

# Analysis of Children's Problematic Internet Use

## Data Science 2 - Final Project

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### Introduction

#### Dataset Description

Include general description of dataset, PCIAT, SII, and what the general modelling task is (do not cover individual feature columns here with the exception of CGAS; we'll cover them during the exploratory analysis).

#### Questions

1. Does the CGAS depend on the season it was administered?
2. Do activity scores tend to diverge before/after the PCIAT is administered?
3. Does PCIAT correlate with age?
4. Can we predict SII without using a complex ML / NN model?

### Exploratory Data Analysis

#### Children's Global Assessment Scale

The Children's Global Assessment Scale (CGAS) is a "numeric scale used by mental health clinicians to rate the general functioning of youths under the age of 18" [1]. It ranges between 0 and 100, with values from 1 to 10 corresponding with "needs constant supervision" and values from 91 to 100 corresponding with "superior functioning" [2].

When looking at the distribution of scores within the CMI dataset, we found a single data entry error recording a CGAS score of 999. After replacing that with NaN, we plotted the feature's distribution (Figure 1). Based on this plot, it seems that the distribution is similar to a normal distribution, but it includes some "pseudo-quantization." That is, round numbers (multiples of 5) are recorded far more frequently than the surrounding numbers. This is unsurprising since this is a score assigned by human clinicians.

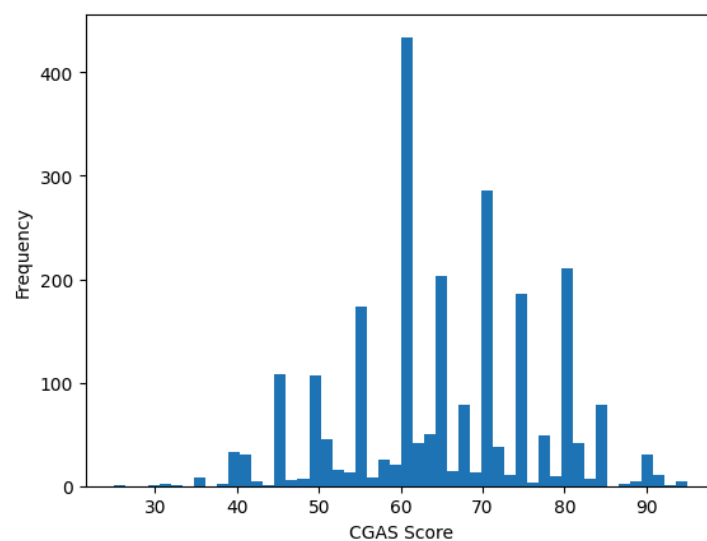


Figure 1: CGAS Distribution

As a part of our analysis of CGAS, we tested whether the score is correlated significantly with the season during which it was recorded (question 1). Using a one-way ANOVA test, we found that there is in fact a significant correlation ( $p = 0.0156$ ). and further pair-wise T-tests revealed that Winter was the “odd-one-out” as illustrated in Figure 2.

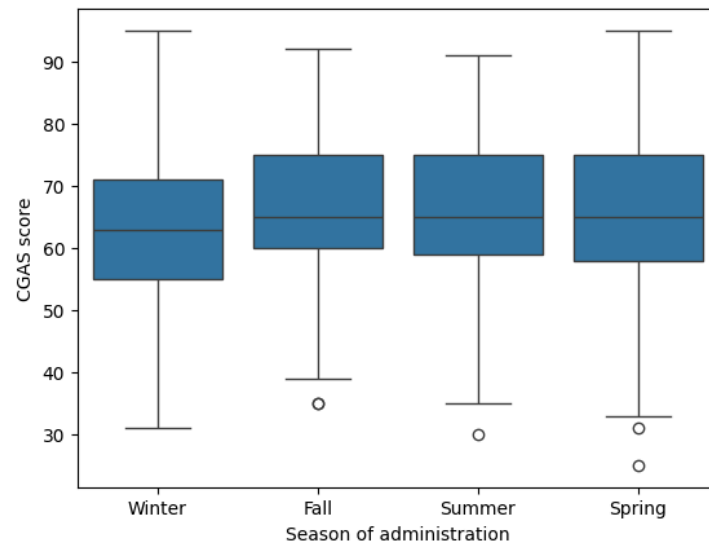


Figure 2: CGAS distributions during different seasons.

