What are the Java TimeZone IDs?

garygregory.wordpress.com/2013/06/18/what-are-the-java-timezone-ids

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Here is an example of the available IDs returned by java.util.TimeZone#getAvailableIDs().

Oracle Corporation's version 1.7.0_79 has 623 time zone IDs:

1. ACT
2. AET
3. AGT
4. ART
5. AST
6. Africa/Abidjan
7. Africa/Accra
8. Africa/Addis_Ababa
9. Africa/Algiers
10. Africa/Asmara
11. Africa/Asmera
12. Africa/Bamako
13. Africa/Bangui
14. Africa/Banjul
15. Africa/Bissau
16. Africa/Blantyre
17. Africa/Brazzaville
18. Africa/Bujumbura
19. Africa/Cairo
20. Africa/Casablanca
21. Africa/Ceuta
22. Africa/Conakry
23. Africa/Dakar
24. Africa/Dar_es_Salaam
25. Africa/Djibouti
26. Africa/Douala
27. Africa/El_Aaiun
28. Africa/Freetown
29. Africa/Gaborone
30. Africa/Harare
31. Africa/Johannesburg
32. Africa/Juba
33. Africa/Kampala
34. Africa/Khartoum
35. Africa/Kigali
36. Africa/Kinshasa
37. Africa/Lagos

38. Africa/Libreville
39. Africa/Lome
40. Africa/Luanda
41. Africa/Lubumbashi
42. Africa/Lusaka
43. Africa/Malabo
44. Africa/Maputo
45. Africa/Maseru
46. Africa/Mbabane
47. Africa/Mogadishu
48. Africa/Monrovia
49. Africa/Nairobi
50. Africa/Ndjamena
51. Africa/Niamey
52. Africa/Nouakchott
53. Africa/Ouagadougou
54. Africa/Porto-Novo
55. Africa/Sao_Tome
56. Africa/Timbuktu
57. Africa/Tripoli
58. Africa/Tunis
59. Africa/Windhoek
60. America/Adak
61. America/Anchorage
62. America/Anguilla
63. America/Antigua
64. America/Araguaina
65. America/Argentina/Buenos_Aires
66. America/Argentina/Catamarca
67. America/Argentina/ComodRivadavia
68. America/Argentina/Cordoba
69. America/Argentina/Jujuy
70. America/Argentina/La_Rioja
71. America/Argentina/Mendoza
72. America/Argentina/Rio_Gallegos
73. America/Argentina/Salta
74. America/Argentina/San_Juan
75. America/Argentina/San_Luis
76. America/Argentina/Tucuman
77. America/Argentina/Ushuaia
78. America/Aruba
79. America/Asuncion
80. America/Atikokan
81. America/Atka
82. America/Bahia
83. America/Bahia_Banderas

84. America/Barbados
85. America/Belem
86. America/Belize
87. America/Blanc-Sablon
88. America/Boa_Vista
89. America/Bogota
90. America/Boise
91. America/Buenos_Aires
92. America/Cambridge_Bay
93. America/Campo_Grande
94. America/Cancun
95. America/Caracas
96. America/Catamarca
97. America/Cayenne
98. America/Cayman
99. America/Chicago
100. America/Chihuahua
101. America/Coral_Harbour
102. America/Cordoba
103. America/Costa_Rica
104. America/Creston
105. America/Cuiaba
106. America/Curacao
107. America/Danmarkshavn
108. America/Dawson
109. America/Dawson_Creek
110. America/Denver
111. America/Detroit
112. America/Dominica
113. America/Edmonton
114. America/Eirunepe
115. America/El_Salvador
116. America/Ensenada
117. America/Fort_Wayne
118. America/Fortaleza
119. America/Glace_Bay
120. America/Godthab
121. America/Goose_Bay
122. America/Grand_Turk
123. America/Grenada
124. America/Guadeloupe
125. America/Guatemala
126. America/Guayaquil
127. America/Guyana
128. America/Halifax
129. America/Havana

