

# The hidden role of market-making in the rise of farmed salmon

## Abstract

Aquaculture is expected to play an important role in transitioning towards healthy and sustainable diets, requiring dietary changes towards products with lower environmental footprints, in ways that address dietary needs. Farmed Atlantic salmon accounts for 2% of global aquaculture, with productivity-growth factors, such as research investment, credited with creating a high-value, globalized food commodity. However, its contribution to sustainability and nutrition goals remains unclear, and factors underlying consumer demand, such as marketing work, have been overlooked. We inspect the rise of farmed salmon in the UK, using key stakeholder interviews to understand the role of various actors (e.g., industry, retailers) in 'making' farmed salmon markets. Interviewees identified retailer strategies, such as labelling, and consumer-facing promotion efforts, such as health benefits, as key demand-growth factors underlying farmed salmon sales. Using data on UK seafood markets, we assess interviewee views, finding that farmed salmon is the most consumed aquatic food, but is less popular than other animal-source foods and primarily consumed by affluent households. Our analyses discuss how market-making efforts by industry and retail actors have shaped consumer demand by promoting salmon as an accessible, nutritious, and sustainable product. Accreditation and labelling have helped to develop perceptions of healthy and sustainable, despite farmed salmon being comparable in nutrient profile to other aquatic foods, and having long-standing environmental impacts. Market-making insights could be used to enhance demand for other aquatic foods, in ways that target dietary gaps by supplying affordable and sustainable products, such as mussels.

## Introduction

Sustainable transitions towards affordable, healthy diets will require dietary shifts that disadopt unsustainable foods in favour of existing but more sustainable products (Cottrell et al., 2021), or emerging future foods (Parodi et al., 2018). Aquatic foods are often positioned as ways to enhance global food and nutrition security (Garlock et al., 2022; Golden et al., 2021) while reducing environmental footprints (Willett et al., 2019), with farmed aquatic foods expected to play a significant role in sustainable dietary transitions (Gephart et al., 2020). Global aquaculture produces over 100 million tons of marine algae, invertebrates, and finfish annually, accounting for ~50% of aquatic foods, and will soon exceed wild fisheries supply (FAO, 2022; Naylor et al., 2021). Much aquaculture supply is traded globally, with rising demand linked to rapid expansion in farming of few marine species, such as Atlantic salmon and whiteleg shrimp (Gephart et al., 2024). These species characterise an increasingly globalized aquatic food system, directed by a small number of corporate actors (Österblom et al., 2015), with unclear contributions to sustainable development goals (Barton et al., 2023) and food and nutrition security (Belton et al., 2020).

Farmed Atlantic salmon (*Salmo salar*) is the world's most valuable mariculture (i.e. farmed at sea) commodity (ISFA, 2018) and accounts for 2% of global aquaculture production (Naylor et al., 2021). Commercial salmon farming started in the 1960s (Ellis et al., 2016), expanding into a large-scale, intensive production system that now supplies over 2.7 million tons of fish globally (Pandey et al., 2023). Multiple factors have been credited with the rise of farmed

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73 salmon as a global commodity, particularly those relating to 'productivity growth' (Asche et  
74 al., 2011) such as the species' suitability for large-scale intensive farming (e.g. fast growth),  
75 investment in technology and innovation (Regan et al., 2021), and industry consolidation  
76 (Asche et al., 2013). Consumer demand is often cited as a key driver of farmed salmon  
77 production, but aspects underlying such 'demand growth' are less well understood (Asche et  
78 al., 2011), particularly in how market characteristics **shape** demand and consumption of  
79 products. Such 'market making' requires the felicitous and purposeful coalescing of multiple  
80 elements, including market actors (e.g., producers, retailers, consumers), devices (e.g.,  
81 pricing mechanisms, packaging), practices (e.g., farming, transporting, categorising) that,  
82 combined, generate a market (infra)structure that facilitates and encourages consumption  
83 (Araujo, 2007; Katy Mason and Hagberg, 2015). These elements are characteristic of  
84 farmed salmon retail, which has undergone substantial product categorisation (Asche et al.,  
85 2021) and creation of new markets (Straume et al., 2024), with use of diverse labelling  
86 schemes to convey messages around food quality, dietary value, and sustainability (Global  
87 Salmon Initiative, 2019, Salmon Scotland, n.d.).

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88 In market making for farmed salmon, producers and retailers thus develop widely-available,  
89 convenient products (e.g., salmon fillets, ready meals), and amplify characteristics that are  
90 desirable to consumers (e.g. sustainability, health properties) in order to create demand.  
91 While these actions can have positive outcomes, such as creating new markets for  
92 sustainable products, market making has also been criticized for perpetuating false  
93 narratives. Seafood labelling schemes, for example, can promote environmentally-damaging  
94 fisheries (Jacquet et al., 2010), while marketing and lobbying for ultra-processed foods is  
95 expected to significantly raise health risks for middle-income countries (Moodie et al., 2021).  
96 For farmed salmon, large-scale, intensive practices have long-standing sustainability issues  
97 around feeds, disease, and animal welfare (Kuempel et al., 2023), while the potential for  
98 high-value mariculture products to contribute to global food and nutrition security has been  
99 questioned (Belton et al., 2020). Even within the UK, a high-income salmon-producing  
100 country, seafood consumption remains below recommended levels (Lofstedt et al., 2021),  
101 suggesting farmed salmon production has not addressed dietary gaps. While the global  
102 trade (Gephart et al., 2024) and environmental pressures (Kuempel et al., 2023) of salmon  
103 industry are well-documented, effects of salmon market-making on aquatic food markets and  
104 consumer diets remain unclear.