### Bio-electric Impedance Analysis

The measurements of 16 key body characteristics including BMI and muscle content were measured for some of the patients within the CMI’s dataset. A complete list of features is included below.

- Activity Level
- Bone Mineral Content
- Body Mass Index
- Basal Metabolic Rate
- Daily Energy Expenditure
- Extracellular Water
- Fat Free Mass
- Fat Free Mass Index
- Fat Mass Index
- Body Fat Percentage
- Body Frame
- Intracellular Water
- Lean Dry Mass
- Lean Soft Tissue
- Skeletal Muscle Mass
- Total Body Water

Because we had limited time and because we don’t have domain experience, we opted to remove all extreme outliers (under the 2nd percentile or over the 98th) instead of researching reasonable ranges for each feature. Following that, we plotted the distribution of each (Figure 3).

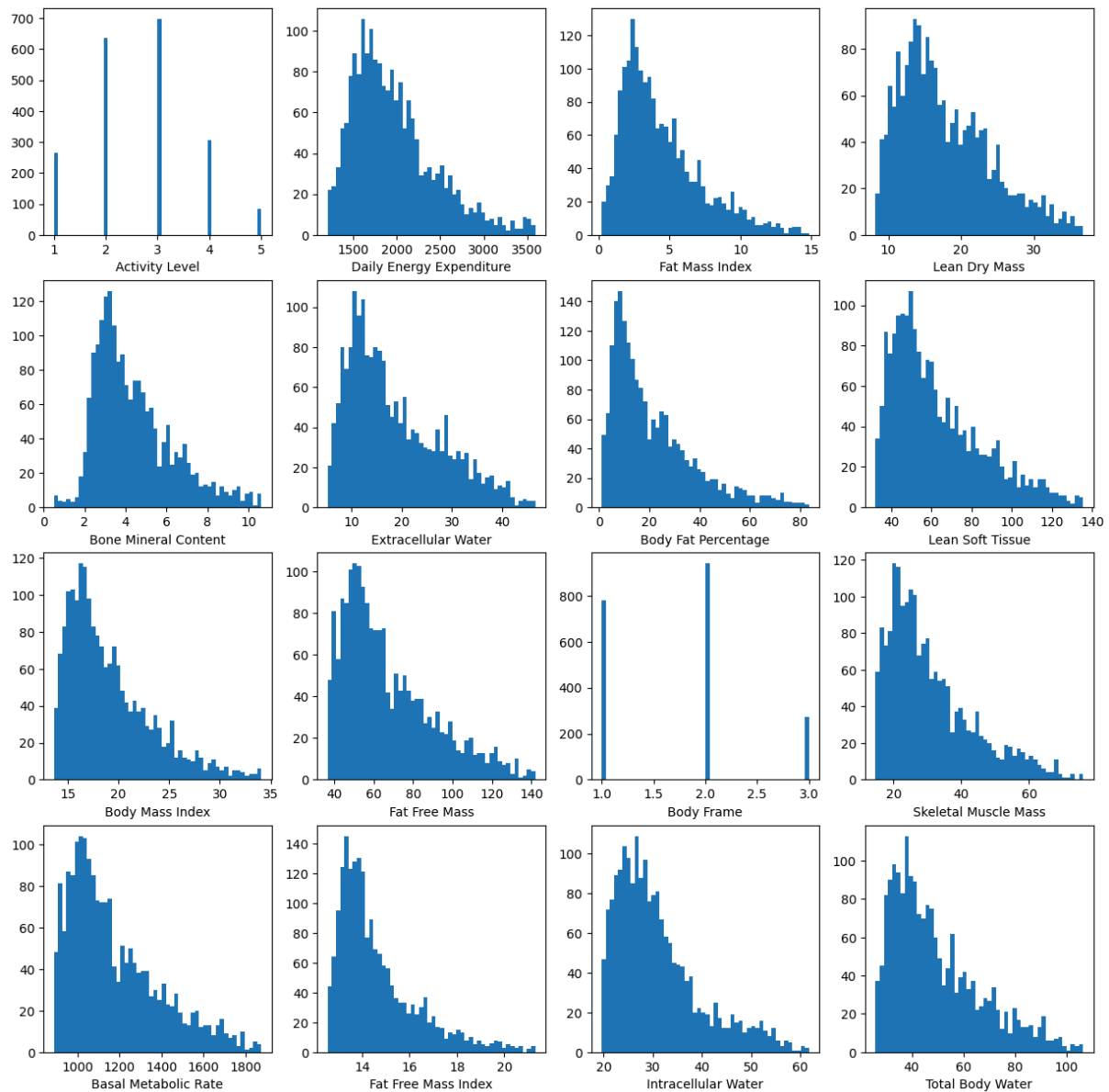


Figure 3: Distributions of the Bio-electric Impedance Features

