December 12, 2021

RESULTS - PROVISIONAL

1 14.2km 500m

| Pos | Name | Club | Age Class | Time | Behind |
|------|----------------------|-------|-----------|--------|---------|
| 1st | Flurry Grierson | DEVON | M20 | 83:48 | |
| 2nd | Grey Grierson | DEVON | M21 | 90:24 | +6:36 |
| 3rd | Thomas Howell | SN | M20 | 98:51 | +15:03 |
| 4th | Daniel Weaver | UBOC | M21 | 99:51 | +16:03 |
| 5th | Tom Dobra | BOK | M21 | 106:36 | +22:48 |
| 6th | Nicholas Jarvis | SO | M21 | 115:25 | +31:37 |
| 7th | Christian Grierson | DEVON | M21 | 115:38 | +31:50 |
| 8th | Michael Hallett | BOK | M21 | 124:39 | +40:51 |
| 9th | Liam Marsh | SO | M21 | 128:52 | +45:04 |
| 10th | Tsz Chun Jason Wong | SLOW | M20 | 131:16 | +47:28 |
| 11th | Peter Dobra | SAX | M21 | 136:28 | +52:40 |
| 12th | Rob Leathley | SO | M45 | 145:28 | +61:40 |
| 13th | Antoine Pesenti | DFOK | M50 | 152:03 | +68:15 |
| 14th | Himmy Lau | SLOW | M21 | 163:17 | +79:29 |
| 15th | Nikita Kopa-Ovdienko | IND | M40 | 184:00 | +100:12 |
| | James Hoad | DRONG | M21 | w17 | |

2 10.7km 350m

| Pos | Name | Club | Age Class | Time | Behind |
|------|--------------------|------|-----------|--------|--------|
| 1st | Tim Beale | SN | M35 | 79:14 | |
| 2nd | Sarah Rollins | SN | W45 | 82:24 | +3:10 |
| 3rd | Peter Daplyn | SN | M40 | 83:29 | +4:15 |
| 4th | Juraj Hammer | IND | M40 | 85:17 | +6:03 |
| 5th | Adam Conway | GO | M18 | 85:30 | +6:16 |
| 6th | Troy Southall | SO | M18 | 85:42 | +6:28 |
| 7th | Tim Scarbrough | MV | M35 | 86:59 | +7:45 |
| 8th | Paul Watson | RAFO | M40 | 100:55 | +21:41 |
| 9th | Philip Sorrell | QO | M40 | 107:36 | +28:22 |
| 10th | Scott Bailey | BOK | M45 | 110:15 | +31:01 |
| 11th | Joel Taylor | TVOC | M16 | 110:46 | +31:32 |
| 12th | Robert Elston | UBOC | M21 | 114:21 | +35:07 |
| 13th | Hal Jacob | SO | M35 | 116:01 | +36:47 |
| 14th | Andrew Pitcher | DFOK | M55 | 118:17 | +39:03 |
| 15th | Daniel Figg | HH | M21 | 119:44 | +40:30 |
| 16th | Euan Marsh | SO | M21 | 121:04 | +41:50 |
| 17th | John Pickup | MV | M50 | 131:14 | +52:00 |
| 18th | Urszula Bronkowska | DFOK | W21 | 154:33 | +75:19 |

3 9.4km 340m

| Pos | Name | Club | Age Class | Time | Behind |
|------|-------------------|------|-----------|-------|--------|
| 1st | Paul Couldridge | SLOW | M45 | 70:02 | |
| 2nd | Nick Cooper | SN | M45 | 72:34 | +2:32 |
| 3rd | Richard Collyer | GO | M45 | 72:46 | +2:44 |
| 4th | Matthias Mahr | SLOW | M45 | 73:17 | +3:15 |
| 5th | Will Heap | SO | M45 | 73:40 | +3:38 |
| 6th | Malcolm Fisher | BOF | M50 | 74:05 | +4:03 |
| 7th | Alex Dutton | SLOW | M45 | 78:15 | +8:13 |
| 8th | Jolyon Medlock | WSX | M45 | 82:24 | +12:22 |
| 9th | lan Marsden | HH | M45 | 83:08 | +13:06 |
| 10th | Andrew Snell | BAOC | M45 | 83:41 | +13:39 |
| 11th | Simon Kippin | TVOC | M50 | 85:04 | +15:02 |
| 12th | John Methven | BKO | M50 | 85:49 | +15:47 |
| 13th | Keith Belsey | SN | M50 | 86:27 | +16:25 |
| 14th | Alan Yule | SO | M50 | 88:28 | +18:26 |
| 15th | Adrian Butter | SN | M45 | 89:17 | +19:15 |
| 16th | Garry Greenstreet | SO | M45 | 89:33 | +19:31 |
| 17th | David Frampton | HH | M50 | 90:45 | +20:43 |