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105 Here, we examine perspectives of farmed salmon in the UK to develop insights into 'market-  
106 making' of aquatic foods. We interview **eight** expert actors involved with industry (**n = 3**),  
107 **research (3)**, government (**1**), and **policy advocacy (1)** in Scotland to gather multi-sided  
108 views on farmed salmon, and examine productivity and demand factors underlying the rise  
109 of salmon industry. We **conduct a qualitative, thematic analysis of** interviews to identify  
110 demand-growth factors that relate to 'market making', and test these perspectives against  
111 data on industry supply and composition, retail and marketing, and food consumption.  
112 Finally, we discuss how aquatic food markets could be shaped to better prioritise public  
113 health and environmental sustainability, focusing on existing aquatic food markets in the UK.

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## 114 Results

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115 **Through coding interviews, we identified ten key topics that were frequently raised by most**  
116 **or all of the expert actors, categorised into four themes (Industry, Retailers, Diets,**

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Stakeholder perspectives on salmon markets¶

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Environment) (Table 1). We examined interviewee perspectives on these ten topics, and confronted their statements against secondary datasets on farmed salmon production and consumption, and published literature.

*Industry*

All interviewees identified the significance of market consolidation and technological innovation (e.g. efficiency of feed, disease treatments) in supporting industry growth and the creation of a global commodity. While Norway and Chile dominate global Atlantic salmon mariculture, Scotland now accounts for 7.1% of total annual supply (205,000 t in 2021) (Fig. 1a). Supporting interviewee perspectives of a global commodity, farmed salmon production in Scotland has also increasingly oriented towards export markets. In 2022, 90,351 t of salmon was exported (£701 million, or 41% of total seafood export value), making farmed salmon the UK's most valuable and high-volume aquatic food export (Fig. 1b,c). Market consolidation was perceived to have enabled 'vertical integration' of farmed salmon production, increasing production through economies of scale. Indeed, farmed salmon markets have consolidated over the last three decades, with the number of salmon producer companies in the UK decreasing from 132 in 1993 to 10 in 2022, when four companies accounted for 92% of UK production (Fig. 2a). Productivity-growth through industry has been associated with technological innovations in genetic selection (e.g. faster fish growth, shorter life cycles, disease resistance) and vaccines (less mortality), and regulatory changes that permit larger and higher numbers of cages and sites, and a higher stocking density (in freshwater systems/stages) (Ellis et al., 2016). These technological advances and regulatory changes supported an increase from initial experimental farms in the 1970s to 203 farm sites active between 2018-2021 (Fig. 2b).