These plots show that each of the bio-electric impedance features are skewed right. We also tested for variations between the seasons using one-way ANOVA, but found no significant difference.

### Actigraphy

Some patients in the CMI's dataset wore fitness watches recording acceleration data and ambient light levels (which could be used as a proxy for whether the patient is inside or outside). The data collected exceeded 6GB, which made analysis quite difficult. For this reason, we did not use this data to train our final model for question 4. However, we still investigated question 2, which requires the use of this data.

The distribution of lengths for which patients wore these devices is visualize by Figure 4.

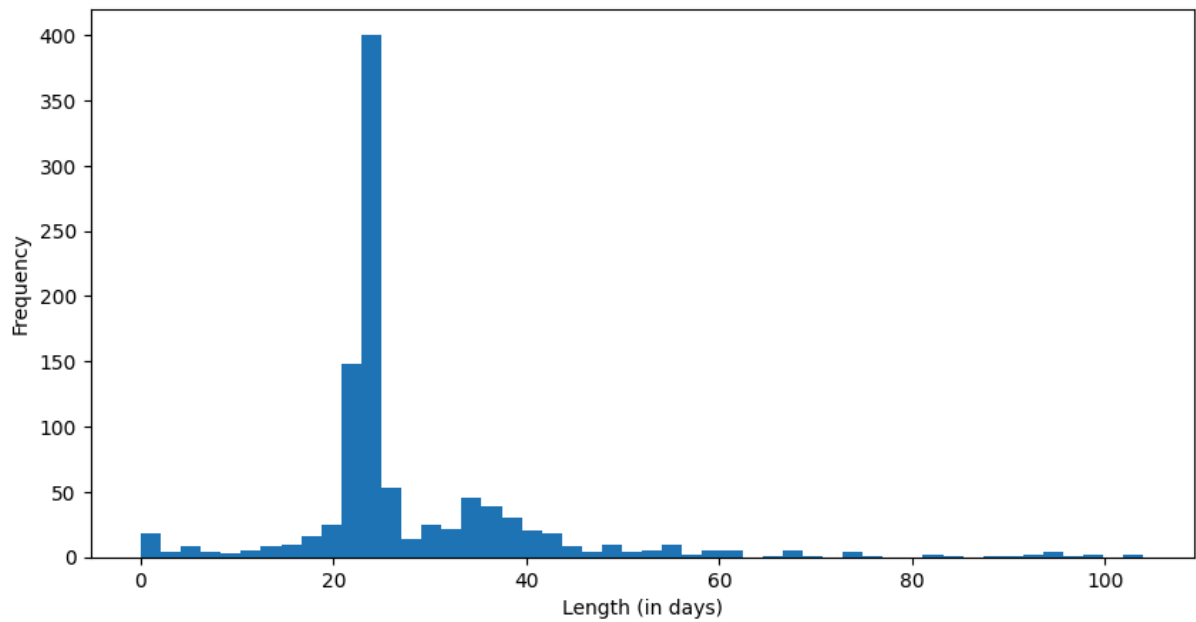


Figure 4: Distribution of lengths for which patients wore their Actigraphy devices

We also visualized the Euclidean Norm Minus One (ENMO) feature, which is derived from the accelerometer's three-axis acceleration data and used to represent general levels of activity. A single patient's ENMO is plotted in Figure 5.

