Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Meat, Fish, and Seafood Mains	Moqueca de Camaron Shrimp, Rice, Onion Garlic, Red Bell pepper, Yellow Bell pepper, Fresno Chiles, Tomatoes, Coconut Milk, Cilantro, Chives Lemon Juice, Salt, Pepper	Moroccan Lamb Lamb Shoulder, Cumin, Coriander, Fennel Seeds, Olive Oil, Tomato, Cinnamon, Lemon Juice and Zest, Onion, Dried Apricots, Ginger, Garlic, Cilantro	Chimichurri Chicken Breast Chicken Breast, Olive Oil, Paprika, Garlic, Lemon Juice, Salt, Black Pepper, Chimichurri - Olive Oil, Red Wine Vinegar, Cilantro, Parsley, Scallions, Garlic, Shallot, Oregano, Chilli Flakes, Salt, Black Pepper-, Grilled Lemon.	Chinese Style Beef Short Ribs Beef, Rice Wine Vinegar, Dark Soy Sauce, Honey, Ginger, White Pepper, Sesame Oil, Garlic, Tomato Ketchup, Hoisin Sauce, Sesame Seeds, Fresno Chiles, Green Onions Pickled Fresno Chiles, Toasted Sesame Seeds	Peruvian Pork Boneless Pork, Olive Oil, White Onions, Apples, Mild Dried Ancho Chile, Bay Leaves, Ground Cloves, Lime Juice, Vegetable Stock, Cilantro
Vegetable Mains	Tofu Stew Tofu, Rice, Onion, Garlic, Red Bell Pepper, Yellow Bell Pepper, Fresno Chiles, Tomatoes, Coconut Milk, Cilantro, Chives, Lemon Juice, Salt, Pepper.	Slow Cooked Moroccan Chickpeas Chickpeas, Bell Peppers, Fennel, Eggplant, Cumin, Coriander, Fennel Seeds, Olive Oil, Tomato, Cinnamon, Lemon Juice and Zest, Onion, Dried Apricots, Ginger, Garlic, Cilantro	Herby Barley and Mushrooms Pearl Barley, Oyster Mushrooms, Maitake Mushrooms, Shimeji Mushrooms, Garlic, Thyme, Cilantro, Parsley, Lemon Juice, Pecorino Cheese, Olive Oil, Salt, Black Pepper.	Mapo Tofu Ginger, Garlic, Bean Sauce, Silken Tofu, TVP, Vegetable Stock, Corn Starch, Scallions, Dried Japones Chiles, Fresno Chiles, Chinese Peppercorns, Pea Shoots	Sweet Potato and Bell Peppers Locro Sweet Potato, Garlic, Red Onion, Yellow and Red Bell Peppers, Peas, Tofu, Yogurt, Olive Oil, Salt, Pepper, Aji Amarillo, Vegetable Stock, Cilantro
Vegetable Side	Palmito Salad Hearts of Palm, Cherry Tomatoes, Fennel, Red Onion, Avocado, Mint, Lime juice, Olive Oil, Dijon Mustard Garlic, Honey, Salt, Pepper	Tabbouleh Couscous, Parsley, Mint, Golden Raisins, Pine nuts, Spring Onion, Roasted Red Bell Pepper, Spinach, Grilled Asparagus, Lemon Juice, Salt, Pepper, Olive Oil	Grilled Pears w/ Wild Arugula and Radish Pear, Radish, Cilantro, Arugula, Champagne Vinaigrette - Olive Oil, Garlic, Dijon Mustard, Champagne Vinegar, Lemon juice, Honey, Salt, Pepper	Mushroom and Noodle Salad Ginger, Shiitake Mushrooms, Enoki Mushrooms, Oyster Mushrooms, Rice Noodles, Cucumber, Savoy Cabbage, Bean Sprouts, Cashews, Mint, Cilantro, Fresno Chiles, Crispy Onions, Coconut Oil, Lime, Tamari, Honey	Roasted Vegetables Roasted Beets, Roasted Cauliflower, Celery, Carrots, Green Beans, Red Onions, Olive Oil, Salt, Black Pepper, Cumin, Mustard, Lime Juice, Garlic