

# Anemia in Senegal: The Effect of the 2008 World Food Price Crisis

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## Abstract

I explore the effect of the 2008 world food price crisis on the health of Senegalese children who were in-utero at the time. While previous work has looked at the effect of the 2008 crisis on child health, mine is the first to use a fetal origins approach, which allows data collected several years after the crisis to be used in analysis. I find that the 2008 crisis had a negative impact on maternal health in urban areas, and that its effect was diminishing with distance from Dakar. I also find that the effect of exposure in-utero is apparent in 2010 but not in 2012, suggesting dissipation of the effect over time. Because iron is a critical nutrient in early-life development, this dissipation masks an important negative shock to health.

## Introduction

### Anemia

This project explores the effect of the 2008 world food price crisis on infant anemia in Senegal. Anemia is characterized by low levels of hemoglobin in the blood and can be caused by micro-nutrient deficiencies, disease and genetic factors. The majority of anemia cases are caused by iron-deficiency due to malnutrition (Camaschella 2015). By World Health Organization (WHO) estimates, 1.62 billion people around the world suffer from anemia. Anemia disproportionately affects women and the poor. In children, anemia impairs cognitive and motor development. In adults, anemia can cause fatigue and blindness. For pregnant women, anemia increases the probability of death during childbirth (M. M. Rahman et al. 2016).

Maternal anemia has a direct effect on fetal and infant anemia. Unless remedied through increased iron consumption, an anemic child may grow into an anemic adult. Iron is a critical micro-nutrient during early childhood, meaning that even if a child recovers from anemia later in life, they will suffer impaired development of motor and cognitive functions. During menarche, iron requirements increase for girls, and many become anemic. Thus an anemic mother begets anemic infant who becomes an anemic woman who begets an anemic child. This inter-generational aspect of anemia is well appreciated by the WHO and is recognized as an important issue at the nexus of public health, nutrition and female empowerment (Camaschella 2015). Anemia also has a direct, negative effect on productivity which is estimated to cost more than 4% of GDP per year worldwide in lost output (World Bank, 2004).

The economic costs of anemia are well-understood, as are its biological causes and consequences (Zimmermann and Hurrell 2007). While it is known that maternal iron consumption affects fetal hemoglobin, the magnitude of this effect has not been quantified. Moreover, the extent to which any in-utero effects *persist* as the infant ages has not yet been addressed. Previous work has focused on small, controlled trials involving anemia and iron supplementation.

I use the rapid, unforeseen increase of world food prices in early 2008 as a natural experiment to analyze the intergenerational effects of maternal anemia. Using childhood hemoglobin data in Senegal 2-4 years after the crisis, I am able to both quantify the effect of the 2008 crisis in Senegal and examine the effect of in-utero shocks on anemia in childhood. The causes of anemia and the consequences of the 2008 crisis have been explored separately by researchers. I am, to my knowledge, the first to connect the two.

## 2008 World Food Price Crisis

After an extended period of low and stable food prices, world food prices increased dramatically from February to April 2008. The causes are debated, but include American agriculture policy as well as financial speculation (Rosset 2008). The prices of both rice and wheat doubled in fewer than 6 months, while the prices of other staples increased as well. This increase led to riots and unrest in low to medium-income countries around the world, including Senegal.

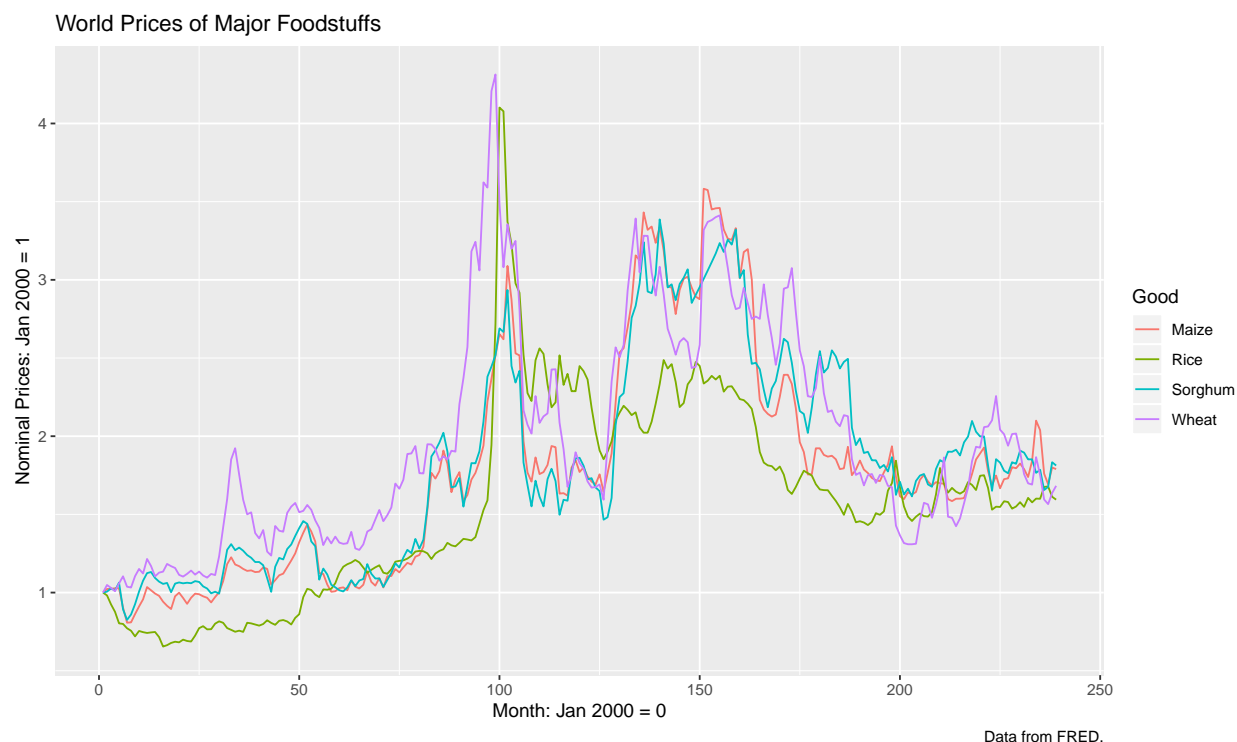


Figure 1:

The world price spike is apparent in retail prices in Senegal. Here I plot the retail price of rice in Dakar. Rice prices follow a similar pattern to the world price, with a delay, shifted upwards by transportation costs and retail markup.

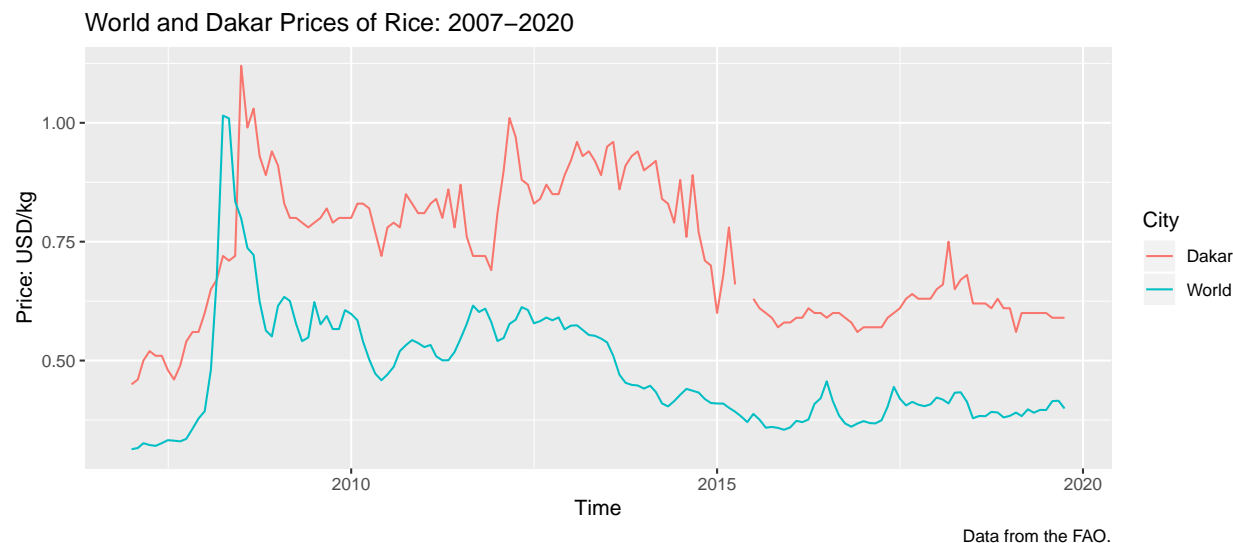


Figure 2:

The 2008 crisis drew attention from major journals *Science* and *Nature*, as well as from the fields of peasant studies, nutrition, and development.<sup>1</sup> The crisis was viewed as evidence of the risk poor that countries take on by specializing in cash-crops for export and relying on imported food. Much of the subsequent rhetoric in these fields advocated for reduced integration into the world market, and more self-sufficiency in food production (Rosset 2008).

As emphasized by Sen (1980), food security depends on the combination of level and volatility of food entitlements. From the simplest model of comparative advantage, we know that trade induces specialization. This specialization will increase average incomes, but the effect of specialization and trade on volatility is unresolved (Giovanni and Levchenko 2009; Burgess and Donaldson 2010). The 2008 crisis can be thought of as an extreme case of market volatility. My project then quantifies the effect of this unforeseen shock on maternal health in Senegal.

Existing studies in economics explore the effect of the 2008 crisis on health and welfare (Arndt et al. 2016; Dimova and Gbakou 2013). Dimova et. al. estimate welfare elasticity with respect to price in Cote d'Ivoire during the crisis and argue that the majority of rural dwellers actually benefited from the shock, while urban dwellers suffered. Arndt et. al. take a more similar approach to mine, looking at the effect of high food prices on child weight-for-height in Mozambique. The authors find that weight-for-height was negatively correlated with food price increases, but study is limited by its dataset, which relies on direct observation during and after the crisis. Due to the limits of the dataset, the authors must use propensity-score matching, whereas I am able to exploit the crisis as a natural experiment.

Using a fetal origins approach opens a wider range of evidence, as data from 2-4 years post-crisis can be used. Having a broader sample allows me to test heterogeneity in the effect of the crisis, and to disentangle its effect from seasonal fluctuations, unlike Arndt et. al. (2016). By looking at hemoglobin, I gain improved sensitivity relative to weight-for-height, as hemoglobin is sensitive to both quality and quantity of food. Relative to Dimova et. al., my approach measures the direct effect of the 2008 crisis on maternal and fetal health, rather than a synthetic measure of welfare.

Moreover, the increased variation from the fetal origins approach allows me to test for spatial heterogeneity in the effect of the crisis. This will allow me to provide empirical evidence to bear on the discussion in adjacent fields about market integration and food sovereignty. Previous work has emphasized a rural-urban divide, with the urban poor suffering from increased food prices, and the rural poor minimally affected

<sup>1</sup>See Cohen and Garrett (2010); Hadley et al. (2011); Martin-Prevel et al. (2012); Minot (2010); Ruel et al. (2009); Wodon and Zaman (2008); Von Braun (2008); Barrett (2010).

(Dimova and Gbakou 2013; Barrett 2010; Ruel et al. 2009). I test both this rural-urban hypothesis, and my own distance hypothesis.

## The Economy of Senegal: Food and Trade

Senegal is a small, poor economy on the west coast of Africa, with a population of 16 million and a GDP per capita of \$3,675 (PPP). The climate is Sahelian, with a rainy season starting in May. Average annual rainfall increases on a southward gradient. Dakar is the port and economic hub. The coastal areas practice horticulture and fishing, while the hinterlands close to Dakar engage in commercial groundnut production for export. The river basins in the north and south are farmed for rice, while millet, sorghum and maize are the staples in drier areas. Population is concentrated around Dakar, with smaller concentrations in the river basins in the north and south. See the FEWS Livelihood Zone Map below:

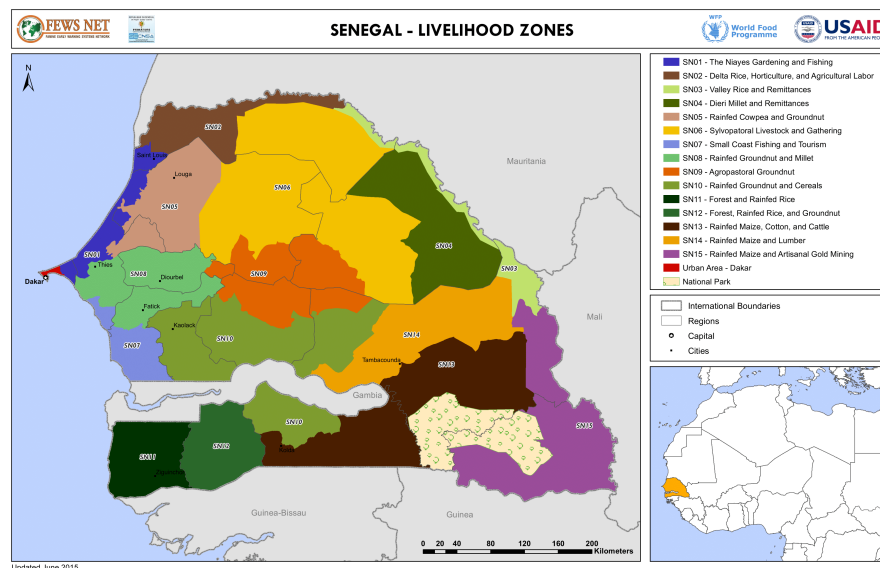


Figure 3: FEWs Livelihood Maps

Although agriculture is the primary means of livelihood for 69% of the population, imports make up a large part of the food supply. The main staples are rice, maize, sorghum, wheat and millet. As seen in the graph below, foods which are mainly imported, like wheat and rice, have increased in importance in Senegal over the past thirty years, while locally produced staples millet and sorghum have declined in per-capita consumption.

