nor the Park's owners or managers can be held responsible for any accidents or injuries, losses or damage which may occur as a result of using the course.

## Nork Park

**Travel Directions:** Nork Park is located between Banstead and Epsom. It is 1500m from Banstead or Epsom Downs stations. The car park is accessed from The Drive which leads of the A217.

**Using the Park:** Nork Park is managed by Reigate and Banstead Borough Council. Please respect the wide range of other users of the Park.

**Some history:** Nork Park is part of the grounds of the former Nork House estate, built by the Buckle family in around 1740 and bought by Banstead Council in 1947. It includes an arboretum established in the 1840s and has wonderful views over south London. There are areas of chalk grassland and a variety of hedgerows, avenues and areas of woodland.

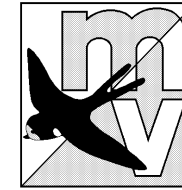
**Mole Valley Orienteering Club**

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**Please visit our web site for more information on orienteering and for details of the many other permanent courses we run in the area. You can also find details of how to join Mole Valley Orienteering Club and orienteering events around the country**

**[www.mvoc.org](http://www.mvoc.org)**



## ***Welcome to Nork Park***

### **PERMANENT ORIENTEERING COURSE**

Orienteering is a run or walk with a difference. Instead of following a marked route, you use a map to find your own way to various checkpoints or “control sites” which are described over the page. Their position is indicated on the map by the centre of each red circle. On the ground there are wooden posts, with red and white markings, bearing the corresponding number and a letter unique to each site.

The map has been specially prepared by Mole Valley Orienteering Club, and details useful for navigation are represented clearly. The colours and symbols used are unique to orienteering and are explained in the key. The scale is 1:5,000, which means that 1cm on the map is equivalent to 50 metres on the ground.

At each control, check that it is the one you are seeking by looking for the number on the post. Then write down the unique letter to record that you have found it.