November 2018 Tech Masters swimming workout schedule

Date	6:15a-7:30a	12p-1:15p	7:15 p-8:30p	Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday	6	4	4	Monday Nov. 19th	6	4	4
October 29th							
Tuesday	5	none	4	Tuesday November	5	none	4
October 30th				20			
Wednesday	6	4	4	Wednesday	4	4	none
October 31st				November 21			
Thursday Nov.	5	none	4	Thursday	No workout	due to MIT Holi	day (American
1st				November 22nd		Thanksgiving))
Friday Nov.	6	4	4	Friday November	No workout holiday (MIT pool open in the		
2nd				23rd		afternon)	
Saturday Nov.	none	none	none	Saturday November	none	none	none
3rd				24th			
Sun Nov. 4th	5 lanes for the 10:00 AM to 11:15 am workout			 Sun November 25th 5 lanes for the 10:00 AM to 11:15 am workout			
Monday Nov.	6	4	4	 Monday November	6	4	4
5th				26th			
Tuesday Nov.	5	none	4	Tuesday November	5	none	4
6th				27th			
Wednesday	6	4	4	 Wednesday Nov.	6	4	4
Nov. 7th				28th			
Thursday Nov.	5	none	4	 Thursday	5	none	4
8th				November 29th			
Friday Nov. 9	6	4	4	 Friday November	6	4	none
,				30th			
Saturday Nov.	none	none	none				
10				Notes:			
Sun Nov. 11	5 lanes for the	10:00 AM to 1	1:15 am workout				•
Monday Nov.	No workout due to MIT Holiday (Veteran's			 1. No workouts on Monday November 12th due to MIT holiday -			
12		day)		there is an extra noon workout on Tuesday November 13th.			
Tuesday Nov.	5	4	4	 2. No workouts on Thursday November 22nd and Friday November			
13				23rd			
Wednesday	6	4	4				
Nov. 14							
Thursday Nov.	5	none	4				
15							
Friday Nov.	6	4	4				
16th							
Saturday Nov.	none	none	none				
17th							
Sun. Nov. 18th 5 lanes for the 10:00 AM to 11:15 am workout							