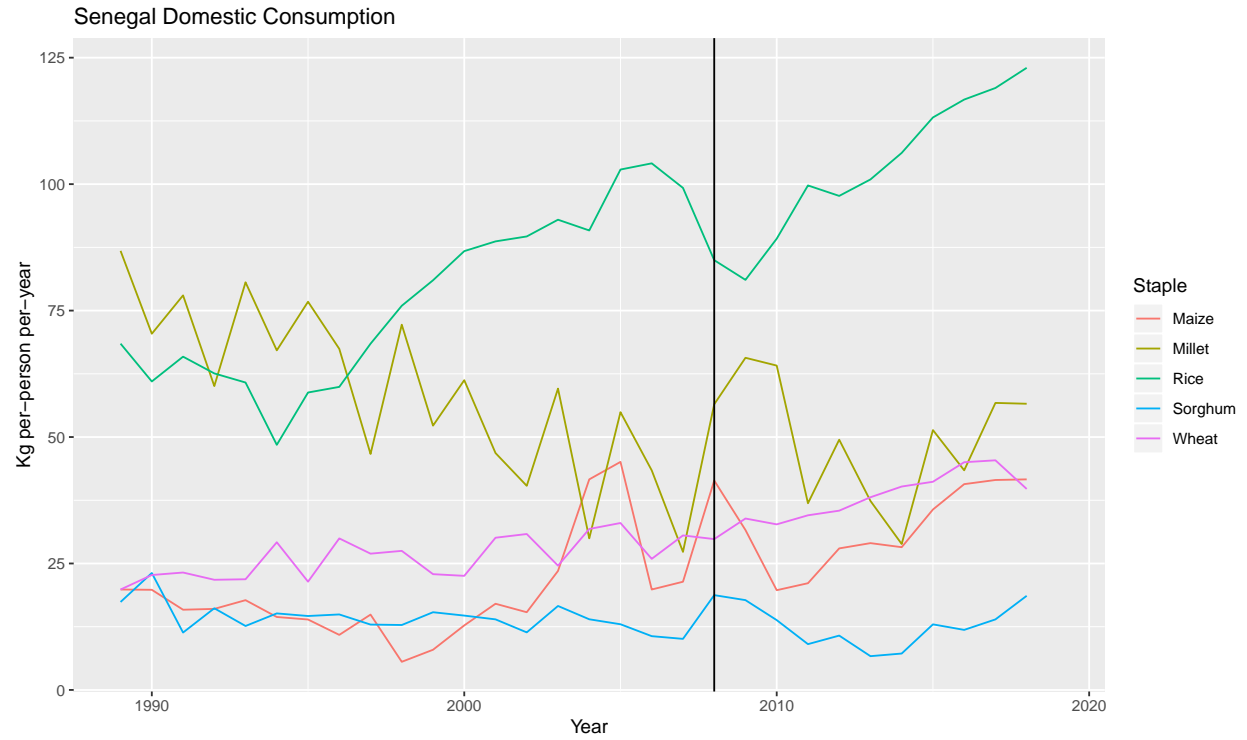


Figure 4:

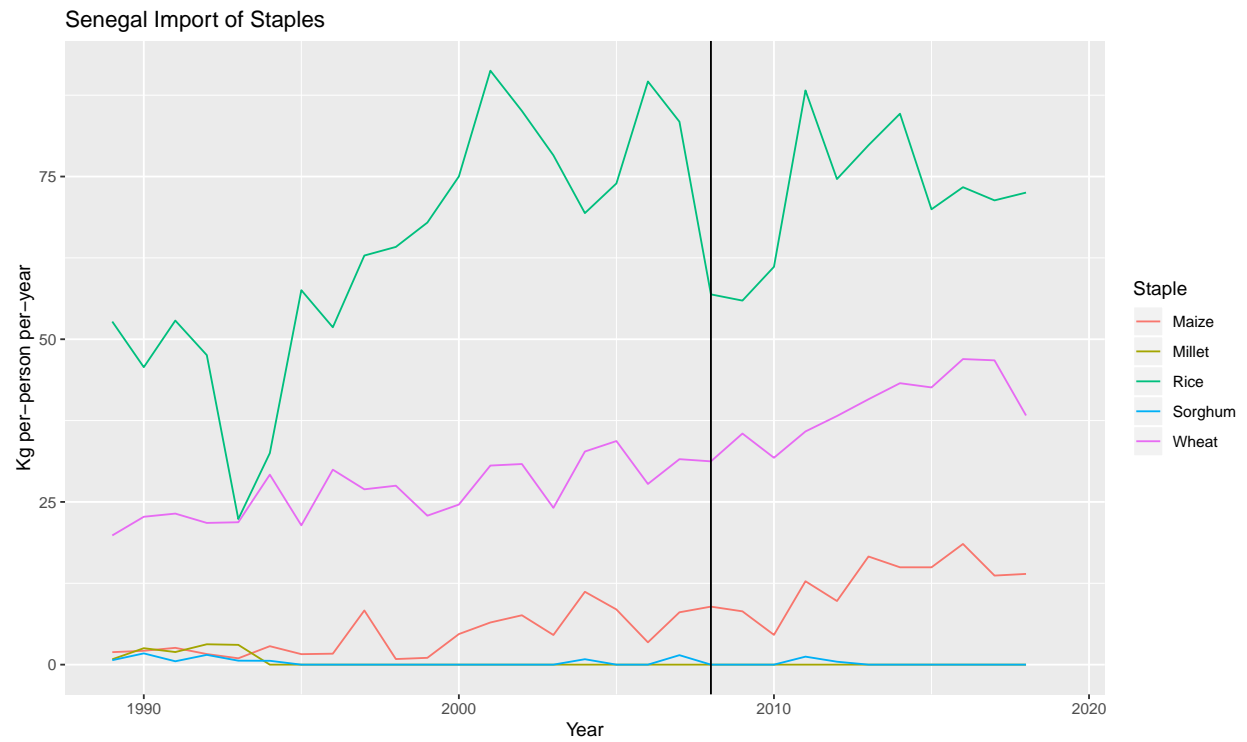


Figure 5:

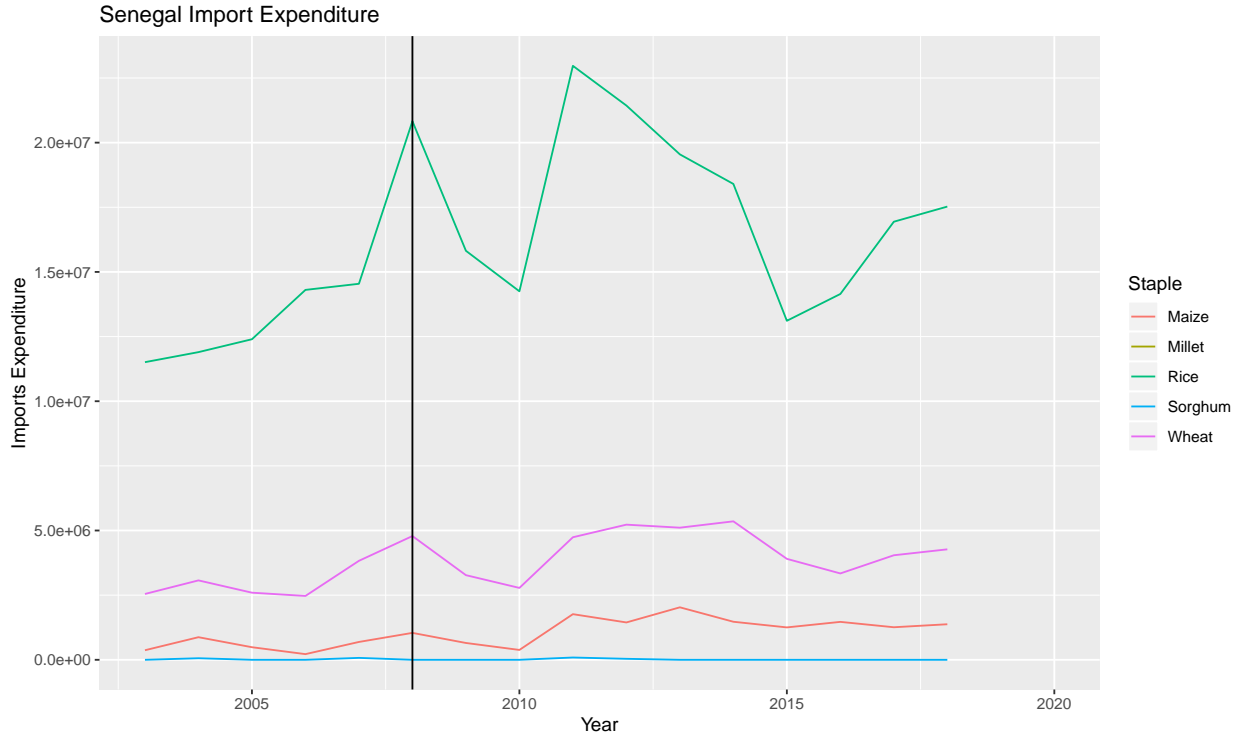


Figure 6:

We see that in 2008, when prices increased dramatically, consumption of millet and sorghum increased while that of rice decreased. This might reflect some substitution away from high-priced, imported goods. It would indicate some reserve capacity for local food production.

To construct a world price index that is relevant for anemia in Senegal, I use two weights. One, the amount of consumption of a particular staple in Senegal in 2008, and two, the iron per 100 grams of that staple.<sup>2</sup> I took the weighted average of the commodity prices in real USD, and multiplied by the CFA-USD exchange rate in order to get prices in terms of local currency. I plot the index in log-terms below, so that proportional changes can be easily read.

<sup>2</sup>The final weights were 0.39 0.13 0.18 0.30 for rice, maize, sorghum and wheat respectively. I exclude millet from the study because it has not been imported or exported since the early 1990's.

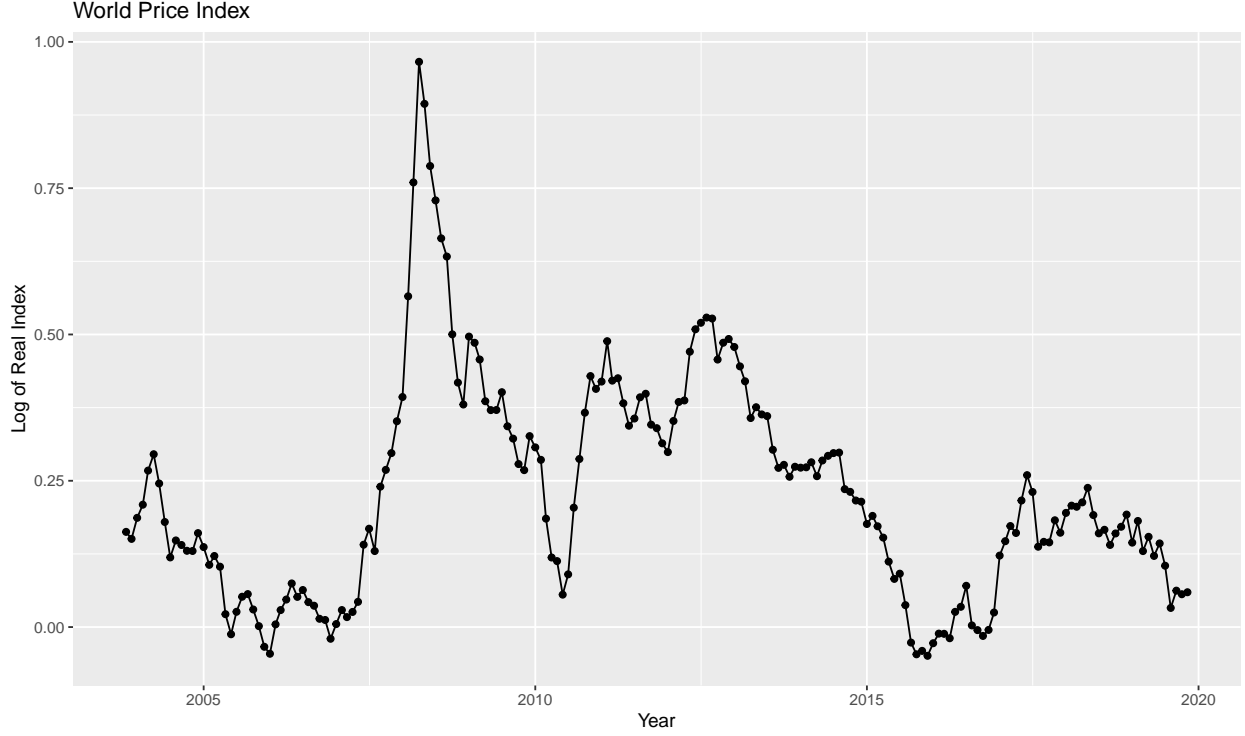


Figure 7:

## Mechanisms

Given an increase in food prices in-utero, I expect a decrease in child hemoglobin through the following chain of reasoning:

1. An increase in the world price of food leads to an increase in local prices in Senegal;
2. which causes food consumption to decrease in quality and/or quantity;
3. which causes iron intake to fall for pregnant women;
4. which reduces fetal iron stores;
5. leading to reduced hemoglobin as an infant and child.

Each of these mechanisms has specific caveats and mediators which will be considered to develop appropriate empirical analysis.

### 1. World Price, Local Price and Transportation Costs

The effect of world price on local price will depend on transportation costs and local supply (Minot 2010). Consider a two good model, with  $P$  as the price of food, and the non-food good set as the numeraire. Let  $P_a$  be the hypothetical price of food under autarky. Because Senegal is a small-open-economy (SOE), trade provides an infinitely elastic supply curve at price  $P_w + t$ , the world price plus transportation costs. Given an increase in the world price of food, there are three cases for how the local price will respond:

1. Food was not imported before the price increase, and it is not be imported after the increase. Price will be determined by local supply and demand,  $\frac{\Delta P_L}{\Delta P_w} = 0$ .

2. Food was imported before the price increase, but is not imported afterwards. In this case, the local supply and demand curves meet at a lower price than  $P_w$ . The economy moves up the local supply curve and  $0 < \frac{\Delta P_l}{\Delta P_w} < 1$ .
3. Food was imported before the price increase, and continues to be imported afterwards. In this case, the new price is still  $P_w + t$  and  $\frac{\Delta P_l}{\Delta P_w} = 1$ .

Transportation costs also change the relative price of commodities faced by producers, affecting investment. Transportation costs make commercial, export-oriented production less profitable relative to local, subsistence production. Thus, we should also expect food-producing capacity to increase with transportation costs. Greater food-producing capacity would shift the local supply curve outward, making the world price less likely to bind.

## 2. Price and Consumption

As price increases there are substitution and income effects which lead to lower consumption. Given that the 2008 price increase affected all of the major, imported staples, I would expect the substitution effect to be relatively small.<sup>3</sup> As poor families spend a greater share of income on food than rich families, the income effect, and therefore total impact of the spike, should decrease with household wealth.

Iron, unlike calories, is a function of both food quality and quantity. As prices increase, the household must either reduce quantity or change the type of food they are consuming. In Burkina Faso, which neighbors Senegal, the 2008 price shock lead to decreased amounts and diversity of food (Martin-Prevel et al. 2012). As I am particularly interested in female iron consumption, gender inequality looms large. While there are a host of issues surrounding intra-household allocation and gender, I will not treat those in this paper. Instead, I will assume that female iron consumption decreases with prices in a similar way as household iron consumption.

Given a price shock, households will try to smooth consumption across time, attenuating the effect of price on consumption. However, most households, especially the poor, are credit constrained. Thus, we would expect a nonlinear effect of price on consumption, with large increases in price having disproportionately large effect on consumption. As savings, and therefore ability to smooth in a credit-constrained world, are a stock, prices in previous months will also affect the ability to smooth consumption. If prices have been high for several months, then a household is less likely to be able to smooth consumption given another month of high prices.

All of this analysis assumes that the household is a net-buyer of food. If the household is a net-seller of food, then a price increase will be a windfall (Ivanic and Martin 2008). More generally, greater capacity to produce food will allow a household to mitigate the negative effects of an increase in food prices. The urban population of Senegal typically does not own their own land, and must purchase food. Therefore, we would expect the negative effects of a price increase to be greater in the cities than in the countryside.

## 3-5. Iron and Anemia in Mother and Child

Hemoglobin is typically limited by iron stores in the body, which depend on disease environment and the quality and quantity of food intake. A healthy human has iron stores roughly equal to the iron in use in their blood. There is a small, constant loss of iron through the small intestines. Because hemoglobin is determined by a stock, whereas iron intake is a flow, past iron consumption will affect current iron-stores and hemoglobin levels (Camaschella 2015).

