# Human Activity Recognition (HAR)

## HarvardX

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## Introduction

This is a report showing the process and results for the creation of a model for human activity recognition (herafter HAR).

This is the capstone project of the Data Science course pursued by the author in HarvardX.

The main **goal** of this project is to use machine learning techniques in order to predict the human activity based on the data extracted from on-body sensors. We will compare our results to those obtained by the main **contributor** [1].

We will also try to observe if all 4 sensors are really necessary and if we can use less sensors in order to predict the activity.

#### Dataset

The dataset used in this project is the HAR Dataset for benchmarking [1]

The dataset includes measurements of **inertial sensors** attached to several people while doing normal activities during the day. It also includes data related to the person such as weight, height, etc.

A more detailed description of the dataset can be found **here**.

## Analysis

In this section we will prepare the data to work with and explore some important characteristics of the dataset.

## Data wrangling

The created har dataset has the following structure:

Name	Type	Description
user	Factor	w/ 4 levels "debora", "jose_carlos"
gender	Factor	w/ 2 levels "Man", "Woman":
age	int	user age
$how\_tall\_in\_meters$	num	height
weight	int	weight in kg
$body\_mass\_index$	num	body mass
x1	int	sensor 1 axis x in m/s2
y1	int	sensor 1 axis y in m/s2
z1	int	sensor 1 axis z in m/s2
x2	int	sensor 2 axis x in m/s2
y2	int	sensor 2 axis x in $m/s2$

Name	Type	Description
z2	int	sensor 2 axis x in m/s2
x3	int	sensor 3 axis x in m/s2
y3	int	sensor 3 axis x in m/s2
z3	int	sensor 3 axis x in m/s2
x4	int	sensor 4 axis x in m/s2
y4	$\operatorname{int}$	sensor 4 axis x in $m/s2$
z4	$\operatorname{int}$	sensor 4 axis x in $m/s2$
class	Factor	Activity type. w/ 5 levels

See the different activites listed in the dataset:

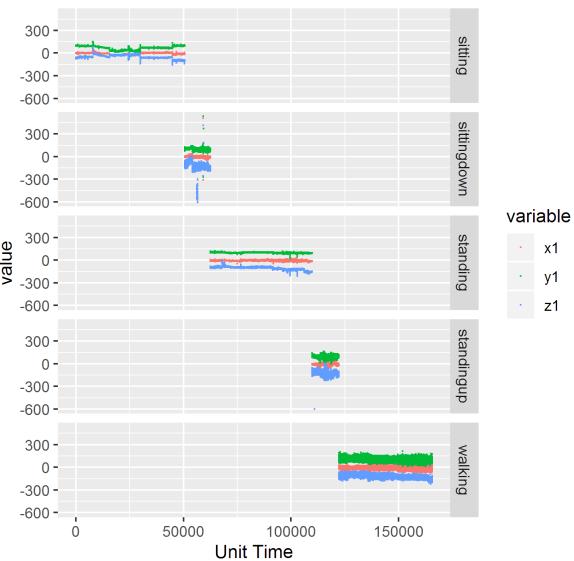
```
levels(har$class)
## [1] "sitting" "sittingdown" "standing" "standingup" "walking"
```

These classes are associated to the values obtained by the sensors (1 to 4) expressed in m/s2. X, Y, Z are the values obtained for each axis.

## **Exploratory Data Analysis**

In order to understand how the values were taken we will view the sampled data **across the time for sensor 1 values (x,y,z)**. The data was taken during 8 hours. During this time the sensed subject was doing different activities.





This is the sensor located at the waist of the subjects.