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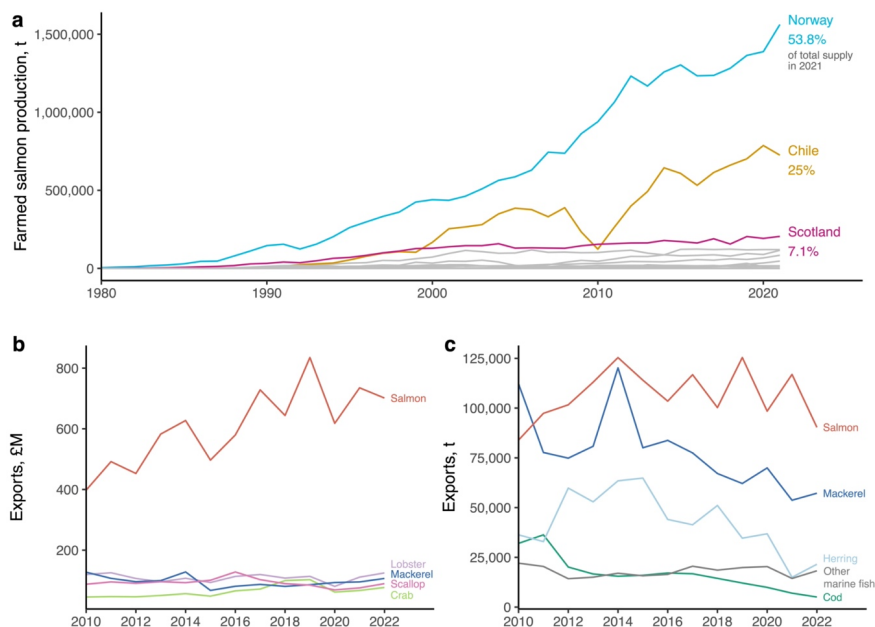
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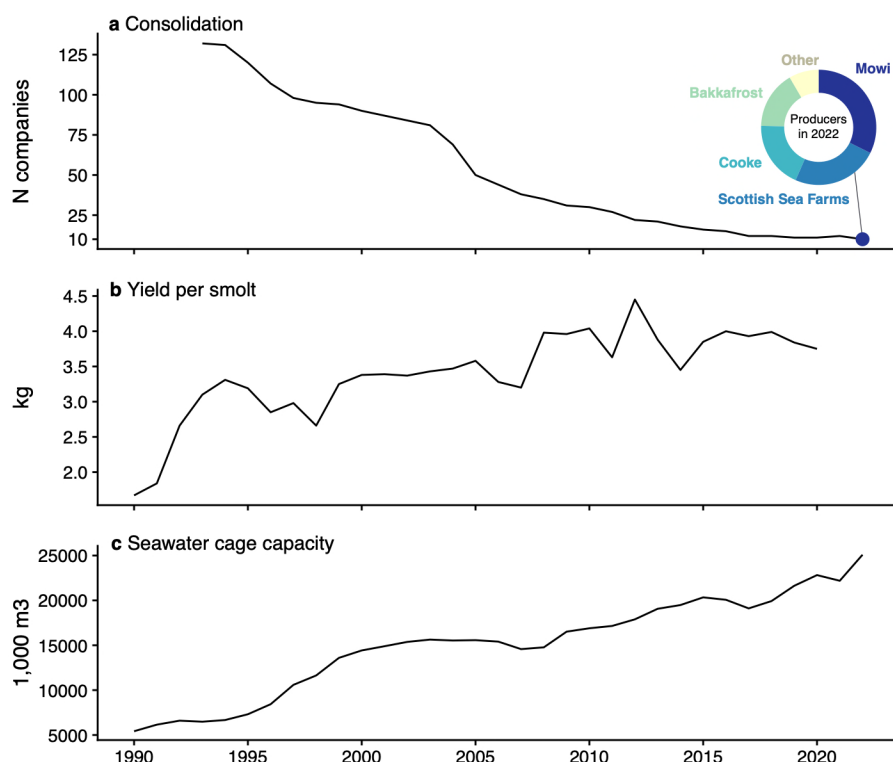
**Figure 1 | Farmed salmon as a global commodity.** **a)** Farmed salmon production from 1980-2022 in 22 countries (tonnes per year) (FAO Fisheries Division, Statistics and Information Branch, 2020). Top three producers are highlighted (Norway, Chile, Scotland), with labels showing relative contribution (%) to global supply in 2022. In Scotland, export statistics show farmed salmon dominated UK exports of aquatic foods by **b)** total value (million £ GBP) and **c)** total volume (tonnes) between 2010-2022 (Seafish, 2019). Lines show the top five exported aquatic food species.

#### Deleted: Scottish salmon context

Norway, Chile, and Scotland dominate global Atlantic salmon mariculture, with Scotland contributing 205,000 t (in 2021), accounting for 7.1% of total annual supply (Fig. 1a). From initial experimental farms in the 1970s, growth in production was achieved through registering more marine farm sites around Scotland's coastline, reaching 203 active sites between 2018-2021 (Fig. 2b), alongside increases in farm size, productivity, and fish growth and survival (Ellis et al., 2016). Farmed salmon production in Scotland has also increasingly oriented towards export markets. In 2022, 90,351 t of salmon was exported (£701 million, or 41% of total seafood export value), making farmed salmon the UK's most valuable and high-volume aquatic food export (Fig. 1b,c). Salmon is also popular in domestic retail markets, where salmon, cod, haddock, tuna, and prawns ('the big 5') account for most UK fish consumption (Harrison et al., 2023).

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**Figure 2 | Industry consolidation and intensification in Scotland from 1990 - 2022.** a) Number of companies producing farmed salmon, inset with top producers in 2022, b) system productivity measured by yield per smolt age class, and c) total seawater cage capacity. Data from the Scottish Fish Farm Production Survey (Scotland, 2021).

### Retailers

Most interviewees viewed retailers as key players in the farmed salmon industry, and noted 'demand-growth' factors such as labelling and certification. Retailers mentioned in interviews were primarily supermarkets, which were associated with the growing convenience of salmon products, and popularity of foods labelled with images associated with Scotland and healthy ecosystems (e.g. 'Scottish environment pristine, great animal health and welfare', Table S1). Accreditation labels were also associated with efforts to promote supply of sustainable food, which are widely used by seafood producers. For example, many Scottish salmon products are associated with eco- or sustainability labels, such as the Aquatic Stewardship Council (ASC) which has certified 57 farm sites in Scotland (26% of farms) (Aquaculture Stewardship Council, 2024). Retail messaging was also raised by interviewees who see health benefits of farmed salmon as important for consumers (e.g. omega-3 fatty acids, 'salmon is a regular health message out there'). However, consumer demand for farmed salmon was less clearly communicated by interviewees, with farmed salmon

**Moved up [1]: Stakeholder perspectives on salmon markets**

Our interviewees linked multiple productivity and demand factors with growth in global and UK farmed salmon production (Table 1).

