Mole Valley Orienteering Club (MVOC) welcomes you to

Leatherhead Urban Race

Sunday 29th August 2021

This urban orienteering race is a British Orienteering Level B event and part of Southern England Orienteering Urban League.

FINAL DETAILS

Directions and Parking

Parking is in the main car park to the rear of the Leatherhead Leisure Centre (except for vehicles with a height in excess of 2m, which will need to park in the front car park). There is a 3 hour time limit in both car parks. The post code for the Leisure Centre is KT22 9BL, W3W is tilt.highs.middle and the OS grid reference is TQ162558

Registration/Enquiries will be in the old Football Pavilion, 300 metres east from the main car park, close to the NE corner of the Leisure Centre.

Entries

Entries list available on www.racesignup.co.uk

Registration and fees

Online entries via www.racesignup.co.uk until 24 Aug.

Seniors £12, Juniors £6 by 24 Aug (supplement for non-BOF Seniors £2) and entry on day between 10 and 12 (subject to map availability), payment by contactless card only.

SI electronic punching

It is the competitor's responsibility to ensure that they punch the start, finish and either punch or swipe over the controls on their course in the correct sequence. In the event of the SI unit not flashing the manual punch should be used.

The control units will be SIAC enabled, except for the Start and Finish units which will need to be "dibbed".

Those who need to hire SI electronic punches should go to Enquiries.

Hire of SICards £1 (lost units £30), SIAC Contactless cards £2.50 (lost units £65)

Facilities

Registration/Enquiries will be in the old Football Pavilion, 300 metres from the main car park. There are limited toilet facilities and rooms for male and female changing.

First Aiders will be available in the Enquiries area.

There will be an area for key and bag storage at registration.

Clothing

Shorts and sleeveless tops are permitted; trainers without metal studs should be used.

All runners are advised to wear a bright coloured top for safety.

Start

The start is 50m from assembly.

Starts are between 10:30 to 12:30; Please make all endeavours to be on time for your selected Start time, but don't panic if you are late as it is a punching start.

There will be a -4 minute call-up, during which pre-entries will be checked against the entry list.

The SIAC Battery check unit (that only works for SIAC units) will be next to the call-up. There will then be a clear, check (with blank maps),a SIAC Test unit(to ensure that the SIAC was switched on by the check unit) with control description pick-up followed by the start unit(which requires dibbing by all units, including SIAC). After map pick-up there will be a short run to the start kite. Please retain social distancing during the start procedure.

Blank Maps will be displayed in the start lanes.

There will be 2 start lanes, Courses 1,3 & 5 in Lane 1 (on the left) and Courses 2,4,6 & 7 in Lane 2 (on the right).

All maps will be available at the start. Course 7 maps will be made available in advance of the start line.

Finish and download

The Finish is 50m from the Assembly area – please make sure that you download even if you do not complete your course (as we don't wish to send out search parties unnecessarily).

Both SI Cards and SIAC Cards must punch at the finish.

Courses close

Courses close at 2:30pm, after which time controls will be collected in.

Map

The map is an update and extension of the 2016 Urban map, surveyed and drawn (using OCAD2021) by Mike Elliot. The map uses ISSOM symbols (not the latest ISSprOM 2019 symbols).

The contour interval is 2.5 metres

The 2016 map is available on the [MV Routegadget site](#) .

The scale is 1:5000 for courses 1-4 and 1:4000 for courses 5,6 & 7. The map size for 1:5,000 courses is SRA3 and for 1:4000 courses it is A4.

The maps are printed on waterproof paper.

Adults who are shadowing a junior please do NOT take an extra map. Any competitive senior competitors shadowing should complete their own run first to remain competitive.

Symbols
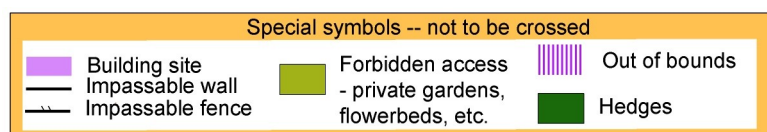
Note that above symbols are NOT TO BE CROSSED. If you are seen crossing, or reported as crossing, any of the above symbols you will be disqualified.

| | **Control descriptions** | Courses 1 to 6 will have pictorial descriptions printed on the map; Course 7 will have pictorial and text descriptions. Loose control descriptions on waterproof paper will be available at the Start. |

Course	Age Classes	Length	Optimal Route length	Climb
1	Men's Open (16+)	7.7km	10.8km	120m
2	Women's Open (16+), Men's Veterans (40+)	6.1km	8.4km	105m
3	Women's Veterans (40+), Men's Super Veterans (55+)	5.2km	6.9km	100m
4	Women's Super Veterans (55+), Men's Ultra Veterans (65+)	3.8km	5.1km	65m
5	Women's Ultra Veterans (65+), Men's and Women's Hyper Veterans (75+)	3.1km	4.2km	50m
6	Men's Junior (16-), Women's Junior (16-)	2.7km	3.6km	15m
7	Men's Young Junior (12-), Women's Young Junior (12-)	1.4km	1.5km	0m

Note on Course 6 Course 6, for over 12s and under 16s, does cross the River Mole into the town. The course does not require road crossings, but does require the crossing of driveways/entrances/exits. It has been planned assuming teenagers in this age category are familiar with complex urban maps. If in doubt, course 7 provides an easier but much shorter course.

