

# Three Hour Glucose Tolerance Test

- You need to schedule an appointment
- Appointments start early (7:30 to 9:00 am)
- You can not leave the building during the 4 hour test (and they do not have wi-fi)
- You can only drink water up until my first blood draw, then none after
- You need to fast for 12 hours.

Call **360-707-2214** to schedule.

Thanks! We know it's a hassle to do but it's important.