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3 9.4km 340m

| Pos | Name | Club | Age Class | Time | Behind |
|------|-------------------|------|-----------|--------|--------|
| 18th | Robin Bishop | TVOC | M50 | 92:41 | +22:39 |
| 19th | Barry Jones | SO | M50 | 97:11 | +27:09 |
| 20th | Chris Evans | SLOW | M50 | 99:39 | +29:37 |
| 21st | Douglas Nesbit | HH | M45 | 102:23 | +32:21 |
| 22nd | Justin Farhall | MV | M45 | 107:41 | +37:39 |
| 23rd | Rob Taylor | NGOC | M50 | 111:55 | +41:53 |
| 24th | Richard Powell | WAOC | M45 | 116:28 | +46:26 |
| 25th | Bo Oqvist | BKO | M50 | 123:18 | +53:16 |
| 26th | Stephen Lee-Jones | BOK | M50 | 167:36 | +97:34 |

4 9km 325m

| Pos | Name | Club | Age Class | Time | Behind |
|------|-----------------|-------|-----------|--------|--------|
| 1st | Roger Thetford | TVOC | M55 | 76:20 | |
| 2nd | Alan Velecky | SO | M55 | 77:27 | +1:07 |
| 3rd | Simon Errington | HH | M55 | 77:54 | +1:34 |
| 4th | Paul Fox | SN | M55 | 79:42 | +3:22 |
| 5th | Nigel Bunn | TVOC | M55 | 79:47 | +3:27 |
| 6th | Peter Chapman | SO | M55 | 83:02 | +6:42 |
| 7th | Mark Adams | HH | M55 | 83:55 | +7:35 |
| 8th | Katherine Bett | SN | W21 | 86:44 | +10:24 |
| 9th | Neil Crickmore | SO | M55 | 87:08 | +10:48 |
| 10th | Nick Green | GO | M55 | 89:07 | +12:47 |
| 11th | Neil Speers | DFOK | M55 | 96:41 | +20:21 |
| 12th | Stefan Peykov | SLOW | M55 | 100:14 | +23:54 |
| 13th | Mel Taylor | SAX | M55 | 102:14 | +25:54 |
| 14th | Henry Taylor | SAX | M18 | 107:14 | +30:54 |
| 15th | Lap On Leung | COBOC | M55 | 144:14 | +67:54 |
| | Paul Wilson | SO | M55 | m7-8 | |

5 8.2km 290m

| Pos | Name | Club | Age Class | Time | Behind |
|------|--------------------|-------|-----------|--------|--------|
| 1st | Thomas Rollins | SN | M14 | 57:53 | |
| 2nd | Adam Methven | BKO | M16 | 59:48 | +1:55 |
| 3rd | Chris Hooker | SO | M60 | 63:22 | +5:29 |
| 4th | Tommy Heap | SO | M16 | 69:14 | +11:21 |
| 5th | Charles Spence | LOK | M60 | 75:30 | +17:37 |
| 6th | Ben Perry | DEVON | M14 | 76:20 | +18:27 |
| 7th | Mark Chapman | SO | M60 | 76:38 | +18:45 |
| 8th | Steve Bailey | SN | M60 | 77:37 | +19:44 |
| 9th | Mark Saunders | BOK | M60 | 78:57 | +21:04 |
| 10th | Peter Couldery | GO | M60 | 79:03 | +21:10 |
| 11th | Mike Frizzell | BADO | M60 | 80:05 | +22:12 |
| 12th | Paul Lane | BAOC | M60 | 81:55 | +24:02 |
| 13th | Andy Jones | SLOW | M60 | 83:10 | +25:17 |
| 14th | Finlay Anderson | BOK | M16 | 85:26 | +27:33 |
| 15th | Michael Muggeridge | HAVOC | M60 | 87:44 | +29:51 |
| 16th | Austin Howe | SAX | M16 | 91:09 | +33:16 |
| 17th | Nathan Nesbit | HH | M16 | 94:23 | +36:30 |
| 18th | Nigel Quinton | HH | M60 | 96:25 | +38:32 |
| 19th | lan Byford | HH | M60 | 98:30 | +40:37 |
| 20th | Colin Swallow | SN | M60 | 107:33 | +49:40 |
| 21st | Michael Merritt | SO | M60 | 108:20 | +50:27 |
| 22nd | Janusz Holender | TVOC | M60 | 132:37 | +74:44 |