130. America/Hermosillo
131. America/Indiana/Indianapolis
132. America/Indiana/Knox
133. America/Indiana/Marengo
134. America/Indiana/Petersburg
135. America/Indiana/Tell_City
136. America/Indiana/Vevay
137. America/Indiana/Vincennes
138. America/Indiana/Winamac
139. America/Indianapolis
140. America/Inuvik
141. America/Iqaluit
142. America/Jamaica
143. America/Jujuy
144. America/Juneau
145. America/Kentucky/Louisville
146. America/Kentucky/Monticello
147. America/Knox_IN
148. America/Kralendijk
149. America/La_Paz
150. America/Lima
151. America/Los_Angeles
152. America/Louisville
153. America/Lower_Princes
154. America/Maceio
155. America/Managua
156. America/Manaus
157. America/Marigot
158. America/Martinique
159. America/Matamoros
160. America/Mazatlan
161. America/Mendoza
162. America/Menominee
163. America/Merida
164. America/Metlakatla
165. America/Mexico_City
166. America/Miquelon
167. America/Moncton
168. America/Monterrey
169. America/Montevideo
170. America/Montreal
171. America/Montserrat
172. America/Nassau
173. America/New_York
174. America/Nipigon
175. America/Nome

176. America/Noronha
177. America/North_Dakota/Beulah
178. America/North_Dakota/Center
179. America/North_Dakota/New_Salem
180. America/Ojinaga
181. America/Panama
182. America/Pangnirtung
183. America/Paramaribo
184. America/Phoenix
185. America/Port-au-Prince
186. America/Port_of_Spain
187. America/Porto_Acre
188. America/Porto_Velho
189. America/Puerto_Rico
190. America/Rainy_River
191. America/Rankin_Inlet
192. America/Recife
193. America/Regina
194. America/Resolute
195. America/Rio_Branco
196. America/Rosario
197. America/Santa_Isabel
198. America/Santarem
199. America/Santiago
200. America/Santo_Domingo
201. America/Sao_Paulo
202. America/Scoresbysund
203. America/Shiprock
204. America/Sitka
205. America/St_Barthelemy
206. America/St_Johns
207. America/St_Kitts
208. America/St_Lucia
209. America/St_Thomas
210. America/St_Vincent
211. America/Swift_Current
212. America/Tegucigalpa
213. America/Thule
214. America/Thunder_Bay
215. America/Tijuana
216. America/Toronto
217. America/Tortola
218. America/Vancouver
219. America/Virgin
220. America/Whitehorse
221. America/Winnipeg

222. America/Yakutat
223. America/Yellowknife
224. Antarctica/Casey
225. Antarctica/Davis
226. Antarctica/DumontDUrville
227. Antarctica/Macquarie
228. Antarctica/Mawson
229. Antarctica/McMurdo
230. Antarctica/Palmer
231. Antarctica/Rothera
232. Antarctica/South_Pole
233. Antarctica/Syowa
234. Antarctica/Troll
235. Antarctica/Vostok
236. Arctic/Longyearbyen
237. Asia/Aden
238. Asia/Almaty
239. Asia/Amman
240. Asia/Anadyr
241. Asia/Aqtau
242. Asia/Aqtobe
243. Asia/Ashgabat
244. Asia/Ashkhabad
245. Asia/Baghdad
246. Asia/Bahrain
247. Asia/Baku
248. Asia/Bangkok
249. Asia/Beirut
250. Asia/Bishkek
251. Asia/Brunei
252. Asia/Calcutta
253. Asia/Chita
254. Asia/Choibalsan
255. Asia/Chongqing
256. Asia/Chungking
257. Asia/Colombo
258. Asia/Dacca
259. Asia/Damascus
260. Asia/Dhaka
261. Asia/Dili
262. Asia/Dubai
263. Asia/Dushanbe
264. Asia/Gaza
265. Asia/Harbin
266. Asia/Hebron
267. Asia/Ho_Chi_Minh

268. Asia/Hong_Kong
269. Asia/Hovd
270. Asia/Irkutsk
271. Asia/Istanbul
272. Asia/Jakarta
273. Asia/Jayapura
274. Asia/Jerusalem
275. Asia/Kabul
276. Asia/Kamchatka
277. Asia/Karachi
278. Asia/Kashgar
279. Asia/Kathmandu
280. Asia/Katmandu
281. Asia/Khandyga
282. Asia/Kolkata
283. Asia/Krasnoyarsk
284. Asia/Kuala_Lumpur
285. Asia/Kuching
286. Asia/Kuwait
287. Asia/Macao
288. Asia/Macau
289. Asia/Magadan
290. Asia/Makassar
291. Asia/Manila
292. Asia/Muscat
293. Asia/Nicosia
294. Asia/Novokuznetsk
295. Asia/Novosibirsk
296. Asia/Omsk
297. Asia/Oral
298. Asia/Phnom_Penh
299. Asia/Pontianak
300. Asia/Pyongyang
301. Asia/Qatar
302. Asia/Qyzylorda
303. Asia/Rangoon
304. Asia/Riyadh
305. Asia/Riyadh87
306. Asia/Riyadh88
307. Asia/Riyadh89
308. Asia/Saigon
309. Asia/Sakhalin
310. Asia/Samarkand
311. Asia/Seoul
312. Asia/Shanghai
313. Asia/Singapore

