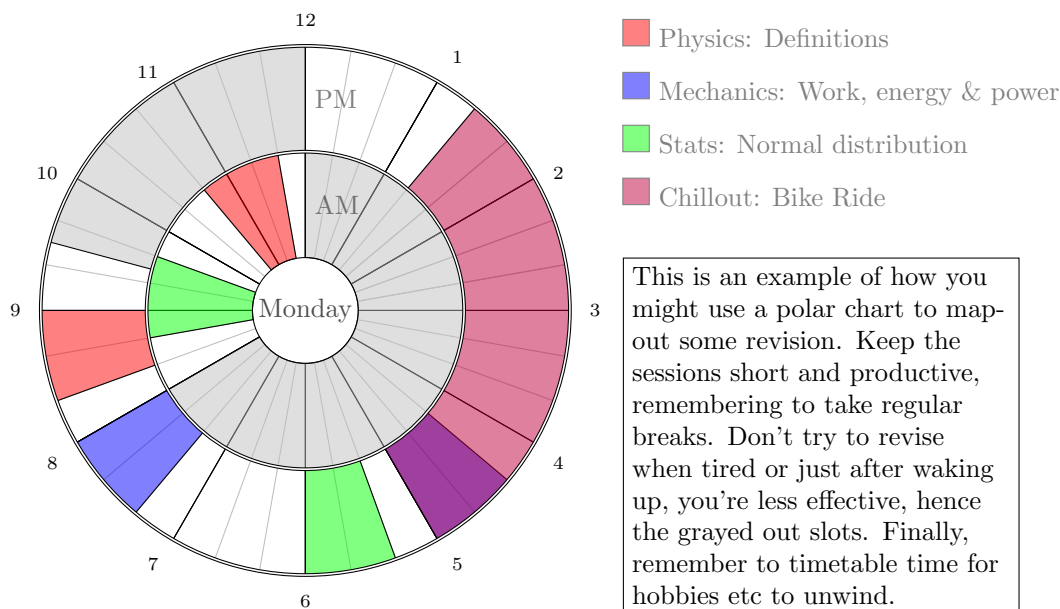


Revision planning

An important part of revision is to schedule some time in which to revise, and just as importantly, some time to unwind. When you have a schedule, you need to stick to it, you're more efficient in short, concentrated bursts than in one endless session. To make this easier make a revision time table I've made these little planners overleaf and made an example day below:



Revision activities

Whatever you're doing in your revision time, it's important that you're being active and actually processing and practicing with the information you need to learn.

Avoid just reading and try some of the following;

- Posters - If you have been out of the revision game or have difficulty revising. Using posters on your wall is a good starting point.
- Mind maps - When struggling to revise making mind maps will help.
- Different coloured paper/ink - There are studies that show that using different colours to revise can help your recall.
- Using mnemonics - This is a great way to remember names or lists of things. I still remember the list of the planets in order from the sun using;

My VeryEasy Method Just Speeds Up Naming (Planets)

- Revision cards - You can buy index cards from whsmith or any other stationer and, after condensing your notes onto them, they allow you to review your info everywhere.
- Recording your notes on an audio device, that way you can listen to them
- Revising with your friends - If you're confident your friends won't distract you have regular revision sessions. It's more fun and you can help each other out on topics you're unfamiliar with.
- Tele-revising - Use mobile phones to text questions to your friends, use instant messengers or carry out a conference call with all your friends.
- Take sensible breaks - get up and do something different every now and again.
- Get some sleep - eating and sleeping well makes a big difference to how you feel and how efficiently you work.
- Stay hydrated.

Weekly revision planner

