



## Mole Valley Orienteering Club

(affiliated to British Orienteering)

[www.mvoc.org](http://www.mvoc.org)

### HEADLEY HEATH South East Families & Veterans Championships

Sunday 15<sup>th</sup> December 2013

**Mole Valley Orienteering Club welcomes you to a Level C national ranking event and the opportunity to compete in the 28<sup>th</sup> running of the South East Families and Veterans**

**Event centre:** High Ashurst Outdoor Education Centre, RH5 6DQ TQ191531. Signed only from Burford Bridge roundabout at junction of A24 and B2209 at TQ172519. Toilet facilities provided. Boxhill & Westhumble station is 500m from car pick up point at Ryka's (see below)

**Parking arrangements:** Parking is very restricted. Sole occupancy cars will **not** be permitted to park at the event centre and will be turned away. If you travel alone then visit public car park (Ryka's) at Burford Bridge and park or provide a lift to at least two other competitors. Please will all competitors be prepared to pick up and give lifts back to this car park which you pass on the way to and from the event

**Registration:** Entries via Fabian4 (<http://www.fabian4.co.uk/default.aspx?EventID=939>) preferred. Online entries close Sunday 8 December. Seniors £7. Under 21s & full time students £2. No start blocks, just turn up and go between 10.30am and noon. Entry on the day subject to map availability from 10am till 11.30am at £9 for Seniors & £2 for U21s and students. SI electronic punching (dibber hire £1)

**Map:** Newly revised and updated by Mike Elliot, 1:10000 scale, overprinted and waterproof. Control descriptions will be on the map. *Loose control descriptions will be at **Registration***

**Courses:** Brown, Blue, Green, Short Green, Light Green, Orange, Yellow plus a free String course

#### Championships:

Trophies to winners of Veterans and Super Veterans competitions who are members of an SEOA affiliated Club. Please will last year's winners return their trophies before or at the event

*South East Veterans* M40+ Blue, W40+ Green

*South East Super Veterans* M60+ Green, W60+ Short Green

*Families* Handicap competition for family groups of four. Please ask for the special entry form at Registration, run course of your choice and we do the rest

**Starts:** 10.30 to noon. Courses close at 2pm. Start and Finish near to event centre car park. There will be no clothing transfer or clothing dump

**Safety:** Whistles and cagoules may be compulsory in inclement weather. Nearest A&E is 4 miles away at Epsom Hospital, Dorking Road, Epsom, Surrey, KT18 7EG 01372 735 735

**Dogs:** We regret that no dogs are permitted at High Ashurst

**Event Officials:**

Organiser:	Tony Burton/Simon Ling MV	<a href="mailto:clerk@mvoc.org">clerk@mvoc.org</a>
Planner:	Tony Burton MV	
Controller:	Philip Gristwood MV	

**Acknowledgments:** Our thanks to the National Trust for permission and support for this event

**Updates and Results:** Check our website before travelling and to find the results [www.mvoc.org](http://www.mvoc.org)

**You are responsible for your own safety and you take part in this event at your own risk**