



## **Mole Valley Orienteering Club**

(affiliated to British Orienteering)

*invites you to*

### **Morden Park**

**Greater London Orienteering Summer Series**

**Sunday 26 July 2015**

**The GLOSS is an annual handicap competition between South East Orienteering Clubs in which all club members run the same course and the handicapping system means that it is very unlikely that the fastest runner will win!**

**You will also enjoy this event if you are new to orienteering. Please come along and try a course designed for newcomers with help on hand to show you the ropes.**

**Parking:** Shared with the public off A24 London Rd by South Thames College (SM4 5QU). Morden underground station 1km, Morden South & St Helier rail stations both 400m. Please note that there are no toilets available at this event

**Registration and entry fees:** Entry on the day only. Open from 9.30am to noon near the car park. Seniors £4, Families and Juniors £2. SI electronic punching will be used and dibbers for this will be available for hire from registration for £1 (lost dibbers £30)

#### **Courses:**

**Light Green GLOSS course** c4km with optional extension c3km - for experienced orienteers

**Yellow course** for beginners c2km

**Starts:** 10.00 to 12.00. Courses close at 13.30. Start and Finish are close to registration

**Courtesy to others:** Morden Park is popular and well used by local residents. Please show them kind consideration

**Event Officials:** Organiser: Tony Burton  
Planner: Graham Sutton  
General information: [info@mvoc.org](mailto:info@mvoc.org)

**Results:** Will be available at the MV Web site as soon as possible after the event  
[www.mvoc.org](http://www.mvoc.org) Details of the GLOSS series can be found here  
<http://londonorienteering.co.uk/events/gloss-series-2015/>

***You are responsible for your own safety and you take part in this event at your own risk. British Orienteering 3<sup>rd</sup> Party insurance does not cover any non-member of a British Orienteering affiliated orienteering club at this event if that person has taken part in three or more British Orienteering registered events.***