

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Meat, Fish, and Seafood Mains	Chicken Tinga Tacos Chicken, Onion, Garlic, Chipotle in Adobo, Oregano, Cumin, Tomatoes, Salt, Pepper Salsa Verde-Tomatillos, Jalapeno, Cilantro, Onion, Cumin, Lime, Avocado, Salt Corn Tortillas, Lime, Radish, Onion, Cilantro	Grilled Flank Steak Steak, Salt, Pepper, Cherry Tomatoes, Cilantro, Green Onions, Olive Oil, Lime, Chili Flakes, Garlic	Pork Tonkatsu Sandwich Pork Cutlet, Bread Crumbs, Eggs, Flour, Salt, Pepper, Tonkatsu Sauce, Green Cabbage, Focaccia Bread	Italian Chop Salad Chicken Breast, Salami, Cherry Tomatoes, Cucumber, Raddichio, Bucatini, Mozzarella, Olives, Pepperoncinis, Red Onions, Basil, Mixed Greens, Italian Dressing-Dijon Mustard, Lemon, Oregano, Garlic, Red Wine Vinegar, Olive Oil, Salt, Pepper	Grilled SwordFish w/ Kumquat Marmalade SwordFish, Salt, Pepper, Garlic, Olive Oil, Kumquat Marmalade-Kumquats, Apple Cider Vinegar, Agave Nectar, Rosemary, Salt, Pepper, Lemon Juice, Chili Flakes
	Grilled Portobello Mushroom Tacos Portobello Mushrooms, Onion, Garlic, Chili Powder, Cumin Salsa Verde-Tomatillos, Jalapeno, Cilantro, Onion, Cumin, Lime, Avocado, Salt Corn Tortillas, Lime, Radish, Onion, Cilantro	Golden Quinoa Salad Quinoa, Kale, Cherry Tomatoes, Black Beans, Black Olives, Green Onions, Cilantro, Salt, Pepper, Avocado Lime Dressing-Avocado, Lime, Jalapeno, Olive Oil, Garlic, Salt, Pepper	Impossible Sandwich Impossible Burger, Salt, Pepper, Red Onions, Wasabi Mayonnaise-Wasabi, Mayonnaise, Salt, Pepper, Lemon Juice, Teriyaki Sauce- Tamari, Ginger, Orange Juice, Brown Sugar, Green Cabbage, Roasted Red Peppers, Focaccia Bread	Vegetarian Chopped Salad Spiced Chickpeas, Cherry Tomatoes, Cucumber, Raddichio, Bucatini, Mozzarella, Olives, Pepperoncinis, Red Onions, Basil, Mixed Greens, Italian Dressing-Dijon Mustard, Lemon, Oregano, Garlic, Red Wine Vinegar, Olive Oil, Salt, Pepper	Black Lentils w/ Roasted Vegetables Black Lentils, Roasted Onions, Celery, Garlic, Roasted Butternut Squash, Zucchini, Roasted Cauliflower, Thyme, Rosemary, Oregano, Salt, Pepper, Lemon Juice, Spinach
Vegetable Side	Mango and Jicama Salad Mango, Jicama, Cilantro, Aleppo Chili Flakes, Cilantro, Lime, Salt	Grilled Broccolini Broccolini, Olive Oil, Garlic, Salt, Pepper, Chili Flakes	Broccoli Romanesco Romanesco, Salt, Pepper, Grape Seed Oil, Garlic, Ginger Dressing-Ginger, Garlic, Lemon Juice, Salt, Grape Seed Oil, Dijon Mustard	Sunchoke Salad Sunchokes, Red Onion, Garlic, Parsley, Olive Oil, Salt	Purple Brussels Sprouts and Golden Beet Salad Purple Brussels Sprouts, Golden Beets, Salt, Pepper, Grapefruit Vinaigrette-Grapefruit Juice, Dijon Mustard, Olive Oil, Salt, Pepper, Cranberries