Results for MV Summer Series 3 -- The Nower - 27 Jul 2021 - Provisional

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Course Results-

A

Results

29 controls, limit 1 hour, 290 points

Pos Name	Club	Age Cla	ss Score	Time Points	Bonus/Penalty Manual Penalties	Controls, in order visited
1st Garry Greenstree	t SO	M45	290	56:05 290		S1, 210, 202, 206, 204, 212, 214, 220, 222, 226, 228, 224, 218, 216, 208, 200, 215, 221, 225, 227, 223, 219, 217, 213, 209, 211, 203, 201, 205, 207, F1
2nd Justin Farhall	MV	M45	270	54:00 270		\$1, 207, 205, 201, 203, 211, 209, 213, 217, 223, 227, 225, 219, 215, 221, 200, 216, 218, 224, 226, 222, 220, 214, 212, 204, 202, 206, 210, F1
3rd Simon Dunkley	SN	M55	260	55:45 260		S1, 212, 206, 202, 204, 214, 216, 220, 226, 228, 224, 218, 208, 200, 221, 215, 219, 225, 227, 223, 217, 213, 209, 211, 203, 201, 205, F1
4th Sarah Scarbrougl	n MV	W35	250	58:41 250		\$1, 207, 205, 201, 203, 221, 225, 227, 223, 219, 217, 211, 209, 213, 215, 200, 218, 224, 228, 226, 222, 220, 216, 208, 210, 212, F1
5th Damien Hersey	MV	M35	240	57:17 240		S1, 210, 206, 202, 204, 208, 224, 228, 226, 222, 220, 216, 200, 227, 225, 223, 219, 217, 213, 209, 211, 203, 201, 205, 207, F1
6th Ashley Tilling	MV	M65	240	59:04 240	10	S1, 212, 210, 206, 202, 204, 214, 220, 222, 226, 228, 224, 218, 200, 221, 215, 219, 225, 227, 223, 216, 213, 209, 211, 201, 207, F1
7th Daniel Murphy	MV	M50	240	59:48 240		S1, 212, 214, 216, 220, 222, 226, 228, 224, 218, 200, 221, 225, 227, 223, 217, 219, 215, 213, 209, 211, 203, 201, 205, 207, F1
8th David Float	HAVOC	C M50	230	54:18 230		S1, 212, 214, 220, 222, 226, 228, 224, 216, 218, 208, 200, 221, 225, 227, 223, 219, 217, 213, 209, 211, 201, 205, 207, F1
9th Robert McCaffre	y MV	M50	230	56:22 230		S1, 210, 206, 204, 212, 214, 220, 226, 228, 224, 218, 200, 219, 215, 225, 227, 223, 217, 211, 213, 209, 201, 205, 207, F1
10th Jane Lambert	SO	W60	220	56:35 220		S1, 210, 206, 202, 204, 212, 214, 220, 222, 226, 228, 218, 200, 221, 219, 227, 223, 217, 213, 209, 211, 207, 205, F1
11th Susan Crickmore	SO	W55	220	58:55 220		S1, 212, 210, 206, 202, 204, 214, 220, 222, 226, 228, 218, 200, 215, 219, 217, 213, 209, 203, 201, 205, 207, 211, F1
12th Nigel Bush	MV	M65	219	61:02 230	-11	S1, 210, 202, 204, 206, 212, 214, 220, 222, 226, 228, 224, 218, 200, 215, 221, 219, 225, 227, 223, 217, 213, 209, 211, F1
13th Steve Pallister	MV	M50	210	57:31 210		S1, 212, 214, 220, 222, 226, 228, 224, 216, 208, 218, 200, 221, 225, 227, 223, 219, 213, 209, 211, 207, 205, F1
14th Ellie Upton	IND	W21	206	60:22 210	-4	S1, 212, 214, 204, 202, 206, 210, 220, 222, 226, 228, 218, 200, 215, 219, 225, 223, 217, 213, 209, 211, 207, F1
15th Mike Bolton	MV	M70	200	56:53 200		S1, 210, 206, 202, 204, 212, 214, 220, 222, 226, 228, 218, 216, 200, 215, 219, 223, 217, 213, 209, 207, F1
16th John Williams	MDOC	M65	190	53:56 190		S1, 212, 214, 222, 226, 228, 224, 220, 216, 218, 200, 209, 213, 219, 217, 211, 203, 201, 205, 207, F1
17th Pamela Gregory	IND	W55	180	56:51 180		S1, 212, 214, 220, 222, 226, 228, 224, 218, 200, 221, 225, 227, 223, 219, 215, 217, 213, 209, F1
18th Nigel Saker	SLOW	M70	180	61:00 190	-10	S1, 212, 214, 220, 222, 226, 228, 224, 218, 200, 221, 225, 227, 223, 219, 217, 213, 209, 201, 205, F1
19th Dawn Clifford	MV	W50	170	57:19 170		S1, 212, 214, 206, 202, 204, 208, 228, 226, 222, 220, 218, 200, 209, 211, 201, 205, 207, F1
20th Chris Glew	SLOW	W65	168	60:07 170	-2	S1, 210, 202, 206, 212, 214, 220, 222, 226, 224, 218, 200, 215, 219, 217, 213, 209, 211, F1
21st Neeraj Shah	MV	M21	160	54:25 160		S1, 212, 214, 222, 226, 228, 208, 200, 227, 223, 219, 213, 209, 203, 201, 205, 207, F1
22nd Helen Rivers	GO	W65	160	56:23 160		S1, 210, 206, 202, 204, 212, 214, 220, 226, 222, 218, 200, 209, 203, 201, 205, 207, F1
23rd Leianne Upton	MV	W60	154	61:33 170	-16	S1, 212, 214, 208, 204, 202, 206, 210, 220, 222, 218, 200, 221, 225, 227, 223, 219, 211, F1
24th Sarah McQuaid	MV	W40	140	56:09 140		S1, 211, 213, 217, 223, 227, 225, 219, 215, 200, 218, 216, 208, 214, 212, F1
25th Bob Reed	MV	M70	80	58:34 80		S1, 212, 214, 206, 202, 204, 208, 218, 220, F1

