



MOLE VALLEY ORIENTEERING CLUB

(Affiliated to the British Orienteering Federation)

LIMITED DISTRICT EVENT

The Nower, Dorking
Monday 28th May 2007
(in conjunction with The 30th Surrey Hill Races)

Venue: Small but interesting area of mostly runnable woodland, with many paths. All facilities are close together, and there is an ideal grassy area to have a picnic on after your run (weather permitting!)

Car Park: The Priory School, Dorking, Surrey. OS Map 187, at Grid Ref TQ158488. Follow the 'Hill Race' signs from South end of Dorking one-way system. Please share transport where possible.

Map: 1:5000, 5m contours

Registration: 10.00am - 12.00pm Entry on the day only.

Starts: 10.30am - 12.30pm Courses close 2.30pm

Courses: Yellow, Orange and Green only. Maps are overprinted but not bagged. The event will be using SportIdent electronic punching (hire charge £1).

Fees: Seniors £4.00 Juniors £2.00

Facilities: Squash, toilets. Dogs welcome.

Officials: Organiser - Neil Lewer (07878 722256)
Planner -

MV Website: <http://www.mvoc.org/>

Safety: Whistles recommended.

IN THE INTEREST OF SAFETY ALL COMPETITORS MUST REPORT TO DOWNLOAD
Competitors participate in this event at their own risk