## Tech Masters swimming September 2019 workout schedule

Date	6:15a-7:30a	12p-1:15p	7:15 p-8:30p
Monday September 2nd	No workouts due to MIT holiday		
Tuesday September 3rd	5	4	4
Wednesday September 4th	6	4	4
Thursday September 5th	5	none	4
Friday September 6th	6	4	none
Saturday September 7th	No workouts scheduled		
Sun. September 8th	4 lanes for the 10:00 AM to 11:15 am workout		
Monday September 9th	6	4	4
Tuesday September 10th	5	none	4
Wednesday September 11th	6	4	4
Thursday September 12th	5	none	4
Friday September 13th	6	4	none
Saturday September 14th	No workouts scheduled		
Sun. September 15th	No workouts scheduled due to Varsity polo workout		

## **Notes:**

- 1. Fall Season starts on Tuesday September 3rd
- 2. There are no Friday night workouts for the beginning part of the month of September. They start on September 27th.
- 3. No workouts on Sunday September 15th due to Varisty polo workout
- 4. Starting on Thursday September 26th there will be no morning workout due to Varsity workout. The no Thursday morning workout will continue for the entire fall schedule
- $5.\ \mbox{No}$  workouts on Sunday September 29th due to Varsity Water polo workout

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday	6	4	4
September 16th			
Tuesday	5	none	4
September 17th			
Wednesday	6	4	4
September 18th			
Thursday	5	none	4
September 19th			
Friday	6	4	none
September 20th			
Saturday	No workouts scheduled		
September 21st			
Sun. September	4 lanes for the 10:00 AM to 11:15 am		
22rd	workout		
Monday	6	4	4
September 23rd			
Tuesday	5	none	4
September 24th			
Wednesday	6	4	4
September 25th			
Thursday	none -	none	4
September 26th	varisty		
	workout		
Friday	6	4	4
September 27th			
Saturday	No workouts scheduled		
September 28th			
Sun.September	No workouts scheduled due to Varsity		
29th		polo workout	
Monday	6	4	4
September 30th			