

March 2020 Tech Masters swimming workout schedule

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Sunday March 1	5 lanes for the 10:00 AM to 11:15 AM workout		
Monday March 2	6	5	4
Tuesday March 3	5	none	4
Wednesday March 4	6	5	4
Thursday March 5	5	none	4
Friday March 6	6	5	4
Saturday March 7	No workout		
Sun March 8	5 lanes for the 10:00 AM to 11:15 AM workout		
Monday March 9	6	5	4
Tuesday March 10	5	none	4
Wednesday March 11	6	5	4
Thursday March 12	5	none	4
Friday March 13	6	5	4
Saturday March 14	No workout		
Sun March 15	5 lanes for the 10:00 AM to 11:15 AM workout		

Changes to normal Workout Schedule

3/20 - 3/22 -no Friday night workout or Sunday morning workout due to YMCA swim meet

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday March 16	6	5	4
Tuesday March 17	5	none	4
Wednesday March 18	6	5	4
Thursday March 19	5	none	4
Friday March 20	6	5	none
Saturday March 21	No workout YMCA swim meet		
Sun March 22	No workout YMCA swim meet		
Monday March 23	6	5	4
Tuesday March 24	5	none	4
Wednesday March 25	6	5	4
Thursday March 26	5	none	4
Friday March 27	6	5	4
Saturday March 28	No workout		
Sun March 29	5 lanes for the 10:00 AM to 11:15 AM workout		
Monday March 30	6	5	4
Tuesday March 31	5	none	4