

Mental Health and Intellectual and Developmental Disabilities Training Curriculum for Healthcare Providers

This curriculum is designed to complement the [Integrated Mental Health Treatment Guidelines for Prescribers in Intellectual and Developmental Disabilities](#) (also known as the [IDD-MH Prescriber Guidelines](#))

Funded by the WITH Foundation, this study will evaluate these educational sessions. We will measure the impact on participant's awareness, knowledge, and self-efficacy, in the treatment of patients with intellectual and developmental disabilities (IDD) and mental health needs (IDD-MH).

Course Description	<ul style="list-style-type: none"> • All training content is asynchronous & can be accessed at any time • Content is organized in 3 levels: Foundational, Intermediate, Advanced • Each level includes multiple modules and suggested readings • Levels should be viewed in order; training modules in each level may be viewed in any order • The curriculum is integrated within existing course requirements.
Overall Objectives	<p>Learners will be able to:</p> <ul style="list-style-type: none"> • Recognize their role as healthcare providers for persons with IDD within a broader system of care • Provide appropriate, culturally competent care for patients with IDD in their practice • Identify the unique strengths, needs, and vulnerabilities of persons with IDD as part of an integrated biopsychosocial framework for assessment and treatment • Utilize best practices to promote mental wellness for persons with IDD
Completion Requests	<ul style="list-style-type: none"> • Complete all modules within the required curriculum levels in their entirety • Complete course evaluations and surveys as this information will inform future curriculum updates
Materials	<ul style="list-style-type: none"> • Foundational/Intermediate training: https://vimeo.com/showcase/mhidd-curriculum-1 <ul style="list-style-type: none"> ○ Password: Start1 • Advanced training: https://vimeo.com/showcase/mhidd-curriculum-2 <ul style="list-style-type: none"> ○ Password: Start1 • IDD-MH Prescriber Guidelines
Evaluation	<ul style="list-style-type: none"> • An initial survey will be completed prior to beginning training and similar surveys will be completed at the conclusion of course viewing/participation. Participants will only be asked to complete surveys for course content at their recommended level. • We ask that you complete evaluations following each hour of viewing and an overall evaluation and the conclusion of your participation. • Time is built into the current didactics schedule to accommodate these surveys and evaluations. • Participants have the option to participate in one focus group to provide feedback to researchers. Participants will be compensated \$50.00. • Survey data is anonymous. Focus group transcriptions will be de-identified.
Help	Issues accessing course materials or training? Contact Andrea Caoili (andrea.caoili@unh.edu).

Curriculum Outline

FOUNDATIONAL Level	
https://vimeo.com/showcase/mhidd-curriculum-1 Password: Start1 Length: 2 hours Pre-Requisite: None	Introduction to Neurodiversity, Mental Health and IDD <ol style="list-style-type: none"> 1. Introduction to Neurodiversity 2. Culturally Competent Patient Care 3. System of Care for People with IDD 4. Positive Medicine and Learned Hopefulness 5. Basics of Psychopharmacology for People with Intellectual Disability 6. Medical Assessment Considerations for People with IDD 7. The Lived Experience Perspective
INTERMEDIATE Level	
https://vimeo.com/showcase/mhidd-curriculum-1 Password: Start1 Length: 1 hour Pre-Requisite: Foundational	Integrated, Biopsychosocial Assessment Considerations for People with IDD <ol style="list-style-type: none"> 1. Biopsychosocial Assessment and Treatment Considerations 2. Psychiatric Assessment Considerations
ADVANCED Level	
https://vimeo.com/showcase/mhidd-curriculum-2 Password: Start1 Length: 3 hours Pre-Requisite: Foundational & Intermediate	Best Practices in Mental Health Diagnosis & Treatment for People with IDD <ol style="list-style-type: none"> 1. Trauma and Stressor Related Disorders 2. Anxiety Disorders 3. Obsessive Compulsive and Related Disorders 4. Depression and Bipolar Disorder 5. Grief and Loss 6. Schizophrenia and Other Related Psychotic Disorders 7. Prescribing in Mental Health Crises

FOUNDATIONAL Level

Introduction to Neurodiversity, Mental Health, and IDD

Participant Instructions

Before Beginning: Before the training, please complete the consent to participate form and initial assessment. The assessment responses are anonymous and will not be graded. Responses will give the study team an understanding of the baseline knowledge of participants in diagnostic and treatment needs of patients with IDD-MH. It takes about 30 minutes to complete these tasks. Time is built into didactics to accomplish this. Please use the weblink or the QR code below. If you prefer a paper copy, please see your instructor.

