Writing for Wellbeing in Westcott Autumn 2020



As one season gives way to another, the next three workshops will have an elemental feel to them. In our writing, we'll be exploring Earth, Wind and Fire, considering their place in the world, the associations they hold and our relationship with them.

Autumn themes:

Wed 16 / Sat 19 September – Earth Wed 14 / Sat 17 October – Wind Wed 18 / Sat 21 November – Fire

Time: All workshops will run from 11.00 to 12.30 on Zoom *

Cost: £8 per session

* Once you've booked and paid, I'll send you the link. To confirm your place, just email me at: heathershakes60@gmail.com