

Trail 6: Knox-Blount Greenway

Key Characteristics

Trail Name	Knox-Blount Greenway
Region	Knoxville and Surroundings
Trail #	6
Time Estimate - Hiking Fast	45 minutes
Time Estimate - Hiking Slowly	1.5 hours
Trail Distance (Miles)	2.3
Elevation Change	Gentle
Pets	Allowed on leash
Parking Pass/Entrance Fee	Not Required
Restroom(s)	No
Terrain	Paved



Overview

Another hike that is very close to city center Knoxville, the Knox-Blount Greenway is a fun, easier outing for little walkers and for parents pushing little ones in strollers. Paved throughout, this trail offers a glimpse of the surprising beauty of the Tennessee River so close to the city. Our description features a route that heads to the north, toward the city, and then back to the trail from the research park further south before returning to the start; of course, you can hike any way you like! Look for blue herons and other birds along the side of the river; you might see a Bald Eagle! Limited shade makes this a great outing for clear but cold winter days but a hot hike during warmer, sunnier times. This will be a fun hike for a gaggle of kids looking to toddle or run wild!



Directions to the Trailhead

Trailhead Address	University of Tennessee Research Park at Cherokee Farm, 2641 Osprey Vista Way, Knoxville, TN 37920
Trailhead GPS Coordinates	35.94191, -83.95270

Park in the lot at the above address—if helpful, the building is the “IAM Electron Microscopy Facility”! The start of the trail is at the top of a terraced amphitheater — conveniently, one that’s easy to walk down.

Trail Description

Distance from Start	Description
0.0	Walk down the terraced amphitheater.
0.1	Begin to descend down a gradual hill.
0.3	Reach the river and the Knox-Blount Greenway trail proper. Our route turns right, but you can explore in either direction!
0.35	Follow the greenway along the river. The meadows to the right are usually mowed; kids may like to cruise through them!
0.8	Our preferred route turns around at the intersection of the greenway and a spur trail. Of course, you can continue further if you like. Head back the other direction
1.3	Pass the trail from the amphitheater you took earlier, continuing along the river.
1.65	Turn around at the intersection of another spur trail—or, again, continue further.
2.0	Meet back up with the trail to the amphitheater.
2.3	Trailhead.

Nearby

- Visiting the UT Gardens. The nearby UT Gardens (2621 Morgan Circle, Knoxville, TN 37996) is a great spot for a meander through beautiful gardens. Be sure to check out the Children’s Garden featuring grassy moguls kids love to roll or hop down.
- Biking the greenways. While we featured the Knox-Blount Greenway as a hike, it’s also a fun bike ride for young bikers.