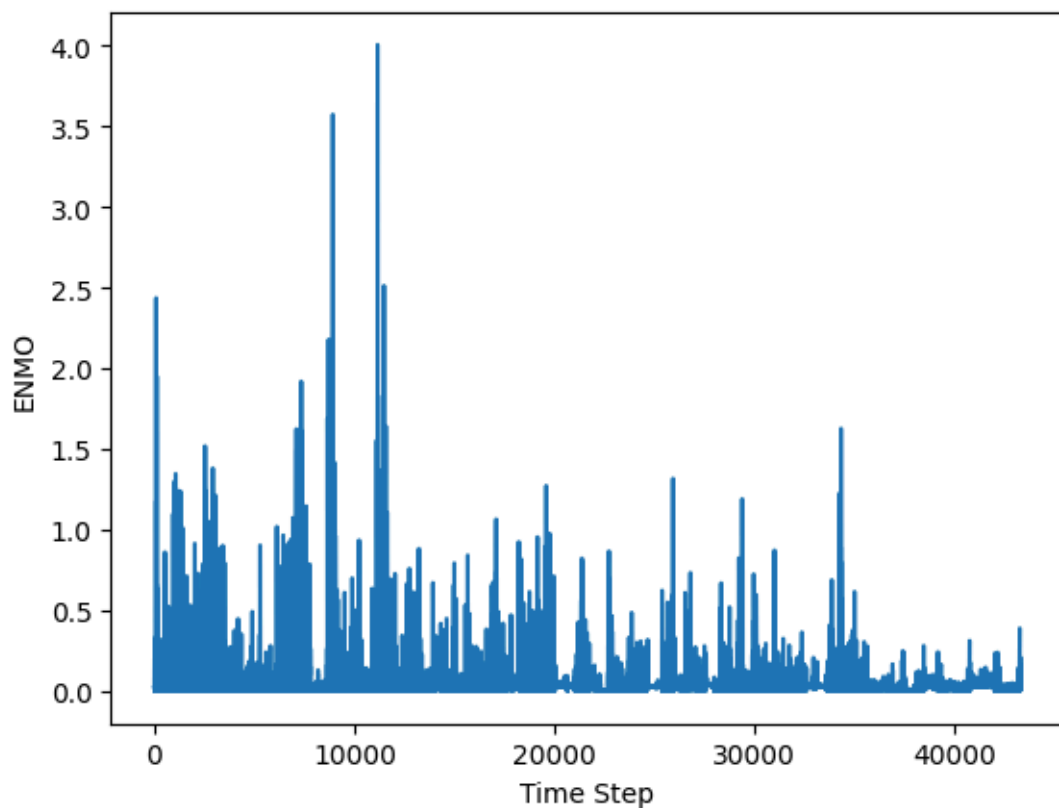


Figure 5: A single patient's ENMO plotted across the entire duration of their

Figure 6 depicts the distribution of ENMO means calculated for each patient, a rough indicator of the average activity level that the patient had while the fitness watch was worn.

