

## **Mole Valley Orienteering Club**

(affiliated to British Orienteering)

## Morden Park London Park Race Series Wednesday 16<sup>th</sup> July 2014

## Morden Park is new to orienteering

**Registration:** George Inn (Harvester), Epsom Road (A24), SM4 5PH. *Use entrance on left hand side.* Morden underground station1km, Morden South & St Helier rail stations both 400m. If arriving by car then please use pay & display (free after 6pm) for Morden swimming pool if not patronising the George Inn

**Entry:** Entry on the day only. Seniors £4 (members of CHIG, SLOW, DFOK, LOK, MV £3), under 21s free. SI electronic punching will be used and dibbers are available to hire (£1) from registration

**Map:** New area. 1:5000 scale. Surveyed and drawn by Mike Elliot, 2014. Maps will be overprinted and waterproof

Courses: Short: 2-3km

Long: 4km

Straight line distances - actual running distance will be further

**Starts:** 18.30 – 19.30. Start at 30 second intervals. Courses close at 20.15

**Terrain:** Open parkland with wooded areas. Full leg cover advised – you will encounter long grass and some nettles

Event Officials: Organised and planned by Tony Burton <a href="mailto:clerk@mvoc.org">clerk@mvoc.org</a>

**Results:** Splits will be provided and results posted at <a href="www.mvoc.org">www.mvoc.org</a>

**Après-O**: Please consider using the George Inn for your après-O food and drink in recognition of its support for this event

Park Race series: More information at <a href="http://parkrace.org/">http://parkrace.org/</a>

You are responsible for your own safety and you take part in this event at your own risk