



Mole Valley Orienteering Club

(affiliated to British Orienteering)

www.mvoc.org

SUMMER MOLE NIGHTS 2014 EFFINGHAM PARK RACE

Tuesday 1st July 2014

Mole Valley OC is running a variety of mid-week evening events during the Summer months of 2014 to which all are welcome. Please check www.mvoc.org for details of each event as they become available.

These are the remaining mid-week events:

16th July - Morden Park; 7th August - Gatton Park; 4th September – Ashted Park

Event location: Howard of Effingham School, Lower Road, Effingham, Surrey KT24 5JR. MR TQ120539 Google map link: <http://goo.gl/maps/9v5uw>

Parking: within the school grounds (entrance off Lower Road) or, if full, in Lower Road outside the school.

Public transport: Nearest train stations are Effingham Junction or Bookham, both approx. 2km walk. Bus route 489 from Leatherhead to Howard of Effingham – last bus back from Howard of Effingham, 18.56pm

Format: This is a Park Race format incorporating the Howard of Effingham school grounds and the King George V playing fields. The terrain includes open fields, small woodland areas and the school campus. There will be 2 courses available. A short course suitable for juniors and those wanting a short run avoiding the school building complex, and a longer course for seniors & more experienced orienteers that visits the school complex. A separate competition will be held during this event between students of the Howard of Effingham School and the George Abbot School, Guildford, using the short course. SI control units will be used throughout.

Equipment required: SI dibber if you have one. Dibbers will be loaned to those that don't have their own. Compass (useful but not essential) and whistle for safety but not mandatory. Full leg cover not compulsory though brambles and/or nettles may be encountered in some woodland areas if you choose to stray away from paths.

Entry Fee: Seniors £2, Juniors (under 16) and Mole Valley OC members - free

Entry system: Entry on the day only. However, to ensure we print enough maps please register your interest and reserve a map. To do this, email the planner/organiser at Southey182@ntlworld.com If you don't reserve a map, you may turn up and find you may have to wait for a used map to become available.

Event registration: will be within the school **Cyber Café** close to the parking area.

Toilets: will be within the **Community Sports Centre** within the school grounds and signed from parking areas.

Map: 1:3000 map produced by Graham Gristwood 2014 at A4 on waterproof paper

Starts: Starts for the short course (for the schools and others) will commence from 2.30pm. Starts for the longer course will commence from 5.30pm. Last starts for both courses will be 7.30pm. Courses will close when the last starters finish.

Last minute changes: Please visit the MV Web site before travelling to check for last minute changes or new information about this event. www.mvoc.org

Results: Will be produced informally on the day if time and circumstances allow and will be available at the MV web site shortly after the event.

This event is planned and organised by David Fisher.