Note the unit time is not specified. We have included a non-scaled time unit for creating the chart. Some additional checkings have been done in order to verify the consistency of data.

```
# Is there any NAs ?
nas <- apply(har, MARGIN = 2, function(x) any(is.na(x) | is.infinite(x)))
if (any(nas) == FALSE)
{
   cat("Great, no NAs or Infinite value in the dataset")
}else{
   cat("Attention, some NA or Infinite value was found in the dataset")
}</pre>
```

## Great, no NAs or Infinite value in the dataset

```
# proportion of classes
har \%% group_by(class) \%% summarize(n = n(), p = n()/nrow(.)) \%% arrange(desc(p))
## # A tibble: 5 x 3
##
     class
     <fct>
                 <int>
                          <dbl>
## 1 sitting
                 50631 0.30568
## 2 standing
                 47370 0.28599
## 3 walking
                 43390 0.26196
## 4 standingup 12415 0.074955
## 5 sittingdown 11827 0.071405
# check proportion of classes and users
har \% group_by(class, user) \%% summarize(n = n(), p = n()/nrow(.)) \%% arrange(desc(p))
## # A tibble: 20 x 4
## # Groups:
               class [5]
##
      class
                  user
                                  n
##
      <fct>
                  <fct>
                              <int>
##
   1 sitting
                  debora
                              15615 0.094275
##
   2 sitting
                  wallace
                              14993 0.090519
   3 standing
                              14940 0.090199
##
                  debora
   4 standing
                  wallace
                              14467 0.087344
##
## 5 sitting
                  katia
                              14280 0.086215
  6 standing
                              14234 0.085937
                  katia
##
  7 walking
                  wallace
                              14037 0.084748
## 8 walking
                  debora
                              13622 0.082242
## 9 walking
                              13556 0.081844
                  katia
## 10 sitting
                  jose_carlos 5743 0.034673
## 11 standingup
                  wallace
                               4115 0.024844
## 12 sittingdown katia
                               4017 0.024252
## 13 standingup
                  debora
                               3853 0.023262
## 14 standing
                  jose_carlos
                               3729 0.022514
## 15 standingup katia
                               3710 0.022399
                               3547 0.021415
## 16 sittingdown debora
## 17 sittingdown wallace
                               3486 0.021047
## 18 walking
                  jose_carlos
                               2175 0.013131
## 19 sittingdown jose_carlos
                                777 0.0046911
## 20 standingup jose_carlos
                                737 0.0044496
```

Now, we are sure there are **not NA values** in our dataset. Also we are sure **all users (4)** have been measured in **all the different activities (5)**. Note the prevalence in some user/activity. This also can be observed in the time-based chart above.

## Data set partitioning

We have splitted the har original dataset in several sets for training, tuning and validatiaon.

Dataset	Observations	Proportions	Description
har	165.633	1	Original
har_val	16.565	1/10 of har	Set for final validation

Dataset	Observations	Proportions	Description
har_set har_set_train har set test	149.068 134.158 16.565	,	Set for model analysis Set for model training Set for model testing while optiomizing

## Analysis approach

Since the outcome of the dataset is **multi-categorical** variable (class: sitting, sittingdown, standing, standingup, walking) with 5 possible values we have been focused on **classifcation algorithms** that support such variables. The algorithm chosen is the **decission trees** and its derivative random forest.

We will only focus on **features** provided by the **sensors** (x1..z4).

#### How results are measured

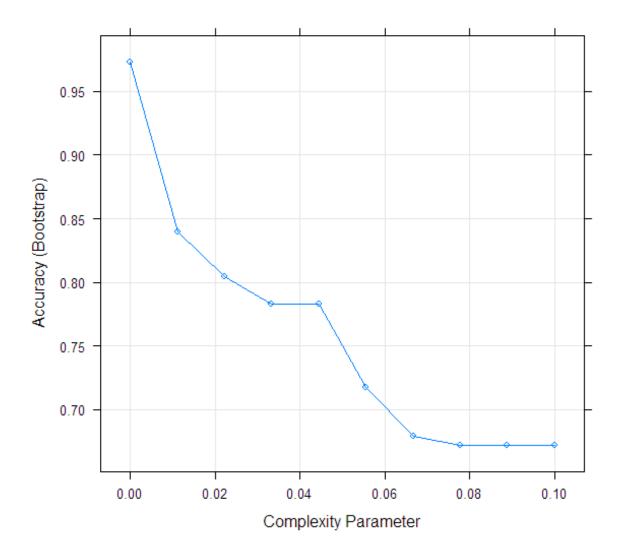
The results are measured by the **accuracy** when classifying the sensor observations.