Iron is passed from the mother to fetus, facilitating the development of fetal hemoglobin, which differs from adult hemoglobin. Over the first four months of life post-birth, the infant breaks down the fetal hemoglobin and synthesizes adult hemoglobin. Little iron can be transmitted through breast-milk, so the fetus must

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<sup>3</sup>One possibility is that the increase in the price of imported goods lead to increased consumption of local crops, like millet. Millet is relatively high in iron compared to rice, so this would attenuate any results I find.



develop sufficient stores of iron in order to transition to adult hemoglobin as they grow and their blood volume increases. The additional iron required for pregnancy is around 1,000 mg– nearly half of the total iron stores in a healthy, non-pregnant woman, making iron a scarce nutrient for most pregnant women (Lactation 1990).

Infants, on the other hand, need relatively little iron, given that they develop sufficient stores in-utero. Breast-milk contains very little iron, around 0.1 mg per gram (USDA). As illustration, consider that a typical infant would consume less than 700 grams of breast milk a day in the first six months (Neville et al. 1988), meaning a total iron intake of around 54 mg over the first six months. This is trivial compared to the 1,000 mg needed during pregnancy. Moreover, as long as the woman is breastfeeding, the absence of menstruation will reduce her iron loss rate. Thus, during the first six months of life hemoglobin in infants should be relatively insensitive to maternal iron consumption and general iron-availability in the surrounding nutritional environment.<sup>4</sup> Here I list the CDC’s recommended daily intake of iron for mother and infant across different periods, which illustrates this point.

Period	Maternal Iron Intake	Period	Infant Iron Intake
Pregnancy	27 mg		
Lactation	9 mg	0-6 mo	.27 mg
Menstruation	18 mg	7-12 mo	11 mg
		Childhood	7 mg

We see that iron availability is critical during the fetal period, but not during the breastfeeding period. This discontinuity in the response of infant hemoglobin to nutritional environment (very sensitive up until birth, and then insensitive) offers a clear identification strategy. Given a specific nutritional event, we can compare those who had already been born to those still in-utero. Those in-utero should exhibit larger effects on hemoglobin.

## Data

The DHS measures the hemoglobin of infants and children age 6 months to 5 years. There are two DHS surveys of Senegal which include children in-utero during the 2008 crisis: 2010 and 2012. The DHS data includes location and households characteristics. The variables which I will use for this study are hemoglobin, child month of birth, household wealth, whether a household lives in an urban *commune* and driving-distance to Dakar.

## Hemoglobin

At birth, a health infant will have a large amount of fetal hemoglobin which is then broken down and replaced by adult hemoglobin. In general, hemoglobin levels decrease from birth until 6 months to 2 years, then they begin to increase again. We see such a pattern in the DHS data, which I plot below. The yellow window indicates the 2008 crisis. The curves are the conditional mean of hemoglobin over month of birth, calculated via local linear regression. The grey banner is the 95% confidence interval of the mean.

<sup>4</sup>Note that this all relies on women breastfeeding their children. In Senegal, breastfeeding is overwhelmingly common during the first six months, with very little cessation before the child reaches a year old (Mané et al. 2006).

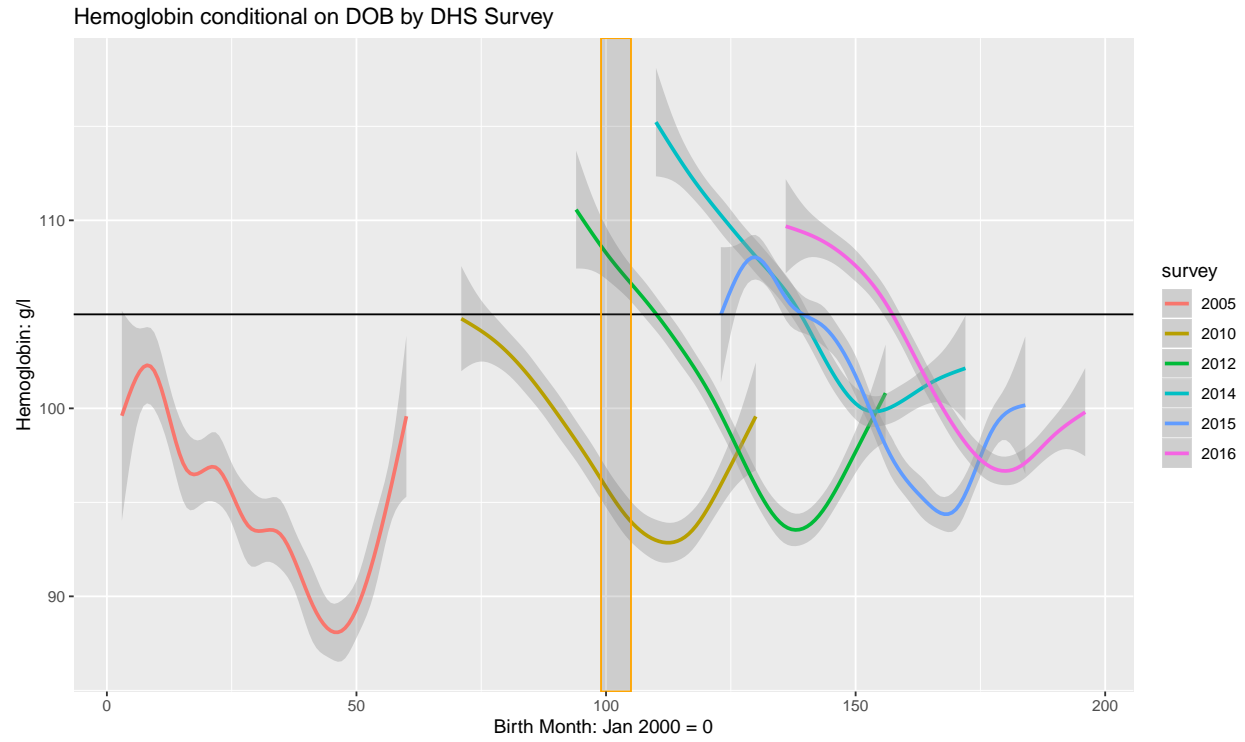


Figure 8:

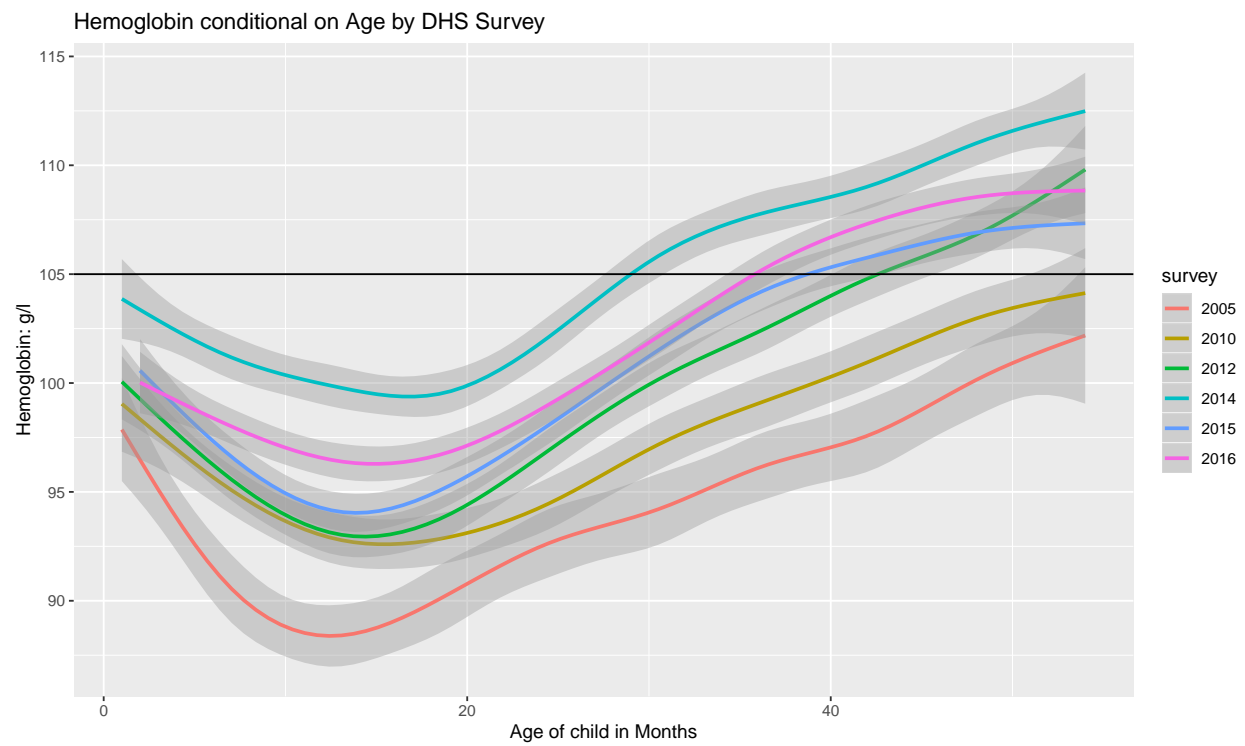


Figure 9:

Anemia is relatively rare in children, compared to in infants or adults. The cutoff for anemia in infants and children, 105 grams per liter of blood is shown as a black, horizontal line. To aid in interpretation, note that these curves are not a trajectory. They are a single cross-section of children of multiple ages.

Within an age group, hemoglobin follows a uni-modal distribution. As illustration, below I provide a the distribution of hemoglobin for children of age 36 months:

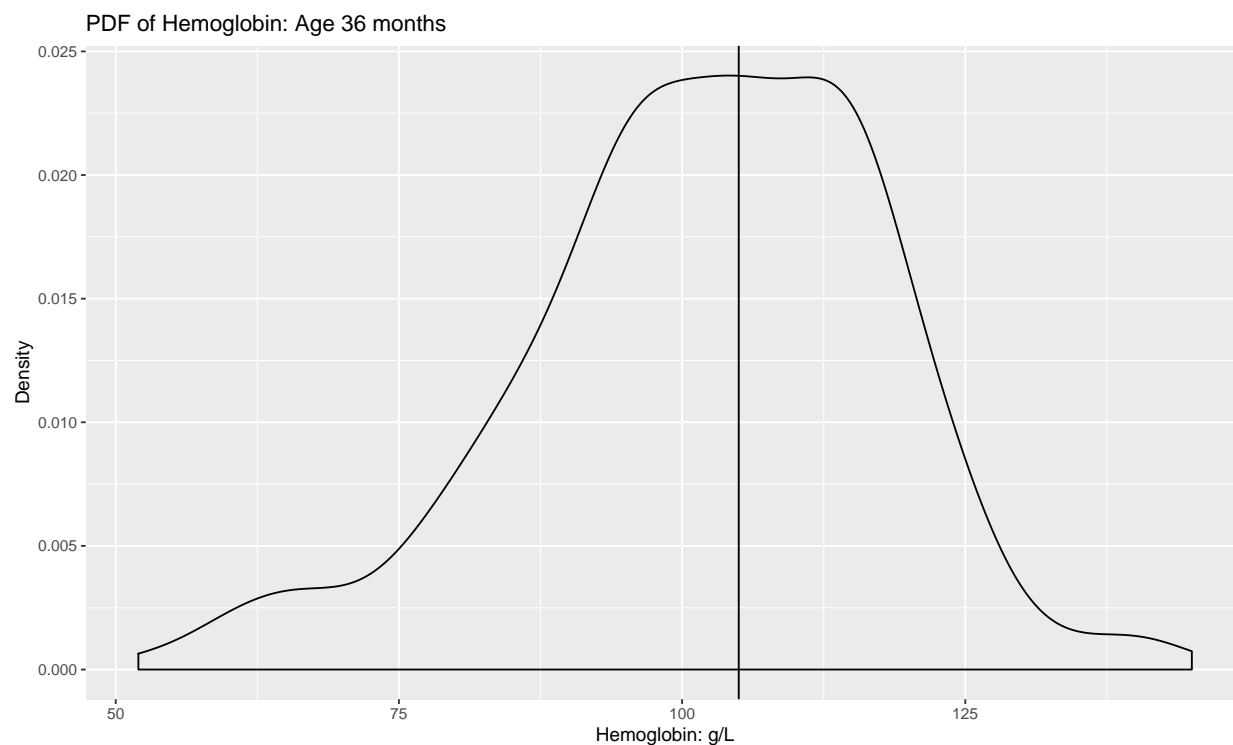


Figure 10:

In order to account for age, I will use a z-score approach analogous to how child height and weight is treated by the DHS. We are interested in the 2008 price shock. The only surveys which provide information on the shock are 2010 and 2012, so I use the other 5 surveys (2005, 2014-17) to make z-scores for the surveys of interest. Taking the mean and standard deviation by age, I then normalize hemoglobin by age.

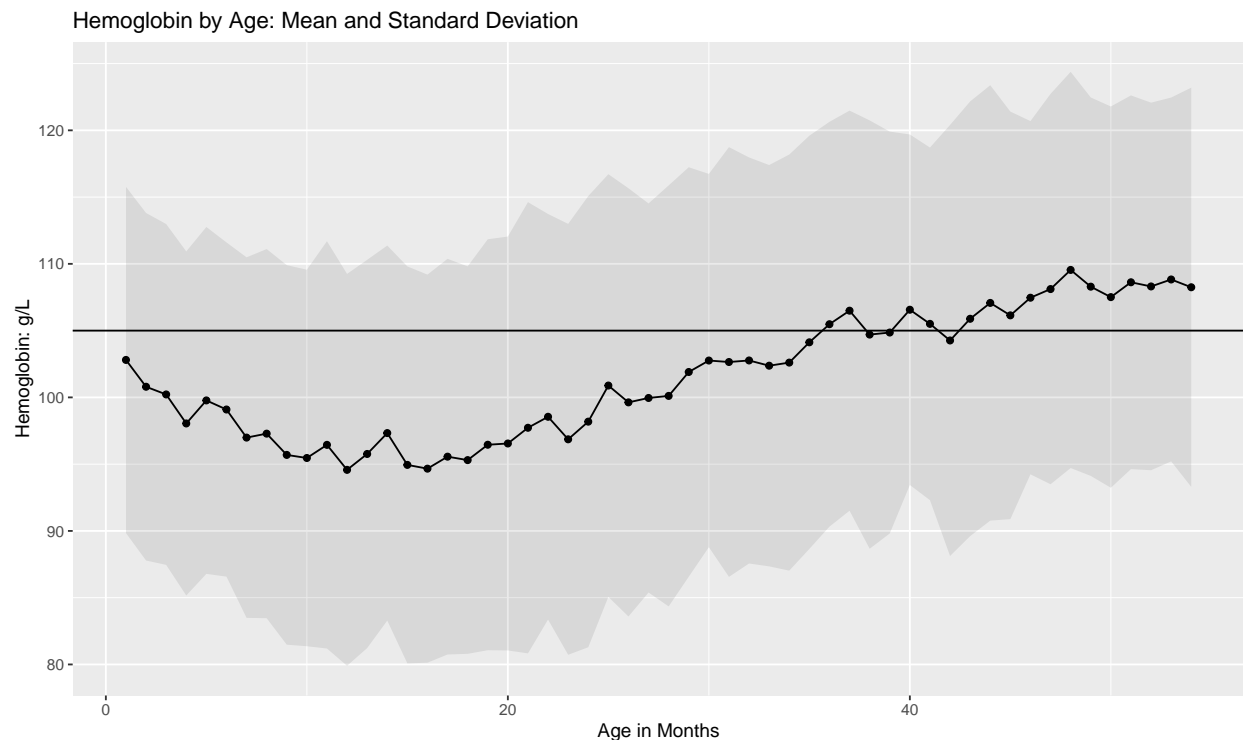


Figure 11:

The black line is the mean hemoglobin by age. We see that most of the population is anemic during early childhood, suggesting that maternal iron-intake is generally insufficient for the fetus to develop the iron-stores it requires. The standard deviation of hemoglobin by age is 14-15 g/L. This will be important later in interpreting results, which are reported in terms of standard deviations.