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RESULTS - PROVISIONAL

6 7.6km 295m

| Pos | Name | Club | Age Class | Time | Behind |
|------|--------------------|------|-----------|--------|--------|
| 1st | Sarah A Scarbrough | MV | W35 | 74:06 | |
| 2nd | Charlotte Turner | SLOW | W35 | 75:15 | +1:09 |
| 3rd | Scarlet Heap | SO | W18 | 75:49 | +1:43 |
| 4th | Alexander Soulsby | HH | M40 | 81:20 | +7:14 |
| 5th | Sian Mitchell | HH | W40 | 85:41 | +11:35 |
| 6th | Amelia Bartlett | SO | W18 | 86:51 | +12:45 |
| 7th | Sarah Darley | GO | W16 | 91:09 | +17:03 |
| 8th | Nikolay Mikhaylyuk | TVOC | M40 | 97:27 | +23:21 |
| 9th | Kenneth Fox | SAX | M55 | 109:15 | +35:09 |
| 10th | Richard Whitaker | SAX | M65 | 110:10 | +36:04 |
| 11th | Heidi Lloyd | TVOC | W40 | 166:09 | +92:03 |

7 6.8km 230m

| 7 6. | OKIII 230III | | | | |
|------|---------------------|------|-----------|--------|--------|
| Pos | Name | Club | Age Class | Time | Behind |
| 1st | James Crawford | GO | M65 | 55:20 | |
| 2nd | Peter Jones | SN | M65 | 58:20 | +3:00 |
| 3rd | Colin Dickson | BAOC | M65 | 60:07 | +4:47 |
| 4th | Melanie Slade | SN | W50 | 60:49 | +5:29 |
| 5th | Alun Jones | TVOC | M65 | 61:14 | +5:54 |
| 6th | lan Ditchfield | MV | M65 | 61:21 | +6:01 |
| 7th | Philip Eeles | SOC | M65 | 63:13 | +7:53 |
| 8th | Alan Rosen | HH | M65 | 65:00 | +9:40 |
| 9th | Gavin Clegg | WSX | M65 | 65:45 | +10:25 |
| 10th | Alison Howe | SAX | W45 | 65:47 | +10:27 |
| 11th | Axel Blomquist | SN | M65 | 67:21 | +12:01 |
| 12th | Anna Chapman | SO | W45 | 67:40 | +12:20 |
| 13th | Andrew Evans | DFOK | M65 | 67:50 | +12:30 |
| 14th | Carol Lovegrove | SN | W45 | 67:57 | +12:37 |
| 15th | Vesela Chokoeva | SLOW | W45 | 69:12 | +13:52 |
| 16th | Mike Bennett | HH | M65 | 69:21 | +14:01 |
| 17th | Robin Smith | SO | M65 | 69:23 | +14:03 |
| 18th | Helen Marsden | HH | W45 | 70:01 | +14:41 |
| 19th | Charlie Turner | SLOW | M65 | 70:23 | +15:03 |
| 20th | Andrew Parkinson | SO | M65 | 70:34 | +15:14 |
| 21st | Simon Blanchflower | SAX | M65 | 72:18 | +16:58 |
| 22nd | Dave Chapman | SN | M65 | 74:53 | +19:33 |
| 23rd | Malcolm Lyon | SLOW | M65 | 78:51 | +23:31 |
| 24th | Alan Leakey | SLOW | M65 | 79:23 | +24:03 |
| 25th | Sue Bett | SN | W50 | 79:39 | +24:19 |
| 26th | Simon Greenwood | SAX | M65 | 79:45 | +24:25 |
| 27th | Lisa Methven | BKO | W50 | 80:56 | +25:36 |
| 28th | Andrew Hannaford | SO | M65 | 81:03 | +25:43 |
| 29th | Karen French | WIM | W50 | 82:28 | +27:08 |
| 30th | Katie Clarke | SN | W50 | 83:11 | +27:51 |
| 31st | Lulu Williams | SLOW | W50 | 85:29 | +30:09 |
| 32nd | Dave Cussens | SO | M65 | 90:21 | +35:01 |
| 33rd | Mikhail Gryaznevich | TVOC | M65 | 92:45 | +37:25 |
| 34th | Nigel Bush | MV | M65 | 99:52 | +44:32 |
| 35th | Helen Le Page | SN | W45 | 101:12 | +45:52 |
| 36th | Hannah Nesbit | HH | W45 | 101:54 | +46:34 |
| 37th | Naomi Drewitt | DFOK | W45 | 102:39 | +47:19 |
| 38th | Rebecca Medlock | WSX | W45 | 105:29 | +50:09 |
| 39th | Andrea Hampanijad | HH | W45 | 113:07 | +57:47 |
| | Alistair Lovegrove | SN | M45 | m2-16 | |
| | | | | | |