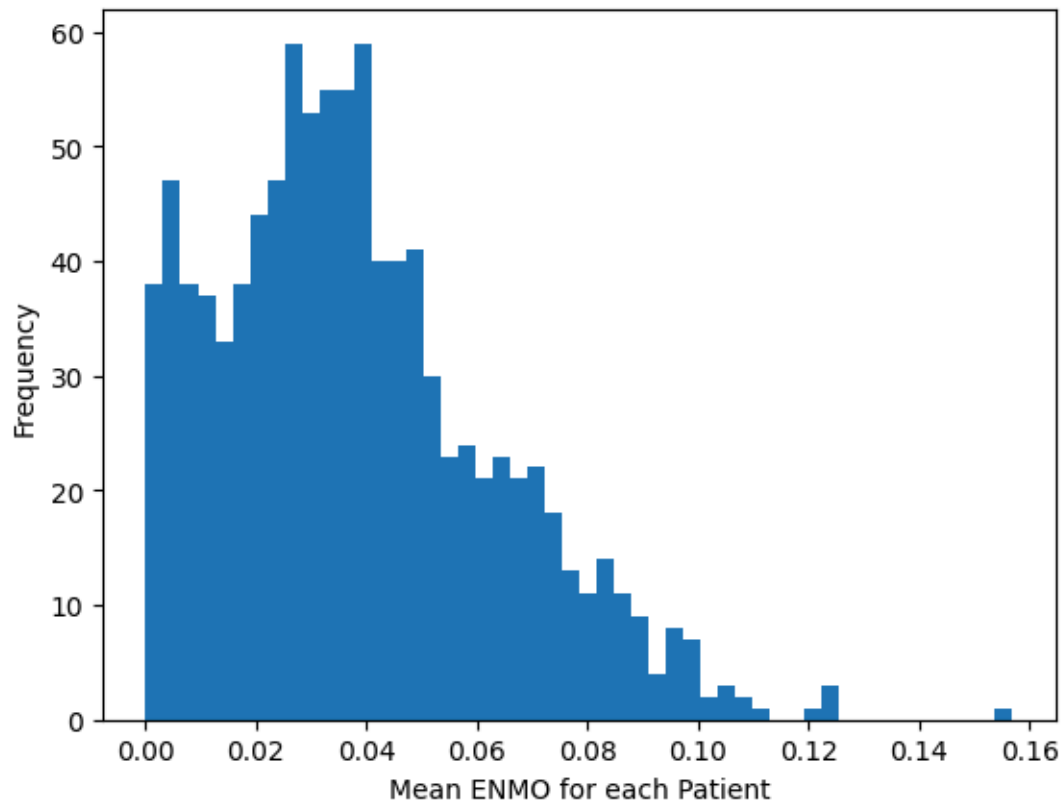


Figure 6: The distribution of ENMO means (calculated for each patient)

### Internet Use

Participants of the CMI's examinations were asked how frequently they currently use the internet. The responses consisted of a numerical value from zero to three. zero meant an internet use of less than an hour per day, one meant use around one hour per day, two meant use around two hours per day, and three meant use over three hours per day.

Figure 7 displays the response frequency of each value from all the participants. Roughly 46% of participants claimed to use the internet for less than one hour per day. There is an interesting spike in participants using the internet for two hours per day, over double those of just one hour. This could be from participants confused on the difference between "Less than 1h/day" and "Around 1h/day."

