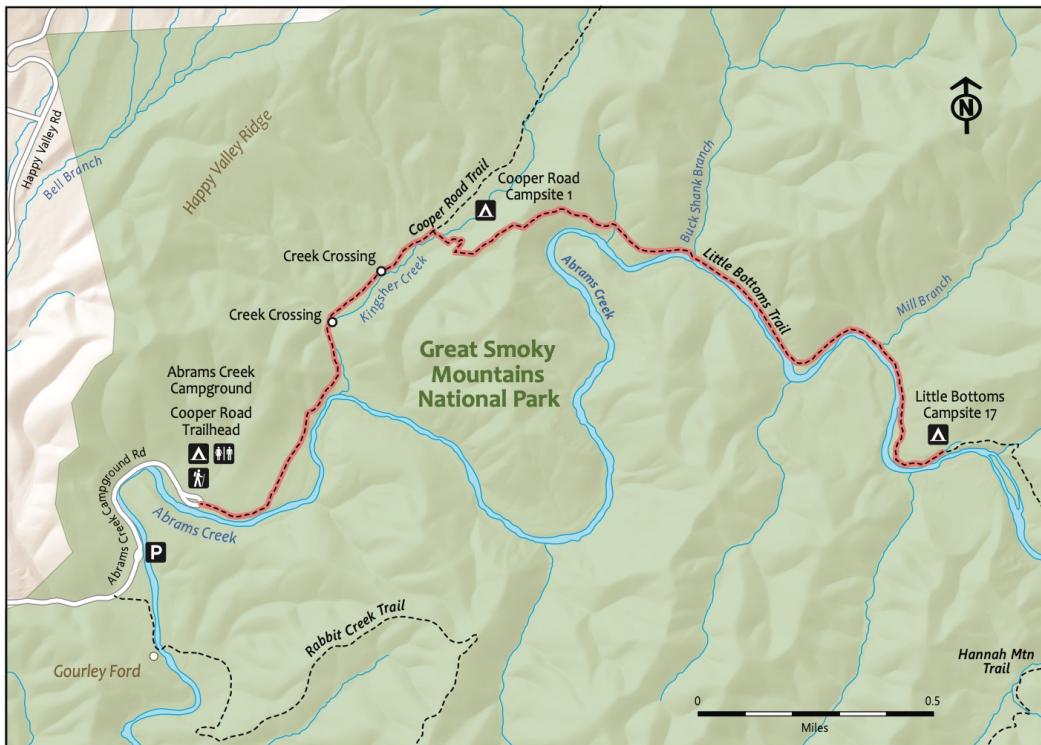


Trail 25: Abrams Creek

Key Characteristics

Trail Name	Abrams Creek
Region	Great Smoky Mountains National Park
Trail #	23
Time Estimate - Hiking Fast	4 hours
Time Estimate - Hiking Slowly	6 hours
Trail Distance (Miles)	5.8
Elevation Change	Moderate
Pets	Not Allowed
Parking Pass/Entrance Fee	Required
Restroom(s)	Yes (seasonal)
Terrain	Dirt path; rocky path; small creek crossings



Overview

Abrams Creek is a great place to start hiking in the Smokies if you live in or around Knoxville. It's accessible, offers a wide variety of features to please all members of the family, and has the added bonus of being beautiful! The enduring memory from this trail is of kids splashing endlessly in the shallow creeks. This was the first place we traveled as a family in the Smokies, and we returned again and again because we always enjoyed our time together there. There are many ways to shorten the hike, and we often hike around a mile in and then turn around. It can be warmer here in the summer months, but the river offers many opportunities to swim and splash around, making it a great destination for the summer as well. This hike is relatively challenging and better suited to hiking with older children, but the beauty of this hike is its versatility.



Directions to the Trailhead

Trailhead Address	Abrams Creek Campground, J368+MR Tallassee, Tennessee
Trailhead GPS Coordinates	35.61095, -83.93356

It never seems to become crowded at Abrams Creek, but parking can be a bit confusing. This is because the campground is further along the same road the trailhead is on. Also, there are two areas to park for the trailhead. We usually park by the gate to the campground, but you can also park near the large sign with maps of this area of the national park.

Trail Description

Distance from Start	Description
0.0	Start at the trailhead parking area. Walk along the road beside Abrams Creek.
0.4	Arrive at the campground. A great spot to rest and hang out by the creek.
1.0	Cross Kingfisher Creek for the first time. Watch for rocks and branches to aid in crossing.
1.1	Cross Kingfisher Creek again about 100 yards past the first crossing.
1.3	Reach Backcountry Site #1. Frequently used by overnight backpackers; a good resting spot. We often turn around here!
1.5	Reach the top of the ridge after a steep climb. Another great place to stop and rest (or turn around). Or continue for a grand adventure.
1.6	Arrive at the overlook with views of Abrams Creek and Gregory Bald in the distance.
2.0	Return to Abrams Creek near its intersection with Buckshank Branch. A great spot to relax and splash in the creek.
2.8	Reach Backcountry Site #17. Turn around here to head back to the start.
4.3	Return to Backcountry Site #1.
5.6	Trailhead.



Nearby

- Visiting the Look Rock Overlook. Check the Look Rock Overlook hike for a short, nearby hike to a pretty overlook.
- Camping at Abrams Creek Campground. This is a lovely creekside campground that you pass on this hike. Consider a stay in the summer, when jumping in the cool, not-too-deep creek can be a respite from the heat—or in the fall when this area pops with fall colors.