Try

Orienteering

Morden Hall Park

Saturday 4 June 2011 10.00 - 2.30

Orienteering is a sport for all ages and abilities. You can run or walk by yourself or with friends. It is as competitive as you chose to make it.



Try orienteering in beautiful Morden Hall Park. There will be free short courses for newcomers to orienteering and you'll get a specially produced map of the park to take away. There is also a longer course (45 minute score) for runners and experienced orienteers (£2). To participate in the longer course please register by emailing info@mvoc.org. There is no need to register for the newcomers courses.

Wear shoes that you don't mind getting a bit dirty. Trainers would be ideal.

Morden Hall Park is managed by the National Trust. It is very accessible by public transport. Morden Tube stop and Morden South rail stations are nearby. Many busses pass close by including the 93, 157, 154, 118, 164, 80, 163. Phipps Bridge tram stop is on the edge of the park. Car parking is accessed via Morden Hall Road – follow the brown signs.



Make your way to the Snuff Mill (well signed within the park) at any time between 10.00am and 2.30pm. We will show you what to do, and you can start when you are ready.

This event is being run by Mole Valley Orienteering Club. Visit www.mvoc.org for more information about orienteering and our friendly club.

This event is part of the Wandle Weekend, 4th and 5th June 2011. For more information go to www.wandlevalleyfestival.org.uk.

For more information about Morden Hall Park, its attractions and how to get there visit www.nationaltrust.org.uk/main/w-mordenhallpark-2.



You are responsible for your own safety and take part in this event at your own risk.