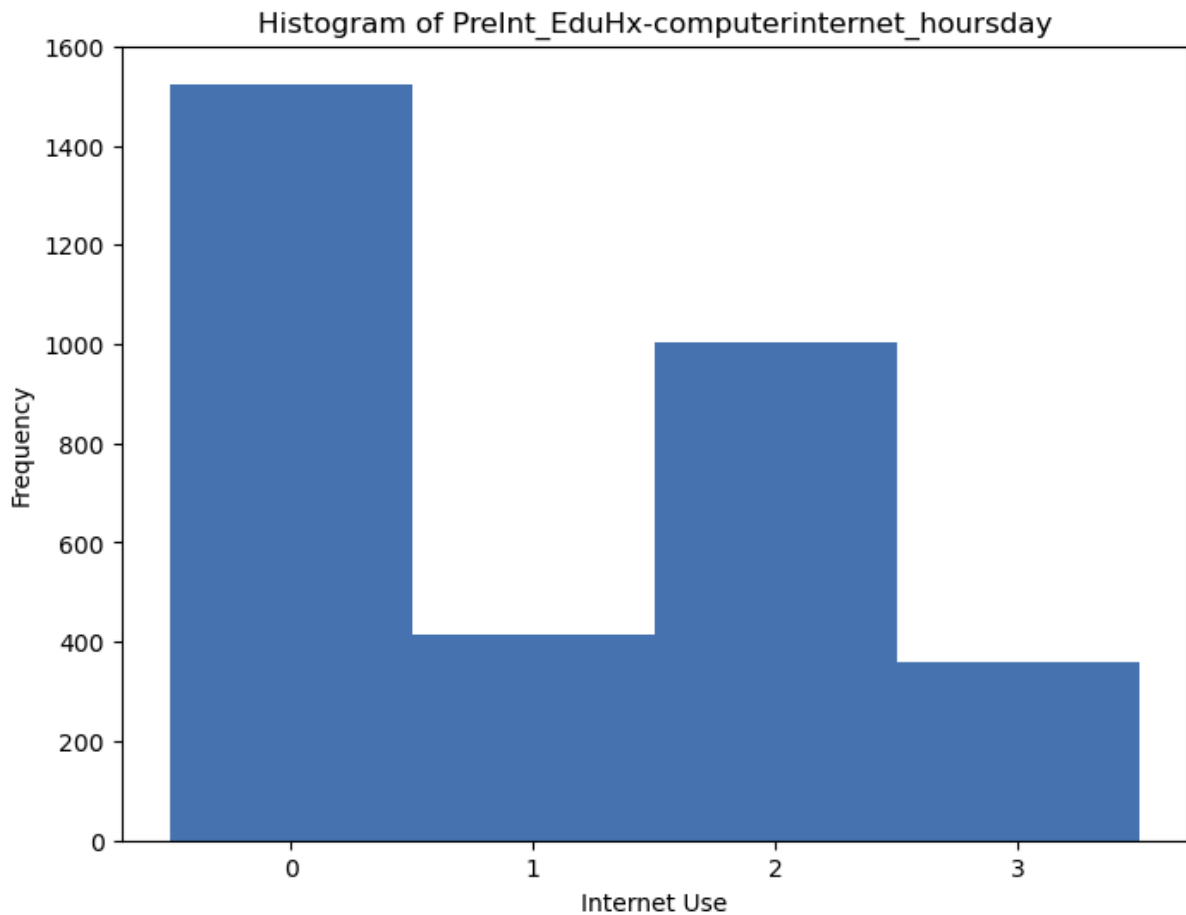


Figure 7: The distribution of Internet Use scores

### **FitnessGram**

Many participants took part in numerous FitnessGram tests. FitnessGram measures a variety of strength, flexibility, and endurance benchmarks to ensure children are in good physical health.

FitnessGram consisted of "FitnessGram Vitals" and "FitnessGram Child" tests. FitnessGram Vitals tested the muscular endurance of participants with a treadmill run. Not many of the Child Mind Institute's participants performed this test so it has been dropped from our analysis. FitnessGram Child tested for strength and flexibility with their tests in the curl up, trunk lift, grip strength, push up, and sit & reach. The distribution of performance on each test is shown in Figure 8

Based on these scores, participants were given either a zero (Needs Improvement) or a one (Healthy Fitness Zone).

