

## Tech masters workout, May 2016 (tentative)

Date	6:15am-7:30am	12pm-1:15pm	7:15 pm-8:30 pm		Date	6:15am-7:30am	12pm-1:15pm	7:15 pm-8:30 pm
Sun May 1	5 lanes for the 10:00 AM to 11:15 AM workout				Sun May 22	3 lanes for the 10:00 AM to 11:15 workout		
Monday May 2	6	Long course 3 lanes	Long course 3 lanes		Monday May 23	No workouts - Memorial day		
Tuesday May 3	Long course 3 lanes	none	Long course 3 lanes		Tuesday May 24	Long course 3 lanes	Long course 3 lanes	Long course 3 lanes
Wednesday May 4	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes		Wednesday May 25	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Thursday May 5	Long course 3 lanes	none	Long course 3 lanes		Thursday May 26	Long course 3 lanes	none	Long course 3 lanes
Friday May 6	Long course 4 lanes	Long course 3 lanes	none		Friday May 27	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Saturday May 7	No workout				Saturday May 28	No workout		
Sun May 8	3 lanes for the 10:00AM to 11:15 AM workout - Long Course (LC)				Sun May 29	3 lanes for the 10:00 AM to 11:15 workout		
Monday May 9	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes		Monday May 30	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Tuesday May 10	Long course 3 lanes	none	Long course 3 lanes		Tuesday May 31	Long course 3 lanes	none	Long course 3 lanes
Wednesday May 11	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes		Wednesday June 1	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Thursday May 12	Long course 3 lanes	none	Long course 3 lanes		Thursday June 2	Long course 3 lanes	none	Long course 3 lanes
Friday May 13	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes		Friday June 3	none	Long course 3 lanes	Long course 3 lanes
Saturday May 14	No workout				Saturday June 4	No workout		
Sun May 15	3 lanes for the 10:00 AM to 11:15 workout				Sun June 5	3 lanes for the 10:00 AM to 11:15 workout		
Monday May 16	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes		<b>Notes:</b>			
Tuesday May 17	Long course 3 lanes	none	Long course 3 lanes		1. No workouts on Friday May 8th due to swim meet - regular workout on Sunday May 10th.			
Wednesday May 18	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes		2. No workouts on Monday May 23rd, Memorial day, but we still swim on the Sunday			
Thursday May 19	Long course 3 lanes	none	Long course 3 lanes		3. We have added an extra noon workout on Tuesday May 24th			
Friday May 20	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes		4. We start our summer schedule on Monday June 6th			
Saturday May 21	No workout							