https://unh.az1.qualtrics.com/jfe/form/SV_6t0bHMeW0UHjcnY



Training Evaluations: Please complete a very brief evaluation for each training module. The table below can be helpful to keep notes and thoughts organized. You are encouraged to use it, but not required. For each training module, you will be asked to rate your overall satisfaction with each presentation as well as what was most helpful and recommendations for improvement. The training evaluations can be accessed using the web link or the QR code below.

https://unh.az1.qualtrics.com/jfe/form/SV_4ZXo2irnGS6fyyW



At the Conclusion of the Training: Upon completion of the foundational level, please complete the brief assessment, by accessing the QR code below.

https://unh.az1.qualtrics.com/jfe/form/SV_5oNpm6NN1w5TskW



FOUNDATIONAL Level

Introduction to Neurodiversity, Mental Health, and IDD

Note Form for In-Session Viewing

Training	What was helpful/what I liked	Recommendations to improve the training
Introduction to Neurodiversity		
Culturally Competent Patient Care		
System of Care for Persons with IDD		
Positive Medicine and Learned Hopefulness		
Basics of Psychopharmacology for People with IDD		
Medical Assessment Considerations for People with IDD		
The Lived Experience Perspective		
Other Notes		

INTERMEDIATE Level

Integrated, Biopsychosocial Assessment Considerations for People with IDD

Participant Instructions

Prior to Beginning: At this time, you should have already completed the consent or the initial assessment. You also should have completed the Foundational Level of the curriculum, as this is a pre-requisite for intermediate course content. If you have not yet done so, please contact Andrea Caoili at andrea.caoili@unh.edu.

Training Evaluations: Please complete a very brief evaluation for each training module. The table below can be helpful to keep notes and thoughts organized. You are encouraged to use it, but not required. For each training module, you will be asked to rate your overall satisfaction with each presentation as well as what was most helpful and recommendations for improvement. The training evaluations can be accessed using the web link or the QR code below.

https://unh.az1.qualtrics.com/jfe/form/SV_4ZXo2irnGS6fyyW



At the Conclusion of the Training: Upon completion of the intermediate level, please complete the brief assessment, by accessing the QR code below.

https://unh.az1.qualtrics.com/jfe/form/SV_0wEyJwUnyCUdNVY





INTERMEDIATE Level

Integrated, Biopsychosocial Assessment Considerations for People with IDD

Note Form for In-Session Viewing

Training	What was helpful/what I liked	Recommendations to improve the training
Psychiatric Assessment Considerations		
Biopsychosocial Assessment and Treatment Considerations		
Other Notes		

ADVANCED Level

Best Practices in Mental Health Diagnosis & Treatment for People with IDD

Participant Instructions

Prior to Beginning: At this time, you should have already completed the consent and the initial assessment. You should also have completed the Foundational and Intermediate Levels as these are pre-requisites for this course level. If you have not yet done so, please contact Andrea Caoili at andrea.caoili@unh.edu.

Training Evaluations: Please complete a very brief evaluation for each training module. The table below can be helpful to keep notes and thoughts organized. You are encouraged to use it, but not required. For each training module, you will be asked to rate your overall satisfaction with each presentation as well as what was most helpful and recommendations for improvement. The training evaluations can be accessed using the web link or the QR code below.

https://unh.az1.qualtrics.com/jfe/form/SV_4ZXo2irnGS6fyyW



At the Conclusion of the Training: Upon completion of the advanced level, please complete the brief assessment, by accessing the QR code below.

https://unh.az1.qualtrics.com/jfe/form/SV_03qHfdpliiAFIOy





ADVANCED Level

Best Practices in Mental Health Diagnosis & Treatment for People with IDD

Note Form for In-Session Viewing

Training	What was helpful/what I liked	Recommendations to improve the training
Trauma and Stressor Related Disorders		
Anxiety Disorders		
Obsessive Compulsive and Related Disorders		
Depression and Bipolar Disorder		
Grief and Loss		
Schizophrenia and Other Related Psychotic Disorders		
Prescribing in Mental Health Crises		
Other Notes		