## Other Variables of Interest

Below I list some descriptive statistics of other variables of interest. Driving distance to Dakar is in terms of hundreds of kilometers, and land refers to the proportion of households who own their own land. Wealth and distance are reported as means.

Urban	Survey	Wealth	Distance	Land	N
Rural	2010	-0.0656	3.14	82%	2252
Rural	2012	-0.0680	3.01	84%	3492
Urban	2010	0.0928	2.25	24%	974
Urban	2012	0.0658	2.59	29%	1573

The DHS does not record income. It measures wealth as a principle-components analysis of observed household possessions. This index is then centered around zero for each survey. Thus it not a measure of absolute wealth, but a proxy for socio-economic status.

Each DHS observation is tied to a “cluster”— generally a village or neighborhood. These cluster are geo-located with displacement, creating neutral measurement error. I use the coordinates of each cluster to measure the driving-distance to Dakar through the OpenStreetMaps API. The DHS also records whether a household is urban or rural. This urban-rural distinction is inherited directly from the census demarcation

of the country being studied. In Senegal, urban is defined on the level of the *commune* (roughly translated as township). Below I plot the distribution of DHS clusters across Senegal, colored by whether they are urban or rural.

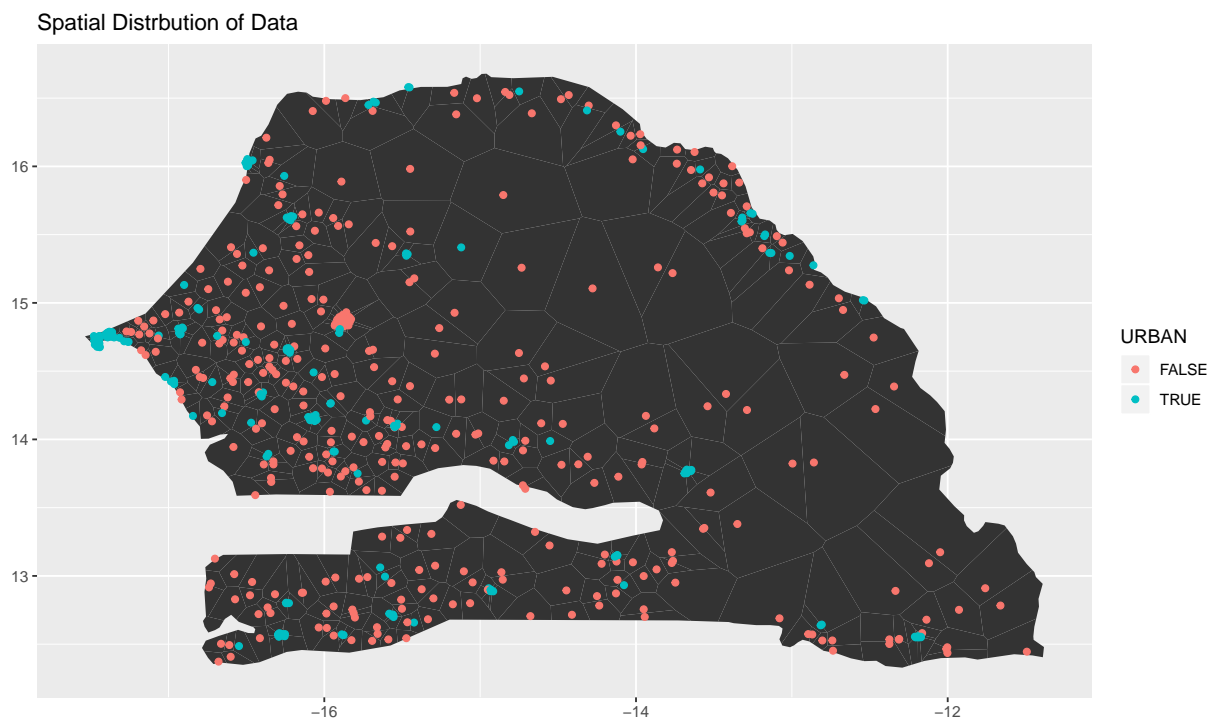


Figure 12:

We will see below that the variable of interest, “exposure”, is generally balanced across observables. However, I will also be interacting exposure with other variables. These are not balanced with respect to each other. Consider the distribution of wealth across urban and rural areas:

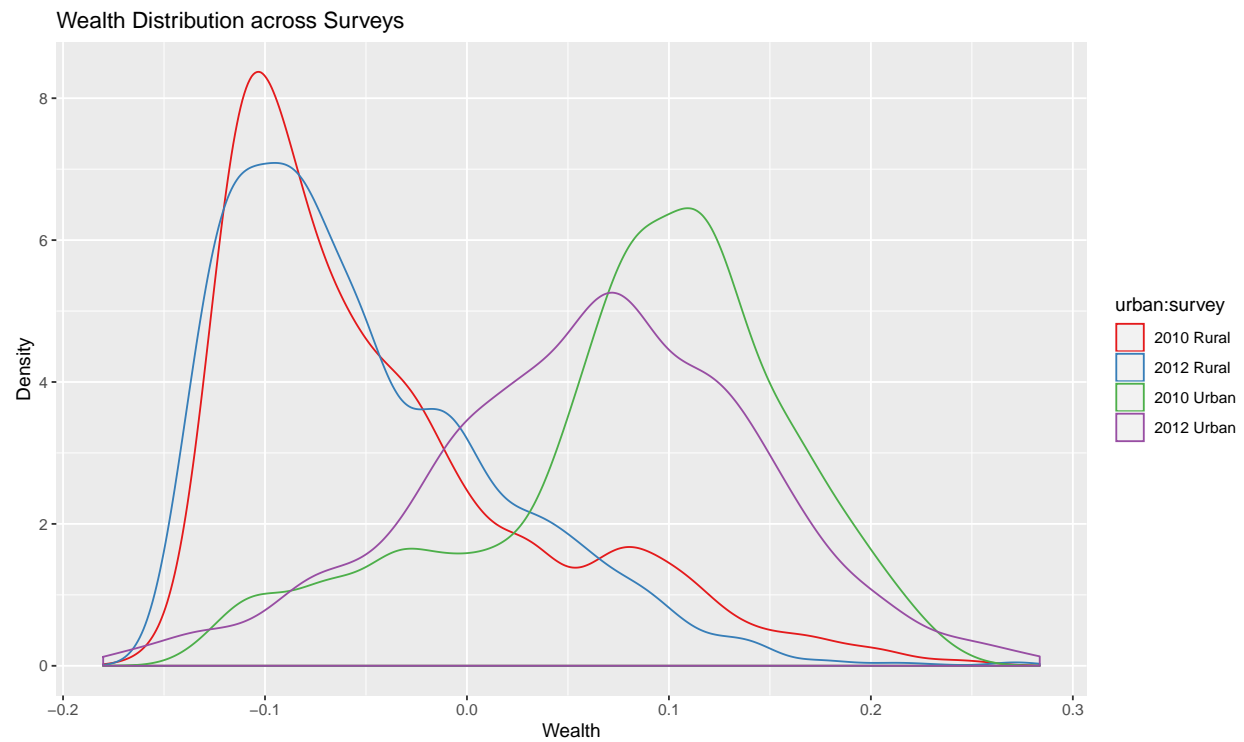


Figure 13:

Urban areas are wealthier than rural areas. We also see that for both the rural and urban populations, mean wealth is decreases as we move away from Dakar.

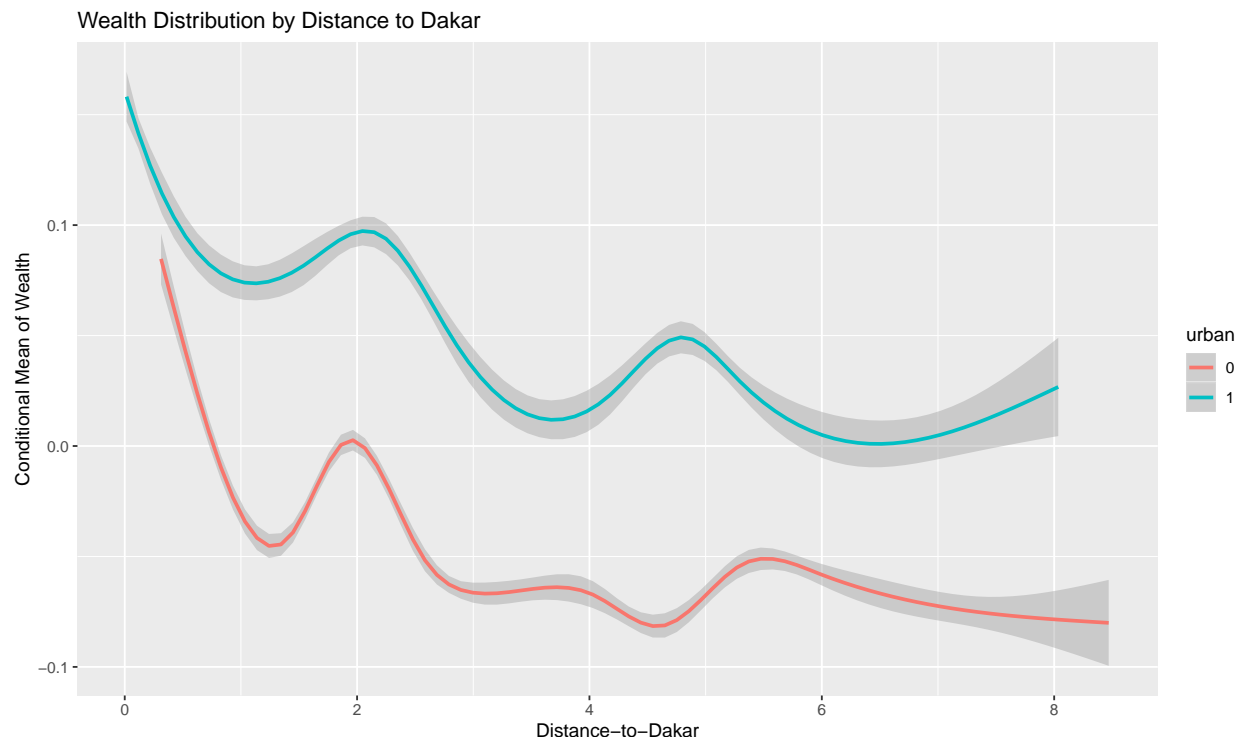


Figure 14:

Conversely, in the table above we saw that rural households tend to own their own land, unlike urban households. Land ownership might enable a household to mitigate the effects of increased food prices by producing more food themselves.

## Methods

The 2008 crisis forms a contiguous 8-month period in which the price index is greater than at any other point in the 20 year span. I will take all those in-utero during this period, February to September 2008, to be exposed. The degree of exposure will be the proportion of months of gestation which fall during the crisis period. For anyone born before March 2008, or conceived after September 2008, the in-utero exposure will be zero. For someone born in November 2008, the exposure measure would be  $\frac{8}{9}$ , as they were in-utero for the entirety of the crisis period.<sup>5</sup>

<sup>5</sup>We would expect little to no response of hemoglobin to external shocks at the high and low ends of the distribution. At the high end, those in good health are presumably insulated from price shocks by SES. At the low end, a certain level of hemoglobin is required by the body, and it cannot diminish beyond some point without causing death.

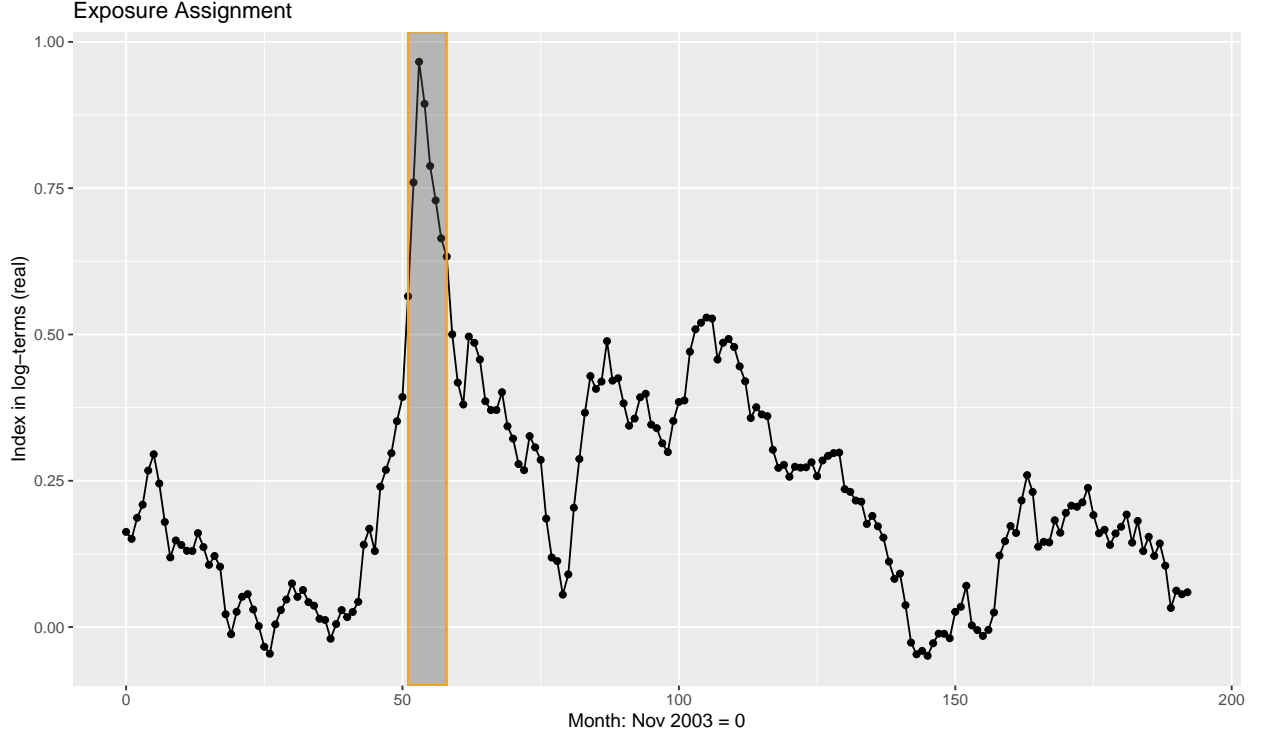


Figure 15:

My methodology follows that of Almond (2006) as we both analyze a cohort-level time shock. The effect should be visible in the raw data, and then this visual test is formalized with a regression characterizing deviation from a quadratic time trend. I then include additional interaction terms because I am interested in heterogeneous effects.

## Identification

The 2008 crisis was caused by the developments in large, rich economies and can be taken as external to Senegal. Exposure, being as good as random, should then be balanced across other observables. If the 2008 crisis indeed forms a “natural experiment,” then it ought to be unrelated to any covariates of interest, just like the treatment in a controlled experiment: i.e.  $Exp_i \perp X_i$  where  $X_i$  is a vector of covariates. Below we see that exposure is balanced across observables, and we fail to reject the hypothesis of  $Exp_i \perp X_i$ .



