

Trail 14: Obed Point

Key Characteristics

Trail Name	Obed Point Trail
Region	Cumberland Plateau
Trail #	14
Time Estimate - Hiking Fast	2.5 hours
Time Estimate - Hiking Slowly	4.5 hours
Trail Distance (Miles)	3.6
Elevation Change	Gentle
Pets	Allowed on leash
Parking Pass/Entrance Fee	Not Required
Restroom(s)	Yes
Terrain	Dirt path



Overview

Just far enough to be off the radar of many in Knoxville, this trail has a bit of everything - fun bridge crossings, deep forest, waterfalls, and two pretty overlooks. It does not climb so much as to become tiresome, but it's long enough to feel like a real adventure. There's something about the Obed area that feels both wild and inviting. The only downside? It's a little out-of-the-way; in some ways, this trail feels farther than some destinations in the Smokies. It's worth it for a great family hike with kids of all ages. Though out of the way, there are a few fun things to do to extend the hike or to visit very nearby on the way home. Great for kids of all hiking ages, and not a bad hike on which to carry a little one.



Directions to the Trailhead

Trailhead Address	Lilly Bluff Trailhead, 1 Lilly Bluff Trail Head, Lancing, TN 37770
Trailhead GPS Coordinates	36.10239, -84.72183

The above address should easily navigate you to the large parking area with a restroom. Look for the sign for the point trail.

Trail Description

Distance from Start	Description
0.0	Start on the Point Trail.
0.15	Side trial to the Lilly Bluff Overlook for Clear Freek — absolutely worth the short trip!
0.4	Small bridge crossing.
0.45	Large boulders and a rock wall — the trail winds around the side and atop the back of the wall.
0.5	Trail flattens and winds along the side of a ridge.
1	Trail bends to the right.
1.4	Trail bends to the left.
1.8	Overlook of the juncture of Clear Creek and Obed River. There isn't really one overlook, per se, but many great spots to view the rivers! After a good rest, turn around and head back to the trailhead.
3.6	Trailhead.



Nearby

- Hanging out at Lilly Pad Hopyard Brewery. Befitting the Obed Wild & Scenic Area, the Lilly Pad Hopyard Brewery (<https://www.lillypadhopyardbrewery.com>) is a surprising, fantastic, kid-friendly destination. Stop by for food and drinks—only on Saturday and Sunday from 12-6 pm.
- Playing around the bouldering area. The Trailhead features a nearby shaded area full of boulders. While we've often used this spot as a peaceful place to finish kiddo naps, older kids love trying to climb the boulders.