Split Times

29 controls, limit 1 hour, 290 points

Pos Name Age Class Score Time

	C1	210	202	206	204	212	214	220	222 2	26	228	224	218	216	208	200	215	221	225	227	223	219	217	213	209	211	203	201	205 207 F1	
Garry	(0)	(10)	(10)	(10)	(10)	(10)	(10)	(10)	(10) (1)	10)	(10)	(10)	(10)	(10)	(10)	(10)	(10)	(10)	(10)	(10)	(10)	(10)	(10)	(10)	(10)	(10)	(10)	(10)	(10) (10) (0) 53:51 54:58 56:0)
1st Greenstreet M45 290	56:05 (0)	1:46	5:37	6:36	7:43	10:33	11:05	13:16	14:59 1	5:55	18:14	21:27	25:16	28:11	31:17	7 32:23	34:22	35:58	38:26	5 39:13	40:23	42:13	43:24	1 45:24	46:44	47:39	50:53	52:17	53:51 54:58 56:	:05
SO	0.00	1:46	3:51	0:59	1:07	2:50	0:32	2:11	1:43 0):56	2:19	3:13	3:49	2:55	3:06	1:06	1:59	1:36	2:28	0:47	1:10	1:50	1:11	2:00	1:20	0:55	3:14	1:24	1:34 1:07 1:07)7
	0.00	(5th)	(2nd)	(3rd)	(1st=)	(2nd)	(1st)	(1st)	(1st=) (1	1st)	(2nd)	(4th)	(4th)	(1st)	(2nd)	(2nd)	(1st)	(1st)	(1st)	(2nd)	(2nd)	(2nd)	(3rd)	(2nd)	(8th)	(1st)	(1st)	(1st)	(2nd) (1st=) (1st	st)

