- …speak to someone about my general health and/or mental health
  - You can contact the UC Merced health center if you are feeling unwell or to schedule an appointment.
    - (209)228-2273
    - https://health.ucmerced.edu/
  - To speak to someone regarding your mental health or just need to talk to someone you can contact the Counseling & Psychological Services (CAPS) office.
    - https://counseling.ucmerced.edu/