



Mole Valley Orienteering Club

(affiliated to British Orienteering)

www.mvoc.org

RANMORE COMMON

**South East Veterans & Super Veterans Championships
South East Families Competition**

Sunday 18th December 2011

FINAL DETAILS

Mole Valley Orienteering Club welcomes you to Ranmore Common for a Ranking Event

Event centre:

We are again fortunate to have the use of the National Trust's facilities at Polesden Lacey, west of Leatherhead, Surrey (GR 136524, RH5 6BD). Follow the visitor signs to Polesden Lacey from the A246. When you reach the NT public car park please follow the O signs to the parking field which we will be using. This is a gently sloping grassed area which should be firm even if wet. There will be a £1 parking charge which will be donated to the NT.

The nearest rail station is Boxhill & Westhumble (3km). From station, turn left over railway bridge & walk/cycle 2km west along Chapel Lane to Bagden Lodge (small house) at TQ167512 (ignore turning to Bagden Farm 100m earlier). Fork left through gate onto track and continue west for further 1km to Polesden Lacey (very large NT house). Event registration & car parking will be off to the right, north of the house."

The catering facilities at Polesden Lacey will be available – please support them and the National Trust, which has made this event possible. These can be accessed without paying an entrance fee. As well as a coffee shop and cafeteria there is also a shop which has the normal range of NT merchandise. Compasses also available.

Note that for the NT this is expected to be their busiest day of the year, quite apart from our event, so please show consideration to their other visitors.

Registration:

EOD only, 09:30 – 11:30, located near adjacent to car parking.

| | |
|------------------------|--|
| £7 Seniors | £7, with discount of £2 for National & SEOA BOF Members; |
| £3 Juniors & Students. | £3 |

SI electronic punching will be used. SI dibbers available for hire from registration for £1. (There will be a £30 charge for lost dibbers).

Map and control descriptions:

Updated by Mike Elliot in early 2011 and limited update by the Planner in November 2011, 1:10,000 scale, A3, overprinted and waterproof. Control descriptions and Legend will be on the map. Loose control descriptions will be available at registration.

Terrain

Ranmore Common runs along the wooded back slope of the North Downs and is incised by five steep dry valleys. It contains an extensive path network and a variety of ground features. You will not be disappointed by the size of some of the depressions. Large parts of the area comprise a mix of low yew trees and large holly bushes which is more runnable than it looks but will challenge those wanting to run straight on a bearing. There are some small rough open areas. This is a popular area for walkers, horse riders and cyclists. Please be considerate towards them and also avoid the various cottages located across the area. No courses cross any roads. The busy road running along the south of the area is out of bounds to all competitors.

Courses have been planned to avoid the worst of the holly!

Courses:

| Course | | Length (km) | Climb (m) |
|-------------|---------------------------------|-------------|-----------|
| Brown | | 7.7 | 325 |
| Blue | Veteran Men | 6.0 | 210 |
| Green | Veteran Ladies Super Vet Men | 4.2 | 170 |
| Light Green | Super Vet Ladies | 3.2 | 100 |
| Orange | | 2.7 | 85 |
| Yellow | | 1.8 | 40 |

Brown, Blue, Green, Light Green, Orange, Yellow. There will be no White or String Course

Start, Finish and Clothing Dumps:

Approximately 1.5 km walk to the start and/ finish are approximately 1.5 km walk from assembly along good paths. They are very close to each other and a clothing dump (unmanned) will be available nearby. Starts run between 10:00 and– 12:00.

A punching start will be used. Please note that although the Call-up and Pre-Start is the same for all courses, the Yellow course uses a different start kite to the other courses

Courses close 14:00 and you must finish by this time even if you have not completed your course.. Don't forget to download at Polesden Lacey on your return (even if you do not complete your course)..

Championships:

SE Veterans and Super Veterans Championships: Trophies will be awarded for the first M40+ SEOA member (i.e. someone who is a member of British Orienteering through a south-east club) on the Blue course, the first W40+ and first M60+ on Green, and the first W60+ on Light Green.

Families Competition: This is a Handicap competition for family groups of four e.g. parents and two children. Please ask for the special entry form at Registration, run the courses of your choice and we do the rest.

Safety:

Basic First Aid kit and support available. Details of nearest several nearby A&E units will be available from enquiries.

It is recommended that whistles are carried. In the event of severe weather we may require that gaiters are worn and a notice will be posted before the walk to the start.

Refreshments:

There will be no squash or water provided. Please bring your own or use the National Trust's catering facilities.

Traders:

Unfortunately there will not be any traders present, however the NT shop has compasses for sale and they also have a coffee shop and cafeteria serving a wide range of food (probably including bananas).

Toilets:

The NT have kindly made their toilets available to us. These are located near the entrance to the public car park. Please do not use these facilities with muddy boots or metal spiked shoes. It is preferred that the toilets are not used as changing rooms. There are no toilets at the Start/Finish so please ensure you use the facilities before you leave assembly.

Courtesy to others:

The area is popular with horse riders and walkers. Please show them consideration. Dogs are allowed on a lead in the car park and under close control on the area.

Results:

Will be available at the MV web site as soon as possible after the event. www.mvoc.org. We should know the results of the Veterans and Super-veterans towards the end of the event. You will be able to see from the posted results whether you are in line for winning your class, in which case it may be worth waiting for confirmation if you wish to be presented with a trophy. All trophy winners will be announced on our club website, and the trophies will be presented at any suitable opportunity.

Event Officials:

Organiser: Philip Gristwood (MV) pgristwood@btinternet.com 01483 721932, (before not after 9pm) please

Planner: Nick Green (MV)

Controller: Charlie Turner (SLOW)TBC

Acknowledgments:

Mole Valley Orienteering Club is grateful to the National Trust for the support given to this event.

Last minute changes:

Please visit the MV web site before travelling to check for last minute changes or new information about this event. www.mvoc.org. General information: info@mvoc.org

Results: Will be available at the MV web site as soon as possible after the event. www.mvoc.org.

You are responsible for your own safety and you take part in this event at your own risk