

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meat, Fish, and Seafood Mains</b>	<b>Shrimp and Chicken Jambalaya</b> Shrimp, Chicken, Andouille Sausage, Onion, Celery, Bell Pepper, Tomato, Blackening Seasoning- Cayenne Pepper, Salt, Black Pepper, Onion Powder, Garlic Powder, Thyme, Oregano, Paprika, Brown Rice	<b>Char Siu Pork</b> Pork Loin, Tamari, Brown Sugar, Ginger, Hoisin Sauce, Chinese 5 Spice, Sambal Chili Sauce, Green Onion	<b>Chicken Tortilla Soup</b> Boneless Chicken Thighs, Tomato, Dried Chiles, Garlic, Onion, Chicken Stock, Cumin, Cilantro, Avocado, Corn Tortillas, Lime, Queso Fresco, Creme Fraiche, Radish	<b>Mediterranean Beef and Tomato Stew</b> Beef, Salt, Pepper, Cumin, Tomato, Capers, Olives, Chickpeas, Orecchiette Pasta, Caraway Seeds, Lemon, Garlic, Fresh Herbs	<b>Grilled Chicken w/ Banana Peppers</b> Boneless Chicken, Garlic, Lime, Fish Sauce, Cayenne Pepper, Brown Sugar, Garlic Powder, Chili Flakes, Thyme, Allspice, Onion Powder, Paprika, Cinnamon, Nutmeg, Salt, Pepper, Olive Oil, Pepperoncinis, Cilantro, Lime Wedges
<b>Vegetable Mains</b>	<b>Vegetarian Jambalaya</b> Chickpeas, Onion, Celery, Bell Pepper, Tomato, Blackening Seasoning- Cayenne Pepper, Salt, Black Pepper, Onion Powder, Garlic Powder, Thyme, Oregano, Paprika, Brown Rice	<b>Char Siu Tofu</b> Tofu, Tamari, Brown Sugar, Ginger, Hoisin Sauce, Chinese 5 Spice, Sambal Chili Sauce, Green Onion	<b>Vegetarian Tortilla Soup</b> Tomato, Dried Chiles, Garlic, Onion, Vegetable Stock, Cumin, Black Beans, Hominy, Corn Tortillas, Lime, Queso Fresco, Cilantro, Creme Fraiche, Avocado	<b>Mediterranean Lentil and Spinach Stew</b> Onion, Garlic, Olive Oil, Coriander, Cumin, Sumac, Chili Flakes, Vegetable Stock, Spinach, Lentils, Lime, Mint, Parsley, Greek Yogurt	<b>Grilled Asparagus and Buckwheat Salad</b> Buckwheat, Asparagus, Radish, Parsley, Lemon, Olive Oil, Honey, Sourdough Bread, Pecorino Cheese, Pea Sprouts, Salt, Pepper
<b>Vegetable Side</b>	<b>Roasted Cauliflower</b> Cauliflower, Thyme, Garlic Powder, Onion Powder, Salt, Pepper, Paprika, Mustard, Green Onion	<b>Grilled Chinese Long Beans</b> Long Beans, Salt, Pepper, Garlic, Lime Juice, Cilantro, Toasted Cashews, Sesame Oil	<b>Radish Salad</b> Radish, Cucumber, Sweet and Spicy Chipotle Peanuts, Cilantro, Lime, Cumin, Salt, Pepper	<b>Artichoke and Salad</b> Artichoke Hearts, Kalamata Olives, Sun Dried Tomatoes, Red Onion, Fresh Herbs, Red Wine Vinegar, Olive Oil, Salt, Pepper	<b>Shaved Brussels Sprouts w/ Verjus Vinaigrette</b> Brussels Sprouts, Toasted Pine Nuts, Raisins, Verjus Vinaigrette- Verjus, Honey, Olive Oil, Shallots, Salt
<b>Starch Side</b>	Brown Rice	Brown Rice	Brown Rice	Brown Rice	Brown Rice
<b>Soup</b>	TBD	TBD	TBD	TBD	TBD
<b>Composed Salad</b>	<b>Spinach and Pasta Salad</b> Spinach, Penne Pasta, Kalamata Olives, Sun Dried Tomatoes, Smoked Gouda Cheese, Red Wine Vinegar, Olive Oil, Garlic, Salt, Pepper, Dijon Mustard	<b>Spinach and Pasta Salad</b> Spinach, Penne Pasta, Kalamata Olives, Sun Dried Tomatoes, Smoked Gouda Cheese, Red Wine Vinegar, Olive Oil, Garlic, Salt, Pepper, Dijon Mustard	<b>Romaine Salad</b> Romaine, Orange, Cranberries, Red Onion, Pecans, Honey, Poppy Seed Dressing- Poppy Seeds, Champagne Vinegar, Honey, Shallots, Whole Grain Mustard, Olive Oil	<b>Romaine Salad</b> Romaine, Orange, Cranberries, Red Onion, Pecans, Honey, Poppy Seed Dressing- Poppy Seeds, Champagne Vinegar, Honey, Shallots, Whole Grain Mustard, Olive Oil	<b>TBD</b>