



## **Mole Valley Orienteering Club**

(affiliated to British Orienteering)

[www.mvoc.org](http://www.mvoc.org)

# **NONSUCH PARK AWARENESS DAY EVENT**

**Sunday 13<sup>th</sup> September 2015**



**As part of the 2015 Nonsuch Park Awareness Day, Mole Valley Orienteering Club will be introducing this exciting adventure sport to the public.**

### **Come and enjoy:**

**A fun activity for everyone. Young children especially will love it.**

**A 2km orienteering course delving into the Park to introduce the sport to newcomers.**

**A 4km course suitable for those new to orienteering and others that want a longer run or walk.**

**Experience navigating the park's Permanent Orienteering Course.**

Those that wish to take part should be dressed to run or walk.

**Activities start from 11.00am until 4.00pm. All activities are **free!** We look forward to seeing you.**

**Nonsuch Park** is an attractive area of parkland, open fields and woodland situated to the north of Epsom between Ewell and Cheam villages. The event will take place near the Nonsuch Park mansion. Car parks are provided for the event near the Cheam Gate entrance off Ewell Road.

Email enquiries regarding this event should be addressed to: [southey182@ntlworld.com](mailto:southey182@ntlworld.com)