

Tech Masters Swimming workout schedule, July 2016

| Date | 6:15a-7:30a | 12p-1:15p | 7:15p-8:30p |
|-------------------|---|-----------|-------------|
| Monday June 27 | 3 | 3 | 3 |
| Tuesday June 28 | 3 | none | 3 |
| Wednesday June 29 | 4 | 3 | 3 |
| Thursday June 30 | 3 | none | 3 |
| Friday July 1 | 3 | 3 | none |
| Saturday July 2 | No workout - Pool holiday | | |
| Sun July 3 | No workout - Pool holiday | | |
| Monday July 4 | No workout - Pool holiday | | |
| Tuesday July 5 | 3 | 3 | 3 |
| Wednesday July 6 | 4 | 3 | 3 |
| Thursday July 7 | 3 | none | 3 |
| Friday July 8 | 4 | 3 | none |
| Saturday July 9 | No workout - Swim meet | | |
| Sun July 10 | No workout on sundays during the summer | | |
| Monday July 11 | 4 | 3 | 3 |
| Tuesday July 12 | 3 | none | 3 |
| Wednesday July 13 | 4 | 3 | 3 |
| Thursday July 14 | 3 | none | 3 |
| Friday July 15 | 4 | 3 | none |
| Saturday July 16 | 9:15 to 10:30 am workout | | |
| Sun July 17 | No workout on sundays during the summer | | |

| Date | 6:15a-7:30a | 12p-1:15p | 7:15p-8:30p |
|-------------------|--------------------------|-----------|-------------|
| Monday July 18 | 4 | 3 | 3 |
| Tuesday July 19 | 3 | none | 3 |
| Wednesday July 20 | 4 | 3 | 3 |
| Thursday July 21 | 3 | none | 3 |
| Friday July 21 | 4 | 3 | none |
| Saturday July 23 | 9:15 to 10:30 am workout | | |
| Sun July 24 | No workout | | |
| Monday July 25 | 4 | 3 | 3 |
| Tuesday July 26 | 3 | none | 3 |
| Wednesday July 27 | 4 | 3 | 3 |
| Thursday July 28 | 3 | none | 3 |
| Friday July 29 | 4 | 3 | none |
| Saturday July 30 | No workout - Swim meet | | |
| Sun July 31 | No workout | | |

Notes:

1. Pool closed Saturday July 2nd (tile repair) to Monday July 4th. Reopens on Tuesday July 5th
2. There is a swim meet the weekend of July 9 to 10th
3. There is a swim meet the weekend of July 30 to 31st.