## March 2015 Tech Masters workout schedule

| Date                    | 6:15a-730a                                      | 12p-1:15p | 7:15p-8:30p | Date   | 6:15a-730a   | 12p-1:15p | 7:15p-8:30p |  |
|-------------------------|---|-----------|-------------|--|--|-----------|-------------|--|
| Saturday<br>February 28 | none  |           |             | Sun March 22   | 5 lanes for the 10:00 AM to 11:15 AM<br>workout          |           |             |  |
| Sun March 1             | 5 lanes for the 10:00 AM to 11:15 AM<br>workout |           |             | Monday March<br>23   | 6  | 4         | 4           |  |
| Monday March<br>2       |   | 4         | 4           | Tuesday March<br>24  | 5  | none      | 4           |  |
| Tuesday March<br>3      | 5   | none      | 4           | Wednesday<br>March 25  | 6  | 4         | 4           |  |
| Wednesday<br>March 4    | 6   | 4         | 4           | Thursday<br>March 26   | 5  | none      | 4           |  |
| Thursday<br>March 5     | 5   | none      | 4           | Friday March 27  | 6  | 4         | 4           |  |
| Friday March 6          |   | 4         | 4           | Saturday March<br>28   | No workout   |           |             |  |
| Saturday March<br>7     |   | none      |             | Sun March 29   | 5 lanes for the 10:00 AM to 11:15 AM<br>workout          |           |             |  |
| Sun March 8             | 5 lanes for the 10:00 AM to 11:15 AM<br>workout |           |             | Monday March<br>30   | 6  | 4         | 4           |  |
| Monday March<br>9       |   | 4         | 4           | Tuesday March<br>31  | 5  | none      | 4           |  |
| Tuesday March<br>10     | 5   | none      | 4           | Wednesday<br>April 1<br>Thursday April                                 | 6  | 4         | 4           |  |
| Wednesday<br>March 11   | 6   | 4         | 4           | 2  | 5  | none      | 4           |  |
| Thursday<br>March 12    | 5   | none      | 4           | Friday April 3   | 6  | 4         | 4           |  |
| Friday March<br>13      | 6   | 4         | 4           | Saturday April<br>4  | No workout   |           |             |  |
| Saturday March<br>14    | No workout                                      |           |             | Sun April 5  | 5 lanes for the 10:00 AM to 11:15 AM<br>workout          |           |             |  |
| Sun March 15            | 5 lanes for the 10:00 AM to 11:15 AM<br>workout |           |             | Notes:   |  |           |             |  |
| Monday March<br>16      | 6   | 4         | 4           | 1. There is a swim meet on Sunday March 16th - so no<br>Sunday workout |  |           |             |  |
| Tuesday March<br>17     | 5   | none      | 4           | 2. There is a swir workout   | There is a swim meet on March 23rd - so no Sunday orkout |           |             |  |
| Wednesday<br>March 18   | 6   | 4         | 4           |  |  |           |             |  |
| Thursday<br>March 19    | 5   | none      | 4           |  |  |           |             |  |
| Friday March<br>20      | 6   | 4         | 4           |  |  |           |             |  |
| Saturday March<br>21    |   | No workou | t           |  |  |           |             |  |