

Mole Valley Orienteering Club

(affiliated to British Orienteering)

Morden Hall Park London Park Race Series Tuesday 7th July 2015

Morden Hall Park comprises 50 ha of former deer park spanning the River Wandle. This historic estate is owned and managed by the National Trust

Registration: Snuff Mill in Morden Hall Park (SM4 5JD). Use foot entrance at jct of Aberconway Rd & Morden Hall Road (A297). Morden underground station 300m, Phipps Bridge tram stop 400m. Morden Hall Park car park is also available

Entry: Entry on the day only. Seniors £4 (members of CHIG, SLOW, DFOK, LOK, MV £3), under 21s free. SI electronic punching will be used and dibbers are available to hire (£1) from registration

Map: 1:4000 scale. ISSOM. Updated for the Park Race by Mike Elliot. Maps will be overprinted and waterproof and have control descriptions. Separate descriptions also available at start.

Courses: Short: c2.5km, Long: c4.5km

Straight line distances - actual running distance will be further

Starts: Registration from 18.00. Starts from 18.30 – 19.30. Start at 30 second

intervals. Courses close at 20.15

Terrain: Former deer park with historic stables, mill & other buildings. Bisected by many channels of the River Wandle (which <u>must</u> be crossed only at bridges). Small areas of woodland. Full leg cover advised – you will encounter nettles & long grass

Event Officials: Organised and planned by Tony Burton clerk@mvoc.org

Results: Splits will be provided and results posted at www.mvoc.org

Après-O: Morden Town Centre is nearby with the Ganley Irish Bar as a likely option (43-47 London Rd, Morden SM4 5HT)

Park Race series: More information at http://parkrace.org/

You are responsible for your own safety and you take part in this event at your own risk. British Orienteering 3rd Party insurance does not cover any non-member of a British Orienteering affiliated orienteering club at this event if that person has taken part in three or more British Orienteering registered events.