Study	TE	seTE	Standardised Mean Difference	SMD	95%-CI	Weight
Sugiyama et al.	0.31	0.6098		0.31	[−0.89; 1.50]	16.0%
Harada et al.	0.54	0.3157		0.54	[−0.08; 1.15]	19.3%
Prasad et al.	1.25	0.3098		1.25	[0.64; 1.85]	19.3%
Trejos et al.	1.54	0.6697		1.54	[0.22; 2.85]	15.3%
Horeman et al.	2.71	0.5881		2.71	[1.56; 3.86]	16.3%
Woodrow et al.	3.82	0.8045		3.82	[2.24; 5.40]	13.7%
Random effects model				**1.59**	**[0.24; 2.95]**	**100.0%**
Prediction interval					**[−1.81; 4.99]**	

Heterogeneity: $I^2 = 79\%$, $\tau^2 = 1.2415$, $p < 0.01$