

October 2018 Tech Masters swimming Workout schedule

Date	6:15a-7:30a	12p-1:15p	7:15 p-8:30p		Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday October 1st	6	4	4		Monday October 15th	6	4	4
Tuesday October 2nd	5	none	4		Tuesday October 16th	5	none	4
Wednesday October 3rd	6	4	4		Wednesday October 17th	6	4	4
Thursday October 4th	5	none	4		Thursday October 18th	5	none	4
Friday October 5th	6	4	4		Friday October 19th	6	4	4
Saturday October 6th	none	none	none		Saturday October 20th	none	none	none
Sun.October 7th	5 lanes for the 10:00 AM to 11:15 am workout				Sun. October 21st	5 lanes for the 10:00 AM to 11:15 am workout		
Monday October 8th	no workouts due to holiday				Monday October 22nd	6	4	4
Tuesday October 9th	6	4	4		Tuesday October 23rd	5	none	4
Wednesday October 10th	5	4	4		Wednesday October 24th	6	4	4
Thursday October 11th	none	4	none		Thursday October 25th	5	none	4
Friday October 12th	5	4	4		Friday October 26th	6	4	4
Saturday October 13th	none	none	none		Saturday October 27th	none	none	none
Sun.October 14th	Polo tournament				Sunday October 28th	Polo tournament - no workout		
					Monday October 29th	6	4	4
					Tuesday October 30th	5	none	4
NOTES:					Wednesday October 31st	6	4	4
1. Friday night workouts come back on Friday October 5th								
2. No workouts on Monday October 8th due to MIT holiday - but there is an extra noon workout on Tuesday Oct. 9th								