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RESULTS - PROVISIONAL

8 6.6km 240m

| Pos | Name | Club | Age Class | Time | Behind |
|------|-----------------------|-------|-----------|--------|--------|
| 1st | Lyra Medlock | WSX | W14 | 56:27 | |
| 2nd | Peter Martin | SAX | M70 | 63:20 | +6:53 |
| 3rd | John Simmons | BOK | M70 | 65:17 | +8:50 |
| 4th | Jocie Hilton | SN | W16 | 66:22 | +9:55 |
| 5th | Jon Chandler | LOK | M50 | 67:38 | +11:11 |
| 6th | Amelia Wing | ВКО | W16 | 68:57 | +12:30 |
| 7th | Sophie Gordon | GO | W21 | 69:01 | +12:34 |
| 8th | Mark Feltham | MV | M55 | 71:02 | +14:35 |
| 9th | Mick Smith | HH | M70 | 71:38 | +15:11 |
| 10th | Rose Taylor | NGOC | W16 | 71:52 | +15:25 |
| 11th | Mark Glaisher | SAX | M70 | 72:18 | +15:51 |
| 12th | David Marsh | SO | M55 | 72:29 | +16:02 |
| 13th | Dorte Hansen | SLOW | W55 | 72:32 | +16:05 |
| 14th | Amy Lee-Jones | BOK | W16 | 75:12 | +18:45 |
| 15th | Tim Sands | BOK | M70 | 75:23 | +18:56 |
| 16th | Neil Bricknell | SAX | M50 | 77:12 | +20:45 |
| 17th | Phil Conway | GO | M55 | 77:45 | +21:18 |
| 18th | Ffion Bricknell | SAX | W18 | 78:04 | +21:37 |
| 19th | Maddie Bartlett | SO | W16 | 78:28 | +22:01 |
| 20th | Martin Wilson | BKO | M70 | 79:35 | +23:08 |
| 21st | Geoff Goodwin | DFOK | M70 | 81:39 | +25:12 |
| 22nd | | HH | W16 | 81:57 | |
| 23rd | Maggie Soulsby | | | | +25:30 |
| | Mike Garvin | SLOW | M50 | 82:35 | +26:08 |
| 24th | Timothy Field | LOC | M55 | 84:29 | +28:02 |
| 25th | Hedley Calderbank | HH | M70 | 85:16 | +28:49 |
| 26th | Susan Crickmore | SO | W55 | 86:08 | +29:41 |
| 27th | Martin Lock | GO | M70 | 87:24 | +30:57 |
| 28th | Adam Leaf | HH | M55 | 88:06 | +31:39 |
| 29th | Tim Keogh | MV | M55 | 89:32 | +33:05 |
| 30th | David Kingdon | SAX | M70 | 90:23 | +33:56 |
| 31st | Philip Gristwood | MV | M70 | 91:43 | +35:16 |
| 32nd | Penny Marsh | SO | W55 | 93:32 | +37:05 |
| 33rd | Heikki Palosuo | SLOW | M70 | 94:00 | +37:33 |
| 34th | Mike Bolton | MV | M70 | 95:35 | +39:08 |
| 35th | Mike Turner | SO | M70 | 95:36 | +39:09 |
| 36th | Judith Taylor | NGOC | W55 | 97:43 | +41:16 |
| 37th | Nigel Saker | SLOW | M70 | 98:48 | +42:21 |
| 38th | Graham Denney | SAX | M50 | 101:17 | +44:50 |
| 39th | Jemima Hayward-Bhikha | SLOW | W20 | 102:09 | +45:42 |
| 40th | Chris Shaw | HAVOC | M70 | 103:45 | +47:18 |
| 41st | Clive Hillier | LOK | M55 | 110:02 | +53:35 |
| 42nd | Joanna Belsey | SN | W55 | 112:59 | +56:32 |
| | Nick Hockey | SO | M70 | m5-15 | |
| | Peter Dudman | SO | M70 | m12 | |
| | Stefan Stasiuk | BKO | M70 | w4 | |

