

CONTROL DESCRIPTIONS

1 Western spur	7 Small earthwall
2 Earthwall	8 Large depression, east side
3 Path crossing	9 Gully
4 Path crossing	10 North western pit
5 Path junction	11 Bridge, south west side
6 Large depression, south side	12 Clearing, west side

SUGGESTED COURSE

Starting from the Countryside Centre and visiting the control sites in order, 1 – 12, you will cover 3.5 kilometres.

You may wish to design your own route around some or all of the control points

Neither Mole Valley Orienteering Club nor West Sussex County Council can be held responsible for any accidents or injuries, losses or damage, which may occur as a result of using the course.

Buchan Country Park

Travel Directions: Buchan Country Park is located on the south west side of Crawley. Ifield station is a 2.5km walk to the north along the signposted Crawley Greenway and there is parking off the A2220 Horsham Road, 2km west of Jct 11 on the M23

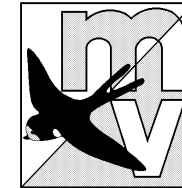
Using the Park: Within Buchan Country Park you will find many places to enjoy. Covering 69 hectares it includes meadow, woodland, lakes and lowland heath and you will find numerous wooden sculptures dotted around. The area is rich in wildlife and the Countryside Centre is well worth a visit (open Sunday afternoons and Bank Holidays). We remind everyone taking part that they should not spoil other people's enjoyment of Buchan Country Park and to respect the 'out-of-bounds' areas.

Some history: Heavily used for wood extraction and sheep grazing in medieval times Buchan Country Park was an important area of lowland heath by the 19th century, and is described by William Cobbett in his *Rural Rides* as part of “*six of the worst miles in England*”. It was owned by Lord Erskine in the 19th century who named it after his father – the Earl of Buchan – before being passed to the Victorian businessman who established the two ponds. West Sussex County Council purchased the park on 31st July 1969 and it was designated in 1980 as a Country Park.

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**Please visit our web site for more information on
orienteering and other permanent courses and how to
join Mole Valley Orienteering Club**

www.mvoc.org



Welcome to Buchan Country Park

PERMANENT ORIENTEERING COURSE

Orienteering is a run or walk with a difference. Instead of following a marked route, you use a map to find your own way to various checkpoints or “control sites” which are described over the page. Their position is indicated on the map by the centre of each red circle. On the ground there are wooden posts, with red and white markings, bearing the corresponding number and a letter unique to each site.

The map has been specially prepared by Mole Valley Orienteering Club, and details useful for navigation are represented clearly. The colours and symbols used are unique to orienteering and are explained in the key. The scale is 1:7,500, which means that 1cm on the map is equivalent to 75 metres on the ground.

At each control, check that it is the one you are seeking by looking for the number on the post. Then write down the unique letter to record that you have found it.