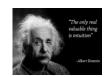
Transformation #7: Standardization







Standardization: Intuition

- It is sometimes useful to divide a centered variable by the variable's standard deviation
- This produces a transformed variable with $\overline{x} = 0$ and $\sigma = 1$, often called a "standard score" or "z-score": $y^* = \frac{y \overline{y}}{\sigma_v}$ $x^* = \frac{x \overline{x}}{\sigma_x}$
- This is very useful when you want to **compare dissimilar scales** (e.g., is weight larger than height?) or when the **effect size** of an unstandardized variable has **no meaning**.
- For example, in **survey** studies, we often see rating questions (e.g., rate your satisfaction from 1 to 7). So, what is the meaning of the effect from increasing the response by 1 scale point (e.g., 4 to 5)? It has no meaning.
- Standardizing x and y in $y^* = \beta_0 + \beta_1 x^* + \varepsilon$ the interpretation is: $x \uparrow 1$ standard deviation $\Rightarrow y \uparrow \beta_1$ standard deviations
- Fun fact: in a simple regression model like the one above, the resulting standardized coefficient is identical to the correlation between y and x



Standardized Regression

- If you need to standardize 1 or a few variables, you can compute the transformed variables as explained in the prior slide
- However, a simpler and more efficient alternative is to ask the regression routine to report "standardized coefficients", also referred to as "beta coefficients".
- The regression output will thus show both, the regular regression coefficients and the standardized coefficients.
- A standardized coefficient for x is $\boldsymbol{\beta}_x^* = \boldsymbol{\beta}_x \frac{\sigma_x}{\sigma_y}$
- So, it can be computed directly by multiplying the unstandardized coefficient by the ration of the standard deviations of x and y
- It can be shown mathematically that the standardized coefficients of a regular regression model are **identical** to the coefficients that would be obtained if each of the variables were standardized.
- Like with standardized variables, the standardized coefficient of x in a regression has this **interpretation**:







Standard.data = data.frame(scale(dataName, center=FALSE, scale=TRUE)) → Same function as for centering, but using scale=TRUE to standardize the entire data frame with numeric values

Same function as for centering, but using scale=TRUE to standardize a specific numeric column in the data set

An alternative to standardizing variables is to run a linear model with the original variables and then extract standardized coefficients:

```
lm.fit = lm(y\sim x1+x2, data=dataName) \rightarrow Run linear model first lm.standardized = <math>lm.beta(lm.fit) \rightarrow To create a linear model object that contains standardized coefficients
```





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