## **Tech Masters Swimming Workout Schedule, July 2018**

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday July 2	4	3	3
Tuesday July 3	3	none	3
Wednesday July 4	No workout due to MIT holiday		
Thursday July 5	3	none	3
Friday July 6	4	3	none
Saturday July 7	No workout due to swim meet		
Sun July8	No workout due to swim meet		
Monday July 9	4	3	3
Tuesday July 10	3	none	3
Wednesday July 11	4	3	3
Thursday July 12	3	none	3
Friday July 13	4	3	none
Saturday July 14	9:15 to 10:30 am workout		
Sun July 15	No workout due to swim meet		

## Notes:

- 1. Pool closed on Wednesday July 4th
- 2. Swim meet on Weekend of July 8th to 9th no Sunday workout
- 3. workout on Saturday July 14th instead of Sunday
- 4. Swim meet the weekend of July 28th and 29th no workouts

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Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday July 16	4	3	3
Tuesday July 17	3	none	3
Wednesday July 18		3	3
Thursday July 19	3	none	3
Friday July 20	4	3	none
Saturday July 21	No workout on Saturday		
Sun July 22	9:15 to 10:30 am workout		
Monday July 23	4	3	3
Tuesday July 24	3	none	3
Wednesday July 25	4	3	3
Thursday July 26	3	none	3
Friday July 27	4	3	none
Saturday July 28	No workout due to swim meet		
Sun July 29	No workout due to swim meet		
Monday July 30	4	3	3
Tuesday July 31	3	none	3
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