Pos Name Age Class Score Time	
MV $0.00 \atop 0.00 \atop 1:55 \atop 0:54 \atop 1:40 \atop 2:10 \atop 5:04 \atop 1:29 \atop 0:54 \atop 1:42 \atop 2:47 \atop 1:27 \atop 1:09 \atop 2:34 \atop 3:03 \atop 1:53 \atop 2:09 \atop 1:35 \atop 1:38 \atop 2:28 \atop 1:48 \atop 1:30 \atop 1:37 \atop 2:43 \atop 0:29 \atop 2:52 \atop 1:20 \atop 1:20$	2 206 210 F1 (10) (10) (0) 50 49:45 52:56 54:00 0 0:55 3:11 1:04 t) (2nd) (1st) (1st)
3rd Dunkley M55 260 55:45 (6) 0:00 0:42 3:58 4:38 5:49 8:11 10:28 12:31 17:40 20:02 22:47 26:18 28:02 29:02 30:51 32:28 33:24 35:13 36:17 37:26 39:35 41:23 42:36 46:11 49:49 51:40	(10) F1 (0) 49 53:36 55:45 0 1:47 (2nd=)
Sarah 4th Scarbrough W35 250 MV Sarah (10) (10) (10) (10) (10) (10) (10) (10)	2 0:19
Damien S1	0 1)
Ashley 6th Tilling MV MV MV MV MV MS 240 59:04 (-10) (10) (10) (10) (10) (10) (10) (10) (4 1:24
Daniel Tth Murphy M50 240 59:48 0:00 0:00 0:00 0:00 0:00 0:00 0:00 0	7
David 8th Float HAVOC	
Robert 9th McCaffrey M50 230 56:22 0:00 1:13 2:48 1:07 2:23 0:34 2:28 4:16 2:14 2:51 3:42 0:42 5:20 1:20 4:56 0:45 1:30 2:32 3:52 1:17 1:16 4:14 1:35 1:42 (6th) NV S1	
Jane 10th Lambert SO $ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	
Susan S1	
12th Nigel Bush MV M65 219 61:02 S1 210 202 204 206 212 214 220 222 226 228 224 218 200 215 221 219 225 227 223 217 213 209 211 F1 (0) (10) (10) (10) (10) (10) (10) (10)	
Steve 13th Pallister MV Steve 13th Pallister M50 210 57:31 (10) (10) (10) (10) (10) (10) (10) (10	

