

# MEDICAL REPORT

StayHealthy Medical Center  
123 Healthcare Avenue, Medical City, MC 12345  
Phone: (555) 123-4567 | Email: info@stayhealthy.com

## Patient Information

**Patient Name:** John Doe  
**Patient ID:** SH-2024-001234  
**Date of Birth:** January 15, 1985  
**Gender:** Male  
**Report Date:** March 25, 2024  
**Consulting Doctor:** Dr. Sarah Johnson, MD

## Clinical Examination

**Chief Complaint:** Routine health checkup

### Vital Signs:

- Blood Pressure: 120/80 mmHg
- Heart Rate: 72 bpm
- Temperature: 98.6°F (37°C)
- Respiratory Rate: 16 breaths/min
- Weight: 75 kg
- Height: 175 cm

## Laboratory Results

Test	Result	Normal Range	Status
Hemoglobin	14.5 g/dL	13.5-17.5 g/dL	Normal
White Blood Cells	7,500 /µL	4,500-11,000 /µL	Normal
Platelets	250,000 /µL	150,000-400,000 /µL	Normal
Blood Glucose (Fasting)	95 mg/dL	70-100 mg/dL	Normal
Total Cholesterol	180 mg/dL	<200 mg/dL	Normal
HDL Cholesterol	55 mg/dL	>40 mg/dL	Normal
LDL Cholesterol	110 mg/dL	<130 mg/dL	Normal

## Diagnosis

Based on the clinical examination and laboratory results, the patient is in good health. All vital signs and laboratory values are within normal ranges.

## Recommendations

- Continue maintaining a healthy lifestyle with regular exercise
- Follow a balanced diet rich in fruits and vegetables
- Schedule next routine checkup in 12 months
- Stay hydrated and get adequate sleep
- Monitor blood pressure regularly at home

**Dr. Sarah Johnson, MD**

Internal Medicine Specialist

License No: MD-12345

Signature

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