This is	a table with	three columns
demonstrating how automatic	cell sizes	work
Have a look	at blocktablestyle4	to see how it works. This is yet more long text to demonstrate wrapping etc. And supercalifragilistic is a long word

Below is the same table, with fixed row heights and column widths.

This is	another table	with three columns
demonstrating how	rowHeight and colWidth	affect the cells.
Have a look	at lesson 10	to see how it works. This is yet more long text to demonstrate wrapping etc. And supercalifragilistic is a long word