

Course	Length	Climb	Controls	M classes	W classes	Interland	Colour coded	Scale
1	15.1	360	30	M21E		M21		15
2	10.3	275	20		W21E	W21		15
3	11.9	310	24	M20E, M18E, M35L, M40L, M21L		M40, M20		15
4	10.2	270	21	M45L, M50L		M50		10
5	9	260	18	M55L, M18L, M20L, M21S	W21L			10
6	8	200	19	M60L, M16A		M60, M16		10
7	7.7	235	17	M35S, M40S	W20E, W18E, W35L, W40L	W20, W40		15
8	7.1	180	19	M65L, M45S, M21V	W45L, W50L	W50		10
9	6.2	170	15	M70L, M50S, M55S, M20S, M18S	W55L, W21S, W20L, W18L, W16A	W16		10
10	5.4	145	13	M75L, M60S	W60L, W35S	W60		10
11	5.3	140	13	M65S	W65L, W70L, W40S, W45S, W50S		Green	10
12	4.3	130	12	M80, M70S	W75, W20S, W18S, W21V, W55S, W60S			10
13	3.3	70	9	M85, M90, M75S	W80, W65S, W70S			10
14	2.5	35	7		W85, W90			10
15	6.1	160	15	M14A, M16B		M14		10
16	4.4	125	13		W14A, W16B	W14	Light Green	10
17	3.4	95	10	M12A, M14B	W12A, W14B		Orange	10
18	3	85	10	M10A, M12B	W10A, W12B		Yellow	10
19	2.7	30	16	M10B	W10B			10