314. Asia/Srednekolymsk
315. Asia/Taipei
316. Asia/Tashkent
317. Asia/Tbilisi
318. Asia/Tehran
319. Asia/Tel_Aviv
320. Asia/Thimbu
321. Asia/Thimphu
322. Asia/Tokyo
323. Asia/Ujung_Pandang
324. Asia/Ulaanbaatar
325. Asia/Ulan_Bator
326. Asia/Urumqi
327. Asia/Ust-Nera
328. Asia/Vientiane
329. Asia/Vladivostok
330. Asia/Yakutsk
331. Asia/Yekaterinburg
332. Asia/Yerevan
333. Atlantic/Azores
334. Atlantic/Bermuda
335. Atlantic/Canary
336. Atlantic/Cape_Verde
337. Atlantic/Faeroe
338. Atlantic/Faroe
339. Atlantic/Jan_Mayen
340. Atlantic/Madeira
341. Atlantic/Reykjavik
342. Atlantic/South_Georgia
343. Atlantic/St_Helena
344. Atlantic/Stanley
345. Australia/ACT
346. Australia/Adelaide
347. Australia/Brisbane
348. Australia/Broken_Hill
349. Australia/Canberra
350. Australia/Currie
351. Australia/Darwin
352. Australia/Eucla
353. Australia/Hobart
354. Australia/LHI
355. Australia/Lindeman
356. Australia/Lord_Howe
357. Australia/Melbourne
358. Australia/NSW
359. Australia/North

360. Australia/Perth
361. Australia/Queensland
362. Australia/South
363. Australia/Sydney
364. Australia/Tasmania
365. Australia/Victoria
366. Australia/West
367. Australia/Yancowinna
368. BET
369. BST
370. Brazil/Acre
371. Brazil/DeNoronha
372. Brazil/East
373. Brazil/West
374. CAT
375. CET
376. CNT
377. CST
378. CST6CDT
379. CTT
380. Canada/Atlantic
381. Canada/Central
382. Canada/East-Saskatchewan
383. Canada/Eastern
384. Canada/Mountain
385. Canada/Newfoundland
386. Canada/Pacific
387. Canada/Saskatchewan
388. Canada/Yukon
389. Chile/Continental
390. Chile/EasterIsland
391. Cuba
392. EAT
393. ECT
394. EET
395. EST
396. EST5EDT
397. Egypt
398. Eire
399. Etc/GMT
400. Etc/GMT+0
401. Etc/GMT+1
402. Etc/GMT+10
403. Etc/GMT+11
404. Etc/GMT+12
405. Etc/GMT+2

406. Etc/GMT+3
407. Etc/GMT+4
408. Etc/GMT+5
409. Etc/GMT+6
410. Etc/GMT+7
411. Etc/GMT+8
412. Etc/GMT+9
413. Etc/GMT-0
414. Etc/GMT-1
415. Etc/GMT-10
416. Etc/GMT-11
417. Etc/GMT-12
418. Etc/GMT-13
419. Etc/GMT-14
420. Etc/GMT-2
421. Etc/GMT-3
422. Etc/GMT-4
423. Etc/GMT-5
424. Etc/GMT-6
425. Etc/GMT-7
426. Etc/GMT-8
427. Etc/GMT-9
428. Etc/GMT0
429. Etc/Greenwich
430. Etc/UCT
431. Etc/UTC
432. Etc/Universal
433. Etc/Zulu
434. Europe/Amsterdam
435. Europe/Andorra
436. Europe/Athens
437. Europe/Belfast
438. Europe/Belgrade
439. Europe/Berlin
440. Europe/Bratislava
441. Europe/Brussels
442. Europe/Bucharest
443. Europe/Budapest
444. Europe/Busingen
445. Europe/Chisinau
446. Europe/Copenhagen
447. Europe/Dublin
448. Europe/Gibraltar
449. Europe/Guernsey
450. Europe/Helsinki
451. Europe/Isle_of_Man

