

**Mole Valley Orienteering Club**

(affiliated to British Orienteering)

## **Horton Estate, Epsom**

**SEOA - Sprint Championships**

**Sunday 2<sup>nd</sup> June 2019**

### **SUMMARY**

- **Parking** – There is limited parking in Horton Country Park, Epsom. When full, road signs will direct to limited On-Street to the west of the Park. There should be enough spaces available in these two areas, but if not then overflow parking is available in Hospital car parks
- **Assembly** - Old Moat Garden Centre, all entrants will need to collect a numbered bib. Assembly is a short walk from Horton Country Park, but the Hospital Car Park is a 10-minute walk from the assembly and will be marked with tapes.
- **Entry on the day**, available while maps last.
- **SIAC electronic punching** is being used.
- **Start and Finish points** are both about 10 minutes from Assembly
- **Food / drink** can be bought in the Garden Centre Café next to the Event Centre.
- **Juniors (under 16)** must be accompanied by an adult to the start and from the finish.
- **All runners** must wear numbered bibs which will be available at registration and a bright coloured top for safety.
- **Please avoid the out-of-bound areas** marked on the maps
- **Please take care crossing all roads**

### **FINAL DETAILS**

**Event details:** The event has two sprint races, **Prologue in the Clarendon Park Estate** and **Final in the Noble Park Estate**. The combined times of both races will be added to determine the winning time.

Medals will be presented to the top three in each age class.

**Parking and Event Centre:** Parking is initially in Horton Country Park, off Horton Lane, Epsom, Surrey, OS grid reference TQ 192616, Postcode is KT19 8PL. There is limited space and once full there is on street parking and other car parks up to 10 mins walk from the assembly. Please follow marshal's directions and the route will be marked with tapes. Nearest rail stations are Epsom and Chessington South (30-minute walk) Local buses do not run on Sundays.

Event Centre is in a building within the Old Moat Garden Centre. Registration, Download, Numbered Bibs, Enquiries, and Results can all be found here. **Facilities:** There will also be Toilets available and food and drink in the Café.

The Garden Centre is operated by **Richmond Fellowship** and their profits are all used to give people with mental health problem work experience; and informal and accredited training. Shopping in the garden centre or café will support their charity.

**Entry / Registration:** Online entries have now closed.

Entry on the day - Seniors £8, Juniors £4.

Beginners and Novices Seniors £5, Juniors £3 - Limited to courses 3 and 4.

Entry on the day is subject to map availability

Registration on the day is adjacent to the parking and is open from 10 to 11am.

SIAC electronic punching will be used and dibbers for this will be available for hire from registration for £2 (lost dibbers £60). SIAC is contactless so the dibber records the control when passed within 500mm, the dibber tip produces several vivid flashes and beeps to confirm success

**Map:** 1:4000 scale, A4, on a new map of Clarendon Park Estate and an update map of the Noble Park Estate. Maps will be overprinted with the courses and printed on waterproof paper.

**Courses:**

**Event 1**

**Event 2**

1	M14-16; M18-40; M45-55	3.1km, 18 cont, 5m climb	3.3km, 18 cont, 25m climb
2	W14-16; W18-40; W45-55	2.8km, 13 cont, 5m climb	2.8km, 16 cont, 25m climb
3	M60-65; M70+; W60-65; W70+	2.4km, 12 cont, 5m climb	2.3km, 14 cont, 20m climb
4	M10-12; W10-12	1.0km, 10 cont, 0m climb	1.2km, 13 cont, 15m climb

**Starts: Prologue** 10:30 to 11:30am and

**Final** 1:00 to 2:00pm.

The start and finish of both races are approximately 10-minute walk to the registration/Download. Start times will be open for both races. Prize giving will be at about 2:45.

**Terrain:** The area is predominantly in areas of quiet residential housing, hospital areas and open grassy areas. No main roads need to be crossed.

**Event Officials:** Organiser: Peter Martin (MV) ([peter.dmartin@btinternet.com](mailto:peter.dmartin@btinternet.com))

Planner: Sarah and Tim Scarbrough (MV) and

Controller: Helen Marsden (HH)

**Results:** Will be available at Mole Valley web site <http://www.mvoc.org>

**You are responsible for your own safety and you take part in this event at your own risk**