

July 2015 Tech Masters Swim workout

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday June 29	3	3	3
Tuesday June 30	3	none	3
Wednesday July 1	4	3	3
Thursday July 2	3	none	3
Friday July 3	No workout - MIT holiday		
Saturday July 4	No workout - Pool holiday		
Sun July 5	No workout - Pool open		
Monday July 6	4	3	3
Tuesday July 7	3	none	3
Wednesday July 8	4	3	3
Thursday July 9	3	none	3
Friday July 10	4	3	none
Saturday July 11	No workout due to swim meet		
Sun July 12	No workout on sundays during the summer		
Monday July 13	4	3	3
Tuesday July 14	3	none	3
Wednesday July 15	4	3	3
Thursday July 16	3	none	3
Friday July 17	4	3	none
Saturday July 18	No workout		
Sun July 19	No workout		

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday July 20	4	3	3
Tuesday July 21	3	none	3
Wednesday July 22	4	3	3
Thursday July 23	3	none	3
Friday July 24	4	3	none
Saturday July 25	No workout		
Sun July 26	No workout		
Monday July 27	4	3	3
Tuesday July 28	3	none	3
Wednesday July 29	4	3	3
Thursday July 30	3	none	3
Friday July 31	4	3	none
Saturday August 1	No workout		
Sun August 2	No workout		

Notes:

1. Pool closed Friday July 3rd and reopens on Sunday July 5th