

Mole Valley Orienteering Club

(affiliated to British Orienteering) www.mvoc.org

NORBURY PARK South East Night Championships

Saturday 12th November 2016

Mole Valley Orienteering Club welcomes you to the South East Night Championships on the recently resurveyed Norbury Park in the heart of the North Downs AONB

Parking: Car parking/Registration will be at the Young Street car park on the A246, close to the River Mole at GR TQ 163551. Signed from the roundabouts at either end of Young Street at the junctions of A246/B2122 to the west and the junction of A246/A24 to the East. No right turn allowed entering or leaving the car park. Parking is limited so please car share if possible. There will be a £2 parking fee collected at the car park entrance to cover SWT costs. Nearest rail station is Leatherhead approx. 2km to the north. 465 bus from Kingston to Dorking passes car park and runs late enough for return journey. Nearest stop "Givons Roundabout".

Registration: From 4.30pm. Entry via www.fabian4.co.uk before November 6th: Seniors £6. Under 21 and students £3. Late entry or on the night £7/£4. No allocated start times. SI electronic punching (dibber hire £1)

Map: Newly surveyed, LIDAR based and remapped 2015 by Philip Gristwood. 1:10,000 printed on A3 size waterproof paper. Control descriptions will be on the map. Loose control descriptions at the start

Terrain: Mostly deciduous woodland on chalk. Some very runnable. Climb not excessive, but some steep slopes. Flinty paths. Slippery in places if wet.

Courses: Course 1: M20-40, M45/50 c6km

Course 2: M18, M55/60, W20-40, W45/50 c4.5km Course 3: M16, M65+, W16, W18, W55/60, W65+ c3km

Beginner: c2km

No courses cross a public road.

Starts: 5pm to 6pm. Courses close at 7.30pm. Start and Finish c1km from Registration.

Safety: Whistles strongly advised and cagoules may be compulsory in inclement weather. Nearest A&E is Epsom Hospital, Dorking Road, Epsom, Surrey, KT18 7EG 01372 735 735

Event Officials: Organiser: Deborah Sullivan MV

Planner: Ian Ditchfield MV Controller: Mike Elliot MV

Updates and Results: Check our website before travelling for Final Details and to find the results www.mvoc.org

No toilets or dogs. Nearest public toilets at Swan Centre, Leatherhead or Great Bookham

Make a weekend of it and enjoy Guildford Orienteer's Middle Distance event on Norbury Park on Sunday 13th November http://www.guildfordorienteers.co.uk/events/go-events/norbury-park/