Pos	Name	Age Class Score	e Time																						
14th	Ellie Upton IND	W21 206		(10)	3 1:20 3 0:42	204 (10) 4:38 3:18 (1st)		206 (10) 6:52 0:48 (1st)	210 (10) 10:37 3:45 (3rd)	220 (10) 17:57 7:20 (1st)	222 (10) 20:11 2:14 (6th=)	226 (10) 21:54 1:43) (10th)	228 (10) 25:49 3:55 (14th=)	218 (10) 31:27 5:38 (3rd)		215 (10) 37:28 3:36 (5th)	1:29	225 (10) 41:43 2:46 (4th)	223 (10) 42:42 0:59 (2nd)	217 (10) 46:29 3:47 (7th)	49:24 2:55	(10) 50:56	55:38 4:42	(10) (58:40 6 3:02 1	:42
15th	Mike Bolton MV	M70 200		(10)	8:39 3:55	202 (10) 9:33 0:54 (4th)	204 (10) 11:26 1:53 (7th)	212 (10) 14:51 3:25 (5th)	214 (10) 15:35 0:44 (6th)	220 (10) 18:56 3:21 (4th)	222 (10) 20:44 1:48 (3rd)	226 (10) 22:25 1:41 (8th=)	228 (10) 26:20 3:55 (14th=)	218 (10) 31:22 5:02 (1st)	2:59	200 (10) 36:33 2:12 (2nd)	2:54	219 (10) 40:59 1:32 (4th)	223 (10) 43:01 2:02 (1st)	217 (10) 46:06 3:05 (5th)	(10) 48:31 2:25	(10) 50:14	(10) 54:47 4:33	F1 (0) 56:53 2:06 (9th)	
16th	John Williams MDOC	M65 190		0) (10) 0:50 0:50 0:50 (4th	1:36 0 0:46) (7th=)	222 (10) 9:28 7:52 (2nd)	1:25 (4th)	228 (10) 13:48 2:55 (8th)	224 (10) 18:29 4:41 (9th)	220 (10) 21:46 3:17 (1st)	3:30 (3rd)	2:24 (2nd=)	200 (10) 28:39 0:59 (9th)	209 (10) 31:26 2:47 (1st)	1:45 (3rd)	2:21 (1st)	1:18 (6th)	211 (10) 40:04 3:14 (2nd)	4:26 (4th)	2:11 (7th)	(10) 48:52 2:11 (8th)	50:31	F1 (0) 53:56 3:25 (12th)		
17th	Pamela Gregory IND	W55 180		$\begin{array}{c} (10) \\ (10) \\ (10) \\ (10) \\ (10) \\ (10) \end{array}$	2:01 0 0:52 h) (12th)	` ′	(12th)	1:47 (11th)	228 (10) 16:22 3:37 (11th)	5:26 (11th)	(7th)	0:52 (6th=)	221 (10) 32:05 2:47 (5th=)	225 (10) 38:45 6:40 (8th)	1:08 (6th)	1:48 (10th)	2:11 (5th)	2:13 (4th)	2:30 (1st)	2:16 (3rd=)	53:44 2:53 (15th)	F1 (0) 56:51 3:07 (1st)			
18th	Nigel Saker SLOW	M70 180	S 61:00 ((0	0) (10) 0:58 00 (5th	3 1:46 3 0:48) (10th)	220 (10) 5:52 4:06 (11th)	` ′	226 (10) 10:15 1:52 (13th=)	` ′	4:25 (7th)	218 (10) 23:34 5:16 (6th)	1:03 (10th=)	. ,	225 (10) 33:40 6:16 (7th)	1:23 (8th)	2:05 (13th)	2:20 (7th)	217 (10) 41:32 2:04 (8th)	2:16 (3rd=)	5:28 (17th)	(10) 55:44 6:28	58:02	F1 (0) 61:00 2:58 (4th)		
19th	Dawn Clifford MV	W50 170		0) (10) (10) 0:59 (10) 0:59 (10) (6th	0 1:54 0 0:55 =) (13th=		202 (10) 6:50 1:05 (8th)	204 (10) 8:41 1:51 (6th)	208 (10) 14:57 6:16 (3rd)	228 (10) 22:22 7:25 (1st)	2:48 (3rd)	2:03 (4th)	220 (10) 30:28 3:15 (4th)	218 (10) 37:15 6:47 (1st)	1:12 (14th)	41:53 3:26 (2nd)	2:40 (9th)	6:27 (3rd)	53:32 2:32 (12th)	1:42 (5th=)	F1 (0) 57:19 2:05 (8th)				
20th	Chris Glew SLOW	W65 168	S 60:07 (0 0	0) (10) 3:18 3:18 3:18 (7th) (3rd)	1:23 (4th)	212 (10) 15:36 4:55 (2nd)	1:00 (15th)	220 (10) 20:28 3:52 (10th)	4:54 (14th)	226 (10) 27:33 2:11 (15th)	2:59 (1st)	218 (10) 37:31 6:59 (8th)	200 (10) 38:34 1:03 (10th=)	4:31 (6th)	1:50 (6th)	1:33 (7th)	2:47 (10th)	(13th)		F1 (0) 60:07 6:20 (4th)				
21st	Neeraj Shah MV	M21 160		0) (10) 1:03 1:03 1:03 (8th	3 1:38 3 0:35 3 (3rd)	222 (10) 8:11 6:33 (1st)	(5th=)	` ′	208 (10) 22:51 10:26 (1st)	2:00 (4th)	227 (10) 31:05 6:14 (2nd)	2:27 (14th)	219 (10) 35:50 2:18 (6th)	213 (10) 39:08 3:18 (2nd)	1:23 (9th)	45:44 5:13 (2nd)	47:32 1:48 (4th)	(9th)	2:14 (9th)	F1 (0) 54:25 2:27 (10th)					
22nc	Helen Rivers GO	W65 160		0) 1:3: :00 1:3: :00 (2nd	5:48 4:17 d) (5th)	202 (10) 6:46 0:58 (6th=)	1:59 (8th)	212 (10) 11:57 3:12 (3rd)	214 (10) 12:52 0:55 (13th=)	3:51 (9th)		2:13 (5th)	218 (10) 31:41 7:30 (1st)	200 (10) 32:46 1:05 (12th)	3:43 (3rd)	47:16 10:47 (3rd)	49:22 2:06 (6th)	(10th)	1:43 (7th)	F1 (0) 56:23 3:01 (11th)					
23rd	Leianne Upton MV	W60 154		$\begin{array}{c} (10) \\ (10) \\ (11) \\ (11) \\ (11) \end{array}$	(10) 1:52 0:41 h) (4th)	8:18 (1st)	14:07 3:57 (1st)	1:45 (3rd)	206 (10) 17:19 1:27 (5th)	3:16 (2nd)	220 (10) 28:13 7:38 (2nd)	3:28 (11th)	218 (10) 40:21 8:40 (2nd)	200 (10) 41:12 0:51 (5th)	3:50 (9th)	4:09 (6th)	51:07 1:56 (11th)	1:41	219 (10) 55:26 2:38 (9th)	4:42	F1 (0) 61:33 1:25 (1st)				
24th	Sarah McQuaid MV	W40 140		0) (10) 2:48 300 2:48 300 (1st	8 8:25 8 5:37 (2nd)	2:35 (2nd)	16:14 5:14 (2nd)	2:33 (2nd)	225 (10) 20:28 1:41 (3rd)	3:42 (2nd)	215 (10) 25:59 1:49 (3rd)	200 (10) 28:51 2:52 (2nd)	218 (10) 30:45 1:54 (2nd)	216 (10) 37:17 6:32 (3rd)	42:27 5:10		8:38	F1 (0) 56:09 0:26 (2nd)							
25th	Bob Reed MV	M70 80		$\begin{array}{ccc} 0) & (10) \\ 00 & 1:28 \\ 00 & 1:28 \end{array}$	9:05	206 (10) 13:08 4:03 (2nd)	16:21 3:13	204 (10) 26:40 10:19 (10th)	208 (10) 32:41 6:01 (2nd)			F1 (0) 58:34 4:28 (1st)													

