**"All love is expansion, all selfishness is contraction."**

 Love has no boundaries, it is limitless. Love is the one thing we're capable of discerning that transcends time and space. It is a byproduct of the philosophy of 'Living to serve' with no alter motive to advertise one's efforts. Love always has more room to give, it indefinitely encapsulates everyone in close proximity to it. It is expansive in its very nature of existence. Selfishness on the opposite spectrum is the byproduct of the philosophy of 'Living for oneself', unlike Love, it is like a flower that bears no seeds. Its entire universe is self-centered and has no room but for itself. It's contractive to its very core and holds no value but for its own master.

https://en.wikipedia.org/wiki/Andromeda\_Galaxy

  But why is Expansion better than Contraction? Why is 'Living to serve' advocated and 'Living for oneself' protested? and by extension, why 'Love' over 'Self-regard'? Its rather a subjective discussion with millions of interpretations, but no matter how hard I reflect upon the subject it always narrows down to one profound mystery "The meaning of Life".

 “Learn to light a candle in the darkest moments of someone’s life. Be the light that helps others see; it is what gives life its deepest significance.”

― **Roy T. Bennett, The Light in the Heart**

https://towardsdatascience.com/how-to-scrape-any-website-with-python-and-beautiful-soup-bc84e95a3483

 Being the light in someone's life or only basking in your own, it's the meaning that you assign to your life that guides you to make your philosophy. It is your definition of Life that determines your course of action, your choices and your moral compass. Now, is there a good or a bad definition of Life? Well, that is an even more complicated affair certainly above the scope of this write-up, but History has never failed us, it's the most reliable teacher that humanity has ever confronted. It has the ability to enlighten us not through certainty but through patterns and examples.

  History is witness to several dooms and disasters that was a direct consequence of a selfish act. Be it Nazi Germany during Hitler or the conquest of the world by the European colonizers or the act of Ravana from the Epics of Ramayana, selfishness on the cost of others has always led to pain and misery to various degrees, this, in my opinion, does not pass for a good or even a considerable definition of one's life. On the other hand, the act of Love has always triumphed darkness. Be it the kindness of Mother Teresa, the brave act of Harriet Tubman who rescued 300 people from slavery or the purest form of love 'The Love of a Mother', Love has always prevailed in making the world a better place.

 Furthermore, every person is on this planet for about 70-90 years, people have faith in several concepts of the afterlife but with certainty, we can only guarantee this finite number of years to our lifeline. It's humbling to know that this tiny timeframe accounts for a very minuscule speck on the history of humankind, It also endows us with a big burden and a sense of purpose to bring a positive impact in this predefined iota of time.

 Your definition of 'The meaning of Life' will play a big role in determining your contribution towards the Human Civilization, forget civilization, it will ascertain your contribution to your friends and family. I cannot judge with certainty or judge at all whether your definition is right or wrong but ask for yourself would you want to be contractive and selfish in your pursuit to find the meaning of life or expansive with Love and kindness and make itself the meaning of your life!