# Introduction to Linear Regression

**PSY 300** 

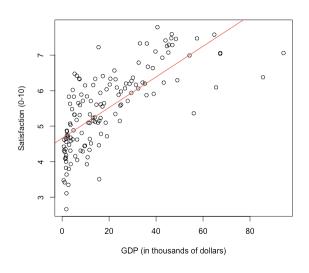
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  - So: each observation is a country

sat	gdp1000
2.66	1.80
4.63	11.80
5.24	13.91
	2.66 4.63



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- This kind of regression is also called "Ordinary Least Squares" (OLS).

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- x is our independent variable or regressor, also called "right-hand side variable". In our example, it measures GDP in 1000s of dollars.
- ▶ In our example, we are "regressing life satisfaction on GDP", or we are "running a regression of life satisfaction on GDP".

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- ► The index "i" denotes our units of observation; in this example, i denotes countries. In other analyses, i can denote individuals or trials.

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Estimate Std. Error t value Pr(>|t|)

(Intercept) 4.660279 0.092296 50.49 <2e-16 ***
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fit <- lm(satisfaction ~ gdp, data=data) # fit model

► (Note that R includes the intercept or constant term automatically.)

- ► R returned the following:
  - Estimates of the coefficients  $\beta_0$  and  $\beta_1$ . We denote these estimates with  $\hat{}$  to indicate that they are estimates rather than the true population parameters:  $\hat{\beta_0} = 4.66$ ;  $\hat{\beta_1} = 0.04$ . In the R output, they are listed as "(Intercept)" for  $\hat{\beta_0}$ , and "gdp" for  $\hat{\beta_1}$ .

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  - Estimates of the standard errors for both coefficients:  $\widehat{SE}(\beta_0) = 0.09$ ;  $\widehat{SE}(\beta_1) = 0.04$ .

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This derivative asks what we asked in prose above: "How much does y change for a one-unit change in x?" And it gives us the answer:  $\beta_1$ .

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- This derivative asks what we asked in prose above: "How much does y change for a one-unit change in x?" And it gives us the answer:  $\beta_1$ .
- Note that both x and y are still in their own units: x is measured in thousands of dollars, y in points on the Cantril Ladder. If you had standardized the variables, you would talk about them in standard deviation units.)

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- Suppose the GDP of a particular country is USD 75,000. We are measuring GDP in 1000s, so x = 75.
- ▶ What is the predicted value of *y* given this level of GDP? We simply plug our coefficients and the value of *x* into the model:

$$\hat{y}_i = \hat{\beta}_0 + \hat{\beta}_1 x_i$$

$$\hat{y}_i = 4.66 + 0.04 \times 75 = 7.66$$

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- With the coefficient estimates in hand, we can make predictions about the life satisfaction of countries with any level of GDP.
- Suppose the GDP of a particular country is USD 75,000. We are measuring GDP in 1000s, so x = 75.
- What is the predicted value of y given this level of GDP? We simply plug our coefficients and the value of x into the model:

$$\hat{y}_i = \hat{\beta}_0 + \hat{\beta}_1 x_i$$

$$\hat{y}_i = 4.66 + 0.04 \times 75 = 7.66$$

➤ So the predicted average life satisfaction in a country with a GDP of USD 75,000 is 7.66 on the Cantril Ladder.

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- Different ways of asking this in our example:
  - ▶ Is GDP significantly associated with life satisfaction?
  - ▶ We observe a positive coefficient on GDP (0.04), suggesting that an increase in GDP is associated with an increase in life satisfaction. Is this positive relationship statistically significantly different from zero?
  - ▶ In the regression of life satisfaction on GDP, is the coefficient on GDP statistically significantly different from zero?

► How do we test for the statistical significance of a coefficient relative to zero? Recall the R output:

#### Coefficients:

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▶ Remember what we said about obtaining the *t*-statistic: it's defined as  $t = \frac{estimator}{SE}$ . Here, the estimator is our coefficient estimate, which is given to us by R, minus our comparison value, zero:  $\hat{\beta} - 0$ . The standard error is also given to us by R. So we can calculate t as  $t = \frac{\hat{\beta} - 0}{SE}$ .

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- ▶ R actually does this for us! You can check yourself that the t-value given above is just the ratio of the coefficient estimate and the standard error (e.g.  $\frac{0.043182}{0.003439} = 12.56$ ).