	Exposure	Exposure	Exposure	Exposure
Distance to Dakar	0.0000 (0.0000)			
Wealth		-0.0001 (0.0003)		
Urban			0.0023 (0.0064)	
Land				0.0086 (0.0063)
R <sup>2</sup>	0.0002	0.0000	0.0000	0.0002
Adj. R <sup>2</sup>	0.0000	-0.0001	-0.0001	0.0001
Num. obs.	8291	8291	8291	8291
RMSE	0.2698	0.2698	0.2698	0.2698

\*\*\*  $p < 0.001$ , \*\*  $p < 0.01$ , \*  $p < 0.05$

Table 3: Balance Test

The fetal origins strategy, which relies on a biological sensitivity to iron intake determined by whether an individual was in-utero, provides a strong argument that any effect I find reflects a change maternal health conditions. I would not, however, claim that my analysis identifies the effect of an increase in world prices. Rather, I am identifying the effect of being in-utero during a specific 8-month window, which included a price increase. Although there is no reverse causation from developments in Senegal to world prices, my results are identified purely on the basis of time. Therefore, temporal coincidence could be responsible for my results. Although the price shock is *external* to Senegal, it is not necessarily *exogenous*, taking the distinction from Heckman (2000).

Identification relies upon an understanding of developments within Senegal, and the argument that there was nothing exceptional during the period, save for the effects of the 2008 price crisis. For example, a drought in 2007-2008 might have caused reduced food-availability during the period. Below I plot the rainfall anomaly for the Sahel region from 1950-2017. We see that 2007-08 was unremarkable. We have already seen in the introduction that domestic food production was relatively high in 2008. I have yet to find any evidence of developments from *within* Senegal which would coincide with the 2008 price spike.

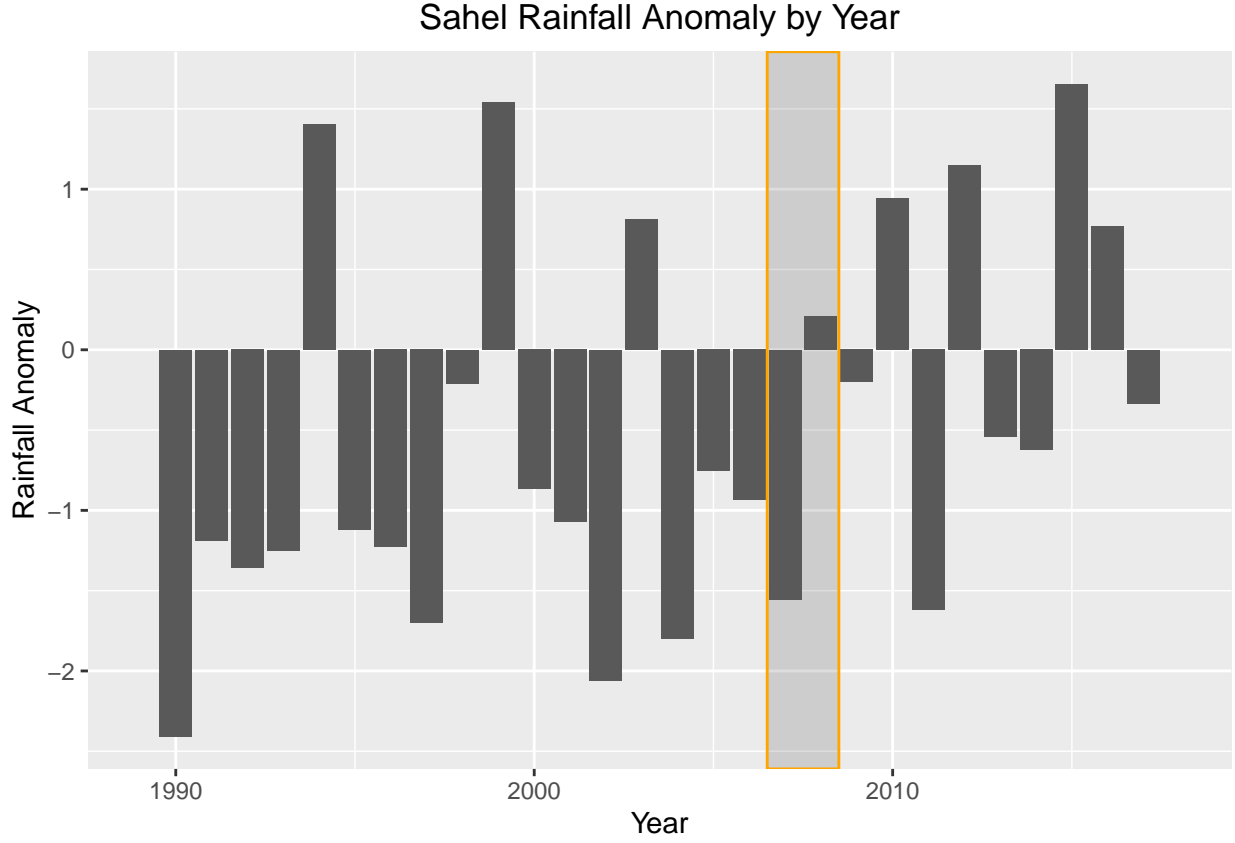


Figure 16:

## Specifications

As results, I present two kinds of evidence:

1. The deviation from a quadratic time trend of the exposed cohorts, estimated separately by survey; and,
2. The median hemoglobin-for-age by birth-quarter.

I use median-regression, rather than least-squares, as it is less sensitive to heterogeneous response across the distribution.<sup>6</sup>

$$H_i = \alpha_0 + \beta Exp_i + \delta Exp_i * Dist_i + \alpha_1 MOB_i + \alpha_2 MOB_i^2 + \alpha_3 Dist_i$$

Where  $H_i$  is hemoglobin-for-age,  $Exp_i$  is the number of months in-utero during the crisis,  $Dist_i$  is the driving time to Dakar for the cluster of individual  $i$ .

I also estimate a more complex relationship, in order to test the distance hypothesis next to the urban-rural and wealth hypotheses discussed above:

$$H_i = \alpha_0 + \beta Exp_i + \delta Exp_i * Dist_i + \alpha_1 MOB_i + \alpha_2 MOB_i^2 + \rho Exp_i * Wealth + \alpha_3 Dist_i + \alpha_4 Wealth$$

<sup>6</sup>The results are stable with cubic and quartic time trends as well.

This regression is run separately for each survey year, and for urban and rural households. My hypotheses are that  $\delta > 0$  and  $\rho > 0$ . In the first regression, I expect that  $\beta < 0$ , because distance-to-Dakar must be non-negative. However, in the second specification, The sign of  $\beta$  will depend on the underlying distributions of wealth, which can be negative.<sup>7</sup>

## Results

Here I plot the median hemoglobin by birth-quarter. I highlight the two quarters which are exposed to the 2008 crisis in-utero. First, I present the data for all of Senegal. If one squints, one may discern a dip. Second, I plot the data for Dakar. According to my predictions, Dakar should show the strongest effect of the 2008 crisis. While certainly not obvious, there is a more apparent dip than for all of Senegal. Third, I present the data for Kolda, a region to the southeast of Dakar, relatively isolated and with significant food production. I would not expect to see much of a dip here, and no dip is evident.

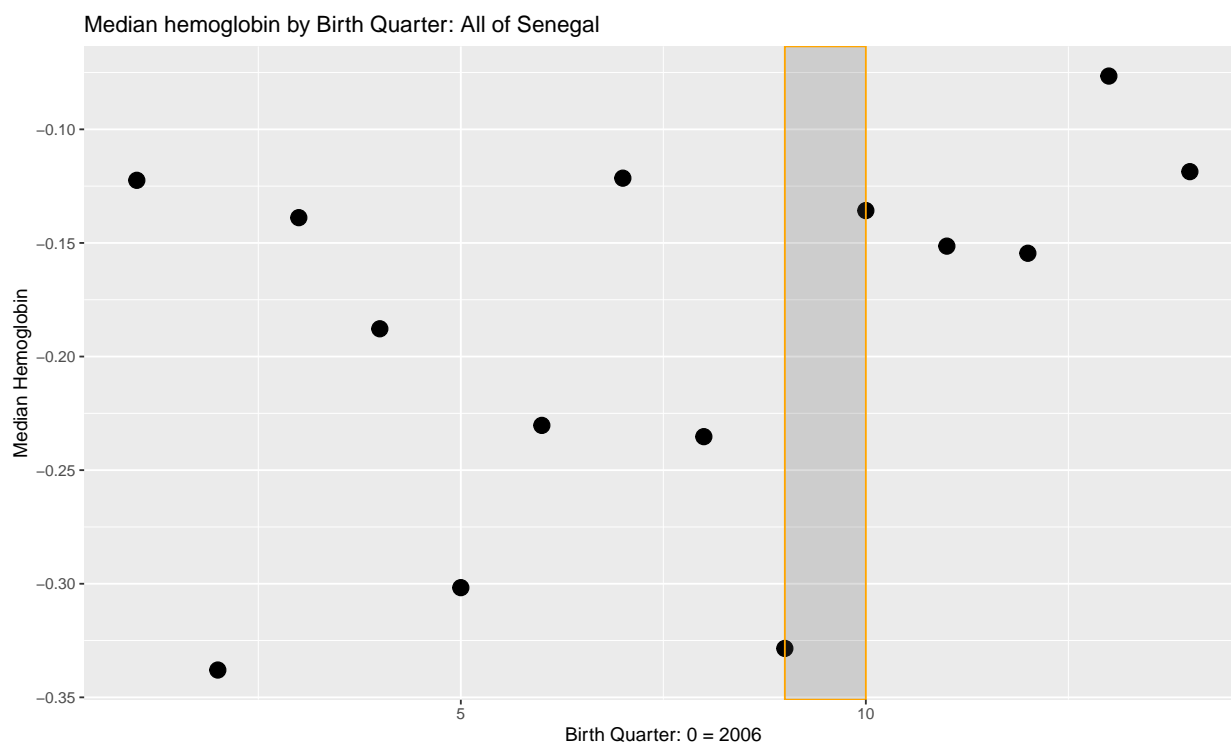


Figure 17:

<sup>7</sup>I do not include land-ownership in any of my analysis because it is so highly correlated with being from a rural *commune* with wealth. Once accounting for the urban-rural split, land-ownership mostly captures the wealth of a household. In future research, with a larger, more geographically diverse data-set, I would like to include land-ownership.

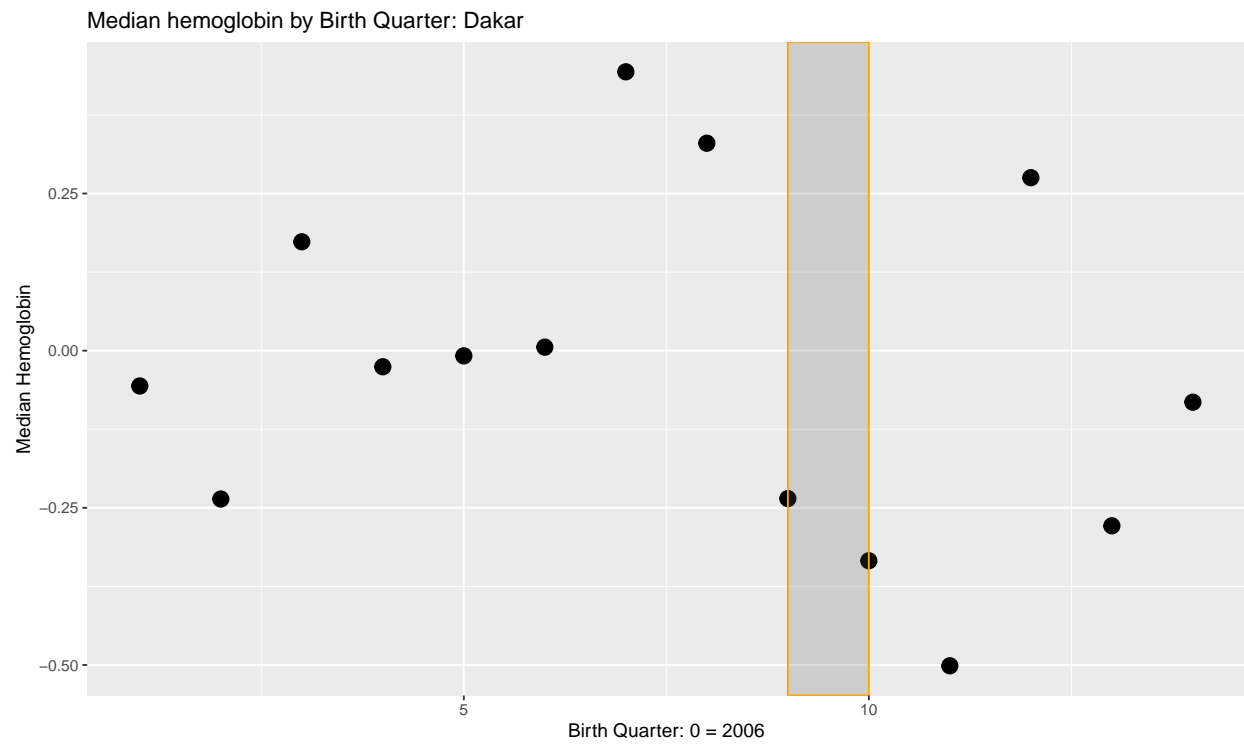


Figure 18:

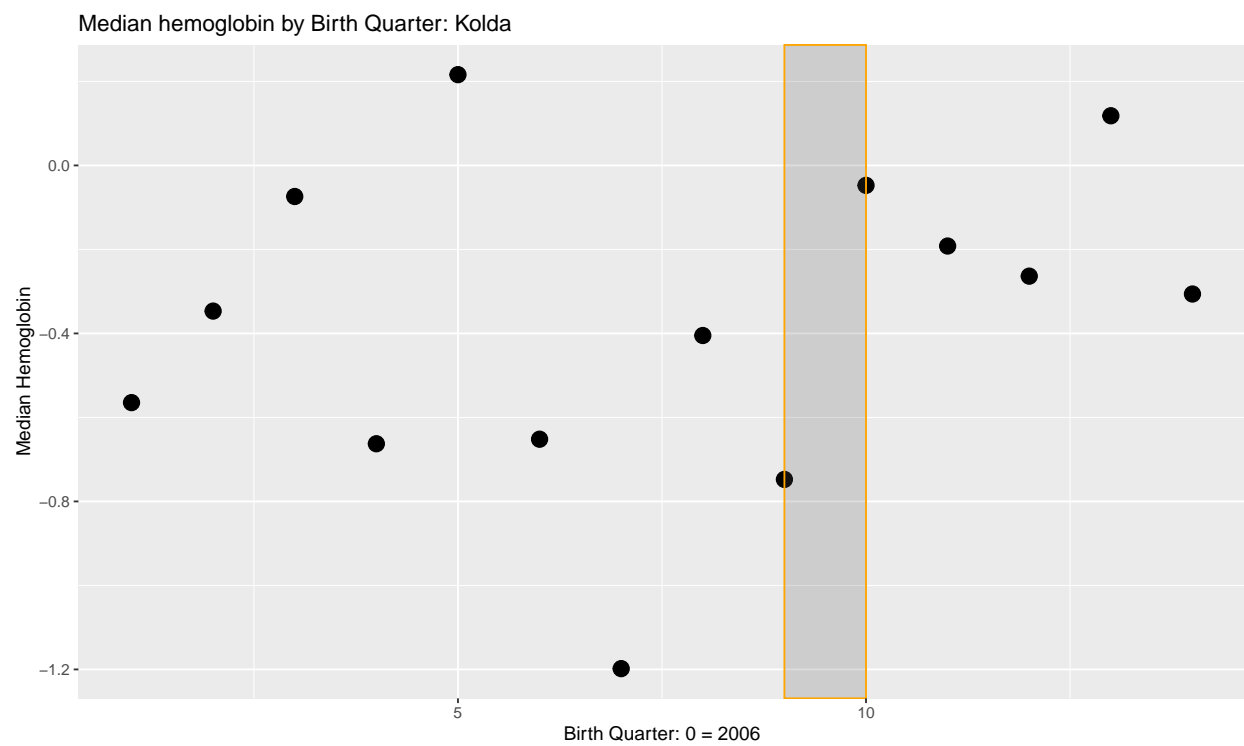


Figure 19:

This evidence is unclear. The effect of the 2008 crisis could not have been not uniformly large across the country, or else it would be apparent.