Results

29 controls, limit 1 hour, 290 points

Pos	Name	Club	Age Clas	s Score	Time Points Bonus/Penalty	Controls, in order visited
1st	Damon Robinson	MV	M50	240	57:44 240	\$1, 210, 207, 205, 206, 202, 201, 204, 203, 208, 200, 218, 221, 228, 227, 226, 225, 224, 219, 220, 217, 213, 214, 211, 212, F1
2nd	Tony Garton	MV	M50	240	58:20 240	\$1, 210, 207, 205, 206, 202, 201, 204, 203, 208, 200, 218, 221, 228, 227, 226, 225, 224, 219, 220, 217, 213, 214, 211, 212, F1
3rd	Paul Blagbrough	MV	M75	230	59:12 230	\$1, 210, 207, 205, 206, 202, 201, 204, 203, 208, 200, 218, 221, 228, 227, 223, 222, 219, 220, 217, 213, 214, 211, 212, F1
4th	Brian Farhall	SO	M75	210	53:33 210	S1, 210, 207, 205, 206, 202, 201, 204, 209, 214, 213, 219, 225, 227, 226, 223, 222, 220, 217, 215, 216, 212, F1
5th	Helen Murphy	MV	W40	210	55:27 210	\$1, 212, 214, 213, 219, 224, 227, 226, 223, 225, 228, 221, 218, 200, 208, 209, 211, 207, 205, 202, 201, 204, F1
6th	Sarah Boyle	IND	W45	210	56:28 210	\$1, 212, 214, 213, 219, 224, 227, 226, 223, 225, 228, 221, 218, 200, 208, 209, 211, 207, 205, 202, 201, 204, F1
7th	Michael Le Marie	SN	M70	180	57:17 180	S1, 201, 202, 204, 205, 207, 214, 211, 209, 208, 218, 221, 224, 219, 220, 217, 213, 212, 210, F1
8th	Michael White	MV	M80	160	57:20 160	S1, 210, 207, 205, 202, 206, 201, 204, 211, 209, 208, 200, 218, 216, 213, 214, 212, F1