452. Europe/Istanbul
453. Europe/Jersey
454. Europe/Kaliningrad
455. Europe/Kiev
456. Europe/Lisbon
457. Europe/Ljubljana
458. Europe/London
459. Europe/Luxembourg
460. Europe/Madrid
461. Europe/Malta
462. Europe/Mariehamn
463. Europe/Minsk
464. Europe/Monaco
465. Europe/Moscow
466. Europe/Nicosia
467. Europe/Oslo
468. Europe/Paris
469. Europe/Podgorica
470. Europe/Prague
471. Europe/Riga
472. Europe/Rome
473. Europe/Samara
474. Europe/San_Marino
475. Europe/Sarajevo
476. Europe/Simferopol
477. Europe/Skopje
478. Europe/Sofia
479. Europe/Stockholm
480. Europe/Tallinn
481. Europe/Tirane
482. Europe/Tiraspol
483. Europe/Uzhgorod
484. Europe/Vaduz
485. Europe/Vatican
486. Europe/Vienna
487. Europe/Vilnius
488. Europe/Volgograd
489. Europe/Warsaw
490. Europe/Zagreb
491. Europe/Zaporozhye
492. Europe/Zurich
493. GB
494. GB-Eire
495. GMT
496. GMT0
497. Greenwich

498. HST
499. Hongkong
500. IET
501. IST
502. Iceland
503. Indian/Antananarivo
504. Indian/Chagos
505. Indian/Christmas
506. Indian/Cocos
507. Indian/Comoro
508. Indian/Kerguelen
509. Indian/Mahe
510. Indian/Maldives
511. Indian/Mauritius
512. Indian/Mayotte
513. Indian/Reunion
514. Iran
515. Israel
516. JST
517. Jamaica
518. Japan
519. Kwajalein
520. Libya
521. MET
522. MIT
523. MST
524. MST7MDT
525. Mexico/BajaNorte
526. Mexico/BajaSur
527. Mexico/General
528. Mideast/Riyadh87
529. Mideast/Riyadh88
530. Mideast/Riyadh89
531. NET
532. NST
533. NZ
534. NZ-CHAT
535. Navajo
536. PLT
537. PNT
538. PRC
539. PRT
540. PST
541. PST8PDT
542. Pacific/Apia
543. Pacific/Auckland

544. Pacific/Bougainville
545. Pacific/Chatham
546. Pacific/Chuuk
547. Pacific/Easter
548. Pacific/Efate
549. Pacific/Enderbury
550. Pacific/Fakaofo
551. Pacific/Fiji
552. Pacific/Funafuti
553. Pacific/Galapagos
554. Pacific/Gambier
555. Pacific/Guadalcanal
556. Pacific/Guam
557. Pacific/Honolulu
558. Pacific/Johnston
559. Pacific/Kiritimati
560. Pacific/Kosrae
561. Pacific/Kwajalein
562. Pacific/Majuro
563. Pacific/Marquesas
564. Pacific/Midway
565. Pacific/Nauru
566. Pacific/Niue
567. Pacific/Norfolk
568. Pacific/Noumea
569. Pacific/Pago_Pago
570. Pacific/Palau
571. Pacific/Pitcairn
572. Pacific/Pohnpei
573. Pacific/Ponape
574. Pacific/Port_Moresby
575. Pacific/Rarotonga
576. Pacific/Saipan
577. Pacific/Samoa
578. Pacific/Tahiti
579. Pacific/Tarawa
580. Pacific/Tongatapu
581. Pacific/Truk
582. Pacific/Wake
583. Pacific/Wallis
584. Pacific/Yap
585. Poland
586. Portugal
587. ROK
588. SST
589. Singapore

590. SystemV/AST4
591. SystemV/AST4ADT
592. SystemV/CST6
593. SystemV/CST6CDT
594. SystemV/EST5
595. SystemV/EST5EDT
596. SystemV/HST10
597. SystemV/MST7
598. SystemV/MST7MDT
599. SystemV/PST8
600. SystemV/PST8PDT
601. SystemV/YST9
602. SystemV/YST9YDT
603. Turkey
604. UCT
605. US/Alaska
606. US/Aleutian
607. US/Arizona
608. US/Central
609. US/East-Indiana
610. US/Eastern
611. US/Hawaii
612. US/Indiana-Starke
613. US/Michigan
614. US/Mountain
615. US/Pacific
616. US/Pacific-New
617. US/Samoa
618. UTC
619. Universal
620. VST
621. W-SU
622. WET
623. Zulu

