## CLAIMS

## I claim:

1. A method of treating psoriasis comprising administering to a patient with psoriasis an effective amount of (20S)-1α-hydroxy-2-methylene-19-nor-bishomopregnacalciferol having the formula:

- 2. The method of claim 1 wherein (20S)-1α-hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered orally.
- 3. The method of claim 1 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered parenterally.
- 4. The method of claim 1 wherein (20S)-1α-hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered transdermally.
- 5. The method of claim 1 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered topically.
- 6. The method of claim 1 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered in a dosage of from about  $0.01\mu g/day$  to about  $100 \mu g/day$ .

7. A method of treating a disease selected from the group consisting of leukemia, colon cancer, breast cancer or prostate cancer comprising administering to a patient with said disease an effective amount of (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol having the formula:

- 8. The method of claim 7 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered orally.
- 9. The method of claim 7 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered parenterally.
- 10. The method of claim 7 wherein (20S)-1α-hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered transdermally.
- 11. The method of claim 7 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered in a dosage of from about  $0.01\mu g/day$  to about  $100 \mu g/day$ .
- 12. A method of treating an autoimmune disease selected from the group consisting of multiple sclerosis, lupis, diabetes, mellitus, host versus graft reaction, and rejection of organ transplants, comprising administering to a patient with said disease an

effective amount of (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol having the formula:

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- 13. The method of claim 12 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered orally.
- 14. The method of claim 12 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered parenterally.
- 15. The method of claim 12 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered transdermally.
- 16. The method of claim 12 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered in a dosage of from about  $0.01\mu g/day$  to about  $100 \mu g/day$ .
- 17. A method of treating an inflammatory disease selected from the group consisting of rheumatoid arthritis, asthma, and inflammatory bowel diseases, comprising administering to a patient with said disease an effective amount of (20S)-1α-hydroxy-2-methylene-19-nor-bishomopregnacalciferol having the formula:

- 18. The method of claim 17 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered orally.
- 19. The method of claim 17 wherein (20S)-1α-hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered parenterally.
- 20. The method of claim 17 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered transdermally.
- 21. The method of claim 17 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered in a dosage of from about  $0.01\mu g/day$  to about  $100~\mu g/day$ .

22. (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol having the formula:

- 23. A method of treating a skin condition selected from the group consisting of wrinkles, lack of adequate skin firmness, lack of adequate dermal hydration and insufficient sebum secretion which comprises administering to a patient with said skin condition an effective amount of (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-
- 5 bishomopregnacalciferol having the formula:

- 24. The method of claim 23 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered orally.
- 25. The method of claim 23 wherein (20S)-1α-hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered parenterally.
- 26. The method of claim 23 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered transdermally.
- 27. The method of claim 23 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered topically.
- 28. The method of claim 23 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered in a dosage of from about  $0.01\mu g/day$  to about  $100 \mu g/day$ .
- 29. A method of treating renal osteodystrophy comprising administering to a patient with renal osteodystrophy an effective amount of (20S)-1α-hydroxy-2-methylene-19-nor-bishomopregnacalciferol having the formula:

30. The method of claim 29 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered orally.

- 31. The method of claim 29 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered parenterally.
- 32. The method of claim 29 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered transdermally.
- 33. The method of claim 29 wherein (20S)- $1\alpha$ -hydroxy-2-methylene-19-nor-bishomopregnacalciferol is administered in a dosage of from about  $0.01\mu g/day$  to about  $100~\mu g/day$ .