Split Times

29 controls, limit 1 hour, 290 points

Pos Name	Age Clas	Scoi	re Time																									
Damon 1st Robinson MV	M50	240	57:44 (0) 0:00 0:00	1.55	207 (10) 4:55 3:00 (3rd=)	205 (10) 8:53 3:58 (6th)	206 (10) 10:20 1:27 (2nd)	202 (10) 11:33 1:13 (2nd)	201 (10) 12:33 1:00 (1st)	204 (10) 14:11 1:38 (4th)	203 (10) 16:49 2:38 (2nd)	208 (10) 21:33 4:44 (2nd)	200 (10) 23:12 1:39 (2nd)	218 (10) 24:05 0:53 (1st)	221 (10) 26:36 2:31 (3rd)	228 (10) 29:02 2:26 (2nd)	227 (10) 30:57 1:55 (1st)	226 (10) 32:35 1:38 (3rd)	225 (10) 35:14 2:39 (1st)	224 (10) 37:10 1:56 (1st)	219 (10) 39:34 2:24 (1st)	220 (10) 42:54 3:20 (3rd)	217 (10) 43:50 0:56 (3rd)	213 (10) 49:35 5:45 (3rd)	214 (10) 50:36 1:01 (1st=)	211 (10) 52:51 2:15 (4th)	212 (10) 57:24 4:33 (2nd)	F1 (0) 57:44 0:20 (1st=)
2nd Tony Garton MV	M50	240	58:20 (0) 0:00 0:00	7.77	207 (10) 5:23 2:56 (2nd)	205 (10) 9:22 3:59 (7th)	206 (10) 10:47 1:25 (1st)	202 (10) 12:03 1:16 (3rd=)	201 (10) 13:09 1:06 (3rd)	204 (10) 14:50 1:41 (5th)	203 (10) 17:27 2:37 (1st)	208 (10) 22:10 4:43 (1st)	200 (10) 23:48 1:38 (1st)	218 (10) 24:43 0:55 (2nd)	221 (10) 27:02 2:19 (2nd)	228 (10) 29:30 2:28 (3rd)	227 (10) 31:32 2:02 (2nd)	226 (10) 33:06 1:34 (1st=)	225 (10) 35:49 2:43 (2nd)	224 (10) 37:46 1:57 (2nd)	219 (10) 40:11 2:25 (2nd)	220 (10) 43:44 3:33 (4th)	217 (10) 44:21 0:37 (1st)	213 (10) 50:11 5:50 (4th)	214 (10) 51:12 1:01 (1st=)	211 (10) 53:18 2:06 (3rd)	212 (10) 58:00 4:42 (3rd)	F1 (0) 58:20 0:20 (1st=)
Paul 3rd Blagbrough MV	M75	230	59:12 (0) 0:00 0:00	4.40	207 (10) 6:36 3:00 (3rd=)	205 (10) 8:47 2:11 (3rd)	206 (10) 11:24 2:37 (4th)	202 (10) 12:40 1:16 (3rd=)	201 (10) 14:56 2:16 (6th)	204 (10) 16:24 1:28 (3rd)	203 (10) 19:10 2:46 (3rd)	208 (10) 25:06 5:56 (3rd)	200 (10) 27:12 2:06 (3rd)	218 (10) 33:24 6:12 (4th)	221 (10) 35:34 2:10 (1st)	228 (10) 37:55 2:21 (1st)	227 (10) 40:29 2:34 (3rd)	223 (10) 43:34 3:05 (1st)	222 (10) 46:19 2:45 (2nd)	219 (10) 48:58 2:39 (1st)	220 (10) 50:35 1:37 (1st)	217 (10) 51:59 1:24 (5th)	213 (10) 54:21 2:22 (1st)	214 (10) 55:37 1:16 (3rd)	211 (10) 57:18 1:41 (1st)	212 (10) 58:51 1:33 (1st)	F1 (0) 59:12 0:21 (3rd)	
4th Brian Farhal	¹ M75	210	53:33 (0) 0:00 0:00	1.50	207 (10) 4:14 2:24 (1st)	205 (10) 6:28 2:14 (4th)	206 (10) 8:18 1:50 (3rd)	202 (10) 9:26 1:08 (1st)	201 (10) 10:45 1:19 (5th)	204 (10) 13:22 2:37 (6th)	209 (10) 18:24 5:02 (1st)	214 (10) 20:42 2:18 (1st)	213 (10) 21:54 1:12 (1st)	219 (10) 24:55 3:01 (3rd)	225 (10) 28:37 3:42 (1st)	227 (10) 30:42 2:05 (1st)	226 (10) 32:38 1:56 (5th)	223 (10) 35:04 2:26 (1st)	222 (10) 37:23 2:19 (1st)	220 (10) 40:38 3:15 (1st)	217 (10) 41:35 0:57 (4th)	215 (10) 44:53 3:18 (1st)	216 (10) 48:56 4:03 (1st)	212 (10) 53:04 4:08 (1st)	F1 (0) 53:33 0:29 (4th)			
