

# IT TASK MANAGEMENT INEFFICIENCY

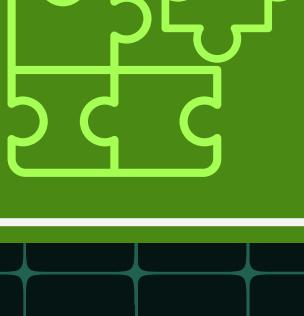
## Key Facts

Meticulous time management improves academic performance and reduces students' stress. Students who plan ahead and meet deadlines are observed to have lower stress.

01



02



## The Problem

Many students procrastinate and struggle to meet deadlines effectively.