

MOLE VALLEY ORIENTEERING CLUB

(affiliated to British Orienteering)

TRY ORIENTEERING EVENT

The Nower, Dorking Sunday 15th June 2014

(being run in conjunction with the 37th Surrey Hill Races – see http://slow.org.uk/ for details)

Venue: Small but interesting area of mostly runnable woodland, with many paths.

All facilities are close together, and there is an ideal grassy area to have a

picnic on after your run (weather permitting!)

Car Park: The Priory School, Dorking, Surrey. OS Map 187, at Grid Ref TQ158488.

Follow the 'Hill Race' signs from South end of Dorking one-way system.

Parking will be tight - please share transport where possible.

Map: 1:5000, 5m contours - maps are overprinted but not bagged.

Registration: 10.00am - 12.00pm Entry on the day only.

Starts: 10.30am - 12.30pm Courses close 2.30pm

Courses: Courses suitable for newcomers to orienteering between c1km and c3km -

White, Yellow and Orange. The event will be using SportIdent electronic

punching (hire charge £1).

Fees: Seniors £3.00 Juniors £1.00

Facilities: Squash, toilets. Dogs welcome except in school buildings.

Officials: Co-ordinator – Mike Elliot

Planner - Mike Elliot

MV Website: http://www.mvoc.org/

Safety: Whistles recommended.

IN THE INTEREST OF SAFETY ALL COMPETITORS <u>MUST</u> REPORT TO DOWNLOAD Competitors participate in this event at their own risk