Helen 5th Murphy MV	W40	210	55:27 (0) 0:00 0:00	3.70	214 (10) 4:14 0:54 (1st=)	213 (10) 5:35 1:21 (3rd)	219 (10) 7:48 2:13 (2nd)	224 (10) 11:26 3:38 (1st)	227 (10) 17:37 6:11 (2nd)	226 (10) 19:11 1:34 (1st=)	223 (10) 21:50 2:39 (2nd)	225 (10) 23:27 1:37 (2nd)	228 (10) 27:22 3:55 (1st)	221 (10) 30:33 3:11 (2nd)	218 (10) 32:45 2:12 (1st)	200 (10) 33:35 0:50 (1st=)	208 (10) 35:45 2:10 (1st=)	209 (10) 38:18 2:33 (2nd)	211 (10) 42:15 3:57 (1st)	207 (10) 47:01 4:46 (2nd)	205 (10) 48:34 1:33 (1st)	202 (10) 49:46 1:12 (1st=)	201 (10) 50:59 1:13 (4th)	204 (10) 52:09 1:10 (1st)	F1 (0) 55:27 3:18 (2nd)			
6th Sarah Boyle IND	W45	210	56:28 (0) 0:00 0:00	212 (10) 4:24 0 4:24	214 (10) 5:18 0:54 (1st=)	213 (10) 6:36 1:18 (2nd)	219 (10) 8:48 2:12 (1st)	224 (10) 12:34 3:46 (2nd)	227 (10) 18:35 6:01 (1st)	226 (10) 20:15 1:40 (4th)	223 (10) 22:55 2:40 (3rd)	225 (10) 24:31 1:36 (1st)	228 (10) 28:27 3:56 (2nd)	221 (10) 31:37 3:10 (1st)	218 (10) 33:50 2:13 (2nd)	200 (10) 34:40 0:50 (1st=)	208 (10) 36:50 2:10 (1st=)	209 (10) 39:18 2:28 (1st)	211 (10) 43:24 4:06 (2nd)	207 (10) 47:59 4:35 (1st)	205 (10) 49:34 1:35 (2nd)	202 (10) 50:46 1:12 (1st=)	201 (10) 51:51 1:05 (2nd)	204 (10) 53:15 1:24 (2nd)	F1 (0) 56:28 3:13 (1st)			
Michael Le 7th Marie SN	M70	180	57:17 (0) 0:00 0:00	2.111	202 (10) 6:30 1:20 (1st)	204 (10) 8:20 1:50 (1st)	205 (10) 10:31 2:11 (1st)	207 (10) 12:27 1:56 (1st)	214 (10) 18:58 6:31 (1st)	211 (10) 20:53 1:55 (2nd)	209 (10) 24:15 3:22 (1st)	208 (10) 28:46 4:31 (1st)	218 (10) 31:09 2:23 (1st)	221 (10) 36:14 5:05 (4th)	224 (10) 39:44 3:30 (1st)	219 (10) 43:23 3:39 (3rd)	220 (10) 45:51 2:28 (2nd)	217 (10) 46:46 0:55 (2nd)	213 (10) 50:35 3:49 (2nd)	212 (10) 52:23 1:48 (1st)	210 (10) 55:11 2:48 (1st)	F1 (0) 57:17 2:06 (1st)						

Pos Name			e Time																	
Michael 8th White MV	M80	160	57:20 (0) 0:0 0:0	210 (10) 3:02 00 3:02 00 (4th)	207 (10) 7:42 4:40 (5th)	205 (10) 10:19 2:37 (5th)	202 (10) 12:28 2:09 (3rd)	206 (10) 14:26 1:58 (1st)	201 (10) 18:54 4:28 (1st)	204 (10) 21:46 2:52 (7th)	211 (10) 27:50 6:04 (1st)	209 (10) 31:23 3:33 (2nd)	208 (10) 36:09 4:46 (2nd)	200 (10) 39:06 2:57 (4th)	218 (10) 40:52 1:46 (3rd)	216 (10) 49:58 9:06 (1st)	213 (10) 53:31 3:33 (1st)	214 (10) 55:20 1:49 (4th)	212 (10) 56:29 1:09 (1st)	F1 (0) 57:20 0:51 (5th)

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