Elim Care Inc. Daily Menu III

Tues	Wed	Thu	Fri	Sat	Sun
OJ/Cranberry/ Apple Juice	OJ/Cranberry/ Apple Juice	OJ/Cranberry/ Apple Juice	OJ/Cranberry/ Apple Juice	OJ/Cranberry/ Apple Juice	OJ/Cranberry/ Apple Juice
Hot Oatmeal or Cereal & Milk Fresh Fruit Coffee or Tea	Scrambled Eggs & Toast Fresh Fruit Coffee or Tea	Rice Cereal or Cream of Wheat Apple Sauce Coffee or Tea	Hard Boiled Egg & Toast Fresh Fruit Coffee or Tea	Bacon & Hash Browns Fresh Fruit Coffee or Tea	Egg & Pancakes/ Maple Syrup Fresh Fruit Coffee or Tea
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8 oz. vvater	8 oz. vvater	8 oz. vvater	8 oz. vvater	8 oz. vvater	8 oz. Water
BBQ Chicken Cooked Rice Cooked Spinach Water	Orzo Salad Roasted Tomato Bisque Water	Mushroom Ham Risotto Cole Slaw Water	Italian Sausage Soup Garlic Bread Water	Corn & Red Pepper Chowder Steamed Zucchini Water	Hearty Lasagna Soup Garlic Bread Water
8 oz. Water	8 oz. Water	8 oz. Water	8 oz. Water	8 oz. Water	8 oz. Water
Pasta Primavera	Microwave Pork & Peas	Chicken w/ Balsamic Honey Sauce	·	Chicken Marsala	Broccoli Bean Bake
Fresh Veggies		Baked Beans			Steamed Zucchini
Garlic Bread Water	vval c i	Steamed Broccoli	Broccoli Water	Water	Water
	OJ/Cranberry/ Apple Juice Hot Oatmeal or Cereal & Milk Fresh Fruit Coffee or Tea 8 oz. Water BBQ Chicken Cooked Rice Cooked Spinach Water 8 oz. Water Pasta Primavera Steamed Fresh Veggies Garlic Bread	OJ/Cranberry/Apple Juice Hot Oatmeal or Cereal & Milk Fresh Fruit Coffee or Tea 8 oz. Water BBQ Chicken Cooked Rice Rice Cooked Spinach Water 8 oz. Water 8 oz. Water 8 oz. Water Microwave Primavera Steamed Fresh Veggies Garlic Bread OJ/Cranberry/Apple Juice Scrambled Eggs Ka Toast Fresh Fruit Coffee or Tea 8 oz. Water Roasted Tomato Bisque Water Microwave Pork & Peas Rice Water	OJ/Cranberry/ Apple Juice Hot Oatmeal or Cereal & Milk Fresh Fruit Coffee or Tea 8 oz. Water Cooked Rice Rice Cole Slaw Roasted Rice Cooked Spinach Water Pasta Primavera Steamed Fresh Veggies Garlic Bread OJ/Cranberry/ Apple Juice Rice Cereal or Cream of Wheat Fresh Fruit Apple Sauce Coffee or Tea Coffee or Tea Coffee or Tea Rice Cereal or Cream of Wheat Rice Coffee or Tea Roz. Water Soz. Water Roasted Tomato Bisque Cole Slaw Water Water Roz. Water Soz. Water Soz. Water Rice Pork & Peas Sauce Baked Beans Water Steamed Broccoli	OJ/Cranberry/ Apple Juice Hot Oatmeal or Cereal & Milk Fresh Fruit Coffee or Tea 8 oz. Water Cooked Rice Rice Rice Rice Rice Rice Rice Rice	OJ/Cranberry/ Apple Juice Hot Oatmeal or Cereal & Milk Fresh Fruit Coffee or Tea 8 oz. Water Cooked Rice Rice Rice Rice Rice Roasted Rice Rice Rice Roasted Rice Roasted Rice Roasted Rice Roasted Ro

Menu portions are generally based on 1 to 2/per or $\frac{1}{2}$ to 1 cup servings depending on the resident.. Tea may be substituted for water. Juice is okay depending on the resident's diet.