Oracle Corporation’s version 1.8.0_60 has 617 time zone IDs:

1. ACT
2. AET
3. AGT
4. ART
5. AST
6. Africa/Abidjan
7. Africa/Accra
8. Africa/Addis_Ababa
9. Africa/Algiers
10. Africa/Asmara

11. Africa/Asmera
12. Africa/Bamako
13. Africa/Bangui
14. Africa/Banjul
15. Africa/Bissau
16. Africa/Blantyre
17. Africa/Brazzaville
18. Africa/Bujumbura
19. Africa/Cairo
20. Africa/Casablanca
21. Africa/Ceuta
22. Africa/Conakry
23. Africa/Dakar
24. Africa/Dar_es_Salaam
25. Africa/Djibouti
26. Africa/Douala
27. Africa/El_Aaiun
28. Africa/Freetown
29. Africa/Gaborone
30. Africa/Harare
31. Africa/Johannesburg
32. Africa/Juba
33. Africa/Kampala
34. Africa/Khartoum
35. Africa/Kigali
36. Africa/Kinshasa
37. Africa/Lagos
38. Africa/Libreville
39. Africa/Lome
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42. Africa/Lusaka
43. Africa/Malabo
44. Africa/Maputo
45. Africa/Maseru
46. Africa/Mbabane
47. Africa/Mogadishu
48. Africa/Monrovia
49. Africa/Nairobi
50. Africa/Ndjamena
51. Africa/Niamey
52. Africa/Nouakchott
53. Africa/Ouagadougou
54. Africa/Porto-Novo
55. Africa/Sao_Tome
56. Africa/Timbuktu

57. Africa/Tripoli
58. Africa/Tunis
59. Africa/Windhoek
60. America/Adak
61. America/Anchorage
62. America/Anguilla
63. America/Antigua
64. America/Araguaina
65. America/Argentina/Buenos_Aires
66. America/Argentina/Catamarca
67. America/Argentina/ComodRivadavia
68. America/Argentina/Cordoba
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73. America/Argentina/Salta
74. America/Argentina/San_Juan
75. America/Argentina/San_Luis
76. America/Argentina/Tucuman
77. America/Argentina/Ushuaia
78. America/Aruba
79. America/Asuncion
80. America/Atikokan
81. America/Atka
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83. America/Bahia_Banderas
84. America/Barbados
85. America/Belem
86. America/Belize
87. America/Blanc-Sablon
88. America/Boa_Vista
89. America/Bogota
90. America/Boise
91. America/Buenos_Aires
92. America/Cambridge_Bay
93. America/Campo_Grande
94. America/Cancun
95. America/Caracas
96. America/Catamarca
97. America/Cayenne
98. America/Cayman
99. America/Chicago
100. America/Chihuahua
101. America/Coral_Harbour
102. America/Cordoba

103. America/Costa_Rica
104. America/Creston
105. America/Cuiaba
106. America/Curacao
107. America/Danmarkshavn
108. America/Dawson
109. America/Dawson_Creek
110. America/Denver
111. America/Detroit
112. America/Dominica
113. America/Edmonton
114. America/Eirunepe
115. America/El_Salvador
116. America/Ensenada
117. America/Fort_Wayne
118. America/Fortaleza
119. America/Glace_Bay
120. America/Godthab
121. America/Goose_Bay
122. America/Grand_Turk
123. America/Grenada
124. America/Guadeloupe
125. America/Guatemala
126. America/Guayaquil
127. America/Guyana
128. America/Halifax
129. America/Havana
130. America/Hermosillo
131. America/Indiana/Indianapolis
132. America/Indiana/Knox
133. America/Indiana/Marengo
134. America/Indiana/Petersburg
135. America/Indiana/Tell_City
136. America/Indiana/Vevay
137. America/Indiana/Vincennes
138. America/Indiana/Winamac
139. America/Indianapolis
140. America/Inuvik
141. America/Iqaluit
142. America/Jamaica
143. America/Jujuy
144. America/Juneau
145. America/Kentucky/Louisville
146. America/Kentucky/Monticello
147. America/Knox_IN
148. America/Kralendijk

