

Tech Masters Swimming Workout Schedule, August 2018

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday July 30	4	3	3
Tuesday July 31	3	none	3
Wednesday August 1	4	3	3
Thursday August 2	3	none	3
Friday August 3	4	3	none
Saturday August 4	No workout on Saturday		
Sun August 5	9:15 to 10:30 am workout		
Monday August 6	4	3	3
Tuesday August 7	3	none	3
Wednesday August 8	4	3	3
Thursday August 9	3	none	3
Friday August 10	3	3	none
Saturday August 11	No workout		
Sun August 12	10 am to 11:15 am workout (might be cancelled due to varsity polo workouts)		
Monday August 13	6	5	4
Tuesday August 14	5	none	4
Wednesday August 15	6	5	4
Thursday August 16	5	none	4
Friday August 17	6	5	none
Saturday August 18	No workout		
Sun August 19	10 am to 11:15 am workout (might be cancelled due to varsity polo workouts)		

Date	6:15a-7:30a	12p-1:15p	7:15 p-8:30p
Monday August 20	6	5	4
Tuesday August 21	5	none	4
Wednesday August 22	6	5	4
Thursday August 23	5	none	4
Friday August 24	6	5	none
Saturday August 25	No workout		
Sun August 26	10 am to 11:15 am workout (might be cancelled due to varsity polo workouts)		
Monday August 27	6	5	4
Tuesday August 28	5	none	4
Wednesday August 29	6	5	4
Thursday August 30	5	none	4
Friday August 31	6	5	none
Saturday September 1	No workout		
Sun September 2	10 am to 11:15 am workout (might be cancelled due to varsity polo workouts)		
Monday September 3	No workout due to holiday and Fall workout session starts on Tuesday		
Notes:			

1. Move to short course for August 10th after noon workout

2. No workouts on Monday Sept 3th - MIT holiday. We start the Fall session on Tuesday September 4th