Next I turn to regression, in order to test the hypotheses stated above. I use quantile regression evaluated at the median, bootstrapped standard errors, and all regressions include a quadratic time trend.<sup>8</sup>

	2010	2012	2010	2012
Intercept	−0.1737*** (0.0313)	0.0060 (0.0199)	−0.0705 (0.0579)	0.0239 (0.0366)
Exposure	−0.0200 (0.1066)	0.0131 (0.0886)	−0.2175 (0.1661)	0.0869 (0.1192)
Distance to Dakar			−0.0326* (0.0157)	−0.0058 (0.0109)
Distance to Dakar * Exposure			0.0611 (0.0386)	−0.0310 (0.0355)
Num. obs.	3226	5065	3226	5065
Percentile	0.5000	0.5000	0.5000	0.5000

\*\*\*  $p < 0.001$ , \*\*  $p < 0.01$ , \*  $p < 0.05$

Table 4: Parsimonious Regression Results

As expected from the graphs above, exposure alone has a negligible impact on hemoglobin. However, once we allow the effect to depend on distance-to-Dakar, the 2008 crisis appears to have a negative effect on hemoglobin in 2010 but not in 2012. The result is not significant, but it is suggestive. We see below that once we break up the sample into urban and rural groups, and allow for the effect to differ by wealth, the effect of the crisis on urban-dwellers is large and significant. Thus, the small effect we see above is the average of the large effect on the urban-poor with the small (or even positive) effect on the rich or rural part of the sample.

	2010: Urban	2010: Rural	2012: Urban	2012: Rural
Intercept	−0.1367 (0.1085)	−0.2328** (0.0724)	−0.0144 (0.0894)	−0.0342 (0.0532)
Exposure	−1.1218* (0.4499)	0.0794 (0.1959)	−0.2327 (0.2726)	0.3460 (0.1974)
Distance to Dakar	0.0186 (0.0259)	0.0056 (0.0194)	0.0354 (0.0195)	0.0139 (0.0149)
Wealth	1.8144** (0.6146)	1.8563*** (0.3745)	1.2966* (0.5479)	2.1454*** (0.3562)
Distance to Dakar * Exposure	0.1804* (0.0898)	0.0300 (0.0490)	0.0684 (0.0642)	−0.0774 (0.0462)
Wealth * Exposure	3.8185 (2.4749)	0.9274 (1.5187)	1.0001 (1.6306)	0.8146 (1.3474)
Num. obs.	974	2252	1573	3492
Percentile	0.5000	0.5000	0.5000	0.5000

\*\*\*  $p < 0.001$ , \*\*  $p < 0.01$ , \*  $p < 0.05$

Table 5: Regression Results by Survey and Urban-Rural

Here we see that exposure is negatively related to hemoglobin for urban-dwellers. The effect of exposure is greater for the poor across all specifications. For the rural population, the effect of the crisis on 2010

<sup>8</sup>My assignment of exposure assumes that the effect of exposure in month 1 of gestation is the same as in month 9. As iron requirements increase over the course of gestation, I would expect exposure in the third trimester to have a greater effect than exposure in the first. I hope to explore this question in future research.

hemoglobin is noisy but slightly positive. In 2012, the results are attenuated, and the urban-rural difference has become almost undetectable. The attenuation is expected because hemoglobin reflects iron stocks. The stocks will be affected by various other shocks over time, masking the signal from the 2008 shock.

With many interaction terms, the magnitude of effects depends on the underlying distribution of the co-variates. The estimated coefficient on exposure above is for someone with *wealth* = 0 and living in Dakar. As Dakar is the wealthiest part of the country, only a very small fraction of the sample will be expected to have such an effect. I calculate the predicted effect of the 2008 crisis given the coefficients estimated above multiplied by each individual's values of wealth and distance-to-Dakar. As we move to the right along the x-axis, the individuals are wealthier and live further from Dakar. Those at the far left of the distribution are the poorest and closest to Dakar.

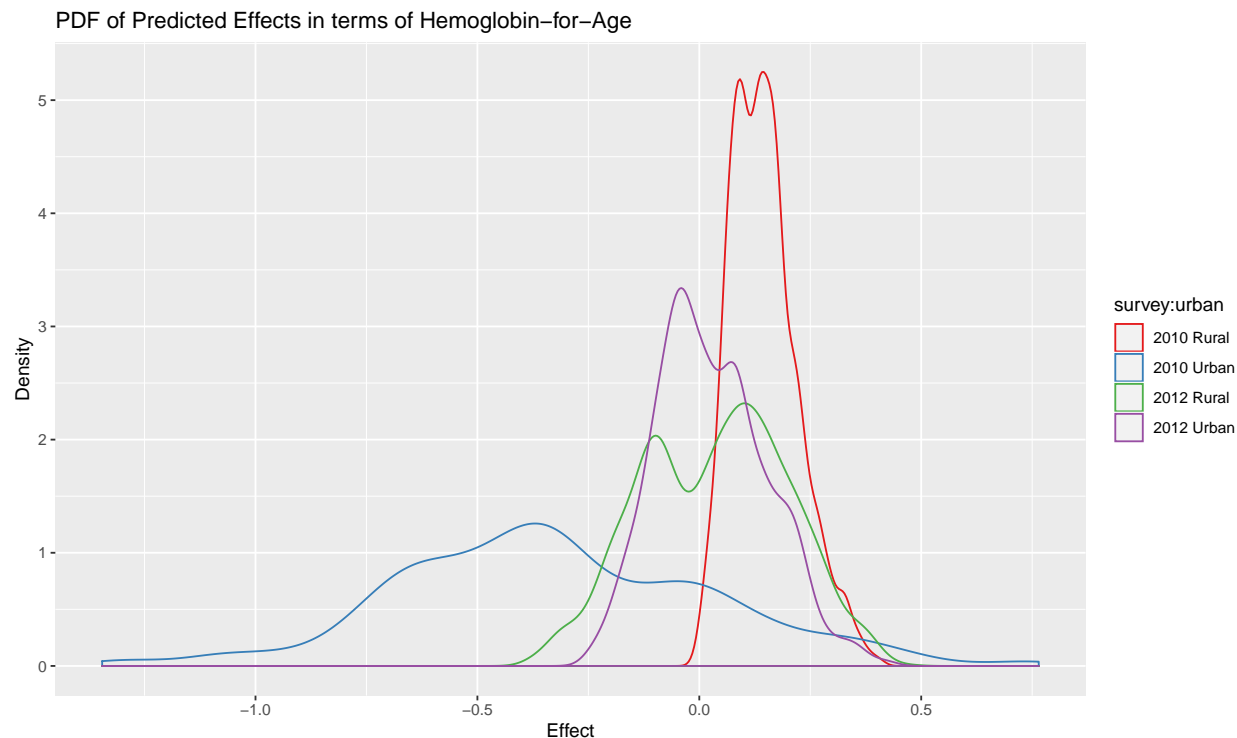


Figure 20:

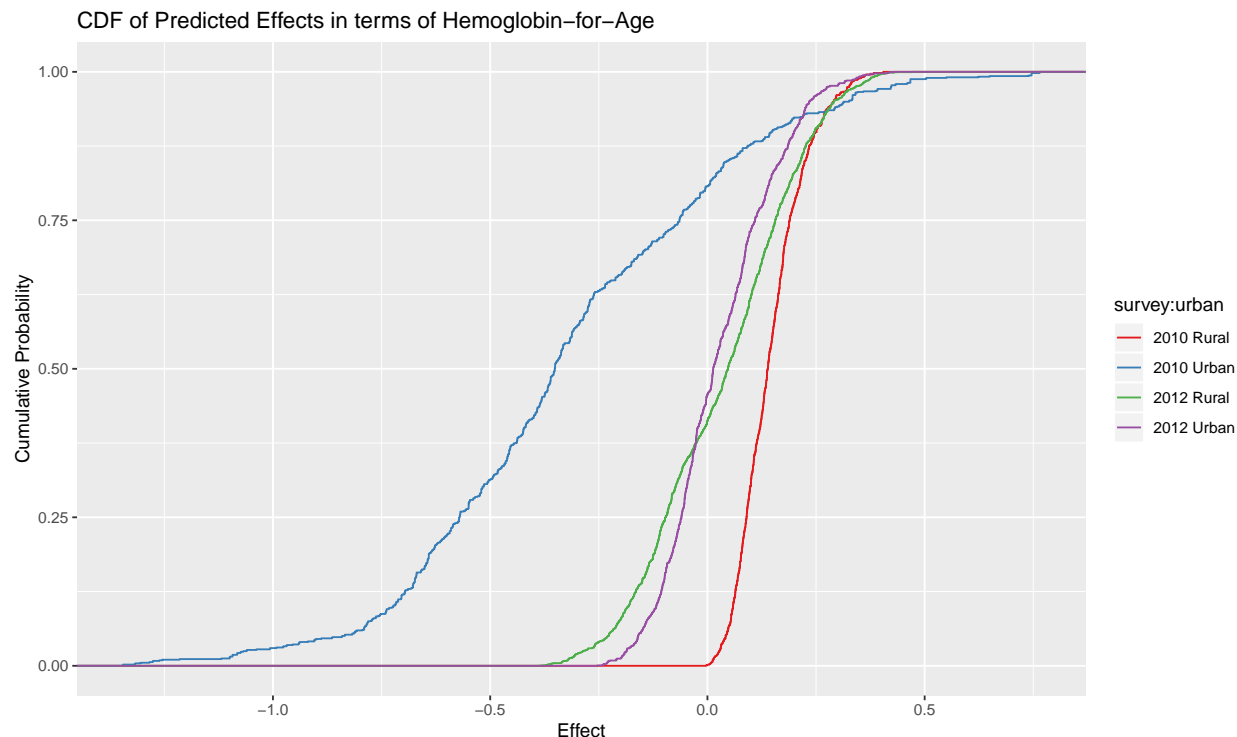


Figure 21:

The implied effects for the urban 2010 population are large. For the urban-poor, the magnitude ranges from 0.5 to greater than 1 standard deviations in 2010. The standard deviation of hemoglobin by age in Senegal is 14-15 g/L. To understand the magnitude of this shocks, consider a 10 g/L shock to hemoglobin. If every child in Senegal was exposed to such a shock, rates of anemia would be expected to increase from ~60% to ~85%. As a further illustration, consider a typical poor household in Dakar (10th percentile of the wealth distribution within Dakar). The expected effect of being in-utero during th 2008 crisis, compared to having been born before, would be negative 14 g/L of hemoglobin. For a child not to be driven into anemia after such a shock, they would have to have initial hemoglobin of 120 g/L, the 90th percentile of the overall distribution of hemoglobin in Senegal.

Once broken into urban and rural groups, the effect of the crisis is noticeable in the raw data. Below I plot the median hemoglobin by birth quarter, just as I did above, but this time split into rural and urban groups and only including observations from the 2010 survey.

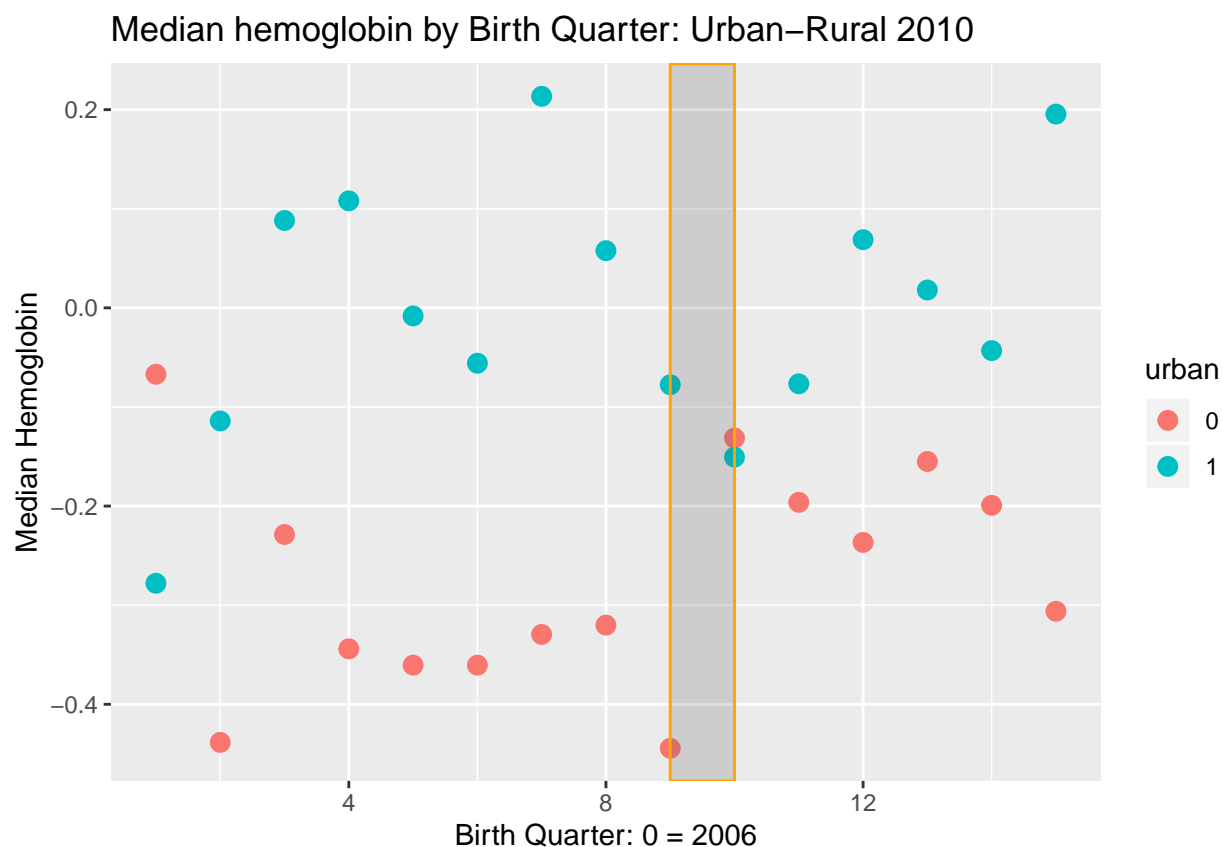


Figure 22:

I do not include this in the first set of such figures because it was not created until after seeing the regression results above. Therefore, it should not be interpreted as *separate* evidence from the regression results above. Rather, it is an illustration of those results using the raw data. In contrast, the first three birth-quarter graphs I show were created *before* running regressions.

## Spatial Distribution of Effects

To explore the spatial distribution of effects, I produce maps of the effect of the 2008 crisis across regions of Senegal. First, I use the coefficients from the 2010 regression above to predict the effect of exposure by DHS cluster. Distance-to-Dakar is defined on the cluster level, and then I use the median wealth in each cluster to estimate the effect. I then plot the clusters, colored by the predicted effect of exposure.