Dogs Dogs are allowed in the car park and assembly area but not on the courses. They must not be left alone in vehicles in the car park. Please clean up after your dog(the assembly area is a football pitch)

Safety
- Please take care walking between the car park and assembly as it is along the main access road in front of the Leisure Centre, and can be busy.
- There is a Cat Show taking place in the "Mole Barn" (very close to the start) and there may be additional pedestrian and vehicle traffic as a result.
- Courses 1 to 5 cross many minor roads and the busy main roads into Leatherhead , please be aware of the traffic & take care!
- In the many housing estates – look out for car movement and

take care when exiting alleyways onto roads. There is less likely to be traffic in the Industrial and Business estates but it is not unheard of, even on a Sunday

- Most courses visit the Thorncroft Manor estate (next to the Leisure Centre) and whilst it is normally very quiet (traffic-wise) there may be vehicle movement during the day. This is most relevant to courses 6 and 7

- All courses, including both junior courses, go close to the River Mole; competitors should take care near water.

- Courses 1 to 6 include a crossing of the River Mole on a bridge where the pavement is very narrow, please take care with traffic and other pavement users.

- Wear bright clothing so that pedestrians, in particular, are aware of your approach.

- The areas are also used by a number of other users, such as pedestrians, cyclists, dog walkers, and, occasionally, horse riders. Please take care and respect other users/competitors when running along narrow paths and pavements and round corners of buildings.

- Pedestrians – pedestrians have absolute right of way – you should not run in heavily pedestrianised areas if there is a large volume of people in the area. This is particularly relevant around the shopping centre area.

- Narrow Alleys – there are some narrow alleys – you must give pedestrians priority and take care when exiting these alleys.

- Lone competitors: if you are travelling alone we would be grateful if you would leave your named keys/details at enquiries.

- Runners with a specific medical condition that we should know about in an emergency, should leave these details in a named, sealed envelope with Registration/ First Aid – to be used in the case of emergency & will be destroyed, unopened, after the event.

- The nearest A & E Hospital is Epsom General Hospital, Dorking Road, KT18 7EG

- The emergency contact number for the event/organisers is 07434 640229. Note that this number will only be "live" for the duration of the event.

- COVID-19: Follow the current British Orienteering Covid-19 guidelines British Orienteering Guidance for Participants Revised 19th July 2021

Terrain	The area is a mix of residential streets, housing estates, business parks, light industrial parks and public parks and gardens. The start is close to the River Mole and you can expect a climb out of the valley.
	Please do not attempt to cross any private gardens, fences or damage any ornamental areas– courses have been planned to avoid the need for this.
	You are reminded that all olive-green areas on the map must NOT be crossed even if they look crossable. In addition, in some areas hedges have not been mapped to aid clarity – you must not cross through any form of hedge or planting, even if it is not shown on the map.
	Likewise, any area marked with the purple striped (or cross-hatched) out of bounds symbol must NOT be entered even if it looks accessible.
	There are a number of purple crosses on one footpath adjacent to a road – this means you cannot run on this footpath (it is very narrow and the adjacent road is very busy and presents an extreme safety risk to competitors and/or members of the public).
	The thick purple "barrier line" indicates there is no entry across the purple line – once again for safety reasons.
Results	Results will be available online during the event – the link to the results site will be printed on the splits printout. They will also be available as soon as possible after the event on the Mole Valley website (www.mvoc.org.uk).
	Routegadget should also be available as soon as possible after the event.
Protests	If you have any reason to complain about your course then please talk informally with the organiser in the first instance, who will talk with other officials if necessary. If you feel the need to make an official protest, you must do this in writing, to the controller who will discuss with the organiser.
	If they agree with the protest, the appropriate action will be taken.
Conditions and cancellation	Any personal data you give will be used by the event organisers only for the purposes of processing/publishing entries/results and as required by our insurers.
	In the event of cancellation, all or part of the entry fees may be retained to cover the cost of expenses already incurred. In the unlikely event of cancellation, a notice will be posted on the Mole Valley websites.
	All competitors run at their own risk and are responsible for their own safety.
Officials	Organiser: Mike Elliot (MV) (mapping@mvoc.org)
	Planner: Tim Scarbrough (MV) (chair@mvoc.org)
	Controller: Gordon Parker (SLOW)
Acknowledgments	Halcyon Estates (Thorncroft Manor)
	Mole Valley District Council
	Leatherhead Leisure Centre