9 6.2km 225m

| Pos | Name | Club | Age Class | Time | Behind |
|------|----------------|------|-----------|-------|--------|
| 1st | Alice Bedwell | BOK | W60 | 55:13 | |
| 2nd | Jane Morgan | SOC | W60 | 57:01 | +1:48 |
| 3rd | Jackie Hallett | BOK | W60 | 60:13 | +5:00 |
| 4th | Jill Blount | SO | W60 | 62:59 | +7:46 |
| 5th | Ronan Cleary | LOK | M60 | 65:19 | +10:06 |
| 6th | Lucy Paton | SN | W60 | 66:03 | +10:50 |
| 7th | Neil Watts | SO | M60 | 66:58 | +11:45 |
| 8th | Sarah Howes | SAX | W60 | 67:52 | +12:39 |
| 9th | David Dawson | DFOK | M60 | 68:37 | +13:24 |
| 10th | Jane Lambert | SO | W60 | 70:30 | +15:17 |

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9 6.2km 225m

| Pos | Name | Club | Age Class | Time | Behind |
|------|-------------------|-------|-----------|--------|--------|
| 11th | Elisabeth Dickson | BAOC | W60 | 71:15 | +16:02 |
| 12th | David Saunders | HH | M60 | 71:44 | +16:31 |
| 13th | Karen Jones | SLOW | W60 | 72:28 | +17:15 |
| 14th | Geoff Wright | GO | M75 | 78:59 | +23:46 |
| 15th | Jim Prowting | TVOC | M75 | 81:56 | +26:43 |
| 16th | Graham Batty | HAVOC | M60 | 82:26 | +27:13 |
| 17th | Richard Rae | BKO | M75 | 84:52 | +29:39 |
| 18th | Gill Sharp | SN | W60 | 87:14 | +32:01 |
| 19th | Eliza Hermann | HH | W60 | 87:44 | +32:31 |
| 20th | Tom Edelsten | GO | M75 | 88:48 | +33:35 |
| 21st | Ian Peirce | SARUM | M75 | 97:54 | +42:41 |
| 22nd | Ken Lawton | SO | M75 | 106:24 | +51:11 |
| 23rd | Chris McDonald | MV | M75 | 107:47 | +52:34 |
| 24th | John Collyer | SOS | M75 | 108:02 | +52:49 |
| 25th | Brian Yates | ESOC | M75 | 148:32 | +93:19 |
| | Christine Jepson | SO | W60 | w7 | |
| | Clive Hawkes | SO | M60 | rtd | |