### Model–Predicted effect across Senegal

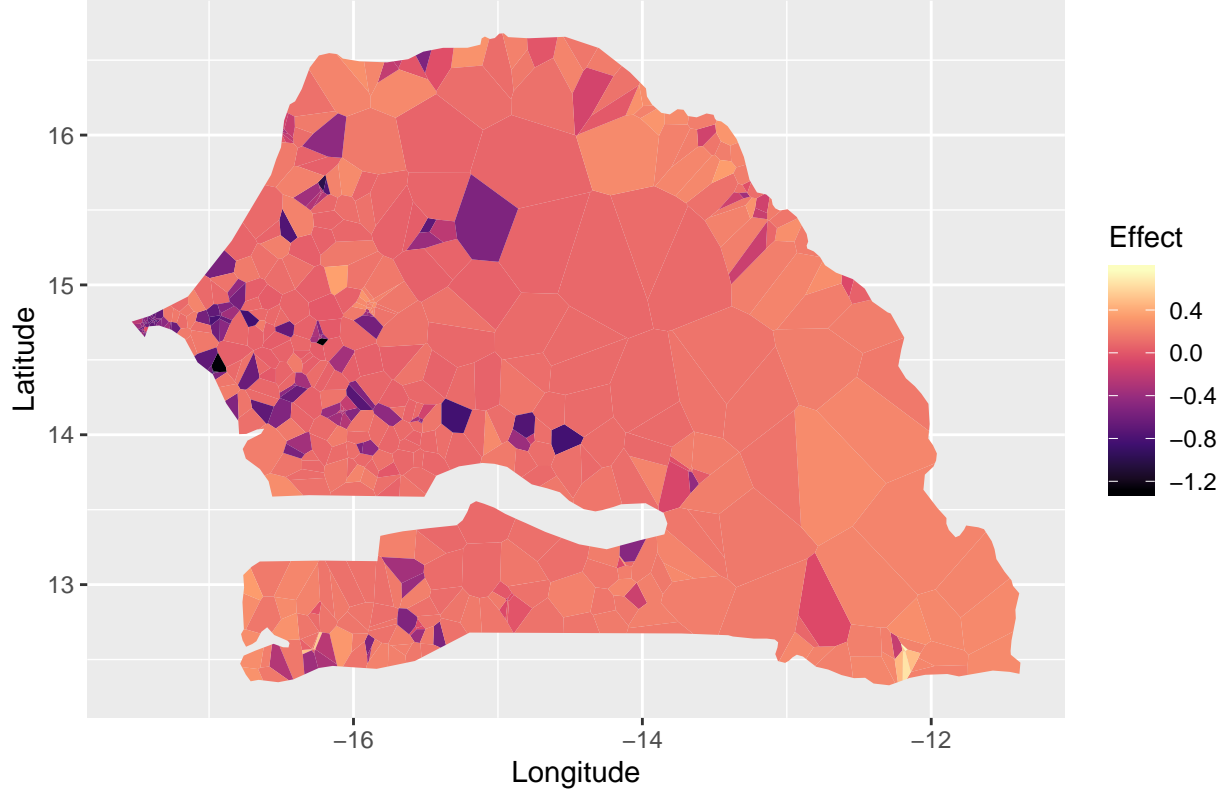


Figure 23:

We see obvious islands of effect— these are urban clusters. In general, the urban-rural effect is far greater than the distance-to-Dakar effect, as even rural clusters close to Dakar have relatively small effects. Dakar itself does not exhibit a large effect. This is because the median wealth in Dakar is the relatively great. Moreover, the specification forces the effect of distance-to-Dakar to be linear.

The regression above does not allow for spatial heterogeneity of response, except through distance-to-Dakar. Therefore, I run a more flexible regression, which allows the effect of exposure to vary by region:

$$H_i = \alpha_0 + \beta Exp_i + \delta Exp_i * Region + \alpha_1 MOB_i + \alpha_2 MOB_i^2$$

I report the predicted effect of exposure in each region. A guide to the regions of Senegal, with names and distribution of variables of interest, can be found in the Appendix.

I do not control for urban-rural or for wealth, as I want to capture the regional effects, inclusive of differences in wealth and the proportion who are urban. We see that Dakar and its neighbor Thiès are most strongly affected, although both are relatively wealthy. Outside of these two regions, distance-to-Dakar seems to have no effect, indicating a nonlinear relationship of distance-to-Dakar and effect of the 2008 crisis. I include the results for 2012 in order to compare magnitudes. We see that for many regions the effect is inconsistent across years, suggesting that the crisis had no consistent effect. For Dakar and Thiès, on the other hand, the effect of the crisis is consistent across years and persists into 2012.

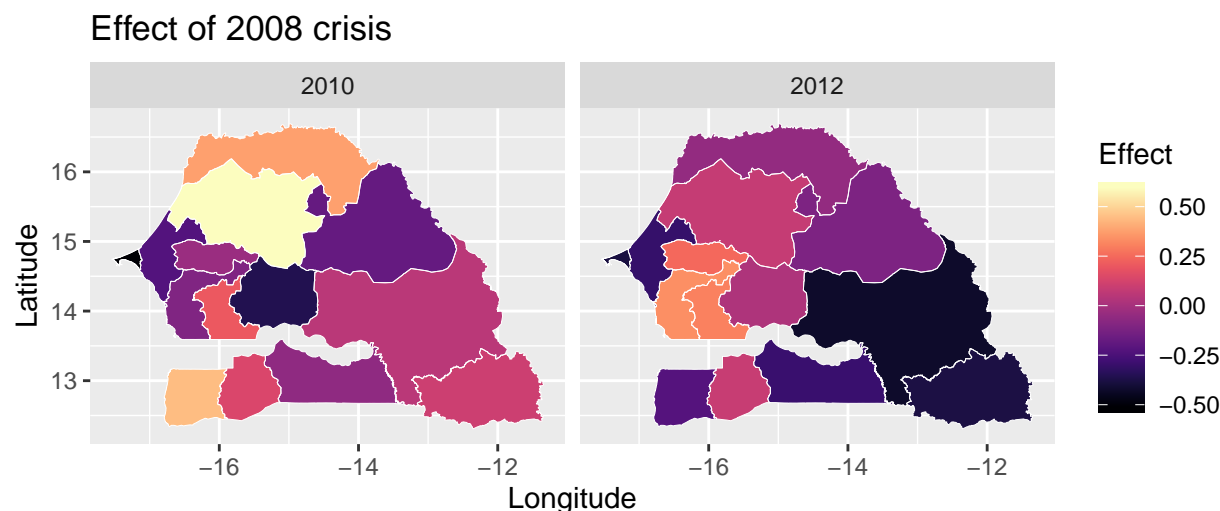


Figure 24:

## Discussion

### The Effect of Exposure

The results above provide support for the following hypotheses:

1. The 2008 crisis had a negative impact on the maternal nutrition of urban-dwellers, but not rural-dwellers;
2. The effect of the 2008 crisis on nutrition was greater for the poor than the rich;
3. The effect of the 2008 crisis on child hemoglobin was discernible in 2010, but not in 2012; and,
4. For urban dwellers, the effect of the 2008 crisis was greatest for those in and around to Dakar.

For those affected– the urban poor– the estimated effect of being exposed in-utero to the 2008 crisis is large: between 10-14 g/L of hemoglobin, where the cutoff for anemia is defined at 105 g/L. I would argue that these effects are best understood as lower bounds. The fetal origins approach implicitly compares those in-utero to those already born, meaning the estimated effect of exposure is net any negative impact on children born before the crisis. Also, given the persistence in iron stocks and budget constraints, those conceived after the crisis also likely felt some negative effects. I run a more narrow regression in the Appendix, which discards around half the data and focuses on those exposed and those born just before exposure. This estimated effect of the crisis is larger than in my main specification, further supporting the argument that my main results form a lower bound.

There is substantial attenuation of the effect of the 2008 crisis between 2010 and 2012. This should not be interpreted as recovery of health, but rather as the masking of an informative signal. Iron is a critical nutrient in human development, and deficiency can impair cognitive and motor development (Lozoff 2007). Looking at the effect of in-utero shocks too late in life can mask important differences. Two children who seem the same in 2012 in terms of hemoglobin, might have had very different hemoglobin in 2010, and therefore be on very different biological trajectories.

## Interpretation of Variables

Although exposure was defined with respect to prices, the 2008 crisis is a broad instrument. During the crisis there were protests, unrest and a change in the type of agricultural production, with an increase in staples like millet and sorghum. Thus, we cannot rule out that the estimated effect of the crisis has more to do with the general characteristics of the period than with prices *per se*. For example, the strong effect in Dakar might come from social unrest, as there was rioting in Dakar during the period.

Similarly, distance-to-Dakar should be considered as a general proxy for integration to the world market. Distance captures a broad set of socio-economic conditions. Areas further from Dakar are poorer, have less education and have more subsistence agriculture relative to commercial agriculture. Thus, the estimated effect will not be of transportation costs alone, but rather the combination general set of characteristics associated with being further from Dakar. Likewise, “wealth” in the DHS is a synthetic index, rather than an actual measure of household assets. Thus, wealth in this study ought to be thought of as a continuous measure of socio-economic status, which is correlated with household assets and income.

## Connection to the Broader Literature

My results support the existing view that increases in food prices negatively affect urban households while having little effect on the rural populace (Cohen and Garrett 2010; Dimova and Gbakou 2013). While the results are too noisy to reject the null hypothesis that the crisis had no effect on rural households, I do find a slight improvement in hemoglobin for rural-dwellers exposed to the crisis in-utero. This might be due to the increased income from sale of food, or to substitution toward locally produced, high-iron staples like millet and sorghum.

All of this discussion and analysis has been *specific to Senegal*. One would expect very different effects of the 2008 crisis in different countries. As shown above, millet production actually increased during 2008. This may reflect a reserve capacity for food production, or a fortunate coincidence of good yields coinciding with high price of imports. In either case, it suggests significant value in having reserve domestic food production capacity. Given a sudden increase in food prices, households may adapt by shifting production towards food. Even if adaptation isn’t possible, the independence of world price and local weather conditions imply that having some domestic production and some imported food supply would shrink the variance of food consumption. A country which completely abandons local food production in order to specialize in cash crops, would be in a significantly more vulnerable position than Senegal was in 2008. Thus, my work may provide suggestive evidence to the arguments for “food-sovereignty” in the food-policy literature (Rosset 2008).

## Conclusion

I find suggestive evidence that the 2008 world food crisis negatively affected the health of women, as shown by the health of their children, in urban Senegal. The effect is strongest and most consistent around Dakar. Within the context of the food-policy literature, my results are direct evidence to the hypothesis that food price shocks negatively affect urban households, without having a detectable effect on rural households.

My results suggest that the effect of a negative shock to maternal nutrition may have a large effect on the hemoglobin of infants who were in-utero, outweighing the effect of the same shock on children who are

already born. This negative shock is apparent 2 years ex-post, but has dissipated 4 years ex-post. As iron is a critical micro-nutrient for fetal and infant neuro-development, although the shock has dissipated, its effect on long-run health and welfare will remain.

These results are evidence that the health of poor people in poor countries depends on the movement of international markets. The 2008 food price crisis is a specific episode which had a strong, negative impact on the urban-poor of Senegal. Since 2008, urbanization and food imports have continued to increase in Senegal. Incomes have also risen. Whether the country is more or less vulnerable today to a price shock like that of 2008 is difficult to answer.

We expect urban populations to be less vulnerable to drought and other natural disasters. There would then seem to be a trade-off where urban, well-connected populations are more vulnerable to the market, while rural, remote populations are vulnerable to nature. Here we must bring in that universal feature of social analysis: class. In either case, it is the poor who are vulnerable and the rich who are not. Any policy which considers mitigating the effect of these shocks, whether they come from the market or from nature, must keep class in the foreground.

This is a fetal origins paper. In general, the fetal-origins literature tends to concentrate on the fetus. I would like to draw attention to the mother. Poor fetal nutrition comes from poor maternal nutrition. Any discussion of infant health must consider gender inequality (Osmani and Sen 2003). The negative consequences of the 2008 crisis on child hemoglobin are direct evidence of the malnutrition of poor, urban women of Senegal.

## Future Research

In this project, I have found the the 2008 crisis had a large, negative impact on the urban-poor of Senegal. I also find that the effect diminishes with distance-to-Dakar. The distance from a particular community to the port and capital, Dakar, is related to a host of other characteristics, such as wealth, concentration of land-ownership, and local food production capacity. An inviting avenue for future research would be the systematic exploration of these relationships, and how each of these underlying variables is related to the effect of the 2008 crisis. Previous literature has focused on the effect of an increase of food prices on households who are net-sellers vs net-buyers of food. More broadly, I could explore regional effects based on whether a particular region is a net-importer or net-exporter of food.

Another route would be to expand my analysis to include Senegal's neighbors like Burkina Faso, Ghana, Cote D'ivoire, Liberia and Guinea. While I have argued that my results are internally valid for Senegal, it is an open question whether they apply more broadly. Conducting the same test over multiple countries could provide evidence for or against a stable pattern. Given that my dataset is relatively small, expanding coverage to more countries would also improve the power of my tests and allow for a greater number of hypotheses, such as the effect of land-ownership.

More ambitiously, I would like to connect my research to the more general question of market integration and food-security. As outlined above, there appears to be a trade-off between vulnerability to shocks from nature and from the world market. In this paper, I have explored an extreme case of the latter. In future research, I hope to explore the effect of drought on urban and rural populaces in concert with analysis of the 2008 crisis, in order to determine the relative magnitude of each of these effects.