As final resut we will provide the confusion matrix so it can be compared to he results in [1].

## Model based on Classification Trees

#### **Decision Trees**

By using the functions found in the caret package we have created the model for the decision tree.

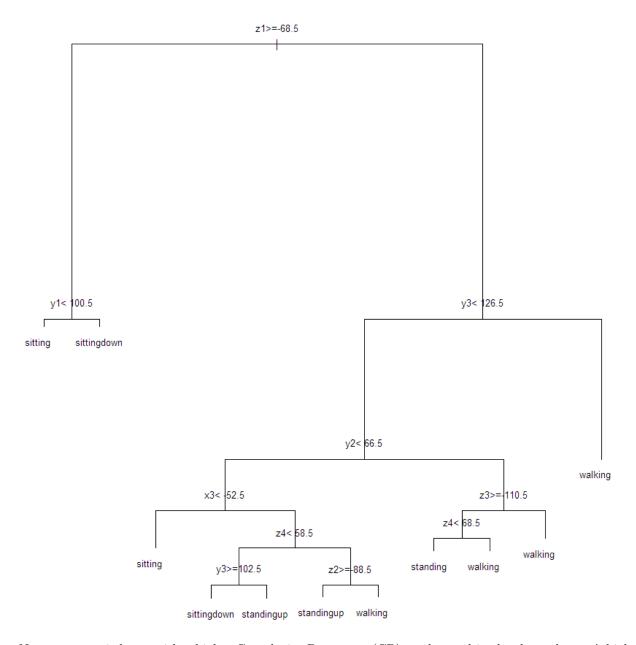


Since the created tree (the one for max accuracy) is pretty complex and dense (with 690 splits) we will ommit it. Below we will show a more simple tree as example.

When predicting over the har\_set\_test we obtain following accuracy:

```
## # A tibble: 1 x 4
## METHOD TUNING SENSORS ACCURACY
## <a href="https://chr">cchr</a> <chr> <chr> ## 1 Classification tree(rpart) CP=0(690 splits) 1,2,3,4 0.97632
```

In order to view a real example of a tree we will create a model with few branches by **pruning** the original tree.



Note accuracy is lower with a higher Complexity Parameter (CP) as observed in the chart above. A higher CP means that lesser branches will be used to compose the tree.

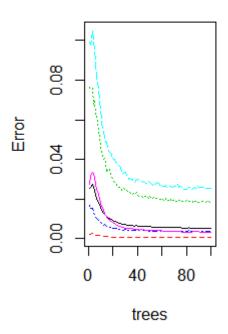
```
## # A tibble: 3 x 4
##
     METHOD
                                         TUNING
                                                            SENSORS ACCURACY
##
     <chr>
                                                            <chr>
                                         <chr>>
                                                                        <dbl>
## 1 Classification tree(rpart)
                                         CP=0(690 splits)
                                                            1,2,3,4
                                                                      0.97632
## 2 Classification tree(rpart) pruned CP=0.01(10 splits) 1,2,3,4
                                                                      0.84997
## 3 Classification tree(Random Forest) Trees=50,mtry=3
                                                             1,2,3,4
                                                                      0.99497
```

#### **Random Forest**

A more optimized algorithm based on classification trees is the random forest. This algorithm creates several trees with randomly selected features and the outcome is calculated by voting for the most probable outcome

across all trees.

## fit\_forest



We choose 50 trees as number of trees to grow and 3 as the number of features to be randomly selected for each tree (parameter called mtry).

```
fit_forest1$mtry
```

### ## [1] 3

Some train control is needed so as to speed up the run time of the model training. As we can see the accuracy **improves in 2%** with respect to a single tree algorithm.

```
## # A tibble: 3 x 4
##
    METHOD
                                        TUNING
                                                            SENSORS ACCURACY
##
     <chr>>
                                         <chr>
                                                            <chr>>
                                                                       <dbl>
## 1 Classification tree(rpart)
                                        CP=0(690 splits)
                                                            1,2,3,4
                                                                     0.97632
## 2 Classification tree(rpart) pruned CP=0.01(10 splits) 1,2,3,4 0.84997
## 3 Classification tree(Random Forest) Trees=50,mtry=3
                                                            1,2,3,4 0.99497
```

