

## Trail Logic Studio

Free Guide Series

# Trip Planning Basics

Trail Logic Studio keeps planning simple so you can stay focused on the trail. Use this quick primer to build a confident day or weekend plan without overthinking it.

## Choose Your Objective

- " Match distance to daylight and fitness. Aim for 2 miles/hour on mixed terrain.
- " Prioritize one highlight: summit view, waterfall, or quiet forest loop.
- " Set a clear turnaround time and stick to it if weather or pace slips.

## Check Conditions and Timing

- " Look at the 12-24 hour forecast, then the hourly breakdown for wind, temps, and precipitation.
- " Read the latest trip reports for snow, blowdowns, and water crossings.
- " Build a simple time plan:
  - " Approach: 40% of total time
  - " Main objective: 20%
  - " Exit: 30%
  - " Buffer: 10% for photos, snacks, and surprises

## Map the Route

- " Save the route offline on two apps or devices.
- " Mark these waypoints: trailhead, water sources, bail-out routes, turnaround time, and parking pin.
- " Print a small map strip with key bearings for pocket navigation.

## Pack the Essentials

### Category | Pack It | Why

---

Navigation | Map, compass, charged phone | Redundancy beats dead batteries  
Safety | First aid kit, headlamp, whistle | Handle twists after dark  
Comfort | Layers, hat, sun protection | Temperature swings are real  
Fuel | 250-300 calories/hour, 0.5-0.7L water/hour | Keep the engine steady

## Share and Review

- " Share plan, route link, and ETA with a trusted contact.
- " Leave a note on your dashboard with trailhead, route, and return time.
- " Quick pre-drive check:
  - Weather re-checked

Map saved offline twice  
Hydration filled and labeled  
Headlamp batteries confirmed