

Mole Valley Orienteering Club

(affiliated to British Orienteering)

www.mvoc.org

SHEEPLEAS, EFFINGHAM & MOUNTAIN WOODS

South East Families & Veterans Championships

Sunday 13th December 2015

Mole Valley Orienteering Club welcomes you to a Level C national ranking event and the opportunity to compete in the 30th running of the South East Families and Veterans

Parking: Several locations signed from and north of A246 in East Horsley near Thatchers Hotel KT24 6TB. Further information will be available in Final Details.

Registration: Entries will be via Fabian4 (www.fabian4.co.uk). Online entries close Tuesday 8th December. Seniors £9. Under 21s & full time students & Yellow/Orange entrants £4. No start blocks, just turn up and go between 10.30am and noon. Entry on the day subject to map availability from 10am till 11.30am at £11 for Seniors & £6 for U21s and students & Yellow/Orange entrants. SI electronic punching (dibber hire £1)

Map: Newly updated and extended by Mike Elliot, as used in Southern Championships 2014, 1:10000 scale, overprinted and waterproof. Control descriptions will be on the map. Loose control descriptions at the start

Courses: Brown, Blue, Green, Short Green, Light Green, Orange, Yellow. No White or String course

Championships:

Trophies to winners of Veterans and Super Veterans competitions who are members of an SEOA affiliated Club. Please will last year's winners (Jill Blount, Kenny Leitch, Christine Kiddier, Mark Glaisher) return their trophies before or at the event

South East Veterans South East Super Veterans

M60+ Green, W60+ Short Green

M40+ Blue, W40+ Green

Families

Handicap competition for family groups of four. Please ask for the special entry form at Registration, run course of your choice and we do the rest

Starts: 10.30 to noon. Courses close at 2pm. Start and Finish c1km from Registration. Clothing dump near Start

Safety: Whistles strongly advised and cagoules may be compulsory in inclement weather. Nearest A&E is Epsom Hospital, Dorking Road, Epsom, Surrey, KT18 7EG 01372 735 735

Event Officials: Organiser: Tony Burton MV clerk@mvoc.org

Planner: Keith Masson MV Controller: Mike Elliot MV

Updates and Results: Check our website before travelling for Final Details and to find the results www.mvoc.org