## **Tech Masters Swimming Workouts for March 2017**

		1		
Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p	
Monday February 27th	6	5	4	
Tuesday February 28th	5	none	4	
Wednesday March	6	5	4	
Thursday March 2	5	none	4	
Friday March 3	6	5	4	
Saturday March 4	none			
Sunday March 5	5 lanes for the 10:00 AM to 11:15 AM workout			
Monday March 6	6	5	4	
Tuesday March 7th	5	none	4	
Wednesday March 8	6	5	4	
Thursday March 9	5	none	4	
Friday March 10	6	5	4	
Saturday March 11	No workout			
Sun March 12	No workout - swim meet			
Monday March 13	6	5	4	
Tuesday March 14	5	none	4	
Wednesday March 15	6	5	4	
Thursday March 16	5	none	4	
Friday March 17	6	5	4	
Saturday March 18	No workout			
Sun March 19	No workout - swim meet			

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday March 20	6	5	4
Tuesday March 21	5	none	4
Wednesday March 22	6	5	4
Thursday March 23	5	none	4
Friday March 24	6	5	4
Saturday March 25	No workout		
Sun March 26	5 lanes for the 10:00 AM to 11:15 AM workout		
Monday March 27	6	5	4
Tuesday March 28	5	none	4
Wednesday March 29	6	5	4
Thursday March 30	5	none	4
Friday March 31	6	5	4
Saturday April 1	No workout		
Sun April 2	5 lanes for the 10:00 AM to 11:15 AM workout		

## Notes:

- 1. There is a Swim meet March 11 to 12th so there are no workouts on Sunday March 12th
- 2. There is a Swim meet March 18 to 92th so there are no workouts on Sunday March 19th