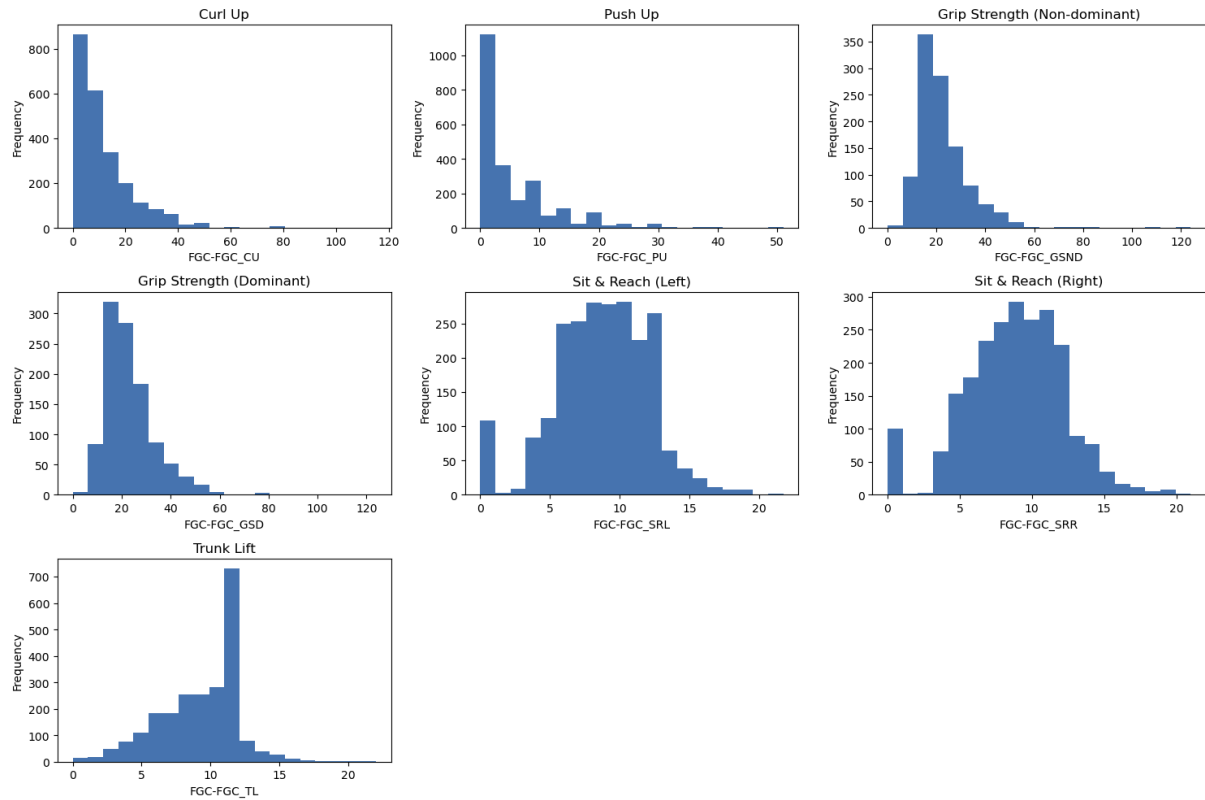


Figure 8: The distribution of different tests provided by FitnessGram

## Physical Activity Questionnaire

### Methods and Results

Since question 1 has already been answered, so we will move on to the second.

#### Question 2: Activity and PCIAT Score Divergence

Another way to state with question is: do PCIAT scores correlate with the Actigraphy data, and does that correlation deteriorate the further the Actigraphy data collection time is from when the PCIAT was administered?

To answer this, we found the correlation between patients' PCIAT Total Scores and patients' ENMO means for each day the ENMO was recorded. Then, we plotted these correlations against the corresponding distance from the PCIAT administration date. Are results are shown in Figure 9. However, we are not sure how to interpret these results, and we believe that there may be errors in our calculations.