**Moved up [2]:** Most interviewees identified the significance of market consolidation and technological innovation (e.g. efficiency of feed, disease treatments) in supporting industry growth. Market consolidation was perceived to have enabled 'vertical integration' of farmed salmon production, increasing production through economies of scale. Indeed, farmed salmon markets have consolidated over the last three decades, with the number of salmon producer companies in the UK decreasing from 132 in 1993 to 10 in 2022, when four companies accounted for 92% of UK production (Fig. 2a). Farm productivity has also steadily increased, owing to technological innovations in genetic selection (e.g. faster fish growth, shorter life cycles, disease resistance) and vaccines (less mortality), and regulatory changes that permit larger and higher numbers of cages and sites, and a higher stocking density (in freshwater systems/stages) (Ellis et al., 2016). This intensive, large-scale model of salmon production has been referred to as 'precision aquaculture' (Føre et al., 2018) and presented as an example of 'sustainable intensification', where yields are increased without causing additional environmental impacts (e.g. land conversion) (Ellis et al., 2016).

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**Deleted:** However, most interviewees also associated intensive salmon production with environmental impacts, suggesting that farmed salmon is, at best, a disputed example of sustainable intensification. Negative perceptions included declines in wild salmon populations, feed supply chain issues, environmental run-off, and impacts to local community economies (Table S1). However, several interviewees also identified sustainability and environmental accreditation as positive attributes of farmed salmon, with "farming in the sea...intrinsically...more sustainable than farming on land" (Table S1). Such a disconnect in perspectives may arise because environmental impacts can be diffuse and lagged, making it difficult to robustly link farm practices with environmental declines. For example, life cycle analysis shows that over 90% of salmon's environmental impacts are generated from fish feeds for which, in the UK, over 75% are sourced from countries distant from salmon farms (Newton and Little, 2018). Positive environmental assessments may also reflect recent improvements in salmon practices (Naylor et al. 2021), such as decreasing dependence on r...

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considered both more expensive than other animal-source foods ('premium price') and 'one of the most purchased fish products in supermarkets' (Table S1). *Retail power was reflected in the high degree of categorisation in products, with farmed salmon 'the biggest single product within the seafood category', offering '30 to 40 different products' to consumers.*

Theme	Interview topic	Stakeholder perspectives	Example
Industry	Global commodity	Farmed salmon is now a global seafood commodity, enabling efficiencies of scale and industry power.	"dramatic improvements in productivity and efficiency of production"
	Consolidation	Salmon industry has consolidated into fewer, large companies	"there's only really three or four producers...in Scotland now"
Retailers	<b>Labelling and certification</b>	Scottish brand has positive connotations for consumers	"...clear premium to be associated with the Scottish one, because it's seen as better"
	<b>Retail power</b>	Retailers have strong influence on industry success and consumer perceptions	"salmon...is the biggest single product within the seafood category"
Diets	<b>Health benefits</b>	Farmed salmon contributes to healthy diets	"it's at the pinnacle of nutritional value"
	<b>Convenience</b>	Categorisation of farmed salmon products has made it easier for consumers (e.g. ready-to-eat)	"accessible format is key"
	<b>Consumer perceptions</b>		"I think it's one of the most purchased fish products in supermarkets"
		Accessible and popular seafood available in supermarkets	"we can only encourage consumers to eat [what they want] to eat"
Environment	Fish welfare	Scotland's farm production is associated with good fish welfare, but also fish welfare issues in global salmon industry	"...if you ask them would turn to issues like sea lice, or use of antibiotics or polluting local waters"
	Sustainability	Farmed salmon have impacts on marine ecosystems, but farmed salmon are also sustainable food choices	"a really positive story, the space of water use [...] lower carbon footprint, because I know it's got a sort of similar footprint to chicken, for example."
	Future challenges	Barriers to further growth in Scottish farmed salmon, such as marine spatial planning and climate change	"challenges that you have around disease, and particularly sea lice"

**Table 1.** Stakeholder perceptions of Scottish farmed salmon. *We show 10 key topics that were frequently raised by interviewees. Each theme was mentioned at least once by all eight interviewees, except for fish welfare (7/8), convenience (7/8), future challenges (6/8), and retail power (5/8).* Codes in bold are associated with demand-growth or market-making factors.

