



Mole Valley Orienteering Club

FROLICS

Nonsuch Park

Sunday 22 July 2007

The final event of the 2007 Frolics series will be held at Nonsuch Park – offering a fast and furious finish to this year's competition. This is a change from the original venue at Epsom and Ashted Commons

Finding Nonsuch Park – Via Cheam Gate off Ewell Road (A232) in Cheam. GR 238635 (OS sheet 187). Cheam railway station c800m.

Terrain – Open parkland around site of former royal palace. Some small areas of woodland.

Courses – Frolics course (light green) plus optional extension. Orange course. You must run the Frolics course first to be competitive for your club.

Registration - Open from 9.30am. Starts 10am – noon. Courses close 1.30pm

Fees - Adults £4.00, Juniors £2.00. £1.00 for SI card hire.

Map – 1:10,000. Updated 2003.

Dogs – Welcome if kept under control.

Results will be on the Mole Valley web site (www.mvoc.org). This event is planned by Graham Sutton (MV)

**COMPETITORS PARTICIPATE IN THIS EVENT AT THEIR OWN RISK AND MUST REPORT TO
DOWNLOAD WHETHER OR NOT THEY COMPLETE THEIR COURSE**