

May 2015 Tech Masters workout schedule - Updated April 26, 2015

Date	6:15am-7:30am	12pm-1:15pm	7:15 pm-8:30 pm
Monday April 27	6	4	4
Tuesday April 28	5	none	4
Wednesday April 29	6	4	4
Thursday April 30	5	none	4
Friday May 1	6	4	4
Saturday May 2	No workout		
Sun May 3	5 lanes for the 10:00 AM to 11:15 AM workout		
Monday May 4	6	Long course 3 lanes	Long course 3 lanes
Tuesday May 5	Long course 3 lanes	none	Long course 3 lanes
Wednesday May 6	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Thursday May 7	Long course 3 lanes	none	Long course 3 lanes
Friday May 8	Long course 4 lanes	Long course 3 lanes	none
Saturday May 9	No workout		
Sun May 10	3 lanes for the 10:00AM to 11:15 AM workout - Long Course (LC)		
Monday May 11	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Tuesday May 12	Long course 3 lanes	none	Long course 3 lanes
Wednesday May 13	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Thursday May 14	Long course 3 lanes	none	Long course 3 lanes
Friday May 15	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Saturday May 16	No workout		
Sun May 17	3 lanes for the 10:00 AM to 11:15 workout		

Date	6:15am-7:30am	12pm-1:15pm	7:15 pm-8:30 pm
Monday May 18	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Tuesday May 19	Long course 3 lanes	none	Long course 3 lanes
Wednesday May 20	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Thursday May 21	Long course 3 lanes	none	Long course 3 lanes
Friday May 22	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Saturday May 24	No workout		
Sun May 25	3 lanes for the 10:00 AM to 11:15 workout		
Monday May 26	No workouts - Memorial day		
Tuesday May 27	Long course 3 lanes	Long course 3 lanes	Long course 3 lanes
Wednesday May 28	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Thursday May 29	Long course 3 lanes	none	Long course 3 lanes
Friday May 30	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Saturday May 31	No workout		
Sun June 1	3 lanes for the 10:00 AM to 11:15 workout		

Notes:

1. No workouts on Friday May 8th due to swim meet - regular workout on Sunday May 10th.
2. No workouts on Monday May 26th, Memorial day, but we still swim on the Sunday
3. We have added an extra noon workout on Tuesday May 27th
4. We start our summer schedule on Monday June 2nd