

Writing for Wellbeing in Westcott



Writing for wellbeing has so much to offer in these strange and uncertain times. In our summer workshops, we'll be taking some of our scattered everyday phrases and repurposing them as starting points for our writing. We shall explore the contrasts and connections which they embody and, as always, wait to see where the pen takes us...

Summer themes:

Wed 20 / Sat 23 May – **Now and Then**

Sat 13 / Wed 17 June – **Here and There**

Wed 15 / Sat 18 July – **This and That**

PLACE: Initially in your own home! Until further notice, we'll be meeting remotely using the Zoom platform.*

TIME: All Zoom workshops will run from 11.00 to 12.30

COST: £8 per session

* Once you've booked and paid, I will email you an invitation to join the session. Please email me to book: heathershakes60@gmail.com