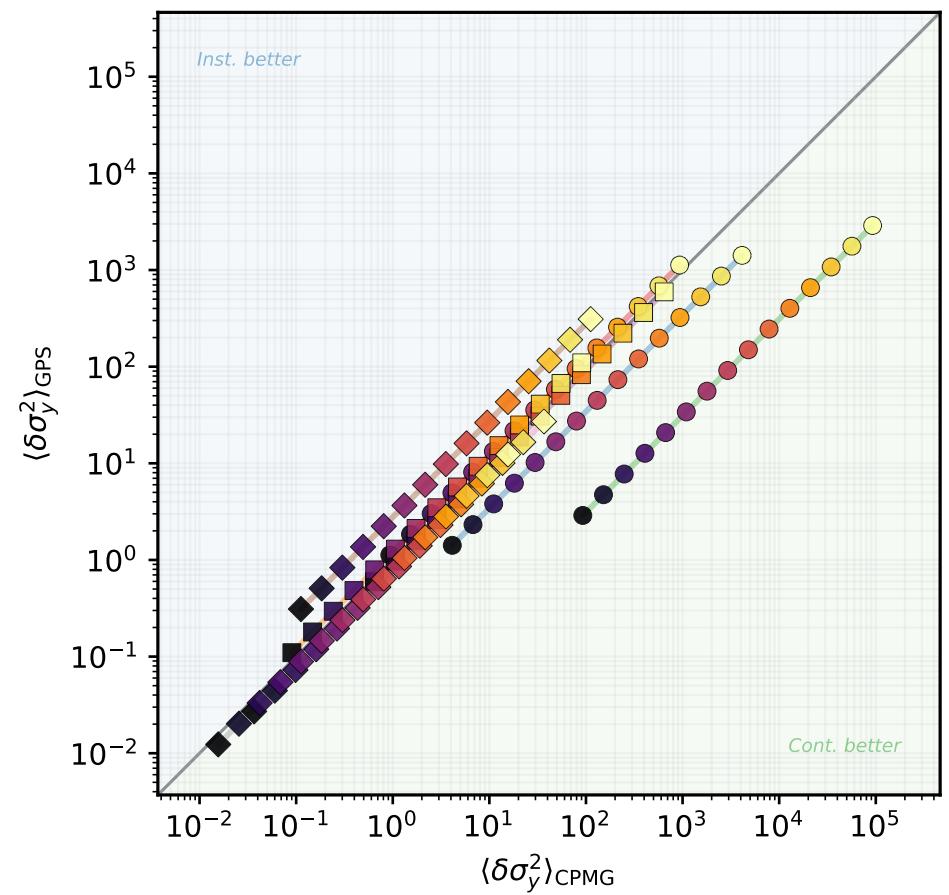


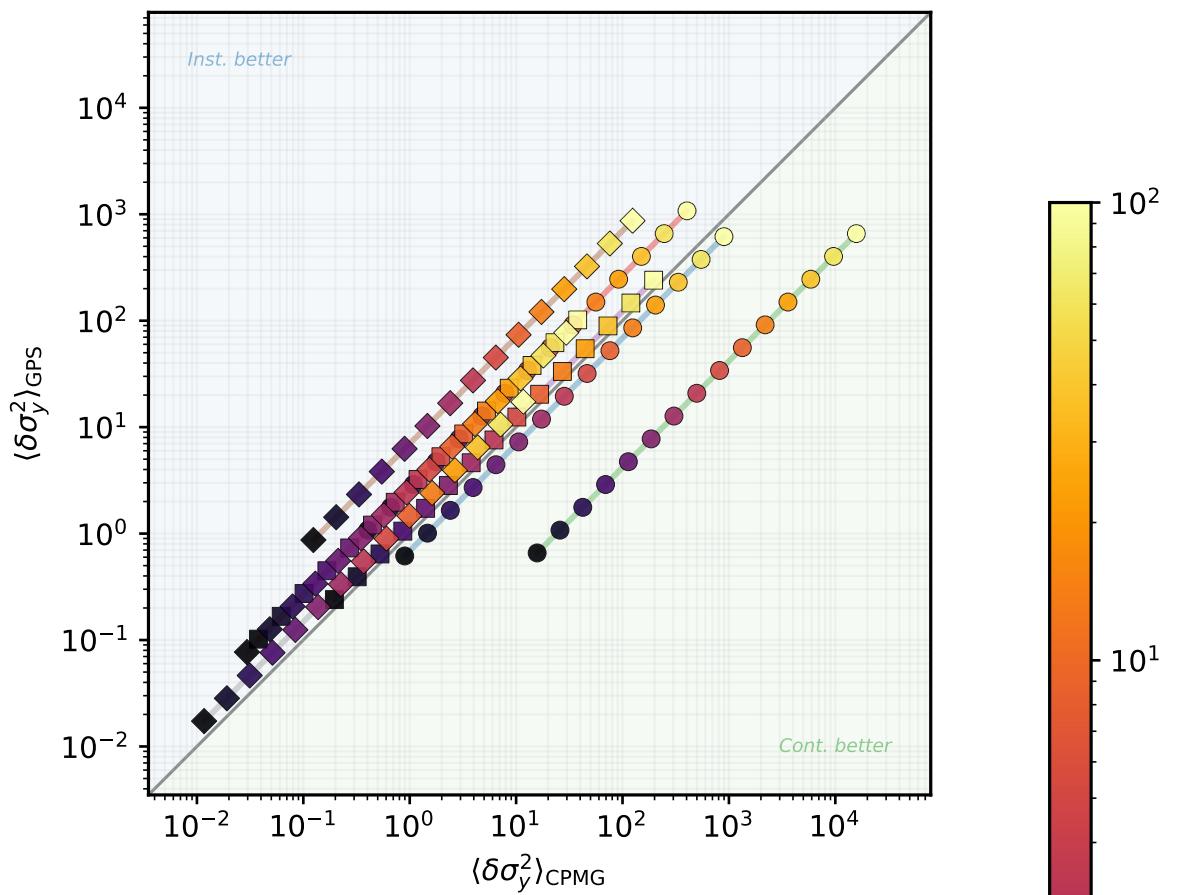
$\langle \delta\sigma_y^2 \rangle$: CPMG (instant) vs GPS (continuous)