### Random Forest (Sensor importance)

Let's analyze how important is each feature in the model.

```
varImp(fit_forest)
```

```
## rf variable importance
##
##
      Overall
## z1
       100.00
## z2
        89.65
## y2
        84.98
## y3
        72.84
## x4
        47.95
## y1
        44.35
## z4
        43.09
        29.86
## z3
## x2
        28.78
## x3
        13.41
## y4
         6.83
## x1
         0.00
```

According to the table above the importance of the sensors is ordered as follows (from most to least): **S1** (waist), S3 (right angkle), S2(left thigh), S4(right upper arm).

Let's observe how the model would perform in case of selecting the most important sensors.

```
## # A tibble: 3 x 4
##
    METHOD
                                         TUNING
                                                          SENSORS ACCURACY
##
     <chr>>
                                         <chr>
                                                          <chr>
                                                                      <dbl>
## 1 Classification tree(Random Forest) Trees=50,mtry=3 1,2,3,4
                                                                   0.99497
## 2 Classification tree(Random Forest) Trees=50, mtry=3 1,2
                                                                    0.96003
## 3 Classification tree(Random Forest) Trees=50, mtry=3 1,2,3
                                                                    0.99081
```

Result with **2 sensors is too poor**, but if we use 3 sensors the results get close to values obtained with all 4 sensors.

#### Final Results

Find below the **confusion matrix** obtained from the prediction on the **har\_val** set using the randm forest algorithm over all 4 sensor values. Note this set is composed by 16.565 observations.

##	]	Reference	9			
##	Prediction	sitting	${\tt sittingdown}$	$\operatorname{standing}$	${\tt standingup}$	walking
##	sitting	5059	1	0	0	0
##	sittingdown	2	1165	0	9	4
##	standing	0	2	4720	10	6
##	standingup	3	6	3	1205	4
##	walking	0	9	14	18	4325

We can observe how the accuracy is lower on those classes with lesser observations.

The **accuracy** results obttined on the validation set (har\_val) across the different algorithms are shown below:

METHOD	TUNING	ACCURACY
1 Classification tree (rpart) 2 Classification tree (rpart) 3 Classification tree (Random Forest)	CP = 0 (690  splits) CP = 0.01 (10  splits) Trees = 50, mtry = 3	0.97609 0.84618 <b>0.99451</b>

Note all 4 sensors are used for this predictions.

#### Conclusions

- Modeling approach. As the outcome is a multi-categorical variable we have decided to use **classification algorithms**, which have provided pretty **high accurate results**.
- Results compared to the author. The accuracy reported by the main contributor [1] is 0.99414, which was predicted on the full har dataset. Our prediction, which was created on a subset of the har dataset (without overtraining), provided an accuracy of 0.99451.
- Regarding to the **importance of the sensors**. We have observed how the sensor 1 (placed on waist) is the most important, the sensor 4 (placed on right upper arm) is the one that provides less important information. By omitting the use of this sensor we could get an accuracy close to 0.991.
- Future work. The features related to the user are not included in the described models. The user effect is something to be analysed. The testbench was used on the data extracted from the same subjects. But what would happen if we test our model on values from different users? what about different sensors?

#### References

Ugulino, W.; Cardador, D.; Vega, K.; Velloso, E.; Milidiu, R.; Fuks, H. Wearable Computing: Accelerometers' Data Classification of Body Postures and Movements. Proceedings of 21st Brazilian Symposium on Artificial Intelligence. Advances in Artificial Intelligence - SBIA 2012. In: Lecture Notes in Computer Science. , pp. 52-61. Curitiba, PR: Springer Berlin / Heidelberg, 2012. ISBN 978-3-642-34458-9. DOI: 10.1007/978-3-642-34459-6\_6

Read more: http://groupware.les.inf.puc-rio.br/har#sbia\_paper\_section#ixzz65cgnrXLU