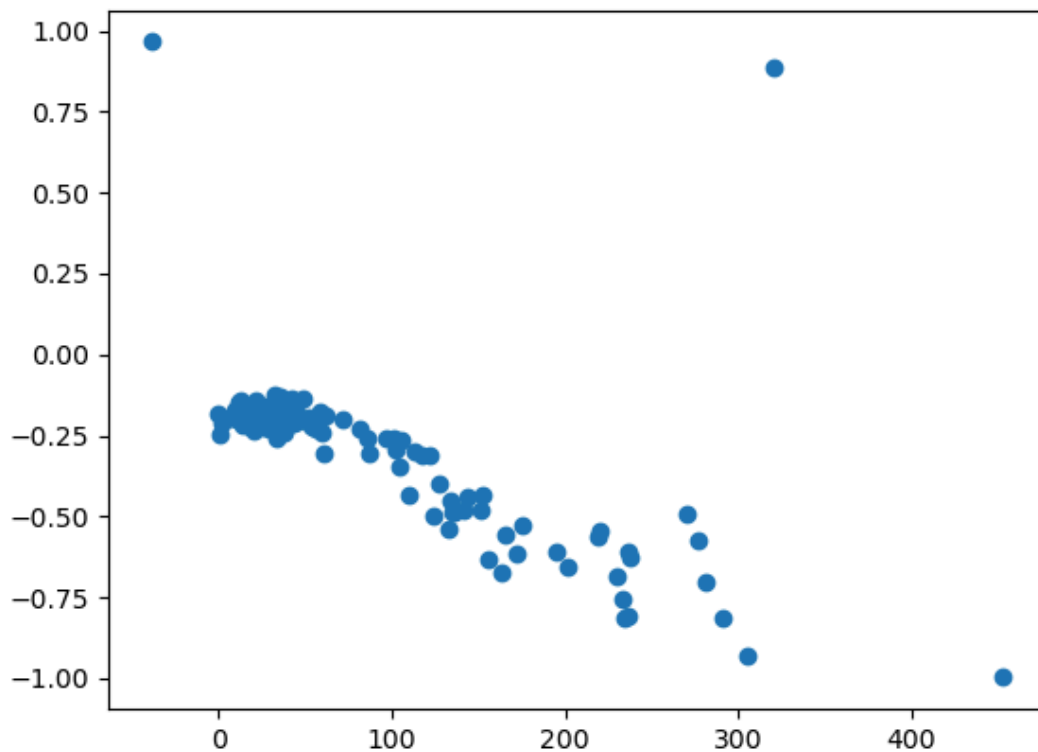


Figure 9: Correlation between PCIAT and ENMO plotted against distance from the PCIAT administration date (in days)

### Question 3: PCIAT / Age Correlation

### Question 4: Modeling SII

Finally, we investigated whether it possible to successfully model SII scores using simpler machine learning models.

We started by removing the data meant for unsupervised learning since it did not contain SII ground truth values. Following that, we broke the remainder into three datasets:

**Training: 64%      Validation: 16%      Testing: 20%**

Then, we chose a unified preprocessing pipeline for the CMI's dataset:

- One-hot encoding for all categorical features
- The robust MICE Forest imputer [3], [4]
- The Standard Scaler module from Scikit-learn [5], which replaces each value with its z-score.

We chose to train two models: a Random Forest Classifier and Logistic Regression classifier.

To give our models as much feedback as possible, we trained them to predict the output of each PCIAT question individually. The SII would be derived from those predictions. To evaluate these models, we chose two metrics:

- Raw proportional accuracy
- The quadratic weighted version of Cohen's Kappa Score [6], as used by the Kaggle competition connected with this dataset. The score ranges from  $-1$  to  $1$ ; a score of  $-1$  corresponds with complete disagreement,  $0$  with random guessing, and  $1$  with complete agreement.



## Results

After training the Random Forest and Logistic Regression models on the training set, we evaluated them on the validation set, producing the scores listed in Table 1.

	Raw Accuracy	Cohen's Kappa
Random Forest Classifier	<b>0.619</b>	0.186
Logistic Regression	0.598	<b>0.359</b>

Table 1: Validation scores for our two models

Because Cohen's Kappa is the score used by the Kaggle competition, we consider it the more valuable metric and therefore chose the Logistic Regression model as our final model.

Finally, we evaluated our Logistic Regression model on the test dataset, producing the scores listed in Table 2.

	Raw Accuracy	Cohen's Kappa
Logistic Regression	0.624	0.397

Table 2: Test scores for our Logistic Regression model

## Conclusion

### Project Code

All code for this project (including the Typst source code for this report) can be found in <https://github.com/jsimonrichard/ds2-problematic-internet-use>.

## Bibliography

- [1] A. Santorelli *et al.*, “Child Mind Institute — Problematic Internet Use.” 2024.
- [2] “Children's Global Assessment Scale (CGAS).” Accessed: Dec. 07, 2024. [Online]. Available: <https://www.corc.uk.net/outcome-experience-measures/childrens-global-assessment-scale-cgas/>
- [3] D. J. Stekhoven and P. Bühlmann, “MissForest—non-parametric Missing Value Imputation for Mixed-Type Data,” *Bioinformatics (Oxford, England)*, vol. 28, no. 1, pp. 112–118, Jan. 2012, doi: [10.1093/bioinformatics/btr597](https://doi.org/10.1093/bioinformatics/btr597).
- [4] “Miceforest: Multiple Imputation by Chained Equations with LightGBM.” Accessed: Dec. 07, 2024. [Online]. Available: <https://github.com/AnotherSamWilson/miceforest>
- [5] F. Pedregosa *et al.*, “Scikit-learn: Machine Learning in Python,” *Journal of Machine Learning Research*, vol. 12, pp. 2825–2830, 2011.
- [6] “A Coefficient of Agreement for Nominal Scales - Jacob Cohen, 1960.” Accessed: Dec. 07, 2024. [Online]. Available: <https://journals.sagepub.com/doi/10.1177/001316446002000104>