*Diets.*

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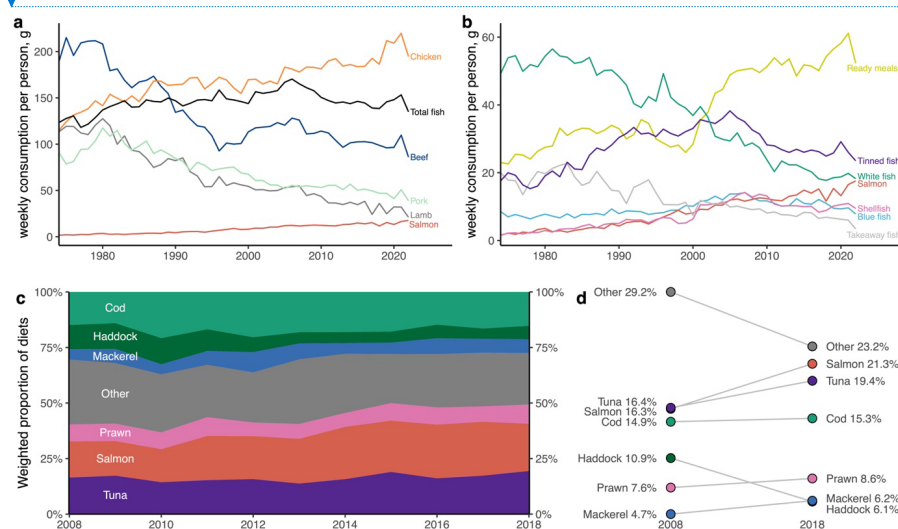
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All interviewees described the importance of consumers perceiving farmed salmon to be a convenient and healthy food, which supported retail demand (Table 1). Farmed salmon was considered to be popular because it 'can be produced in a ways that the consumers find it easy to consume' (Table S1). Indeed, diet surveys of UK adults show that 60% of adults consumed aquatic foods (average daily intake = 40 g) between 2008-2018, with the 'big five' of salmon, tuna, cod, prawns, and haddock accounting for approximately two-thirds of the average seafood diet. Steady increase in farmed salmon demand (16% to 21%) has now placed salmon as one of the top two consumed aquatic foods (for people who eat aquatic foods), displacing haddock (-4.8%) and 'other' species (-6%) (Fig. 3d). Yet farmed salmon remains below other animal-source proteins. Since 1990, chicken has been the most consumed animal protein in the UK (195 g per person per week), followed by aquatic foods (135 g) and beef (86 g) (Fig 3a). Total fish consumption has remained relatively stable since 1980, while salmon consumption steadily increased from ~2 g per week in the 1970s to 18 g by 2022. Households have increasingly consumed fish in ready meals (40% of weekly diet in 2022), and these products are substituting for long-term declines in white fish (fresh or frozen) and takeaway fish (16% of diet, combined) (Fig. 3b). While these surveys quantified consumption of fresh or frozen salmon separately from convenience forms (e.g. ready meals), our analysis shows that salmon has always been consumed less than other terrestrial meats.



**Figure 3 | Animal-source food consumption in the UK from 1974-2022.** a) weekly household consumption of major animal-source foods and farmed salmon (dark blue), and b) major aquatic food products (Department for Environment, Food & Rural Affairs, 2012). Individual diet surveys from 2008-2018 show c) the average composition of diets for people eating aquatic foods, accounting for quantity and frequency of consumption (Office for Health Improvement and Disparities, 2016). d) Absolute change in diet composition from 2008 to 2018. Aquatic foods contributing < 5% of diet (by weight) were grouped as 'Other'. See Fig. S1 for household aquatic food consumption by wealth decile.

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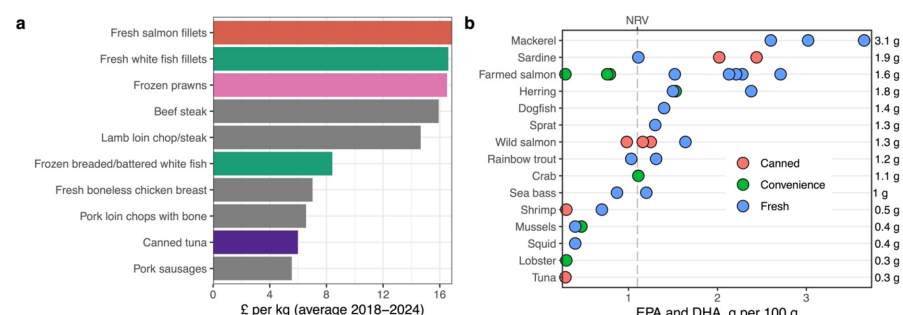
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We next examined farmed salmon consumption relative to other aquatic foods, using more highly-resolved diet surveys of UK adults (Office for Health Improvement and Disparities, 2016). Between 2008-2018, 60% of adults consumed aquatic foods (average daily intake = 40 g), with the 'big five' of salmon, tuna, cod, prawns, and haddock accounting for approximately two-thirds of the average seafood diet. Steady increase in farmed salmon demand (16% to 21%) has placed salmon as one of the top two consumed aquatic foods (for people who eat aquatic foods), displacing haddock (-4.8%) and 'other' species (-6%) (Fig. 3d). Together with household food consumption data (Fig. 3b), these trends suggest that increases in ready meal consumption is primarily of convenient forms of farmed salmon and tuna, consistent with evidence of growing categorisation and commodification of farmed salmon products (Asche et al., 2021).

All interviewees identified salmon health benefits as being important (*“the pinnacle of nutritional value”*), particularly noting its high omega-3 fatty acid content as a driver of consumer demand. Indeed, UK dietary guidelines recommend that adults eat two portions (2 x 140 g) of aquatic foods every week, with one of those being an oily fish, such as salmon (NHS, 2024). A 140 g portion of farmed salmon contains over 100% of an adult’s recommended intake of omega-3 fatty acids, vitamins B12 and D, and thus can be a significant contributor to dietary nutrient intakes (Willer et al. 2023), though at the highest retail cost of any animal-source food (Fig. 4a). However, ‘convenience’ products such as smoked salmon or fishcakes, that were also considered important in consumer demand, have less EPA and DHA than fresh salmon, with levels below the recommended daily intake (Fig. 4b). Other oily fish such as herring, mackerel, and sardine also contained comparable or higher omega-3 fatty acid levels to farmed salmon (Fig. 4b).