Fixed $T = 6.28$, $\delta = 0.25$

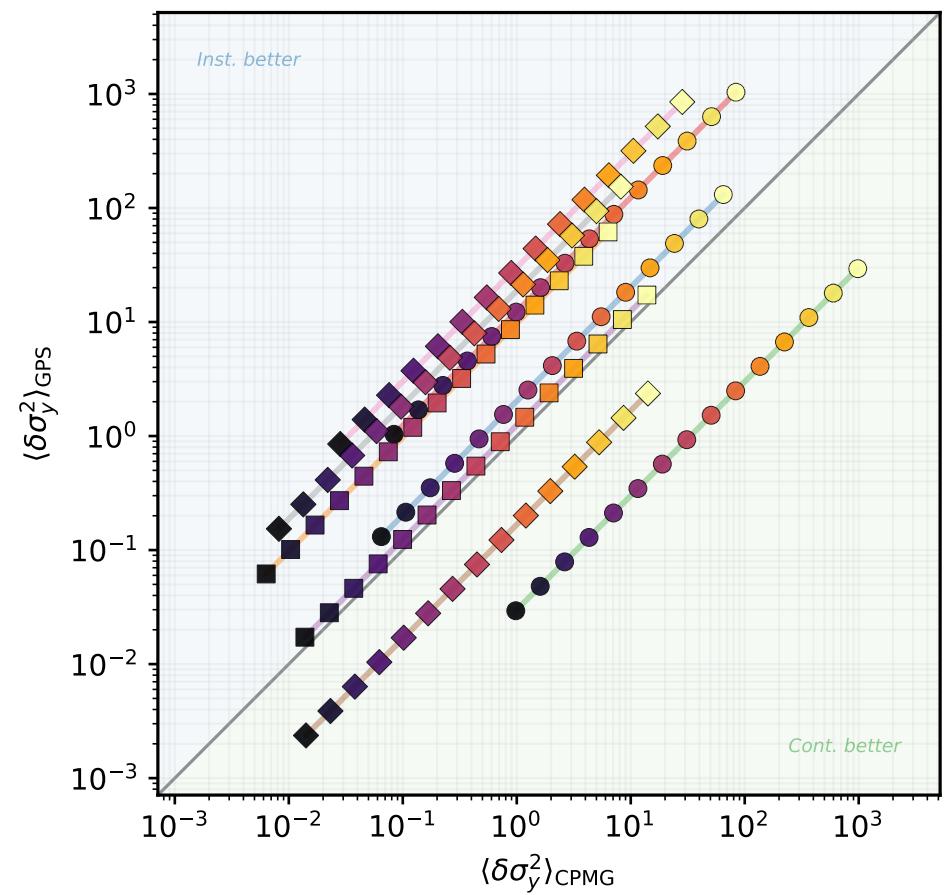
GPS $n = 1$ vs CPMG-1
 τ_{free} : inst=6.3, cont=6.2



GPS $n = 2$ vs CPMG-2
 τ_{free} : inst=6.3, cont=6.2



GPS $n = 8$ vs CPMG-8
 τ_{free} : inst=6.3, cont=6.2



- | Noise PSD shapes | |
|------------------|----------------------|
| ● | White |
| ○ | $1/f$ |
| ○ | $1/f^2$ |
| ■ | Lor $\gamma = 1$ |
| □ | Lor $\gamma = 10$ |
| ◆ | Peak $\omega_0 = 2$ |
| ◆ | Peak $\omega_0 = 7$ |
| ◆ | Peak $\omega_0 = 20$ |
| — | GPS better |
| — | CPMG better |

Noise amplitude A

