

# Mole Valley Orienteering Club

Navigating for 40 years: 1966 - 2006





There are 4 events each on a Saturday morning.

#### Nonsuch Park, Cheam

## 9<sup>th</sup> September

Car park on the south east side of the park, from the A232 Ewell Road. Nearest railway station is Cheam  $\frac{1}{2}$  mile. Toilets and refreshments in the park.

## Oaks Park, Sutton 23<sup>rd</sup> September

Car park on south side of park, from the A2022 Croydon Lane. Nearest railway station is Belmont 1½ miles. Toilets and refreshments are in the park

The Mayoress of Sutton will be attending to open the new Permanent Orienteering Course in Oaks Park.

## Horton Country Park, Epsom 7<sup>th</sup> October

Car park at the Equestrian Centre, accessed from Horton Lane. Nearest railway station is Epsom 1½ miles. Toilets are in the park.

#### Box Hill 21<sup>st</sup> October

National trust car park on top of the hill, look for the orienteering signs. Parking is free to National Trust members but a charge payable by all others. Nearest railway station is Box Hill and Westhumble 1 mile. Toilets and refreshments are on the hill.

**All Events** Please check the Mole Valley website (<u>www.mvoc.org</u>) for any important last minute information.

These courses will be short 2 km and 3 km beginner's courses and something a little harder for experienced orienteers.

#### What to expect on the day

There will be signs on approach roads.

Experienced orienteers from Mole Valley will be on hand on the day to help and advise those who need it. You will be provided with a colour map of the course with locations of the points to visit and an electronic punch. After visiting all the points, you download the punch and get a print out of your time.

A full list of results will be added to the Mole Valley website after the event, we can also post the results to anyone who requests this on the day. You can compare your total and split times with all the other competitors.

Entry Fee £1 juniors (under 20 years) and £3 for adults (20 years and over)

**Time** Turn up on the day **between 10.00 and 11.00am.** There is no need to book **Dogs** Are welcome.

Prizes awarded to all winners and rewards to all junior finishers

Officials Nonsuch Oaks Park Horton Box Hill

Organisers: Jackie Olive Mark Rowe Mark Rowe George Engelhardt Planners: Tony Schofield Graham Sutton Hazel & Dom Light Bill Alexander

General Enquiries info@mvoc.org