**Figure 4 | Price and nutrient content of UK animal food products.** a) Average price (£ GBP per kg) of animal-source foods in national food surveys that included salmon products (2018–24) (Office for National Statistics, 2023) and b) omega-3 fatty acid (EPA and DHA) content in UK aquatic food products (those >0.25 g per 100 g) (Widdowson, n.d.). Products were aggregated by common species name, and coloured by processing type (convenience products were pre-cooked, e.g. smoked fish or fish cakes). Terrestrial animal products contained negligible amounts of EPA and DHA (median = 0.03 g per 100 g). Dashed line shows the Nutrient Reference Value for adult women, indicating recommended daily intake of EPA and DHA (1.1 g) (FAO, 2010). Secondary y-axis shows the mean EPA and DHA concentration for each species.

## Environment

Most interviewees associated intensive salmon production with environmental impacts. Diverse negative sustainability perceptions were raised by all interviewees, including declines in wild salmon populations, feed supply chain issues, environmental pollution, and impacts to local communities, with fish welfare identified as highly variable between Scotland and other producing countries (Table 1). However, several interviewees also identified sustainability and environmental accreditation as positive attributes of farmed salmon, with *“farming in the sea...intrinsically...more sustainable than farming on land”* (Table S1). Future environmental challenges, such as climate change, were also considered to be important factors for salmon industry. Environmental challenges were also diverse, ranging from *“demand for fish feed”* to sea lice and disease, and these will continue to be key concerns

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468 (“the industry is very aware that sustainability debates are going to be increasingly  
469 important”) (Table S1).

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## 471 Discussion

472 Favourable regulation, market consolidation, and technological innovation have supported  
473 farmed salmon producers in developing a model of intensive large-scale production (Asche  
474 et al., 2013; Ellis et al., 2016; Graziano et al., 2018), transforming salmon into one of the  
475 most valuable global food commodities. One of our interviewees said “we can only  
476 encourage consumers to eat [what they want] to eat” (E1, Table 1). However, our study  
477 suggests that the rise of farmed salmon demand in the UK was a process that included  
478 several purposeful actions from market actors, such as the processing and creation of  
479 convenience food products, wide availability, and health and sustainability labelling, leading  
480 to positive framing of the industry from almost all interviewees. Our analyses show that  
481 consumers responded to this increase in supply by changing aquatic food preferences  
482 towards farmed salmon, positioning salmon as the most popular aquatic food product in the  
483 UK.

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485 Market-making by industry (e.g. farmers, processors, and retailers) has played a significant  
486 role in creating demand and popularity for farmed salmon. Interviewees suggested that  
487 salmon’s market appeal is linked to its accessibility, nutrient value, and sustainability  
488 credentials, yet our analysis suggests these messages can be misleading. UK food  
489 consumption datasets showed that farmed salmon is less widely consumed than other  
490 animal-source proteins, while recent increases in salmon consumption (the most popular  
491 aquatic food in 2018) have displaced other aquatic foods from diets, primarily through  
492 popularity of convenience products. Together, long-term household consumption data and  
493 diet surveys (Fig. 3) suggest that increases in ready meal consumption is primarily of  
494 convenient forms of farmed salmon and tuna, consistent with evidence of growing  
495 categorisation and commodification of farmed salmon products (Asche et al., 2021). Our  
496 analysis thus suggests that retailers have steadily prioritised farmed salmon products over  
497 other aquatic foods, shaping seafood markets to favour more affluent consumers. With  
498 farmed salmon among the most expensive animal-source foods (Fig. 4a), consumed  
499 primarily by affluent households (Fig. S1), the availability of more affordable aquatic foods  
500 may have decreased in response to salmon market-making. Indeed, in the UK between  
501 2006-18, salmon demand increased while total seafood consumption remained stable (Fig.  
502 3a) and UK diets were below recommended levels of seafood intake (Harrison et al., 2023).  
503 The rise of farmed salmon has therefore not improved aquatic food consumption in the UK,  
504 while deficiencies of nutrients concentrated in aquatic foods, such as iron and selenium,  
505 remain prevalent (Derbyshire, 2018).

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507 Food labelling can be a powerful market-making tool (Cochoy, 2020; Fuentes and Fuentes,  
508 2017). Sustainability accreditation in farmed salmon products is prevalent, with all  
509 interviewees noting that retailer labelling was associated with positive perceptions of farmed  
510 salmon (e.g., ‘local’, ‘wild’, and ‘organic’). Multiple accreditation schemes and ecolabels have  
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512 for markets and consumers, with variable success in improving sustainability (Roheim et al.,  
513 2018). Labelling schemes used for farmed salmon have been considered indicators of

environmental or social responsibility, rather than sustainability standards (Gulbrandsen et al., 2022). Indeed, the intensive large-scale model of salmon production has been referred to as 'precision aquaculture' (Føre et al., 2018) and presented as an example of 'sustainable intensification' (Ellis et al., 2016), yet all expert interviewees raised environmental and sustainability issues associated with mariculture. Such disconnect in sustainability credentials may be linked to accreditation movements that help larger companies to exert market influence by re-defining sustainability (Aarset et al., 2020) while environmental footprints remain large (e.g. emissions and land use in farmed salmon) (Kuempel et al., 2023; Newton and Little, 2018). Indeed, ASC and other aquatic food ecolabels have been criticised for failing to capture these broader system impacts of salmon production (Gulbrandsen et al., 2022). Labelling thus appears to serve as a powerful demand-growth factor. Industry influence in this area remains strong, with, for example, the UK government approving legislation in 2024 to market farmed products as 'Scottish Salmon', a labelling protection previously reserved for wild-caught products (Scotland, 2024).