149. America/La_Paz
150. America/Lima
151. America/Los_Angeles
152. America/Louisville
153. America/Lower_Princes
154. America/Maceio
155. America/Managua
156. America/Manaus
157. America/Marigot
158. America/Martinique
159. America/Matamoros
160. America/Mazatlan
161. America/Mendoza
162. America/Menominee
163. America/Merida
164. America/Metlakatla
165. America/Mexico_City
166. America/Miquelon
167. America/Moncton
168. America/Monterrey
169. America/Montevideo
170. America/Montreal
171. America/Montserrat
172. America/Nassau
173. America/New_York
174. America/Nipigon
175. America/Nome
176. America/Noronha
177. America/North_Dakota/Beulah
178. America/North_Dakota/Center
179. America/North_Dakota/New_Salem
180. America/Ojinaga
181. America/Panama
182. America/Pangnirtung
183. America/Paramaribo
184. America/Phoenix
185. America/Port-au-Prince
186. America/Port_of_Spain
187. America/Porto_Acre
188. America/Porto_Velho
189. America/Puerto_Rico
190. America/Rainy_River
191. America/Rankin_Inlet
192. America/Recife
193. America/Regina
194. America/Resolute

195. America/Rio_Branco
196. America/Rosario
197. America/Santa_Isabel
198. America/Santarem
199. America/Santiago
200. America/Santo_Domingo
201. America/Sao_Paulo
202. America/Scoresbysund
203. America/Shiprock
204. America/Sitka
205. America/St_Barthelemy
206. America/St_Johns
207. America/St_Kitts
208. America/St_Lucia
209. America/St_Thomas
210. America/St_Vincent
211. America/Swift_Current
212. America/Tegucigalpa
213. America/Thule
214. America/Thunder_Bay
215. America/Tijuana
216. America/Toronto
217. America/Tortola
218. America/Vancouver
219. America/Virgin
220. America/Whitehorse
221. America/Winnipeg
222. America/Yakutat
223. America/Yellowknife
224. Antarctica/Casey
225. Antarctica/Davis
226. Antarctica/DumontDUrville
227. Antarctica/Macquarie
228. Antarctica/Mawson
229. Antarctica/McMurdo
230. Antarctica/Palmer
231. Antarctica/Rothera
232. Antarctica/South_Pole
233. Antarctica/Syowa
234. Antarctica/Troll
235. Antarctica/Vostok
236. Arctic/Longyearbyen
237. Asia/Aden
238. Asia/Almaty
239. Asia/Amman
240. Asia/Anadyr

241. Asia/Aqtau
242. Asia/Aqtobe
243. Asia/Ashgabat
244. Asia/Ashkhabad
245. Asia/Baghdad
246. Asia/Bahrain
247. Asia/Baku
248. Asia/Bangkok
249. Asia/Beirut
250. Asia/Bishkek
251. Asia/Brunei
252. Asia/Calcutta
253. Asia/Chita
254. Asia/Choibalsan
255. Asia/Chongqing
256. Asia/Chungking
257. Asia/Colombo
258. Asia/Dacca
259. Asia/Damascus
260. Asia/Dhaka
261. Asia/Dili
262. Asia/Dubai
263. Asia/Dushanbe
264. Asia/Gaza
265. Asia/Harbin
266. Asia/Hebron
267. Asia/Ho_Chi_Minh
268. Asia/Hong_Kong
269. Asia/Hovd
270. Asia/Irkutsk
271. Asia/Istanbul
272. Asia/Jakarta
273. Asia/Jayapura
274. Asia/Jerusalem
275. Asia/Kabul
276. Asia/Kamchatka
277. Asia/Karachi
278. Asia/Kashgar
279. Asia/Kathmandu
280. Asia/Katmandu
281. Asia/Khandyga
282. Asia/Kolkata
283. Asia/Krasnoyarsk
284. Asia/Kuala_Lumpur
285. Asia/Kuching
286. Asia/Kuwait