10 4.4km 180m

| Pos | Name | Club | Age Class | Time | Behind |
|------|-------------------|------|-----------|--------|--------|
| 1st | Diane Leakey | SLOW | W65 | 50:03 | |
| 2nd | Alison Simmons | BOK | W65 | 53:39 | +3:36 |
| 3rd | Janet Rosen | HH | W65 | 53:57 | +3:54 |
| 4th | Janice Nisbet | ESOC | W65 | 53:59 | +3:56 |
| 5th | Angela Darley | GO | W45 | 56:38 | +6:35 |
| 6th | Jane Archer | SN | W65 | 63:12 | +13:09 |
| 7th | Kate Hawks | HH | W45 | 63:14 | +13:11 |
| 8th | Di Turner | SO | W70 | 69:05 | +19:02 |
| 9th | Jane King | SO | W65 | 72:11 | +22:08 |
| 10th | Sue Hands | WIM | W70 | 72:15 | +22:12 |
| 11th | Kate Turner | SO | W45 | 75:50 | +25:47 |
| 12th | Dawn Clifford | MV | W50 | 76:15 | +26:12 |
| 13th | Teresa Turner | SLOW | W70 | 76:37 | +26:34 |
| 14th | Jen Daplyn | SN | W40 | 79:11 | +29:08 |
| 15th | Carol Sands | BOK | W70 | 80:36 | +30:33 |
| 16th | Jasmine Bennett | SO | W65 | 86:20 | +36:17 |
| 17th | Linda Hulley | SO | W65 | 88:17 | +38:14 |
| 18th | lan Goodwin | SO | M65 | 92:22 | +42:19 |
| 19th | Karen Ransley | SAX | W40 | 95:26 | +45:23 |
| 20th | Sarah McQuaid | MV | W40 | 99:22 | +49:19 |
| | Jean Fitzgerald | SAX | W65 | m10-13 | |
| | Efthimis Kritikos | UBOC | M20 | mF | |

11 3.9km 165m

| Pos | Name | Club | Age Class | Time | Behind |
|------|-------------------|------|-----------|-------|--------|
| 1st | Julie Cleary | LOK | W55 | 53:40 | |
| 2nd | Alison Saunders | HH | W60 | 55:45 | +2:05 |
| 3rd | Roger Maher | SO | M80 | 57:16 | +3:36 |
| 4th | Kathleen Southall | SO | W55 | 62:27 | +8:47 |
| 5th | Andy Macgregor | BAOC | M80 | 64:18 | +10:38 |
| 6th | Susan Bright | BOF | W55 | 68:14 | +14:34 |
| 7th | Keiko Conway | GO | W55 | 68:30 | +14:50 |
| 8th | Douglas Deeks | SAX | M80 | 71:26 | +17:46 |
| 9th | Jeremy Oldershaw | SAX | M80 | 71:35 | +17:55 |
| 10th | George Engelhardt | MV | M70 | 75:01 | +21:21 |
| 11th | Beryl Pring | SAX | W75 | 78:19 | +24:39 |
| 12th | Ruth Rhodes | SO | W75 | 79:33 | +25:53 |

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11 3.9km 165m

| Pos | Name | Club | Age Class | Time | Behind |
|------|------------------|------|-----------|--------|--------|
| 13th | Di Goodwin | SWOC | W60 | 92:16 | +38:36 |
| 14th | Michael Le Marie | SN | M70 | 98:36 | +44:56 |
| 15th | Michael White | MV | M80 | 125:20 | +71:40 |
| 16th | Amanda Bailey | SN | W55 | 132:08 | +78:28 |
| | Bridget Hooper | SO | W75 | m5 | |

12 3km 135m

| Pos | Name | Club | Age Class | Time | Behind |
|------|-------------------|-------|-----------|-------|--------|
| 1st | Sue Hooper | HH | W65 | 44:31 | |
| 2nd | Sue Gallagher | SO | W65 | 50:48 | +6:17 |
| 3rd | Roger Baker | TVOC | M85 | 52:38 | +8:07 |
| 4th | John Thompson | TVOC | M85 | 54:20 | +9:49 |
| 5th | Jenny Thompson | TVOC | W80 | 58:37 | +14:06 |
| 6th | Michele Funnell | SO | W65 | 60:24 | +15:53 |
| 7th | Patrick Maher | SO | M85 | 65:15 | +20:44 |
| 8th | Mike Gammon | SO | M85 | 65:44 | +21:13 |
| 9th | Roger Pring | SAX | M75 | 67:12 | +22:41 |
| 10th | Brian Farhall | SO | M75 | 71:08 | +26:37 |
| 11th | William Alexander | MV | M75 | 74:29 | +29:58 |
| 12th | John Farren | TVOC | M85 | 75:15 | +30:44 |
| 13th | Marion Shipman | LOK | W60 | 87:40 | +43:09 |
| 14th | Freda Peirce | SARUM | W80 | 89:02 | +44:31 |

