

Sole Foot & Ankle Specialists

Janie Staravecka, DPM

Injection #:

Informed consent: I authorize the performance of a steroid injection

The nature of treatment and its benefits were discussed with the patient. Alternate treatments (or no treatment) were reviewed. Risks include but are not limited to: reaction to medications (local and systemic), nerve injury, injury to blood vessels, tendon rupture, residual pain, infection, numbness, bleeding and recurrent symptoms. Although the benefits are judged to outweigh the risks, should any of these complications occur, any of them could be permanent. No guarantees of success or outcome were given or implied. They stated they had no further questions and agreed to proceed.

Indications:

Site: The site was injected using aseptic technique

Injection: 1cc Lidocaine plain + 0.25cc Dexamethasone + Kenalog 10mg 0.25cc

Complications: There were no complications immediately or following the procedure. The patient tolerated the procedure well.

Standard Instructions: The patient was instructed on icing, activity resumption, the use of over-the-counter pain medications and if there are any unexpected symptoms please call the office.

We discussed conservative care and other options

Print Patient's Name

Patient (or parent/guardian) Signature

Date

Witness Signature

Date