287. Asia/Macao
288. Asia/Macau
289. Asia/Magadan
290. Asia/Makassar
291. Asia/Manila
292. Asia/Muscat
293. Asia/Nicosia
294. Asia/Novokuznetsk
295. Asia/Novosibirsk
296. Asia/Omsk
297. Asia/Oral
298. Asia/Phnom_Penh
299. Asia/Pontianak
300. Asia/Pyongyang
301. Asia/Qatar
302. Asia/Qyzylorda
303. Asia/Rangoon
304. Asia/Riyadh
305. Asia/Saigon
306. Asia/Sakhalin
307. Asia/Samarkand
308. Asia/Seoul
309. Asia/Shanghai
310. Asia/Singapore
311. Asia/Srednekolymsk
312. Asia/Taipei
313. Asia/Tashkent
314. Asia/Tbilisi
315. Asia/Tehran
316. Asia/Tel_Aviv
317. Asia/Thimbu
318. Asia/Thimphu
319. Asia/Tokyo
320. Asia/Ujung_Pandang
321. Asia/Ulaanbaatar
322. Asia/Ulan_Bator
323. Asia/Urumqi
324. Asia/Ust-Nera
325. Asia/Vientiane
326. Asia/Vladivostok
327. Asia/Yakutsk
328. Asia/Yekaterinburg
329. Asia/Yerevan
330. Atlantic/Azores
331. Atlantic/Bermuda
332. Atlantic/Canary

333. Atlantic/Cape_Verde
334. Atlantic/Faeroe
335. Atlantic/Faroe
336. Atlantic/Jan_Mayen
337. Atlantic/Madeira
338. Atlantic/Reykjavik
339. Atlantic/South_Georgia
340. Atlantic/St_Helena
341. Atlantic/Stanley
342. Australia/ACT
343. Australia/Adelaide
344. Australia/Brisbane
345. Australia/Broken_Hill
346. Australia/Canberra
347. Australia/Currie
348. Australia/Darwin
349. Australia/Eucla
350. Australia/Hobart
351. Australia/LHI
352. Australia/Lindeman
353. Australia/Lord_Howe
354. Australia/Melbourne
355. Australia/NSW
356. Australia/North
357. Australia/Perth
358. Australia/Queensland
359. Australia/South
360. Australia/Sydney
361. Australia/Tasmania
362. Australia/Victoria
363. Australia/West
364. Australia/Yancowinna
365. BET
366. BST
367. Brazil/Acre
368. Brazil/DeNoronha
369. Brazil/East
370. Brazil/West
371. CAT
372. CET
373. CNT
374. CST
375. CST6CDT
376. CTT
377. Canada/Atlantic
378. Canada/Central

379. Canada/East-Saskatchewan
380. Canada/Eastern
381. Canada/Mountain
382. Canada/Newfoundland
383. Canada/Pacific
384. Canada/Saskatchewan
385. Canada/Yukon
386. Chile/Continental
387. Chile/EasterIsland
388. Cuba
389. EAT
390. ECT
391. EET
392. EST
393. EST5EDT
394. Egypt
395. Eire
396. Etc/GMT
397. Etc/GMT+0
398. Etc/GMT+1
399. Etc/GMT+10
400. Etc/GMT+11
401. Etc/GMT+12
402. Etc/GMT+2
403. Etc/GMT+3
404. Etc/GMT+4
405. Etc/GMT+5
406. Etc/GMT+6
407. Etc/GMT+7
408. Etc/GMT+8
409. Etc/GMT+9
410. Etc/GMT-0
411. Etc/GMT-1
412. Etc/GMT-10
413. Etc/GMT-11
414. Etc/GMT-12
415. Etc/GMT-13
416. Etc/GMT-14
417. Etc/GMT-2
418. Etc/GMT-3
419. Etc/GMT-4
420. Etc/GMT-5
421. Etc/GMT-6
422. Etc/GMT-7
423. Etc/GMT-8
424. Etc/GMT-9

425. Etc/GMT0
426. Etc/Greenwich
427. Etc/UCT
428. Etc/UTC
429. Etc/Universal
430. Etc/Zulu
431. Europe/Amsterdam
432. Europe/Andorra
433. Europe/Athens
434. Europe/Belfast
435. Europe/Belgrade
436. Europe/Berlin
437. Europe/Bratislava
438. Europe/Brussels
439. Europe/Bucharest
440. Europe/Budapest
441. Europe/Busingen
442. Europe/Chisinau
443. Europe/Copenhagen
444. Europe/Dublin
445. Europe/Gibraltar
446. Europe/Guernsey
447. Europe/Helsinki
448. Europe/Isle_of_Man
449. Europe/Istanbul
450. Europe/Jersey
451. Europe/Kaliningrad
452. Europe/Kiev
453. Europe/Lisbon
454. Europe/Ljubljana
455. Europe/London
456. Europe/Luxembourg
457. Europe/Madrid
458. Europe/Malta
459. Europe/Mariehamn
460. Europe/Minsk
461. Europe/Monaco
462. Europe/Moscow
463. Europe/Nicosia
464. Europe/Oslo
465. Europe/Paris
466. Europe/Podgorica
467. Europe/Prague
468. Europe/Riga
469. Europe/Rome
470. Europe/Samara