Environmental impacts can also be diffuse and lagged, making it difficult to robustly link farm practices with environmental declines. For example, life cycle analysis shows that over 90% of salmon's environmental impacts are generated from fish feeds for which, in the UK, over 75% are sourced from countries distant from salmon farms (Newton and Little, 2018). Positive environmental assessments of farmed salmon may also reflect recent improvements in production practices (Naylor et al. 2021), such as decreasing dependence on marine ingredients (marine oil use in Norway declined from 31% to 10% from 2000-16, Aas et al. 2019), phasing out of antibiotics (Bondad-Reantaso et al., 2023), and (comparatively) low carbon footprints of net pen systems (Ziegler et al., 2013). Nevertheless, despite having lower carbon emissions than most livestock products (Bianchi et al., 2022; Robinson et al., 2022), environmental impacts of large-scale salmon farming (e.g. feed supply chains) remain substantial (Kuempel et al., 2023). Continued supply-growth in farmed salmon (Froehlich et al., 2021), and associated demand-growth through market-making, will therefore lead to mariculture accounting for an increasing share of the UK food system environmental footprint, irrespective of sustainability accreditation.

The role of retail commodification in market-making can also have strong influences on food system composition. For example, consumption of 'Other' aquatic foods was partly substituted by farmed salmon (and tuna), and over one third of salmon retail can be prepared convenience products (Straume et al., 2024), suggesting salmon contributions to omega-3 fatty acid intakes may be overstated. While such food substitutions are historically rare, aquatic food markets are highly diverse, encompassing many species, production methods, and sources (Ferraro et al., 2022). This sector may therefore be more suited to market making efforts to reshape consumer demand. Indeed, UK consumers have already transitioned from primarily consuming wild-caught species from UK waters (cod, haddock) in the 20th century, to retail dominated by imported and farmed products (Harrison et al., 2023). Characteristics of farmed salmon market-making could thus be used to encourage and enable the consumption of more sustainable and nutritious aquatic foods that reach people with greater dietary needs. For example, the UK also produces other farmed aquatic foods at smaller quantities (mussels, seaweed), and large quantities of wild-caught species such as herring and mackerel (Harrison et al., 2023; Robinson et al., 2022) destined for export markets (Graziano et al., 2018). Reorganising the market to help increase demand for such low-impact species would contribute to the reduction of environmental footprints from

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618 aquatic foods (Jones et al., 2022), while addressing deficiencies in nutrients that are  
619 concentrated in aquatic foods (Vogliano et al., 2024; Willer et al., 2021). Such diversification  
620 (i.e. reducing farmed salmon dominance) would add resilience to food supply (e.g. from  
621 trade disruption) (Graziano et al., 2018) and reduce food system contributions to emissions  
622 targets (Stewart et al., 2023). Market-making efforts towards other products could engender  
623 new markets through, for example, product categorisation (Gawel et al., 2023). Upscaling  
624 production and demand for these markets will require further analysis on market dynamics  
625 between farmed salmon and other animal foods (terrestrial and aquatic), engagement with  
626 industry and retailers (Ruel et al., 2018), and investment and regulatory support (Vogliano et  
627 al., 2024).

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629 Dominance of individual species within seafood sectors has been historically rare (Ferraro et  
630 al., 2022), while the intensive production, investments in infrastructure of processing and  
631 distribution, technology, labelling and categorisation, and other market-making practices of  
632 farmed salmon are similar to those in the poultry sector (i.e. 'aquatic chicken') (Gephart et  
633 al., 2020). Our analysis suggests that farmed salmon demand is not simply 'naturally  
634 occurring' or 'intrinsic' but has been shaped through purposeful market-making by producers  
635 and retailers, underpinned by narratives of widespread appeal, nutrient value, and  
636 sustainability. We find that farmed salmon dominance of UK aquatic food consumption is  
637 primarily due to affluent households and, through categorisation, labelling, and  
638 differentiation, may have led to reduced demand for other aquatic foods. The knock-on  
639 impacts for other aquatic food sectors remain unclear, requiring further research on how  
640 producers and retailers act to influence consumer behaviour. Uncovering market-making in  
641 food systems can reveal ways of promoting consumption of new or alternative products,  
642 providing means to address consumer barriers for more affordable, nutritious and  
643 sustainable aquatic foods (Gawel et al., 2023).

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644 **Methods**

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646 Our 'marketography' of UK farmed salmon used "*interviews, observation, documentary work,*  
647 *[and] historical record*" to trace the market-making efforts of actors across space and time  
648 (Roscoe and Loza, 2019).

