

Tech masters swim workout for November 2016

Date	6:15a-7:30a	12p-1:15p	7:15 p-8:30p		Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday October 31st	6	4	4		Monday Nov. 21st	6	4	4
Tuesday Nov. 1st	5	none	4		Tuesday November 22nd	5	none	4
Wednesday Nov. 2nd	6	4	4		Wednesday November 23rd	6	4	4
Thursday Nov. 3rd	5	none	4		Thursday November 24th	No workout due to MIT Holiday (American Thanksgiving)		
Friday Nov. 4th	6	4	4		Friday November 25th	No workout holiday (MIT pool open in the afternoon)		
Saturday Nov. 5th	none	none	none		Saturday November 26th	none	none	none
Sun Nov. 6th	No workout due to Varsity Water polo				Sun November 27th	5 lanes for the 10:00 AM to 11:15 am workout		
Monday Nov. 7th	6	4	4		Monday November 28th	6	4	4
Tuesday Nov. 8th	5	none	4		Tuesday November 29th	5	none	4
Wednesday Nov. 9th	6	4	4		Wednesday Nov. 30th	6	4	4
Thursday Nov. 10th	5	4	4		Thursday December 1st	5	none	4
Friday Nov. 11	no workouts due to MIT holiday				Friday December 2nd	6	4	none
Saturday Nov. 12	none	none	none		Notes:			
Sun Nov. 13	5 lanes for the 10:00 AM to 11:15 am workout				1. No workout on Sunday November 6th due to Varsity Water Polo			
Monday Nov. 14	6	4	4		2. No workouts on Friday November 11th due to MIT holiday - there is an extra noon workout on Thursday November 10th.			
Tuesday Nov. 15	5	none	4		3. No workouts on Thursday November 24th and Friday November 25th			
Wednesday Nov. 16	6	4	4		4. There are no workouts on Friday December 2nd in the evening			
Thursday Nov. 17	5	none	4					
Friday Nov. 18th	6	4	4					
Saturday Nov. 19th	none	none	none					
Sun. Nov. 20th	5 lanes for the 10:00 AM to 11:15 am workout							