

Ideal Calender for u53

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------|--------|---------|-----------|----------|--------|
| 9:00 | | u53 | u53 | u53 | u53 |
| | u53 | | | | |
| 10:00 | | | | | |
| | | u53 | | u53 | |
| 11:00 | | | u53 | | u53 |
| | | | | | |
| 12:00 | u53 | | | u53 | |
| | | u53 | | | u53 |
| 13:00 | | | | | |
| | u53 | | | u53 | |
| 14:00 | | u53 | | | |
| | | | | | u53 |
| 15:00 | u53 | | | | |
| | | u53 | u53 | u53 | |
| 16:00 | | | | | u53 |
| | | | | | |