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- The t-statistic can then be used to get the p-value by looking it up in a table. But again, R does it for you! Here, the p-values are tiny  $(p < 2 \times 10^{-16})$ .
- "We find that the coefficient on GDP is significantly different from zero (t = 12.56, p < 0.001), suggesting that increases in GDP are associated with increases in life satisfaction."

▶ In the previous example, *x* was continuous (a measure of GDP). Now we'll see what we can do with regression when the right-hand side variable is a dummy variable, i.e. only takes values 0 and 1. (Spoiler: they're *t*-tests!)

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- ▶ We also define a variable *T* that is 1 for people who were assigned to treatment, and 0 for control participants. We call this variable the "treatment indicator".
- ▶ Because it only takes values 0 and 1, it is also called a "dummy variable" or an "indicator variable".

Here are the last few participants of the control group (T=0) and the first few participants of the treatment group (T=1), and their outcomes:

^	<b>y</b>	<b>T</b> \$
493	3.644057	0
494	6.369840	0
495	4.874867	0
496	3.640351	0
497	2.861199	0
498	1.516264	0
499	3.120248	0
500	4.557885	0
501	6.832107	1
502	5.098828	1
503	6.809172	1
504	6.283809	1

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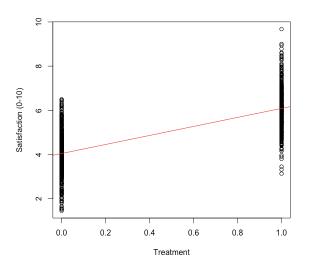
So y has a mean of 4.044 in the control group (T = 0), and a mean of 6.086 in the treatment group (T = 1).

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- ▶ The treatment effect is 6.086 4.044 = 2.04.

Let's plot the outcomes of both groups:



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Let's regress satisfaction y on our treatment indicator T:

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This is like the regression from the first example, except that now our right-hand side variable is not a continuous measure of GDP, but a dummy variable that indicates treatment status in our experiment.  $\beta_1$  is the "coefficient on treatment" or the "treatment coefficient".

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  - ▶ Fact 1:  $\hat{\beta_1}$  gives us the treatment effect.

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  - A "one-unit increase in T" means going from T = 0 to T = 1; it's like switching treatment on.
  - Fact 1:  $\hat{\beta_1}$  gives us the treatment effect.
  - Mathematically:  $\frac{dy_i}{dT_i} = \beta_1$ . "How much does the outcome change when treatment status changes?"

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  - The predicted value of y when T=1 (treatment group) is  $\hat{\beta_0} + \hat{\beta_1}$ . So  $\hat{\beta_0} + \hat{\beta_1}$  gives us the mean of the treatment group.

Summary:

$$y_i = \beta_0 + \beta_1 T_i + \varepsilon_i$$

- $ightharpoonup \hat{eta_0}$ : Mean of the control group
- $ightharpoonup \hat{eta_0} + \hat{eta_1}$ : Mean of the treatment group
- $\hat{eta_1}$ : Treatment effect (difference between treatment and control group)

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We can directly read off the mean of the control group, and the treatment effect: remember from above that we calculated the treatment effect as 2.042, and the mean of the control group as 4.044.

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This is also correct (remember from above that we calculated the mean of the treatment group as 6.086).

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  - The estimator is the difference between the treatment and control groups.

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  - Then we can run a t-test and get a p-value.

- R gives us all of this!
  - Remember that the coefficient on T,  $\beta_1$ , is the treatment effect.
  - R also spits out a standard error for that treatment effect, and the associated t-statistic and p-value

#### Coefficients:

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Estimate Std. Error t value Pr(>|t|)
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So we can write: "We observe a statistically significant effect of the treatment on life satisfaction; the treatment effect is 2.04 points on the life satisfaction scale, statistically significant at the 1 percent level (t = 33.01,  $p = 2 \times 10^{-16}$ )."

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- ► This is a general point: t-tests and ANOVAs are just special cases of regression. Using a regression framework to run these tests gives us more flexibility to include control variables and cluster standard errors. We will talk about that in future lectures.
- Question to think about: There was also a (slightly less interesting) one-sample t-test in the regression output! Where, and what does it test?