13 5.8km 205m

| Pos | Name | Club | Age Class | Time | Behind |
|-----|-----------------------|------|-----------|-------|--------|
| 1st | Harry Bratcher-Howard | WIM | M14 | 47:28 | |
| 2nd | Aidan Hilton | SN | M14 | 58:34 | +11:06 |
| 3rd | Ethan Daplyn | SN | M14 | 59:22 | +11:54 |
| 4th | Rory Nesbit | HH | M14 | 96:32 | +49:04 |
| | Vadim Pesenti | DFOK | M14 | m7 | |

14 3.8km 150m

| Pos | Name | Club | Age Class | Time | Behind |
|------|------------------------|------|-----------|-------|--------|
| 1st | Grace French | WIM | W14 | 38:20 | |
| 2nd | Laura Barrett | SN | W16 | 39:43 | +1:23 |
| 3rd | Charlotte Slade | SN | W14 | 41:40 | +3:20 |
| 4th | Dan Youster | IND | M21 | 51:57 | +13:37 |
| 5th | Alice Soulsby | HH | W14 | 54:03 | +15:43 |
| 6th | Rebecca Lovegrove | SN | W16 | 59:35 | +21:15 |
| 7th | Cecilia Hayward-Bhikha | SLOW | W16 | 61:43 | +23:23 |
| 8th | Zuzana Youster | IND | W21 | 65:25 | +27:05 |
| 9th | Dougal Anderson | BOK | M45 | 66:19 | +27:59 |
| 10th | Emily Butter | SN | W16 | 85:19 | +46:59 |

15 3.6km 145m

| Pos | Name | Club | Age Class | Time | Behind |
|-----|-----------------------|------|-----------|-------|--------|
| 1st | Jake Hilton | SN | M12 | 31:04 | |
| 2nd | Ben Chapman | SO | M12 | 33:57 | +2:53 |
| 3rd | Isabel Hawks | HH | W12 | 37:42 | +6:38 |
| 4th | Eskarina Medlock | WSX | W12 | 38:04 | +7:00 |
| 5th | Monty Bratcher-Howard | WIM | M12 | 39:40 | +8:36 |
| 6th | Finn Le Page | SN | M14 | 41:39 | +10:35 |
| 7th | Owen Le Page | SN | M12 | 45:02 | +13:58 |
| 8th | Poppy Chorlton | HH | W12 | 47:21 | +16:17 |

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15 3.6km 145m

| Pos | Name | Club | Age Class | Time | Behind |
|------|---------------------|------|-----------|--------|--------|
| 9th | Isaac Dutton | IND | M16 | 48:04 | +17:00 |
| 10th | Charlotte Lovegrove | SN | W12 | 56:07 | +25:03 |
| 11th | Livia Daplyn | SN | W12 | 57:22 | +26:18 |
| 12th | Cerys Mitchell | HH | W12 | 60:30 | +29:26 |
| 13th | Karen Bricknell | SAX | W50 | 86:11 | +55:07 |
| 14th | Alex Pickup | MV | M12 | 121:51 | +90:47 |

16 2.3km 85m

| Pos | Name | Club | Age Class | Time | Behind |
|-----|-------------------|------|-----------|-------|--------|
| 1st | Emma Chapman | SO | W10 | 27:18 | |
| 2nd | Ralph Scarbrough | MV | M10 | 34:47 | +7:29 |
| 3rd | Anna Maria Yaneva | SLOW | W10 | 35:06 | +7:48 |
| 4th | Lucy Butter | SN | W10 | 36:13 | +8:55 |
| 5th | Krum Yanev | SLOW | M10 | 37:36 | +10:18 |
| | Theodore Marsden | HH | M10 | m4-11 | |

17 2km 70m

| Pos | Name | Club | Age Class | Time | Behind |
|-----|-----------------|------|-----------|-------|--------|
| 1st | Hugh Scarbrough | MV | M10 | 20:42 | |