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## Appendix 1: A guide to Senegal's Regions

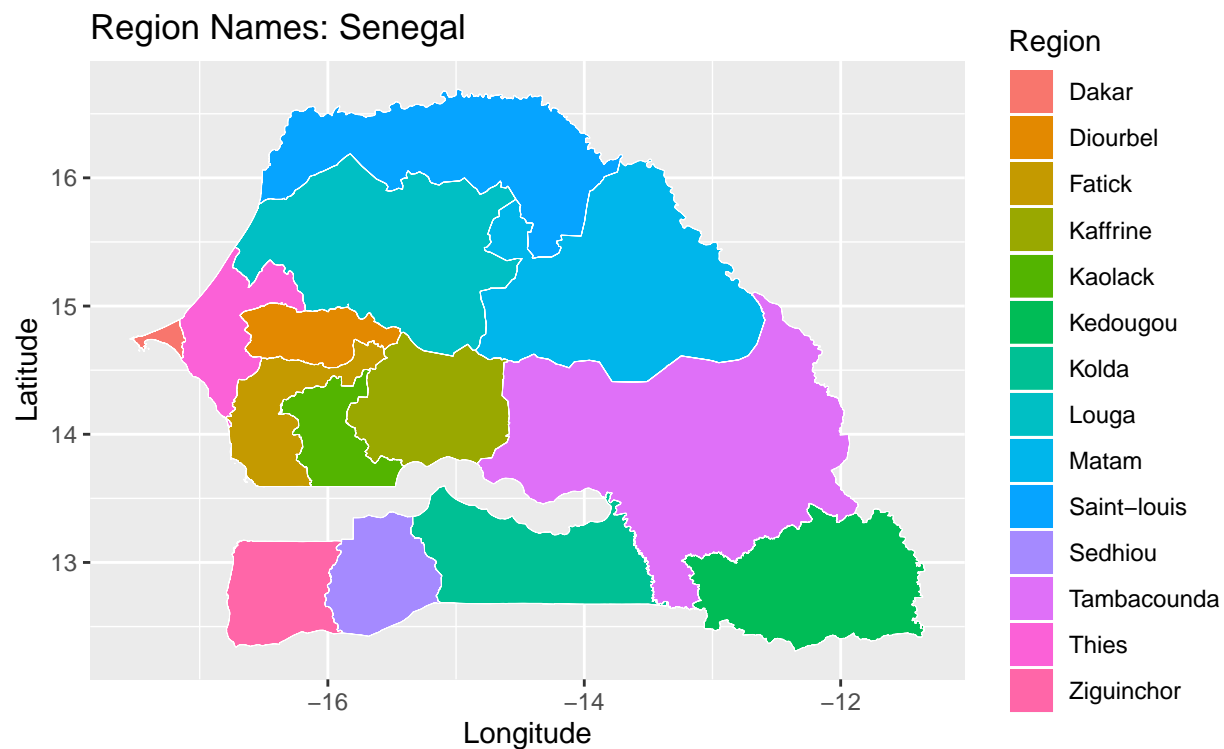


Figure 25:

region	Wealth	Land	Urban	N
Dakar	0.12	0.11	0.78	1444
Diourbel	0.03	0.38	0.30	2484
Fatick	-0.04	0.76	0.20	1947
Kafrine	-0.07	0.84	0.14	2104
Kaolack	-0.02	0.68	0.28	2715
Kedougou	-0.05	0.80	0.23	1207
Kolda	-0.07	0.81	0.21	2074
Louga	-0.01	0.72	0.24	1996
Matam	-0.02	0.78	0.26	1913
Saint-louis	0.01	0.56	0.41	1751
Sedhiou	-0.05	0.83	0.24	1649
Tambacounda	-0.07	0.80	0.22	2049
Thies	0.03	0.55	0.38	2263
Ziguinchor	0.00	0.48	0.44	1029

## Appendix 2: Alternate Specifications

Here I run several alternative specification to those reported above. Each of these was ran after running the regressions above, in response to a specific concern or question. Because I did not pre-commit to these specifications, they should be interpreted weakly. However, they do generally support my conclusions. Of particular importance in the narrow-window regression, which finds even stronger effects than my main specification.

### Narrow Window

In the main specification, we are comparing infants exposed to the 2008 crisis in-utero to two control groups:

1. Those who are exposed in childhood; and,
2. Those who are conceived after the crisis.

For reasons discussed above, including breastfeeding and delayed transmission of shocks, we would expect both of these groups to also experience a negative effect of the crisis. Thus, the ideal control group is to narrow the regression to the window just around those who had just been born and those who were still in-utero. I did not do this as my main specification because it would involve throwing out much of the data set, and would reduce my power. Next I report a more narrow specification, where I have thrown out over half the data-set. The data are restricted to those who were born between April 2007 and July 2009. The while the standard errors increase, the point estimates increase in magnitude, as expected if the effect is concentrated in these groups.

	2010	2012	2010	2012
Intercept	-0.2518*** (0.0585)	0.0975 (0.1370)	-0.0472 (0.1095)	-0.0803 (0.1902)
Exposure	0.0178 (0.1699)	-0.0624 (0.2696)	-0.4024 (0.2327)	0.3124 (0.3768)
Distance to Dakar			-0.0518* (0.0260)	0.0497 (0.0305)
Distance to Dakar * Exposure			0.0985* (0.0476)	-0.1101 (0.0631)
Num. obs.	1463	1312	1463	1312
Percentile	0.5000	0.5000	0.5000	0.5000

\*\*\*  $p < 0.001$ , \*\*  $p < 0.01$ , \*  $p < 0.05$

Table 7: Restricted Sample Results



	2010: Urban	2010: Rural	2012: Urban	2012: Rural
Intercept	0.2215 (0.2199)	−0.4824*** (0.1393)	0.0106 (0.3263)	−0.3154 (0.2676)
Exposure	−1.5196** (0.5716)	0.2737 (0.2838)	−0.3105 (0.5786)	0.8541* (0.4826)
Distance to Dakar	−0.0568 (0.0401)	0.0522 (0.0386)	0.0707 (0.0641)	0.0944* (0.0486)
Wealth	1.0099 (1.3061)	2.3263** (0.7403)	0.5930 (1.8409)	1.4001 (1.0395)
Distance to Dakar * Exposure	0.2574** (0.0869)	−0.0299 (0.0747)	−0.0020 (0.1119)	−0.1905** (0.0791)
Wealth * Exposure	4.0122 (2.6764)	0.0928 (1.8761)	1.9335 (2.9702)	2.1867 (1.8876)
Num. obs.	446	1017	424	888
Percentile	0.5000	0.5000	0.5000	0.5000

\*\*\* $p < 0.001$ , \*\* $p < 0.01$ , \* $p < 0.05$

Table 8: Restricted Sample Results

I take this as convincing evidence of the effect of the 2008 crisis. However, it was not the specification to which I pre-committed, so I have included it in the appendix as supporting evidence, rather than as my main specification.

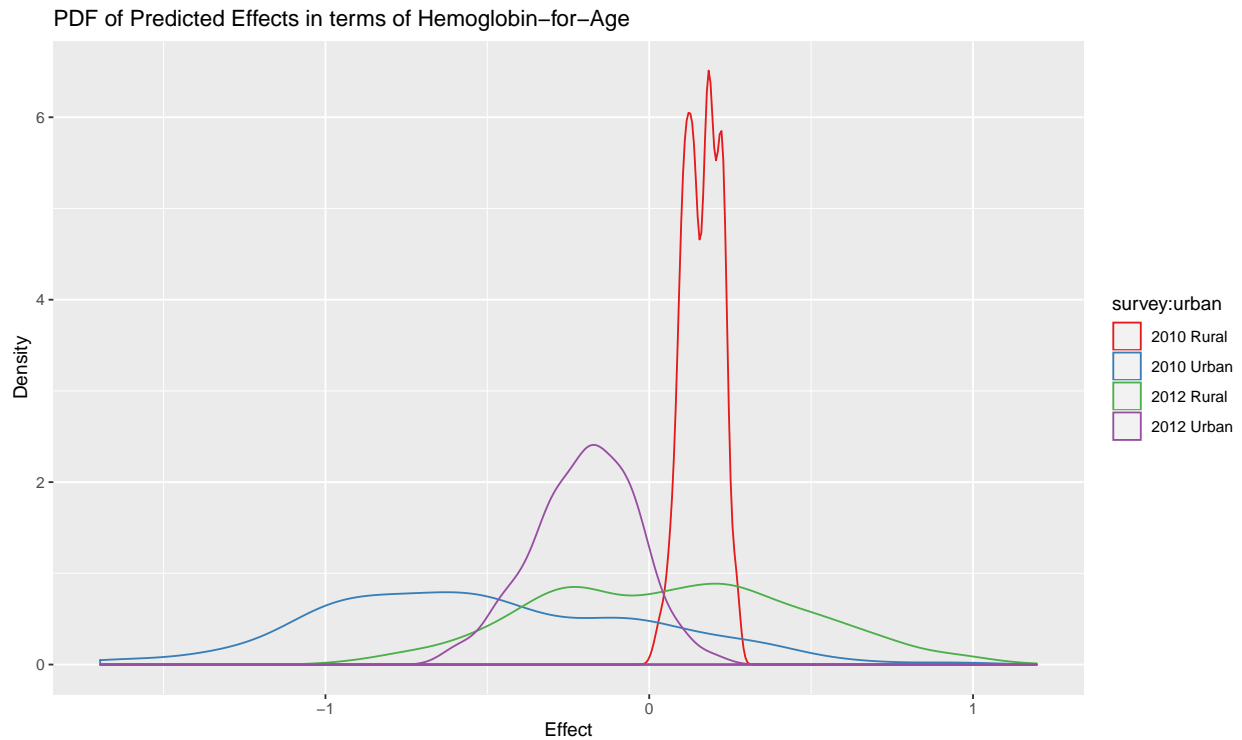


Figure 26:

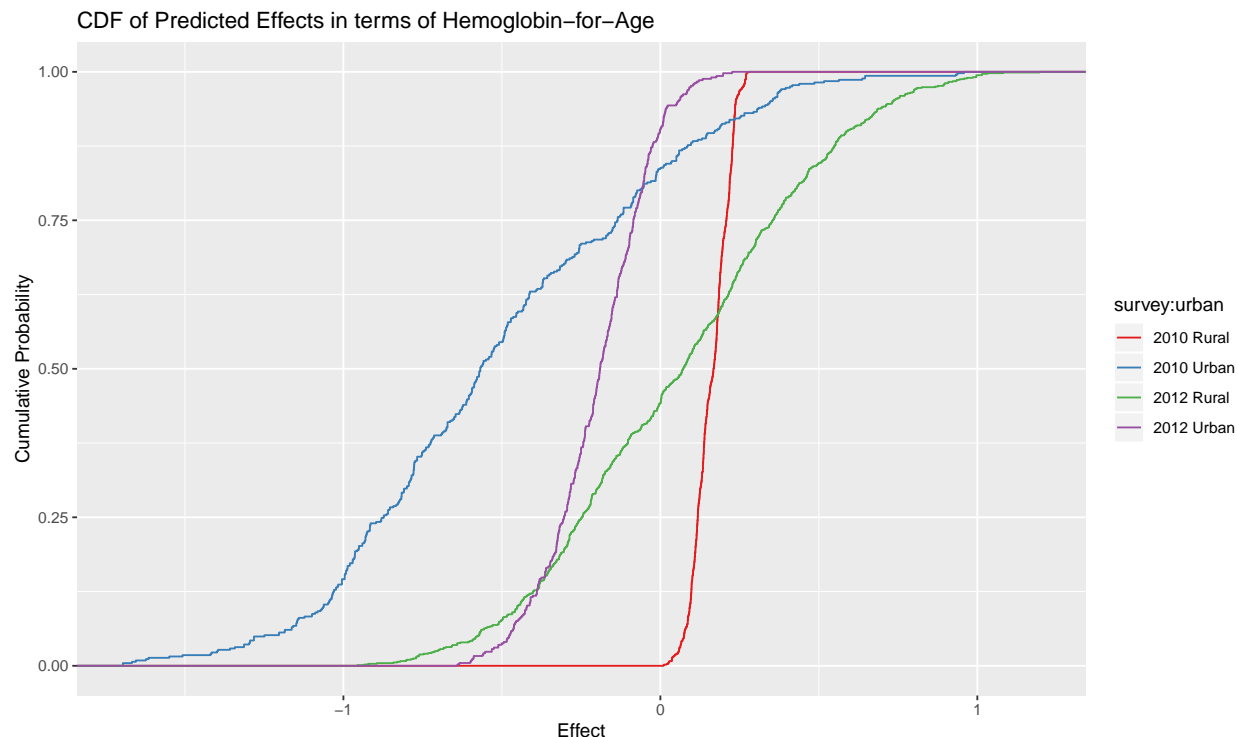


Figure 27:

Under the narrow specification, the median effect of the crisis on urban-dwellers in 2010 is greater than -.5 standard deviations. Thus, the typical urban dweller of Senegal suffered a -8 g/L shock to hemoglobin.

## Lead-lag

As noted in the prices section, it can take several months for world prices to diffuse to cities in Senegal. Thus one might expect the exposure variable to be mis-assigned, as those who were really exposed to the shock were born several months later. Therefore, I take the twice lagged values of exposure, and regress them in the same way as before. Interestingly, the effect of the crisis is now negative for both urban and rural dwellers. This suggests that the price effect takes longer to be transmitted to rural areas.

	2010	2012	2010	2012
Intercept	-0.1821*** (0.0314)	0.0097 (0.0196)	-0.0777 (0.0564)	0.0270 (0.0362)
Exposure	0.0185 (0.0810)	-0.0133 (0.0664)	-0.1453 (0.1462)	0.1018 (0.1331)
Distance to Dakar			-0.0307 (0.0157)	-0.0056 (0.0115)
Distance to Dakar * Exposure			0.0446 (0.0355)	-0.0469 (0.0368)
Num. obs.	3224	5065	3224	5065
Percentile	0.5000	0.5000	0.5000	0.5000

\*\*\* $p < 0.001$ , \*\* $p < 0.01$ , \* $p < 0.05$

Table 9: Test for Lagged Effects

	2010: Urban	2010: Rural	2012: Urban	2012: Rural
Intercept	-0.2224 (0.1137)	-0.1912* (0.0778)	-0.0655 (0.0829)	-0.0395 (0.0489)
Exposure	0.1055 (0.3839)	-0.1193 (0.1802)	0.0657 (0.2593)	0.3799* (0.1794)
Distance to Dakar	0.0227 (0.0253)	0.0026 (0.0205)	0.0589** (0.0188)	0.0131 (0.0142)
Wealth	1.7467** (0.6561)	1.8736*** (0.4241)	1.5815** (0.5530)	2.1349*** (0.3576)
Distance to Dakar * Exposure	0.0480 (0.0740)	0.0281 (0.0459)	-0.0633 (0.0646)	-0.0900 (0.0570)
Wealth * Exposure	0.0500 (1.9689)	0.0467 (1.3039)	-1.0935 (1.9637)	0.0833 (1.1413)
Num. obs.	974	2250	1573	3492
Percentile	0.5000	0.5000	0.5000	0.5000

\*\*\* $p < 0.001$ , \*\* $p < 0.01$ , \* $p < 0.05$

Table 10: Test for Lagged Effects

## Selection

Next I test for fetal selection. Female fetuses are more robust than males, so if the 2008 crisis caused selection due to in-utero stress, we should see an increase in the number of girls. I find no such result.

	Girl
(Intercept)	1.4863*** (0.0061)
exposure	-0.0007 (0.0203)
R <sup>2</sup>	0.0000
Adj. R <sup>2</sup>	-0.0001
Num. obs.	8358
RMSE	0.4999

\*\*\* $p < 0.001$ , \*\* $p < 0.01$ , \* $p < 0.05$

Table 11: Test for Selection

## Seasonal Fixed Effects

Here I include my main specification, with seasonal fixed effects included. The results remain largely unchanged.

	2010: Urban	2010: Rural	2012: Urban	2012: Rural
Intercept	−0.1193 (0.1123)	−0.1838* (0.0858)	−0.0561 (0.0925)	−0.0353 (0.0607)
Exposure	−1.0690* (0.4342)	0.0762 (0.2004)	−0.1865 (0.2653)	0.3562 (0.1948)
Distance to Dakar	0.0254 (0.0266)	0.0040 (0.0204)	0.0342 (0.0190)	0.0155 (0.0150)
Wealth	1.7004** (0.6542)	1.9112*** (0.3889)	1.3537** (0.5194)	2.2390*** (0.3561)
Distance to Dakar * Exposure	0.1654 (0.0845)	0.0265 (0.0514)	0.0658 (0.0628)	−0.0737 (0.0426)
Wealth * Exposure	3.9550 (2.3983)	0.8408 (1.4915)	1.0316 (1.6940)	0.7154 (1.1840)
Num. obs.	974	2252	1573	3492
Percentile	0.5000	0.5000	0.5000	0.5000

\*\*\* $p < 0.001$ , \*\* $p < 0.01$ , \* $p < 0.05$

Table 12: Seasonal Fixed Effects