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649 *Interviews with expert stakeholders*

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652 Initial participants were recruited following the identification of main players in the market  
653 through publicly available data, and contacted via online channels. From this, a process of  
654 snowballing (Thorpe et al., 2008) allowed for further potential participants to be selected.  
655 Sampling through snowballing poses the risk of distorting bias (Hammersley and Atkinson,  
656 2019) (e.g., only meeting colleagues), however, the multi-sided nature of our approach to  
657 recruitment ensured accounting for diverse perspectives. We contacted a variety of actors,  
658 recruiting a final count of eight people for interviews, including activists, aquaculture  
659 researchers, industry leaders, and policymakers who were identifiably involved with salmon  
660 farming (e.g., published research on salmon aquaculture). This number of interviews is  
661 appropriate for a qualitative data analysis, which prioritises depth over breadth of data, and  
662 adopts thematic saturation as a key determinant of sample size, the point at which no new  
663 themes are emerging (Easterby-Smith et al., 2015). One of the authors also attended one of  
664

669 the largest industry events in Scotland in 2023 to network and identify potential participants,  
670 which resulted in one of the expert interviews.  
671  
672 Interviews followed a semi-structured guide which allowed adaptation and exploration during  
673 conversations (Supplementary Methods). Thus, the authors made decisions about “which  
674 line of questioning [...] to explore further” (Thorpe et al., 2008) depending on which points  
675 were raised by the interviewees. Interviews were conducted either in person in Scotland or  
676 online, and both authors were present at all but two interviews. In this case, the non-present  
677 co-author listened to the recording of the interview. All interviews, in person and online,  
678 were recorded and transcribed by an independent transcriber and subsequently cross-  
679 checked by the authors. Transcriptions formed the dataset of the thematic analysis to  
680 identify key [topics](#) raised by the participants. Analysis was performed through open, axial  
681 and selective coding in which every “pass-through” involved identifying and refining  
682 [keywords, and grouping into topics](#) (Neuman, 2012). Both authors conducted an  
683 independent analysis of the texts to identify key [topics](#), which was followed by a process of  
684 contrasting, discussion and agreement.  
685  
686 [Datasets on UK farmed salmon and aquatic foods](#)  
687  
688 We extracted data on the global production of farmed salmon (tonnes) from the FAO Fishery  
689 and Aquaculture Statistics databases (FAO Fisheries Division, Statistics and Information  
690 Branch, 2020), and examined relative contributions of the top three producing countries  
691 (Norway, Chile, Scotland) from 1980 - 2021. We gathered additional data on Scotland's  
692 farmed salmon production, trade and industry. We extracted trade quantity and value of  
693 major aquatic foods over 2010-2022, using EUMOFA data provided by Seafish (Seafish,  
694 2019). From the Scottish Fish Farm Production Survey (Scotland, 2021), we extracted data  
695 on industry composition (the number of companies from 1993-2022), and farm system  
696 productivity (the number of sites, smolt size, and cage capacity from 1990-2022).  
697  
698 We [also](#) used public food consumption databases to understand contributions of farmed  
699 salmon to UK diets relative to other terrestrial and aquatic animal-source foods. We  
700 assessed demand for animal-source foods using family food datasets collected by the UK  
701 government (Department for Environment, Food & Rural Affairs, 2012). These datasets  
702 estimate the average quantity of food products purchased per person per week, from 1974  
703 to 2022, providing a standardised metric of long-term demand for major UK animal-source  
704 foods. We extracted all animal-source foods recorded in this dataset, and further categorised  
705 aquatic foods into groups of similar species (e.g. blue fish, white fish). We complemented  
706 these household consumption estimates with data from individual diet recall surveys,  
707 collected by the National Diet and Nutrition Survey (Office for Health Improvement and  
708 Disparities, 2016). These surveys allowed us to understand relative consumption of aquatic  
709 food products at greater resolution than the household consumption dataset, containing  
710 information on portion sizes and consumption frequency of 43 aquatic food products, from  
711 2008-2018. We examined annual changes in aquatic food consumption by adults,  
712 aggregating products to common species names (e.g. salmon, cod, tuna) and estimating the  
713 relative proportion (i.e. frequency \* portion size) of each product, for individuals who  
714 consumed aquatic foods. We visualized all species that had ≥5% of diets (cod, haddock,  
715 prawn, salmon, tuna, mackerel), and grouped the remaining species as ‘Other’.  
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726 Finally, we examined aspects of market making in farmed salmon using data on the average  
727 price of animal-source foods, and omega-3 fatty acid content in aquatic foods. Price  
728 estimates were extracted from the Office for National Statistics dataset on inflation-corrected  
729 prices of commonly consumed foods by UK households (Office for National Statistics, 2023).  
730 This dataset tracks the monthly price of a food basket of popular items, corrected for  
731 inflation, including farmed salmon, four other aquatic foods, and five terrestrial animal-source  
732 foods. We estimated the average price per kg of these foods from 2018-2023. We next  
733 extracted omega-3 fatty acid estimates from (Widdowson, n.d.) and identified all foods with  
734 EPA and DHA concentrations above 250 mg per 100 g. The UK does not have specific  
735 health guidelines on EPA and DHA intakes, so we assessed these food values relative to  
736 guidelines for adult women (1.1 g per 100 g) (FAO, 2010).

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