

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meat, Fish, and Seafood Mains</b>	<b>Southwest Buffalo Chili</b>  Ground Buffalo, Onion, Red Bell Pepper, Tomato, Chili Powder, Cumin, Salt, Pepper, Garlic, Black Beans, Kidney Beans, Pinto Beans	<b>Tamari Braised Pork</b>  Pork, Garlic, Fresno Chiles, Tamari, Rice Vinegar, Black Peppercorns, Brown Sugar, Bay Leaves, Scallions	<b>Chicken Mole with Pickled Radish</b>  Chicken breast, olive oil, salt, pepper, mole-dark chocolate, almonds, sesame seeds, cinnamon, guajillo, ancho, chipotle, salt, tomatoes, brown sugar, peanuts, cilantro, avocado, pickled radish, apple cider, vinegar, queso fresco	<b>Beef Stew</b>  Beef, onions, carrots, garlic, red wine, plum tomatoes fresh oregano, fresh thyme, bay leaves, cremini mushrooms, fresh basil, parsley.	<b>Grilled Yellowtail Jack Escabeche</b>  Yellowtail Jack, Olive Oil, Salt, Pepper, Fennel, Radish, Red Onion, Olive Oil, Red Wine Vinegar, Chili Flakes, Dill, Grilled Lemon
<b>Vegetable Mains</b>	<b>Vegetarian Chili</b>  Soyrizo, TVP, Onion, Red Bell Pepper, Tomato, Chili Powder, Cumin, Salt, Pepper, Garlic, Black Beans, Kidney Beans, Hominy	<b>Pancit Noodles</b>  Pancit Noodles, Shiitake Mushrooms, Carrots, Cabbage, Snow Peas, Red Onion, Parsley, Garlic, Tamari	<b>Cauliflower Rice and Tofu Mole with Pickled Radish</b>  Roasted cauliflower, olive oil, salt, pepper, grilled tofu, pickled radish-apple cider vinegar, sugar, mole- dark chocolate, almonds, sesame seeds, peanuts, cinnamon, guajillo, ancho salt, chipotle pepper, sugar, tomatoes, cilantro, avocado, queso fresco	<b>Lentil Stew</b>  olive oil, carrots, yellow onions, garlic, cans diced tomatoes, green, lentils ,fresh basil, fresh oregano, fresh thyme, salt, black pepper, kale, lemon juice, parmesan cheese	<b>Grilled Tofu w/ Chimichurri</b>  Tofu, Olive Oil, Garlic, Salt, Pepper, Chili Flakes, Parsley, Oregano, Garlic, Red Wine Vinegar, Chili Flakes
<b>Vegetable Side</b>	<b>Mango and Jicama w/Citrus Dressing</b>  Mango, Jicama, Cilantro, Radish, Red Cabbage, Hearts of Palm, Chipotle Powder, Cumin, Salt, Citrus Dressing- Lime Juice, Lemon Juice, Apple Juice, Grapeseed Oil, Dijon Mustard, Salt	<b>Cucumber Salad</b>  Cucumber, Red Onion, Ginger, White Wine Vinegar, Salt, Sugar, Chili Flakes	<b>Roasted Potatoes</b>  Potatoes, Olive oil, salt, pepper, cilantro, creme	<b>Grilled Rapini</b>  Rapini, garlic, olive oil, chili flakes, salt, pepper, parmesan cheese	<b>Roasted Cauliflower w/ Red Peppers and Tahini</b>  Cauliflower, Fresno Chiles, Kalamata Olives, Arugula, Red Onion, Za'tar, Tahini, Greek Yogurt, Lemon,Salt, Bell Peppers