471. Europe/San_Marino
472. Europe/Sarajevo
473. Europe/Simferopol
474. Europe/Skopje
475. Europe/Sofia
476. Europe/Stockholm
477. Europe/Tallinn
478. Europe/Tirane
479. Europe/Tiraspol
480. Europe/Uzhgorod
481. Europe/Vaduz
482. Europe/Vatican
483. Europe/Vienna
484. Europe/Vilnius
485. Europe/Volgograd
486. Europe/Warsaw
487. Europe/Zagreb
488. Europe/Zaporozhye
489. Europe/Zurich
490. GB
491. GB-Eire
492. GMT
493. GMT0
494. Greenwich
495. HST
496. Hongkong
497. IET
498. IST
499. Iceland
500. Indian/Antananarivo
501. Indian/Chagos
502. Indian/Christmas
503. Indian/Cocos
504. Indian/Comoro
505. Indian/Kerguelen
506. Indian/Mahe
507. Indian/Maldives
508. Indian/Mauritius
509. Indian/Mayotte
510. Indian/Reunion
511. Iran
512. Israel
513. JST
514. Jamaica
515. Japan
516. Kwajalein

517. Libya
518. MET
519. MIT
520. MST
521. MST7MDT
522. Mexico/BajaNorte
523. Mexico/BajaSur
524. Mexico/General
525. NET
526. NST
527. NZ
528. NZ-CHAT
529. Navajo
530. PLT
531. PNT
532. PRC
533. PRT
534. PST
535. PST8PDT
536. Pacific/Apia
537. Pacific/Auckland
538. Pacific/Bougainville
539. Pacific/Chatham
540. Pacific/Chuuk
541. Pacific/Easter
542. Pacific/Efate
543. Pacific/Enderbury
544. Pacific/Fakaofo
545. Pacific/Fiji
546. Pacific/Funafuti
547. Pacific/Galapagos
548. Pacific/Gambier
549. Pacific/Guadalcanal
550. Pacific/Guam
551. Pacific/Honolulu
552. Pacific/Johnston
553. Pacific/Kiritimati
554. Pacific/Kosrae
555. Pacific/Kwajalein
556. Pacific/Majuro
557. Pacific/Marquesas
558. Pacific/Midway
559. Pacific/Nauru
560. Pacific/Niue
561. Pacific/Norfolk
562. Pacific/Noumea

563. Pacific/Pago_Pago
564. Pacific/Palau
565. Pacific/Pitcairn
566. Pacific/Pohnpei
567. Pacific/Ponape
568. Pacific/Port_Moresby
569. Pacific/Rarotonga
570. Pacific/Saipan
571. Pacific/Samoa
572. Pacific/Tahiti
573. Pacific/Tarawa
574. Pacific/Tongatapu
575. Pacific/Truk
576. Pacific/Wake
577. Pacific/Wallis
578. Pacific/Yap
579. Poland
580. Portugal
581. ROK
582. SST
583. Singapore
584. SystemV/AST4
585. SystemV/AST4ADT
586. SystemV/CST6
587. SystemV/CST6CDT
588. SystemV/EST5
589. SystemV/EST5EDT
590. SystemV/HST10
591. SystemV/MST7
592. SystemV/MST7MDT
593. SystemV/PST8
594. SystemV/PST8PDT
595. SystemV/YST9
596. SystemV/YST9YDT
597. Turkey
598. UCT
599. US/Alaska
600. US/Aleutian
601. US/Arizona
602. US/Central
603. US/East-Indiana
604. US/Eastern
605. US/Hawaii
606. US/Indiana-Starke
607. US/Michigan
608. US/Mountain

609. US/Pacific
610. US/Pacific-New
611. US/Samoa
612. UTC
613. Universal
614. VST
615. W-SU
616. WET
617. Zulu